CANADIAN HOME

## OLPNAL



March 1917 . Spring Fashion Number. 15 cents
"Gillett's Lye Eats Dirt"


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# GILLETT'S LYE? 

> If so, you will never be without it, but if you are not familiar with its many uses, investigate. There is probably no article on the market to-day that is useful for so many purposes in and around the house as Gillett's Lye.

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For killing roaches, vermin, etc.
A positive exterminator of rats and mice.

Read the Directions

## E. W. Gillett Company Limited

Toronto, Canada
Winnipeg


What Does
National
Government Mean?

We hear rumors that an effort will be made in the near future to give to Canada a National Government. It all depends upon the men forming such a Governmen whether it will be acceptable to Canadians. Who is behind this new move? Is it financial interests, or a Who is behind this new move? is it financial interests, or a party of well-known railway promoters who feel that they have
squeezed both Liberals and Conservatives dry, and can think of no other way of obtaining more money?
The average Canadian is sick and tired of politics, and patronage Yes, let us have a National Government if it will omit both and be a business man's administration.
Let us have labour represented, and why not by a woman such as Nellie McClung or Mrs. Arthur Murphy? Women have proven themselves equal to men in many ways; then why not a woman in the Cabinet to advise and protect the interests of Canadian women?
Let us forget the bungling of the past. It is a sign the Government has tried to do something to help win this war. Now the first and most important move to make is to place in Ottawa at the head of the affairs of our nation, responsible men, who have made their own businesses successful, and who will place Canada before party.
Let us weed out the weak ones, replace them with men of proven ability, and endeavor to obtain a greater degree of efficiency
Free Instruction Every day soldiers are returning to Canada For Returned Soldiers unfit for further military duty. Some of them are unable to work and must be taken care of by kind friends or go into some institution. Others seek positions, sometimes those they left, only to find someone else filling the places they expected to be open for them.
These men do not want charity. They want work. Every one will agree that these heroes should be treated as such, and every Canadian employer with British red blood in his veins should see to it that the "yellow males" in his employ be placed on the waiting list and the returned hero given a permanent position. Free instruction should be provided in our schools for returned soldiers, to enable them taking their places in the ranks of skilled workers, and not compel them to turn away because of the sign "No Unskilled Men Wanted." We might as well start now and not wait until matters become worse.

They are
Worse Than Spies

The present is not the time to mince matters when referring to an evil that is prevalent in There are women in England who make it their business to prey
upon our soldiers. They are more dangerous than German snipers, going everywhere and in every class seeking their victims, often spreading disease that is visited unto the children of the third and fourth generation.
There should be only one penalty for a crime of this naturethey should be segregated exactly as lepers. Rid the country of such creatures. They are worse than spies. Their victims are numerous, but yet they for the most part go unpunished.
The women's organizations of Canada might well consider send ing strong appeals to the authorities in England to ask their assistance in having our boys return to us as pure as when they left our shores. Fifty thousand letters from Canadian women to Lloyd George would help stamp out this evil.

Why Not Give Sir Adam Beck the money and power Electrify Our Railroads? and insi poor transportation will be matters of history.
The reason for the present deplorable state of affairs in Ontario is lack of engine power to move trains. The railways, through lack of foresight, have caused freight congestion and untold suffering amongst our people. The cure would be to electrify our railways within a zone, say from London to Peterboro, using electricity on all the main lines.
This would reduce the amount of coal used, give us better and more rapid service and cleaner cities, and we would be using the wonderful storehouse of power Nature has provided us with at Niagara Falls.
Why not heat our homes and cook our food with electricity? Let us start now and have the railways from Niagara to Toronto operated by electricity by next winter.
A Poor Kind
Of Sentiment is it that some women hesitate to ask
their husbands about their life insurance? -some even going so far as to urge their husbands not to buy life insurance.
A man does not die any sooner because he has sense enough to provide for the future of his family in the event of death. Sentiment is necessary in the home, but many homes would be better if there were less sentiment and more business shown in the management of them.
Every wife has a right, and should demand, that her husband buy as much life insurance as it is possible for him to carry. She should help him save and see to it that the premiums are paid promptly. After father has died, what a different feeling there is in the home where mother and family realize that their future comfort and education have been provided for, than in the one where wife and family are confronted with the fact that not a cent is left with which to face the world. Wives, talk the matter over with your husbands. You will be largely to blame if you do not see to it that this matter is attended to at once.

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from subscribers giving their ideas of how we can
improve the journal.


Miss Theda Bara.


A woman with magnetic eyes, mysterious and
magnetic eyes,
haunting beauty.
cumning. sensuous,
name for name for


Has Theda Bara vampired America? Figuratively, yes. Literally, no. What
does the word vampire mean? Webster gives it: "a ghost superstitiously believed to suck the blood of a person at night. One who preys on others," etc. The word vampire certainly is a misnomer as applied to Miss Bara, She The nearest you can come to it. is that she gets the money out of the pockets of the people who like to see her particular kind of pictures. The word vampire does not describe the class
of woman she portravs in her differof woman she portrays in her differ-
ent plays. There are several words that might be used which are better than the word vampire. such as unprincipled. desizning. unseruchathas bara correcty The question is often asked sents so frectuently?" Really from anything $t$ saw when interviewing her. there was nothing to indicate that she was a woman of that nature. If not. then Why does she select this class of plass there was such a strone demand for more of a similar mature that she simply wave way to the demand, and has since continued to give the public just what they want. There are people who would not go into a moving picture theatre showing one of Miss bara's vampire pictures however, there are always thotands of persons who like peep into the lites of others, and are anxious to learn how the other half of the world lives. People's tastes differ--some like art or music, others sport, some like looking
travel pictures, or simple love scenes, but there are others who prefer pictures showing the type woman who is supposed to have the power to calce mun to be untrue to their homes and families, or able tio cast a spell over or influence the lives of those they love or hate.
The question may be asked: "Of what good or value are pictures of this kind?" 1 cannot attempt to answer the question, but as long as there is a public demand for anything, some person can always be found willing to cater to the Beal
Really I was half afraid to meet Miss Bara. I had heard so much of her wonderful powers, and had seen her so frequently in her vampire plays, that I enslaved to her charms, and cause me to follow her to Florida, I think, where she is making her next picture. But nothing of this nature happened. So it was with mixed feelings that I followed my guide into the st udio where Miss Bara was
busy filming her latest picture. "Her Greatest Love." I watched Miss Bara for some time-the more 1 en
watched Miss Bara for some time-the more 1 saw of her, the greater became my admiration for her ability to grasp in a moment the situations suggested in
the story. Sometimes Miss Bara would differ in opinion from her director Mr Fedwards, usually winning out, demonstrating that she, as far as is possible, lives the life of the woman she portrays.
It is not acting in the accepted meaning of the term; Miss Bara is natural in everything she does. Some have asked what is the secret of her success: there
is no secret-she has the power of thought and mind to live as other women do No, I was not vampired but I must confess that my opinion of Theda Bara underwent a great change. She is not the "dairy-maid" type of girl in real life that we are accustomed to seeing on the films being pursued by the city "bad man," nor is she the "painted lady" kind of woman who we are told smokes cigarettes, drinks cocktails and causes married men to say they are going to lodge when they go out at night.
Miss Bara is an exceptionally well-educated woman. She can converse most when the day's work is over, she enjoys the simple life in her own beautiful home where she is quite a different woman than one might imagine after seeing her in some of her vampire pictures.

Miss Bara was pleased to know that I came from Canada, and impressed upon me that I must tell Canadians that she is strong for the Allies-Miss Bara being a French woman, she naturally has a great admiration for what Canadians have To be candid I eannot tell

To be candid, I cannot tell you the color of Theda Bara's eyes, and I haven't met the person yet who can-and as to her age, please don't ask me, but this I the screen. Married, certainly not! How can a woman whose life is filled so full of the ambition to do great things have the time to think of marriage? Very little is known of Miss Bara before she came to America three years ago-there
(Continued on page 49.)



Shocked at the thought that she must wear a one-piece bathing suit.


## The Force of Inertia

By FRANCIS HAFFKINA SNOW

Illustrated by E. C. REED
In Which the Class of Nineteen-Sixteen "Get the Measure" of the Little Swedish Professor and Find the
"Man's a Man for a' That"

4benefit 1916 Class of the S.P.S. (for the geometrical formula into we resolve this cal Science) met for the first time in the dark and winding corridors of the Engineering School, pre paratory to crowding in to its first "lecture" (in th Theory of Engineening Construction), it would have appeared, even to an untrained obser its wild an motley aggregation of humanity
backs, clothed in the modern equivalent of Solomon's proverbial glory, know not repose unles supported by a bulwark of silken cushions-whos pockets buige wire a pletifla - conse only desi connaisance is Land $0^{\prime}$ Luxury -turn pays eyes hitherward to the Scientific School of Old To ronto. in the North: your delicately organized ner vous systems could never stand the shock.

These, students
A howling, barbaric mob of rustlers, cow-punchers, to Society's Cerberean maw to keep it quiet,-rusty down at heel; raw, raw as the crude, harsh land from which, like the dragon-harvest, they had sprung; faces as grim and hard as iron-not an
ounce of the flesh which comes only from soft liv-ing-every line rough-hewn like granite-ever angle pushed out as by some volcanic force; coldeyed, aquiline-nosed, thin-lipped, square-fawed-
hideous to all who can see beauty in rhythmic harhideous to all who can see beauty in rhythmic har S.P.S. in old Toronto. Some had been here before and left for various periods, one year, two years, three years, to earn,
in the primitive wilds-surveying, cow-punching, in the primitive wilds-surveying, cow-punching,
broncho-busting, pole-inspecting, log-jamming-the broncho-busting, pole-inspecting, log-jamming-the
wherewithal to cover their expenses for another wherewithal to cover their expenses for another
"whirl" at the uncertain game of knowledge. Mos were wholly new-they, if possille, were rustier and rawer than the rest. All of them had already played in the stern drama of Life, a man's part; had known from earliest boyhood the grim and anstere joy of
self-support. They had lived hard, and scantily; self-support. They had lived hard. and scantily habitual beverage, cursing their hourly stimulus in a community, where the only rempirement was to curse "right." And they had fought-fought hardboth $\operatorname{man}$ and Nature-and the eyes of some of
them had the tawny wildness of the gaunt timber wolves who run the dark shaduw of the vorther forest. Yet there was thought there, too--the forest. yet there was that comes to men who have lain for months beneath chill stars-beside a smolderins fire-in the man-lost wikd.
The class was loud, noisy, exhilarated; it is pos between 1915 and 1916 had just come off. The Sophs had barricaded themselves behind a fortification of boards within the enclosure of the handbal court; and waited grimly. Then had the Sixteens and shabbiest, come down the narrow street, at dog's trot. two by two (Grierson. their leader. in the -an)-with bandages soaked in red paint tied around arm and forehead; a hard, resolute, trap-mouthed band, with a long, stout battering ram between
them. A moment, and a moment only, they had halted in the open field. Then had their leader, tal and wiry. his cold eye gleaming with the gleam of polished steel, waved his long arm.

> "Come on, now, boys!" Then with a wild cheer,

解 from the from from had charged. North-imagine not ye know of warfare from the puny scuffes that have been yours.
This was war in earnest-it might be mutilation, ward, holding their cameras high-the field on either side was black with spectators. the balcony of the women's dormitory high above the field to
the left was crowded with fair and breathless the left
spectators.
spectators.
Daughters of ministers they might be-Scotch Daughing prudent: but the hanimil instinct innate in female as in male, had brousht them out en masse upon this balcony to watch the ferocious battlings of their men.
Crash! Crash! Crash! The barricate gave way the Sixteens amia the ruins Hand to hand encounters began. Brawny fist against face and body-wild and frantic struggles, oaths between set teeth-the ram crashing con inuously. Groaning in agony. one student after nock of a comrade supporting on either side: and laid gently down on the grassy field far out of reach of the otrugsiling comibalants, whithing and twisting, while friends held him aved and bound his wounds
And moanwhile the barricade had gone; the cita overturned; then, from the high handball wall, a full
twenty feet in the air, an intrepid "Sixteen" had hung downward on a long rope, a pot of red paint gripped in his amid the wild roars of encouragement of his struggling faction had painted out the effigs of the "Freshy" susneck from a rallows haloed in large letters with the device and blazon, "Alas! Poor head first as a Soph reinforcement, elimbing from behind and overcoming the "Sixteen" allies at the top. cut the rope. The Six-
teens caught him underneath, as he fell, paint-pot and allthedr faces, painted from the escaping pig-
ment a rich vermilion, ment a rich vermilion,
beamed; the fatidic whistle had blown; $1: 416$ wats triumphant. Then, bearing their
wolludtel had withorawn triumphat the intrepid "Sixteens" had come, and taken refuge in the dark subter ranean windings of the fingineering Nohool, to talk antil the first lecture of he day for them, the had cut all the rest, of what official action th rresident would rrobably take upon the battle Forbidden? "ertainly it had been forbiden! What
cared they? They were not students; they wer

Now the clanging bell had ring across th scurying campus from the gray old towers, where
waved the purple cross of st. George, symbolic of Writish Empire in all the ends of the earth. A new ecture period had begun
It was a 12 to $1-a$ bad recitation hour. sixteen had not yet met its I'rofessor in Engineering Con The large
The large lecture room was jammed. Loud talk The frofessor entered -instantly the room wa silent. Two hundred pairs if cold and tawny was iceustomed to judge of men, were turned upon his
face. was a new addition to the staff. He was a Swede-his name wa
hey knew about him.
The Professor was clean-shaten, hollow-cheetel pale and nervous. He carried at portfolio beneath his arm, He wore his blar
He walked slowly to the desk on the low plat form-laid down his portfolio.
head and faced his audience.
"Jantelman!" he began, in a mild, weak voice. "I ank-I mus' begun so-talling you I am Sweet-
He stopped discomfited-a stentorian burst of laughter had run around the room. Vociferous cries arose on every side.
"Stop your swearin","
"Stop your swearin'!"
Well teach you Anglish!
‥ tou Swede!
The Irofessor turned visibly paler, and the hand hat rested on the portfolio trembled. With an effort he hegan his lecture. It was glossed and and catcalls, hursts of rough langhter. lumber camp irony. His Tngelish above all brought ridicule upon his head. It was the English of a foreigner who has learned the nomenclature of the books; who has spoken but little: to whom the resources, the mysteries. His use of prepositions, particularly was a weird and wonderful thing-a chans of misapplications. It was bad enough to hear that "de peeston rode rotate on tngedderhang against de rormed that "wen de straight students were in on tap de same ratio wut de centrifugelous. de latituderal motionments is de following afterwards." they just lay hack and howled with glee, thei heads on one another's shoulders, their faces con coared, their mouths wiped open, the tears from their eyes, cheered stamped, hooted and gitbed.
As the Professor went on, it was clear to all that he was discouraged. He took out his handkerchie and wiped the beads of perspiration from his brow A trembling. which went through him from head to ngs out on the blackboard strangely erratic, full o ilttle ourves and undulations, Hke a sound record
of the human wic. .n cartmed baper It ats dear from the designs that he knew his subject was equally r-at that in an fenshen-speatio: At times his arms shionty dropind he zaze at
the door. His relief at the reserteration of the

 fallen from his
 midde of the stream cravely voliman! for he, mdir latituderal motionmer:

Say, boys, that swet
 "il.
The

These forebodings ware amping fatili...
 misht be (at: Enginecring al: newor Mise ath that ircus? (Indignantle.)
life: in simple languaz
 coping and ramifying from wow t, werk a!? ame into play-pennits werm pitched ty surass upon the platform-a copper storm hailine ump the
luckless 1rofessor's had. a stom which avery in elicitous or incorrect expresion ewoked ix. surreptitiously introduced. ran wildy alont. bark. ng excitedly, whistled th from eriry direction reaking un the lecture for at hease wh minutes a time. Once a cat was hrought in in a taske and motion, to everyone's except Ligerstroom. Sc B:s, unfeisned and unreserved delight
One day sneezing powder was limorally distributed. pparently, judging from outward effects. from a neeze after sneeze hroke in umon the class. weak and uncertain wice-at times a volley of six or seven together: : dozen near the front sneezed onvulsively in rhythmic harmony-the noise and lighter over all the room was formidable
Ligerstroom. Sc.B.. Th.D. paused. A slight fush.
apidly deepening, tinged his pale and hollow cheeks -he became crimson--made an obr-inus effort. ending disastrously in a loud and obviously sincere neeze. followed by two-no. by three others in The class roared
The class roared mit its appreciation and delizht. the desk.
"Shall someone kind and to ope-pen de indow?" he asked. mildly. almost apologetically. A simultaneous rush on the part of at least thirty pugilism, deepened the class's already breathless delight.
A cool fresh breeze blew across the heated classthe snow was pil banked high upon the sills.
Continued on page 41.)

## The Story of Julia Page

THird
instalment

Kathleen ${ }^{\mathrm{By}}$ Norris

Author of
'Mother'
"Saturday's Child"
etc.
Illustrations by
WILL FOSTER

SX weeks-five weeks-three weeks one week to the wedding, sang had dreaded having to meet Jim's friends, and had directed some possible friends, and had directed some possite move on the part of her own family, but the days fled by, and the miracle of their happiness only expanded and grew sweeter, like a great opening rose Their hours together, with so much to tell each other and so much to discuss, no matter how short the parting had been, were hours of exquisite delight.
And as Julia's beauty and charm were And as Julia's beauty and charm were
praised on all sides, Jim beamed like a praised on all sides, Jim beamed hike a proud boy. As for Julia, every day
brought to her notice something new to brought to her notice something new to
admire in this wonderful lover of hers his scowl as he fixed his engine the smile that always met hers, the instant soberness and attention with which he answered any question as to his work, from the older doctor,-all this was delightful to her. And when he took her to luncheon, his careless big fingers on the ready money and his easy nod to the waiter were not lost upon Julia. She had loved him for himself, but it was adinaty endearing to by elderly wem who smiled and praised him, to by eldeyng people affectionately interested in his plans.
"You know you are nothing but a small boy, Jim," Julia said one day, "just a sweet, happy kid! You were a spoiled and pitled little boy with your big eyes and your velvet suits and your patent leathers: you loved everyone-everyone loved you; you had your allowance, you were borr to be a surgeon, and chance made your guardian a doc-
"You angel!" exclaimed Jim, and as she jumped up.-they had been sitting slde by side in the hall of the "Alexander," he caught he aroun the waist,
"But you do love me, Ju?" Jim asked.
"But I do indeed!" she answered. "Why do you always ask me in that argumentative sort of way?" "Ah. well, it's because I'm always afraid you'll stop!" Jim pleaded. "And I do so want you to besin to love me as much as I do you!"
"You must have had thousands of girls!" Julia remarked, idly rumpling his halr.
"I never was engaged before!" he assured her promptly. "Except to that Delaware girl, as I told you. and after five years she threw me over for a boy named Gregory Biddle, with several millions,but no chin. Julia-and had the gall to ask me to the wedding-:
"Jim,-and you went?
"Sure I went!" Jim declared.
"Oh. Jim!" and Julia gave him another kiss, hrough a gale of laughter, and ran off to change her gown and put on her hat
It was a Saturday afternoon and they were going to Sausalito. But first they went down-town in the lazy, soft Spring afternoon, to buy gloves for Julia best man, and to go into the big rallroad office to get tickets for the use of Dr. and Mrs. James Studdiford, three days later.
"Where are we going?" Julia asked idly, her eyes moving about the bright pigeon-holed office and to the window, and the street beyond. Jim for answer put his thumb upon the magic word that stared up at her from the long ticket.
"New York!" she whispered, her radiant look flashed suddenly to him. "Oh, Jim!" And as they went out he heard a little sigh of utter content beside him. "It's too much!" said Julia. "To go to New York-with you!"
"Wherever you go, you go with me," he reminded
her, with a glance that brought the swift color to her face.
Then they went down to the boat. It was the first hot afternoon of the season; there was a general carrying of coats, and people were using the deck seats-there was even some grumbling at the heat. But Sausalito was at its loveliest, and of selt almost oppressed by the exquisite promise laughmmer that came with the sudden sound oen laughter and voices in lanes that had long beening buttercups beside the road. The Toland garden was full of roses, bright in level sunshine, windows and doors were all wide open, and the odors from bowls of flowers drifted about the hous. Barbara vely in white, came to meet them.
"Come in, you poor things-you must be roasted! Jim, you're as red as a beet; go take a bath," said bays that you're to lie down for not less than an hour And there are some packages for you so come up and lie down on my bed and we'll open them!
"Barbara, I am so happy I think my heart will burst!" said Julia, ten minutes later, from Barbara's pillows.
"Well, you ought to be, my good woman! Jim Studdiford-when he's sober-is as good a husband as you're likely to get!" said Barbara laughing. "Now look, Julia, here's a Jam-pot from the Fowlers, Frederick Fowlers,- 1 call that decent of them! Julia's list! And this heavy thing from the Penroses ist. An erse it isn't more carvers!"
Two days later they were married, very quietly, Two days later they were married, very quietly, Julia's father and mother had been married a quarter of a century ago. They had "taken advantage"" as Julia said, of her old grandfather's death, and announced that because the bride's family was in mourning the ceremony would be a very quiet one. Even the press was not notifled; the Tolands filled two pews, and two more were filled by Julia's mother, her grandmother and cousins. Kennedy Scott Marbury and her husband were there, and sturdy two-year-old Scott Marbury, who was much interested in this extraordinary edifice and impresslve proceeding. Julia wore a dark blue gown, and a wide black hat whose lacy brim cast a most beand Miss Toland drove from the settlement house and stopped to pick up Mrs. Page who was awed by Julia's dignity, and a little resentful of the way in which others had usurped her place with her daughter. However, Emeline had very wisely declded to make the best of the situation, and treated Miss Toland with stiff politeness. Julia was in a smilling dream, out of which she roused herself, at intervals, for only a gentle, absent-minded "Yes" or "No."
"I tried to persuade her to be married at the

Cathedral," said Miss Toland to Mrs. Page. "But she wanted it this way!
"Well, I'm sure she feels you've done too much for her as it is," Emeline said mincingly. "Now she must turn around and return some of it!" To this Miss Toland made no answer except an outraged snort, and a closer pressure, of her fine presently reached the church, and Julia was in Bar bara's hands.
"You look lovely, darling, and your hat is a dream!" said Barbara, who looked very handsome "Wersel, in her brown suit and fower-trimmed hat a fish You're wonderful- Js calm! I'd be simply in spasms. Sally was awful; you'd think she had been married every day but Keith-his collar was wilted!"
They had reached the upper church now and Miss Toland and Mrs. Page followed the girls down the long aisle to the altar. Julia saw her little old grandmother, in an outrageous fiowered bonnet, and Evelyn, who was a most successiul modiste now and Marguerite, looking flushed and excited, with her fat, apple-faced young husband, and three lumpy little children. Also her Aunt May was there, and some young people; Muriel, who was nine-year-old Regina, in pink, and some boys. On the other side were the pik, old doctor in an aisle seat, with his hands, holding his eyè-glasses and his handkerchief, fallen on either knee; Ted, lovely in blue; Constance and Jane, with Ned and Mrs. Ned, frankly staring.
As Julia came down the aisle, with a sudden ner vous jump of her heart she saw Jim and Richie, who was limping badly, but without his crutch, come toward her. The old priest came down the altar steps at the same time. She and Jim listened respectfully to a short address without hearing a word of it, and found themselves saying the familiar battled through the least sensing them. Julla she was losing a valuable opportunity to invoke the blessing of God but unable to think of anything but the fact that the bride usually walked out of church on the groom's arm, and that the aisle was long and rather dismal in the waning afternoon light-
"Here, darling, in the vestry!" Jim was whispering, smiling his dear, easy, reassuring smile as he guided her to the near-by door. And in a second they were all about her, her first kiss on the wet cheek of Aunt Sanna, the second to her motherEvelyn, you were a darling to come way across the city, and Marguerite, you were a darling to bring kiss and Richie's kiss-and a pressure from his big kiss, and rehle Scott Marbury "He's beautiful, Kennedy-no wonder you're proud!"-and she tore her beautiful (Continued on following page.)
bunc resently，trying patiently to disengase his wife＇s hands，eyes and attention．＂Julia！Julia Studdi－ ford！
＂Yes，I know：＂Julia laughed，and was snatched away half laughing and half in tears，and hurried down to the side street where a carriage was wait ing．But it was an April face that she turned ＂They＇re all so good to me
heart！＂she said．good to me，and it just breaks my heart！＂she said．
ulted Jim．＂I have been longing and to me！＂ex this，－－just to be alone with you，and have you to myself！Are you tired，swerthearl？

No－o．Just a little－perhaps．
＂But you do love me？
＂Oh，Jim，－you idiot：＂Julia slipped her hitnd into his，as he put one arm about her，and rested against his shoulder．＂When I think that I wil often ride in carriages，＂she mused，half－smiling， and that，besides being my．Jim，you are a rich ＂You shall have your own carriase if youl wan it，Pussy！＂he smiled
＂Oh，don＇t－don＇t give me anything more＂begged Julia，＂or a clock somewhere will strike twelle，and I＇ll wake up in the＇Alexander，＇with the cirls＇ Club rehearsing a play！
You know，we could have our meats in here Ju，＂Jim suggestid．after Julia had examined every inch of her Pullman drawing－room．＂Claude here －all porters were＂Claude＂to．Jim－＂would take care of us，wouldn＇t you，Claude？＂
But Julia＇s face fell． But Julia＇s face fell
＂Oh，Jim：Tiut it would be such fun to go out to the dining－car！＂she pleaded．
＂You see，my wife＇s only a little girl，＂he explained ＂She＇s are you eight ur nine，Julia
＂She sho＇dmit look more＇n dat，＂Claude gallantly assured them，as he departed．
＂I＇ll be twenty－four on my next hirthday，＂Julia said thoughtfully，a few moments later
more！＂Jim consoled her．＂Do you know what tim more．Jim cons． it is，Loveliness？It＇s twenty minutes past six．
we＇ve been married exactly two hours and twenty minutes．How do you like it？＂， minutes．How do vou like it？＂
change my dress for dinner？＂
＂You do not．＂
＂But I ought to tix my hair，it＇s all mashed： Julia did wonders to it with one of the isory－hacked brushes that had come with the new travelling－case fluffing the thick braids and tucking the hose golden strands about her temples trimly into place．Then she rubhed her face with a wwel，and iumped up to straighten her belt，and run an investigating finger ished her blue silk blouse．Finally collar that fin her new whisk－broom with a caplub air and pre sented straight little shoulders to be brushed．
Jim turned her round and round，whisking and straightening and ucctsionally kising the tip of a pink atr，or the straight white line where her hai parted． ＂Hi．fe．you can＇t keep that up all night！＂Julia suddenty protested，grahbing the brush．＂I＇ll do yout＂But Jim stopped the performance by sud－
denly imprisming girl and whisk－broom in his arms．
＂Do you know I think we are soing to have great fun！＂said he．＂You＇re such a sum little spurt．Ju fun to do things with a person who isn＇t its such fussing about heat and cold，and whether she ourh t．，wear her gloves into the dining－car and whether any one will guess that she＇s just married！＂
＂ H ．I have my nerrous moments．＂Julia con fessed her eyes looking honestly up into his．＂I seems awfully strange and queer．rushing farther and farther away from home，alone with you：＂Her voice sank a little，she put up her arms and locked them about his neck．＂I have to keep remindins myself that you ar．just you－Jim．＂she said． bravely．＂who gave me my Browning．and towk m＂ to tea at the lhamami－and then it all seems righ again：And then－such lots of nice people hat she ended．argumentatively．
The lanshter had gone from Jim＇s eyes：a look almost shy，almost ashamed had taken its place． He kept her as she was for a moment．then gave her a serious kiss．and they went langhing thriugh the rocking car：to eat their first dinner together as man and wife．And Jim watched her as she radiantly settled herself at table，and watel？the frown of childish gravity with which she studiend her menu，with some new and tender emotion stir－ ring at his heart．Life had greater joys in it than he had ever dreamed，and greater potentialities fur more gloriously bripht and what was dark seemed to touch him more closely；he fult the dark seemed in the trembling old man at the table across the aisle，the pathos of youth in the two young traveling salesmen who chatted so silf－confidently over the meal．
Sereral weeks later gounc Mrs．Studdiford wrote in Barbara that dew sork was＂a captured dream．＂ ＂I seem to belong to it，＂wrote Julia．＂and it s．ems to belong to mel I can＇t tell you how it satisfics to belong it is good just ulook down from my window
at fifth Avenue eviry morning，and say to myself， ＇I＇m still in New York：＇For the first two weeks Jim and I did wersthing alome．like two children，－ the new Hippotrome，and coney island，and the Liberty statue and the bronx Zno，－I merer had such a the museums，and had breakfast at the（asino，and
liced on top of the green lusses：l：ut mow Jim thed on top of the green linsses：but miw dim has let some of his old conlege frimuls know we ar here，and we are spinning lik，tops．One is an artist，and has the mosi fasthating studio I ever an editor，and gave us a tea in his romes overlook－ ng educuant sumare，and babma verythedy ng stuyesant sumare，and liatima，verytumy and friendy－it was a hot siping day，and the trees in the square were all such a fresh，bright sreen．
＂Tell Richie Jim is wing to assist the great Dr


Chsell in some demomstrations of forne－tramsplant－ ing，at Bellevue，next week－oh，and liarbara，did write Junt simma that we met the lresident？ My dear．we did We were at the horatre with the assolls．and saw him in a hox and lr．Cassell，the old darling＇kows him．and wem nd my dury＇he pet un and came bruck with br and，my dear．he got up and came nawk with or asked me if I wasn＇t from the South and I nearly said，＇Yos，south of Market strent．＇but refratined in im．I had on the new apriont ereme and a hack hat，and felt very lily－like－a－pimeos．as Jane hat，
＂But were both getting homesick：It will seom gomb to ste the old firry building asain－and fallsalith，and all of youl－＂－＂homeward，but by Early in July they did with such promened soms circuicus fams hotels that it was in a september aftrnown that they found themselter taking th． Toland household by storm．And Julia thought no alerience in her travels sol swet as this one：to bi． receited into the heart of the family and to selit down to a rovew of the past tive mombs．Richie
was so hootherly and kind，the givts sommiring of her gowns and her diumumbs so full of say chatter the will doctor so wallint and so affectionate！urs Toltand chirped and twiled like the hapey mother of a caseful of canarine and Julia，wh the gathered atmut the fire after dinure．took a low stom next to Miss Tolandss chair and rested at shoulder．little－girl fashion，against th．＂older wo－ man＇s knee．
（tas simply a tour＂f triumph for Ju，＂said Or．Jim．packing his pipe at the fireplace with satisfied eyes on his wite．＂She has frionds in the ＇hhetto and iriemuls in the White homse．Wi－went
down to the puponts．on Lamse Istand，and Dupont down to the Dupants．on Lanse Islimd，and Dupont
＂oht．phease．Jim！＂Julia said serhousty
Hmpont satid she was one of the most interest ing women he ever talked to，＂．Iim comtinued in ＂xoraby，＂and Iabney wanted to paint her！＂
＂Tell me the news？ ＂Tell me the news：＂hewed Julat＂How＇s the Ahxamber．
turning nut？．
＂Shers turned wut．＂said Miss Tontund arimly，her knittiner nowlles flashing steadils．＂She came to me with her eharts and rutes and wh．She couldn＇t lie in hed after half－pasc six in the mornirg and she
couldn＇t put off the sowing－class．and sht would like to ask me not to eat my herakfast after nine welock！Finally：sime astem m．if I wuldn＇t please keep the axpmblumes of the holse and my own keep the＂xpermanmes of the homse amm my o
＂What on carth dis you sal？＂
Say：－I asked her if she knew I built the＇Alex ander，＇and sent her mackine！And now．，XIis： Toland rubbed her wise with the westure Julia knew so well．＂Now Miss lierte is temporarily in charve hut she wort stay there nights，so the clubs are given up，＂she ohserved discontentedly．
＂And what＇s the news from sally．＂Julia inter ＂ And
rupted．

