

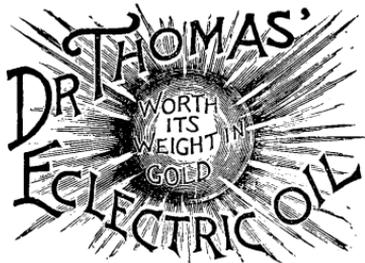
NORTHROP & LYMAN
Co's

FAMILY

RECIPE
BOOK

AND GUIDE TO HEALTH

*Published by
Northrop & Lyman Co.
Toronto, Canada*



IT CURES

Rheumatism, Lumbago, Lame Back, Neuralgia, Diphtheria, Coughs and Colds, Sore Throat, Croup, Piles, Frost Bites, Burns, Asthma, Catarrh, Chilblains, Corns, Tooth, Ear and Headache, Bruises, Wounds and Sprains of every description on Man or Beast. Actually the best External and Internal Remedy Known.

ENTERING THE SYSTEM through the pores, when applied externally to relieve pain and inflammation, Dr. Thomas' Electric Oil relaxes and soothes the stiffened, swollen, and irritated Ligaments, or Rheumatic Joints, and promptly checks the pain. Taken internally, it remedies disorders of the Respiratory Organs, Bowels, Liver and Kidneys.

This matchless compound not only possesses remedial efficacy of the highest order, but, inasmuch as it contains no alcohol, its influence is not weakened by evaporation, which is the case with a great many oils of doubtful efficacy, which have an alcoholic basis.

EASE BY DAY and repose by night are enjoyed by those who are wise enough to apply Dr. Thomas' Electric Oil to their aching muscles and joints. A quantity easily held in the palm of the hand is often enough to relieve the most exquisite pain.

CONSTITUTIONS OF IRON are undermined and destroyed by lung and bronchial diseases consequent upon neglect of a cough. A foolhardy disregard of that warning symptom is, unfortunately, very common; and that is the main reason why consumption figures so conspicuously among the causes of premature death. A timely use, inwardly and outwardly, of Dr. Thomas' Electric Oil—a benign, pure, and undeteriorating antispasmodic, soothing and healing agent, endorsed and recommended by the faculty—is a sure, prompt, and inexpensive way of arresting a cough or cold. Besides being a pulmonic of acknowledged excellence, it is a matchless anodyne for rheumatic and neuralgic pain; cures bleeding or blind piles, sores and hurts of all kinds, and

remedies kidney troubles and lameness or weakness of the back.

USED FOR ALL AILMENTS.—MR. CHAS. G. GRIMES, Walker's Point, Ont., writes: "Dr. Thomas' Electric Oil cures so many different diseases that every one uses it, and say it is the best medicine ever sold in this part of the country."

STREET CAR ACCIDENT.—MR. THOMAS SABIN says: "My eleven year old boy had his foot badly injured by being run over by a car on the Street Railway. We at once commenced bathing the foot with Dr. Thomas' Electric Oil when the discoloration and swelling were removed, and in nine days he could use his foot. We always keep a bottle in the house ready for any emergency."

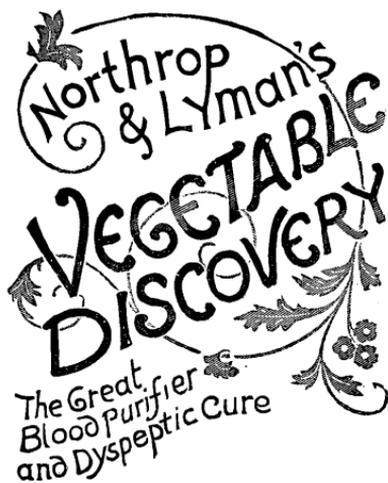
WORD FROM CALIFORNIA.—MR. J. F. MUNCEY, San Francisco, Cal., writes us: "Dr. Thomas' Electric Oil is a wonderful medicine for reducing swelling; my leg was fractured, and the foot and ankle being badly swollen, I used the Oil and found it excellent for taking down the swelling."

ONE BOTTLE DID IT.—MR. W. J. KENNEDY, Estmere, C. B., writes: "Dr. Thomas' Electric Oil has a ready sale here. I tried it myself in a case of bronchitis, where all other remedies failed, and was cured with one bottle."

ALL SAY THE SAME.—MRS. N. BROOKMIRE, Ellendale, Dickero Co., Dakota, writes: "When leaving Canada, I brought some of Dr. Thomas' Electric Oil with me, and my friends here think the world of it. We cannot get along without it," etc., etc.

AGRAND REMEDY.—MR. E. G. HOWARD, Toronto, writes: "I had been troubled with a very severe pain in my left side, and had become quite unfit to follow my daily employment, and having heard that Dr. Thomas' Electric Oil was a sure remedy for the ailments of mankind, I got a bottle and have proved it so in my case. I have found it a grand remedy for soreness of the muscles or joints. I have also recommended it to others for the earache and for severe cold in the head, and it has never failed to give satisfaction. My friends have found it a valuable family medicine, and we unite in thanking you for the benefits we have received from your valuable medicine."

STILL ANOTHER TRIUMPH.—MR. THOS. S. BULLEN, Sunderland, writes: "For fourteen years I was afflicted with piles; and frequently I was unable to walk or sit, but four years ago I was cured by using Dr. Thomas' Electric Oil. I have also been subject to quinsy for over forty years, but Electric Oil cured it, and it was a permanent cure in both cases, as neither the piles nor quinsy have troubled me since."



Northrop
& Lyman's
**VEGETABLE
DISCOVERY**
The Great
Blood Purifier
and Dyspeptic Cure

VEGETABLE medicines and vegetable food are of the same origin, consequently, if the latter nourishes the body (and we know it does), it follows that the former will do the same. Northrop & Lyman's Vegetable Discovery is, as its name represents, a vegetable medicine, skilfully combined, thereby forming a preparation which nourishes and invigorates the system, while it permeates and cleanses the Blood from all impurities.

If the Blood is pure and rich you will be in the enjoyment of good health, but if this river of Life is turbid or impoverished the circulation is checked and a multitude of diseases follow. What are

PIMPLES and Blotches, those unsightly things that disfigure the fairest and loveliest face, and make it an object of indifference if not disgust? Are they not an evidence of impurity of the Blood? What is

SCROFULA?—It is the unsightly eruptions that owe their origin to the same source, and nothing but a blood purifier or cleanser will cure this disease.

SALT RHEUM, *Cancerous Humors, Tetter, Ring-worm, Erysipelas, Itch, Boils, etc.*, are also evidence of the state of the Blood, and are Nature's attempt to throw off the poison or impurities that are lurking in that vital fluid. Give Nature a chance by using Northrop & Lyman's Vegetable Discovery and the eruptions will all disappear.

DYSPEPSIA.—We challenge anyone to produce a case of this disease that the Discovery will not cure. Its operation is thorough, and it removes every vestige of the complaint!

BILIOUSNESS.—For this complaint it has no equal. It gives tone to the stomach, corrects acidity, and brings every part into active work. It drives

MALARIA and all Malarial Diseases, such as Fever and Ague, etc., from the system by cleansing the Blood, giving activity to the Liver, strengthening the organs of digestion, secretion and absorption.

LIVER COMPLAINT.—Try this valuable medicine for Liver Complaint. It has a good record, as you will see by looking at the testimonials from those who have been cured.

KIDNEY AND BLADDER DISEASES have been cured by the use of Northrop & Lyman's Vegetable Discovery, and we don't believe there is any preparation equal to it or that will do as much for these complaints as this celebrated medicine.

CATARRH is a constitutional disease and requires a medicine that will permeate every part of the human system and cleanse all impurities from the blood. This is precisely what Northrop & Lyman's Vegetable Discovery will do.

AS A TONIC it has a remarkable effect on the weak and broken-down constitution, restoring the appetite and giving strength and vitality to the system.

THE LADIES' Favorite Medicine is Northrop and Lyman's Vegetable Discovery. It has a beneficial effect at once by strengthening the system and helping nature to perform her duty. Female complaints are caused by some parts of the body becoming clogged. The Blood may have become thick from some impurity, or the Liver sluggish. Don't waste time brooding over your trouble, and making yourself miserable and every one around you; get Northrop & Lyman's Vegetable Discovery and use it, and continue to use it, and you will soon see an improvement in your appetite and your body and mind strengthened.

DID YOU EVER NOTICE how susceptible you were to disease when your blood was out of order? How soon a hearty dinner would be followed by an attack of Dyspepsia or an affection of the Liver? If you expose yourself to the least draught how easily you catch cold; then followed Catarrh, Bronchitis, Asthma, Rheumatism or some other disease. Did you ever stop to think that most of these complaints were directly caused by the machinery of the body becoming clogged through the **IMPURITY OF THE BLOOD?**

Take for instance, a stream of water that is full of impurities, and erect thereon a mill, and you will find that in a very short time the water wheel that drives the machinery will get out of

order, and if the impediments are not removed it will soon refuse to move. It is just the same with the machinery of the human body. The blood or stream of life, must be pure or the big wheel will stop. It may not stop suddenly as in the case of those who die from *Heart Disease*. A strong constitution may enable you to fight with it for years, but eventually it will come to a standstill. But many have not a strong constitution, and the great reaper, Death, gathers them in before they have reached the age of manhood.

HOW MANY VALUABLE LIVES might have been spared if a little more precaution had been taken, and when our system required renovating get some good medicine for it? We claim that by the timely use of our Vegetable Discovery a vast amount of suffering may be removed and diseases cured, that if not checked would bring the afflicted to an untimely end. Ample proof of our assertion is to be found by reading the following testimonials, and many others to be found in this book:

A SURE CURE.—MR. C. W. FORD, Morewood, writes: "Wm. York of this place was troubled with Dyspepsia, and was recommended by me to use NORTHROP & LYMAN'S VEGETABLE DISCOVERY. His case was the worst of its type, could not eat or relish scarcely anything, two bottles of this medicine completely cured him. Two more of my customers were cured of bad cases of Dyspepsia by using the VEGETABLE DISCOVERY. It gives the best satisfaction of any Blood Medicine I ever sold, and for Dyspepsia it is a sure cure."

HIGHLY SPOKEN OF.—MR. J. L. FLETCHER, Nashwaak, N.B., writes: "NORTHROP & LYMAN'S VEGETABLE DISCOVERY is highly spoken of by my friends who have derived great benefit from its use."

FIVE YEARS WITHOUT MEAT.—MR. CLEOPHAS LONGVAL, St. Camille, P.Q., writes: "For twenty years I suffered untold agony with Dyspepsia. I spent large amounts for medicine but got no better. For five years I could not eat meat of any kind. Mr. Crepeau, merchant of this place, recommended me to try NORTHROP & LYMAN'S VEGETABLE DISCOVERY. I commenced its use and I very soon had a relish for my food and could eat meat without any bad effects. I am now entirely well, and this wonderful and happy change has been effected by the use of three bottles only."

A BAD CASE OF DYSPESPIA.—MR. JEAN VALCOURT, Wotton, P.Q., writes: "For three years I was obliged to live on milk, as I had Dyspepsia so bad that I could not take any other food. I commenced using NORTHROP & LYMAN'S VEGETABLE DISCOVERY, and although, not cured,

I am certain it has made me a great deal better. I recommend it to all those who suffer from Dyspepsia."

DYSPESPIA FOR FIFTY YEARS.—MR. HARRIS N. FOSTER, Chute's Cove, Annapolis Co., N.S., writes: "I think NORTHROP & LYMAN'S VEGETABLE DISCOVERY a wonderful medicine or Dyspepsia. For over fifty years I was troubled with Dyspepsia, and spent hundreds of dollars for medicine trying to get a cure, but failed until I tried your VEGETABLE DISCOVERY. I got one-half dozen and took one-half of it, the other half was used by my stepdaughter. She was troubled with Dyspepsia and all run down, but it brought her right up. She says she never took anything that done her so much good. Such a great boom for building up the system should be more widely known. I will always keep a bottle on hand, so that if I should have another attack of Dyspepsia I will also have a cure."

A MIRACULOUS MEDICINE.—MR. J. H. CREPEAU, St. Camille, writes: "Send me at once three doz. NORTHROP & LYMAN'S VEGETABLE DISCOVERY. It is a miraculous medicine, and has performed great cures, testimonials of which we can give you."

KNOWS IT IS GOOD.—MRS. C. JOHNSON, Melville, writes: "I have great pleasure in recommending your VEGETABLE DISCOVERY. I have used two bottles, and it completely cured me of a bad case of Dyspepsia. I also found it an excellent Blood Medicine, and sure cure for Kidney troubles."

A GOOD REGULATOR.—MRS. A. SHULER, 137 Fitch St., Syracuse, N.Y., writes: "I had Dyspepsia for three years, and my blood was very much out of order when I commenced taking NORTHROP & LYMAN'S VEGETABLE DISCOVERY. After taking three bottles I feel like a new person, although in my sixty-eight year, and I cannot thank you enough for what this most excellent medicine has done for me."

A GOOD WORD FOR IT.—MR. E. YOUNG, Burlington, N.S., writes: "Send me two doz. NORTHROP & LYMAN'S VEGETABLE DISCOVERY, I am entirely out. My customers say it is the best article in the market for the diseases it is recommended to cure."

IT BUILT HIM UP.—MR. L. E. STEEVES, JR., Salisbury, N.B., writes: "About a year ago I caught a heavy cold, and I was going right down in health and strength, and I thought I would never get well, but being induced to try NORTHROP & LYMAN'S VEGETABLE DISCOVERY, I used three bottles of it, and it made me all right again. I can recommend this medicine as a restorer of health, and for all complaints of the Stomach and Lungs."

DR. J. D. KELLOGG'S EYE WATER

**FOR THE CURE OF ALL DISEASES OF THE EYE,
SUCH AS: INFLAMMATION, FILMS, OPACI-
TIES, SPECKS, ABNORMAL GROWTHS
ON THE MUCOUS SURFACE,
AND GANGRENE.**

To describe the diseases to which the eye is subject would require more space than we have at our disposal. They are numerous and sometimes very difficult to treat and should only be treated by those who have a thorough knowledge of medicine. You should never use eye water, wash, or salve, that has not been prepared by an experienced chemist. Using home-made eye medicines is poor economy, as you run the risk of destroying that sensitive, complex and beautiful structure, the "Window of the Soul."

THIS MOST EXCELLENT medicine stands at the head of the list of remedies for the cure of sore eyes. It has been on the market for a number of years, and we have never had one complaint against it, nor has it come to our knowledge one instance in which it has failed to effect a complete cure where the directions were followed.

NO CURE, NO PAY—MR. J. H. BARKER, of the Dominion Lime Co., Lime Ridge, P.Q., writes: "One of our customers came to our store with very inflamed eyes some time ago. I asked him why he did not cure them, he said he could not. For fifty cents I promised to cure or no pay, and gave him a bottle of Kellogg's Eye Water. Three days after he came in and threw fifty cents on the counter saying, Kellogg's Eye Water cured his eyes. I have sold several dozen and have never heard of it failing in one case to cure."

MR. JAMES HENDRY, Stewart's Bay, Ont., writes: "I received DR. KELLOGG'S EYE WATER, and am glad to say that it has done me a great deal of good. It soon removed the inflammation, and is gradually removing the film. It is much easier on the eye than any other remedy I have ever tried. I will recommend it to anyone I meet with who is suffering from sore eyes," etc.

Notice the name, "DR. J. D. KELLOGG'S EYE WATER," prepared only by Northrop & Lyman Co., Toronto. Sold by all medicine dealers; 25 cents per bottle.

Cooking Recipes.

Potato Soup.—1 qt. of milk, 6 potatoes boiled and peeled, $\frac{1}{2}$ lb. butter, season with pepper and salt, mash the potatoes fine, and while mashing add the butter, salt and pepper, pour in gradually the milk, boiling, stir it well and strain through a sieve, beat up an egg and put in the tureen after the soup is strained, heat it again as it cools in straining.

Pea Soup.—1 qt. split peas, boiled in 3 qts. water until quite soft. Then drain it through a colander. Toast a slice of bread and cut it up into small pieces, and fry the same until brown, in a greased pan, add this to the soup with a $\frac{1}{4}$ lb. butter, and pepper and salt to taste.

Bean Soup.—1 qt. small white beans, boiled until quite soft in water; add 2 qts. milk and 4 onions well fried in butter, then add a lump of butter with pepper and salt.

Vegetable Soup.—Make a strong stock, and to this add chopped onions, turnips, carrots, celery and a small cup pearl barley, pepper and salt to taste. Boil 4 hours slowly.

Oyster Patties.—Make a rich puff paste, cut in small squares, place a layer of oysters, which have been dried on a napkin, on the paste; dust a little salt, powdered mace, and cayenne pepper over them, covering with another piece of paste; wet the edges of the paste with cold water, using a paste brush, and pinch lightly together; bake in rather a quick oven. It should be a light color.

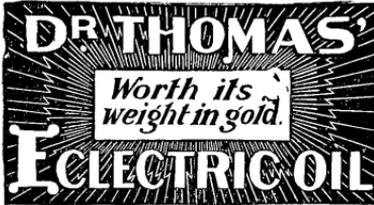
Stewed Oysters Plain.—Have your oysters freshly opened, put them with their own liquor into a stewpan, give them one good scald, then add a good bit of butter and some pepper, and serve with cold butter and crackers, and dressed celery.

Curried Fish.—Divide your fish into cutlets, skin, bone, flour, season with pepper and salt, and fry them slowly in dripping. Have ready some rice steamed or boiled. Arrange it in heaps around the edge of the platter. Within it lay the fish cutlets, and into the centre of dish pour the curry prepared into the usual way.

Hashed Mutton with Fried Eggs.—Make a hash of mutton and garnish it with fried slices of bread and fried eggs on tomato or some other sauce.

Head Cheese.—Boil in salt water the ears, skin and feet of pigs, till the meat drops off, chop like sausage; season with pepper, salt, cloves and herbs; mix altogether, put it under pressure to cool. Cut in slices for the table cold.

For Geese and Ducks.—Crumbs of bread, sage-leaves, 4 large onions boiled a little and chopped up, butter and salt.



For over twenty years this celebrated medicine has been sold in Canada, and it has now the largest sale of any medicine in the market.

Its popularity has not been attained by advertising but by genuine worth. The experience of those who have used it fully demonstrates the skill of its composition and its superiority for all the purposes for which it is recommended.

There is no one who has used this wonderful pain-conquering oil and tested its curative power but gives it the preference over all others, which accounts for its rapidly-increasing sale.

It is constantly making new friends and never loses any of the old ones, which is ample proof that it is a medicine of rare and unparalleled value. Where is there another medicine that has for twenty years withstood this impartial judgment of the people and increased in sale each year? Not one can be found.

IT DOES NOT merely allay pain and soreness to return again, as most medicines do, but the efficacy of the ingredients from which it is made are so wonderfully penetrating that a proper use of it will most certainly remove all stiffness of the joints, lameness of the muscles, and pain arising from any cause; even in spinal disease, a chronic form of which baffles all treatment, a frequent use of Dr. Thomas' Electric Oil will give strength and freedom from pain derived from no other source.

RHEUMATISM is thoroughly conquered by the use of this medicine, with the assistance of a few doses of Northrop & Lyman's Vegetable Discovery to remove the humor or seeds of the disease from the blood and system. Of course, to effect a permanent cure the disease must be removed from the blood, and no medicine can remove it as quickly as the Vegetable Discovery. All who use both medicines are astonished at the rapidity with which they remove this excruciating and harassing disease, simply by thoroughly rubbing the parts affected with Dr. Thomas' Electric Oil and taking the Vegetable Discovery according to directions.

NEURALGIA, SCIATICA, TIC DOULOUREUX, Lumbago, and such diseases should be

treated in the same manner, and a cure will follow without fail.

FOR SORE THROAT, QUINSY, CROUP, COLDS, ETC., it is worth its weight in gold. A few doses will cure sore throat. It never fails in Croup or Quinsy. It has cured Inflammation of the Lungs when the doctors had given up the case. It has cured bad cases of Diphtheria, and those who have used it believe there is nothing equals it for that dreadful disease. **CHRONIC SORES,** that refused to heal under medical treatment for years, were rapidly healed by the application of Electric Oil and the use of Northrop & Lyman's Vegetable Discovery to purify the Blood.

A COUGH, even of long standing, is speedily controlled and cured by it. Swelled Neck and Lamé Back rapidly disappear when it is used.

The certificates to be found in this book should be conclusive evidence that it will effectually arrest pain of every character in any part of the body, no matter how severe, or of how long standing, if it is thoroughly applied and rubbed in. Those using it in this manner express a conviction of the reality and efficacy of the penetrating ingredients of which Dr. Thomas' Electric Oil is composed. But never forget that where there are Humors or Impurities in the Blood and System, Northrop & Lyman's Vegetable Discovery is your sheet anchor of hope for a lasting cure. It is positively unequalled by any remedy or compound in the whole catalogue of medicines for purifying the Blood and removing the source of disease from the system.

REMARKABLE CURE.—MR. F. BURROWS, of Wilkesport, writes: "that he was cured of a very dangerous case of Inflammation of the Lungs solely by the use of five bottles of Dr. Thomas' Electric Oil.

HEADS THE LIST.—MR. R. C. BRUCE, Druggist, Tara, says: "I have no medicine on my shelves that sells faster or gives better satisfaction than Dr. Thomas' Electric Oil, and the sale is constantly increasing, the past year being the largest I have ever had. One of my customers was cured of Catarrh by using three bottles. Another was raised out of bed, where he had been laid up a long time with a Lamé Back, by using two bottles. I have lots of customers who would not be without it over night."

CAN RECOMMEND IT.—MR. ENOS BORNBERY, Tuscarora, writes: "I am pleased to say that Dr. Thomas' Electric Oil is all that you claim it to be, as we have been using it for years, both internally and externally, and have always received benefit from its use. It is our family medicine, and I take great pleasure in recommending it.

THE TERRIFIC TWINGES

Endured by Rheumatics are first soothed and in the end permanently relieved by that beneficent annihilator of pain and preventive of its return, **Dr. Thomas' Electric Oil**, a combination of six medicinal oils, devoid of alcohol, and consequently non-evaporating when applied. Economic, because little of it is usually required to produce the desired effects, and the small cost of which is rendered doubly insignificant by contrast with the salutary results which it achieves. It is equally safe whether taken internally or externally, is applicable to diseases and injuries of horses and cattle, as well as of man, and exterminates Throat and Lung Diseases, Catarrh, Dysentery, Piles, Tumors, Sores, and a great number of other physical ailments.

A LITTLE SUFFERER.—The seven-year-old child of Mr. Henry Harding, Toronto, was confined to her bed for weeks with Rheumatism, limbs drawn up, great pain in all her joints; two bottles of **Dr. Thomas' Electric Oil** cured her.

ONLY HALF A BOTTLE.—MR. A. B. DES ROCHERS, Arthabaskaville, P.Q., writes:—"Thirteen years ago I was seized with a severe attack of Rheumatism in the head, from which I nearly constantly suffered, until after having used **Dr. Thomas' Electric Oil** for nine days, bathing the head, etc., when I was completely cured, and have only used half a bottle."

A SMALL QUANTITY.—MRS. D. MORRISON, Farnham Centre, P.Q., writing about **Dr. Thomas' Electric Oil**, says:—"George Bell used it on his son, and it cured him of Rheumatism with only a few applications. The balance of the bottle was used by an old gentleman for Asthma, with the best results. It acts like a charm."

LAME SHOULDER.—JOHN HAYS, Credit, P.O., says his shoulder was so lame for nine months that he could not raise his hand to his head, but by the use of **Dr. Thomas' Electric Oil** the pain and lameness disappeared, and, although three months have elapsed, he has not had an attack of it since.

INFLAMMATORY RHEUMATISM.—MR. S. ACKERMAN, Commercial Traveller, Belleville, writes:—"Some years ago I used **Dr. Thomas' Electric Oil** for Inflammatory Rheumatism, and three bottles effected a complete cure. I was the whole of one summer unable to move without crutches, and every movement caused excruciating pains. I am now out on the road and exposed to all kinds of weather but have never been troubled with Rheumatism since. I, however, keep a bottle of **Dr. Thomas' Oil** on hand, and I always recommend it to others, as it did so much for me."

Cooking Recipes.

Cooking Cold Ham.—Cut up all the bits and ends, put them in a frying or saucepan, with very little water and some butter; when warmed through, break in some eggs and stir them up with the ham until the egg is hardened.

Excellent Way to Dress Finnan Haddies.—The art of cooking finnan haddies is not generally understood. It is usually boiled, by which means a great portion of the fish is rendered uneatable. The proper way is to wash it well in hot water, wipe and place it in a pan and pour milk and water to almost cover it. Bake it in an oven 20 minutes, basting occasionally; when done put it on a hot dish, rub it over with a bit of butter, and you have a most delicious breakfast dish.

Frogs.—Scald them in salted boiling water, rub them with lemon juice, and boil 3 minutes; wipe them; dip them first in cracker dust, then in eggs ($\frac{1}{2}$ cupful milk mixed in 2 eggs, and season with pepper and salt), then again in cracker crumbs. When they are well covered with crumbs, clean off the bone at the end with a dry cloth. Put a tablespoonful of lard, and a tablespoonful of butter in a spider, over a bright fire, and when hot enough put in the frogs and fry.

Veal Cutlets.—Dip in beaten eggs when you have sprinkled pepper and salt over them; then roll in cracker crumbs and fry in hot dripping or lard. If you use butter or dripping add a little boiling water to the gravy when the meat is dished; thicken with browned flour, boil up once, sending to table in a boat.

Mince Meat.—2 lbs. beef, 2 lbs. suet, 2 lbs. raisins, 2 lbs. currants, 4 lbs. apples, 2 lbs. sugar, 1 teaspoonful salt, spices—pepper, allspice, cinnamon, ground cloves, mace, 1 qt. sweet cider. Chop the meat, suet and fruit fine. Mix all well together.

Egg Omelet.—Beat 6 eggs (after seasoning with pepper and salt), when ready for the pan add 2 tablespoonfuls sweet milk, have the butter in the pan nicely browned before putting in the omelet. When well done cut in two and double together.

Dressing for Turkeys.—Crumbs of a roll of bread, 1 handful sweet herbs, lemon, thyme and summer savory, $\frac{1}{2}$ lb. beef suet, green parsley and two eggs, pepper and salt.

Potatoes and Cream.—Mince cold boiled potatoes fine; put them into a spider with melted butter in it; let them fry a little in the butter well covered; then put in a fresh piece of butter, season with salt and pepper, and pour over cream or rich milk; let it boil up once and serve.

OWNERS OF HORSES REJOICING.

That is, all who have either used **Dr. Thomas' Eclectric Oil** on their Horses, or witnessed the wonderful effects when used by others.

When your Horses are suffering from a cut, abrasion or sore, it is just the medicine to use.

If your Horse is lame, stiff, or there is swelling of any kind, **Dr. Thomas' Eclectric Oil** is just the medicine to use. It allays swelling, removes stiffness of any kind, and is the most soothing and healing medicine that you can use.

IN CATTLE it cures Horn Distemper and in cows Garget; a few applications cure cracked teats; for the last named it is especially good. For Horn Distemper put half a teaspoonful in each ear, and pour a little back of the horns.

WORTH KNOWING.—**MR. JAMES SHANNON**, Leaskdale, writes:—"I suppose it would be of interest to you to know of two wonderful cures effected on horses by **Dr. Thomas' Eclectric Oil**. A customer of mine had a valuable colt, about a week old, which got cold and was unable to get on its feet. I advised him to give it a thorough rubbing with **Dr. Thomas' Eclectric Oil**, which he did, and to his surprise the stiffness was removed, and a perfect cure followed. The second astonishing cure was on a fine colt which had been operated on, followed by great swelling. The farriers said he would die, and they could not save him. 'Then if he is going to die,' said the owner, 'I will go and get a dollar's worth of **Dr. Thomas' Eclectric Oil**, and it will at least ease his sufferings. He got the **Eclectric Oil**, and it not only gave the colt relief, but cured him. It is just such remarkable cures as these that advertise **Dr. Thomas' Eclectric Oil**, and make our sales so much larger than of any other medicine."

BEST EVER USED.—**MR. W. R. LAZIER**, Bailiff, etc., Belleville, writes:—"I find **Dr. Thomas' Eclectric Oil** the best medicine I have ever used in my stable. I have used it for Bruises, Scratches, Wind Puffs and Cuts, and in every case it gave the best satisfaction. We use it as a household remedy for Colds, Burns, etc., and it is a perfect panacea. It will remove Warts by paring them down and applying it occasionally."

MR. P. M. MARKELL, West Jeddore, N.S., writes:—"I wish to inform you of the wonderful qualities of **Dr. Thomas' Eclectric Oil**. I had a horse so lame that he could scarcely walk; the trouble was in the knee, and two or three applications completely cured him."

Sparkles.

MAKING FRIENDS.—Life is very critical. Any word may be our last. Any farewell, even amid glee and merriment, may be forever. If this truth were but burned into our consciousness, and if it ruled as a deep conviction and real power in our lives, would it not give a new meaning to our human relationships? Would it not make us far more tender than we sometimes are? Would it not oftentimes put a rein upon our rash and impetuous speech? Would we carry in our hearts the miserable suspicions and jealousies that now so often embitter the fountains of our lives? Would we be so impatient of the faults of others? Would we allow trivial misunderstandings to build up a wall between us and those who ought to stand very close to us? Would we keep alive petty quarrels, year after year, which a manly word any day would compose? Would we pass old friends or neighbors on the street without recognition, because of some real or fancied slight, some wounding of pride, or some ancient grudge? Or, would we be so chary of our kind words, our commendations, our sympathy, our comfort, when weary hearts all about us are breaking for just such expressions of interest or appreciation as we have in our power to give?

A SCHOOLMASTER, after giving one of his pupils a sound drubbing for speaking bad grammar, sent him to the end of the room to inform another boy that he wished to speak to him, and at the same time promising to repeat the dose if he spoke to him ungrammatically. The youngster being satisfied with what he had got, determined to be exact, and thus addressed his fellow pupil: "A common substantive of the masculine gender, singular number, nominative case, and in an angry mood, that sits perched on the eminence at the other end of the room, wishes to articulate a few sentences to you in the present tense."

GIVE a man the necessaries of life, and he wants the conveniences. Give him the conveniences, and he craves the luxuries. Grant him the luxuries, and he sighs for the elegancies; Let him have the elegancies, and he yearns for the follies. Give him all together, and he concludes that he has been cheated both in the price and the quality of the articles.

WHAT is the correct temperature for kissing? When it is two in the shade.

How long shall girls be courted? asks an English newspaper. Not later than two o'clock in the morning, we think, excepting when it rains.



ARE your Horses or Cattle lean or poor, having no appetite, or do they devour their food ravenously, yet derive no benefit from it? If so, they require your attention. Give them Darley's Condition Powders according to directions, and they will soon be brought to a healthy condition.

It first acts gently upon the bowels, and then on the liver and lungs, and removes all obstructions therefrom, purifying the blood and enabling all the organs to do their work without overtasking any.

FOR HIDE-BOUND it is a complete success. In a very short time the disease will disappear under its operation, and a sleek and shining coat will follow.

For Heaves, Coughs, Colds, and all diseases which affect the wind of Horses, it has no equal.

As a **CONDITION MEDICINE** for Horses, Cattle, Sheep, Pigs, Poultry, etc., it is a decided success.

It is gratifying to know that it has been thoroughly tested and has proved itself worthy the confidence reposed in it by all stock-raisers. We know of no article which has given such general satisfaction and which has been so largely sold. It has not lost any of its original virtues, but still possesses those wonder-working properties which have rendered it so popular, and constrains those who have once used it not to use any other when it is possible to procure it. It never fails to give satisfaction, and no one who owns a horse or fattens cattle should be without it, or will be when made familiar with its virtues.

As a spring and fall medicine it is safe and thorough, and will not injure a horse whether sick or well, and can be given at all times without interfering with his work.

A WELL-KNOWN HORSEMAN SPEAKS.—Mr. Richard St. Pierre, Somerset, P.Q., writes: I use Darley's Condition Powders continually in my stable. I find them the best, and would not give my horses any other kind.

NORTHROP & LYMAN CO., Proprietors,
Toronto.
Price 25 cents.

Cooking Recipes.

Chicken Salad.—Boil 1 chicken tender, then take the meat and chop up, take 2 tablespoons mustard, 3 eggs boiled hard, chop the whites with the chickens, the yolks rub up fine with the mustard, 1 tablespoon salt, 3 tablespoons melted butter, 1 tablespoon black pepper, vinegar enough to moisten it, chop 3 heads celery to 1 chicken, mix all together and serve.

Tomato Hash.—Butter the dish well; put in a layer sliced tomatoes, a layer cold meat, sliced thin; then a layer bread and butter, and so on until the dish is full, seasoning well with pepper and salt, and beaten eggs poured over the top. Bake brown.

Potatoes a la Maitre D' Hotel—Cut cold boiled potatoes into irregular slices, not large, and heat in a saucepan, with a little milk and butter, salt, pepper, and some chopped parsley. Place it over a hot fire, stirring all the time until ready to serve. To make a French dish of this, stir in half the juice of a lemon, or a teaspoonful of sharp vinegar.

Celery Sauce.—Mix 2 tablespoons flour with $\frac{1}{2}$ teacup butter; have ready a pt. boiling milk; stir the flour and butter into the milk; take 3 heads of celery, cut into small bits, and boil for a few minutes in water, which strain off; put the celery into the melted butter, and keep it stirred over the fire for 5 or 10 minutes. This is very nice with boiled fowl or turkey.

Horse Radish Sauce.—1 teaspoonful made mustard, 1 tablespoonful vinegar, 3 tablespoonfuls thick cream, add grated horse radish till it is as thick as onion sauce.

Cold Slaw.—Cut a cabbage in small pieces and make a dressing as follows: 1 teacupful vinegar, 2 teaspoonfuls mustard, 1 teaspoonful salt, 4 sugar, 2 melted butter; 2 tablespoonful finely-mashed potatoes added to the dressing will improve it.

Pudding Sauce.— $\frac{1}{2}$ cup butter, 1 cup sugar, 2 eggs, well beaten, and pour on 1 cup boiling water; flavor with nutmeg or other flavor.

Creamy Pudding Sauce.— $\frac{1}{2}$ lb. brown sugar; $\frac{1}{4}$ lb. butter; 4 tablespoonfuls sweet cream; juice and rind of 1 lemon.

Wine Sauce.—Brown 1 cup sugar and a piece of butter the size of a hen's egg, in a saucepan Pour $\frac{3}{4}$ teacup boiling water slowly over the mixture; when ready to serve add $\frac{1}{2}$ cup currant wine.

Oyster Pie.—50 oysters, 3 eggs boiled hard and cut up very fine, a few crumbs of bread, a large slice of butter, nutmeg, pepper and salt. Bake it in a paste.

DR. J. D. KELLOGG'S HEALING OINTMENT

THIS OINTMENT is a compound of **REMARKABLE HEALING** ingredients, and its composition has been arrived at by the most thorough investigation. It stands pre-eminently at the head of all the External Medicines for healing, as it never drives the disease inward to **TAKE EFFECT ON THE INTERNAL ORGANS.**

It is a sure and certain remedy for the healing of every variety of Sore, from a simple scratch or bruise to the most aggravated Fever Sore or Scrofulous Ulcer, including the Healthy Ulcer, the Weak Ulcer, the Indolent Ulcer, and Ulcers of all kinds, Wounds, Bruises, Burns, Scalds, Corns, Chilblains, Cuts, Sore Nipples, Broken Breasts, Boils, Bed Sores, Fistulas, etc., and all affections of the **SKIN** known by the name of Eczema, Salt Rheum, Erysipelas, Tetter, Scald Head, and every variety of Chronic Disease of the Skin.