## rupted． ＂Just

＂Just the loveliest in the world！＂Mis．Toland sald．＂Keith is working like a little Trojan－and
andy stit us a pertiety charming dewtiption of the pensuen．and their waks－
＂Yes，and how she couldn＇t no＂ut because sthe hadn＇t shows．＂．Jane added，hat in mathe．hat sou fun．＂bon＇t look sh shocked．Wother deat．them out of a whole week＇s thated
out of a whole＂Gracious me？＂satd Mre Phand in a low unter－ ther full of annosatice．＂lld any one cher hear such nomsense：．．ll that is past hismo in ho．
 usual hopefal wote＂Dad setht a check，her her， lowely again！＂
Th．Studdiforls were house－hunting in all of Jims fre hours；confining their efforts almust －ntirely the city，although a trip to sian Matod or Russ latley mane a date in uctober that the risht Thon．It was not untll late in Uctober that the risht house was fromos on thaci
＂ind of the cable－cat rene said Jim radantly on the atternen ＂rherfect＂sam they insurcted the house．＂It＇s just When they and I＇m strong for it！＂He came over to Julia，who was thoughtfully starinis out of a drawing－room window．Her exquisite beauty wat tu－day set off by a loose long sealskin coat，－for the Winter was marly－and a picturesque little moter thinnt alst of stit．With a velut rose againo her soft hair．＂Little hit sad to－day．sw＇rtheart？＂Jim asked，kissing the tip of her ear．
Nored hack ward．Julia sald sensilly，raising her blue wous But she had brightemed prreptinly at blue ever But she had brighten，＂shu ati．very himply．
＂．And I adore ywu：＂sim answered．his arms about her．＂Ire hent thinking all day how rinten that sounded this morning：＂he added in a lowr ther． ＂I＇m so sorry：
＂As if it was your fault＂Julia protes：ad aber－ busly．And a m nuen：later she charmed him by declarink herself to $\mathrm{h}_{1}$ ．entreig satistion with his enchanting hense．and by aroring verously upol

 mak a somewhat embarrassed allusion had t．Wen
wace in the ir rom at the hutel that munge，wille
 mart！were progresing pleasantly，wer the umpl－t and toast．when Jim chancom to surceri that certain Mrs．Pipe b．includel among the guests．
 ＂Yos but shu．calls herself
lope．now．Why not＂．．
＂o
＂（th．Jim－lout she＇s itionced！＇．


$\because$ Hh．semie other man and letiars in the papers and Mr．Pי口⿰口口 k．pet looth the childiren：It was ．inh comi．Ju slo．$=$ a nice litter thing awfull withy and olever Why on out of your way to knock her：．
Itm nor going ont of my way．Jula answred with dignity．＂Ihut she was a gro：t friend of Mary
 and she cam．mit tion two or there tines and
she＇s a moisy，yelline surt of woman and ！or hair ： she＇s a moise．yelline st
dyed，－yes．it is．Jim！＂
＂T．ard，you wime＂du luce to ri，each ather un the．hatck！．＂Jim smiled hazily as he whereded his

＂I＇m not ripining her up th．＂back at all．＂Julla protested whth spirit．＂luut she＇s not a lays and I hate the particular sel shi．gotes with－
＂Nin a lady－ha：＂Jim rjacula：．．．
owars：
Julia lealod back in hor thatr and apeneal a fa holter frum suly linrouths in Furume．that hat wome in her morning＇s mall
＂．Wh：bre hy all muans to dinner．＂she said
valmly．＂only don＇t expert me to admire her valmly．＂Omly don＇t expert me to admire her ath＂ ipprove of her．Jim．for I won＇do it：I know tom nuch abmut he
＂It＇s just
＂It＇s just pessilote Mrs．lope isn＇t wating f．． sour mimiration and approval．my dear．＂Jim said
 Julia turnets as scarlet as if ：a whip had whes her fite she starial at him for a momen： with fixed．horritiol cyes．then crushed her let：－ ogether with a spasmodic gesture of the hat is and let it fall as she went hlindly tward the bod－ room dowr．Jim sat staring after her．wazend at irst，then with thi．werl blood surzing into his face He dropped his cigarete and his newspaper．and he apartment but minules there was no sound in the apartment but the erffe，bubbling i：the per Then Jim jumped up suddenk of the radiat＂r． Then Jim jumped up suddenly and flung ibw the
door of the hodroom．Juli．wis situing at her dressinw－table，one elhnw rasting winn it and her head irupped on her hand．She raised hand her and looked at him
＂Don＇t be a fool，Ju．＂Jim said，soliciture and mpatient．＂You know I didn＇t mean anything by wouldn＇t say a thing like that cad．You know I ＂Ill back and finish your coffer
lut be dil not kis her：be
aloul her；and Julia forl the thd not put his arms （Continued on follorin？page．）
 ette, and began to rattle away somewhat nervously of his plans for the day. He was going over to the oakbetter not try to meet for lunch. But how about the Pacific Avenue house? If Julia took the motor and stopped at the agent's for the key, he would meet her there at four-how about it?
Julia cried for a long time. Then she stopped resolutely, and spent a long half-hour in serious thought, her fingers absently tracing the threads o the table-cloth with a fork, her thoughts flying. Presently she roused herself, telephoned Jim's chauffeur and the agent of the Pacific Avenue house, bathed her reddened eyes, and nspected her new furs, just home from the shop. Now and her her breast
"ry again.
"I'll wear my new furs," she decided soberly. ". Jim loves me to look pretty. And I must cheer up the hates me to be blue! Who can I lunch with and some cake, and go out to the 'Alexander!'" So the outward signs of the storm were obliter ated, and no one knew of the scar that Julia carried from that day in her heart. Only a tiny, tiny scar, but enough to remind her now and then with cold terror that even into her Paradise the serpete cout thrust his head, enough olo something that Jim' faction that there wa. money curnishing buy
ceeded apace-it was an eminently gratifying house to furnish, and Jim and Julia almost wished their labors not so light. All rugs looked well on those beautiful floors; all pictures were at their best against the dull rich tones of the walls.
Did Mrs. Studdiford like the soft blue curtains in the library, or the dull gold. or the coffee-colored tapestry? Mrs. Studdiford, an exquisite little figure
of indecision. in the great Elizabethan chair of of indecision, in the great Elizabethan chair of carved black oak. didn't really know; they were all
so beautiful! She wondered why the blue wouldn't so beautiful: She wondered why the blue wouldn't gold here? Then she wouldn't use the English gold here? Then she wouldn't use the English cretonne in the breakfast room? Oh, ye
she had forgotten the English cretonne:
At last it was all done, from the two stained little Roman marble benches outside the front door, to the monagrammed sheets in the attic cedar-closet. The drawing-room had its grand piano, its great mahogany davenport facing the fire, its rich dark rugs, its subdued gleam of copper and crystal, dull blue china and bright enamel. The little receptionroom was gay with yellow-gold silk and teak-wood; Jim's library was severely handsome with its dark leather chairs and rows of dark leather bindings. A the dining-room; the great sideboard with its shining oak cupids and satyrs, and its enormous claw ing oak cupids and satyrs, and its enormous claw the house. A wide-lipped bowl, in clear yellow glass, held rosy pippins or sprawling purple grapes on the table in the window, the sideboard carried old jugs and flagons, in blackened silver and dull pottery.


Presently Foo Ting was estabpreme in the kitchen, Lizzie seand Ellie, Lizzie's sister, engaged to do up-stairs work. Chadwick, Jim's chauffeur, was accustomed occasionally to enact also the part of valet, so that it was with a real
of service that the young Studdifords luxury of service that the
settled down for the Winter. settled down for the Winter.
Julia's beautiful earnest face came to have a somewhat strained and wistful look, as the weeks fled past without bringing the quiet, empty time
for which she longed. All about her now stretched for which she longed. All about her now stretched wheel, every mail brought her a flood of notes, every quarter-hour summoned her to the telephone, every fraction of the day had its appointed pleasure. Julia must swiftly eliminate from her life much of the rich feminine tradition of housewifery; it was not for her to darn her husband's hose, to set exquisite patches in thinning table linen, to gather lowers for jars and vases. Julia never saw Jim's clothing except when he was wearing it, the table nen was Ellie's affair, and Lizzee had the entire lower foor bright and fragrant with fresh fowers Young Mrs, Studdiford found herself readily asyoung Mrs. Stucty woman's dry brief mannerisms im used to grin sometimes when he heard her at the telephone:
"Oh, that would be charming, Mrs. Babcock," Julia would say, "if you'll let me run away at three, for I must positively keep an appointment with Carroll at three, if I'm to have my gown for dear Mrs. Morton's bal masque Friday night. And if I'm just a tiny bit late you won't be cross? for we all do German at twelve now, you know, and it will run over the hour! Oh, you're very sweet! . . . Oh, no, Mrs. Tolcott spoke to me about it, but we can't-we're both so sorry, but this week
seems to be just full-no, she said that, but I told seems to be just full-no, she said that, but I told me know about the week after. . . . Oh, I know she is. And I did want to give her a little tea, but there doesn't seem to be a moment! I think perhaps I'll ask Mrs. Castle to let us dine with her some other time, and give Betty a little dinner Monday-" And so on and on, in the quick harassed voice of one who must meet obligations.
"You're a great social success, Ju," Jim said smilng, one morning.

Julia made a little grimace, over her letters.
"Oh, come off, now!" her husband railed good naturedly. "You know you love it. You know you mired!"
"I like to trot about with you," Julia conceded, sighing in spite of her smile. "But I get very tired of dinners. Some other woman gets you, and some other woman's husband gets me, and we say such flat things, about motor-cars, or the theatre-noth ing friendly or intimate or interesting!"
Lent had only begun when the Studifords made a flying trip to Honolulu, where Jim had a patient. The great liner was fascinating to Julia, and as usual, her beauty and charm and the famous young on all sides. Julia could not spend the empty days staring dreamily out at the rolling green Pacific staring man on board was anvious to improve her acquaintance, from the Captain to the seventeen-year-old little English lad who was going out to his father in India, and to not one of them did it ever occur that lovely little Mrs. Studdiford might prefer to be left alone.
On the boat, coming home, however, there occurred a little incident that darkened Julia's sky for a long time to come. On the very day of starting she and Jim, with some others, were standing, a laughing group, on the form a cabin doorway, and held out her hand.
"Do you remember me, Julia?" said she, smiling
Julia, whose white frock was draped with a dozen ropes of brilliant flowers and who looked like a May Queen in her radiant bloom, looked at the newcomer for a few moments, and then said, with a clearing face:
"Hannah! Of course I know you. Mrs. Palmer, may I present Dr. Studdiford?
Jim smilingly shook hands, and as the rest of the group melted away, Mrs. Palmer explained that her husband's business was in Manila, and she was
bringing up her two little children to visit her bringing up her two little children to visit he parents, in Oakland.
"She's extremely pretty," Jim said, when he and Julia were a
"I don't know why I supposed you knew that she is one of Mark's sisters," Julia said, coloring. "I saw something of them all, after-afterward, you know."
"Oh!" Jim's face, which he chanced to be washing, also grew red; he scowled as he plunged it again into the towel. Julia proceeded with her own lunch toilet in silence, humming a little now and then, but the brightness was gone from the day for her; the swift-flying green water outside little window had turned apartment was bleak and bach, nor was he himself as they went down after a game of auction, at when they met again after a gula's first acquaintdinner. In fact, this a new side of his character. When she came back to her stateroom at six oclock, he wa came back to her stateross the bed, his arms locked under his head, his sombre eyes on the ceiling.
"Jim, don't you feel well, dear?"
"Perfectly well, thank you!"
Slightly angered by his tone, Julia fell silent, busied herself with her brushes, hooked on a gown of demure cherry color and gray, and caught up a silky scarf.
"Anything I can do for you, Jim?" she said then, politely.
"Just-let me alone!", Jim answered, without stirring.
Hurt to the quick, and sudden color in her face, Julia left the room. She held her head high, but she felt almost a little sick with the shock. Five minutes later she was the centre of a chattering group on the deck. A milky twilight held the sea, the skyline was no longer to be discerned in the opal spaces all about them, the ship moved over a vast plain of pearl-colored smoath waters. Where staterooms were lighted, long fingers of rosy brightness fell across the deck, here the dark blots that shelter of a were passengers,
Julia and a young man named Manners began to pace the deck. Mr. Manners was a poet and absorbed in the fascinating study of his own personality, but he served Julia's need just now and never noticed her abstraction and indifference. He described to Julia the birth of his own soul, when he was what the world considered only a clumsy, unthinking lad of seventeen, and Julia listened as a pain-racked fever patient might listen wh vague distress to the noise of distant hammers. Presently they were all at dinner; soup, freshly shaven, slipping into his place with a mutfreshly shaven, slipping into his place with a sense of impending calamity upon her, Julia struggled through her dinner; after a while she found herself holding cards, under a bright light; after a while reached her stateroom.
Julia turned up the light. The room was close and empty, littered with the evidences of Jim's hasty toilet. She opened a window, and the sweet salt air filtered in, infinitely soothing and refreshing. She began to go about the room, picking up Jim's clothes and putting the place in order. Once or twice her face twitohed wh par heart with stopped and press to stop a wound, but she did not both hands, asently began her usual preparations for cry, and presently began her in her usual careful fashion. The cherrycolored gown had been put away, and Julia, in an colored gown had beidered white kimono almost stiff enough to stand alone, was putting her rings into their little cases, when Jim came in.
"Where have you been, Jim?" she asked quietly, noticing his white face, his tumbled hair and a certain disorder in his appearance. Jim did not answer, and after a moment Julia repeated her question.
"Up on deck," Jim said, a bitter burst of words breaking through his ugly silence. He dropped into chair, and put his head hands, and stared at her haggardly. "Julia,"
"Julia," said he hoarsely, "Ive been up there thinking-I'm going mad, I guess-- Julia stood
He stopped, and there was silence. Jut still, looking at him.
"Tell me," Jim said, "was it Mark?"
The hideous suddenness of Jim's question, "Was it Mark?" struck Julia like a bodily blow; she stood as if she had been turned to ice. A great weight seemed to seize her limbs, a sickening vertigo attacked her. She had a suffocating sense that time was passing, that ages were going by in in a shuttered window, and the two beds, with their in a shite pillows, so neatly turned down. Stil she could not speak, not yet-
"Yes, it was Mark," she said tonelessly and gently after a long silence. "I thought you knew."
He flung his hands madly in the air and got on his feet. Then as if ashamed through all the boiling surge of his emotions, at this loss of control, he rammed his hands into the pockets of his light overcoat and began to pace the room. You-youyou!" he said, in a sort of wail, and in another moment, muttering some incoherency about air, h had snatched up his cap and was gone again. her bed. She felt as a person who had swallowed (Continued on following page.)
dose of poison might feel; agonies were soon to begin that would drive the life from her body, but she could not feel them yet. Instead she felt tired, tired beyond all bearing, and the lights hurt her out of her slippers, and plunged the room into utter out of her slippers, and plunged the room into utter
darkness. Like a tired child she crept into bed, and with a great sigh dropped her head on the pillow.
She had thought the old dim horror over and done with. Now she knew it never would be that; now she knew there was no escape. The happy little caatle she had built for herself fell about her like a house of cards; she was dishonored, she was history, on that terrible night at the settlement house, she had flung down her arms; there was no new extenuating fact to add to the story, it was all stale and unchangeable, it must stand before their eyes forever, a hideous fact. And it seemed to Julia, tossing restlessly in the dark, that a thousand sleeping menaces rose now to terrify her. Perhaps Hannah Palmer knew! Julia's breath stopped, her whole body shook with terror. And if Hannah. why not others? A letter of Mark's to someoneing its hour to appear and to disgrace wail and Jim, and all who loved them!
And was it for this, she asked herself bit erly, that she had so risen from the past, so studied and struggled and aspired? Had she been mad all these years to forget the danger in which she stood, to imagine that she had buried her tragedy too deep for discovery Had she been mad to marry Jim, her dear sweet, protecting old Jim, who was always so good to her-
But at the thought of him and of her bitter need of him in this desolate hour, Julia fel to violent crying, and after her tears sh drifted into a deep sleep, her lashes wet, and sigh as a child's might
When she awakened, dawn was breaking the level waste of the sea was pearl color and rose under a slowly rising mist. Julia bathed and dressed and went out to the deck, where with a great plaid wrapper about her, she might watch the miracle of the birth of day And as the warming rays of the sun enveloped her and the newly-washed decks dried under its touch, and as signs of life began to be heard all about, slamming doors and gay feet, hope and self-confidence crept again into her heart. She was young, after all, and pretty, and Jim's very agony of jealousy ondy proved that he loved her. She had never deceived him, he could not accuse her of one second's weakness thore. He had only had a sudden, terrible revelation of the truth he had known so long; it could not affeot him permanently--
"Going down?" said a voice gaily.
Julla turned to smile upon a group of cheerful Julia turned to smile upon a g.
acquaintances.
"Thinking about it," she smiled
"Where's Himself?" somehody asked.
"Still asleep-the lazybones!" Julia answered calmily. They all went down-stairs together, and
Julia was perhaps a little ashamed to find the odors of coffee and bacon delightful, and to thoroughly enjoy her early breakfast.
Afterward she went straight to her room; not at all surprised to find Jim there, flung, dressed as he was, across his bed and breathing heavily. Julia studied him for a moment in silence. Then she set about the somewhat difficult task of rousing him, quite her capable wifely little self when there was something she could do for him.
"Jim! You'll have to get these damp things off, dear! Com
Drowsily, heavily, he consented to be partially undressed, and covered with a warm rug. Julia grew quite breathless over her exertion; she tucked him in carefully.
"I'm going to tell the chambermaid net to come in until I ring, Jim. But shall I send you in a cup of coffee?"
"Huh!" Jim sald, already asleep.
"Do you want some coffee, Jim?"
"No-no coffee!"
Julia tiptoed about the room a moment more, took her little sewing-basket and a new magazine, and giving a departing look at her husband, found his of tears pressed behind her eyelids and she felt her self grow weak and confused.
"Thank you for fixing me up so nicely, darling," Jim said meekly.
"Oh, you're welcome!" Julia answered, with a desperate effort to appear calm
"WIll you kiss me, Julie?" Jim pursued, and a seoond later she was on her knees beside him, their arms were locked together, and their lips met as if they had never kissed each other before
"You little angel," Jim sald, "what a beast I am! As if life hadn't been hard enmigh for you withou ny ading forgive me, won't you, sweetheart for And you'll for
Julia put her face down and cried stormily, her wet face pressed against his, his arms holding he close. After a while, when the sobs lessened, they began to talk together and then laugh together in
went to sleep and Julia sat beside him, his hand in hers, her eyes idy following the play
bright lights that quivered on the wall
"And life isn't easy and gay, say what you will," hought Julia, philosophically. "There is no us grumbling and groaning, and saying to yourself, Oh, if only it wasn't just this or that thing worry ing me!' for there is always this or that. Kennedy and Bab think I am the most fortunate girl in the world, and yet, to be able to go back ten years, an ive a few weeks over again, I'd give up everything I have-even Jim. Just to start square! Just to feel that wratched thing wasn't there like a laye me to talk of uplifting girls by eettlement work, as me to talk of uplifting girls by settlement work, as people are eternally making me talk! Or if only would feel at least that I stood on my own feet!

## The Dream Garden

Bessie Bellman
Dear old garden of long ago-
Part of my childhood's memories,Hollyhocks nod in your farthest row Under the linden trees.

Box bordered pathways with mignonette Crowding right over the edges, Methinks I can whiff the fragrance yet Of your lavender and sedges.
But dearest of all in that garden old,
Was the spicy clove-pink cluster,
Bursting its sweetness-too much to holdOver the pale leaves' lustre.
Sunshine, and shade from the linden trees, A book to read, and a dream to dream; Youth in the heart and youth in the breeze,And a precious old romance the theme.
We have all loitered there;-you and I.
The trees, the book, the dream and the sky!
Picturst of Memory. But now of course that's impussinte on Jim's ac-
count. What a horrible scandal it would be, what a horrible thing it is, that any wivl can cloud her own life in this way!
"Well, seriety is very queer, civilization hasn't gotten very far.--sometimes I think virtue is a good deal of an accident,
And so musing, Julia dozed and wakentel, and dozed again. But in her heart had bein sowed the seed that was never to be upromed - the little seed oed doubt. Doubt of the social structure, doubt of its grave authorities, its awe-inspired interpreters. What were the mummers all so busy about and how fittle their mummery mattered! This shall be permitted, this shall not be permitted; what is in your heart and brain concerns us not at all; where your soul spends its solitudes is not our affair-so that you keep a certain surface smoothness, so that you such time as we please, shall be one of us!
such time as we please, shall be one of us!
Novertheless, the young Studdifords, shontly after heir return to San Francisco, entered heartily upon he social foys of the hour. Barbara had been alting only their arrival to demurely announce her ngagement, and Julia's delight immediately took he form of dinners and theatre parties for the handsome Miss Toland and her fiance. A new and softened sweetness marked Barbara in these days; she was more gentle, and more charming than she had ever been before. Captain Edward Francls Humphry Gunther Fox was an offcer in the Engish army, a blonhe. slent man of forty, with kind res and a pivete income "place" in Oxford hire, and an older sister who had married a lord, oo that his credentigls were unexceptionable and irs. Toland was nearly as happy as her daughter was.
"It's curious," said Barbara to Julia, In one of heir first hours alone, "but there is a distinction and an excitement about getting engaged, and you enfoy it just as much at thirty as at twenty-perhaps more. People-or persons, as Francis sayswho have never paid me any attention before, are flocking to the front now with presents and good wishes, and some who never have seen Captain Fox congratulate me-it amounts to congratul
f any marriage were better than none!'
dmitted "you may not have any reason for," Julia o, but you do feel superior, way down in your secret heart! And yet, Babble," and a little shadow darkened her bright face, "and yet, once you ar married, you see a sont of-well, a sort of uncompromising brightness about girlhood, too! When I go out to the Alexander' now, and remember my
old busy days there, and walking to chapel with
aunt sama in the know-it makes me almost a little sald:
"Don't speak of it," said Barbara. "When I think of leaving Dad and home, and going off to England, and having to make friends of women with high che ekbones ath mats of erimis coming down to their eyebrows, it wartes me to death!
And both girls laughed gaily. They were having tea in Julia's drawins-riom, on a cold bright afternoon in May:
Ifler Barbara's wedding, the Studdifords went to San Mateo, and Julia, who had taken herself seri-
ously in hand, entered upun the social life of the ously in hand, entered upon the social life of the
summer with a perfectly simulated zest. She rode summer with a perfect ind trimes hayed golf and tennis polo, gossiped and druse, mayed golf and tennis and polo, gossiped lunchron to tea, from dinner to supper party, and when Jim was detadned in town, she went without him; a little piece of self-reliance that pleased him very much. If Soclety was not extremely popular with Julia, Julia was very popular with Society; her demure beaut
conspicuous wherever she
San Mateo, frankly. bored her, although San Mateo, frankly. bored her, although she could not but ames set in enchanting old place, the the lawns and drives stretching under an endless vista if superb oaks. There. andone with Jim, in a little cottage-ah, there would have been nothing boring about that: "Harpy?" Jim said to his wife one day. when Julia, looking the picture or happiness,
had come down-stairs to join him for some expedition.
"Haply 'nuff," Julia said, with her erave mile. She took the diop wicker chair next him, on the proch, and sat looking down the curve of the drive to the roadway ingnd a said. "Iust what are we doing?
"Well, as near as I got it frion Grez." Jim nformed her a little uncertainly, "we go tirst o his place and then split up into about :hrit take the eats, Peter will hav.. a whole h:n;". of things, and w. go up to the ridre
Enclish Nursery Tea, I think-C"
"Doing it all ourselves." Julia suggested, brightenin!
practically. Although Greg's cimk s going alonr. and a couple of matis in the Peters's car. Theyre wing to brill truit "r having fits about seelng that enough maters go, and so on. I know Paula Billings is taking something frozen-_" "Oh, what a fuss and what a mess!" Juia "Wide ungraterully how the petere always do
 and all go down to Fernand's-_"."
"Fernand's: Forty miles. Jim?"
in. why not? If we're having a good time
"Well, I hope rener Van and Man Crubury ke p sober, that's all!" Julia said. "The rate will to
lovely, and dt's a wonderful day. Bui Minca la:.. lovely, and it's a wor
always tmres me so!'
always tures me so!"
"Why, you little cat!" Jim laughed, catohing her "Why, you little cat!" Jim laughed, catohing her
hand as it hung louse over the arm of her chair. hand as it hung loose over the arm or her chair. "They were born doing this sort of tung: they think they like it!-buying-lorying-buying they ing-dancing--rushing-rushing-rustime-it's life at all! I'd rather pack a heary basket, and lug it wer a hot hill and carry the wather hall a mile, when I pdenic, instead of rolling a few mills in a motor-car, and then sitimy on a n: campchair, and having a maid pass me salads and fors and toast and brolled trout:
"Will, if you would, I wouldn't!" Jim said goox-
naturedly naturedly.
"My wasn't born to this," Julia added, thoughtfully. "My life has always been full of real things, perhaps aren't going right in the wirit and thinge that aren't going right in the wirt and I can't just turn my back on them, like a child-I ge consumption-
"Oh, for Heaven's sake!" Jim ;rotested frowningly, hiting the end from his cigar with a clip of firm white teeth.
sued, uncertainly. "I know been poor," Julia pur sued, uncertainly. "I know that there are times when a new gown or a paid bill actually would af
fect a girl's whole life! I think of those jonir vitie girls at st
"I would like 10 suggest." Jim said, incisively "that the less you lit your mind run on thasi little girls from St. Anne's, the better for you! if you ter Jule for your own I should think yous wat consider such topics absolutely-well, absolutely in poor taste!" Silence. Jim puffed on his cigar. Julia sat with out stirring, feeling that every drop of blood in he hody had rushed to her head.
"It is all very well to criticize these people." pursued im, sententlously, after a long sllence. "al neus h they have all been kulnuness and graclousbe silly. I don't hold any briep for Minna Vane may be silly. I don't hold any brief for Minna Vane and Paula Billings. But I know that Minna is on the Hospital Board and Paula a mighty kind-hearted. good little woman, and they don't sit around pulling
(Continued on following page.)
long faces, and Jultia sat perfectly still. She could not have pended with the lump in her throat if life had destrain with a terrible rush of sobbing, but she held herself stiffly, and only prayed that her tears might be kept back until she was alone.
She felt a hypocrite when they joined the others a little later. And through the jolly afternoon and noisy evening she found herself watching her husly analytical eyes. long affect her for Julia had pondered and prayed too long over this matter to find any fresh distress in a reminder of dt. Her natural simple honesty very soon adjusted the outraged sensibilities. But Jim could hurt himself with his wife, and this afternoon he had done so. Unconsciously Julia said to herself, over and over, "Oh, he should not have said that! That was not kind!"
And so the Summer drifted by, fllled with idle teas and busy dances. And bit by bit left Julia's soul and left Julia's soul and
some of the wistfulsome of the wistfulness left her face-bit
by bit some of her ideals of married life were forgotten. Because Julia now had Eause to dress and undress her and because Jim was usually dressed and gone before she was up in the
morning, Julia had a morning, Julia had a She would have much preferred to breakfast with her lond and master, but Jim himself forbade it.
Then Winter came, and with the opening of her second season in the most exclusive social set, Julia had attempted to analyze the whole situation, honestly putting her prejudices on one side, and attempting to get her husband's because she had hoped to be to Jim just what Kennedy Marbury was to Anthony, united by a thousand needs little and big, by the memory of a thousand little comedies and tragedies. Kennedy, who worried about bills and who dreaded the coming of the new baby, could stop making a pie to administer punishment and a lecture to her oldest son, stop again to answer the telephone, stop again to kiss her daughter's little bumped nose, and yet find in her tired soul and body enough love and energy to put a pastry "A. M." on the top of
her pie, to amuse the head of the house when he should cut into it that night.