PILES.—This Ointment has given excellent satisfaction in curing piles. Some very bad cases have been cured by applying Kellogg's Healing Ointment only, but while we believe that it will cure this troublesome and painful complaint without the assistance of any other medicine, yet we think the only rational means of cure is to use **NORTHROP & LYMAN'S VEGETABLE DISCOVERY** to remove the cause of the affliction and the Healing Ointment to remove the disease. You thus effect a complete and permanent cure.

ITS PROPERTIES, when applied to sores, go directly to the diseased parts, attract the virus to the surface, and *heal the sore from the bottom.* It is simply asked that the afflicted will **TRY ONE BOX**, the use of which will convince the most sceptical, and do more to introduce it into favorable notice than volumes written in its praise. In curing Scrofula and its Sores, with the assistance of the **VEGETABLE DISCOVERY** it is without a parallel. We say, with the assistance of the *Vegetable Discovery*, for to attempt to heal a Scrofulous or any other Sore which owes its origin directly to Impure Blood, and, while that impurity is in the system, is folly, as you cannot accomplish this successfully unless you drive the virus from the system. To remove Scrofulous Humor from

the Blood and System, it is safe to say there is no known medicine that will do it so effectually as **NORTHROP & LYMAN'S VEGETABLE DISCOVERY, FOR THE TOILET.**—As this Ointment is exceedingly pleasant and never becomes rancid, it is admirably adapted for Sore Lips, Pimples, Eruptions or Sores that disfigure the face; *Sunburn, Irritation of the Skin* after being exposed to the wind, Chapped or Sore Hands, and in fact for all Sores that require a cooling and healing Ointment.

For Irritation or Eruption of the Scalp, and all diseases that have a tendency to cause baldness, it will be found a Sovereign Remedy.

MISS LEVINA WETZEL, Listowel, says: "I used Kellogg's Healing Ointment for Salt Rheum and I never had anything to cure my hand so quickly. It is the best Ointment I ever saw."

MR. W. S. LEWIS, Brierwood, Manitoba, writes: "For over five years I suffered with Scabs on my Head, tried several doctors in England and Manitoba, but got no relief. One box of Dr. Kellogg's Healing Ointment completely and permanently healed them."

NORTHROP & LYMAN CO.,
Toronto, Proprietors.

Price 25 cents per box.

Brieflets.

JOSH BILLINGS ON GHOSTS.—A ghost is about 5 ft. 7 in. in height, and weighs from 4 oz. to 6 oz. They are of the masculine and feminine nature, but principally nature. They ain't afraid of nothing and will hang around a graveyard as kareles as a skoolboy will around a orchard in green-apple time. They are like a grate menny other things in this world—often heard of, but seldom seen. I will give 1,500 dols. to see a ghost, and 250 dols. more to own one; but I want one kaught whole and not hurt. Mi friend Quineas T. Barnum will take a whole drove of them at the same price per ghost, and not quarrel about the gender. Therefore, bring your ghosts. Ghosts allus dress in wite nitegown sort of rig, and are the quickest that have ever been trotted out yet. Their ordinary gait iz a mile in a sekund, but iz said, for a purse, they beat this handy. I would really like to see one go in public for munny—private time is alvus suspishus. Whi don't some of our agricultural hoss-trot assosiations offer a ghost puss, free for all ghosts? It would draw like a mustard-plaster in the month of August.

The man who married a girl because she "struck his fancy," says she strikes him anywhere that comes handy now.

Handy PACKAGE Dyes

DR. C. D. POTTER, of Adams Centre, N. Y., the originator of Handy Package Dyes, gave up the practice of medicine for the chemical study of Dyes. His time, talents and money were devoted to experimenting on the different aniline colors, their relation to each other, and the result of combining two or more colors. His years of patient, persevering devotion to the work he loved, has had its reward in the discovery of the combination of anilines and other articles to make what is known as the Handy Package Dyes.

These dyes have never been equalled for brilliancy of colors, reliability of shades, and are warranted to color more goods, and to give better satisfaction than any Dye in the market. Compare them; try them; and be satisfied of this fact.

THESE DYES are manufactured from the best and purest materials, so that you are certain to get good colors every time if your goods are free from grease, and the directions followed.

Old silks, faded ribbons, etc., can be made to look like new by using the Handy Package Dyes.

They are just what you want for coloring carpet rags, old dresses, stockings, etc.

Beautiful ornaments can be made out of grass, wheat, oats, and other grain, after coloring them with the Handy Package Dyes.

The person with an ingenious mind and decorative taste can find hundreds of ways to beautify their homes by using the Handy Package Dyes.

REMARKS ON COLORS.—Pure and bright colors can be had only on white goods. Colored goods, especially silk and cotton, can often be made nearly white by boiling in strong soap-suds and rinsing, repeating the process as long as the color comes into the water.

If the Dyes are used on goods already colored, the color obtained will be a combination of the old and new colors.

A Red color, dyed on Green, Slate, or Drab, will make a Brown; on Yellow, an Orange; on Blue, a Purple; on Violet, a Wine.

Green will color nicely over Gray, Drab, Slate, Bismarck and Blue, making Dark Greens or Olive.

Blue over Green will make a Peacock color; over Red a Violet or Purple; over Yellow a Green; over Browns, Dark Bluish Shades.

Browns will color over all colors except Black, making on Green a Bronze, on Red a Garnet, on Purple or Violet a Wine or Maroon.

Purple and Violet will color over Red, Blue and Brown, making Wine, Plum, etc.

All the dark colors will color over lighter colors, making various shades of the darker colors used.

Mrs. Todd, North Ridge, writes: "Be sure and send the Handy Package Dyes, as they are the best Dye, and we don't want any other."

Manufactured by The Handy Package Dye Company, Adams Centre, N. Y., and Toronto, Ont.

NORTHROP & LYMAN CO., Toronto, Agents for Canada.

Merryisms.

WHEN you see a counterfeit coin on the sidewalk always pick it up. You are liable to arrest if you try to pass it.

HE that cannot forgive others breaks the bridge over which he must pass himself.

VOLUMES have been written giving diagrams and specifications as to how children should be trained up, and yet as soon as a man becomes a daddy he throws his judgment overboard, shuts his eyes to reason, and lets the squaller rule the roost.

A CERTAIN thin man sent a shilling in postage stamps to an advertiser who promised for that sum to impart trustworthy information how to get fat, and received the message on a postal card—"Buy it at the butcher's!"

A New York stonemason received the following epitaph from a German to be cut on the tombstone of his wife: "Mein wife, Susan, is dead; if she had lived till next Friday she'd been dead shust two weeks. As a tree falls so must it stan'."

A LITTLE boy spent his first day at school. "What did you learn?" was his aunt's question. "Didn't learn anything." "Well, what did you do?" "Didn't do anything. There was a woman wanting to know how to spell cat, and I told her."

VOICE from speaking tube—"Help! H-e-l-p! I've caught a man in my room. Oh, what shall I do?"

Clerk (to himself)—"That's that funny old maid in 49."

Clerk (through the tube)—"Look the door; you'll never have a chance to catch another."



FROM the earliest discovery of petroleum to the present day, there has been a strong conviction that the good qualities of crude oil have not been appreciated, and that it undoubtedly possesses great medical properties. Every one who has handled petroleum knows what a penetrating, active agent it is. It cannot be retained in wooden casks at all, unless they are coated with some impervious material, and it is not surprising that it goes right home to the roots of a person's hair when it can find its way through the best oak staves ever made. Its great penetrating powers and its freedom from rancidity are advantages which no other oil possesses in so high a degree, and these same characteristics adapt it to the purposes of a hair restorer and dressing. The only objectionable feature being the dark color and offensive odor. But the skill of one of our chemists has overcome the difficulty, and by a process known only to himself he has, after very elaborate and costly experiments, succeeded in perfecting CARBOLINE, which renders it as susceptible of being handled as daintily as the famous EAU DE COLOGNE. The experiments with the deodorized liquid on the human hair and skin were attended with the most astonishing results, and it is now rapidly and surely taking precedence over all other oils as the best preparation the world ever produced for restoring hair on bald heads, and making a delightful and efficient hair-dresser. It does not contain a particle of lead, silver, sulphur, or other deleterious drugs. It is a natural product of the earth, containing the elements required by hair to feed upon. A few applications will show its restorative qualities. Does not require months of continued use before you can perceive any result. It is cooling, cleanly, and too much praise can not be bestowed upon it.

READ THE TESTIMONIALS.

DAVISVILLE, CAL., Nov. 8, 1878.

CHAS. LANGLEY & Co., San Francisco:

DEAR SIRS,—I take great pleasure in informing you of the most gratifying results of the use of

CARBOLINE in my own case. For three years the top of my head has been completely bald and smooth, and I had quite given up any hope of restoring the hair. Four weeks ago I noticed the advertisement of CARBOLINE, and, on the recommendation of a friend, I concluded to try a bottle, without any great hope of good results, however. I have now used it less than a month, and to my most agreeable astonishment, my head is completely covered with a fine, short, healthy growth of hair, which has every appearance of continued growth; and I confidently believe it will restore it as completely as ever it was in my youth.

I take great pleasure in offering you this testimonial and you have my permission to publish the same. Yours truly,

CHAS. E. WHITE,
Davisville, Cal.

Subscribed and sworn to before me, this 8th day of November, 1878. JAMES D. KING,
Notary Public.

JOS. E. POND, JR., Attorney-at-law, North Attleboro, Mass., says: "For more than twenty years a portion of my head has been as smooth and free from hair as a billiard ball. I was induced to try your CARBOLINE, and the effect has been simply wonderful. Where no hair has been seen for years, there now appears a thick growth. I expect the growth to be slow, but it is growing now nearly as rapidly as hair does after it is cut. You may use the above testimonial if you choose, and may refer to me for its truth."

ALFRED PHILLIPS, Druggist, of Gloversville, N.Y., says: "My wife has tried CARBOLINE and she has now a coating of hair over the top of her head an inch long, where her head has been entirely bald for years."

DONGOLA, ILL., March 10, 1879.

SIRS,—By the persuasion of a friend, I began to use CARBOLINE on my head last September, which has been bald for twenty years, and now I have a nice growth of hair on my head that surprises everybody that has observed the fact."

A. G. WILLIAMS, M.D.

Your CARBOLINE restored my hair after every thing else had failed. I consider it the best thing out for the purpose intended.

F. ARTHUR,
Mt. Holyoke, Mass.

KENNEDY & CO.

Proprietors for the United States.

NORTHROP & LYMAN CO.

Toronto, Agents for Canada

PRICE, \$1 PER BOTTLE.



IN changeable climates there is no complaint so prevalent as Catarrh, or cold in the Head, as it is commonly called. The cause is, generally, exposure to draughts, or damp atmosphere. Common Catarrh is an inflammatory state of the mucous membrane of the head or chest; Chronic Catarrh is usually the result of a neglected Cold or Common Catarrh, and is exceedingly troublesome, as the unpleasant discharges frequently find their way into the stomach and cause derangement of the whole system. The smell is impaired, and sometimes destroyed; appetite bad; and general emaciation frequently occurs. Remedies without number have been recommended for Catarrh, but none have been found more efficacious than Dr. Kellogg's Catarrh Snuff, the old and well-known specific for Catarrh. It gives immediate relief to the dull, heavy pains caused by cold in the head. The sensations after using it are delightful and invigorating. It opens and purges out all obstructions, strengthens the glands, and gives healthy action to the parts affected.

AN EXCELLENT MEDICINE. — MRS. J. LAKE, Bay City, Mich., writes:—"Having used Kellogg's Snuff for a great many years, I find it an excellent medicine for Headache and Catarrh. I had a pain over my left eye for about six years, and could get no relief from doctors or anything else until I used Kellogg's Snuff. We are never without this Snuff now, although we have to send to Canada for it. Many of our friends have also been benefited by using it."

MR. PAUL THIBODEAU, Cavendish Road, P.E.I., writes:—"I have had Catarrh for twelve years, and fifty cents' worth of Kellogg's Snuff did me more good than \$50 worth of medicine which I had from the most eminent medical men of Montreal, Quebec, St. John and Charlottetown. I think one more bottle will completely cure me."

NORTHROP & LYMAN CO., TORONTO,

Price 25 cents.

Sole Agents for Canada.

A YOUNG lady wants to know why a gathering composed only of men is called a "stag party." Because more horns are indulged in than if the deers were present.

Cooking Recipes.

Lemon Pudding.— $\frac{1}{2}$ lb. sugar, $\frac{1}{2}$ lb. butter, 5 eggs, $\frac{1}{2}$ gill brandy, rind and juice of 1 large lemon; beat well the butter and sugar; whisk the eggs; add them to the lemon, grate the peel; line a dish with puff paste and bake in a moderate oven.

Fig Pudding.— $\frac{1}{2}$ lb. suet, 1 lb. figs, chopped; 1 lb. bread crumbs, $\frac{1}{2}$ lb. sugar, 1 egg, 1 nutmeg, $\frac{1}{2}$ teaspoonful baking soda; grease the tin mould well; boil three hours tied in a cloth; it requires milk enough to moisten it, 1 cup flour; to be eaten with wine sauce.

Roast Beef and Yorkshire Pudding.—Set a piece of beef to roast upon a grating. $\frac{3}{4}$ of an hour before it is done, mix the pudding and pour into the pan. Continue to roast the beef, the dripping meanwhile falling upon the pudding below, and when both are done, cut in squares and lay around the meat when dished. Receipt for pudding, 1 pt. milk, 4 eggs, whites and yolks beaten separately, 2 cupsful flour, 1 teaspoonful salt.

Kidney Dumplings.—Make your dumplings in the usual way and put in each a kidney (mutton kidney) well washed, and seasoned with pepper and salt, boil them tied in a cloth and serve them very hot.

Roly-Poly.—Make good biscuit crust, roll out an inch thick, and spread with any kind of preserves; fold so that the fruit will not run out, place in a buttered dish and steam for an hour and a half. When done turn out on a platter and serve with boiled sauce.

Snow Pudding.— $\frac{1}{2}$ a package gelatine dissolved in 1 pt. boiling water, 1 cupful sugar, juice of 1 lemon; mix well, and set away to cool; beat to a stiff froth the whites of 4 eggs, and when the jelly begins to thicken, beat all together; when thoroughly mixed, pour into a mould, serve with rich boiled custard made of the yolks of the eggs flavored with lemons.

Sponge Puddings.—A very nice plain pudding should be baked in small buttered pots, 3 eggs 1 cupful milk, 1 sugar, 1 spoonful of butter, Beat all together, and bake in a quick oven. Serve with sauce.

Lemon Rice Pudding.—Wash 4 tablespoonfuls rice, and boil till softened; 1 qt. milk sweetened to taste; butter, size of an egg; when nearly cooled, add the beaten yolks of 4 eggs and the grated rind of a lemon; to the beaten whites of the eggs, add the juice of the lemon and 4 spoonfuls of powdered sugar; pour the batter into a dish, put the whites on top, and bake till brown. To be eaten cold.



IT is a preparation combining in a pleasant and agreeable form all the stimulating and nutritious tonic properties of the above-named ingredients, chemically combining the elements that make up the human system and are well calculated to supply and re-create the wasted body. Its agreeableness to the taste, restoring and invigorating properties, combined with its powers to vitalize and enrich the blood, render it peculiarly adapted for delicate ladies and children, many of whom object to bitter or nauseous tonics.

It is a most effective strengthener and restorative, and admirably adapted for impaired digestion. As a nutritious tonic it will be found invaluable in the treatment of impaired Nutrition of the Blood, and in all the various forms of General Debility.

IF YOUR APPETITE is poor, and you are weak and languid, use this Beef, Iron and Wine to improve the appetite and restore to the system its exhausted power, and thus, by the general vigor which it imparts, create an appetite and restore the weak and broken down to health and strength, dispel gloomy spirits, enrich the blood, and tone up the whole system.

MR. H. E. SMALLPIECE, of the *Toronto World*, says: "We have used Northrop & Lyman's Beef, Iron and Wine, and can testify as to its excellent qualities. It has done my children a world of good."

MR. CHARLES WHALEN, Kearney, P.O., writes: "In the spring of 1887 my six-year-old child was very delicate, with poor appetite, having had the diphtheria some four or five months previous. I feared I was going to lose her, as I had lost three children six months previous. On the recommendation of Mrs. McDonald, of Emsdale, we got a bottle of Northrop & Lyman's Beef, Iron and Wine, and in a very short time we noticed a decided improvement in her appetite, and by the time one bottle was used my child was quite smart and enjoying good health, for which I feel thankful.

Price \$1 per bottle. Prepared by
NORTHROP & LYMAN CO., Toronto.

Cooking Recipes.

Potato Puffs.—Take cold roast meat (either beef, veal or mutton); clear it from gristle; chop fine; season with pepper and salt; boil and mash some potatoes, and make them into a paste with 1 or 2 eggs; roll it out with a little flour; cut it round with a saucer; put your seasoned meat on $\frac{1}{2}$; fold it over like a puff; turn it neatly around, fry it a light brown. Nice for breakfast.

Tomato Catsup.—Take 1 bushel ripe tomatoes, boil them until they are soft, squeeze them through a fine wire sieve, and add $\frac{1}{2}$ gal. vinegar, 1 pt. salt, 2 ozs. cloves, $\frac{1}{2}$ lb. allspice, 2 ozs. cayenne pepper, 3 tablespoonsful ground pepper, 5 heads garlic (skinned and separated). Mix together and boil 3 hours, or until reduced to about $\frac{1}{2}$. Bottle without straining.

Spiced Tomatoes.—4 lbs. large red tomatoes, Take 2 lbs. good brown sugar, 1 pt. cider vinegar, $\frac{1}{2}$ oz. cloves and stick cinnamon; stew altogether in a preserving kettle until the tomatoes are cooked; take the tomatoes out and put them on dishes to cool, letting the syrup go on simmering slowly; when the tomatoes are cold return them to the syrup for a little while; let them become cold before putting them in the jars. The syrup must be boiled down as thick as molasses, and poured cold over the tomatoes; tie them down with bladder or waxed paper.

Mrs. Ella's Chow Chow.—2 qts. tomatoes, 2 white onions, $\frac{1}{2}$ doz. green peppers, 1 doz. cucumbers, 2 heads cabbage, all chopped fine; let this stand over night; sprinkle a teacup of salt in it. In the morning drain off the brine, and season with 1 tablespoonful celery seed, 1 oz. turmeric, $\frac{1}{2}$ teaspoon cayenne pepper, 1 cup brown sugar, 1 oz. cinnamon, allspice, black pepper, $\frac{1}{2}$ oz. cloves. vinegar enough to cover, and boil 2 hours.

Tomato Mustard.—1 peck ripe tomatoes; boil with 2 onions, 6 red peppers, 4 cloves of garlic, for 1 hour; then add $\frac{1}{2}$ pt. or $\frac{1}{2}$ lb. salt, 3 tablespoons black pepper, $\frac{1}{2}$ oz. ginger, allspice, mace, cloves; then boil again for 1 hour longer, and when cold add a pt. vinegar and $\frac{1}{2}$ lb. mustard; and if you like it very hot, a tablespoonful of cayenne.

French Mustard.—Take $\frac{1}{2}$ lb. of the best fine yellow mustard, pour over it enough vinegar and water, equal parts of each, to make a very thin paste, add a pinch of salt and a bit of calamus root not larger than a small pea; set it on the stove, and while it boils, stir in a tablespoonful of flour; let it boil for 20 minutes, stirring it continually; just before it is done, stir in a tablespoonful of honey. When cool, put it in bottles and cork very tight.

PARMELEE'S NEW VEGETABLE PILLS

SLEEPLESSNESS IS DUE TO NERVOUS EXCITEMENT.—The delicately constituted, the financier, the business man, and those whose occupation necessitates great mental strain or worry, all suffer more or less from it. Sleep is the great restorer of a worried brain, and to get sleep cleanse the stomach from all impurities with a few doses of Parmelee's Vegetable Pills, gelatine coated, containing no mercury, and are guaranteed to give satisfaction or the money will be refunded.

TAKING THE LEAD.—MR. F. W. ASHDOWN, Ashdown, Ont., writes: "Parmelee's Pills are taking the lead against ten other makes which I have in stock."

THEY NEVER FAIL.—MR. S. M. BOUGHNER, Langton, writes: "For about two years I was troubled with Inward Piles, but by using Parmelee's Pills I was completely cured, and although four years have elapsed since then, they have not returned."

MR. JOHN A. BEAM, Waterloo, Ont., says: "I never used any medicine that can equal Parmelee's Pills, for Dyspepsia or Liver and Kidney Complaints. The relief experienced was wonderful."

THE MEDICINE FOR LIVER AND KIDNEY COMPLAINT.

MR. VICTOR AUGUR, Ottawa, writes: "I take great pleasure in recommending to the general public Parmelee's Pills as a cure for Liver and Kidney Complaint. I have doctored for the last three years with leading physicians, and have taken many medicines which were recommended to me, without relief, but after taking 8 of Parmelee's Pills I was quite relieved, and now I feel as free from the disease as before I was troubled."

MR. E. A. CAIRNCROSS, Shakespeare, writes: "I consider Parmelee's Pills an excellent remedy for Biliousness and Derangement of the Liver, having used them myself for some time."

MR. D. ROLF, Afont, Madison Co., Ind., writes: "I purchased some of Parmelee's New Vegetable Pills of your agent at Mantua Station, Portage Co., Ohio, and have not found their equal for cleansing the Liver."

COLIC AND KIDNEY COMPLAINT.

MR. J. W. WILDER, J. P., Lafargeville, N. Y., writes: "I was subject to severe attacks of Colic and Kidney Difficulty, and find your Pills afford me great relief, while all other remedies have failed. They are the best medicine I have ever used."

Humor.

"DID you name your baby after any one?"
"No. We called him John because he had the jaundice." "You should have named him Bill if he was bilious."

I TOLD Hezekiah to tell Widow Gray
To tell Mother Brown next door,
To tell Dicky Dwight, who goes that way,
To tell Deacon Barnes, at the store,
To tell the old stage driver, Timothy Bean,
To come for me, sure, and in season;
But I've waited all day, and no stage have I
seen;

Now what do you think is the reason?

"WHEN I was a young man," says Smith, "I was always in a hurry to hold the big end of the log and do all the lifting, now I am older I seize hold of the small end and do all the grunting."

HOW HE MARRIED THEM.

A NEWLY elected justice of the peace who had been used to drawing deeds and wills and little else, was called upon as his first official act to marry a couple who came into his office, ver hurriedly, and told him their purpose. He lost no time in removing his hat, and remarked, "Hats off in the presence of the Court." All being uncovered, he said, "Hold up yer right hands. You John Marvin, do solemnly swear that to the best of your knowledge an' belief you take this yer woman 'ter hav', an' ter hold for yerself, yer heirs, exekyterers, administrators and assigns, for your an' their use an' behoof forever?"

"I do," answered the groom.

"You, Alice Ewer, take this yer man for yer husband, ter hev an' ter hold forever; and you do further swear that you are lawfully seized in fee-simple, are free from all incumbrance, and hev good right to sell, bargain and convey to the said grantee yerself, yer heirs, administrators and assigns?"

"I do," said the bride, rather doubtfully.

"Well, John, that'll be about a dollar 'n' fifty cents."

"Are we married?" asked the bride

"Yes, when the fee comes in." After some fumbling it was produced and handed to the "Court," who pocketed it and continued: "Know all men by these presents, that I, being in good health and of sound and disposin' mind, in consideration of a dollar'n' fifty cents to me in hand paid, the receipt whereof is hereby acknowledged, do and by these presents have declared you man and wife during good behavior and until otherwise ordered by the Court."

NORTHROP & LYMAN'S Vegetable Discovery

NO MEDICINE EQUALS IT.

*ITS PROPERTIES ARE SUCH AS TO RAPIDLY
INSURE SOUND HEALTH AND LONG LIFE.*

A PURELY vegetable compound, that cures every kind of unhealthy Humor, and every disease that depends on Impurity or Impoverishment of the Blood.

For the cure of diseases known by the names of Erysipelas, Salt Rheum, Eczema, Scald Head, Scaly Eruption of the Skin, Ulcers, and Fever Sores of all kinds; Boils, Humor in the Mouth and Stomach or Eyes, Sore Ears, and Eruption on the Head; Pimples or Blotches on the Face; and every Form of Disease of the Skin, and Scrofula, it stands pre-eminently at the head of all other remedies.

In the cure of Rheumatism, Dyspepsia, Liver Complaint, and Kidney Disease, its effects are surprising to all. For regulating the Bowels, and curing Billousness, Headache, Sick Headache, Neuralgia, Female Weakness, Nervousness, Pains in the Side, Loins and Back, and General Weakness and Debility, its curative powers are beyond money and beyond price. It is the great Blood Purifier. The Blood is the Life of the Flesh. Purify the Blood, and it is hard for disease of any kind to remain long in the body.

ABENEFIT is always derived from the first bottle. Two to four bottles usually effect a cure. In more obstinate cases, it takes from three to five or six bottles; and in very aggravated cases, particularly of long standing, even more is sometimes needed; but it never fails in such diseases, where the affected part is not beyond the limits of repair. When the above quantity, in proportion to the nature of the case, is taken, a perfect cure is warranted.

DISEASES OF THE KIDNEYS AND BLADDER.

For the cure of the diseases of the Kidneys and Bladder, Northrop & Lyman's Vegetable Discovery is a remarkable remedy. It purifies and enriches the blood; regulates the bowels; acts directly upon the secretions, and the affected organs themselves, cleansing, strengthening, and removing all obstructions and impurities. In these diseases a few bottles of the Discovery are worth their weight in gold.

MR. JOAB SCALES, of Toronto, writes: "A short time ago I was suffering from Kidney Complaint and Dyspepsia, Sour Stomach and Lame Back; in fact I was completely prostrated and suffering

intense pain. While in this state a friend recommended me to try a bottle of Northrop & Lyman's Vegetable Discovery. I used one bottle, and the permanent manner in which it has cured and made a new man of me is such that I cannot withhold from the proprietors this expression of my gratitude.

DISEASE OF THE LIVER is far more common than is generally supposed; and, indeed, it is possible for serious disease of that organ to exist without any well defined symptoms whatever. Comparatively few are constantly free from all irregularities of the Liver, and more particularly Billousness.

The remarkable properties of Northrop & Lyman's Vegetable Discovery in restoring the Liver from the affections to which it is subject, such as Billousness, Jaundice, Congestion, Inflammation, etc., are surprising to all who witness their effects.

HARDENED AND ENLARGED LIVER.—MRS. H. HALL, Navarino, N.Y., writes: "For years I have been troubled with Liver Complaint. The doctors said my Liver was hardened and enlarged. I was troubled with Dizziness, Pain in my right shoulder, Constipation, and gradually losing flesh all the time. All food soured on my Stomach, even with the closest attention to diet. I was under the care of three physicians, but did not get any relief. A friend sent me a bottle of Northrop & Lyman's Vegetable Discovery, and it affords me much pleasure to inform you that the benefit I have received from it is far beyond my expectation. I feel better now than I have done for years."

FOR 30 YEARS.—MRS. L. SQUIRE, Ontario Steam Dye Works, Toronto, says: "For about 30 years I have doctored for Liver Complaint and Dyspepsia without getting any cure. I then tried Northrop & Lyman's Vegetable Discovery, and the benefits I have received from this medicine are such that I cannot withhold this expression of my gratitude. It acts immediately upon the Liver, and its good effects are noticed at once.

"As a Dyspepsia remedy I don't think it can be equalled."

WEAKNESS OF HEART AND STOMACH.

MRS. S. E. COOK, Oxford Station, says that both she and her mother have used the Vegetable Discovery for Weakness of the Stomach, and that it completely restored them, which no other medicine would do. Her father has also used it with good results for Weakness of the Heart. She says she never had any medicine that did her so much good in such a short time, and in such small doses, and she pronounces it as certainly the best medicine for purifying the Blood.

Cooking Recipes.

Tomato Butter.—9 lbs. peeled tomatoes, 3 lbs. sugar, 1 pt. vinegar, 3 tablespoons cinnamon, 1 tablespoon cloves, 1½ tablespoons allspice, boil 3 or four hours until quite thick, and stir often, that it may not burn.

Gooseberry Catsup.—8 lbs. ripe or partially ripe fruit, 4 lbs. brown sugar, 1 pt. good vinegar, 2 ozs. each fine cloves and cinnamon tied in a bag; boil the berries and sugar for 3 or 4 hours, then add spice; boil a little more; put in a jar and cover well. Will keep 2 years by occasionally scalding and adding a little vinegar and spice.

Apple Custard Pie.—Take nice sweet apples, pare and grate fine, add sweet milk as for pumpkin pie, 1 egg to a pie; add sugar to taste. Bake with one crust.

Sea Foam Pie.—Take one lemon, grate the peel, squeeze the pulp and juice into a bowl. Be sure to remove every seed, to which add a tea-cupful white sugar, 1 milk, a tablespoonful corn-starch and the yolks of 2 eggs. Pour this mixture in a nice crust; bake slowly. Beat the whites of 2 eggs to a stiff froth, pour it over the pie when done. Return it to the oven long enough to stiffen, not to brown.

Lemon Pie.—½ cup butter, 2 cups sugar, 2 cups sweet milk, yolks of 6 eggs, 1 tablespoon flour, 1 good lemon; use whites for frosting.

Home-Made Yeast.—Boil a handful of hops ½ hr., in 3 pts. water, pour half of it boiling hot through a sieve, on to 9 spoonfuls of flour, mix, and then add the rest of the hot water. Add a spoonful salt, ½ cupful molasses, and when blood warm a cupful of yeast.

Boston Brown Bread.—2 cupsful corn-meal, 2 cupsful rye-meal, ¾ cupful flour, 2 teaspoonsful soda evened off, sour milk just enough to make it stiff for cake, ½ cupful molasses, salt to the taste. Steam 4 hours.

Wheat Bread.—Boil 1 qt. milk and let it become coolish, then mix with it flour enough to make a very stiff batter, add ½ pt. the above-named yeast, beat it very smooth, add 2 table-spoonfuls of salt. Let it stand till light, then knead it well. Let it rise. Mould and put it in pans; stand ½ hour. If milk is not convenient, water will do. The above quantity makes 4 medium sized loaves. The oven should be very warm, not very hot, and slowly getting hotter.

Corn Bread.—Take 1 coffee-cupful sweet milk and the same sour cream, ½ cupful sugar, and 1 teaspoonful saleratus, 2 eggs, and ½ cupful wheat flour; thicken to a stiff batter.

Biscuits.—Take some of the bread-dough in the morning, as much as would make a loaf of

bread and add 1 cupful butter mix well, let it rise, and then make into biscuit. Let it rise again, and then bake.

Port Hope Biscuits.—2 eggs, 2 cups sugar, 1 butter, ½ cup milk, 1 teaspoonful cream tartar, 1 teaspoonful carbonate soda, flour sufficient to roll very thin, flavour with nutmeg.

Corn Cake.—Take a cupful milk, half sweet and half sour, 1 egg, butter the size of a walnut, 2 table-spoonfuls white sugar, ½ teaspoonful soda and a little salt, mix very soft, using ¾ Indian meal to ½ flour. Bake in a quick oven.

Tea Cake.—1 cup sour milk, 1 cupful raisins, 1 cupful sugar, 1 egg, 1 teaspoonful soda, 2½ cupful flour, dark spices.

Johnny Cake.—1 pt. Indian meal, ½ cupful sugar, 3 eggs, 1 table-spoonful lard or butter, a small teaspoonful soda, the same cream of tartar, enough sweet milk or buttermilk to make a batter. Bake it slowly for at least 5 hours.

Cookies.—2 cupsful sugar, 1 cupful butter, 1 cupful sweet milk, 2 spoonfuls baking powder, just flour enough to roll. Rub butter and sugar into the dry flour, and then wet up. Spice to suit the taste. Be careful not to use too much flour; more can easily be added if not stiff enough.

Splendid Oat Cake.—Take oatmeal, say 3 cups, and mix with 1 cup flour, then mix in butter (well) not enough to prove sticky to the fingers, then pour in cold water and mix; take on to the board and sprinkle flour when necessary, when rolling. Be careful not to make it too wet, or it will prove troublesome to roll very thin: roll thin, cut it in squares or three-cornered pieces and bake in a slow oven. Best when fresh made.

White Mountain Jelly Cake.—1 cup butter, 2 cups sugar, ¾ cups flour, 1 cup milk, 2 eggs, 2 teaspoons cream of tartar, 1 teaspoon soda; stir all together without separating eggs; put soda in milk, and stir the cream of tartar in flour; bake the same as jelly cake; and use frosting between made of whites of 3 eggs and fine white sugar.

Sponge Cake.—1 doz. eggs, 10 ozs. flour, 1 lb. fine white sugar; break the eggs into the sugar, place on the stove and heat till milk warm, then take them off and beat till quite cold; flavor with essence of lemon, stir in the flour very lightly; butter your baking tins and sift sugar all over the bottom and sides; put in the mixture, sift sugar on the top, and bake in a very moderate oven.

Sponge Cake.—3 eggs well beaten, 1 cupful white sugar, 1 cupful flour, 2 table-spoonful water, 3 table-spoonfuls baking powder. Bake in a quick oven.



For the Removal of all Kinds of
Corns, Warts, etc.

CORNS are caused generally by wearing ill-fitting boots and shoes. If our boots are too large or too small, they will by their uneven pressure induce the growth of an excrescence, or thickened scarf skin, which gradually sinks into the mucous network and then into the true skin, which is the organ of touch.

There are several kinds of corns, and some are very difficult to remove, but none of them can withstand Holloway's Corn Cure.

This never failing medicine removes them without any inconvenience to the sufferer, as can be testified by those who have used it. The following testimonials are evidence of what it has done, and will do again if used according to directions.

WARTS REMOVED.—MR. JOHN ATKINSON, Cheapside, writes:—"Holloway's Corn Cure removed half a dozen warts from my hands."

A HAPPY MAN.—MR. J. P. LATTIMOORE, Cape La Ronde, N.S., writes:—"I thank you for Holloway's Corn Cure. It is a sure cure for Corns. I was troubled for a long time with corns, and I assure you it a blessing to get rid of them."

AFTER 30 YEARS.—MR. EDWARD ROBERTS, of the Oakville House, Oakville, writes:—"Two bottles of Holloway's Corn Cure has removed seven corns from my feet after thirty years of suffering. All other corn preparations failed to give relief. I can confidently recommend it as a sure cure."

ENTIRELY CURED.—MR. J. W. BROWN, Chicago, Ill., writes:—"Where can I get some of Holloway's Corn Cure? I was entirely cured of my corns by this remedy, and I want to get some more to give relief to some of my friends."

NO PAIN.—MRS. GEORGE SIMPSON, Toronto, says: "I have suffered severely with corns, and was unable to get relief from treatment of any kind until I was recommended to try Holloway's Corn Cure. After applying it for a few days I was enabled to remove the corn, root and branch—no pain whatever, and no inconvenience in using it. I can heartily recommend it to all suffering from corns."

HE HAD 16 OF THEM.—MR. JAMES BULLOCK, Campbellcroft, writes:—"I removed thirteen corns from one foot and three from the other with two bottles of Holloway's Corn Cure, and although two years has elapsed since I have not had any further trouble. The operation was painless and a perfect cure."