But this mixture of the ridiculous and the sublime was not for Julia. And just as Kennedy had ad-
justed herself to the life of a poor man's wife, so justed herself to the life of a poor man's wife, so
Julia must adjust herself to her own so different destiny.
And adjust herself she did. Nobody dreamed of the thoughts that went on behind the beautiful blue eyes, nobody found little Mrs. Studdiford anything but charming. With that steadfast, serious resolution that had marked her all her life, Julia set herself to the study of gowns, of dinners, of small talk. She kept a slim ind pored over it Rt ogder on her she listened attentively to the chatter that went on all about her. She drew infinitely less satisfaction from the physical evidences of her success-her beauty, her wealth, her handsome husband, and her popularity-than any one of the women who envied her might have done, yet she did draw some satisfaction, loved her pretty gowns, the freedom of bared white neck and shoulders, the atmosphere of perfumed drawing-rooms and gittering dinnertables.
She wrote long letters to Barbara, was a devoted godmother to Theodora Carleton's tiny son, loved to have Miss Toland with her for an occasional visit, to spoil the old doctor with her affectionate attentions, hold long conferences with the girls' mother on the subject of their love-affairs, and fall into deep talks with Richie. These were perhaps the happiest talks in her life-for Richie, whose mind and body had undergone for long years the exquisite discipline of pain, was delightfully unexpected in his views, and his whole lean, ungainly frame vibrated with the eager joy of expressing them. Perhaps once a month, too, Julia went to see her own mother; calls which always left her definitely depressed. Emeline was becoming more and more crippled with rheumatism, the old grandmother was girls, Muriel and Geraldine, were living there now girls, Muriel and Geralane, were living there now, dark, heavy-faced girls who attended the high school. Julia's astonishing rise in life had necessarily affected her relatives, but much less, she realized in utter sickness of spirit, than might have been imagined. She and Jim were paying for the schooling of May's two boys, and a substantial
cheque, sent to her mother monthly, supposedly cheque, sent to her mother monthly, supposea,
covered the main expenses of the entire household. Julia's mother, Emeline, still lived with her old mother and was more comfortable hugging the dirty kitchen stove than she would have been in Julla's palatial home on Pacific Avenue. Julia came to realize that her own presence in that home and her efforts to pull the family above the dirt and grime were of no avail. So she continued to pay the bills and keep away.
Of all the family, Evelyn alone was the one who had managed to rise above the squalid surroundings. She had made great success of her dress-
making and was now head fitter in the most ionable shop on the coast.
"They all give me a great big pain!" Evelyn said one day frankly, when Julia was at Madame Carroll's for a fitting, and the cousins-one standing in her French hat and exquisite underlinen, and the

The Studdiforas, with some iour hundred other society folk, regarded the Browning dances as quite the most important of the Winter's social affairs, and Julia, who thoroughly diked the host and the brilliant assembly, really enjoyed them more han the smaller and more select affairs. The Brown fow were a beloved and revered institution, ver except new faces appeared there from year to yedu, except the very choice of the annual crop of debutanten he first came, at her handsome husband's side a year ago, her dazzling prettiness set off by the simplest of milk-white Paris gowns, her wonderiul crown of hair wound about with pearis. Now she was a real favorite, and at the Januar admirers assured her that her gown was the prettiest in the sured.
"That pleases you, doesn't it, Jim?" she smiled, as he put her into a red velvet armchair, at the end of the
"Well, it's true," Jim assured her, "and what's more, you're the most beautiful woman in the room "Oo!", Jeemy-what a story! But go get your dances, dear, if we're not going to stay for supper Here's Mrs. Thayer to amuse me," said Julia, as a magnificent old woman came toward her with a smile.
"Not dancing, dear?" said the dowager, as she sank heavily into the seat Jim left. "Why'n't you dancing with
the other girls? I-" she panted the other girls? fanned, idly scanning the and fanned, "I tell Browning I don't ${ }_{\mathrm{i}}^{\mathrm{r}}$ know. how he gets the men!" she added. "Lots of 'em-sups she aded. brings 'em, probably! Why'n't you dancing, dear?" "She's implying that her ankle was sprained," Jim grinned; deI parting. Julia dimpled. The dowager brought an approving
eye to bear upon her. eye to bear upon her.
"Well-well, you don't say so! Now that's very nice, "Well, I she said comfortably I hadn't heard a word declare! I hadn't heard a word course?" "very glad!" Julia assured her, coloring. "That's nice, too!" Mrs. Thayer rambled on, her eyes beginning again to rove the room. "Fuss, of course, and lots of trouble, but you know all used Yes, I love children myseli, used to be the most devoted mother that. Yes, indeed!"
"Have you heard about Mason Gerald and Paula Billings-oh, haven't you?" a Miss Saunders, who had strolled up to them, asked. "Not about the car breaking down, haven't you? Well, my dear-"
Julia lost the story, and sat watching the room, a vague little smile curving her lips, her blue eyes moving idly to and fro. She saw Mrs. Toland come in, with her two lovely daughters. Julia had had ea with them that afternoon at the hotel where they would spend the night. The orchestra was silent just now, and the dancers were drifting about the room, a great brilliant circle. Some of the men were clapping their hands, all of them ward their partners, and all the girls were laughing too, and talking animateddy as they raised wideing too, and
open eyes.
"I wonder if I will be doing this fwenty years from now," thought Julla. "I wonder if my daughter will come to the Brownings, then?
". whill which I call disgraceful, don't you, Mrs. Studdiford?" asked Miss Saunders suddenly.
"I beg your pardon!" Julia said, startled into attention. "I didn't hear you!"
"I know you didn't," the other said laughing. "Nevertheless it was a low trick," she added, to Mrs. Thayer, "and Lelia Orvis can wait a long time before she makes peace with me! Charity's all very well, but when it comes to palming off girls like that upon your friends, it's just a little too much!"
"How's it happen ye didn't ask the girl for any references, me dear?"' asked Mrs. Thayer.
"Because Lelia told me she knew all about her!" snapped Miss Saunders.
"What was she, a waitress?" Julia asked, amused. "No, she was nothing!" Miss Saunders said in high scorn. "She'd had no training whatever-not that I mind that. She was simply supposed to help with the pantry work and make herself generally useful. Well, one day Carrie, a maid mother's had for years, told mother that from something this Ada had sald she fancied Ada had been in some sort of reform school-imagine! Of course poor
mother collapsed, and Emily telephoned for methe kid always rises to an emergency, I will say that. So I rushed home and got the whole story of Ada in five minutes. At first she cried a good deal
(Continued on page 16.)

# For Love of The Hills 

By SUSAN KEATING GLASPELL
Author of "Fidelity," Etc.
Illustrated by J. HUBERT BEYNON

## The Biggest Stories are About Things Which Draw Human Beings Closer Together

SURE you're done with it?" "Oh, yes," said the girl, the suggestion of a smille on ther "ace, and in her volice But she did not go. She turned instead to the end of the alcove and sat down before a table placed by the window. Leaning her elbows upon it, she looked about her through a blur of tears. It was quiet that afternoon in the big reading room; tew were coming and going, and outside it was raining-raining as in that city alone it knows how to rain.
Seen through her own eyes of longing it seemed o the girl that almost all of the people whom she could see standing before the files of the daily papers were enlisted in Winnipeg's great army of strange study to her during those three weeks spent in fruitless search for the work she wanted to do and it had likewise proved a strange comfort. When tired and disconsolate and utterly sick at heart there was abways one thing she could do-she could go down to the library and look at the paper from home. It was not that she wanted the actual news the city offcials were doing, what bulldings were the cing up or who was leaving town. She was only gaing up, or who was leaving town. She was She wanted only the comforting companionship of that paper from home.
It seemed there were many to whom the papers offered that same sympathy, companionship, whatever it might be. More than anything else it per haps gave to them-the searchers, the driftens-a ser.se of anchorage. She would not soon forget the first day she herself had stumbled in there and found the home paper. The city had given her peration, just because she must go somewhere, and did not want to go back to her boarding-place, she had hunted out the city library. It was when walking listlessly about in the big reading-noom that there had come to her the illumining thought that perhaps she could find the paper from home; she did find it. And after that when things were their very worst, when her throat grew tight and her eyes dim, she could always comfort herself by saying: "After a while I'll run down and look at the paper from home.
But to-ndght it had failed her. It was not the paper from home to-night. It was just a newspaper. It did not inspire the belief that things
would be better to-morrow, that it would all come right soon. It left her as she had come-heavy with the consciousness that in her purse was eleven dollars, and that that was every cent she had in all the world.
It was hard to hold back the tears as she dwelt upon the fact that it was very little she had asked of Winnipeg. She had asked only a chance to do the work for which she was trained, in order that she might go to the art classes at night. She had Gread West of its brawn and its brain and its Great West, of its bre
grit. She had supposed that Winnipeg. of all places, would appreciate what she
wanted to do. The day wanted to do. The day she drew her hardearned one hundred dollars from the bank at home-how the sun had shone that day, how clear the sky had been, and how bracing the air!-she had
quitetaken it for granted that her future granted that her future
was assured. And Wow, after tasting for now, after tasting for
three weeks the cruelty of indifference, shee
looked back to those looked back to those
visions with a hard little smile.
She rose to go, and in so doing her eye fell upom the queer ilttle woman to whom she had ylelded her place before the western
paper. Submerged as paper. Submerged as
she had been in her she had been in her
own heartache. she had given no heed to the gmall figure which came sllpping along bealde her, beyond the bare thought that she Wes queer-looking. But as her eyes rested
upen her now there the

She was a strange little figure. An old-fashione shawl was pinned tightly about her shoulders, and she was wearing a queer, rusty little bonnet. Her hair was rolled up in a small knot at the back of her head. She did not look as though she belonged in Winnipeg. And then, as the girl stood ther looking at her, she saw the thin shoulders quiver and after a minute the head that was wearing th rusty bonnet went down into the folds of the paper and the wom ness.
The girl's own eyes filled, and she turned to go It seemed she could scarcely bear her own heart ache that day, without coming close to the heart ache of another. But when she reached the end of the alcove she glanced backward, and the sight of that shabby, bent figure, all alone before the paper was not to be withstood.
"I am from the West, too," she said, softly, puting a hand upon the bent shoulders.
The woman looked up at that, and took the girl's hand in both of her thin, trembling ones. The gir saw that there was a hopelessness upon dimnessa misty blurred look-which did not seem to have been left there by the tears alone.
"And do you have a pining for the mountains?" she whispered, with a kind of timid eagerness. "Do you have a feeling that you want to see the sun go down behind them to-night, and that you want to see the darkness come slippin' down from the ops?"
The girl half turned away her head, but she pressed the woman's hand tightly in hers what you mean," she said, tremulously
Ith wanted to see it so bod ith the passionat me here to this paper, that someit was here because my nephew's wife brought me here one day and we came across it. We took this paper at home for more 'an twenty years. That's why I come. 'T was the closest I could get.'
"I know what you mean," said the girl again, her oice thick with tears now.
"And it's the closest I will ever get!" sobbed the woman.
"Oh, don't say that," said the girl, brushing away her own tears, and trying to smile; "you'll go back home some day
The woman shook her head. "And if I should," she said, "even if I should 't will be too late."
"But it couldn't be too late," insisted the girl. "The mountains, you know, will be there forever." "The mountains will be there forever," repeated the woman, musingly; "yes, but not for me to see. You see," she sald it with a quivering dignity, "I'm going blind."
"Oh!"-the girl took a quick, backward step, and then stretched out two impulsive hands-"oh, no. no, you're not! The doctors, you know; they do everything now
The woman shook her head. "That's what I But I saw the higgest doctor of them all to-day,
 said right out and out twas no use to do anything. He said twas-hopeless.
The last word came with a dry sob. "You see," she hurried on, the words wet with 1 wouldn't care wouldn' care so the first: If I could see the tall, if I could bind 'em just one night! If I could see the black shadows come slippin' over 'em just once! And then, if just one morning-just once!I could get up and see the sunlight some a-streamin' -oh, you know how it looks! You know what 't is I want to see!"
"Want to see!" "Yes; but why can't you? Why not? You won't "Yo-your eyesight will last until you get back home, won't it?"
"But I can't go back home, not nuw."
""Why not"" demanded the girl. "Why can't you "Why not?" demanded the girl. "Why can't you "Why, there ain't no money, my dear," she explained, patiently. "It's a ong no money Now, George-George is my ain't no money Now, George-George
brother-in-law-he got me the money to come; but you see it took it all to come here, and to pay them yoctors with. And George-he ain't rich, and it pinched him hard for me to come-he says I'll have to wait until he gets money laid up again. andwell, he can't tell just when 't will be. He'll send it soon as he gets it," she hastened to add. "He's willin', George is; but he can't send what he ain't got."
"But what are you soing to do in the meantime? It would cost less to get you home than to keep you here."
"No; I stay with my nephew here. He's willin' I should stay with him till Iget my money to go home.
"Yes; but this nephew, can't he get you the money? Doesn't he know,- the girl's vice broke -"what it means to you?"
"He's got five children, and not much laid up. And then, he never seen the mountains. He don't know what I mean when I try to tell him about gettin there in time. Why, he says there's many a one living back in the mountains would like to be livin here. He don't understand-my nephew don't."she added, apologetically.
"Well, some one ought to understand'" bfoke from the girl. "I understand: But-why, eleven
dollars is every cent I've got in the world."-and dollars is every cent 1 've got in the world'"-and
the girl who had sturdily held out against her own the girl who had sturdily held out against her own
sorrows leaned her head over on the shelf upon which the paper rested, and cried as if the tears were coming from the sery depth of her heart. "Don't!" implored the woman. putting a hand upon the bowed head. "Niw, don't you be botherin: I didn't mean to make you feel so bad. My nephew says I ain't reasonable, and maybe I ain't.'
"But you are reasonable! It's awful for you not to go! It's-hideous!"
"Maybe I ought to be going hack," sald the woman, uncertainly. "I'm just making you feel bad
and it won't do no good. And then they may come and it wond be stirred up about me. Emma-Emma's my nephew's wife-left me at the doctor's office cause she had some cause she had some
trading to do. and she was to come back there for me. And then, as I was sittin there, the pinin' came wer me so strong it seemed I just mus get up and start. And"-she smilled a 1 got."
"Come over and sit sown by this table. sively, "and tell me a little about your home back in the mountains. Wouldn't you like to?"
The woman nodded, gratefully. "S e ems most llke getting back to them to find some one that knows about they, she sald, after chairs up to the table and were sitting there side by side.
The girl put her rounded hand over on "Tell me about it," she said again.
"Maybe it wouldn't be much interesting to you, my dear. 'Tain't
much like a story. It's just a common life(Continued on page 58.)

## Department of Child Hygiene

By DR. LAURA s. M. HAMILTON

## Prevention Better Than Cure

There is a whole section of medical study classed under the head of "preventative medicine." Some physicians are devoting all their time to it. Its research work into the great realm of the cause of disease, as well as finding a method to remove the cause. Science in almost every case is made to yield its wealth, as well as history and geography, yes and
And the labor ex
in vain. It is expended has not been ancient (and not so very ancient, after all) treatise in medicine that one realizes the strides that have been made in the knowledge of everyday things.
That every person, young and old, does not definitely and wittingly benefit by this labor of due to any sel fishness on the part of the scholars, for think I may truthfully state that there is no class of people more broadly and grandly unselfish than these same scientists .o sooner has a discovery been satispact orily proved by them than they are to give it to the world. And just world. And just combat them that old heathen Prejudice, ably supported by his boo $n$ companions, Ignorance and Selfishness, these three makscience together with Christianity itself. finds it hard to overhard
Nowhere do the three work with more energy and success than in this matter of -he prevention of injury to the human body cludes to a greater or less -xtent injury to the soul also. Possibly it is because the human body is the most beautiful thing created and the soul partakes of the Divine, that the father of the trio above mentioned has set some of his servants the task of its injury. be that as it may it is well for us to recounize things as they are and know with whom we are working.
So Science and Experience bring to us their gifts of knowledge. It is for us to take them. not with nerious fear and dread, which centres ecerything on one's own personal well-being. but simply, and as a trust to be used for the good of all mankind, besinning right where we are in our among our own kin.
Ferance and Selfishness Prejudice more effect and direr results than in the matter of the care of little children Since the days when, in the persons of the disciples, they stood between the Christ and the mothers who would fain bring their babies to Him. have they stood between the child and the childs rights. all down through the ages. And how often do they garb themselves as angels of light. We are tild on the ocas with the disciples, and bade them let the mothers and children come to Him. and gathered the children in His arms and blessed them. And one can imagine Him all through these generations saying: "Let the children livephysically, spiritually. Let them come and they will come to Me. Let them teach you, oh, fools. and blind, to get close to the heart of Nature, and so find yourselves close to My heart through the
simplicity and eager seeking for truth of a little child."
In last month's paper I tried to show how the child's mind might develop, if it were uninterrupted. Now I am fain to point out how the average child's body would be healthy if it were given a chance.
At the risk of being tiresome, let me repeat what I have so often said, that with a fair share of health, and a large proportion of these are spoiled before they are two years old.
They are spoiled because for one reason man has wandered so far from the ways of Nature that he cannot claim Nature's protection and immunity from many diseases, such as is granted to the wild things in the woods. Nor, since now he does almost nothing else by instinct, has he a right to claim that the parents
of the children of the children know how to care for their offspring "by instinct."
If then, since these things are so, he refuse the help which Science offers, this being almost the only instance in
which he does Which he does refuse it, he is
thus left worse off than any other animal that exists. For only by the free use of the knowledge which modern research has given us are
we able to avoid we able to avoid
the pitfalls of the pitfalls of
modern abnormodern abnor-
mal methods of living.
Formerly medical knowledge endeavored to cure existing ills. To-day a greater $k n o w$ ledge endeavors to prevent the
existence of the existence of the
11 Is . Formerly physicians acphysicians acremedies for certain diseases. being satisfled to give merit to the remedy by the result they saw saw. To-day all such thought they saw. To-day all such remedies are
treated with more or reated with more or less suspicion,
and if emploved at all, with probably a feeling of of the doctor using them. For every reputable remedy to-day is tested and tried out. Its mode of action is thoroughly known and understood. Its effect likewise is known in all the various cases in which it may be used. Its strength is standardized. Moreover, remedies, such as are in common use, are growing fewer and fewer, as the nature of disease is more completely understood. More and more the en-
deavor of medical science is to help Nature of medical science is to help will provide her own remedy. And yet still more are the energies of thoughtful people bent on preventing the onset of disease at all, especially in the young.
It has been discovered that the majority of diseases are "germ diseases." This, of course, does not include illness Though when fracture or accident. enough to kill outright, "go bad" (to use a common expression among doctors), the going bad is the result of a germ infection.
Now a germ is a seed, a living seed. Like any other seed, it will grow if planted in proper soil and provided with the nourishment it requires. In order to plant a seed it is necessary to trans-
port it from its parent plant to the port it from its parent plant to the a carrier or by contact. In the case of the seed germ there are many kinds of (Continued on page 50.)


## Your Bedtime Bath

WHILE it is the water, of course, that soothes the nerves and makes the bath before retiring conducive to sound,' refreshing sleep, still the water can do its best only when Ivory Soap absorbs the skin's excretions. Then the pores are opened and cleaned and the tiny bubbles of Ivory lather carry the water into closest contact with the blood vessels under the skin.

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## The Home Ideal <br> By ETHEL M. PORTER <br> Interior Decorations

Wut on the parime in saskatchewan ther, may be foum to-day a little dusertend village, half losit among the bluffs and surroumbing hills. Only the birds, bees and scurrying mic\% Inhabit the silent houses-their doors now standing hospitably open to all the world, with none to interfere.
There is ome little house, smaller and Less pretentous than its neighbors long twin some one had planted lilacs lnside the window, and mow they hang protectingiy over the old roof as if trying to hide it away from the curious miserty. The houst is similar to all the others in its gray and Weather-beaten apyearance from without, but unce inside, the echoing rooms siem to whisper that here contentment and happiness have inell and there still clinks to the old place a quict dignity-it still retains the marks of having been cared for and kept by gentle hands.
Just who it was, and when, does not matter. Someone must have lured the shine soums brighter as it tlickers on the old bare walls, and one almost expects to see a mischievous little face reving from around a corner
There it stands-a tiny, empty old house, only one among several, yet it is different; it is distinctive. Even to daty it bears the traces of thought, lowe and care-the things which count more in the making of the home ideal than the size or grandeur of raims, or the amount of mones exprititit.
Mr. Frank Alvah farsons, of the Arw York Art Schorio, recently said that one of the fundamental things in Hehasts of luy purpose in proper for evimple the living room is the place for comfort and the tire-phe. and the big comfortathe chairs should be the prominent things. In the din-ing-room, the importiont thing is the table; this is the room in which to diru therefure, make the table the most conspicuous object. In the belrom make the bed the important thing This is a place to sleop, sormane. the room to emphasize this. In each ro...m keep the other objects in the room in harmony wor uf lows hame row requires careful study but if accom plished, adds ermatly to the apmarance of the house.
Last month we spuke of the walls and their decoration and the wowdwork; now we come to sumbthing in place on the floor, and let us take good care that what we select dose fie on the floor. Huw often when one enters an otherwise beautiful room, the rus is not content to be something to be walked on unobserved, merely adding its share to the general beauty of the room as a whole-oh no, it is so gor spen. It does not lie on the floor by sepn. It does not lie on the floor by mediate attention. The selection of rugs is perhaps one of the most difficult matters of all in home decoration but there is always a safe rule to follow -"If in doubt, choose the plainest." If the room is small, this is all the more important, and if there is any fintern in it, it should be small. sime of the colors on the walls should be repeated in the rug or rugs on the floor, as well as elsewhere in the room. rugs parallel with the walls if you have been in the habit of placing your rugs here and there and allowing them to lie in any position, straighten them so that they are parallel with the lines of the base, and you will at once mutice how much quieter your rom feels, and how much more sensible, for are no rugs placed on the floor to be walked on?
(1)ld rugs are not of necessity beautifil, neither are new. Thowfore select without prejudice for either, choosing that which seems to hest go with the walls and window hangings in the romm. If the desirn in these is square and there are straight lines, do not Keep the mattorns similar if rossible. but not alike. Ton much sameness is fault, but one soldom encountered in the ordinary hume, and it can so casily he curwern that there is little danger of its existing.

The treatment of wintow hangings is a sulijewt always upen for discussion. There can scarcely be considered a right way and a wrong way, each room requiring its own treatment. The primary use of windows is to let in hight. Gerefor if we concr up the window with so many curtains that the light is kept out, we are defeating our main object. urtains are to sorten the light, and to take away the bare ness of the window-this can usually ite accomplished with font curtain. and a vallance, if desired. The latter, however, is hut as popular as it has been; the ertuter number of windows nuw have the opening left plain between the curtains. If the paper on the walls and rug are plain, it is intte? to have the side hangings at the window with a pattern, but if the paper is figured, have plain hangings.
Whether the side hangings are tied in or not depends upon the shape of the room and the furniture. Csually they are better hanging straight, but if the furniture is curved, the curtains may be held back slifhtly, forming a graceful curve.
shades have come int.. such univer sal use in Canada that they are almost a netessity. but we have imun a liti.. too careless in ther selwion in the past. H.r. again consider the rown here purchasing the shathes, ami get of color which will ber: sult the rens whit hangings and furnishings, timess usually is henired. A dury ithery cell fur the wan a pure whi where there is a great deal of or lisht colors. A pure white curtain is sillum suitable , a...pt in bedrooms. kitch $\cdot 1$ s and bathrooms.
Two adjoining rums may be decurtated atike, but the finished effect is usually disumminting. The sma:ler romm should be kept lixi..r than the
 colurs which abpear in then larger roum in :h.. Acremtion of the smaller, but ine is apt on a lad abpearance :t woth int eximtly alk
In the decoration of interibry use coln curdully: vilent contrasta aro from Mr. Parsons, who is irrhaps the best known authority on thls subje. Every on in lts fill strenth sesses, and nothing louder ca: :, achieved."
When an artist points a piture li. uses very lithe pur. c.ior :the is. The yellow has a litule red and a little hlue in it, which suftens and erays it (.) the desired color; the blue, a little red and a little. yellow, and it also becomes grayed. Ked has a litte blue and a little yellow in it. Thes colors are then all softened and may be used together in harmu:? with a splash of pure color boldly introduced.
The same idea is carried out in furnishing a rowm. lat a vase, a flower. a lamp shade. a cushion or some one brilliant artucle fruntue the color for each room. put it in the right place. and do not spoll it and the whon room brilliant, says B. Russidl Herts Be content in let this one incuutirul thing dominate. This authority gests the selection of this onn article which will give the color to the room and using it as a basis, select the furnishings for the rooms around it. Beautiful bonks are very lovely as decoration. apart from the fact that they should be one of the assentials in Wory home for what they comtain
rather than their heauty. Nevertherather than their heauty. Nevertheless. a brilliant book or two on a tathe may be the very thing to tone up a dull room.
The silk anntic shade may be made at home easily, and rery often it is much prettier than those of glass purexact shade of silk desired man ac: the than the glass and with the wire than the glass, and with the wire chased, it is not a difficult matter to fashion a very beautiful shade.
Nest month we shall talk about the furniture itself, the different periods and how they may be combined.



## The Story of Julia Page

home-ha! Finally I scared her into admitting that it was a place just for girls of her sort-"
"Fancy!" said Mrs. Thayer, fanning. Julia had grown a little pale.
"What did you do, Miss Saunders?" said she.
"Do-I sent her packing, of course!" said that lady, smiling as she bowed to an acquaintance across the large room.
"I wonder where she did go?" pursued Julia.
"I really have no idea!" Miss Saunders said.
"You may be sure she knew just where to go, a creature like that!" old Mrs. Thayer said wisely. "How de do, smilling man who went by.
"Oh, she wouldn't go utterly bad," Julia protested. "You can't tell, she may have been decent for years. I "Still, my dear," old Mrs. Thayer said comfortably, "a person doesn't like the idea-you can't overlook that-" "Of course it's too bad," Miss Saunders added briskly, "and it's a great pity, and things ought to be different from what they are, and all that-but at the same time you couldn't have a
girl like that in the house, now could girl 1ik
"O
"Oh, yes, I could!" said Julia, scarglad I would "I was just thinking how She stopped because Jim, very hand some in evening dress, and with his pretty partner beside him, had come up to them.
"Tired, dear?" Jim said, smiling ap proval of the little figure in white lace and the earnest eyes under loosened bright hair.
"Just about time you came up, Jim!" Ella Saunders said cheerfully. "Here's your wife championing the cause of what they'd done, she'd take them right into her home!
"And very sweet and nice of her," Mrs. Thayer observed, with a consolatory pat on Julia's arm, "only it isn't quite practical, me dear-is it, Jim? "Julia'd like to take in every cat and said Jim, with his bright smile. But Julia knew he was not pleased.
Do you want to come speak to Mother and e", he added, ffering his arm. Julia stood up and said her good nights, and crossed the room, a slender and most captivating little figure, at his side. It was not until she was bundled into furs and in the motorcar that she could say, with an appealing hand on his arm:
"Don't blame me. Jimmy. I didn't start that topic. Miss Saunders happened to tell of a poor girl who-" "I don't care to discuss it," Jim said, removing her hand by the faintest esture of withdrawing.
Julia sighed and was silent. The limousine ran smoothly past one lighted Ness Avenue. After a while she said, a little indignation burning through her quiet tone:
"I've said I was not responsible for the conversation, Jim. And it seems to me merely childish in you to let a casual remark affect you in this way!" "All right then, I'm childish!" Jim said grimly, folding his arms as he leaned back in his seat.
Julia sighed again. Presently Jim burst out:
I'm affected by a casual remark, yes - I admit it. But doesn't it mean anywhen I think of my wife I want to feel that she is more perfect in every way -in every way-than all the other women in the world?" He stopped, breathing hard, and resumed a little less violently, "All I ask is, Julia, that you let such subjects alone. You're not called upon to defend such girls! Surely that's not too much to ask!"
Julia did not answer; she sat silent and slick. And as Jim did not speak again, they reached the house in silence, and separated with a brief "Good night." Ellie was waiting for Julia, Miss Constance wore and how "Miss Teddy" looked.
"I am absolutely done, Ellie," said the mistress, when the filmy lace gown fortably settled on her pillows, "so don't come in until I ring." come in until I ring.
Ellie said approvingly get a long sleep," take care of yourself, now!" "You've got to

Julia's little daughter was born on a June day, in the lovely Rose Valley house the Studdifords had taken for the Summer. They had moved into the house in April, because Julia's hopes lighted to get into the sweet green country so early in the year, and to have the best of excuses for leading the quiet life she loved, she bloomed like a rose. She was in splendid health, and in continual good spirits; her exultant confidence indeed lasted until the very day of the
The day was late and the pretty nurse, Miss Wheaton, had been in the house for nearly two weeks before first hersl dawning to say, still laughingly, that the hour had come. A swift, well-ordered period of excitement ensued; the maids were silent, awed, efficient; Miss Wheaton authoritative, crisp, ready with technical terms, and Jim as nervous and upset as if he were absolutely ignorant of all things physiological, utterly dependent upon the skill and knowledge of the nurse, humbly obedient to her will. The telephone rang and rang. Julia, the centre of this whole thrinting arrol silk dressingin her great plum-co cheerfully enough gown, co various rapid changes that were being made in her room.
She picked up the little pink blanket that had been hung upon a whiteenameled clothes-horse by the fire, and pressed it to her cheek. But now and then she stopped walking and put her hand out toward the back of a chair as if she needed support, and then an expression crossed her face that made Jim's soul sicken within him; an expression of fear and childish surprise
A inttle later. Julia opened her eyes, with returning consciousness came with ret
"I couldn't do it, Miss Wheaton." she whispered pitifully, with trembling lips. "Hello, little girlie, you're beginning to feel better, aren't you?" Miss Wheaton said. "Here she is, doctor, as fine as silk.'
Julia's languid eyes found the doctor's kindly face.
"But the baby?" she faltered, with a rush of tears.
"The baby is a very noisy young wo-
man." said Dr. Lippincott cheorfully "I wrapped her in her pink thingumajig. and she's right here in Jim's room getting her first bath from her granny:" "Really?" Julia whispered. "You wouldn't-fool me?
"Listen to her!" Miss Wheaton said. "Now, my dear, don't you be nervous You've got a perfectly lovely little girl. and you've come through splendidly and everything's fine. If you want to go look at that baby. doctor," she add ed, "ask Dr. Studare to send Elle in out then we can let him in here out. Then we can
see this young lady!"
Presently Jim came in to kneel beside Julia's bed, and gather her little limp hands to his lips, and murmur incoherent praise of his brave girl, his darling little mother, his little old sweetheart. dearer than a thousand babies. Julia heard him dreamily, raised languid eyes. and after a little while stroked his hair. She was spent, exhausted. hammered by the agony of a few short hours into this pale ghost of herself and he was strong and well, the red in his veins confient and audacious meet to-night But she could no meet to-night. But she loved his against her hand, began to be glad it was all over, that peace at last had found the big pleasant room where frelight and the last soft brightness of the June day mingled so pleasantly on rosy wall-paper and rosy curtains. "She's a isttle darling." said Jim. "Mother says she's the prettiest tiny haby she ever saw. Poor Aunt Sanna and Mother had a great old cry to gether!"
"Ah!" sald Julia hungrily. For Miss Toland had come stepping carefully in. the precious pink blanket in her arms. "I'm to bring her to say 'Good night' to her mother!" said Miss Toland. "How are you, dear? All forgotten now?"
The tiny pink miracle was gently lald beside her, she shifted just a trifle to make room and spread weak fingers to aise the blanket from the baby's face.
(Continued on following page.)

## The Story of Julia Page

(Continued from preceding page.)

A inttle crumpled rose-leaf of a face, a A hook of soft black hair, and two tiny hhock of that curved warmly against Julia's investigating finger. All the rest was delicate lawn and soft wool. As the baby wrinkled her little coun tenance, her tiny mouth opened, and Julia heard for the first time her daughter's rasping, bitter little cry. A passion of ecstasy flooded her heant, she drooped her soll pall close to the little creased one.
breathed. "Oh, you little darling!" she less, innocent thing! Oh, Jim, she's crying, the angel! Oh, I do thank God for her!" she ended softly.
"I thank God you're so well," said Miss Toland. "Here, you can't keep her!"
"Anna, go with Aunt Sanna," Julia sold weakly.
"Anna, eh?" Miss Thland said, wrapping up the pink blanket.
swered. "Julia had that sweeks ago!"

## "Well, no

land said now-you chdldren!" Miss Toland said, looking from one to the approving laugh. "What do you want to name her that for?"
"I know what tor," Julia remiled, as she watched the pink blanket out of sight.

A Mitle later Mrs. Toland crept in just for a kiss, and whispered, "And now you must forget all the pain, dear, and just be happy!"
Then Julia was left to her own
thoughts. thoughts.
claim a while outside interests began o claim Julia again, dressmakers and letter-writing filed the mornings, luncheons kept her late into the afternoons, there were calls and card-playing and teas. Julla would have only a few minutes in the nursery before it was time to dress for dinner; sometimes Jim came in to feast his eyes on beeutiful mother's arms; Anna, in her was tate and Julia trailing often the ing gown behind her, would fly for studs, and pull the boot-trees from Jim's shining pumps.
In September they went to Burlingame for the polo tournament, and here, on an unseasonably hot day, Jim had an ugly little touch of the sun and for two or three days was very ill. They were terrible days to Julia. Richie came to her at once, and they took possession of the house of a friend, and ent to can Rapaed to be carried vants: tut two splendid jurses serher out of the sick room, and the baby was in San Rafael, so that Julia wandered about utterly at a los: to occupy heart or hands.
On the third day the fever dropped, and Julia crept in to kugh and cry over her big boy. Jim got well very quickly and just a week from the day of the accident she and Jim went home to the enchanting Anna, and began to plan for a speedy removal to the Pacific Avenue house, so that the little episode time they the season opened.
But looking back, months later. Julia knew that she could date o definite change in thelr lives from that time. Whether the slight sunstroke had really given Jim's mind a little twigt. or whether the shock left him unable to throw on oppressing thoughts with his old buoyancy, his wife did not know. But she knew that a certain sullen, unreaponsive mood possassed km . He brooved th look apon her with a heary aye, he ish to the bols uttie Anne.
Julia knew by this time that marriage was not all happiness, all irreaponatble joy. She had often wondered why the women she knew did not eettle themselves seriously to a study of its phases, when the cloudless days inevitably gave phece to something incomprebenable and disturbing. Fiven lovers Hike Kennedy and her husband had their times of being wholly out of sympathy with each other, she knew. and she and Jim were not angels, they mearing until the dark hour went by
Howe had tt all come shout she wom
dered. Her thoughts went back to the honeymoon and ohe had an aching memory of Central Park in its fresh green, of Jim laughing at her when she tried to be very matronly in her
kimono, over their breakfast tray. On, the exquisite happy days-the cloudleks, wonderful time :
She left the thought of it for the Winter that followed. That had been happy, too. Not like the New York months, not without its grave misgivings, not without its hours of bitter pain, yet happy on the whole. Then Honolulu, all so bright a memory until that hour on the ship-that first horrible premonition of so much misery Summer had somehow widened the wordless, mysterlous gar betwen them, and the Winter! Julia shuddered as she thought of the Winter. Where was her soul while her body danced and dressed and dined and slept through those hot hours? Where was anyone's soul in that desperate whirl of amusement?
But she had found her soul again, on the June day of Anma's coming. And with Anna had come to her what tlalities and new sensibilitieal phe he always been silent, feseryed, stolcal by nature, accepting what hee brought her uncomprehendingly, only instinctively and steadily fighting toward that ideal that had so long ago inspired her girlhood. Now she was awiake, quivering with exquisite ematlons, trembling with eagerness to adjust her hie and waste its full delycious savor. Now she wanted to laugh and to talk, to sit singing to her baby in the firelight, to run to meet her husband and filing herself into that she lor pure joy ha life and joy mother of the dearest boby in the world and wife of the wisest and best of men, The past was blotted out for Juhis now; her place in soclety was undisputed not only as the wife of the rich young consulting surgeon, but for herselr as well, and she could make as little or as much as she pleased of society's claim. From her sickness she felt as if she had learned that there is suffering and sorrow enough in the sustaining the wrongs. More than thet she had coned to regard her own fine sense of right as a safer guide than any other and by this she was absolved of the shadowy $\sin$ of her girlhood, the years, the hours she had prayed, the long interval, absolved her. Julia felt as if she had been born again.
In this mood Jim did not Joln her. As the weeks went by his aspect grew darker and more dark, and life in the Pacific Avenue house became a thing of long silences and rare and stilted that they were a the brier cime dailly and wife were wretchedly unisband Jim watching his wife gloomily, Julia feeling that his look could chill her happiest mood. She had sometimes suspected that this state of affairs existed ibetween other hurbands and wives and marveled that life went smoothly on; there were dinners and dances, there were laughter and hght speech. Jim might merely answer her halftimid, half-connident "Good morning" with only a jerk of his head; he might to Julia's brief outline of ainner or evening engrgements only a scowing monosylable. Yet the day proceeded, there was Baby to visit, a dressmaker's appointment to keep, luncheon and the afternoon's plans to ibe gotten through. and then there was the evening again and J Jm and herself dressing in adoining rooms in utter silence, silently descending to welcome their guests, or Glently whirling off in the Mmousine. Sometimes she fancied that when she determined to figh a cheeriul tone and etmormhea to fight this unwholesome merely succoeded in maioing Jim's mood uglier than ever. Often she tried a ehy tenderness, but with no success One day when Miss Toland unching with her, Julia made some alussion to the subject, in answer to the older woman's comment that she did not look very well.
"I'm not very well, Aunt Sanna," said Julfa, pushing her plate away and resting both slim eloows on the tabie. "I'm orried.'
"Not about Anna?" Miss Toland asised quickly.
"No-o! Anna, God Blesg her, is simply six-months-old perfection!" Julia said, with a brier smile. "Nobout myself and Jim.
(Continued on following page.)


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waste time soaking your feet so often. Nor run the risk of paring.
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ALSO AT MONTREAL WINNIPEG VANCOUVER


## The Story of Julia Page <br> Continued from preceding page.

lance.
Quarreled, eh?" she said simply
"Oh, no!" Julia felt her eyes waterg. "No-I almost wish we had. Because then I could go to him, and say 'm sorry!'" she stammered.
Nond Misя Toland
or whatever I'd done!" elucidated ulia, with her April smile.
"Yes, but suppose he'd done it, what "Aen?" Miss Toland asked.
Ah, well," Julia hesitated. "Jim
"Jim's in one of his awful moods,
uppose?" his adopted aunt asked, after a pause.
"Oh, in a dreadful one!" Julia confessed.

How long-days?"
Weeks, Aunt Sanna!
Weeks? That's awful!" Miss Toand frowned and rubbed the bridge of
her nose. "What gets into the boy?" she said impatiently. "You don't know what it's about I suppose?
Julia hesitated. "I think it's that he ets thinking of my old life when I was a little nobody, south of Market Street, she hazanded, with as much truth as she could.
"Oh, really!" Miss Toland said, in a tone of cold satire. But her look fell with infinite tenderness and pity upon the arooping int le the snob about Jim he mused unhappily
"Oh, no!" Julia ibreathed earnestly.
"There isn't, eh?" Miss Toland said "I'm not so sure. I'm not at all sure. He isn't working too hard, is he?'
"He isn't working hard at all," Julia said.
"H'm!" Miss Toland said, absently. But his father was just another such moody fellow-queer as Dick's hat band!" she added
"Jim'
"Jim's father? I didn't know you knew him!"
"Knew h
Knew him-indeed I did! We all lived in Honolulu in those days. Charm-
ing, charming fellow, George Studdiford, but queer. He was very mustical you know-he'd look daggens at you if you happened to sneeze in the middle of one of his Beethoven sonatas. Jim' mother was very sweet, beautiful, too but spoiled, Julia, spoiled!
"Too much money!" Julia sald, shaking her head.
Exactly-there you have it!" Miss Toland assented triumphantly. "I've There's a sort of dry rot about it, even a fine fellow like Jim can't escape. But, my dear," and her tone became reassuring, "don't let it worry you. He'll get over it. Just bide your time, Julia I know Jim Studdiford!"
"Well, that's just what I am doing." Julia said with a rueful laugh. "But it's like being in a bad dream. There is sorrow that you have to bear, don't you know, Aunt 'Sanna, like crippled heor: and somebody's death, or being poor; and then there are these other against! I say to mysele that I'l just be patient and sweet and go on filling my time with Anna and calls and dinner parties, until Jim comes to his senses and tells me what an angel I am, but it's awfully hard to do it! Sometimes the house seems like a vault to me, in the mornings, even the sun shine-" Julia's eyes watered, but she went steadily on, "even the sunshine doesn't seem right and 1 feel as if I wore eating ashes and coton! I go thinking 'I wor wher houses, and men are being wretchedly unhappy be hind your plate-glass windows!, be watch other men and their wives gether," pursued Julia, smiling through tears, "and when women say those casual things they are always saying about not loving your husband after the hrst few months and being disillusioned and meaning less and less to each other I feel as if it would break my heart!" "Well," Miss Toland said, somewhat instressed, of course I'd rather walk to a bull fight than
"I know you would," Julla hastened to assure her. "That's why I've been relief! she added, "and it's been a real remer Don't think I'm complaining
Aunt Sanna-
"No, my dear," Miss Toland said. "I'll never think anything that isn't good of diford is so selfish on. "If Jim Studwife unhappy for the -to make his made him frst love her and choose her
well, I think the less of Jim, that's all. Now give me a kiss, and we'll go and pick out sometining for Barbaras boy! Either the confldential chat with Miss Toland had favorably afected Jula's pount of t , weed from that day. Julie noticed in his manner that night a certain awkward hinge of reconclliation, and with it a flood of tenderness and generosity rose in her own heart, and she lonew that deeply as he hod hurt her, she was ready to forgive him and to be friends again.
iso a not unhappy week passed, and Julia, with more zest than she had shown in some months, began to plan a real family reunion for Thanksgiving, no the Doctor and Mrs. Toland, to the Carletons and Aunt Sanna and to Richie, who had established himself in a little cottage on Mount Tamalpais, and who was somewhat philanthropically practising his profession there. She very carefully ordered special favors for the occasion and selected two eligible and homeless young men from her list of acquaintances to fill out the table and to amuse Constance and Jane. On the Saturday before Thanksgiving Jim had to go away for an opain by operation, but would to take the head of his own table on the holiday.
Julia offered, when the Friday night before his departure came, to help him with his packing. They had dined very quietly with friends that night, and found themselves at home again not very long after ten o'clock. But Jim, sinking into a chair beside the library fire, with an assortment of new magazines at his elbow, politely declined.
"Oh, no, thank you! Plenty of time for that in the morning. I don't go until nine.
"Let Chadwick do it. anyway, Jim. Shall I tell Euie to send him up at eight?"
$\qquad$ "Good night!" And Julia trailed her satins and laces slowly up-stairs, unfastening her jewels as she went. A little sense of discouragement was fighting for possession; she fought it consciously, as she fought such waves of despondency a hundred times before. She propped herself comfortably in pillows, turn read.
Ellide fussed about the room for a few minutes and then was gone. The big house was very still. Eleven ock struck from the little mahogany clock still Jim's footstep did not come up the stairs, and there was no welcome sound of occupancy in the room adjoining her own.
Suddenly terror smote Julia; she flung her book aside and sat up erect in bed. Her heart was thundering with fear; the silence of the house
that which follows an explosion.
For a few dreadal seconds she sat feet in the slippers of warm white fox that Ellie had put out, and caught up a frilly negligee. Fastening it with trembling fingers she slipped out into the hall, dimly lighted and very still. Then she ran quickly downstairs.
What sight of horror she expected to find in the library she did not know, but the shock of revulsion when the opened door showed her nothing more terrible than Jim, musing in the firelight, was almost as bad as a fright could have been.
"Oh. Jim!" she panted, coming in. one hand pressed against her breast. "I Jim looked up with his old tender. whimsical smile,-the smile for which she had hungered so long-and held out a reassuring hand.
"Why, no. you poor kid:
"I've been sitting right here"
"I thought-and it was so still-and you didn't come up!" Juhia said, beginning to sob. And in a moment she was in his arms, clinging to him in an blissful of love and relief. For a long curve of Julia's cheek against Jim's face, her heart beating quick above his own, her warm little figure gathered closely to him.
Feeling better now, old lady?"
"Oh, fine!" But Julia's face quivered with tears again at the tone

Well, then, what's this for!
(Continued on page 39.)

> ou can begin tonight to actually bring to
your complexion the greater loveliness and your complexion the greate
charm you have longed for.

Don't say, "It's useless to try to change the skin itself,"-it changes every day in spite of you. Old skin dies and new skin forms. This new skin will be just what you make it.
Begin the following Woodbury treatment tonight and this new skin will become so healthy and active that you will see a marked improvement in a week or ten days.
Dip a cloth in warm water and hold it to the face until the skin is softened and damp. Now take a cake of Woodbury's Facial Soap and go over your face with the cake itself just as a man does with a shaving stick. Then dip your hands in warm water and with the tips of your fingers work up a lather from the soap left on your face. Rub this cleansing, antiseptic lather thoroughly but gently into the pores of your skin, always with an outward motion. Rinse with warm water, then with cold. If possible, rub your face for a few minutes with a piece of ice.
If your skin is thin, or rather sensitive, substitute a dash of ice water for the application of the ice itself.

Take five minutes for this treatment every day at your most convenient time. Use it persistently, and your skin will take on, gradually but surely, the clearness, freshness and charm of "a skin you the clearness, treshness and charm of "a skin you
love to touch." A 25 c cake of Woodbury's Facial Soap is sufficient for a month or six weeks of this "skin you love to touch" treatment. Get a cake today and begin tonight to get its benefits for your skin.

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## Around the Hearth

bY Jennie allen moore

## BhLIEVE ME!

Belleve me if all those endearing young charms,
Which I gaze on so fondly to-day,
Were to change by to-morrow and fleet from my arms,
Like fairy gifts fuding away,
Thou would'st still be adored as this Let thy loveliness fade as it will, And around the dear ruin each wish Would entwine itself verdantly still." -Thomas Moore.
The tender sentiment of that dd song has thrilled many a heart. The young man leaning over the piano to voice to the soprano tones of the fair girl who skilfully plays the notes of this old melody, belleves what he is singing. He foels that a time could never come when his adoration would lessen for this maiden of his choice, that her charm could never depart, let her beauty fade as it may, and that every wish of his heart will be forever entwined around this object of his ardor.
And she believes that she will always love him with the faith and ferEven though his erect manly figure should become bowed with labor and with years, his hair turn thin and grey, his face become wrinkled and worn, her affection will remain unchanged. She belleves that "The heart that has truly loved never forgets, but as truly loves on to the close," and she cherishes this fond dream even as he hugs the fancy to his heart. It mellows their visions of future years spent together, and their lions which leave no room for embt believe me!
What a
What a pity that the beautiful dream often proves to be an illusion, lous, while others live on yearning for what seems buried in the past! We seem so blind and stupid in this matter, but, after all, we are not really dead, but only sleeping. Let a severe illness come, let an accident happen, and the white, drawn face as the doctor is questioned reveals that the love is all there still. Somehow, in a great crisis, we receive in abundance what we would crave in small dispense the blessing of "loving and cherishing until death do us part"
While unth death do us part.
While travelling this summer I became acquainted with a couple who
were taking a thirtieth anniversary wedding-trip. They were going from coast to coast, returning by a circuitous route. They had attracted the attention of several persons who noticed the lover-like attentions and the benign countenances of both husband and wife.
During our intercourse they informed me that there had never been a discord between them. He laughingly sald. "I put all the blame on her because we have never had a tiff," and she retorted happily that the fault was just as much his.
I found it easy to accept their assertion as truth, but it is certainly an exceptional as well as an enviable case, belleve me!

I have seen women go all through dife cowed down and afraid of a great bully of a being in the shape of a man. The bank account was in his name, all the money was in his pocket, the authority was his right, the orders came from him, and no one ever questioned his rule. I might add that he held a monopoly on the tempers, the entire tamily. And they suffered it. He lived for himself, and when he passed out everyone drew a long sigh of relief. He was not mourned for, believe me!
Alieve me!
And have
And I have seen a large, she-bodied man go ell through life cowering untor the lash of a small woman's opinion lest it be scoffed at, whose spirit was subdued by sneers and cutting retort, yet he never protented against her control. I might say also that she held an exclusive right to scold, to dictate, to inconvenience, and upset the arrangements of an entire
out, everyone felt there was a chance for liberty. She was not grieved for belleve me!

It is easy to say, "Were I the wife of such a man I would train him differently, or vice versa. Yes; perhaps with your acquired experience teaching a few lessons out of that book; but, as a rule, people are longsuffering in the first years of married life. They are anxious for the chil dren's sake that peace shall reign in the home, so they quietly submit to many indignities which give tyranny time to grow. If their spirit could pression is first practised, whe opfront the case with equal imperious ness, the trouble might meet its solution in its earliest stages.
Humility is a grand virtue in a woman, but when it leads her into the mistake of tamely submitting to cruel neglect and shameful despotism from an overbearing husband, it ceases to be a virtue, but becomes an abasement. Most men admire a suitable retaliatory spirit in woman, and unless the demands are perfectly unreasonable, will give due consideration to her views, and so stand a chance of being won over.
Women, too, admire a man who will not submit to being hen-pecked, but
who can assert his rights. A man who can assert his rights. A man deserves to suffer, because there is a deserves to suffer, because there is a
way to prevent being mortified by unjust criticism. There is no reason why he should say mean things to defend himself, but when words are necessary, let them have no uncertain ring. An impressive silence is also an effectual treatment.
Tears and complaining, scolding and grumbling, are not successful in winning out in this game of husband and wife. It may appear to work, but the results are too often apparent in the growing indifference and lack of should be mutual. There should be a way of solving the ugly, cross husband. and the snappy, sharp-tempered wife question, and if my life were rendered unendurable by one or the other, I'd find a way to settle it, beheve me!

Motoring through the country re cently, we stopped to call upon an old couple we had known a many years ago." He was eighty-two, and she seventy-eight years of age. Their home was on the outskirts of a town and I judge it was possessed of no up to-date equipments.
"I thought, you had retired from country life," I remarked to the hat, who stood by the automobile hat, who stood by the automobile.
"Well, you know," he sald, "we just to keep us from getting lazy. The wife wouldn't be contented without a few of the usual chores.

I looked at the tired, wrinkled faces, and toll-worn hands, and somehow, as we sped on our way, I felt saddened. I had expected something different, and was disappointed. Then I became indignant in my mind, and argued that if I had worked-or slaved-on a farm until I was well on In my fifties, as some men and women have done, and then decided there was sufficient money to retire from such move into a town to take things easy for my declining years, there are some thing I would, and some I wouldn't do.

I wouldn't buy ten acres just outside the town or city limits, and keep a horse and a cow, and raise poultry for sale, and till that ten acres for all it was worth, and sell fruit, and vegetables, and eggs, and make my own butter, and peg away just as dull-gently-though on a smaller scaleas I had been doing all my life.

I wouldn't have a home that could not boast of more conveniences than the old larm-house I hall Just lert with its low cellings, amall roms, and down to the kitchen, and three into the pump-house, and a whole flight to the bower regions of the halffloored woodshed-itself a dangerous trap. (Ah, those steps! those kneecracking, body-shaking, up-and-down killers, let me blot them from my (Continued on page 50.)


## The Discovery

## of Puffed Grains

Brought Ideal Foods to Millions
Prof. A. P. Anderson, when he found a way to puff wheat, gave children a better wheat food than they ever had before.
Every expert knew that
 whole wheat was desirable
e. It is rich in elements lacking in flour. And rarely a child got enough of them.
But whole wheat, for its purpose, must be wholly digestible. That is the problem Prof. Anderson solved when he discovered this way to explode it.

## He Bubbled the Grains

He sealed up the kernels in guns, and applied a fearful heat. Then he shot the guns, and out came the kernels puffed to eight times normal size.


What happened was this: Inside each food cell a trifle of moisture was changed to steam. When the guns were shot, a hundred million explosions oc curred inside each kernel.
Every food cell was blasted, so digestion could act. Thus every element was made available, and every atom fed.

And the grains were made into food confections, flaky, toasted, airy, crisp. So these hygienic foods became the most delightful foods you know.

## Puffed Wheat <br> Puffed Rice

Each 15 c Except in Far West

Don't let your children lose the benefits of this great food invention. Don't confine Puffed Grains to breakfast. Serve them for supper in bowls of milk. Douse them with melted butter when children get hungry between meals.
Puffed Wheat and Rice are whole-grain foods. They taste like nut meats, bubbled and toasted. But they are in fact the best foods wheat or rice can make.

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# 1847ROGERS BROS: <br> Wilver Plate that Wears" 



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And just knocks their heads together.
And 'twas in March you were born, was it? "Well, then, there's the seventeenth of Old Ireland to be
thankful for on the spot. This, too, in thankful for on the spot. This, too, in
spite of the fact that the name of the spite of the fact that the name of the Romans, who named it after Mars the god of war.
Once upon a time-before 713 B.C. to be accurate, March led the months of the year-started the race as it were. Then Emperor Numa, having a fad for collecting months, squeezed ir: January and February, and had to put them ahead of March or not place ever since. place ever since
xpressed their minds forefathers expressed they properly called it "Lencten Monath," meaning length month, since round about the month of March, the days do seem to have stretched out splendidly.
Aries, the ram, is the zodiacal sign for March. This denotes an increase in the power of the sun's rays. The planet is Mars, and rules from the

## of April. <br> of April

will born between these dates, you willing to become an ornament at be time. As a matter of fact, will be better fitted to lead than to follow. You love power, and will sometimes use questionable means to obtain it. Your most pronounced failing is a desire to direct everybody and every-thing-just plain "bossy," between you and me.
Ambition is strong, so is a temper that is as quick as a fosh. While you are generous and highly intuitive, you able, which might well be brushed off your personality book. One has to rise early and be there ahead of time in order to deceive you, and even then it is ten to one that you would see through any deception put up.
Are whimsical and capricious, and while you are not exactly malicious or revengeful, you find it most difficult to forgive-in fact you seldom do, and a nice pile you will have banked up against you some day if you do not turn about sorme a petic forgiver.
with this sign My word! said to go side with this is accredited thoughtfulness, and a studious nature. Are conscientious, faithful to duty, kind though economical in all things, and you stick to your own opinions like a crab to a small boy's wet toe. Opposition is something you do not take to kindly.
Should be executive and extremely musical. Your thinking apparatus should be of an excellent quality, and things that mean refinement in the ture, and you take to the good and luxurious things of life like butter on one of mother's hot biscuits.
The women of this sign are always full of life and activity, and fond of entertainment and dancing. They are also extravagant.
The men crave what eludes them, and it is impossible for them to experience the more exalted phases of love; they waste no time in worrying seem to attract these men, Politics have a great desire to see, and they
$\qquad$
Some au
Some authorities give the violet to accept the form the nasturtium. If you white variety means candor and wisdom, while the blue stands for faithfulness in love.
The third, fifth, twelfth, twentieth and twenty-third of March are lucky wedding days. It will be wise to avoid the sixteenth or seventeenth, as they are regarded as specially unlucky. One
authority gives this little verse:

Married when March winds shrill and Your hoar,

There is just a line for the weather:
"So many frosts in March, so many
in May

This might be interesting to watch. An old, old proverb says:
March in Janiveer, Janiveer in March I fear."
The bloodstone is given to March for its gem, and is supposed to signify wisdom and courage. In ract, March seems to be a wise old month all
around. The verse runs thus:

Who in this world of ours their eyes, In March first open, shall be wise; n days of peril firm and brave, their And wear a bloodstone to their grave.
Chopin, the great musician, was born on the first day of March, and Elizabeth Barrett Browning on the sixth.

Our own Marchioness of Aberdeen and Temair, lovingly known as Lady Aberdeen, has a birthday on the foureenth. Rosa Bonheur, of artistic Prine, claimed the sixteenth
Princess Louise, Duchess of Argyll, was born on the eighteenth, and the Duke of Westminster on the nineteenth.
Ibsen commenced his remarkable career on the twentieth, and Sir charles Wyndham claimed the twenty hird as his natal day. sllas K . Hock ing owned up to first saw the ligh Olve s 解 ister writer, Amelia Edith Barr, had the twenty-ninth given to her
But we could not leave March withut a word about Saint Patrick, could we? Especially as he, like many of our brave lads of to-day, was at one We a prisoner of war.
When a lad about fifteen, he was carried off with a number of others, during one of the incursions of the cots and Picts, and was sold as a lave on the ppord ears, tending cattle and eventually ears, to Britain. A western editor
A western editor, Mr. P. W. Luce, Turner. put their heads together with the following result:

ST. PATRICK'S DAY.
There are Irishmen in England
And Irishmen in Spain
With half a dozen in Japan And five or six in Maine. Some more in Montreal. And half a score in Sin And fourteen in Bengal. $\mathrm{In}^{6}$ France, in Madagascar. In Chili, in Peru, In every standing army, In every steamship crew There's a faithful son of Erin. Maybe dirty, maybe clean, But all the same an Irishman. a And where you find an Irishman. There's sure to be a fray On the seventeenth of Ireland. st .

Patrick's Day.
There are Irishmen in Scotland
And Irishmen in Cork
And one or two in Saskatoon
And millions in New York;
Edmonton, in Calgriry, in Mission anding plants. in
n packing plants, in drygoods stores asylums or in jails.
On sea, on land, in mines, in air, in You'll always find in Nome,
oull always find an Yrishman, who's more or less at home.
here were Irishmen with Irishman was Cook,
And one is high adviser to the Rajah of Gazook,
And wherever there's an Irishman there be the deuce to pay on the seventeenth of Ireland, St Patrick's Day

There are Irishmen in heaven
Who grieve and mourn to-day,
For they find no four-leaved clover Where happy angels play. You'll find him here and there and The Irishman from County Clare Hou'll know him by the verdant tie he'll wear,
The Paddy bhoy who knows no fear He's the lad the lassies love, with his blarney and his fun, He's a happy-lucky devil with a happy-lucky way
There there's a bit of green, an Irishman is to be seen Patrick's Day.

## The March Puzzle

By TOM WOOD

Can You Guess This Puzzle

The upper half of each square represents some "School" or "Corps" related to the Militia Department of Canada.

The lower part of each square illustrates the name of some mineral product to be found in Canada. Number 1 is "Artillery" and "Gold." Now solve the rest and send us your answer.


Two prizes will be given, first one dollar and fifty cents, and second one dollar, for the best solutions, judged according to neatness and accuracy.

## All are eligible to compete.

Answers must be received before March 31 st to be included.
correct solution of January puzile.

> 1. Tents, Mildred.
> 2. Bungalow, Mabel.
> 3. Apartments, Beatrice.
> 4. Barracks, Fanny.
> 5. Igloos, Ernest.
> 6. Tepees, Jacob.
> 7. Tenements, Duncan.
> 8. Cabin, Samuel.

The prize winners are: First, Mrs. A. Ogilvy, South Tilley, N.B., and second, Mrs. John Astbury, 2331 Manse street, Montreal, Que.

Address the Puzzle Department, "Canadian Home Journal," 71 Richmond strect west, Toronto, Ontario.