MR. WILLIAM FRANK, Peterboro, writes:—"I was troubled with a corn for thirty years. I had it operated upon by four different corn doctors but it was only by the use of Holloway's Corn Cure that a cure was effected."

NORTHROP & LYMAN CO., TORONTO,

Price 25 cents per bottle.

Proprietors.

Fur.

MAMMA—"Don't let me speak to you again, Tommy."

TOMMY—"You bet I wouldn't if I knew how to stop you."

NURSE (to young husband)—"A beautiful ten-pound baby, sir."

YOUNG HUSBAND (getting things mixed in his excitement)—"Glorious! Am I a father or a mother?"

"I TRUST your late husband had something laid up for a rainy day," said a sympathizing friend. "Indeed he had," replied the widow, with a fresh burst of tears; "he had seven umbrellas. John was the thriftiest man ever I see."

DOESN'T it seem just a grain illogical to offer public prayers that soldiers about being sent to the wars may be preserved from the dangers incident thereto? The prayers might be made more effectual by keeping the men at home.

YOUNG man in looking for a wife look for an economical one. The girl who in this sort of weather won't let you hug her until she has taken off her collar and thus save it from being mussed is the one who shows practical economy.

The great moments of life are but moments like others. Your doom is spoken in a word or two. A single look from the eye, a mere pressure from the hand, may decide it; or of the lips, though they cannot speak.

YOUNG HOUSEKEEPER (looking over the market report)—"Bridget, I shall want you to go to market this morning. I see that beef is much cheaper on the hoof, and I presume it's just as good. Get a nice roast off the hoofs."

A DUEL is the quickest kind of encounter, because it only takes two seconds.

WHICH is the most moral of musical instruments? The piano, because it is grand, upright, and square.



A SURE CURE FOR

DYSENTERY, DIARRHOEA, CHOLERA, GRIPING PAINS IN THE BOWELS, SUMMER COMPLAINTS, CHILDREN TEETHING, SEA SICKNESS, ETC.

THIS cordial is prepared from drugs known to the profession as thoroughly reliable for the cure of the above-named diseases. And having been used by medical practitioners for a number of years, with gratifying results, we place it on the market with the fullest confidence of its giving entire satisfaction.

All infants are more or less subject to this disease; older children and adults generally bring it on by eating green vegetables or unripe fruit, and in every instance it soon weakens even the strongest. It should be checked on its first appearance, and to do this effectually there is nothing better than Dr. J. D. Kellogg's Dysentery Cordial, an article possessing excellent medicinal qualities for the diseases named above. It acts with wonderful rapidity, and never fails when taken at the commencement.

UNEQUALLED.—MR. JOHN C. HALL, Bolton Centre, P.Q., writes: "I am subject to summer complaints, and in the past have suffered very much with it. In my hunt for a remedy I got a bottle of Dr. Kellogg's Dysentery Cordial, and I can confidently say it has no equal for summer complaints, Diarrhoea, etc. My family have used it and can also recommend it as being the best; we having used all kinds of remedies sold for the cure of such complaints."

A BAD CASE CURED.—MR. F. C. H. STEVENSON, Hudson, P.Q., writes: "When on the survey of the Montreal and Ottawa Railroad I was taken sick with Dysentery, and for some days was without help, at last I was able to get a bottle of Dr. Kellogg's Dysentery Cordial and after the first dose I felt relieved and before I had taken the bottle I was perfectly cured. I can assure you my case was serious, turning into Bloody Dysentery, and I was so weak that at the end of eight days I had lost twenty-five pounds. I cannot recommend this mixture too highly."

Sold by all Medicine Dealers. Price, 25 cents.

NORTHROP & LYMAN CO., TORONTO, PROPRIETORS.

HOUSE-CLEANING TIMES.

ONE day as I wandered I heard a complaining,
And saw a poor woman the picture of gloom;
She glared at the mud on her doorstep—'twas raining:

And this was her wail as she wielded her broom:

"Oh, life is a toil and love is a trouble,
And beauty will fade and health it will flee;
And pleasures they dwindle, and prices they double
And nothing is what I could wish it to be.

"There's too much of worriment goes to a bonnet,
There's too much of ironing goes to a shirt;
There's nothing that pays for the time you waste
on it,

There's nothing that's lasting but trouble and dirt.

"In March it is mud, and slush in December;
The midsummer breezes are loaded with dust.
In fall the leaves litter—in muggy September
The wall paper rots, and the candlesticks rust.

"There are worms in the cherries and slugs in
the roses,

And ants in the sugar and mice in the pies;
The rubbish of spiders no mortal supposed,
And ravaging roaches and rummaging flies

"It is sweeping at six and dusting at seven,
It is breakfast at eight and dishes at nine;
It is potting and panning from ten to eleven;
We scarce break our fast ere we plan how to dine.

"With grease and with rime from centre to centre;
Forever at war and forever alert,
No rest for a day lest the enemy enter—
I spend my whole life in a struggle with dirt.

"Last night in my dreams I was stationed forever,
On a bare little isle in the midst of the sea;
My one chance of life was a ceaseless endeavor,
To sweep off the waves ere they swept over me.

"Alas, 'twas no dream for again I behold it!
I yield! I am helpless my fate to avert!"
She rolled down her sleeves, her apron she folded,
Then she laid down and died and was buried in
dirt.

AND THIS WAS HER EPITAPH.

"Here lies a poor woman who always was tired;
Who lived in a house where help is not hired;
Her last words on earth were: 'Dear friends I
am going,

Where washing ain't done, nor sweeping, nor
sewing;

But everything there is exact to my wishes,
For where they don't eat, there's no washing up
dishes

I'll be where loud anthems will always be ringing;
But, having no voice I'll get clear of the singing,
Don't mourn for me now, don't mourn for me
never,

I'm going to do nothing, for ever and ever."



PARMELEE'S NEW VEGETABLE PILLS

WILL CURE LIVER AND KIDNEY COMPLAINTS, DYSPEPSIA, COSTIVENESS, HEADACHE, PURIFY THE BLOOD AND REGULATE THE SECRETIONS, REMOVE ALL BILIOUS MATTER AND PREVENT AGUE.

DR. PARMELEE'S New Vegetable Pills differ from all others now before the public in their composition and effect upon the system. Based upon the most scientific principles, and made from Roots, Herbs, and Solid Extracts which have specific virtues truly wonderful in their action upon the Liver and Kidneys, such as Mandrake and Dandelion, found in this country; while others, equally as potent in regulating the secretions and purifying the blood, etc., are found only in Spain and other countries. Thus we see that Nature in her wise providence has provided a valuable catalogue of plants all over the land, specific in their very nature for the cure of certain diseases. In this scientific combination it is found that Parmelee's Pills possess the power of acting specifically upon the diseased organs, stimulating to action the dormant energies of the system, thereby removing disease. In this lies the great secret of Parmelee's New Vegetable Pills.

Fever and Ague and Bilious Derangements are positively cured by the use of Parmelee's Pills. They not only cleanse the stomach and bowels from all bilious matter, but they open the excretory vessels, causing them to pour copious effusions from the blood into the bowels, after which the corrupted mass is thrown out by the natural passage of the body.

MR. J. L. PRICE, Shoals, Martin Co., Indiana, writes: "I have tried a sample box of Parmelee's Pills and find them the best medicine for Fever and Ague I have ever used."

NERVOUS DEBILITY AND DISEASES OF THE LIVER AND KIDNEYS CURED.

MISS EMMA L. BEACH, Syracuse, writes: "Physicians called my complaint General Nervous Debility and disease of the Liver and Kid-

neys. I tried various kinds of medicine for more than a year, without getting any relief. Most of the time I was not able to leave my room. My friends thought I had *Consumption*. I was advised to try Parmelee's New Vegetable Pills. I commenced by taking half a pill every night regularly for a week. My appetite began to improve, and I was stronger. I continued to take half a pill every, or every other night, for six weeks. They restored me to perfect health.

GOOD SATISFACTION.—MR. W. R. HAYS, Arden, writes:—"Parmelee's Pills give the best satisfaction of any pill we sell, and we have a great many kinds. I have used them myself and I know they are good."

HOW TO CURE HEADACHE.—MR. FINLAY WARK, Lysander, P.Q., writes:—"I find Parmelee's Pills a first-class article for Sick Headache."

MR. CHAS. A. SMYTH, Lindsay, writes:—"Parmelee's Pills are an excellent medicine. My sister has been troubled with severe headache, but these pills have cured her."

THE BEST PILLS.—MR. WM. VANDERVOORT, Sydney Crossing, Ont., writes:—"We have been using Parmelee's Pills, and find them by far the best pills we have ever used."

MR. M. McBEAN, Glen Bean, writes:—"Parmelee's Pills have done me more good than any medicine I have ever taken."

MR. D. CARSWELL, Carswell, P.O., Ont., writes:—"I have tried Parmelee's Pills and find them an excellent medicine, and one that will sell well."

THEY SELL WELL.—MR. ARTHUR ANDERSON, Wabash, writes:—"We are sold out of Parmelee's Pills. Send two dozen at once. They sell faster than any other pill."

MR. W. E. SMITH, Elizabethville, writes:—"Parmelee's Pills give good satisfaction. My customers prefer them to any other pill."

SMALL, BUT NONE BETTER.—MR. SAMUEL W. TAYLOR, Rockland Station, N.B., writes:—"Having an attack of *Liver Trouble and Indigestion*, as I had had several times in the past, I decided to try Parmelee's New Vegetable Pills, and I find them to be the best I have ever used. They give relief which has a more lasting effect than any medicine I have used, and they are easy to take, the pill and dose being small, and I believe them to be the best medicine for Liver Trouble that is to be found."

Sold by all medicine dealers. Price, 25 cents.

NORTHROP & LYMAN CO., TORONTO,

Proprietors for Canada.

PERSIAN BEAUTIFIER.

FOR BEAUTIFYING AND PRESERVING



THE COMPLEXION.

Removing Tan, Sunburn, Freckles, and all Roughness of the Skin.

BEAUTY has wonderful charms. Few men can withstand the witchcraft of a lovely face—all hearts are drawn towards it—all cheerfully pay a tribute to the possessor. A handsome woman, like a beautiful flower in a garden, draws all eyes to her. Admiration follows her movements. Men are stirred to tender and pleasant feelings to the fortunate beauty, giving her a power over them infinitely greater than they would like to acknowledge or is generally supposed.

All ladies must be aware of the value of preserving the bloom and freshness of youth as long as possible. All should know what remedy to use to efface the marks of time, or to remove the effects so vividly portrayed by sickness or suffering, or the blemishes caused by exposure to the sun, wind or weather. Our fair readers know how annoying it is to have the skin dried and hardened by exposure to the burning heat of the sun, or to the high winds.

The Persian Beautifier will not only beautify the skin and give it a transparency, but will impart a most refreshing and agreeable sensation.

It removes Tan, Freckles, Pimples, and roughness from the skin, leaving the complexion fresh, transparent and smooth, and imparting that bloom to the cheek which is the desire of every lady and the admiration of the sterner sex.

It imparts a youthful bloom and lively expression to the countenance; it softens the plainest features, and the roughest skin is made smooth and beautifully clear. It is just what the ladies require to remove Tan, Sunburn, Freckles, etc.; in fact it is the great secret of beauty and very justly deserves the reputation it has sustained for years as being entirely free from anything poisonous or injurious to health or skin.

NORTHROP & LYMAN CO.,

Price, 50 cents.

Toronto, Proprietors

Cooking Recipes.

Chowder.—5 lbs. codfish cut in squares; fry plenty of salt pork cut in thin slices; put a layer of pork in your kettle, then 1 of fish; 1 of potatoes in thick slices, and one of onions in slices; plenty of pepper and salt; repeat as long as your materials last, and finish with a layer of Boston crackers or crusts of bread. Water sufficient to cook with, or milk if you prefer. Cook $\frac{1}{2}$ hour and turn over on your platter, disturb as little as possible. Clams and eels the same way

Piccalilli.—1 peck green tomatoes; (if the flavor of onions is desired take 8, but it is very nice without any), 4 green peppers; slice all, and put in layers, sprinkle on 1 cup salt, and let them remain over night; in the morning press dry through a sieve, put it in a porcelain kettle and cover with vinegar; add 1 cup sugar, a tablespoon of each kind of spice; put into a muslin bag; stew slowly about an hour, or until the tomatoes are as soft as you desire.

Cucumber Salad.—Take a doz. ripe "white spine" cucumbers; wash, pare, and cut in strips, taking out the seeds; cut into pieces, like small dice; to each dozen cucumbers take 12 large white onions chopped; 6 large green peppers, also chopped; $\frac{1}{2}$ lb. each black and white mustard seed, and a gill of celery seed; mix all well together; add a teacup of salt, and hang up in a cotton bag to drain 24 hours. Then add enough clear cold vinegar to cover it; put it into stone jars and fasten nearly air-tight. In 6 weeks it will be fit for use. Excellent.

Worcester Sauce.—1 oz. cayenne pepper, 1 qt. vinegar, 2 tablespoonsful soy, 3 cloves garlic pounded, 3 cloves shalots pounded, 5 anchovies bruised fine. The whole to be well mixed and rubbed through a sieve. Keep for ten days corked up, and then bottle for use. Strain or not as preferred.

Chili Sauce.—36 ripe tomatoes, 6 large green peppers, 4 large onions; cut the whole small, and boil until the mixture can be put through a colander. When strained, add 1 tablespoon cinnamon, 1 tablespoon cloves, 2 tablespoons salt, 1 cup sugar, 2 $\frac{1}{2}$ cups vinegar. Simmer for an hour, then bottle and seal. Set in a cool place and it will keep good.

1, 2, 3, 4 Cake.—1 cup butter, 2 of sugar, 3 cups flour, 4 eggs; add a little more flour, roll out very thin on sugar, cut any shape, and bake quickly.

Mountain Cake.—1 cupful sugar, 2 eggs, $\frac{1}{2}$ cup butter, 2 cupsful flour, 1 teaspoonful cream of tartar, $\frac{1}{2}$ teaspoonful soda, nutmeg.



**MOTHER
GRAVES'
WORM
EXTERMINATOR**
PLEASANT,
SURE,
EFFECTUAL

THE Usual Symptoms of Worms in children are indigestion, irregular appetite, moaning and restlessness during sleep, grinding of the teeth, swelling and hardness of the abdomen, with frequent slimy stools, countenance pale, picking at the nose, offensive breath, low spirits, irritable and feverish, frightful dreams, headache, pain in the stomach, urine turbid, convulsive fits, and a gradual wasting away of the flesh, etc. When any of these symptoms are noticed, do not delay in getting relief for the sufferer.

Worms attack all ages, from the youngest up to the adult, but more frequently between the ages of three and ten years, and are no respecters of persons; the rich and the poor, the proud and humble alike, have to seek relief from their ravages. They are not only a cause of disease, but by their irritation aggravate all other diseases. Their presence deranges the whole system, causing the strong to grow feeble, and the glow of health to fade from the cheek.

In administering medicine to children, one important thing is to get something that will be pleasant to the taste, and, at the same time, effectual in accomplishing the end desired. In

MOTHER GRAVES' WORM EXTERMINATOR

These two desirable qualifications are to be found. It is put up in the form of a syrup, and is so agreeable that children will not refuse it; in fact, so pleasant, that it will have to be placed beyond their reach or they will empty the bottle.

THIS MEDICINE DOES not require the help of any purgative medicine to complete the cure. It effectually destroys the worms, and removes the nests in which their young are deposited, thus relieving the sufferer of their injurious effects.

MR. BENJAMIN MCKENZIE, Kimberley, writes as follows:—"About three months ago, our child, eighteen months old, was taken ill, followed by a

fit. Suspecting that Worms were the cause, we got a bottle of Mother Graves' Worm Exterminator, and we had only given a few doses when the result was marvellous, an extraordinary number of large worms having been expelled.

A HEALTHY CHILD NOW.—MADAM HLEDGE MARIEN, St. Roch L'Achigan, P.Q., writes:—"I had a child troubled with Worms. My neighbors thought she would die; tried two doctors and all known remedies without getting relief. Mrs. Jos Laurier recommended me to try Mother Graves' Worm Exterminator. I got a bottle, and after the first dose noticed an improvement, and before one bottle was used my child was well and is now strong and healthy.

HE CRIED FOR IT.—MRS. M. LALONDE, Camerontown, writes:—"My little boy, two and a half years old, was troubled with Worms. I gave him Mother Graves' Worm Exterminator and it expelled 36 worms. He is now in excellent health. We had to keep the medicine where he could not get it, as it is so pleasant that he always cried for more." Prepared by

NORTHROP & LYMAN CO., TORONTO, ONT.
Price 25 cents.

Scraps.

HE that cannot forgive others breaks the bridge over which he must pass himself.

THE woman who captures a good husband gets a real sir prize.

DON'T eat anything but well cooked and nutritious food. If hash is put on for breakfast, go out and whistle and see if your neighbor's dog is safe.

HUSBAND (*attempting to sing*)—"My voice is rather h-husky to-night."

WIFE—"No wonder it's husky! You are full of corn."

A HOME without a girl is only half blessed; it is an orchard without blossoms and a spring without song

"THAT is a wide-awake baby of yours, Bronson. "Yes," replied Bronson, with a yawn. "Particularly at night."

BESSIE—"How dreadfully ill-fitting all Miss Dowdy's things are."

JENNIE—"Yes. She'd need to have apoplexy to get a fit."

REPAIRS NEEDED.—Mistress—"Mary, what are you doing with that clock?" Mary (*with the servants' bedroom clock under her arm*)—"Plaze, mum, Oi'm takin' it to a watchmaker's. It's all out av order, mum. Ivery morning at foive o'clock it goes all to paces, an' makes such a racket Oi can't slape."

Sparkles.

DUCHESS OF BORROWITZ (*to attendant*)—"Who knocks at the castle gates at this unseemly hour?"

ATTENDANT (*excitedly*)—"It is thy son. He brings with him an American wife with a purse large enough to pay all the family debts."

DUCHESS (*with emotion*)—"Admit my son and the purse."

REV. MR. JONES—"Sister White, it grieved me las' Sunday ter see you at church in deep mournin', an' at de same time er wearin' yaller strings on yer bonnet. Dat ain't zactly de way ter mourn, sister."

SISTER WHITE—"Brudder Jones, I wears dem yaller ribbons in memory of my los' lubbed one—who was er bright mulatter befo' he up an' died."

It is related of a clergyman who was the happy father of a charming and beautiful daughter that one day, while preparing his Sunday discourse, he was suddenly called away from his desk on a mission of mercy. The sentence at which he left off was this—"I never see a young man of splendid physique and the promise of a glorious manhood almost realized but my heart is filled with rapture and delight." His daughter, happening to enter the study, saw the sermon and read the words. Sitting down, she wrote underneath, "Them's my sentiments, papa, exactly."

JOSH BILLINGS' PHILOSOPHY.

Bizzy boddys are like ants; alwus in a grate hurry about nothing.

One grate reason whi every bobby likes the Falls ov Niagara so mutch iz, bekauze no one kan make one like it.

Thare iz sum hope ov a man who iz wicked, but not weak.

Debt iz like enny other kind ov a trap—eazy enuff to git into, but hard enuff to git out ov.

Thare iz no kind ov flattery so powerful, so subtle, and at the same time so agreeable az deference.

Philosophy iz a very good kind ov a teacher, and yu may be able tew live by it, but yu kant live on it. Hash will tell.

Bare necessities will support life no doubt, so will the works support a watch; but they both want greasing once in a while, jist a leetle.

Lazyness weighs eighteen ounces to the pound. The history ov life iz tew hope and be disappointed, the viktory iz to "never say die."

The way tew Fame iz like klimbing a great pole; thare aint but phew kan do it, and even then it don't pay.

Cooking Recipes.

Apple Charlotte.—Place alternately in a buttered mould, slices of buttered bread, and layers of sliced apples. For a quart mould, use $\frac{1}{2}$ lb. sugar, put a slice of bread on the top, squeeze over it the juice of 1 lemon, and steam for $\frac{3}{4}$ of an hour. This may be eaten either hot or cold, with sugar dusted over it, or any sauce that is liked.

Apple Marmalade.—Peel and core 2 ozs. sub-acid apples, and put them in an enamelled saucepan with 1 pt sweet cider and 1 lb. crushed sugar, and cook them by a gentle heat 3 hours or longer, until the fruit is very soft, and then squeeze it through a colander and then through a sieve. If not sweet enough add powdered sugar to suit your taste, and put away in jars made air-tight by a piece of wet bladder. It is delicious when eaten with cream or milk.

Orange Marmalade.—9 Seville oranges, 3 sweet oranges, 4 lemons cut across the grain as finely as possible; place in a deep dish with 4 qts. water; let it stand 36 hours; boil two hours, (water as well); then add 8 pounds crushed sugar; boil one hour longer, or until you think it will jelly; the addition of a wineglassful of spirits when nearly boiled has the effect of causing all impurities to rise to the surface, and clarifies the jelly.

Canned Pine Apple.—For 6 lbs. fruit when cut and ready to can make syrup with $2\frac{1}{2}$ lbs. sugar and nearly 3 pts. water; boil syrup 5 minutes and skim or strain if necessary; then add the fruit and let it boil up; have cans hot, fill and shut up as soon as possible. Use the best white sugar. As the cans cool keep tightening them up.

Pickled Cherries.—To 1 lb. cherries, allow $\frac{1}{2}$ lb. loaf sugar, $\frac{3}{4}$ pt. good cider vinegar, $\frac{1}{2}$ oz. each powdered cinnamon, mixed whole cloves and allspice, and a few blades of mace. Put the cherries in a jar. Boil the other ingredients 5 minutes in the vinegar, and when boiling, pour the liquor over the fruit. Cover closely for a week before eating.

Sweet Pickles.—1 peck fruit, 1 qt. water, 2 qts. vinegar, 2 lbs. sugar, 2 ozs. stick cinnamon, cloves if you like. Let this boil; then boil the fruit in it by small quantities. When soft, take out into a jar; when all clear, boil the syrup a little, and pour it over the fruit. Cover with a cloth and a jam-cover while hot.

Soft Ginger-Bread.— $\frac{3}{4}$ cupful butter, 1 cupful brown sugar, 2 eggs, 1 cupful molasses, 1 cupful sweet milk, $2\frac{1}{2}$ teaspoonsful baking powder, 4 cupsful flour. Ginger and spice to taste.



THIS celebrated chemical compound is the result of an extensive experience with regard to the curative powers of all the known medical agents, and of a theoretical and practical knowledge of the various chemical affinities brought into play in their combinations. By careful investigation and laborious research, the ingredients—having been selected with special reference to their different virtues and peculiar powers—are so combined as to form a perfectly homogenous compound, possessing, through its wonderful efficacy and manifold healing influences, an adaptedness to a wide circle of disease.

ADVERTISING ITSELF wherever it goes by the wonderful and gratifying effects which it produces, this sterling medicinal preparation, Dr. Thomas' Electric Oil, is winning "golden opinions" in all parts of the Dominion.

Among the pains and aches cured with marvellous rapidity by Dr. Thomas' Electric Oil is Earache. The young are especially subject to it, and the desirability of this Oil as a family remedy is enhanced by the fact that it is admirably adapted not only to the above ailment, but also to the hurts, disorders of the bowels, and affections of the throat, to which the young are especially subject.

TELL THE DEAF.—MR. J. F. KELLOCK, Drug-gist, Perth, writes:—"A customer of mine having been cured of deafness by the use of Dr. Thomas' Electric Oil, wrote to Ireland, telling his friends there of the cure. In consequence I received an order to send half a doz. by express to Wexford, Ireland, this week."

SORE FEET.—MRS. E. J. NEILL, New Armagh, P.Q., writes:—"For nearly six months I was troubled with burning pains and aches in my feet to such an extent that I could not sleep at night, and as my feet were badly swollen I could not wear my boots for weeks. At last I got a bottle of Dr. Thomas' Electric Oil and resolved to try it, and to my astonishment I got almost instant relief, and the one bottle accomplished a perfect cure."

Cooking Recipes.

Cream Puffs.— $1\frac{1}{2}$ cups flour, $\frac{3}{4}$ cup butter, $\frac{1}{2}$ pt. boiling water; boil butter and water together, and stir in the flour while boiling; let it cool, and add five well beaten eggs; drop on tins and bake 30 minutes in a quick oven. Fill them with the following: 1 pt. milk, 1 cup sugar, $\frac{3}{4}$ of a cup flour, 2 eggs; beat the eggs, flour and sugar together, and stir them in the milk while it is boiling. When partially cool flavor with lemon.

Puffs.—2 cupsful flour, 1 cupful milk, not quite 1 cupful water. The irons you bake in must be very hot before you put in the batter. Butter the irons well.

Matrimony.—4 eggs, 1 cupful sugar, butter, size of an egg, $1\frac{1}{2}$ cupful flour, 1 teaspoonful cream of tartar, $\frac{1}{2}$ of soda; cut through the middle and spread on jelly.

Orange and Lemon Ices.—The rind of 3 oranges grated and steeped a few moments in a little more than a pt. of water; strain 1 pt. of this on a pound of sugar and then add 1 pt. of orange or lemon juice; pour in the freezer, and when half frozen add the whites of 4 eggs beaten to a stiff froth.

Currant Ice.—1 pt. currant juice, 1 lb. sugar, and 1 pt. water; put in freezer, and when partly frozen add the whites of 3 eggs well beaten.

Mont Blanc.— $\frac{1}{2}$ box gelatine, grated rind of 2 lemons, 2 cups sugar, 1 pt. boiling water. Before the mixture gets stiff, stir in the whites of 5 eggs beaten to a stiff froth. Eat with custard, boiled, made with yokes of eggs and one pt. boiling milk. Sweeten to taste, flavor with vanilla. Excellent.

Whipped Cream.—1 pt. cream, 1 small cup fine sugar, 1 gill wine. Mix altogether in a large bowl and beat hard with a whisk, or, what is still better, churn with a whip-churn. As the froth rises, take it carefully off with a spoon, and place in the dish in which it is to be served.

Cocoanut and Oranges.—1 cocoanut, 1 doz. oranges. Cut the oranges in thin slices, and grate the cocoanut. Place a layer of orange in a glass dish, and sprinkle powdered sugar over it; then a layer of cocoanut, and so on in alternate layers, having cocoanut last.

Apple Cream.—1 cup thick cream, 1 cup sugar, beat till very smooth; then beat the whites of 2 eggs, and add; stew apples in water till soft; take them from the water with a fork; steam them if you prefer. Pour the cream over the apples when cold.

Apple Snow.—Pare and core 12 apples, steam until tender; when cool pour over them the whites of 3 eggs beaten to a stiff froth. Serve with sugar and cream flavored.

WORTH MORE THAN GOLD.—MR. THOS. MOWAT, Lower Fort Garry, Man., writes:—"My eight year old boy came from school a few days ago so bad with croup that we could not hear him talk, and in his efforts to get breath he caused bleeding of the nose. As an experiment I put fifteen drops of **Dr. Thomas' Eclectric Oil** on sugar and told him to try and swallow it. He did so with a great struggle, and to the surprise of my wife and I he could talk all right in less than fifteen minutes after. Now, gentlemen, you say **Dr. Thomas' Eclectric Oil** is worth its weight in gold, but I say that it is worth double its weight in gold for any throat disease."

TWO GREAT MEDICINES.

"UNION IS STRENGTH."

MISS M. J. RICHARDS, Belleville, writes:—"Nearly three years ago I was taken with a pain in my shoulder so that I could not raise my arm. It rapidly grew worse, until a severe running sore broke out. For two years I tried a great many physicians in Belleville and Toronto, and nearly everything that I thought would help it, but got no relief. After being in bed for two months, an intimate friend thought if I used **Northrop & Lyman's Vegetable Discovery** to Purify the Blood, and applied **Dr. Thomas' Eclectric Oil** on the arm, it might do me good. I must confess I did not have much faith in being cured, as I had tried so many things, and did not get any relief from them; but my friend persisted, and I commenced taking the **Discovery** and rubbing the sore with **Dr. Thomas' Eclectric Oil**, and in less than two months my arm was completely healed and as strong as ever it was, while my health never was better."

IT NEVER FAILS.—MR. W. J. CORBETT, Creemore, writes:—"A few days ago a customer of mine came in with a Sore Throat, and his neck swelled to almost twice its usual size. In reply to my question as to what he was going to use for it, he said, 'I always use **Dr. Thomas' Eclectric Oil**'; I at once supplied him with a bottle and he took a dose then and there, and applied some externally; strange to relate, he felt relieved before leaving the store, and stranger still, before night the swelling was almost entirely gone. I supplied **Dr. Thomas' Eclectric Oil** to a large number of parents during an epidemic of Diphtheria, and every one of them saved their children, while a number that I knew of lost theirs after using other remedies. These facts speak for themselves, and the consequence is that **Dr. Thomas' Eclectric Oil** is in constant demand all the year round."

MR. S. S. NASH, Crediton, writes:—"Frequent applications of **Dr. Thomas' Eclectric Oil**, and daily rubbing, completely removed a callous lump on the leg of a valuable horse of mine.

Funnigrams.

MONEY has some human characteristics It talks and gets tight.

AN old maid's house, like a motion to adjourn is always in order.

WHEN feeling the pulse of the people the beats should not be overlooked

THE man who is 'always cheerful gets, as he gives, the very best of life.

THE man who is in love with his work never need fear any rivalry from other people.

A HEARTY laugh is the most effective cure for the blues, and *vice versa*, the blues are the most effective cure for a hearty laugh.

"PARALYSIS?" said an Irishman. "It's the disease that makas ye so that every time ye move ye can't stir."

WOMEN are clamoring for recognition Still they keep changing their dresses so fast that it keeps a man on the lookout to recognize his own wife.

AN ITALIAN FOR ONE DAY.

A FEW days ago while Patrick Kelly was being arrested for drunkenness, we gave him a tip—spell his name "Kelli" and pass him off for an Italian.

Next morning at court:—"Patrick Kelly, drunk," said the police magistrate. "Patrick Kelly stand up."

Still Patrick remained quiet.

"Isn't Patrick Kelly your name?"

"Wid an i, sor."

"I see you have two eyes."

"I mean, sor, wid an 'i' in me name."

"He spells his name K-e-l-l-i," remarked the arresting officer.

"Ah! Patrick, why do [you spell your name different from] others of your nationality and name?"

"Bejabers, sor, it's because I'm an Italian."

"Where were you born, Patrick?"

"In Italy, sor."

"What part of Italy?"

"Pwhat part of Italy? An' does ye be thinkin' I was borned away out in the sooperbs of the place? Sure and I was borned in the very heart of the city itself."

"What city?"

"Italy, of course"

"Ten dollars and costs.

"Well, bejabers, yer Honor, it's the last toime that Patrick Kelly ever appears in court agin wid an i in his name. Every other toime I was before a court wid a y in it I never got over five dollars. To the ould nick wid the spalpeen that made me a dirty, lazy, drunken, good for nothin Italian wid an i in it."



ENDORSED BY OVER 600 DOCTORS IN CANADA.

WE have recollections that are hard to erase from our memory of a time when the good old-fashioned but disagreeable Castor Oil was the favorite medicine with our mothers. We then feared to tell that we were sick for we knew what would follow that acknowledgment. We preferred suffering in silence rather than take that nauseous and sickening medicine. But with the advancement of science this feeling has disappeared; one discovery has followed another; and one of the most important in the history of medicine is the discovery of a way whereby Castor Oil can be sweetened and rendered palatable.

TO THE INVENTOR of Copland's Sweet Castor Oil is the world indebted for this valuable improvement on a staple household medicine. After careful and long research he made this discovery and called his preparation

COPLAND'S SWEET CASTOR OIL.

It is of the same strength and medical qualities as the ordinary Castor Oil, and while equally safe and harmless, yet acts with more certainty, and produces neither nausea nor griping. Some children say it is honey; others call it syrup—they all say they like it. One parent says: "My children drink it like water"; another: "We had to hide the bottle or they would have finished it right off;" another: "My little girl has taken it twice without any trouble, and does not know what it is, though she hates the ordinary Castor Oil, and we could never get her to take it without a fight." Yet another: "I wish you success of your Sweet Castor Oil; it is a splendid thing, sure to take the place of all the common oil."

NORTHROP & LYMAN CO., TORONTO, PROPS.

Sold by all medicine Dealers. Price 25 cts.

"THEY tell me that jinks can walk about in the dark as well as in broad daylight. I wonder how he does it?" Easily! Just look at his lantern jaws!"

A WOMAN never forgets her first proposal, though the man that made it sometimes does—when a prettier girl comes along

Coloring Recipes.

Scarlet (very superior)—3 oz. cochineal, 3 oz. cream tartar and 4 oz. solution of tin; powder the cochineal and rub through a bag into blood-warm water sufficient to cover the yarn. When it is a little warm put in the cream tartar, and simmer, then add your solution of tin; your yarn must be wet with clean water; steep it in the dye till the yarn is properly dyed. Dry your yarn before you wash it. This will color 3 pounds.

Wine Color.—1 lb. wool, $\frac{1}{2}$ lb. red powder, 1 oz. madder compound. Soak the powdered wool in warm water all night, mix the madder compound with about $\frac{1}{2}$ pint of water (in a glass), and add it to the rest; rinse the wool in warm water and put it in the dye; boil about $\frac{1}{2}$ an hour; take out the wool and rinse it in cold water. A color almost as fine may be had by using $\frac{1}{2}$ lb of alum, and boiling in the same way.

Green.—For 5 lbs. goods use 5 lbs. fustic and 18 oz. alum. Soak in water until the strength is extracted, put in the goods until of a good yellow color, remove the chips and add extract of indigo in small quantities at a time until the color is satisfactory.

Pink.—For every 3 lbs. yarn or cloth take $\frac{3}{4}$ quarts water, or enough to cover the article you wish to color, 2 oz. cochineal, and $\frac{1}{2}$ oz. cream tartar; steep the cochineal in warm water 2 hours, or until the strength is entirely extracted, and add the cream tartar; then wet the cloth in clear water, wring it out and put it in the dye; bring it to a scalding heat, let it remain in a few moments, and it will be finished.

Black on Wool, Silk, or Cotton.—For 1 lb. of cloth, it will require 1 oz. extract of logwood and $\frac{1}{2}$ oz. blue vitriol. Prepare an iron kettle with a sufficient quantity of water to admit the yarn or cloth to be worked in the dye without being crowded; bring the water to a scalding heat, then put in the yarn or cloth a few minutes; when it is thoroughly wet, take it out and drain it; in the next place, add the blue vitriol, and when dissolved and the water skimmed carefully, put in the material to be colored, and let it remain $\frac{1}{2}$ an hour at a scalding heat, airing it occasionally; then take it out and rinse it in soft water; the vitriol water may be emptied into a separate vessel, and the extract of logwood dissolved in a sufficient quantity of water, brought to a scalding heat, and skimmed; put in the cloth, keeping the dye in the same temperature, and let it remain $\frac{1}{2}$ an hour, airing it frequently; then take it out and drain it; add the vitriol water to the dye, and put it in again; let it remain 15 minutes, airing as before. Clean it well. For cotton, add a little common glue.