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## The Tale of Tommy Fox

By houston G．CURRIER

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TOMMY GROWS TOO CARELESS． By the time summer was nearly over， Tommy Fox was much bigger than he had been in the spring．So many things had happened，and he had learned so much，that he began to be quite bold． And he had grown so saucy that his mother often had to scold him．of going had fallen into the the forest people names；and in that way he had gained for himself the ill－will of all the crea－ tures who lived near the with his hunt－ Mour beceuse whenever he started out ing，because whenever he started they
to get something to eat，as soon as saw him the forest people told one another that he was coming．Old Mr． Crow especially was the worst of all． He was forever calling＂Stop，thief！＂ after Tommy Fox；and then he would haw－haw in a manner that was fright－ fully annoying．In fact，he made mat－ ters so unpleasant that after a time Tommy began to roam far down the valley，along swit The fish at least tried to catch him． coulde satisfaction in that fact，even if se hadn＇t much luck as a fisherman． And just for excitement Tommy be－ gan to worry Farmer Green＇s Spot．He delighted in barking at Spot．And Spot would always stop what he was doing and rush pell－mell after Tommy Fox．
Then Tommy would skip away with a laugh．First he always ran for the river，and jumped from one stone to another，and waded where the dash off was shal the meadows leaving so crook－ ed a trail behind him that when Spot at last found the place where Tommy had left the river he never could follow him very far．
But one day Tommy stumbled upon Spot quite by accldent．There was no wind at all that day，to bring any scent to Tommy＇s skarp nose．And he sud－ denly found that spot was right in front of him，between him and the
Tommy Fox turned and ran．He laughed，too；because he felt quite sure that he could outwit old Spot．And he leaped and twisted and turned about． sure Spot couldn＇t follow him．
Yes－Tommy felt so safe that he stopped running and was trotting slowly along through the field in which he lived．He was almost home，when he heard a noise behind him．He look－ ed around and to his great surprise there was Spot almost upon him．
There was no tme to lose．There was only one this mother＇s house was only a short distance off and Tommy made for it．Luckily，he managed to reach it．Once inside，he could hear the dog Spot barking in the opening．But he knew that Spot was too big to follow him．
Although Tommy was very glad to
be safe at home，he was worried．For be safe at home，he was worried．For
now Spot knew where he and his now Spot knew where he and his
mother lived；and they would have to mother lived；and they would have to
move．Tommy was afraid his mother move．Tommy was afrath him for be－ ing so stupid as to let Spot follow him． But he couldn＇t help it now．
Meanwhile，old Spot continued to Meanwhile，old spot continued to Tommy＇s home．But at last he stopped． And all was still．Tommy wondered where his mother was．She was not at home．And he wanted to see her，even if he was afraid that she would punish him．For Tommy did not know exactly what to do．He did not dare go out for fear Spot might be lying in wait or him．So Tommy stayed there．And till his mother did not come home．H

OLD MR．CROW IS PLEASED．
There was a very good reason why Mrs．Fox did not come home that day when the dog Spot chased Tommy Fox into his house．She had heard old Spot ried toward home as fast as she could to see what was the matter．
To her great dismay，when she leap－ ed up on the stone－wall not far from her house Mrs．Fox could see Spot scratching at her door．And she guessed at once that he had driven Tommy

## inside．

The poor old lady hardly knew what to do．But she hid in the grass，hoping that Spot would grow tired of his task
and go home．But old dog Spat kept up a great barking．He howled so loud－ farm－house；and Mrs．Fox nearly wept when she saw Farmer Green and his boy Johnnie come hurrying across the fields．
Pretty soon Johnnie Green returned to the farm－house；and when he came back Mrs．Fox could see that he car－ ried a steel trap．For a short time Johnnie and his father busied them－ selves at her doorway．And then they went away，calling old dog Spot after them．
After they had gone，Mrs．Fox stole sadly across the field to the home she could live there no longer in peace and quiet．Yes－she would have to move． And now the first thing to be done was to get Tommy safely out of the house． Mrs．Fox reached her door－yard．And there she paused．There was no trap to be seen，anywhere．But the path leading to her door was sprinkled thick with fresh earth；and wise old Mrs． Fox knew that hidden underneath It， somewhere，lay that cruel trap，with her if she stepped，weth them er if she stepped between them．
She crept as close to her door as she dared，and called softly to Tommy．I lighted to hear his mother＇s volce．He poked his nose out of the hole at once． And he would have jumped out and fallen right into the trap if his mother had not warned him．
＂Don＇t come out！＂she cried sharply． ＂There＇s a trap here，beneath this dirt． Now，do just as I tell you，or you＇ll be caught！＂
Tommy Fox was frightened．For once，at least，he belleved that his
mother knew more than he did．And mother knew more than he did．dare move，except when she ordered．He didn＇t dare put a foot down except where she told him to． Tommy had taken several careful steps，and his mother had begun to think that he was almost safely past the trap，when a very unfortunate thing happened．Tommy was Just about to set one of his iront feet down upon a spot that his mother had pointed out to him，when somebody suddenly called，＂Stop，thief！＂
Tommy Fox was so startled that he gave a quick jump．Snapl went the trap．And though Tommy sprang up Into the alr，he was just too late．The his toes．It was only one foot that was his toes．It was only one foot that was
caught；but that was enough．He could not get away－no matter how hard he pulled．
It was old Mr．Crow who had called ＂Stop，thief！＂He was laughing now His＂Haw－haw！haw－haw！＂could be heard plainly enough，as he flapped away in great glee，to tell all the forest－ people that Tommy Fox would trouble them no more．
JOHNNIE GREEN AND HIS NEW PET．
Tommy Fox was in a terrible fix．He was caught fast by the foot in a trap； and if that isn＇t being in a fix，I should like to know what is．
All night long he whimpered and cried．All night long he tugged and pulled，trying to get free．But the more he tugged the more the trap hur his foot．And the harder he cried．
Mrs．Fox couldn＇t help Tommy at all． She stayed with him throughout the night，and tried to comfort him．And she only left when morning came and she smelled men coming across the look at Tommy，she crept sorrowitul In a few minutes crept sadly away． Green and his boy Johnnie reached Mrs．Fox＇s door．And they were both greatly pleased when they saw that the trap had done its work so well．
＂It＇s a young cub，＂Farmer Green said，as soon as he spied Tommy Fox． asked quickly．＂I＇d like him for a pet．＂ Tommy Fox was terribly frightened when he heard that．You see，he didn＇t know what a＂pet＂was．He thought that probably it was some－ thing like a stew，for he had been told that people ate things like that；and he could see himself，in his mind＇s eye， being cut up and tossed into a pot． ＂A pet，eh？＂said Frarmer Green．
＂Well，I suppose so．He＇s hardly worth
（Continued on following page．）

## Keeping Help in the Home

## By MARY EADY MOORE

How the Problem Was Solved by One Woman

If you are like the woman who always kept two servants-one coming and the other going-it is possible that my expering of help has never you, for hard matter in our home in spite of the urgent calls for girls in factories and during the last few months, the tempting wages paid in munition works.
In the first place, I am very careful n my selection, for much of the peace of the home is in their keeping. I have found it better to walt longer to secure the right kind of girl, than to take the first one offering her services and trust o "luck" that she will turn out well.
In my opinion, the solution of the whole problem after the right girl is ound lies in the mental attitude of the mistress. If the new maid is considered as a subordinate, paid to do certain work which the mistress considers be neath her, before long the maid will come to regard her work in the same way, and if she has any ambition, she where there is the more congenial re ationship of employer and employe and where the future promises brighter prospects than drudgery without just consideration.
Men seldom take this attitude toward their help; experience has taught them how unwise and ineffectual it is. This whas very forcibly brought to my notice While there I learned that they were short of help and a certain new plece of machinery had to be installed. Word reached the General Manager, and very soon he appeared in the works, donned overalls, rolled up his sleeves, and went to work in all the grease and dirt. This luxurious office knew the work of his employees thoroughly and he never asked them to do what he himself would not do if occasion demanded Now he is a big man in the business world, and he realizes that all work, if well done, is dignified and honorable How many women in the home have learned this?
I have always made it a rule to allow my assistant (isn't this a much nicer word than servant?) to have fixed hours for work, and the remainder of the time is her own to use as she pleases without asking permission to come or go. By this I do not mean I alpays try to meet her more intimate I always try to meet her more intimate amusements. I want her to know that I am interested and care a great deal for her welfare and desire her social life to be as helpful as possible.
I always make it a rule to take a new if she is a stranger in the city. I intro duce her to the minister and make arrangements for her to attend the church regularly and meet some of the: young people in their mid-week meetings. The girl in the kitchen leads a very lonely life unless she has interests of the righ kind outside of the home. in one in city, and then I accasionally visited her home got acquainted with her people and interested myself in them. When she saw that I was sincere in my desire to help. It made a great difference in her loyalty to me and to her work. In addition to this, I always plan to take my mald shopping with me about once a month, and try to teach her how to choose the different kinds of cottons Hnens, silks, etc., and the best vegetables, meats and fruits on the market She appreciates this interest
nuch, and it is time well spent.
Ever since the night schools started to take advantage of them and all other means of education open to girls. Good courses in Domestic Science make her a much more efficient worker, and the whole famlly derives benefit from her study and practice. I always plan the housework carefully and thoroughly. We work by schedule, not in a hit-andmiss rashion, one way to-day and another to-morrow. In my husband's office the most important thing is system-why not in the home? By to do sy work in the shortest time but to do my work in the shortest ine, from her as to tmprovements are always welcomed, tried, and if found good, adopted. This is the kind of "teari"work" which cakes a gtri feel that phe is or pome
account. Get her to use her brains, but do not forget that just as she becomes more valuable to you, she should receive the important stimulus of advanced wages. She should be made to well that it is to her own advantage, as rapidly.
The
salary and a business man gives a possible results from his workpeople. How many women have ever tried this in the home? By this I mean, to tell your assistant that when she is able to do certain work well, she will receive additional money, just as any employer in business would do. This is an important point, and one which the average girl appreciates and returns many times over in faithrul service.
I always insist upon the housework servance of hours. They are from 6.30 a.m. to 2 p.m. and from 4 to 7.30 p.m., a.m. to 2 p.m. and from 4 to 7.30 p.m., for any reason I ask my maid to work overtime, she receives payment either in money or in some other way. The sooner all women start running their homes on some such sound businesslike basis, the soo er the day of no "servant problems" will dawn, and we shall have better help and more of it. of have not touched upon the matter This is comfortable, well-heated and airy, and nicely furnished simply putting into practice the good old Golden Rule, which I have found will stand pretty nearly any test and still come out "golden."
I try to suggest suitable books for off-time reading, and find that now and then a good book, simply written, on Household Sclence will give much food for thought, and suggest many new deas which all help in making the These are my little
nd becaure my little secrets of success, and because I am sure of what I write, the problern a difficult one. My present maid has been with us for over four years, and only leaves to go into a home of her own. It is a source of pleasure and pride that I have been able to train and fit her to take the important step which is before her.

## n

## The Tale of Tommy Fox

(Continued from preceding page.)
skinning. You may have him, I guess. But look out that he doesn't bite you." Johnnie Green was dellghted. He delped his father put Tommy into an old sack, and taking the trap too, they started toward the farm-house. When they reached Farmer Green's home, Johnnie and his father fitted a stout collar about Tommy's neck. And they rastened one end of a chain to it, and the other end they tied to a long stake, Farmer Green's Johnnie Green set a big wooden box close beside the stake. He tipped the box over on its side, and threw some straw into it. And that was Tommy Fox's new home.
You might think that it was a much nicer home than he had before. But Tommy did not like it at all. All the people on the farm came and looked at him, inside the box; and Johnnie Green never left him for more than ten minutes all the rest of that day. Tommy made up his mind that he that very night he dug a hole in Farmer Green's dooryard, where he could crawl out of sight of everyone. Tommy liked that much better. No matter how hard Johnnie Green pulled on the chain, he couldn't drag Tommy out unless he wanted to come.
But after a few days Tommy began to get used to being a pet. He found that it was not such a terrible thing, after all. He did miss the fine runs he used to have; and the hunts; and he her otten at pight calling to him trom the fields And then Tommy rould answer and tug at his chain But he couldn't get away. And after a while he would go to sleep and dream pleasant areams, about catching crickets in the lon's grass.


## GOSSARD MATERNITY CORSETS MEAN BETTER BABIES

THE MOTHER OF CENTURIES AGO did not wear corsets it is true. but her
nard. strenuous work from girlhood developed her back and aboominai muscies


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## MILLIONS

 havelivedon MACARONIHave you always thought of Macaroni as a side dish, entree or relish, to be classed with olivesor celery? Macaroni in the days of Cæsar, was a standby of the Roman legions, just as today it is given its rightful place as a body building food of the first quality by thousands of Canadian housekeepers.

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## The Quaker Oats Company

## Rhubarb at its Best

## By MARION HARRIS NEIL

Author of "Salads, Sandwiches and Chafing Dish Recipes"
Of all Garden Gifts, None is More Welcome to the Housewife or Cook Than is the Good Old Friend, Rhubarb, Oldest of All Our Various Culinary Aids.

When the round, brown rhubarb lently to all substances that contain knobs first peep up in the corner of the garden, visions come of the manifold methods in which the juicy stalks will presently be cooked. The pies, puddings, shapes, fools, and other delicacles, that hegin to image themselves in mind, will make delicious dishes in mind, will make delicious dishes useful stalks into more concrete prominence.
Valuable
salts of
many kinds
reside in the rhubarb roots, and many of the spiendid
$m$ meral matters find lodgment in the cellular tisthick stalks
also, hence
 also, hence
lently to all substances that contain flavor bodies. It takes any volatile oil
beautifully, making the flavor its own. beautifully, making the flavor its own.
This is one of many reasons why This is one of many reasons why friend. Harshness, the result of no natural oil, is overcome by cream, butter, milk; tartness by additional sugar; lack of flavor by combining with lemon, almond, ginger, vanilla, or any extract.
know a little of the physic-power of root and leaf alike. Never can it be too much emphasized that housewife the properties of the well versed in have to deal with, and the probable have to deal with, and the
effect upon the human system.
Why is the leaf-stalk so bitter? This is one of the medicinal attributes of the root that has ascended through the stalk to the leaf. It is because the substance of the stalk contains a small amount of tannin partly. This tannin is the reason of the tonic action of the root, and it comes again in the stalk, making rhubarb one of the best spring foods.

The small amount of tannin is, however, not all the reason of the bitteroxalic acid in the juice. This is the the obtained from the sour sorrel, a near relative of rhubarb, which gives us a crystal oxalic acid, the deadly poison, in some abundance. It is one of the causes of the excessive sourness of rhubarb. The oxalic acid is not present in such amount as in oxalis, the sorrel, but it makes its presence known by the unusual tartness it bestows on the stalk. In mixture with this very sour acil is another most healthful Malus, otherwise the useful Pyple Malic and oxalic mixed as acids apple. a formidable combination which is the source of sourness in rhubarb.

Though oxalic acid when
pure in crystals is a deadly poison, it is in the minute amount found in rhubarb not a poison but a medicine, a blood vitaliser. This is why rhubarb is also a blood tonic, with power to chase roughness and pimples from skins of fair dames.
There is potash, the most useful regetable form of alkafi, present in powerful acids forms a very fine variety of bdood salts. By blood salts is meant such unions of acids and alkalies as will make fruit salts easily received into the blood current, readily absorbable, workers of good in the vital fluid. These salts cool the system, eliminate ill-working acids, and, in short, as old wives say, they "purify the blood" after vegetable dearth in winter seasons.
The winter dearth is not so pronounced as it used to be, by-the-way. abundantly all through the winter, with apples, bananas, and lemons, hence the system is not wholly dependent upon the garden as in our grandmothers' days.
The juice is ninety per cent. water, but the water is a very rich liquid on working sugar and the three per cent. of splendid and powerful salts it holds, that give it so tart a taste when an attempt is made to eat it raw. It sets the teeth on edge, but at once strongly stimulates the action of the mouth Cook
Cooked, it is delicious, but never when it stands alone. The culinary skill of because rhubarb, having it marvellously. whatever, accommodates itself excel-

Stewed
Rhubarb. -Into a large stone jar put the rhubarb cut into halfinch pleces.
To every pound add a good half poound of pound of
lump sugar and $h$ aif a cupful of water. Cover on the top of stove. When the stalks are soft the rhubarb is ready. Put into glass jar
and seal down. Rhubarb Pie.-Wipe the stalks, cut into pleces half an inch long; lay in a pie plate; sprinkle over with plenty of sugar and a little lemon juice and a very little water. Cover with shor mimutes Serve hot sprinkled over minutes. Serve hot, sprinkled over with fine sugar
Rhubarb Meringles.-Cut six large oranges in halves and remove the the juice into a basin. Put into saucepan one gill of water, wit into a gill of sugar, allow them to boil. Wash slice thinly one pound of rhubarb and add to the syrup. Cook all gently for half an hour and strain the juice into a basin. Place the rhubard in the orange skins and pour the juice of the oranges and rhubarb into a clean saucepan. Mix in a basin two tablespoonfuls of cornstarch with a little cold water, stir into boiling juice and cook for five minutes, stirring all the orange skins in equal rhubarb in the up stiffly three whites quantities. Beat tablespoonfuls of surar angs, add thre for five minutes. Put the mixture into a forcing bag and tube and force it out in equal quantities over the rhubarb Place in a quick oven for ten minutes Serve very cold in a glass dish.
Rhtbarb Fool.-Cook half a pound of hubarb with six tablespoonfuls of sugar, two slices of lemon and nearly one cupful of water, till tender. Into a pitcher put one pint of milk, thre well beaten eggs, three tablespoonfuls of sugar and a pinch of salt. Stand the pitcher in a saucepan of boiling water to boil then allow it cooked rhubarb very gradually add the and giving an, stirring all the time Then put it into a glass stir till cold on a glass dish and fill in the stand it tween with slices of sponge spac
Rhubarb Mold. Wash ind small pieces enough young and cut into fill a quart measure. Put it into to enameled saucepan with one and onefourth pounds of sugar, the grated rind and strained juice of one lemon and twelve blanched chopped almonds. Boil quickly uftil the mixture looks like rich marmalade, then add one and onehalf tablespoonfuls of gelatine dissolved in one-fourth cupful of boiling water. Decorate wet mold with blanched in a cool pour in the mixture, and set and serve with until firm. Turn out Rhubarb Jam. Cream or milk.
nice red stalked Choose six pounds of nice red stalked rhubarb. Wipe it and, peel. Cut it into small pieces ond the it into a large jar or bowl in layers with six pounds of sugar, and the grated rinds and strained juice of three lemons. Allow to stand for twenty-four hours, then pour as much of the melted sugar as possible into a preserving pan and boil for ten minutes. Put in the rhubarb and boil from thirty to forty minutes, or until the jam will set. It must be stirred frequently and skimmed

## Of Interest to the Cook

By MARION HARRIS NEIL

Reliable Recipes Which Can be Easily Followed


#### Abstract

Butter Beans with Apple Sauce, Wash one-half pound of butter beans and soak them over night in cold water. Next day pour away the wate and put the beans into a saucepan with plenty of boiling waier, a bunch of herbs, and a small onion. Allow them to cook for three hours, or until quite tender. Then drain, reserving the liquid. Melt three tablespoonfuls of butter or drippings in a saucepan, stir in four tablespoonfuis of flour, pour in the liquid and stir until boiling. Add the beans, season to taste, and simmer for five minutes. Serve the beans on pieces of hot buttered toast with apple ace. Bean Savory.-Have ready one cupful of cooked beans. Melt two tablespoonfuls of butter or drippings in a cream, the beans, two taplespoonfuls of grated cheese, two teaspoonfuls of grated cheese, two teaspoonfuls of taste. Toss over the fire until hot, then add the yolk of an egg beaten with two tablespoonfuls of water, make cery hot and serve at once in a little china dish. Garnish with small pieces of fried bread. Baked Beans.-Wash and soak four cupfuls of beans over night in cold water, drain, cover with cold water and let simmer until teader. Drain, put onehalf of the beans into a bean pot; add one tablespoonful of salt, one-half spoonfuls of sugar, and two table spoonfuls of molasses Place one-half pound of salt pork which has been scored, on top of the beans, cover with the remaining beans and cover the whole with boiling water. Cover the bean pot and bake in a slow oven for pight hours. Uncover the last hour of cooking To score pork cut the pork rind into small squares. bean Mold with Tomato Sauce.Rub one-half pound of cooked beans through a sieve and put them into a bowi. Season to taste with salt. pepper and grated nutmeg. Add two tablespoonfuls of butter or drippings melted, and an egg well beaten. Butter a plain mold, coat it inside with breadin a moderate oven for twenty minutes. Turn out and serve with hot tomato sauce poured round.


Codfish a la Mode.-Pick up very fine and freshen one teacupful of salt codfish: mix with two cupfuls of mashed pitatnes. two cupfuls of cream or milk. bitter, and a little salt and pepper. Bake in a fireproof dish from twenty to twenty-five minutes
Bolled Salt Salmon.-Soak the salmon In tepld water about twenty-four hours, drain and place in kettle with boiling water and cook slowly for half an hour. then drain. place on a hot platter and pur nver a drawn butter gravy. Garnish with sliced hard-cooked egg
Stewed Codfish.-One-half pound of sait codfish, one tablespoonful of butter, f.ur cupfuls of milk, two potatoes. two rackers, one-half teaspoonful of salt and one saltspoonful of pepper. Soak When ready to make the stew. cut the fish into small pieces and put it into the stewing-pan with the potatoes, which have been cut into blocks. Cover with bolling water, and boil for ten minutes: then drain, and add the milk. When the mitk has become scalding hot. add the crackers. which should be crushed fine. season with the salt, pepper and butter. Finnan Hadde en Casserole.-One medium-sized finnan haddie, two heaping tablespoonfuls of butter, salt and pepper. Select a well-cured mediumsized fish. If not well cured it will probably be tasteless and flabby. Wash it well, trim off the fins, the tail, and the wo bones at the head. Lay it in a butsalt and pepper, pour in enough boiling water to cover it, and allow it to simmer for ten minutes. Drain it from the water, return it to the casserole with the butter, and cook it for ten minutes in the oven. See that it is thoroughly cooked, but not hardened.
Steamed Pldding.-Into a large bowl put one and one-half pounds of breadcrumbs, add three cupfuls of flour, two Sultana raisins. one pound of currants, one cupful of brown sugar, two cupfuls
of finely chopped suet, one cupful of shredded candied citron peel, four well beaten eggs, two chopped apples, onehalf teaspoonful of salt, two teaspoonfuls of baking powder, two teaspooneach of powdered cinnamon, ginger, nutmeg, and allspice, and as much milk as is necessary to make the mixture molst. Turn into two well greased molds, cover with greased paper, and steam steadily for eight hours.
Excellent Date Loaf.-Cream twothirds cupful of butter with one cupful of sugar, add two beaten egg yolks, one four tablespoonfoonfuls of hot water, half cupfuls of flour sifted with one teaspoonful of powdered cinnamon, and one-half teaspoonful each of powdered cloves, ginger and allspice, fold in the half cupful peel, one cupful of chopped nut meats, and one pound of stoned and chopped dates. : Turn
Turn into a greased and floured cake hours. bake in a slow oven for three hours.
Dates may be stuffed with chopped fruits, seeded raisins or marshmallows, nut meats and preserved cherries chopped together, or chopped figs and prunes. A toasted almond may be pressed into the marshmallows before they are put into the dates. Pack the dates in layers, in a basket or $\operatorname{tin}$ box, covering each layer with waxed paper. Prunes, figs, raisins and preserved cherries may be stuffed in the same way.
Fruit Cake.-Cream one-half cupful of butter and three-fourths cupful of lard, with one and one-fourth cupfuls of sugar, add three well beaten eggs, four cupfuls of flour, one teaspoonful of baking powder, one teaspoonful of cocoa, one teaspoonful each of powdered clanamon, binger, and nisins, one-half cuptul of chopped preserved cherries, one cupful of currants, one-half cupful each of shredded candied citron peel, and blanched almonds, one-half teaspoonful of salt, and one cupful of milk. Mix and turn into a greased and papered tin and bake in moderate oven for three hours.
Marshmallow Dainty Candy.-Pour one-half cupful of milk into a saucepan, add three cupfuls of light brown sugar, boil slowly, but do not stir. Continue to when the syrup forms a soft ball whe fried in cold water. Take from rose extract, one-half pound of marshmallows and one cupful of chopped nut meats. Beat until thick and spread in a buttered tin.
Maple ${ }^{\text {and }}$ Nut Candies.-Break one pound of maple sugar into small pieces and put it into a saucepan, add one-half cupful of boiling water and boil until it forms a soft ball, remove from the fire and beat until creamy, then add one easpoonful of almond extract. Drop on ing half of a walnut meat upon the top ing half

Penuchi Candy.-Into a saucepan put one cupful of white sugar, two cupfuls of brown sugar, one cupful of cream, and
one tablespoonful of corn syrup and one tablespoonful of corn syrup to the soft ball; fourths of a cupful of chopped walnut meats, and one and one-half teaspoonfuls of vanilla extract, and beat until reamy. Pour into a buttered tin and cool.
Honey Puffs.-Boil one cupful of cream with three cupfuls of sugar until almost threads, then add one-fourth ball. Take from the bire to the soft a stiffly beaten white of egg beating al the time. Beat for one minute, and add one-half cupful of chopped candied pineapple and one-half cupful of chopped glace cherries. Beat until creamy, and shape into balls between the finger covered with a wet napkin. Cool and use.
Date and Cocoanut Balls.-Stone and chop three cupfuls of dates, add one cupful of chopped walnut meats, one ablespoonful of chopped preserved singer and one tablespoonful of the ginger syrup. Make into balls, roll in chopped cocoanut and serve in paper cases.


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36 requires $43 / 4$ yards 54 -inch serge or gabardine, $34 / 4$ yard Georgette crêpe for gathered vest and frills, 4 yards embroidered banding, $31 / 8$ yard $36-1$ nch lining for underbody. Width at lower edge about The blouse is cut down in a dicity this frock is amazingly smart. vest of white Georgette, and the belt disappears in slase a gathered side-front. The closing is arranged at the left shoulder and under arm, and the waist is worn over a front-closing underbody. Allowance is made for full-length sleeves, perforated for the length pictured. At each side of the front and back gore the four-piece skirt githe all around.
7065-Ladies' Costume ( 25 cents). Five sizes, 34 to 42 bust size 36 requires $61 / 2$ yards 36 -inch satin, or $41 / 4$ yards 54 -inch serge 8 yard 4 -inch embroidered batiste for vest, $3 / 8$ yard 27 -inch satin fo
collar, I yard 36 -inch lining $\quad$ Width at lower edge about $3^{55}$ yards. Braiding No. 11451, yellow transfer pattern, I5 cents. In the popular jumper effect is this charming frock, that may be fashioned of satin, serge, or gabardine. The jumper is cut with large armholes, and is draped slightly toward the underarm, with long sash ends and underarm. Dack. The closing is arranged at the left shoulder collar, or open $V$ neck with double collar. To this lining is standing a two-piece circular gathered skirt, closing at the left side jumper and pockets are braided in soutache.


1202


## The $\mathbb{N}$ ew Spring Silhouette Emphasizes Straight Slim Lines

 terial for blouse and skirt, $11 / 2$
yard 36 -inch satin yard 36-inch satin
for collar and trimming-bands. Among the most popular of the new Spring fashions is the chemise blouse, to be fastened at the back the head. This model is illustrated in its shortest form and the pattern provides other lengths. Several smart collars are given. and bishop sleeves may replace the
sleeves shown. A sleeves shown. A finishes the bottom of the one-piece gathered skirt matching the band on the blouse If desired this skirt may be shortened to
form a tunic and worn form a tunic and worn foundation.


7117 -Ladies' Costume ( 25 cents). Six sizes, 34 to 44 bust. Size 36 requires $81 / 4$ yards 36 -inch printed silk, $3 / 4$ yard white satin for collar and girdle, 14 yards ribbon velvet. Width at lower edge about $25 / 8$ yards. The vogue adapted increases as the season advances, and this model is particularly well the shoulders in front, and at each side there is a trimming-band of velvet that extends down below the girdle to simulate a pocket. The collar extends oins revers that are formed by turning back the fronts of the waist Flowing sleeves with close-fitting undercuffs may replace the gathered sleeves with deep cuffs pictured. In soft fulness the two-piece, open-front tunic over the two-piece circular gathered skirt.
6936-Ladies' Blouse ( 20 cents). Five sizes, 34 to 42 bust. Braiding No. 11653 , yellow transfer pattern, 15 cents No. 7005 -Ladies edge about $3^{3} /$ yards. The costume in medium size requires 5 yards 36 -inch satin for skirt and jumper, $73 / 4$ yards 40 -inch Georgette crêpe for tunic, sleeves, and collar. There is nothing prettier for afternoon gowns than Georgette crêpe in white, pearl-gray, or flesh-color. This model combines satin and Georgette crepe in palest gray, with a touch of silver braiding on the back of the jumper. The underbody closes in front and may have high, round, or $V$ neck, and long and V-shaped neck finished with a large collar that is pe armholes, ound outline. The jumper closes at left shoulder and underarm. In soft, straight fulness falls the tucked tunic of Georgette crêpe, open in front to disclose a thee-piece shirred skirt of satin, closing at back. (Continued on page 45 .)


## Advance Spring Styles that May Serve As Summer Models

7111-Ladies Costume ( 25 cents). Six sizes, 34 to 44 bust. Size 36 requires for waist $21 / 2$ yards 36 -inch allover embroidery, $3 / 8$ yards 36 -inch flouncing for tunic, $21 / 2$ yards 40 -inch chiffon voile for skirt, $3 / 8$ yard Georgette crêpe for collar and cuffs, I yard
ribbon for girdle. For Palm Beach and Southern ribbon for girdle. For Palm Beach and Southern resort wear, or for the woman who likes to get her is admirable. The waist is tucked front and back with the tucks extending to the waist-line, and the closing is arranged at the left side-front under a tuck. The neck may be high, or it may be in square or $V$ outline, and several attractive collars are provided. There are one-piece sleeves gathered to deep cuffs, with perforations for shortening. Over a two-piece gathered circular skirt is dropped a onepiece gathered tunic with straight lower edge
Width of skirt at lower edge about $25 / 8$ yards.


7141-Ladies' Jacket ( 20 cents). Seven sizes 34 to 46 bust. Size 36 requires 4 yards 36 -inch 3 -inch satin for lining, $3 / 8$ yard 18 -inch velvet for collar. Length at center-back, 34 inches. No. 6967 -Ladies' Four-piece Skirt ( 20 cents). Six sizes, 24 to 34 waist. Size 26 requires 4 yards 36 -inch Shantung or $23 / 4$ yards 54 -inch serge. Width at lower edge $31 / 8$ yards. Here is an attractive suit for early Spring wear, that may be
of white serge or of oyster-white or jade-green of white serge or of oyster-white or jade-green lines, and soft fulness is confined loosely at the waist-line by a sash belt that crosses at centerback and is looped carelessly in front. The collar is convertible and may be rolled lower if desired, and large slipper pockets may replace the slash pockets pictured. The fourpiece skirt is quite simple in line, row frill above finishes the gathered back gore. This suit is typical of the newest and smartest fashions for Spring, and shows what will be worn by the best-dressed women. It is adapted to the use of serge, gabardine, and homespun, as well tussah int hearty crêpy weaves.

yards 40 -inch charmeuse flowered silk for sleeves ane, $11 / 2$ yard 36 -inch $3 / 8$ yard sikn sleeves and underarm section,
lower edge about 27 yards. The new sangth collar and cuffs. Width at shown in this frock of charmeuse and flowered silk whown in this frock of charmeuse and flowered silk. The front and back of the short underarm sections are also attached. Instead of the V-shaped neck

7016-Ladies' Onc-piece Dress ( 20 cents). Six sizes, 34 to 44 bust. Size 36 repuires $61 / 2$ yards 36 -inch satin or velvet. \% yard Georgette crêpe for collar. Width at lower edge about 3 yards. Straight lines that insure a slim silhouette are eatured for Spring, and are admirably exemplified in this onepiece frock that may be of taupe or beige satin or velvet, Below a square the face by a collar of white Georgette crêpe. Below a square yoke the dress is box plaited front and back, and a large double collar forming points on the shoulders, may styles of long, one-piece sleeves, and an adjustable chemisette is provided with standing collar. Some women prefer high neck, in which case the chemisette may be worn, fashioned of

7120-Ladies' Costume ( 25 cents). Seven sizes, 3 to bust. Size 36 requires $53 / 4$ yards 44 -inch check material, $5^{3}$, yard Georgette crêpe for collar and surplice vest. Width at this early Spring frock of blue and beige check surplice waist is adjusted a panel-like jumper, extending a little below the belt to give the fashionable peplum effect. A surplice vest and sailor collar of Georgette crêpe make an attractive neck finish, and long plain sleeves may replace the gathered sleeves with deep cuffs shown here. The two-piece skirt, which closes at the left side, may be plaited or gathered admirable in white, pink, or gray linen, this frock would be be of allover embroidery. The plain sleeves are jumper could shorter length, so that for Summer wear, a degree of confort is assured. With short sleeves, and omitting the jumper the ress is suitable for simple home wear. As shown here, the jumper section is buttoned to the blouse at one side; but if preferred, the jumper may be loose at both sides.