Coloring Recipes

Madder Red.—Take 1 lb. madder for every 2 lbs. yarn or cloth; soak the madder in a brass or copper kettle 1 night in warm water, enough to cover the yarn you wish to color; next morning put in 2 oz. madder compound for every lb. madder which you have soaked, then wet your yarn or cloth in clean water, and wring it out in clear water; afterwards put in the dye; now place the kettle over the fire and bring it slowly to a scalding heat, which will take about $\frac{1}{2}$ an hour keep it at this heat $\frac{1}{2}$ an hour if a light red is wanted, and longer if a dark one, the color depending upon the time it remains in the dye. When the color is made rinse the cloth immediately in cold water, it will then be finished.

Yellow.—1 lb. of wool or cloth, $\frac{3}{4}$ lb. fustic, $\frac{1}{4}$ lb. alum; put all in an earthen vessel, and pour on sufficient hot water to cover the wool and keep it warm all night; give it $\frac{1}{2}$ an hour's boil in a brass kettle, and then rinse in cold water. A much deeper and richer yellow may be had by using turmeric powder instead of fustic, and proceeding in the same manner.

Cheap Brown for Wool and Cotton.—For 10 lbs. goods, $\frac{1}{2}$ lb. japonica, 1 oz. blue vitriol, 2 oz. bichromate of potash; put the japonica into 4 gallons of soft water, boil until dissolved, add the blue vitriol, and stir well; put in the goods, and keep at boiling point for 2 hours; wring out and put into the solution made with the potash, let it remain for half an hour, then wash in soap suds.

Purple.—For 10 lbs. of goods use $\frac{3}{4}$ lb. alum, 1 teacup muriate of tin, pulverized cochineal $\frac{1}{4}$ lb., cream of tartar $\frac{1}{4}$ lb. Boil the alum, tin, and cream of tartar 20 minutes, add the cochineal, and boil 5 minutes, immerse the goods 2 hours, remove and enter them in a new dye, composed of Brazil wood $\frac{3}{4}$ lb., logwood $1\frac{3}{4}$ lbs., alum 1 lb., muriate of tin 2 cupsful, adding a little extract of Indigo.

Orange.—For 10 lbs. goods, use sugar of lead $\frac{1}{2}$ lb., boil 15 minutes, when a little cool enter the goods, and dip for 2 hours, wring out, make a fresh dye with bichromate of potash, 1 lb., madder $\frac{1}{2}$ lb.; immerse until the desired shade. The shade may be varied by dipping in lime water.

Light Silver Drab.—For 5 lbs. goods, use $1\frac{1}{2}$ ozs. logwood, alum $1\frac{1}{2}$ ozs. Boil well, enter the goods, and dip for one hour. Grade the color to any desired shade by using equal parts of logwood and alum.

Lilac (for silk.)—For 1 lb. silk use archill $1\frac{1}{2}$ lbs. Mix it well with the liquor, make it boil $\frac{1}{2}$

of an hour, dip the silk quickly, then let it cool, and wash in soft or river water.

Blue.—A splendid blue may be produced in an hour by the following process: For 1 lb. wool or cloth take $2\frac{1}{2}$ ozs. alum, and $1\frac{1}{2}$ ozs. cream tartar. Boil these together in a brass or copper kettle for about an hour; now take sufficient warm water to cover the cloth or wool, and color it to the shade you wish with the liquid blue; put the whole into a copper pot, and boil it a short time, taking care to keep it stirred; remove the cloth, and rinse in clear cold water, and hang it up to dry.

Salmon.—Take 1 lb. wool, a $\frac{1}{2}$ lb. annatto, and $\frac{1}{4}$ lb. soap. Take water sufficient to cover the wool, in which dissolve the annatto and soap; rinse the wool in clean water, put it into the annatto mixture and boil about half an hour. The shade may be made lighter or deeper according to the quantity of annatto used.

Orange (on cotton).—For 1 lb. take 2 ozs sugar of lead and $1\frac{1}{2}$ ozs bichromate of potash. Dissolve each separately in just enough boiling water to cover the cotton, and dip it alternately from one to the other three times, or until the desired shade is obtained.

Blue (on cotton).—For 1 lb. take 2 ozs. copperas, dissolve in sufficient boiling water, put the cotton in, and let it soak 1 hour. Dissolve $\frac{3}{4}$ oz. prussiate potash in same quantity of fresh boiling water, and add $\frac{1}{2}$ oz. sulphuric acid (by weight), then dip the cotton alternately from one to the other three times, or until the desired change is obtained, and rinse well with cold water.

Green (on cotton).—Dip the cotton colored blue into the orange dye.

Pink (on cotton).—For 5 lbs. take 2 lbs. nicwood and 4 ozs. solution of tin; put the cotton in and let it remain till the shade suits.

Crimson.—Use 1 lb. lac dye, together with 2 ozs. madder compound, to every 2 lbs. cloth or yarn. Soak the lac dye over night in a brass or copper kettle, then add the compound and stir; then the cloth, and bring your dye slowly to a scalding heat; then vary the time as you wish the color. If dark, let it remain some hours; if not, 1 hour; then rinse in soft water, without soap.

Brown.—For 1 lb. wool take $\frac{1}{4}$ lb. alum and 1 oz. cream tartar, and boil for $\frac{1}{2}$ an hour. Take $\frac{1}{2}$ lb. red powder, $\frac{1}{4}$ lb. fustic, and 2 ozs. logwood chips; soak these a night in sufficient warm water to cover the wool; take the wool out of the alum water, and boil with the woods for about $\frac{1}{2}$ an hour. If a dark brown is wanted, add about a teaspoonful of copperas.

Dove and Slate Colors of all shades are made by boiling in an iron vessel a teacupful of black tea with a teaspoonful of copperas and sufficient water. Dilute this until you get the shade wanted.

All fancy colors should be colored in brass and copper vessels, with plenty of soft water, and wet before putting them into the dye.

DICKLES' ANTI-CONSUMPTIVE SYRUP

Is undoubtedly the most effective medicine
now in use for

Coughs, Colds, Influenza, Asthma, Croup, Hoarseness, Pleurisy, Bronchitis, Consumption, Spitting of Blood, Whooping Cough, Diseases of the Chest and Lungs, Shortness of Breath, etc.

It never fails to afford prompt and permanent relief. It removes all soreness, and heals the diseased parts. It immediately soothes the most troublesome cough, and, by promoting expectoration, removes the mucus that stops up the air tubes—which causes difficulty in breathing—thereby giving relief to that depressing tightness experienced in the chest. If you have a cough or cold do not neglect it; many, without a trace of that hereditary disease, have drifted into a consumptive's grave by neglecting what was only a slight cold. Had they used Bickles' Anti-Consumptive Syrup before it was too late, their lives would have been spared.

There are cases of consumption so far advanced that Bickles' Anti-Consumptive Syrup will not cure, but none so bad that it will not give relief.

In recent cases it may be said never to fail.

This medicine operates by promoting a **Free and Easy Expectoration**, which immediately relieves and frees the Throat and Lungs from viscid phlegm by changing the secretions from a diseased to a healthy state; by uniting with a tonic power the property of calming irritation and diminishing excitability; by modifying the circulation, and enabling the Lungs to throw off the matter resulting from inflammatory action, thus giving the surface a chance to heal; by strengthening the Lungs and giving that tone to the system which counteracts the debilitating influence of disease.

COUGHS, COLDS, SHORTNESS OF BREATH, and affections of the Chest, attended with weakness of the digestive organs, or with general debility, seems to vanish under its use.

IT IS SO PALATABLE that a child will not refuse it, and is put up at a price that will not exclude the poor from its benefits.

FOR CHILDREN.—When Children are affected with colds, coughs, Inflammation of the Lungs, croup, quinsy, and sore throat, this Syrup is of vast importance. The number of deaths among children from these diseases is truly alarming.

EXCELSIOR.—MR. WM. ROBINSON, Teeterville, writes us:—"I have sold Bickles' Anti-Consumptive Syrup for twenty years and I recommend it in every case for coughs, colds, hoarseness, etc. It is the best article I have ever known and has a better reputation than any other medicine in this locality."

THE BEST.—MR. L. W. SENISAC, Stanbridge Station, P.Q., writes:—"We have used Bickles' Syrup for coughs and colds, and do not hesitate to pronounce it a first-class article, the best we have ever used."

MR. E. B. STEWART, Ruthven, writes:—"The people think Bickles' Syrup the best medicine in the world."

VERGE OF CONSUMPTION.—MR. A. W. LEVY, Mitchell, writes:—"I think Bickles' Anti-Consumptive Syrup the best preparation on the market for coughs and severe colds. About six years ago I caught a severe cold which settled on my Lungs, and for three months I had a cough. I had a physician attending me, but gradually grew worse until I was on the verge of consumption, and had given up hopes of being cured, when I was induced to try Bickles' Syrup. Before I had taken one bottle I found myself greatly relieved, and by the time I had finished the second bottle I was completely cured. I always recommend it for severe colds and consumption."

MISS N. HORN BROOK, Toronto, writes:—"I consider Bickles' Anti-Consumptive Syrup an excellent medicine for coughs and colds. For a long time I was troubled with a very annoying cough but Bickles' Syrup cured me."

THE ONLY RELIEF.—MISS C. CAMERON, Toronto, says:—"I contracted a cold and through neglect it finally resulted in Catarrh of the Stomach, from which I suffered for two or three years. Have used Bickles' Syrup for it, and find it the only medicine that gives me any relief."

MR. G. C. BETTS, Haldane Hill, writes:—"I have sold a great variety of cough medicines, and have sold and used in my family Bickles' Anti-Consumptive Syrup, and I do not hesitate or exaggerate when I say it is the best cough medicine I have either used or sold. Its effects are noticed immediately."

NORTHROP & LYMAN CO.,
Proprietors, Toronto.

Price 25 cents, 50 cents and \$1 per bottle.



WHEN grey hairs first are found among the locks that adorn our heads a feeling of regret and gloom comes to us. If young we feel that we will soon be classed with the middle-aged, or if we have reached middle-age, that old age is approaching. Very few wish to be thought older than they are. Apart from the annoyance, this change is frequently an obstacle in the way of those who have to seek employment. One of our large daily papers stated a few months ago "that in England the practice of dyeing the hair is not the result merely of vanity or over-sensitiveness, but is resorted to by working men and women who find their grey hairs a hindrance to obtaining employment."

The coloring matter of the hair is contained in the centre, which is of a hollow form and consists of an oily substance in which carbon or charcoal in minute particles is more or less mingled; as old age approaches and even in very young persons, the color changes to grey or white. We cannot always account for the change, but we can change it to its original color by using **Canadian Hair Dye**.

This celebrated Dye is unequalled for changing both red and grey hair to a beautiful black or brown, as may be preferred, without in the least injuring the hair. Gentlemen will find it unsurpassed for obliterating white hairs among their whiskers, and for touching up the beard and moustache to any shade or color.

It is over twenty years since the **Canadian Hair Dye** was first introduced, and as it has a larger sale in Canada than all other Hair Dyes combined this, we think, is conclusive evidence that it has given satisfaction.

Unlike many other preparations, it will neither rub nor wash off, and as it is complete in itself, it is much more convenient than those requiring two separate bottles.

Prepared only by **NORTHROP & LYMAN CO.**, Toronto. Price 50 cents per bottle.

MUSICAL LADY—"Wouldn't you like to be able to sing and play my little man?"

JOHNNY—"Naw. I wouldn't like to have folks say such mean things about me as they do about you."

Cooking Recipes.

Pickled Plums.—7 lbs. fruit, 4 lbs. sugar, 1 qt. vinegar, spices to taste; for pears use less sugar.

Strawberry Jelly.—Mash the fruit, and squeeze the juice through a bag; to every pint put $\frac{3}{4}$ lb. sugar, and boil it 20 minutes briskly. This keeps better than the preserve. All small fruits must be cooked until the seed looks done.

Isinglass Jelly.—Put 4 oz. isinglass and 2 oz. cloves into a gallon of water, boil it down to half a gallon, strain it upon 4 lbs. loaf-sugar, and put into moulds.

Raspberry Jam.—To 5 or 6 lbs. of fine red raspberries (not too ripe), add an equal quantity of the finest quality of white sugar. Mash the whole well in a preserving kettle; add about 1 quart current juice (a little less will do), and boil gently until it jellies upon a cold plate; then put into small jars; cover with brandied paper, and tie a thick, white paper over them. Keep in a dark, dry and cool place.

Current Jelly.—Strip the fruit from the stalks; bruise the fruit; add a very slight quantity of water; put them in a preserving kettle; stir them about over a moderate fire till they have yielded their juice; drain in a sieve, the juice from the pulp, and to every pint allow 1 lb. refined sugar; boil 15 or 20 minutes.

Apple Jelly.—Take green apples that will cook nicely; quarter the apples without paring, put them in a pan or kettle and cover over with water, and keep them covered; let them boil slowly until entirely done; then put in a bag and drain (not squeeze), them. Put 1 lb. white sugar to a pint juice. This is very easily made in the winter; is best made day before using.

Gelatine Jelly.—Small packet gelatine, $1\frac{1}{2}$ pints boiling water poured on the gelatine, stir until dissolved; 1 teacup white sugar, a little tartaric acid, the whites of 3 eggs beaten, flavor with lemon; pour into a shape and let stand till next day.

Kisses.—1 egg, 1 cup sugar, $\frac{1}{2}$ cup butter, $\frac{1}{2}$ cup milk, 1 teaspoonful cream of tartar, $\frac{1}{2}$ of soda, flour enough to make a stiff dough; drop on tins and sprinkle over with powdered sugar. Bake in a quick oven.

Kisses.—Beat the whites of 9 eggs to a stiff froth; mix with 15 tablespoonsful pulverized sugar 6 drops lemon, drop on paper and sift sugar over them.

Packing Eggs.—1 pint unslacked lime, 1 pt. coarse salt, 2 gals. boiling water. Let it stand until cold; pack the eggs in layers and pour the liquid over.

Laughslets.

SHE—"How is it that you manage to amuse your partners so well at balls? They always seem to be smiling."

HE—"I always choose girls with fine teeth."

THERE isn't one man in ten thousand who knows what kind of a man he would be if he had plenty of money.

"MAN wants but little here below,
And that is all he gets.
He seldom has too many things,
Except too many debts."

A BEAUTIFUL woman pleases the eye, a good woman pleases the heart; one is a jewel the other a treasure.

EVEN the laziest of men can usually see some work that some other fellow ought to do.

"WHERE are you going, my pretty maid,"

"I'm going to sneeze, kind sir," she said.

"And at whom will you sneeze, my pretty maid?"

"Atchoo! Atchoo! kind sir," she said.

TOM—"I don't think I shall propose to Miss Dove.

JACK—"Why you said yesterday you would!"

"Yes, but I'm afraid she doesn't love me."

"What makes you think so?"

"Nothing, only she accepted Bob Smith last night

TRAMP—"Will you kindly assist an old man who has seen better days?"

LADY—"Would you like a little work?"

TRAMP—"No, miss, the memory of better days prevents me from doing any manual labor."

"So Jack is married, eh? Do you think he'll get along well with his wife?"

"I'm quite sure he will. They sang in the same choir for two years without quarrelling."

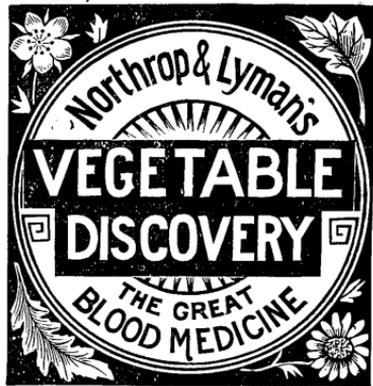
THE tombstone of the late Mrs. Ann D. Carter of Philadelphia bears the following lines cut in marble:—

Some have children and some have none,
But here lies the mother of twenty-one.

THE man who is in trouble can always see what an easy thing it would have been for him to keep out if he had only thought.

WHEN a man asks you to come and see him you know he wants you; when a woman invites you, you never know whether she wants you or not.

"NEW YORK is a great place," said the tourist. "It has an Italian quarter and a Chinese quarter and a French quarter, but where is the American quarter?" "In the pocket of the hotel waiter," answered his American cousin.



THE great source of disease originates in the **BLOOD**, and no medicine that does not act directly upon it, to purify and renovate, has any just claim upon public attention. When the blood becomes lifeless and stagnant, either from change of weather or of climate, want of exercise, irregular diet, or from any other cause, Northrop & Lyman's Vegetable Discovery will renew the blood, carry off the putrid humors, cleanse the stomach, regulate the bowels, and impart a tone of vigor to the whole body.

Why is this medicine performing such great cures? Because it works in the **BLOOD**, in the Circulating Fluid. It can truly be called the **GREAT BLOOD PURIFIER**.

REMARKABLE CURE OF DROPSY AND DYSPEPSIA.

MR. SAMUEL T. CASEY, Belleville, writes:—"In the spring of 1884 I began to be troubled with Dyspepsia, which gradually became more and more distressing. I used various domestic remedies, and applied to my family physician, but received no benefit. By this time my trouble assumed the form of Dropsy. I was unable to use any food whatever except boiled milk and bread; my limbs were swollen to twice their natural size; all hopes of my recovery were given up, and I quite expected death within a few weeks. Northrop & Lyman's Vegetable Discovery having been recommended to me, I tried a bottle with but little hope of relief; and now, after using eight bottles, my Dyspepsia and Dropsy are cured. Although now seventy-nine years of age I can enjoy my meals as well as ever, and my general health is good. I am well-known in this section of Canada, having lived here fifty-seven years; and you have liberty to use my name in recommendation of your Vegetable Discovery, which has done such wonders in my case."

MONEY SAVED.—MR. JOHN HOLLINGSWORTH, Escott, writes:—"Northrop & Lyman's Vegetable Discovery gives great satisfaction. Some of my customers say they have derived more benefit from the use of this medicine than they did from doctors, to whom they paid hundreds of dollars. I have sold large quantities of the Vegetable Discovery and have never had one complaint of dissatisfaction from its use."