## Here Are Some Practical Designs for the Housewife



## Notably Fetching Fashions for Early Spring Street Wear

7141-Ladies' Jacket ( 20 cents). Seven sizes, 34 to 46
bust. Size 36 requires 4 yards 36 -inch satin or $23 / 4$ yards bust. Size 36 requires 4 yards 36 -inch satin or $23 / 4$ yards 7041-Ladies' Five-gored Skirt ( 20 cents).
to 38 waist. Size 26 requires $3^{7 / 8}$ yards 36 -inch satin, or $25 / 8$ yards 54 -inch serge. Width at lower edge about 3 yards. jackets even when characterize the new or semibelted as in this model, show little curve at the waist-line. The collar is conform revers the fronts of the jacket may be rolled back to belt crosses the sides onto which the slipper double asten. Completing the suit is a five-gored skirt, with finished raised three inches and material with a deep belt of selfplaited panel, and the closing is at the left side-front.

is so smart is attractively presented in this charming afternoon dress, that may combine flowered silk and plain satin. The sleeves are in kimono style, and
these are stitched to the these are stitched to the
front and back panels of
the waist, as well as the the waist, as well as the
short underarm sections. short underarm sections. The neck may be in round,
ished with $V$ outline, fin-
ishecollar, ora



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Caps (io cents). Three sizes, small,
medium, and large. Medium size re-
medium, and large. Medium size re-
quires for cap illustrated, 3/4 yard
quires for cap illustrated, 3/4 yard
27-inch-material., No.
27-inch-material., No.
6895 -Ladies' ${ }^{\text {velop Chemise (10 }}$
cents). Five sizes,
$\begin{array}{ll}\text { cents). Five sizes, } \\ 3+\text { to } 42 \text { bust. } & \text { Size } \\ 36 \text { requires } & 2 t / 8 \\ \text { yards } & 40-i n c h \\ \text { ba- }\end{array}$
yards ${ }^{\text {tiste. Em- }}$ Em-
broidery No.
11730 , blue
11730, blue
transfer,
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15 cents,
15 cents.
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chemise slips
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Cap 6327
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crepe de Chine. Embroidery No. 1 1zz06, blue transfer pattern
of 64 sprays, 15 cents. No. 6327 Ladies' and Misses' Boudoir
of ot sprays, 15 . cents. No. $6327-$ Ladies and Misses Boudoir
Caps (io cents). Three sizes, small, medium, and large. Medium
size requires $3_{4}$ yard 27 -inch material.

6930-Ladies' Nightgown ( 20 cents). Six sizes, 34 to 44 bust. Size $3^{6,}$ requires $5^{1} 4$ yards $3^{36-\text { inch }}$ batiste or crêpe de Chine. Embroidery No. 1?0s1, blue transfer pattern of sprays and
motifs, 15 cents. A drop-shoulder yoke in 1830 style gives a quaint effect to this nightgown. Short sleeves are gathered to the yoke.

7095-L.adies' Boudoir Jacket and Cap (20 cents). Three sizes, small, medium, and large, corresponding with 36,40 , and 44 bust.


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beads, but the beads are more beads, but the beads are more
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## The Story of Julia Page

(Eontinued from page 18. hand

"Be-because I love you so, Jim!" "Well, you needn't cry over it!" said Jim gently. "I'm the one that ought to do the crying, Judy," he added, with a significant glance at her lovely flushed face, and tear-bright blue eyes.
Julia leaned against him with a long, happy sigh.
"Oh, I'm so glad I came down!" she breathed contentedly
"Glad?" Jim echoed soberly. "Pshaw! You don't know what it meant to me to ooing crazy see you
"Ah, Jimmy, why do you?" she coax d, one slender arm about his neck.
"I don't know," he said, thoughtfully
Made that way, I guess!
For a while they were silent again, then Julia said softly: "After all, nothing matters as long as we love each other!"
No, no! You're right, Julie," he greed seriously. "That's the only thing you?"'

Love you!" Julia said, with a shaky laugh. "Unhappy? I've been just sick about it." I can't belleve that we're talking about it and it's all over!' She sighed luxuriously. "There's no use of $m y$ doing anything when you're his way. Jim-1 can't even remember silence. "Everything seems changed and queer-sometimes I think you hate me-sometimes you give me such cold looks-oh, you do, Jimmy, they just make me feel sick and queer all over if you know what I mean! And oh,' she sank back again with her head on his shoulder, "oh, if only then I could dare just come down to you here like his, and make you take me in you rms, and talk to me this way
"Don't," Jim said briefly, kissing the op of her hair
"It just seems to smolder in my eart!" Julia said. "I can't bear it!"

Don't," he said again.
And with swift force he got to his feet and put her in his chair. A second later came to kneel peniently before her. "I'm sorry. Sweetheart," he said, pleadingly. "You're a little angel of forgiveness to me-1 do you deserve'," " 1 m
im," she said, feeling old and tired and cold to her heart's core, "do you think you do?" "I know how suffer!" he answered bitterly.
"Jim-suppose it was something you had done long ago that $I$ couldn't forgive?"
"It isn't a question of forgiveness," he answered quickly. "Forgivenesswhen you are the sweetest and best we a mat both her hands in his own he caught both her hands in his own that! It's only my mad, crazy jealousy -I tell you I'm ashamed of it, and I $a m!$ Just be patient with me, Julia!'

But think how wonderfully happy we are. Jim," she persisted wistfully "Suppose there is one per cent. o trouble, one per cent. of your life that you don't like-why can't you be happy because ninety-nine per cent. is perfect?"
"I don't know; talking with you here I can't understand it," he said. "But get thinking-I get thinking, and my heart begins to hammer-and I lie heart begins to hammer-and I lie and strangle some one-
His vehemence died into abashed silence before her grave eyes.
"I ought to be the one to stamp and rave over this," Julia said. "I ought to remind you that you knew my histo remind you that you knew my history when you married me, life, too-you were ten years older than I, and how much more experienced! All I knew was learned at the settlement house, or from books. And the reason I don't rave and stamp, Jim," she went on, "is because I am different from you. I realize that that doesn't help matters. We must make the best of it now, we must help each other! You see I have no pride about it. I know I am better than mand than most-of these socce you to admit about bu break every other Commandment of God, yes, and that one
(Continued on following page.)


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The Story of Julia Page
(Continued from preceding page.)
too, and they commit every one of the deadly sins! It seems to me somewere the very foundation on which the lives of some of these people rest and as for pride and anger and lust, why, we take them for granted! Yet who ever thinks seriously of saying so? "You make me ashamed, Julia," Jim said, after a pause, during which his eyes had not moved from her face. "I can only say I'm sorry-I'm very sorry! Sometimes I think you're a good deal bigger man than I am; but I cant help it. However, I'm going to
to-night on I'm going to try,"
to-night on I'm going to try."
"We'll both try," Julia said, and they kissed each other.
Miss Toland, who had accepted Julia and Jim's invitation for Thanksgiving Day, arrived unexpectedly on the afternoon before the holiday, to spend the night with the Studdifords. It was a wild, wet day, settling down to heavy rain as the early darkness closed in, and the Pacific Avenue house presented a gloomy if magnificent aspect to the guest, as she came in. But Ellie beamingly directed her to the nursery, and here she found enough brightness to flood the house.
Caroline, the nurse, it appeared, had gone to her own family for the afternoon and Julia, looking like a child in her short witting in a low chair with slippers, was sitting in a The room was bright with firelight and the soft light from the subdued nursery lamps, and warm russet curtains shut out the dull and dying afternoon. Dolls and blocks were scattered on the hearth rug, and Julia sat her daughter down among them and jumped up to greet Miss

> Poland. "Aunt
"Aunt Sanna-you darling!, And you're going to spend the night?" Julia cried out joyfully, with her first kisses you're wet?"
you're wet?" "No, I dropped everything in my room," Miss Poland said. "Things were very quiet at the 'Alexander'-that new woman isn't going to do at all, by the way, too fussy! -so I suddenly thought of coming into town!
"Oh, I'm so glad you did!" Julia exulted. Miss Tolan rested firm hands on her shoulders, and looked at her keenly.
"How goes it?"
man's bright eyes shone
"Non's bright eyes shone
"No more
"Ah, well, that's a good thing!" Miss Toland sat down by the fire, and stretched sturdy shoes to the blaze. "Hel-lo, Beautiful!" she said to the baby.
Julia dropped to the rug and smothered the soft whiteness and fragrance of little Anna in a wild hug.
"She has her good days and her bad days," said Julia, biting ecstatic little head, "and today she has simply been head, "and to-day she has shell do it! See, Bunny," Julia caught up a white, woolly doll. "Oh, see poor dollymother's going to put her in the fire!" "Da!" said Anna, agitatedly, and Julia tumbled her in another mad embrace.
"Isn't that darling, not seven months old yet?" demanded the mother. "Here, take her, Aunt Dana, and see if you ever got hold of anything nicer than that! Come, Baby, give Aunt Cana a the soft little face and unresponsive mouth across the older woman's face mouth across the ore she deposited the baby in her lap.
"She's like you, Julia," Miss Tolan said, extending a ringed finger for her namesake's amusement.
"Yes, I think she is, every one says so. You see her hair's gotten to be the same ashy yellow as mine. And see the fat, sweet little knees, and don't miss our new slippers with rosettes on em! "She's really exquisite," Miss Tolan said, kissing the tawny little crown as julia had done, and watching the deepabsorbed by the rings "Watching her Tu, well see just what sort of a little girl you were. girl you were.
Aunt Senna.
"Sacramento. But the operation was on Sunday, so he should have been here (Continued on following page.)

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Uussairs.Downstairs,


[^1]
## The Story of Julia Page

## (Continued from preceding page.)

yesterday, at latest," Julia said. "However, he'll rush in to-night or tomorrow; he knows you're all going to be here. Give her to me, Aunt heart! Ah, here's Ellie with something for mother's girl
"And tea for you in the liberry," Ellie said in an aside, receiving the baby into her arms with a rapturous look
"Tea! Doesn't tea sound good?" Julia caught Miss Toland by the hand Come and have some tea Aunt Sanna! said she. "I'm starving!
They were loitering over their teacups half an hour later when Lizzi delivery letter.
"For me?" Julia smiled, reaching for it. "It's Jimmy!" she added ruefully for Miss Toland's benefit, as she took " "This means he can't get here. "Wrat the lad. to an?" said mildiy "hat has he got to sairpin
Juha paled infolded three pages of large paper closely written.
"Why-I don't understand this," said she. "Jimmy writes such short letters. And immediately Fear, like cold iron entered her heart and she felt a chil of distaste for the letter; she did no want to read it, she wished she might ing it on the fire "It is horrible thing.
It is Jim, isn't it?" Miss Toland said, "I a sharp look., "Is he coming?", bove a whisper "Anything wrong?" Miss Toland asked, instantly alert.
"No-I don't suppose so!" Julia said trying to laugh. "But-but I hate him just to send a letter when I expected him!" she added childishly
She picked it up and began slowly to read it. Miss Toland, watching her, saw the muscles of her face harden and to her face and then receded quickly She read to the last word, and looked up to meet the other woman's eyes. "What is it?" Miss Toland demanded, aghast at Julia's look.
"It's Jim," said Julia. Her face was blazing again, and she seemed to be choking. "Hes going to Europe," sh went on. in a bewildered tone, "he's no coming back."

## The Force of Inertia

(Continued from page 6.)
Dr. Ligerstroom patiently began again his explanation; his bent back turned to is rough and noisy bentience he block ed in on the board a rough outline of the boiler of a locomotive.
"Now jantleman!" he began-(the rony of that term as applied to this audience, he had never analysed) "you
nill see dis boller- hard-packed snow ball whistled by his head and squashed directly upon the design, blotting it out completely. Dr. Ligerstroom's face was splashed stingingly with flying snow. "We don't see it! We don't
"owled the sixteens gleefully
Dr. Liseref and wide quare then with his hand he scooped way the snow from the board, and wiped his wet hand on the handkerchief.
With a trembling hand he sketched in again the obliterated sections of his drawing and in his uncertain, colorles voice went on again with the lecture But as soon as this particular demonstration was over, he dismissed unex pectedly the clas in engineering Con trut with some surprise but no display of , weeling - he sat for a long time motionless at his desk, staring with unseeing eyes through the open windows at the white veil of snow which fell, as light and soft as down, over tower and field, obliterating angles, turning the Gothic pinions and gables of the 'Varsity Towers, visible from where he sat, into white conicular formations, blending vaguely and undeterminately with the neutral gray of
(Continued on following page.)


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grinning, their scuffing footsteps rhythmically echoed by the thunderous stamping of two hundred pairs of feet in the reverberation of which the Swede's weak volce was drowned and lost for minutes at a time.
When this diversion palled, a concealed phonograph at the back of the room was set off; a cynical, squeaky voice told metrically, if not melodiously temps synope, of the joys of ragtime saltatores.
The class howled with its usual full quotum of appreciation.
Dr. Ligerstroom paused, irresolute; grew red, then pale-went on with his lecture, raising his voice to overcome accompanied now by the rhythmical pitilessly, ad infinitum ad nauseam stampings of the full complement of feet. (Not a man of Engineering 2B was absent).
Suddenly, from some mechanical construation unexplained, Dr. Ligerstroom off the platform topling ignominiously over plats back its four legs sticking up straight and lifeless in the air, like a strange wooden quadruped struck by lightning and come to swift demise.
The roar of joy that went up upon all sides was Homeric. Sixteen was laughing its sides sore.
Dr. Ligerstroom, pale and tremb
posed, dishonored, powerless. It was as if his insignia of office had been taken from him; as if a solder had been stripped of stripes and buttons; his sword confiscated and broken, he was stricken at last to the very heart of his vocational dignity. He was broken. In the warfare with the Sixteens he had lost, as all weaklngs must lose in the black wantle about his wounded pride and humiliation and depart and make way for better men. Such was the psychology of Engineering Construction 2B as they howled and gibed.
Suddenly they became aware that Ligerstrom had advanced to the edge of the platform-that he was speaking. Little by little silence fell-it became deeper-it broadened and ramifled into amazement-stupefaction-
"Jantleman!" said the Swede-"dat I call you manny tam. Eet woss meestak. I mak excusse. You iss no
jantlemans. You iss de scum-you iss kanalia. You iss de lowes', dirties', tramps. All of you. I mak no exception. You are a tam lot off chip West cowmen. You iss god for associate mid cows. You iss out off place mid jantleman. Tak my advices an' go back vere you belongs. Mid cows. Mid mud. Een chip wiskie barrooms. Mid pigs!!' Unmoved he fronted the wild cry of
(Continued on following page.)


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cf one car at $\$ 1000$. You can run both Fords at about the same expense as for one larger, heavier car.

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Go and take a ride in the 1917 model See how comfortable it is. And stylish, too-stream line effect, tapered hood, crown fenders, beautiful finish. You need one for business. Your wife and children need one for pleasure and health.

## Ford Motor Company of Canada, Limited, Ford, Ontario



Contains illustrations of the smartest new styles in Women's Suits, Coats, Dresses, Blouses, Millinery, Footwear, etc., etc.
Goods illustrated in this book will be mailed postage paid to any address in Canada.
Write now for a copy.

## Murray-Kay, Limited 17-31 King Street East Toronto, 0nt.



## STURDY CHILDREN

Oxo Cubes mean health, strength and irrepressible vitality to the little folk, and an immense saving of time and trouble for
nothers and nurses.
Oxo Cubes are also a splendid safeguard against the little ailments which give mothers such anxiety. A daily winter months will ward off many chill, and lessen the danger of being exposed to damp. inclement weather. An Oxo Cube in a cup of hot milk is a nourishing and easily-digested diet. For delicate and anæmic child. ren it is invaluable.

## a cubeto achp

## 



## : SHORTHAND B IN 30 DAYS




## The Force of Inertia

(Continued from preceding page.)
rage and fury that rose from the razen throats of Sixteen's hardest. "Mid pigs!" he reiterated. "Mid de lowes pigs! Dat iss vere you belongs. Go back!'
Engineering 2B arose en masse, grim mouthed and dangerous.
A man in the middle of the class , It was Grier on, the leader of class. His dee et eyes were cold and gaunt, like those a hungry wolf.
"You miserable little Swede!" he began in a harsh metallic voice. "Listen to me, now. I speak for the class. Take that back-every word of it-eat every word-like the white livered, knockkneed coward you've shown yourself to be from the beginning. If you don't we'll run you out of the school and out of the college here and now. That's ur last word!
A wild and ringing shout of approva reeted the conclusion of his words Then a tense silence fell as they awaited Eigerstroom's reply.
Ligerstroom stood "I tak back noding!" he said unflinchingly, in a clear calm voice. "You iss pigs an' worst
Grierson made a flying leap a full three benches ahead. His cold blue eyes blazed like the Northern lights which he had seen from childhood in he great Northwest plains, and hi leep voice "Cating on steel.
"Come on, boys! At him! Run him With a wild yell the class of 191 made a mass rush at Ligerstroom
As the surging crest of the huma wave struck him, he struck out viciously right and left-went down before a brawny fist, was dragged here and there by those who clutched him, staggered to his feet, and struck again. The mob closed in upon him, dragged him to way-his strength, all thin drawn wire was surprising. At the door he made a was surprising. At the door he made a who held him heavy blows; then he went down again, beneath the impact of another brawny fist, and lay senseless across the threshold.

The class poured out into the dark and winding corridor in the highest excitement. The actual fighting had been done by hardly half a dozen Bowles, who had studied medicine, bent the senseless man
He's all right!" he said laconically as he straightened up. "He's coming to Better clear out before any one else Better clear out before any one else
butts in. I'll stay with him." The Sixteens poured out of the Engineering School and tramped in groups of six and seven across the south football field. They were excited, exhilar ated, somewhat serious. What would be the outcome of their action? In the case of the class fight, it was different. In that case they had been let off easily. Here they had assailed the University itself. Not that they had regret. What had happened had been an elementa necessity. It simply had to be
day's "Varsity" there column of next notice, pregnant with meaning only to the Sixteen Scientific.
"Engineering Construction 2B meets as usual in Engineering School, Room 9, Mon., Thurs. at 12 M."
A new Professor-of course. Ligerstroom was out. He would never come back, after that!
With curiosity and expectation they took their seats on the following Thursday, in Room 9 of the Engineering
Building. All eyes were turned on the door as the Professor entered. mur of astonishment ran through the class like wildfire
"By - it's the Swede again!" went round the winged word.
The Swede, indeed it was, as pale and gaunt as usual. A tenseness in his bearing did not escape the keen, cold eyes of the class.
He laid down his portfolio on the desk, restored to its old position on the platform, and faced his audience, wrapped in a deep and somewhat uneasy silence.
His eye swept bleak and cold over the upturned faces. Not a muscle moved upon his own. All expected that he would make some allusion to what had been. But he merely began his lecture without preliminary
(Continued on following page.)

## To To City, Town and Village <br> Dwellers in Ontario

## A Vegetable Garden For Every Home



IN this year of supreme effort, Britain and her armies must have ample supplies of food, and Canada is the great source upon which they rely. Everyone with a few square feet of ground can contribute to victory by growing vegetables.

## Four Patriotic Reasons For Growing Vegetables

1. It saves money that you would otherwise spend for vegetables.
2. It helps to lower the "High cost of living.'
3. It helps to enlarge the urgently needed surplus of produce for export.
4. Growing your own vegetables saves labor of others whose effort is needed for other vital war work.

## The Department of Agriculture Will Help You

The Ontario Department of Agriculture appeals to Horticultural Societies to devote at least one evening meeting to the subject of vegetable growing; manufacturers, labor unions, lodges, school boards, etc., are invited to actively encourage home gardening. Let the slogan for 1917 be, "A vegetable garden for every home."

Organizations are requested to arrange for instructive talks by local practical gardeners on the subject of vegetable growing. In cases where it is impossible to secure suitable local speakers, the Department of Agriculture will, on request, endeavor to send a suitable man.

The demand for speakers will be great. The number of available experts being limited, the Department urgently requests that arrangements for meetings be made at once ; if local speakers cannot be secured, send applications promptly.

The Department suggests the formation of local organizations to stimulate the work by offering prizes for best vegetable gardens. It is prepared to assist in any possible way any organization that may be conducting a campaign for vegetable production on vacant lots. It will do so by sending speakers, or by supplying expert advice in the field.

## Send For Literature

To any one interested, the Department of Agriculture will send literature giving instructions about implements necessary and methods of preparing the ground and cultivating the crop. A plan of a vegetable garden indicating suitable crop to grow, best varieties and their arrangements in the garden, will be sent free of charge to any address.

Write for Poultry Bulletin. Hens are inexpensive to keep, and you will be highly repaid in fresh eggs. Write for free bulletin which tells how to keep hens.

Address letters to "Vegetable Campaign," Department of Agriculture, Parliament Buildings, Toronto.

## Ontario Department of Agriculture <br> W. H. Hearst, Minister of Agriculture <br> Parliament Buildings <br> Toronto

## The Force of Inertia

## (Continued from prcceding pagc.)

"De rotary motionments off de escape ment, ass ay sad las' tam-'
Suddenly he grew rigid and stopped short.
A student had leaped upon a bench. was Grant He was very student from Winnipeg. breed, with coal black eyes and a mass of tangled hair falling over a low and iron brow
"Wait!" he cried in a menacing voice. You can't lecture here, you Swede, without you make apologies for what you said Monday. Am I right, boys?"
An answering shout gave him assurance of his rightness. Crouching like a black panther about to spring, his bonse ey hxed on eagers.
"We don't bat Hou Swe. 't size. We need men to teach us. We're grown. But we'll hear you to-day quiet
and peaceable if you apolugise for them words you said last time. After that it's understood you don't come back nu more. ',

Ligerstroom did not move a muscle calm.
"You"-he answered with icy chill
"Iss noding but a black haf-brid. I don' haff no dealings mid you. I hat come here to lacture. No dirty hat brids and no chip cowboy Kanalia can kip me from lacturing. Not to-day Not to-morrow. Not dis week or di month. Not nefer. An' I mak no apologies. You haff plait me mean-effer Vun off you. An' I haff been patient Iss dat English you can all go to hal Now you onderstand me. an' I understan' you. I go on mid my lacture see?"
And go on with his lecture he did or
tried to-for Grant, with an oath and a furious bound, was on him, his Indian eyes blazing in his head. And with a shout as furious as his, with him, while the whole class came to its feet like one man and sprang to join the battle
But a bulwark interposed between them and the Swede, already fighting furiously. It was Grierson.
"Keep back!"" he howled, above the storm of voices. "Don't lay a finger on him! The little Swede's a man! Let him alone. Fair play! Keep back, I say, or I'll fight with him. Get me?" And they fell back, for Grierson's prowess in battle was already known danger.
The fight between the half-breed and the Swede was of short duration. powerful blow from the Indian's brawny fist laid the Professor low.
He lay there, crumpled together, half in great convulsive gasps. Darkly flushed, with tigerish eyes, triumphant Grant stood over him, his massive fists still clenched.

> The dawn of
> "More bread and

better bread" arrived the day the sun first shone on

## PURITY

 FLOURFor sale by your grocer "More bread and better bread"
nowd made wild surge for ward
"Keep back;" growled Grant between clenched teeth. "Let him come to!" In tense silence the Sixteens waited. individually, in a way no man of his antecedents could forgive. In the Western code it was his "hunt." No one could interfere.
The deep gaspings grew slower and less painful. The Professor stirred, rolled over on his back and opened his eyes.
"Have y' got enough?", cried Grant ferociously, every muscle suddenly tense, looking down challengingly into his pale face. "Hare y got enough? back into the blue uncertain gaze. He rose to a sitting position-made an at tempt to rise. It was Grierson who helped him to his feet. He stood, swaying slightly-breathing heavily
"Have y' got enough?" challenged Grant again, in a voice as hard and as pitiless as steel-squaring off at him with clenched fists.
The Swede gazed at him palely.
"Ay gat enough?" he said in a voice in which there was not a tremor. nefer gat enough you haf-brid! I fight you an' I fight de whole class, foreffer. all off you! I nefer tak back eart', all off you.
And with a formidable oath Grant went at him again, his two big arms and fists plunging back and forth he pistur bike biserstroom's weak and uncertain guard crashing weak his pale tense face like sledge-hammers-right and left. left and right together.
The Swede fell upon one knee, and staggered up again. He was clearly no match, physically, for tither Grant or any other members or this class. "Have $y^{\text {" got enough.". growled }}$ Grant, glaring at him like some half human monster from the wild. "Do $y$ take back what $y$, said to me and to this class?"
"Ay?" sald the Swede, and he actually smiled. "I nefer tak back noding. An' I nefer gat enough: Come on. with admiration, one big pole-inspector with admiration, one big pole-inspector lumber jack. "That Swede doesn't know when he's got enough:
But as Grant squared off at him again, a tall, wiry student intervened. It was Grierson.
""Boys!" he cried, in a ringing voice. "This swede's rot sand! We ain't a-goin' to let him be smashed any more. It aint a fair deat! his grit's bigger than his body. Ain't that right? Say, ain't that right?
His words seemed winged with flame -so swift and spontaneous was the hearty cheer which they evoked fr But a faction still hung out and a violent dispute arose. "He uants it! Let him take what's comin' to 'im: Let him apologize or stand the racket. He wants it himself:
And Grant growled to Grierson"You keep out $o$ ' this, Grierson. This is my funeral! He insulted me and I'm going to smash him the caves Then Grierson rose to his full height; his cold eyes flashed like temheight; his
pered steel.
With a bound he sprang in front of Ligerstroom.
"Then, you've got to fight me! You know me, Grant! I licked you in Alberta and I licked you in Winnipeg. and you was laid up some time for repairs. If you want the worst lickin' you ever had, you hit that Swede again. He ain't yours to smash no the sandiest, grittiest little Swede that the sandiest, grittiest little Swede that ger man than you, Grant, bigger than the whole hunch of us! He ain't got no knuckle in his whole little body: He'd fight you to the death and then fight you! He don't know how to cave. You let him alone, now, or I'll spoil your face worse ' $n$ it was ever spoiled in Winnipeg. Get me?
A wild roar of approbation greeted Grierson's fiery words. He was, indeed, the leader of the S.P.S. Sixteens. A flame of exaltation and enthusiasm lighted up all the cold, hard, northern hearts. The little red-headed chap ""Three cheers for
Three cheers for the Swede!" he cried in a high, shrill voice. "Three Hip-hip-!!" half-breed was gone.
(Continued on following page.)

## The Newest Ideas in Fashions

(Continued from page 28.) 117 -Ladies' Costume ( 25 cents). quires $81 / 4$ yards 36 -inch warp print silk, \% yard Georgette crepe for collar and cuffs, $1 \frac{1}{4}$ yard satin for girdle and trimming. Width at lower edge about $25 / 1$ yards. Equally charming for wear in the North is this costume of warp print silk.
7132 -Ladies' Blouse ( 20 cents). Six sizes, 34 to 44 bust. Braiding No. 11514, yellow transfer pattern, 15 cents. No. 7146-Ladies' Four-piece Gathered Skirt ( 20 cents). Seven sizes, 22 to 34 waist. Width at lower edge about 3 yards. The costume in medium size requires 5 yards 54 -inch dark broadcloth Front and back of this blouse are in panel style, extending below the narrow girdle to form a peplum.
(Continued from page 29.) $7131-L a d i e s '$ Costume ( 25 cents). Six sizes, 34 to 44 bust. Size 36 re$11 / 2$ yards 40 -inch Georgette crepe for sleeves and collar, $11 / 2$ yards Paisley silk for cuffs, girdle. and trimmingband. Width at lower edge about $23 / 4$
7111-Ladies Costume ( 25 cents). Six sizes, 34 to 44 bust. Size 36 requires $51 / 2$ yards 40 -inch sports silk or $33 / 4$ yards 40 -inch plain Shantung for collar, cuffs, trimming-band, and skirt. Width at lower edge about' $25 / 8$ yards. The tucked waist of this frock closes at left side-front under one of the tucks
7129-Ladies' Chemise Blouse (20 cents). Six sizes, 34 to 44 bust. Size 36 requires 4 yards 36 -inch satin or pongee, $7 / 8$ yard 36 -inch white satin for collar, cuffs, pockets, and sash. Skirt (15 cents). Seven sizes, 22 to 34 waist. Size 26 requires $51 /$ yards 36 -inch satin or pongee. Width at lower edge 3 yards. For informal afternoon or sports wear there is nothing more popular than the frock with chemise blouse. This model is slipped on over the head, although, if eferred, it may close at the back.
(Continued from page 31
7079-Ladies One-piece Work Apron ( 20 cents). Three sizes, small, medium and large, corresponding with quires $71 /$ yards 27 -inch striped percale. 3/4 yard contrasting for collar cuffs, belt and pockets. A novel feature of this smart apron which is practically a coverall, is the convertible ccllar.
7139-Ladies' House-dress with Reversible Closing ( 20 cents). Nine sizes, 34 to 50 bust. Size 36 requires $53 / 4$
yards 36 -inch gingham, $11 / 8$ yards contrasting for collar, cuffs, belt and pockets. Width at lower edge about $21 / 4$ yards. The closing of this at tractive house-dress may be arranged at the right or left side-front.
(Continued from page 33.
7115-Misses' Guimpe ( 15 cents) Four sizes, 14 to 20 years. Size 16 requires $21 / 2$ yards 27 -inch batiste or lawn.
7102-Ladies' and Misses Collars and Cuffs ( 20 cents). Three sizes, small, medium and large. Medium size reinch material, for No. 3, $1 / 2$ yard 36 -inch material, and for No. 4, $7 / 8$ yard 36 -inch material.
7104-Five-gored Maternity Petti coat ( 20 cents). Six sizes, 24 to 34 waist. Size 26 requires $35 / 8$ yards 36 inch material, $33 / 8$ yards 15 -inch flouncing. Width at lower edge about $25 / 8$ yards. Extra length is allowed at the top.

## (Continued from page 34.

7099-Child's One-piece Side-closing Dress in Kimono Style ( 15 cents) Fpur sizes, 2 to 8 years. Size 6 re-
quires $33 / 4$ yards 27 -inch material, $5 / 8$ yard contrasting
6920-Empire Dress for Girls and Juniors ( 15 cents). Five sizes, 8 to 16 years. Size 8 requires $41 / 2$ yards 36 inch flowered voile.
7113-Child's One-piece Rompers Size 2 requires $15 / 8$ yard 36 -inch percale. Child's Plaited Empire Dres
 Size 6 requires $41 / 4$ yards 27 -inch material, $3 / 4$ yard dotted percale for trim ming. 7068 -Boys' Suit ( 15 cents). Four $25 / 8$ yards 44 -inch check serge.

6854 -Girls' Dress ( 15 cents). Five sizes, 4 to 12 years. Size 12 require. $5 / 8$ yards 24 -inch flouncing for tunic 3 yards 36 -inch voile or batiste, $17 /$ yards 7 -inch banding, and $3 / 4$ yard 27
inch lining. 7110-Boys' Dress and Bloomers (1 4 cents). Five sizes, 1 to 5 years. Siz $1 / 2$ yard 36 -inch white linen for collar and cuffs. Scallop No. 11979, blue transfer, 15 cents.
(Continued from page 36.)
7097 -Misses' One-piece Dress (20 ents). Four sizes, 14 to 20 years, size 16 requires . Width at lower edge about $2^{3 / 4}$ vards. Braiding No. 11818, yellow transfer, 15 cents.
7121-Misses' One-piece Dress (20 Four sizes, 14 to 20 year without the coatee, 4 yards 54 -inch serge, $1 / 2$ yard broadcloth for colla and cuffs. Width at lower edge about 3/4 yards. Braiding No. 11514, yellow ransfer, 15 cent
7140 -Misses' Jacket ( 20 cents) uires $23 / 4$ yards 5 -inch twee yards
eacher. Now you go on lecturing to us-and if any student in this class in sickest individual in the S.P.S. '16 Do you get me?"
The Swede sat in his chair leaning over his desk. He still breathed and battered. Tears were in his calm blue eyes.
He rose slowly and faced the Sixteens.
Boys, he began. His voice trem led slightly. "Ay am not your teacher now, but you' frand. You are man. I too apologisse. Een dis liffe vun man often not onderstan, anodder man. De soul eet iss strange ting Eet iss hitten. But we iss all brudder All dat man neet is de comprehenssion. Now I onderstan' you, an' I say,-'I am prout to teach you!
After the wild yell had subsided, Dr. Ligerstroom, ScB., Ph.D., began his long delayed lecture. Only a few moments remained before the gong rang His subject was the Force of Inertia. A death-like silence reigned in the big classroom.
Ligerstroom blocked out the boiler of a locomotive; piston rods crossbolt, connectorsContinued on page 5.3.

## That St.LouIS thinks of Jhe NEW EIDISON



Edison Machine 'Re-Creates' Voice Beside It at Victoria Theater Concert.
bX homer moore. When Mark Silverstone announces
an Edison Diamond Disc concert ti
the Victorla Theater it is a foregone
 concluston that the "Standing Roor
Onl" stgn will be dipapayed. Fron
orchestra flled every nook and corner. and the
enthusiasm was commensur Che attendance. It is a wonsurate wilt thing
teven in this age of even in this ake of sclentitife won-
ders-to see and hear an instrumen it-R human -as vile that Serstone calls
tight there
beside it, now singtns with it and now listening to it, thrilied by tho con-
sclousness o o a second personality-al-
most a dual pecond "th hear ourselves as others hear us"
has been solved even to wean't as
yet "see ourselves one the che The vocal soloist last evening . wa
the beautitul Anaa Case of the Metro
politan Opera Company of New York politan Opera Company of New York
Her vicce was richer than ever before.
Her style has broadened and matured Her votee was richer than ever before
Her style has bradened and matured
and become more musiclanly. There is and become more musticlanly. There is
a heart in it that gocs tho heart and
self-polso and sensitiveness that prophesies a bruliant mustal future
por this young artist. Miss Case sang
t.
$\qquad$

## The <br> NEW EDISON

makes your home the world's greatest stage
 ter's "Loulse." A song of Indla by
Run'sky-Korsakow and a number of. Olk songs.
Arthur Arthur Walsh, violinist, phayed,
Schubert's Ave Mmarla" with the
diamond disc and also the famaus: diamond diss and also the tampus.
Meditation" from "Thais." by Maus.
senet. He also accompanted Miss senet. He also accompanied Miss
Case, votce. violln and the recerea.
tor" blending into one beautiful cor" ble
tone.
Silivers Sllverstone has glven these tone
ests for several years and with each lests for several years and with eac
perrormance hundress of the gke
ical listeners ttcal listeners go away convnee
that the new Edson does recreat
and that one can now have the and that one can now have the
sreatest artist in therl home. Rec-
ords played by an instrument that
does not het and ords played by an instrument that
does not betray itself in the pres
ence of the artists.

2500 HEAR NATURAL VOICE TONES IN PHONOGRAPH


There is a licensed dealer in your vicinity.Watch for his announcement. May we send you the brochure "MUSIC'S RE CREATION"?

Anna Case, of the Metropolitan Opera Company, photographed on the stage of the Victoria Theatre in St. Louis on Oct. 21, 1916, while singing in direct comparison with the New Edison's Re-Creation of her voice.

## CANADIAN ~ WOMEN'S ~ INSTITUTES

PROVINCIAL DIRECTORS

## BRITIBH COLUMBL <br> NEW BRUNSWICK

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Mr. Gedrge A. Putnam

## All Branches Report Splendid Work Done for Red Cross and Patriotic Fund

Maynard Holds a Poverty Social.
The Maynard Women's Institute have just held a Poverty Social, which proved such a success that perhaps some other Institute might profit by a
similar entertainment. The event was well advertised in the local papers, emphasing the fact that everyone was to dress in old clothes, or else be fined. A fine of ten cents was imposed on those appearing in good clothes. The enclosed rhyme was also printed in the papers:-

Poverty wan't keep you From paying your fine
It is only a dime.
poses, it is
prepared.
prepared.
(4) In those cases where a branch or group of the record of th give small cash prizes based upon exhibit of of the garden throughout the season, the of the competitor to explain methods followed in canning, the Department will endeavor to furnish a judge. canning need not be grown upon regular plots. All those applying for seeds by March 1st will
be supplied with a suitable plan of a farm garden, as well as full instructions as to the best methods of sowing and cultivating the fifteen varieties of vegetables contained in each free package supplied to the competitor.

Report of Parkhill Branch of the $\mathbf{N}$
Women's Institutes.
An Emergency Committee had charge of sending were in England and France.
The Parkhill Women's Institute has not charge of the Red Cross
A co-operative committee has been formed in which is represented the Women's Institute, the W.C.T.U., each missionary society of each churc in fact every Woman's organizy concerts, entertainments, etc., a plan of systemat c giving has been arranged. In this way the Re. 1 Cross Circle has about $\$ 130.00$ a month with which to buy Red Cross $\$ 1,300 . c 0$ was spent by the committee in this way. In connection with the Institute is a local This committee has done much towards improving the town. The park, the property of the Women's Institute. was handed
over by them to the town in excellent condition this past year.
The Local Improvement Committee took up the Garden and Canning Con-
test offered by the Detest offered by the De-
partment. Ten girls competed in this. and a most
successful contest was successful contest was
carried on. Prizes were given to the value of given for the best canned vegetables.
A story hour for children n charge of a committee of the girls of the institute This story hour is held in the Rest Room of the peryblic Library. The childen are all delighted and attend most regularly. Bowmanville.
The members have had splendid success with their home-made cooking sale, which was conducted ach week at our summer resort at Port Bownanaturday. The flowers and cooking were donated by the members and others, and from the sale $\$ 150.00$ was reallzed. A kind-hearted lady who gave us $\$ 20$ last year to help on the good work the treasury. In January, Dr. Fotheringham, of Toronto. gave an address and provided a real treat for the members and their friends. As an introduction she
spoke on medical inspection in echools, giving spoke on medical inspection in echools, giving Empire's greatest asset, "the children." backed up by statistics comparing loss from preventable disease in Canada alone to wastage on our battle front. The comparison was a startling revelation to all. Dr. Fotheringham has just enough humor to make even statistics interesting, and gave much valuable further this important work of "Child Welfare." The speaker then took up the subject chosen for her address, "The Power of Thought," and held the undivided attention of her hearers while she preseed ascendancy of "mind" over "matter" as regards our physical, mental and moral well-being, the importance of the fact that clean, true, pure thinking was conducive to similar ways of hiving, that a wellordered, well-balanced manner of living was a good The inspiration which comes from contact with such earnest, inspiring workers as our speaker cannot be estimated in words.

## Teeswater is Busy.

The Teeswater Branch of the South Bruce Women's Institute reports a membership of forty-two,
with an average attendance of fifty at the monthly with an average attendance of fifty at the monthly
meetings. These meetings are held the first Saturmeetings. These meetings are held the first Satur-
day of each month in the town hall, as our membership was too great to meet in the homes. At each monthly meeting we have two splendid papers prepared by the various members, also a
roll call or a discussion, which affords each woman roll call or a discussion, which affords each woman
an opportunity to take part. Frequently we have an opportunity to take part. Frequently we have interesting numbers by the children-perhaps a makes provision for two special musical numbers for each meeting.
(Continued on following page.)

Canadian Women's Institutes
(Continued from preceding page.)

At present we are undertaking some work along the line of civic improvements. We ralse funds for these puralso by baking sales, flower shows, etc This winter our aim is to furnish a kitchen in the town hall.
Our Institute held a most successful demonstration-lecture course. A girls' class of thirty-five members held a morning session, while a joint session for women and girls was held each afternoon. Our course consisted of ten demonstrations on food values and Black of Mcomers was Miss urge other Institutes to take We would of these courses, as we found them truly helpful
Stratton.-A most successful concert was held in Stratton on December 15, 1916, under the auspices of the Women's Institute, at the school. The proceeds, $\$ 72.00$, will go to Patriotic Fund.

A Good Record.
Caledonia Institute bought $\$ 1,100.00$ worth of wool. When it was known that wool was likely to advance in price, the Local Committee, of Caledonia, purchased wool to the amount stated above. There were no funds whatever in the Institute treasury, but by donations from for. The churches, entertainments and the proce., have given to the Institute. Besides meeting each Saturday afternoon to sew for the Red Cross purposes, 350 pairs of socks are made each month. This is a good record for a branch with a membership of about one hundred.
Department Delegates for Summer Meetings.
Fach Institute would do well to conider at once the advisability of having delegate from the Department at their summer series of meetings. If one is wished, application should reach the Department by April 1st, 1917.

POSSIBILITIES OF WOMEN'S INSTITUTES.
by mrs. n. W. eveleigh, sussex, n.b. (Continued from February Number.) Not only by the stopping of waste can our Institutes help in this hour of the Empire's crisis, but is it not pos-
sible also for them to lead the van in increased production? Our men have joined the colors and farm help has become a serious problem. Many farms are producing less than before the war. Here is a chance for the Women's In and children in keeping up the food supply. Vegetable and fruit gardening are not harder than growing flowers and ornamental shrubs, and the keeping of poultry is not more taxing to the strength and nerves than is fancy work. Could we not make it fashion able to have a pet Jersey or Ayrshire instead of a poodle or terrier
If the women would enter heartily into this kind of work, they could enlist the assistance of thousands of schoo in Agriculture. These could be encour aged to cultivate home plots, the pro duce to be sold and given wholly or in part for patriotic purposes. By offering prizes under careful restrictions child ren may be incited to greater efforts in he cultivation of their particular plots This particular work on the part o hildren will have a two-fold effect, direct help in keeping up the bone and inews of war and a helpiul effect upon the children, giving a useful and pleasant employment for hands that must be bus, at the same tim treng ation.
The Women's Institute by their zea in various patriotic enterprises have their loyalty beyond question, while thus engaged we must not forget the patriotic call to aid the young in our communities in every way possible. An minent statesman of France, at the outbreak of the war said: "Whatever happens, France's first duty is the edu cation of her children. He was a man men of repel the foe Thousands would never return. Thousands would return par tially or wholly incapacitated for labor and consequently upon the children now in school must devolve heavier duties when they become active citizens Therefore they must have the fullest equipment for their work. He grasped
the great truth that future efficiency depends on present preparation. It is lasgely helpful in educational matters By visiting the schools, not to interrupt the exercises, but to endorse and support teachers by their presence, the can throw their influence on the side of advance. Many Institute members hav been teachers and know how important is a sympathetic co-operation between parent and teacher. The Institute in a community might furnish a nucleus for a Parent-Teacher Association, such as has been for three years in successiul was formed with the purpose of bring ing about a closer union between home and school, that parent and teacher might co-operate intelligently in the ducation of the child.
Now the New Brunswick Elementar Agricultural Education Division of the Department of Agriculture is giving its entire time to plans for country life etterment, to problems that affect the ducation, health and general welfare of children and they have a right to xpect from us women, banded togethe or practically the same purpose, willin If our scholl support
in our school houses could be made a eachers and pupils could meet upon ccasions of mutual interest, such as school fairs, patriotic concerts or community pienics, more pride would soon be taken in the appearance of the building and grounds. And there would be fewer school properties that stand as a blot on the landscape.
discuss possibilities of Women's Inst
tutes, but the thoughts of many women are more profitable than many thoughts from one woman, and this subject wish to do their very best for home and country country
Women's Institutes of New Brunswick. Centre Napan.-The subject at the December meeting. "Should Children be Taught to Believe in Santa Claus," aroused much interest and many gave CORN HUL
Corn Hill.-Christmas gifts made by cember meeting and prizes awarded for the most inexpensive and useful gifts A duster made of twine, after the fashion of an "O-Cedar mop," captured first prize, a broom holder second, and a dust-cap third. For January the rollcall was answered by each member naming some subject she would like to have discussed at a future meeting. Prizes are to be given in the three schools for perfect attendance
cretary, tells of a Purity last method adopted by the Institute to raise funds. It is so similar to the one held at Maynard that the details are not repeated.
Fredericton.-On New Year's Day the Military Hospital was generously remembered by the Institute. From the "Scotch Concert," on Burns Night, we hope to clear at least $\$ 125.00$ for patrioHouse was taken seat in the Opera Institute acted as ushers and sold Scotch cakes during intermission Following out a suggestion given by Dr Hagerman, at the Convention, this branch held a public meeting in the Assembly Hall of the High School, when Dr. McMurray delivered a most instructive lecture on "Dental Education," and illustrated it with lantern slides. Special invitations were sent to members of the School Board, all teach-
ers in the city, and pupils in grades VII. and VIII. and the High School. On January 30th thils branch entertained the soldiers of the 236th Kilties Battaiion in the Y.M.C.A. building.
St. Marr's and Gibson.-"Physical Culture for Children" was the subject at a public m Hing h. Miss Winter, at a public meeting, held in the hall, account of her trip last summer to Western Canada, Alaska, and some of the Western States. She illustrated her lecture with many beautifully colored slides.
Grand Harbour.-Congratulations to this branch! The membership contest resulted in 126 new members, making a total of 146, the largest membership in the province. The losing side is the winning side a secret planned for curiosity has been aroused, The Clam Stew and Blind Auction netted $\$ 44.00$ for rellef work. The Blind Auction caused much merriment. A variety of useful articles all the way from eats to something ornamental were done up in packages and all sold for either 10 cents or 25 cents, the auctioneer allowing prospective buyers to bid one cent at a time only.
Haveroc
Havelock.-A splendia attendance for January. Each member brought a genevidenced in Mrs. A. W. Keith's instruc. tive paper, "Should a Wife Understand her Husband's Business?"
Jeffries Corner and Poodiac.-A sale of aprons and various articles at the danuary meeting netted a neat sum for pestion work. Following out a sugpapers, given in one of the Convention meeting with a membership fee for the year. well attendstream.-Meetings always (Continued on following page.)



## Choose Marmalade Materials Carefully

Select fresh, clean-skinned Seville or Messina oranges for their wholesome bitter zest, and spicy sweet oranges for their fragrance and flavor. Tell the grocer to send with them a bag or carton of

## Lantic Sugar

the pure cane sugar which you will find best for marmalade and all preserving. On account of its very "FINE" granulation, Lantic Sugar dissolves instantly, making crystal clear syrups and bright, firm jellies.

## Marmalade Without

 Weighing

2 and 5-lb Cartons 10,20 and $100-\mathrm{lb}$. Sacks "The All-Purpose Sugar' Don't buy sugar by the "quar-, ter's worth" or "dollar's worth." Buy Lantic Sugar in our fullweight sealed packages. Weighed, sealed and packed automatically at the refinery. No hand touches it but your own.


## Canadian Women's Institutes

and exceptionally interesting, some recent ones including: "How to Add Cheer "Cl Comfort to Our Homes in Winter, sils," and "The' Home Fmergency Chest." At the December meeting the committe in charge of collecting waste paper, etc. reported 2100 lbs . ready for shipment.
Newcastle.-The people of this town greatly appreciate the work this branch drink done for school, and the sanitar are "quite the thing
NEw DENMARK.-Always faithfullv working for the good of the cause. In November roll-call was answered with war news and each month a few chapof Child Life" is read to the members. Parker's Ridge.-On January 4th th members met at the home of Mrs. I A. Spencer in the afternoon to knit and sew and held the regular monthly meet. ing in the evening.
Petitcodiac-From January, 1916, to January, 1917, this branch has sen 666 pairs of socks to the boys in th trenches. Every available old rag and piece of waste paper in the village are to be put aside for the Institute, an will be put in the yarn fund.
Queenstown.-Instead of devoting a portion of the Institute funds to sub cribing to a few Canadian Home Joui wiser plan-the secretary solicits sub scriptions from individual members, thus all receive their Journals at the same time and there is not the inconvenienc of each member waiting "her turn" an having to read news many weeks old Miss Scovll obtalned meting sump January meeting
socks were sent overseas and pair toe of each pair was a box of 'mokes the gift of the young men of the com munity.
SMITH's Creek.-The debate at the November meeting. "Resolved that the Professional Woman works harder than the Housewife," resulted in a victory for ed by a Complimentary Supper to the husbands and gentlemen friends of the nembers. A "Cake Contest" for Febru ary will be an enjoyable event.
South Tetagocche.-That friendless Canadian prisoners of war in Germany may be provided with a weekly parce of food, this branch sent $\$ 20.00$ and an from Mrs. Rivers-Bulkeley. The prison r to be cared for ro be cared for will acknowledge tary Many of our Institutes are tary. Many of our Institutes are sup the correspondence of these men whose pleasures are so few and far between.
Stonehaven.-Another branch willing onalan.-Another branch willing inspection. A strong committee was appointed to meet with the School Board and after a most interesting discussion the decision was reached that if the Women's Institute would contribute so much each year towards paying the doctor's fee, the School Board would meet the rest of the expenses. The Institu
Shis. well attended, as each member was interested in the candy-making and frosting demonstrations. Mr. R. P. Gorham, of the Dominion Experimental Station, at Fredericton, gave an instructive lecture at the January meeting, his subject being "The History of Our Food Plants," and "Household Insects."
Southampton. - At the November meeting the school committee reported the school in good condition. At the roll-call by giving recipes for bread, yeast and various ways of cooking meat. The secretary writes that the finest feature of this meeting was the demonstration in bandaging; given by Mrs. Arthur Sipprell, a trained nurse. How to properly bandage the arm. scalp and jaw were included in this profitable demonstration.
Welarord.-A delightful time was spent the evening the Institute held the entertainment. The proceeds will be utilized in Red Cross work. "Ways and Means of Helping Returned Soldiers" was a subject to receive considerable attention at the January meeting.

NOVA SCOTIA.

## Halfway River and West Brook.

Just a brief account of a Women's In there away the fishes."

Our programme for each month usually consisted of quotations from some famous authors in response to roll-call; the day, read by their compilers; worldwride current events, discussed by all: recitations, dialogues, speeches and music. At one meeting a very interesting debate on the topic, "Which has the greater advantage in bringing up a family, country or city life," was participated in by all. Another rather novel and amusing form of entertainment conread from the Christmas number of the Institute Journal, compiled and edited by the members.

THE MOTHER'S SHARE OF THE PUBLIC SCHOOL CURRICULUM.
By E. Lillian Morley.

To the mothers of our ordinary well-to-do homes the teacher and the in the training of their children. Yet we generally find the mothers glad to send their children to school, willingly confessing their inability to cope with the problems presented by the minds and bodies of active, growing boy and girls.
A mother should be her child's chief Let the child's guide be, "Mother says and does," rather than ""Teacher says and does." I wonder that mothers aren't jealous of the teacher who get such a large share of love and worship from her class. Far from jealousy, find too many mothers saying, "The teacher has much more influence than we have.'
The foundations of religion, morals should be first laid in the home, and always fostered and inspired by the home.

The mother who says she is too busy to teach her children deserves the loss of their love and her influence in later years. From bin and educate the child entrul to her. furegoes the responsibility and plea sure of hearing the bedtime prayers? $J$ esus is a very dear name to little ones. He seems to reveal Himself in marvellous manner to their pure minds. Those bedtime prayers will be among mother's dearest memories men and women; those prayers will be their guide over many a rough place in life.
With the bedtime prayer should come the bedtime story. If only mothers could realize the educational value of stories they would cram the little minds full of them. It matters and can write before he starts to and anool It makes school starts place if he has a foundation of stories upon which to build the superstruc ure of reading.
Birth is the time to begin the story hour. The infant has no need o tories truly, but he has need of songs Any kind" of rhyme will not do for childs lullaby. In the choicest of
music the child should be sung to music the chummed. Always word should accompany the music. The old hymns, cradle songs and folk song hould be the baby's earliest stories In:to the inner consciousness of his hrain the melodies will weave them selves and become an innate part o him.
Music should surround the growing child. Only the best of music should plaint of Canada's lack of apprecia ion of classical music is widespread s it any wonder that a child reared on audeville songs develops into a man to whom high grade music makes no appeal?
The action song or, story is the first ne that the child consciously adds his repertoire. Long before a child mother's actions with a song. In surprisingly short time the child will be able to do the actions alone whil the mother sings. Pat-a-Cake, Hick ory Dickory Dock, Little Pig Went Market and Mix a Pancake are a fe of these action songs.
These familiar action songs will be the first rhymes the child can say talking begins, nursery rhymes should be learned. With the rhyme go th icture-books, and very few children will fail to recognize in print th familiar words of the rhymes. Don't let any child miss his heritage of (Continued on following page.)
for Sprains


## Extra Money

for your spring shopping write now to Agency- Division, Canadian Home Journal. Toronto.


SPEAKING FROM EE


THE DOCTOR "Ah' yes. restless and feverish. Give him a Steed man's
Powdé and hewill soon be all right

X. BAZIN


Music Lessons Sent FREE
derewski and othner ryeat and anmpopitiesess, endorsi
Any Instrument or


Canadian Women's Institutes

## (Continued from preceding page.)

Mother Goose and her wonderful ever, any list should represent its subcharacters. If he wishes to tear the heap, and if he learns to love the contents of his books he will respec books at an earlier age than if he is compelled to preserve his pictur books in perfect condition.
Stories follow the nursery rhymes First on the list are the stories from the Bible. Then come fairy tales, the men, Grecian and Roman myths, the stories of King Arthur and his knights and Shákespeare's characters. Inter spersed with these should come stories of famous persons in history.
Of course, long before the above list is completed the child will have learned to read. The story hour will be as long as it exists, there should be an evening hour when all gather to read and discuss a book. The standards of culture in Canada would soon improve were this the common practice. The taste for vicious literature would be counteracted if father and mother had common interest with their children in heir books.
I hear mothers exclaiming: "I don't I teach my child?", Books are man and cheap. Any book supply house will furnish a list of books suitable for children.
One can easily understand how the Elble would be a familiar book afte tre wame wh Shats in stories. In ond Homer become delightful study after childhood association with the haracters of the poets.
A child fed thus on stories is so eager to read that it is of little im--crtance what method of teaching be will iopted. In the majority of cases he ead himself, and the terror of first days at school will be over Surely any mother would find telling stories much easier and pleasanter work than leaching the A, B, C's, or that $\mathrm{c}-\mathrm{a}-\mathrm{t}$ pells cat, a word which the child need not read and write before there is any hope of his securing an education. ures is also necessary to of good pic to home need be without reproduc ions of the best in art. a child soon harns to love the pictures at home and school seems very homelike if on it walls he sees a picture he has loved 11 his life.
A typical list of pictures that should hang in every home is The Boy Christ, tuart Can't You Talk, Siren, Baby The Princes in the Tower The Fight ing Temeraire. Pied Piper of Hamelin The Angelus. The Horse Fair. This list chosen as particularly attractive to children. It may easily be changed


## Theda Bara, The Vampire Woman

is a sort of mystery abutit her early life upon which she refuses to talk and which no one seems to be able to penetrate. About the only thing Miss Bara will tell you about her early life is that most of her previous stage experience was in Paris, France.
I asked Miss Bara what at the present time is her greatest ambition in life Her reply was: "Mr. Rook. I would like nothing better than to play the part of Cleopatra. and I hope some day I shal be able to persuade Mr. Fox to allow me to give to the world my interpretaNof how wonderful woman most luxurious stage settings, Fgyptian scenes slaves the Nile and everything of a stupendous and luxurious nature "You know, Mr. Rook," said Miss Bara, "I am a firm believer in Theoso phy and have the feeling that I lived on this earth a long time ago. I can not explain it, but this I am sure of that in my former existence I ruled a peaple by fear and not by love, and firmly believe that when I die I shall again return to this earth in some othe person."
"Where do you get most of your inspiration and ideas, Miss Bara?" At this Miss Bara smiled and said that perhaps I would not credit it if were while in the bath. It sounds funny, doesn't it? But when you come to think of it, one's thoughts seem to flow better when the body is relaxed and you apparently have nothing for the
moment to think about. Of course, we will have to take Miss Bara's word for it, as there is no way of proving it. Miss Bara does not always play what is termed the vampire woman part. One of her latest pictures is "The Darling of Paris," in which she plays the part of Esmeralda in a play based on Victor Hugo's well-known story, "The Hunchback of Notre Dame." One has only to see a picture of this kind to agree with Mr. Edwards, her director, that she is a wonderful woman and actress. Mr. Edwards has said that in all his experience in producing plays, he has yet ta meet a woman more wonderful than Theda Bara. She can play her part with more spirit and accuracy than any other actress he knows of. One need not wonder at this, as Miss Bara's whole existence seems to be wrapped up in her art.
Again we may ask the question, what good can be accomplished by the showing of vampire pictures? We must face hife's problems as they are. The day is half for our not knowing how the other hall ives. We should know; and if the conditions in which they live require changing, then let us see to it "lid" off life and let us cut out the sham and make-believe. Be truthful to our selves and others. This is the day for knowing things as they are, and what better medium is there for the visualizing of life as it is than the moving pictures?


## It's But a Step

To the next O-Cedar Polish Store
A LMOST every housewife now uses O-Cedar - Po it is not to be wondered at, that the his store

He may be without O-Cedar for but a single day, but that may be the very day you go into his store to buy. Now the dealer may try to sell you another polish. That is only human-but-are you going to be
a polish which may disappoint you?
If the dealer says he hasn't any O-Cedar-that he has just sold
his last tin of O-Cedar Polish or his last O-Cedar Mop-remember it's but a step to the next shop that handles our goods
and there you will be almost sure to find them. Do not accept an article bearing a name that sounds like
O-Cedar-insist on the real

## O.Cdar

CHANNELL CHEMICAL COMPANY, LIMITED O-Cedar Polish and O-Cedar Mop are now on sale at all hard-
ware, grocery and furniture stores-as well as all department Truth-telling, respect for elders, and clean language can become a part of training of his home. Such virtues are caught mors effectively than taught, and it would save the school, society and the individual himself endless trouble if
Perhaps some mothers think we are making a plea for over-worked teachers. Instead, we are pleading that weary mothers learn the pleasure of associating with their children. Teachsmiles and company Many mothers miss these blessings entirely Mothers, claim your right to teach your own child, to own his heart, and to enter into the Kingdom of Heaven by the guidance of his unsullied mind. jects. The Bible, Childhood, Charact-
ers in Standard Literature, Fairy Tale People, History, Standard Art, Animal Life. playmate. They should know her as the one who never runs out of games. Again mother pleads ignorance of games. Once more, there is a book to supply your needs. It is "Games," by games enough to keep a city of children busy.
ane training of the chinds manners and morals should not be left to the teacher. The teacher is willing to unshould the task, but no mother her as ahild's ideal in supersed matters.
Surely it is not too much trouble to serve the meals properly for the sake table. It is most unreasonable to expect a child's table manners to be correct when guests are present if he child removes daily practice. If a his own home, no teacher will have to ask him to do so on entering the school. If mother expects her son to lift his cap on meeting her and her be submitted to ther will not need to asking the boys to lift their caps to her.
Bo
Bodily cleanliness should not be left for the hygiene lessons in the third
year at school. The toothbrush year at school. The toothbrush
should be such a familiar implement that the child's first toothbrush wili have become traditional long before he learns his first hygiene lesson. He should know that mother expects clean finger-nails, clean shoes and clean clothes. Mothers must learn that Children should have play clothes which they can dirty and tear to their hearts' content, but they should not be allowed to appear on the street, nor at the table, in dirty attire child's make-up only through the




## Around the Hearth

(Continued from page 21.)
memory!) I wouldn't have any such hings in my town home, believe me! I would have a thoroughly modern house, and right within the town limits, so $I$ could walk easily to enough ground to cultivete have just vegetables for use when green, and a neat lawn at the front with some oldfashioned flowers.
There would be a broad veranda where I could sit and enjoy the outdoor coolness, and yet another where I might recline, or wheel out my sewing-machine, or shell the peas for dinner. There would be a balcony, too, with a railing, where one could step out to shake or air the rugs or blankets, without carrying them of a yard.
Have you ever noticed how few steps leading up to the front door? Next time you are motoring through the country note this fact. The per centage is wofully small where a rest ing place is provided for the hom folk to sit out on a summer evening or-if curtained, from the sun's rays -allow for a meal in the open air. These little things all spell comiort, the the cost is
would buy my milk in clean glas
bottles, and my fresh eggs from a neighbor who kept hens. I would buy my strawberries and other fruits at the grocer's or gardener's, and I poultry or enimals that would bind me to certain hours of care and attention.
I would indulge in some recreations and pastimes that my hitherto busy had had forbidden. Were I the man who had been at his post year in and year out, with seldom a holiday; but in whose mind were remembrances of fishing rod and gun, I would hie me to the trout stream or woods. I would take little jaunts to the nearest city, calling on old friends and viewing life from a hitherto unseen side.
As a woman, I would take time
read, to hunt out my old music, to dress myself properly, and fix my house artistically. Sometimes I would sit with hands idly folded, and watch a gorgeous sunset, or listen to the twitter of the nesting birds. Often I would gaze vacantly into the glowing grate fire and dream. I would reve in doing dainty been swamped colve and piss, and cows, and fed calves, and pigs, I wouldn't have my children in the West, who have young families growing up, and who are unable to visit
me, write vainly for father and mother to come out and see them. I wouldn't miss the opportunity of seeing the great and glowing country of which hey are so proud and enthusiastic would spend some of my hard earned dollars in gratifying their de would be worth more to them than the inherited money gathering interest in the bank.
I would travel through the glorious land I lived in, and renew acquaint ance with the relatives and old neigh bors who have made their homes in distant parts. I wouldn't just go on living the same things over and over, but would have a change and rest from the old order and monotony. I do something different, believe me

As we go through life we watch the different types of people as they make their money, and as they spend it. We see the young couple start out at the foot of the ladder, and together scrimp and save until they have a home, and the children are grown up, educated and gone. The years have been creeping on apace, and they have a substa in his name of course He aut bitities, He quits busins activities, and enjo heisurely fashion, supplies the household necessities and pays the bills. She cannot buy a paper of pins, bestow a little gift, or give to her church or club without appealing to his generosity. She keeps right on with her housekeeping as she always has done, the old routine reminding around
While his wife keeps plodding on.
We also see the miserly men and women of our acquaintance who seem to be afraid to enjoy the common blessings of life lest they spend an They burn but one hoarded money. house they sit around but one fire in the coldest weather; they buy cheap cuts of meat; they sell the cream, and use the skim mik, and take no enjoy ment in anything beyond the fact that they possess some money which mus Whe diminished by .extravagam they buy spectacles at a cheap counter inbuy spect having an oculist fit them with proper glasses. They try to masticate their food with a few old yellow tusks rather than invest in a new clean set of ivory. When troubled with the pangs of rheumatism they try to cure it by carrying a charm They wait until the disease has warp ed and deformed them before seeking medical advice and attention.
Women are as guilty as men in this respect. Can you imagine a woman doling out a quarter to drive a close bargain on small purchases? It has been done, and the man, inwardly resenting, continued year after year to bear with that indignity, and place his weekly envelope in her hand with out reserve.
Of course everybody has heard about the man, who, when asked by his wife for some money, inquired "what she had done with the quarter he gave her a month ago." That was miserly of him, but wo with that all their hives if they want a little sort of thing. In they can have re money of their own the boarders, sew for their intimate friends, or teach a few music pupils, which is perfectly all right when enjoyed as an avoca tion or a pleasure, but not of neces sity.
A man should not place himself where he has to beg back his tobacco money from a tightly guarded purse. and a woman should not be utterly dependent for every fiters There is needs or personal in such tranactions niggardines the souls, and blunt he finer sense of those who practice the finer sense
Note:-This expression "Believe Note:-This expression slang. but it is not so intended. We onls wish it to convey the force and strength of our applications in this article. and desire it pronounced with emphasis on each of the three syllables. even as we hear it expressed in conversa-
tion-"Be-lieve me!"

## Department of Child Hygiene

carriers. From the above we may draw the conclusion that all germ diseases may be called infective. This to a greater or less extent is true. And in the case of little children, at all events, I think we are not going too far to disease is infective Also would go further and say that the continual further and say that the continual definite ill-health, either of mind or body, is bound to have an injurious effect on the impressionable temperaments of babies and little children.
Therefore, in order to give your children the maximum of well-being. their environment should be in every sense healthful. The custom, surface, of allowing little children to surface, of allowing little children to or sick people, in order to pass the time or amuse the latter, is to be utterly condimned. Likewise, taking children has become tals. Hinle in this latte has become impossible in up-to-date institutions, where the visiting of
children is prohibited, not, from the children is prohibited, not, from the
hospital standpoint, so much for the sake of the children themselves, as to guard the patients and staff from the danger of infection from children's diseases.
Because of the danger of germ trans mission, the promiscuous kissing and handung of children is also condemned.
(Continued on following page.)

## Department of Child Hygiene

Continued from preceding page.)

The greater number of adults and many children, too, have unclean mouths and throats, full of germs of all sorts, from decayed teeth, unhealthy throats, and ill conditions of the digestive tract. This is especially true in country districts, where, though a great advantage over the city dweller might be had owing to plenty of fresh air,
good food, etc., these things are more than offset by ignorance of personal hygiene, and the inconvenience and of dentist or throat specialist
In my student days I
or the specimen took a "sme merely "swab" from the throat of a perfectly healthy junior student. On placing this under the microscope I found therein a diphtheria germ, a pneumonia germ, and several other minor infections. I did not tell her for fear she would worry herself into a condition which would give these germs a chance o grow, but I confess to watching her several days. Nothing happened. whereby I learned another lesson as to the power of resistance of the healthy human adult organism. But a little baby frequently does not possess such power of resistance, and any of these germs could have been passed over to a baby kissed by the girl.
I once knew a whole family, from the miserable, unhealthy father, to the youngest child, all suffering from horrible, disgusting (to the eye ducing pus) condition of the gums, which eventually causes all the teeth to fall out, and in the meantime poisons he whole body and stupefies the brain. 111 were infected from the father. All might have escaped had he had his teeth attended to, or if beyond help. removed. This condition of pus around the roots of the teeth is by no means uncommon, especially in elderly people and frequently is paid no attention to $r$, since it does not cause acut pain.
Disease germs have a peculiar faculty of increasing in strength and virulence ccording to the place where they have een cultivated. Unhygienic surround ngs of the human culture media alway produce a more virulent type of disease healthy bodies.
Some of my readers may remember the time that grippe first arrived in canada. The infection was a wicke ne combat the awful new disease. The onset was violent, and absolutely with onset was violent, and absolutely with reme, accompanied often with high ever and delirium. Pneumonia was a pitifully frequent complication, and such cases were nearly always fatal Insanity was another very common ending of that first infection. The mortality was very high. It was later iscovered that the disease had bee irectly imported from Russia, where he lowest and filthiest of the peasan population. Grippe has unfortunately stayed with us. But the disease of to day, after passing through many enerations of clean culture media, in a healthy country, among a cleanly people has lost much of its violence and horror, and when it is isolated as it should be we may, perhaps, get rid of it alto ether.
Typhoid fever, another germ disease is rapidly becoming extinct in civilized munity now being judged, from a sanitary standpoint, by its typhoid record. Some infections are regarded by the aity as minor infections, and no alarm is felt on exposing children to them and little worry when the exposure has been successful. Physicians, on the contrary, regard no infection as minor where it comes to a baby or little child, for another peculiarity of germs is that ne can never tell just how they wha row heen mild in one may be violent in has been and especially if that other be little child. This is peculiarly true of throat diseases. What has passed for an "ordinary sore throat" in an adult may prove diphtheria in a child. It must never be forgotten that the resistive power of an adult is much greater than that of a child.
Another infection that is disregarded :almost entirely by the average parent is that of "common cold." No one knows exactly what common cold yy populare to cold or draught. As
matter of fact, it is in nine cases out of ten "caught" from someone else. The aity distinguish "a cold in the head, a cold in the nose," "a cold in the chest," etc., attaching different degrees of importance to the varied situations. The physician knows no such distinctions. Popularly, any sort of ailment coming on with chilliness or malaise is termed "a cold." As a matter of fact, cold probably has nothing to do with it. As far as is known from the scientist's cold" is a germ infection. common itself has not been satisfactorily iso lated, therefore a serum with which to combat it has not been discovered. But experience certainly proves it to be among the most common and prevalent of germ growths, also one of the most markedly infective. Contact may or may not cause infection, but certain conditions of the human body and contact will certainly cause infection. Nor ally suffering apparently necessary, for sufficient infection appears to always be carried by people themselves to start up a growth, given proper encouragement by a lowered condition of resistance.

That "common cold" is of no consequence is an absolute heresy. Rather is it like the plough and the harrow that make the ground ready and inviting to any other morbid growth that hovers near. Nay, more, it may be as the fertilizer, the rain, the sunshine, to the seeds of destruction, only waiting encouragement to grow. The very fact that "cold" so often bars the sufferer from the actual sunshine only goes to further accentuate these words. I might fill pages with the possible of "common cold."
I have been asked to give a treatFirst of all, I would say, "Don't get it," either by invitation or careless asscia tion. Have nothing to do with it. Let your friends and neighbors know your views on the subject, and also that you consider it an absolute insult to have "a cold" visited on your baby or little children. Be consistent, and never risk passing on a cold yourself. Teach your children to avoid other children with "sniffy" noses. Be sure that they themselves know the use of a hanakerchier, and see that they are always be only squares of clean old cotton Avoid exhaustion of any nature, especially that resulting from lack of sleep; nothing invites "a cold" more cordially than an exhausted body. Also make fast friends with cold water in-
side and out, fresh air, not necessarily If anyone in the family gets "a cold, then isolate them. Give them all the sleep possible, light food, and see tha the bowels are free. Use rags instead of handkerchiefs, and burn these Teach everyone to sneeze, cough, spit into their own handkerchief, not around the room, thereby infecting the air, which they have no montgage on, mor han anyone else.
As long as discharge from the nose keep your patient from the rest of the household. A spray for the mose and throat is excellent, and helps to keep down infection. I have found Pinoleum the best all-round spray. Directions go with the outfit. Simple saline solu tion (level teaspoon, no more, of salt to ne pint of water) made warm and dropped into the nostrils is helpful for little children. Also great care should be taken to prevent crusts forming in hene by using any rood, mus may ointment, but here I find ozenol the best. A very small quantity should be placed inside the nostril at night, by means of a little swab of absorbent cotton rolled tightly on a little stick.
Remember that "a cold" is exhaust ing, and a tonic or at least a rest should always be insisted on before returning to the usual daily routine. Do I mak
(Continued on following page.)


In many recipes requiring several eggs, excellent results may be obtained and considerable saving in cost realized by reducing the number of eggs and using an additional quantity of Royal Baking Powder, about a teaspoon, for each egg omitted. The following recipes are given as practical illustrations:


White layer cake cup shortwniny
cup granulated sugar
ciup water chus foour Royal
teatyons
whites of 2 eggs
thintoon extract

EVERYDAY CAKE cup sugar
cup shorte egg
cup milk or water 4 cups flour
2 teaspoon salt Rayal B 1 teaspoon extract DIRECTIONS:-Cream shortening; add sugar. flavoring and egg well beaten. Sift dry ingredients, add al-
ternately with the milk to the first ternately with the milk to the first
mixture. Bake in loaf, layers or pat
ty pans. May also be used for cot
tage pudding. May
ing. d

EGGLESS MUFFINS
2 cups flour
1 cup milk
teaspoons Royal Baking Powder 2 tablespoons suga
1 teaspoon salt
, 18 ग
The old method called for 2 eggs DIRECTIONS:-Mix and sift dry all lumps are out, add melted short-
aning. Beat well and bake in greased
nunfin tins in hot oven from 20 to 25 muffin tins in hot oven from 20 to 25

A practical cook book containing several hundred other recipes for all kinds of cookery sent free
Royal Baking Powder
Made from Cream of Tartar, derived from Grapes, and adds none but healthful qualities to the food
No Alum
No Phosphate

## For Love of The Hills

(Continued from page 19.)
mine is. You see, William and IWilliam was my husband-we went to
Graytown before it really was any town at all. Years and years before the railroad went through we was there. fully.
"Uh, very often," replied the girl. love every inch of that country!'
A big tear rolled down the woman's face. "It's most like being home to find whispered, brokenly.
"Yes, William and I we went there when 'twas all new country," she went on, after a sympathetic pause. "We worked hard, and we laid up a little money. Then, three years ago, William took sick. He was sick for most a year, and we had to live up most of what we'd saved. That's why I ain't got none now. It ain't that William didn't provide."
The girl nodded. "We seen some hard days. But we was always harmonious -William and I was. And William had a great fondness for the mountains The night before he died he made them looked out and watched the darkness come stealin' over the daylight-you know how it does in them mountains 'Mother,' he says to me-his voice was that low I could no more 'an hear what he said-'I'll never see another sun go down, but I'm thankful to God that I seen this one.
She was crying outright now, and the girl did`not try to stop her. "And
that's the reason I love the mountains," she whispered at last. "It ain't just that they're grand and wonderful to lourists se for tourists sees to tways been like But the fortin' friend to me. John and Sarah is buried there-John and Sarah is my two children that died of fever. And then William is there-like I just told you. And the mountains was a comfort to me in all those times of trouble. They're like an old friend. Seems like they're the best friend I've got on earth."
"I kn "I know just what you mean," said the girl, brokenly. "I know all about it." "An "And you don't think I'm just the woman's moving wistfulness was in back while-whilst I can look at them?" The girl held the old hand tightly in hers with a clasp more sympathetic hers words
"It ain't but I'd know they was there. I could feel they was there all right, but"-her voice sank to a horrified whisper now-"do you know I'm 'fraid I might forget just how they look!',
"Oh, but you wouldn't," the girl assured her. "You'd remember just how sured her."
"I'm scared of it. I'm scared there might be something I'd forget. And so I just torment myself thinkin'. 'Now do I remember this? 'Can I see just how that looks?
got to thinkin' up in the doctor's office,

when he told me for sure it was no use when he told me for sure worked up it just seemed like I must get up and start!"
"You must try not to worry about it," murmured the girl. "You'll remember." "Well, maybe so. Maybe I will. But that's why I want just one more look if I could look once more 1 remember forever and ever. and would. And do you know-seems like I wouldn't mind going blind so much then? When I'd sit facin' them I'd just say to my self: 'Now I know just how they look 'm seeing them just as if I had my eyes!' The doctor says my sight'll jus kind of slip away, and when 1 look my last look, when it gets dimmer and dimmer to me, I want the last thing see to be them mountains where Wil liam and me worked and was so happy seems lipe nothing I want to look at! and the to have a little left-to have just a little left!-and to know I could see if I was there to look-and to know that when get there 'twill be-oh, I'll be rebellious like here-and I'd be contented there 1 don't want to be complainin- 1 don want to!-but when I've only got ittle left I want it-bh, I want it for hem things I want to see
"You will see them!" said the girl, with a tearful passionateness.
world can't be so hideous as that!"
"Well, maybe so" said the woman ising. "But I don't know where 'twil come from," she added, doubifully
She took the woman back to the doctor's office and left her in the care of the stolid Emma. "Seems most like Id been back home." she said in parting, and the girl promised to come and see her and talk with her of the far away home in the mountains. The woman sald help her to emember just how they looked
And then the girl returned to the library. She did not know why she did so. In truth she scarcely knew she wa
going there until she found herself sit ting before that same table at which she and the woman had sat a little while before. For a long time she sat here with her head in her hands, her tears falling upon a pad of yellow paper on the table before her.
Finally she dried her eyes, opened her purse. and counted her money. In some way it seemed that out of her grea aesire, out of her great new need, ther must be more than she had thought hands upon the two five-dollar bill and the one silver dollar and looked with an one siser hopelessness about the big room.
She had formotten her own disap pointments, her own loneliness. She vorld now sate to everything in the ute necessity of getting the woman back to the mountains while she yet had eyes to see them.
But what could she do? Again she counted the money. She could make herself, someway or other, get along without one of the five-dollar bills, but five dollars would not take one very close to the mountains. And then she paper and she saw that ane hom was waiting to take his place. The one who was reading had a dinner pail in his hand. The clothes of the other told that he, too, was of the world's workers. The man before the paper wore a look

Canadian Home Journal
which told plainly that to him it was the paper from home. And the one who was waiting had an eagerness, a certain expectancy, in his bearing.
The idea came upon her with such suddenness, sprang upon her so ful made her gasp. They-the people who made her gas. he Western paper, the people who loved the mountains and yet were far from them, the people who were themselves homesick and full of longing-were the people to understand.
It took her but a minute to act. She put the silver dollar and one five-dollar bill back in her purse. She clutched the other bill heran to write. She up a pencil, atition: "To all who know headed the mountains," and she told the story with the simpleness of one speaking from the heart, and the directness of one speaking to those sure to understand. "And so I found her here by the paper," she said, after she had stated the tragic facts, "because it was the closest she could come to the mountains. Her heart is not breaking because she is going blind. It is breaking because she may seeing eyes upon those great hill must do it for her simply because we would wish that under like circumstances, some une would do it for us She belongs to us because we understand
"If you can only give fifty cents, please do not hold it back because it seems but little. Fifty cents will take her seventeen miles nearer home seventeen miles closer to the things upon which she longs that her last
seeing glance may fall." After she had written it she rose. and. the five-dollar bill in one hand, the sheets of yellow paper in the other walked down the long romm to the desk at which one of the librarians sat. The pirl's cheeks were lery red, her eve shining with excitement, as with a hot eloquence she poured out the story They mingled their tears of sympathy logether, for the girl at the desk was herself young and far from home. and then they Waked back to the news paper, and wine the sle of gent baper just above the file. At the

## Cominud on follouing page

## Department of Child Hygiene

o much of "common cold"? Please look up the Jotkais for div, and see all the troubles that may follow make clear to your reason in this paper -no disease is unimportant, especially in a baby or little child. No child ought wer willingly to he expesed to contac with sickness of any sort. Every indisposition, however slight, should receive immediate attention, the younger the patient the more careful the attention.

Every month a child is kept in good bealth means many months to the good in that child s life-means a vas incre ine that Every illne
Every ilness a aloided either by an individual or much more by a community
is life saved, time saved, money saved morals saved-is a truly patriot deed.


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## For Love of the Hills

## (Continued from preceding page.)

"Leave your money at the desk in this room. It will be properly attended to." dollar bill and passed out into the gathering night.
Her heart was brimming with joy, "I can get a cheaper boarding place," she told herself, stepping jauntily along through the pudales of water, "and a place in a store.

One by one they had gathered around while the woman was telling the story. "And so, if you don't mind," she said, in conclusion, "I'd like to have you put In a little piece that I got home safe. so's they can all see it. They was al so worked up about when I'd get here. Would that cost much?" she asked timidly.
"Not a cent," said the managing editor, his voice gruff with the attempt to keep it steady.
You might say, if it wouldn't take rom, that I was much leased with the prospect of getting home before sundown to-night.
"You needn't worry but what we'll say it all," said the city editor. "We'll say a great deal more than you have any idea of."
"I'm very thankful to you," she said, as she rose to go.
They sat there for some time in
silence. "When one considers," said the silence. "When one considers," said the managing editor, "that the who could not subscribe to a people who could not paper, it makes the story-I was going to say big. I mean tremendous." "When one considers that the gir who started it had eleven dollars to her name," began the city editor-and then stopped very abruptly.
The managing editor walked to the door of his own room. "Don't fall down on it, Lewis," he sald to the city. and closed his door with a bound at the The city editor looked around can't all have it. when it's so big a chance, but have it, when its so bily a Raymond. And in writing it just remember, Raymond. that the biggest stories are not written about politics. or about murders, or even wars. The biggest stories are written about the things which draw human beings closer together. And the chance to write them dnesnt come every day, or every year. or evers you
time. And lill tell you, boys, all of you time. And when it seems sometimes that the milk when it seems sometimes that thrned sour. Just you think back to the little story you heard this afternoon."
Slowly the sun slipped down behind the mountains: slowly the long purple shadows deepened to black; and with the coming of the night there settled over the everlasting hills, and over the soul of one who had returned to them a satisfying peace.
the end.

## The Force of Inertia

(Continued from page
gentle smile, turning to his silent and respectful audience. "I spik io-day from de Force of Inertia. Dat iss iss possitif. Eet iss stupentuss power w'en eet iss no power. Fet iss hitten force. Dis locomotif. Dese rodes. Dese peestons. Dis boller. All act on harmonie. De train run smoof. Dere iss no char. Den com de Force from Inertia. Eet cam sutien. No ven eet cam. Dels stop De cogs stop stop. De weels stop. De cogs stop.

He paused, and a sweet and naive smile lifted up his thin lips, as he concluded his lecture just as the brazen blang of the bell resounded through the lark, substerranean building.
"Den, jantleman:-w'en dat Force come-dot Inertia moof-den de locomotif is busted-de whole tam ting go to hal!"
Now indeed was he one of the Sixteens. The shout of approval shook the
very rafters. And then the other very rafters. And
standing on their rough, jack-knifed scarred benches the Sixteens stood Ying, whistling like mad. The cold Sgeamed with living fires. The hata hearts were shot through and interpenetrated with noble passion. Brute force, . transfigured, did homage-to Epirit, which is unconquerable-to Soul
which is eternal. Sixteen had learned the memory of his own bitter ordeal its lesson-and learned it well. Wildy cheering, they thronged out. Only the Swede remained-sitting alone at his desk, gazing out through the high win-dow-out over the snow-covered landof his struggling progress up from poverty. One battle after another. Defeat and victory-victory and defeat and victory again. So life progressed. So the world moved in harmony. The man's part. The sense of accomplishment. The triumph of brute over Nature-the triumph of Mind over Man.
HE END.
the end.
ON TAKING ONE'S HUSBAND SHOPPING.
As to the advisability of taking one's husband to the shops, much may be is certain that after he has spent three hours in a chair while his wife tries on spring suits, a man will have a very definite idea of what women suffer in the daily task. The next time his wife comes home from the shops with a headache he is likely to be more sympathetic. But then again it may be that
will prevail, and he will carry away with him a more vivid sense of the futilities in which the life of woman is spent. It all depends on the man, of course. But the husband endowed with just a bit of philosophic reflection, planted three solid hours in a tapestry chair, in an audience of three hundred women and fifty salesgirls, will watch the strained and tired faces, the tryingson and divestings, the search after the unattainable ideal, the final purchase made more out of weariness than out of satisfaction; and he cannot help asking himself, For whom is "t all males?" And it will make him thoughtful. On the whole, a unlversity extension course in Shopping Practice and Observation would be good for the average man.
Taking along one's husband to the store as critic and appraiser is of no use at all. In the first place, his principles of criticism are utterly unlike a woman's. His criticism is of the rot his wife in the green cloak with fur edging and says, "I like that." Or else
he says, "You look weyl in that." As it the mere fact that a woman looks well in a green coat, or that she likes it, were the deciding factor. Woman belongs, in the matter of dress, to the scientific school of criticism, which bases itseif on universal principles-Aristotle, Taine, Brunetiere. It is criticism which does not ask whether a woman looks well in a green cloak trimmed with fox, but says, How does this green cloak fit into that woman's life, her temperament, her likes, her friends, her duty to her family and to society, on the one hand; , and how near is it in danger of being duplicated by the woman next door, on the other hand? A man likes his wife's dinner gown when it looks well on his wife in the shop. A woman is bound to wall-paper and the lights at the the fact that she had a dark-red dinner gown year before last, the fact that her color is somewhat higher than it was two years ago, that she has taken on three pounds in weight, that her husband's income has materially increased since last year, and that next year people will be wearing greens and purples.-Harper's Magazine.


# Hot Cakes and Breads for Cold Mornings 

The following recipes have all been tried and tested and are both economical and satisfactory.

How very welcome of are the delicious griddle akes and muffins that make the butter fly and pread forth the beautiful syrups for our delecta omprised of mptuous hot readcrumbs, as well as many things not left over When making hot cakes and quick doughs, ar ange the fire and dishes for cooking, measure verything before mixing any, sift the dry maerials, add the liquids, mix thoroughly, and cook mmediately.
There are but few ingredients used in quick hot reads-in fact, only four that are essentialeaven, flour, salt and liquid. The flavor and th tharacter of the mixture are varied according to he consistency of the mixture and the addition o few accessories
hortening, and others that might be elassed lavors, such as fruits and spices Gave the griddles warmina
he cakes. Grease them a little, while you mix keep the batter from sticking; have them hot be ore putting the cakes on to fry or bake. The bat er should not stand long after being mixed, but hould be cooked right away. Have ready a heated late to place the cakes on as they are fried; neve sut them on a cold plate. Mix and bake them ruickly, and serve them hot. If you put the batter nto a pitcher it can be poured on the hot griddle : spoon. Do not grease a soapstone griddle. Boston Brown Bread.-Mix and sift one ye meal one cupful of corn meal, one-half of Graham flour, one-half cupful of flour, three ourths tablespoonful of baking soda, one teaspoonful of salt, add three-fourths cupful of molasses and two cupfuls of sour milk, or one and three-fourths supful of sweet milk, stir until well mixed, and sour into a well-greased mold, and steam for four cours. The cover should be greased, before being slaced on the mold, and then tied down with tape; ytherwise the bread in rising might force off the two-thirds full. A melon-mold or one-pound baking-powder boxes make the most attrac ive-shaped loaves, but a five-pound lard pail answers the purpose. Hot Biscuits.- Sift one quart of flour into有, rub one tablespoonful of lard or buter innely into it, add three teaspoonfuls of raking powder, one teaspoonful of sugar, nd one-half teaspoonful of, salt. Add very lough. Knead a little on a floured baking board, do not handle much, roll out one-half inch in thickness, cut into small rounds with smaler. Lay on greased baking tins not with butter Waffles.-Si
rasin, add one-half cupfuls of flour into a me teaspoonful of sugar. Beat up the yolks if two eggs, add one cupful of milk to them, udd gradually to the flour, then lightly mix $n$ one tablespoonful of melted butter and he whites of eggs beaten to a stiff froth. sry on a hot well-greased waffle iron. Serve 10t with maple or golden syrup.
RICE MüFfins.-Sift two cupfuls of flour into a bowl, rub finely into it three tablespoonfuls of butter or lard, add a pinch of poonful of baking powder, two well-beaten grs, one cupful of milk and one cupful of oiled rice. Mix well and bake in a hot iven in well-greased gem pans or muffin -ings.
uls of butter in one-third cupful of milk when cold, add one cupful of flour. one-half teaspoonful of salt, one teaspoonful of lemon vice, three tablespoonfuls of sugar, onehird of a cupful of rolled oats and one-half upful of fine oatmeal. Mix together and

## moderate oven

Buttermilk Bread.-Sift two cupfuls of lour into a basin, add one teaspoonful of alt, one teaspoonful of baking soda and one easpoonful of cream of tartar, and sift gain, add enough buttermilk gradually to Lake into a neat loaf, score it across with a inife, bake for three-quarters of an hour in moderate oven.
Oven Scones.-Rub five tablespoonfuls of utter finely into two cupfuls of flour, add ne tablespoonful of sugar, one-fourth of a easpoonful of salt, one teaspoonful of bakng soda, two teaspoonfuls of cream of tar2 cup, then with one-half of it and some

By MARION HARRIS NEIL
Author of "How to Cook in Casserole Dishes"
weet milk make the other ingredients into a soft dough. Knead a little on a floured baking board, divide it into five pieces, make them smooth and roll out, not too thinly, cut them into four small akes. Lay them on a buttered baking tin, brush hem over with egg and bake them in a hot oven for ten minutes. Serve hot with butter.
Corn Muffins.-Sift one cupful of flour into a asin, add one-half cupful of cornmeal, rub into hree tablespoonfuls of sugar, a pinch of salt, and sift in one-fourth of a teaspoonful of baking soda and one-half teaspoonful of cream of tartar. Beat up three eggs, add one cupful of milk, then pour them among the dry ingredients, mix well, one-half fll gem pans, which are greased and heated. Bake in a moderate oven for thirty minutes. Serve hot. Griddle Cakes.-Sift together three and one-hale cupfuls of flour, one teaspoonful of salt and three easpoonfuls of baking powder. Beat up two eggs, add one-fourth cuptul of sugar, with two cupfuls of Mix, well and add two tablesponfuls of meredent er Drop from the tip of a spoon on a hot aridde vell greased. When full of bubbles, turn and cook the other side. Serve at once with syrup.
Rye Cakes.-Sift together two-thirds cupful of rye flour, two-thirds cupful of flour, one-half teapoonful of salt and one teaspoonful of baking powder. Add gradually one-half cupful of milk, two ablespoonfuls of golden syrup and two well-beaten eggs. Drop by spoonfuls into smoking hot fat; when a golden color, drain on white paper, and erve hot.
EgG Biscuiss.-Sift into a basin two cupfuls of of salt, and two teaspoonfuls of baking powder Rub in four tablespoonfuls of butter add two well. Reab eggs, then gradually two-thirds cupful of milk brop by spoonfuls, one inch apart, on a buttered in. Bake in a hot oven for ten minutes.
Bread Griddle Cakes.-Pour two cupfuls of hot mik on to two cupfuls of breadcrumbs and allow to tand for six hours, then add one teaspoonful of salt, ne cupful of flour sifted with two teaspoonfuls of baking powder, and two well-beaten eggs. Heat a griddle; when hot, grease with a piece of suet. Drop he batter from the tip of a spoon on hot griddle

When full of bubbles, turn; when cooked on
both sides, serve

## on a hot plate.

Breakfast Rolls.-When making white bread re serve three cupfuls of the dough. Work in four ablespoonfuls of melted butter and one-hali table poonful of sugar, place and allow to rise. Form into round balls, brush with butter, let rise again, and ound bunsed baking tin and bake in a hot oven. Baking Powder Biscuits.-Sleve four times two cupfuls of flour, one-half teaspoonful of salt and three teaspoonfuls of baking powder. Rub in two tablespoonfuls of butter, add one-half teaspoonfu of sugar, add milk to make soft dough. Roll lightly three-fourths of an inch thick, cut with cutter, and bake for twenty minutes in a hot oven
Crumpets.-Add to one cupful of lukewarm wacer one-half of a yeast cake, one teaspoonful of sugar, one teaspoonful of salt ana two tho to make a stiff patter. Beat for twenty minutes. Pour a little int hot buttered muffin rings on hot greased griddle ook slowly and when brown turn and brown the ther side. Serve hot with butter or syrup.
Potato Biscuits.-Press one cupful of hot potatoes through a sieve, add four tablespoonfule of utter, one-fourth of a yeast cake dissolved in one half cupful of lukewarm milk, three teaspoonfuls f sugar, one teaspoonful of salt, one well-beaten gg and flour to make soft sponge. When very ight add more flour and knead to a soft dough. Roll the dough one-fourth of an inch thick, cut out with cutter, place on warm buttered tins, brush euits, brush with butter and put in cool place unt il morning. Let them rise in a warm place, and bake in a hot oven.
Flannel Cakes.-Scald one and one-half cupful cornmeal with three cupfuls of hot milk; ad ve tablespoonfus of butter, one and one-haif cupfuls of four, one teaspoonful of salt, two table poonfuls of sugar and one-half yeast cake dis solved in one-fourth cupful of lukewarm water; et the mixture rise over night. In the morning oriddle cake

Parker House rolls.-Heat two cupfuls af milk, when cool add one-hal yeast cak water, sift in two cupfuls of flour and on easpoonful of salt; beat thoroughly and let rise. When spongy add one tablespoonful of sugar and one-fourth cupful of melted but ter and flour to knead. Allow to rise, and when double its bulk, shape into balls; la on a buttered baking tin, and when risen to double their bulk, press with floured handle of wooden spoon, almost dividing the biscuit. Brush one-half with butter; press th two halves together, place on a buttered tir and allow to rise. Brush over with beater Sour Milk Gridde Cares. - Beat ot over dd one cupful of sour milk - Beat one eg ful of melted butter, one cupful of fle sifted with one-half teaspoonful of salt one-half teaspoonful of baking soda solved in a little water. Mix well, and on a hot greased griddle as griddle cake
Mountain Muffins.-Cream one-f cupful of butter with one-fourth cupful sugar, add one well-beaten egg; sift teaspoonfuls of baking powder with cupfuls of flour and one-fourth teaspoon of salt, and add to the first mixture, al ately with one cupful of milk. Mix for twenty-five minutes in a moderate DoUGHNUTs.-Sift four cupfuls of flour bowl, add one teaspoonful of solt t easpoonfuls of baking powder, one spoonful of baking soda, one-fourth spoonful each of powdered cinnamon allspice, one cupful of sugar, rub in tablespoonful of butter, add one beaten and one cupful of sour milk. Stir there ly, and toss on well-floured board; slightly, using flour if necessary. Rol to one-fourth inch in thickness; cut ou
 as soon and frequently afterwards.
Hominy Gems.-Pour oilling water into a bowl, add oneto cupful of cooked hominy and one-fou ful of salt, and let stand until hominy orbs water. Add one cupful of scalded n to one cupful of cornmeal, then add th tablespoonfuls of sugar and four tablespe cool slightly, add two beaten Combe mixty easpoonfuls of baking powder, and th moderate oven iuntil reased gem pans in




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