INFLAMMATION OF THE EYES CURED.—MR. JACOB D. MILLER, Newbury, writes:—"I was troubled with Inflammation of the Eyes, so that during nearly the whole of the summer of 1882 I could not work; I took several bottles of Northrop & Lyman's Vegetable Discovery, and it gives me great pleasure to inform you that it cured me of my affliction. It is an excellent medicine for costiveness."

DYSPEPSIA HAD TO GO.—MR. W. J. DEVELL, Wingham, carpenter and builder, writes:—"Three years ago I was greatly troubled with Dyspepsia; a pain between my shoulders was so bad that I thought I would have to quit work altogether. No medicine gave me ease until I got a bottle of Northrop & Lyman's Vegetable Discovery, which gave me relief. I continued using the medicine until I had taken three bottles, when I was perfectly well. I consider it invaluable as a cure for Dyspepsia. I know of several persons who have used it with the same benefit."

A PLEASURE TO US.—MR. L. N. BOURCIER, Ripon, P.Q., writes:—"It is with great pleasure I inform you that your Vegetable Discovery cured me of Dyspepsia. I tried many remedies, but none had any effect on me until I came across Northrop & Lyman's Vegetable Discovery; one bottle relieved me, and a second completely cured me; you cannot recommend it too highly."

VANQUISHED.—MR. JAMES JOHNSTON, 4th con., 7th lot, Amaranth, writes:—"Two bottles of Northrop & Lyman's Vegetable Discovery cured me of Dyspepsia. Mine was a bad case, and I had tried a number of other preparations without getting any benefit from them."

HEARTBURN.—MR. JOHN MCCARTHY, Toronto, writes:—"I can unhesitatingly say that Northrop & Lyman's Vegetable Discovery is the best medicine in the world. It cured me of Heartburn that troubled me for over thirty years. During that time I tried many different medicines, but this wonderful medicine was the only one that took hold and rooted out the disease."

MR. S. B. MAGINN, Ethel, used Northrop & Lyman's Vegetable Discovery to cure a severe bilious sick headache which troubled him for a long time. He thinks it an excellent medicine for all such afflictions.

Cooking Recipes.

Tea à La Russe.—Pare and slice fresh, juicy lemons; lay a piece in the bottom of each cup, sprinkle with white sugar, and pour hot, strong tea over. Or the lemon may be sent around in slices with the peel on. No cream is used.

Lemon Syrup.—3 qts. water to 3 lbs. sugar; boil 5 minutes; put it into a basin with 1 oz. tartaric acid and let it dissolve; flavor with lemon-

Raspberry Vinegar.—Bruise a quart of fresh-gathered berries in a China basin. Pour over it a pint of good vinegar. Cover it closely. Let it stand 3 days, and stir it daily; strain it through a flannel bag; let it drip as long as anything will come from it, but do not press it. To 1 pint the liquor put 1 lb. pounded loaf sugar. Boil it 10 minutes and take it off the fire. Skim as it rises; when cold, bottle and cork tightly.

Blackberry Syrup.—2 qts. juice of blackberries, 1 lb. loaf sugar, $\frac{1}{2}$ oz. nutmeg, cinnamon, cloves, $\frac{1}{2}$ oz. allspice. Boil all together for a short time, and when cold add one pint of proof brandy.

Butter Scotch Candy.—4 cups brown sugar, 2 of butter, vinegar to taste, 2 tablespoons water, and a little soda; boil $\frac{1}{2}$ hour; drop a little in hot water, and if crisp, it is done.

Cream Candy.—1 lb. white sugar, 1 wine glass vinegar, 1 tumbler water, vanilla; boil $\frac{1}{2}$ hour, and pull, if you choose.

Everton Toffy.—3 lbs. sugar, 1 cupful molasses, $\frac{1}{2}$ cupful water, $\frac{1}{2}$ lb. butter.

To Clean Carpets.—A solution of ammonia and water, lukewarm, will, if well rubbed in carpets, take out all stains. Take one part of ammonia and three parts water.

Washing Fluid.—1 lb. salt soda, $\frac{1}{2}$ lb. stone lime, 1 oz. borax. Put it into a pot with 5 qts. soft water. Boil fifteen minutes, let it cool, then pour off the clear. Put it in a jar and cork.

To Wash Flannels.—Put the flannels into a pan and pour boiling water upon them; then make a lather as hot as the hands can bear, take the flannel and wash it as quickly as possible. Put plenty of blue in the lather. Done in this way, flannel remains almost as soft as new, and is a good color.

Turpentine.—A tablespoonful of turpentine, boiled with white clothes, will greatly aid the whitening process.

Boiled Starch.—Boiled starch is much improved by the addition of a little sperm, or a little salt, or both, or a little gum-arabic dissolved.

Worth Knowing.—Boil 3 or 4 onions in 1 pint of water; then with a gilding brush do over the frames of your pictures and chimney glasses, and rest assured that the flies will not light on the articles washed with the solution.



THE BEST APPETIZER AND TONIC KNOWN.

It will be found unrivalled for such diseases as **Fever and Ague, Intermittent and Billious Fevers, Dyspepsia, Nervous Affections, Convalescence from Exhausting Diseases, and Functional Derangement of the Stomach.**

THIS article is prepared from the pure Sulphate of Quinine, combined with fine sherry wine and choice aromatics, and is made an agreeable and pleasant invigorator to the whole system. It is a well known fact that Quinine has been acknowledged by the medical faculty for many years as the best appetizer and tonic known. And for general debility, this combination will be found surperior to all other preparations.

It imparts to the stomach tone and energy, and fortifies the system against infectious diseases and exposure to change of climate. It is pleasant and contains *nothing Injurious to the Most Delicate Constitution.*

The properties of Quinine are a febrifuge tonic and anti-periodic. Small doses frequently repeated, strengthen the pulse, increase muscular force, and invigorate the tone of the nervous system.

The peculiar operation of this medicine in **GENERAL DEBILITY**, and as an **APPETIZER**, has undergone long and close observation, and it is believed it will never fail, if properly and judiciously administered, unless other diseases predominate of a different character.

After its administration the general system becomes more or less influenced, the pulse being fuller and more rapid, and a gentle stimulus imparted to the various organs of the body.

NERVOUS PERSONS, after using it for a short time, will find their appetite improved, their spirits become more cheerful; sleepless nights, twitching of the muscles and trembling of the limbs, will all disappear, and they will feel and know that every fibre and tissue of their body is being braced and renovated.

PERSONS OF A WEAK CONSTITUTION may take it without the least difficulty, as it contains **NOTHING INJURIOUS** to the most delicate constitutions.

READ THE FOLLOWING.

MR. E. ROBINSON, Windham Centre, writes; "For about ten years I have been troubled with Headache, or Brow Ague, as some people call it, a pain across my forehead accompanied with Bilioussness. Have tried nearly all the medicines sold in this country, but received no relief or benefit from them. Finally I commenced using Northrop & Lyman's Quinine Wine, and before I had used six bottles I was completely cured and I have not had an attack of it since, now nearly a year."

MESSRS. T. ELLIOTT & Co., Cookstown, writes: "We are sold out of your Quinine Wine. It is very highly spoken of by our customers who have used it," etc.

MR. E. T. MULLIGAN, Toronto, writes: "In gratitude to you for what your most valuable medicine Quinine Wine, has done for my wife, I wish to express my best wish and hope that all sufferers from disease to which your medicine is adapted will not hesitate in resorting to its use. My wife having been troubled with general debility, and having no appetite or relish for her food, I procured a bottle of your Quinine Wine, and after submitting it to our family doctor, he told me he could prescribe" nothing better. Thanking you for what it has accomplished, I am," etc.

MRS. JOSEPH SPENCER, Toronto, writes: "Having been a sufferer from general debility and weakness, so peculiar to persons of a nervous temperament, I was induced to try your Quinine Wine. After taking the first bottle, it had such a decided effect that my system began to rebuild, and my appetite was so much improved that I decided to continue the medicine; and I have no hesitation in saying that after I used the second bottle I was quite restored to my natural health. I feel as if I cannot find words to express my feelings to you for what your medicine has done. I have also recommended it to my friends troubled in like manner, and in every instance it has met with the same results. I wish your medicine every prosperity."

MR. A. C. VANBUSKIRK, Kingston, N.S., writes: "Send me three dozen of your Quinine Wine at once. I have only one bottle in stock. It is a wonderful medicine."

MRS. W. R. TULLY, McKellar, Ont., writes: "For the past two or three years I have been troubled with weakness and loss of appetite, and being recommended by a friend to try Northrop & Lyman's Quinine Wine, I procured two bottles, and it gives me the utmost pleasure to say that it has done me more good than what is claimed for it. I do, without hesitation, recommend it to all who are sufferers from like complaints."

Price \$1 per bottle.

Cooking Recipes.

Soft Soap.—1 box concentrated lye, 4 lbs good fat, otherwise 5 lbs., $\frac{1}{2}$ potful water, boil 2 hours. Put in a barrel and throw a boilerful of boiling water over it. There should be 5 gals. altogether.

To Prepare Rennet to Turn Milk.—Take out the stomach of a calf as soon as killed, and scour inside and out with salt. After it is cleared of the curds always found in it, let it drain a few hours; then sew it up with two handfuls of salt in it, or stretch it on a stick, well salted, or keep it in the salt wet, and soak a piece for use, which will do over and over again by washing it in fresh water.

Cocoanut Made as Jelly Cake.—1 cup butter, 3 cups sugar, 1 cup milk, 5 cups flour, 6 teaspoons of baking powder, whites of 8 eggs; bake in jelly cake pans; for dressing to put between, take the whites of 6 eggs beaten stiff, $\frac{1}{2}$ lb. desiccated cocoanut, and 1 cup powdered sugar.

Jelly Cake.—1 cupful white sugar, 3 eggs, yolks and whites beaten separately; 1 cup flour, from which a tablespoon of flour is taken and its place supplied by corn starch; $\frac{1}{2}$ a teaspoon soda, and 1 teaspoon cream of tartar. If for sponge cake use 4 eggs.

Ginger Cake.—1 cup molasses, $\frac{1}{2}$ cup butter, $\frac{3}{4}$ cup water 1 teaspoon almost full of ginger, 2 teaspoons soda; mix in flour enough to let it drop off the spoon; bake in a tin about 2 inches deep.

Cup Cake.—1 cup butter, 2 cups sugar, 3 cups flour, 4 eggs, a teaspoon soda dissolved in a cup of milk, 2 teaspoons cream of tartar mixed into the flour; flavor with essence of any kind.

White Cake.—2 cups sugar, 1 cup water cold, whites of 11 eggs, 3 teaspoons baking powder, $1\frac{1}{2}$ cups flour, $\frac{3}{4}$ cup butter; stir butter and sugar up together till it is light; put whites into sugar and butter, flour and powder in last.

Composition Cake.—5 cups flour, 2 cups butter, 3 of sugar, 1 of milk, 5 eggs, 1 teaspoon soda, 2 of cream tartar, fruit as you please, cinnamon, nutmeg and cloves to taste.

Fruit Loaf.—1 pt. bread sponge, 1 cup brown sugar, 1 cup molasses, 1 of butter, $\frac{1}{2}$ cup sweet milk, 1 cup raisins, 1 currants, a little lemon and citron peel tablespoon cinnamon, 1 teaspoon of cloves, 1 of allspice, 2 or 3 eggs. Beat eggs, butter and sugar, add all together with flour enough to stiffen as an ordinary fruit cake.

Dressing for Turkey.—1 pint soaked bread, 2 tablespoons sage, 2 tablespoons summer savory,

2 teaspoons salt, 2 teaspoons pepper, butter size of an egg.

Boiled and Baked Ham.—Boil your ham tender; cover it with the white of a raw egg, and sprinkle sugar or bread crumbs over it; put it in the oven and brown; it is delicious also covered with the regular cake icing and browned.

To Roast Wild Fowl.—Put an onion, salt and hot water into a pan, and baste for 10 or 15 minutes; change the pan; put in a slice of salt pork and baste with butter and pork drippings very often; just before serving dredge lightly with flour and baste. Ducks take about 25 to 35 minutes to roast, and woodcock and snipe 15 to 25. Do not draw or take off the heads of either. Garnish with fried or toasted bread, lemon, parsley, and currant jelly.

Stewed Tongue.—Cut square fillets of bacon, which dredge with a mixture of chopped parsley, salt pepper and a little allspice. Lard the tongue with the fillets; put in a saucepan 2 ozs. of bacon cut in slices, 4 sprigs of parsley, 2 of thyme, a little garlic, 2 cloves, 2 carrots cut in small pieces, 2 small onions, salt and pepper. Lay the tongue on the whole; wet with a glass of white wine and a glass of broth. Set it on a moderate fire and simmer about 5 hours, keeping it well covered. Put the tongue on a dish and strain the sauce over it.

Chicken Pie.—Stew chickens until tender; line the sides of a deep pie dish with nice pastry; put in the chicken, and the water in which it has boiled (which should be but half a pint); season with a large piece of butter, salt and pepper, and then cover loosely with crust. While this is baking, have ready a quart can of fine oysters; put on the fire a pint of rich milk, (or the liquor of oysters will do); let it come to a boil; thicken with a little flour, and season with butter, pepper and salt; pour this over the oysters boiling hot, and about 15 minutes before the pie is done, lift the crust and pour the oysters and all into the pie; then return to the oven to finish.

Beef's Heart.—Wash the heart well, and cut into squares $\frac{1}{2}$ an inch long. Stew them for 10 minutes in enough water to cover them. Salt the water slightly to draw out the blood, and throw it away as it rises in scum to the top. Take out the meat, strain the liquor, and return the chopped heart to it, with a sliced onion, a great spoonful of catsup, some parsley, a head of celery chopped fine, and cayenne pepper with a large lump of butter. Stew until the meat is very tender, when add a tablepoonful of browned flour to thicken. Boil up once, and serve,



CURES

RHEUMATISM, Lumbago, Lame Back, Neuralgia, Diphtheria, Croup, Coughs and Colds, Sore Throat, Piles, Frost Bites, Burns, Asthma, Catarrh, Chilblains, Corns, Tooth, Ear and Headache, Bruises, Wounds & Sprains of every Description on Man or Beast. Actually the best External and Internal Remedy Known.

CAUTION.—This cut represents our **NEW WRAPPER**; take no

other, and avoid all similar named articles, as they are worthless.

PAIN ceases, swellings subside, fevers abate, and a healthy state exists, after using this great and wonderful medicine. It is the cheapest medicine ever made. One dose cures sore throat, one bottle has cured bronchitis, 50 cents' worth has cured an old standing cough, one bottle has cured lame back of eight years' standing.

This celebrated medicine is so well known that it is not necessary to say more about what it will do. It is a household remedy that is used for nearly every ill that flesh is heir to.

It has performed astonishing cures, and has given satisfaction every time it has been used.

If all the certificates of cures that it has performed were printed, this Book would not contain them.

Mr. J. Callard, London, says its cures are wonderful.

Mr. J. Bedford, Thamesville, never saw anything sell so well and give such general satisfaction.

Mr. N. McRae, Wyebridge, says, "It is used for colds, sore throats, croup, etc.; in fact, for every affection of the throat it works like magic."

Mr. T. Myers, Bracebridge, writes: "It is the best medicine I sell; always gives satisfaction."

It cured Mr. Rusan, of Percy, of Lameness that troubled him for years.

Dr. Beaudin, Hull, used it to calm the pains of

a broken leg, with dislocation of the foot, and in two days he was entirely relieved of the pain.

Mr. G. A. Dixon, of Frankville, will inform you that this celebrated Oil cured him of chronic bronchitis of seventeen years' standing.

Mr. J. Snow, Gunning Cove, N.S., is no longer suffering with Asthma, Dr. Thomas' Eclectric Oil was too penetrating for it.

DIPHTHERIA.—Mr. Robert Lubbick, Cedar Rapids, writes: "Used it for Diphtheria with best results; would use no other medicine for this disease."

CROUP.—Mr. Thos. H. Porter, Lower Ireland, P.Q., writes: "My son, eighteen months old, had croup so bad that nothing gave him relief until a neighbor brought me some Dr. Thomas' Eclectric Oil which I gave him, and in six hours he was cured. It is the best medicine I ever used, and I would not be without a bottle of it in my house."

Mr. W. B. Hill, Cobourg, says: "I have used it for croup, and found it all you claim it to be; can also testify to its efficacy in relieving pains in the back and shoulders."

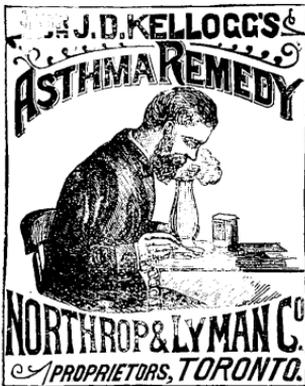
Mr. W. H. Dorland, Ash, writes: "One of my boys awoke me from sleep a few nights ago saying, 'I can't get my breath.' I got up and put some Dr. Thomas' Eclectric Oil on sugar, which I gave to him, and in fifteen minutes he was better. I believe it to be the best medicine sold for croup."

LUMBAGO.—Mr. W. W. Stephen, Meaford, Ont., writes: "Dr. Thomas' Eclectric Oil has gained a reputation in Meaford and surrounding country far surpassing that of any Patent Medicine ever introduced here. The benefit derived from it in one case of lumbago, that I know of, will alone place it in the front rank of remedial agents."

Mr. B. N. Munro, Toronto, writes: "A short time since I was completely disabled by a severe attack of lumbago, one application of Dr. Thomas' Eclectric Oil brought immediate relief, a second and third application effected a cure."

A BAD ACCIDENT.—Mr. P. P. CLARK, Merchant, St. Ola, Ont., writes:—"By the upsetting of a heavily loaded wagon of green timber I was caught between the timber and barn and jammed so badly that the doctor said I could not possibly live. I was unable to eat any solids for two weeks, the lower part of my body was badly bruised and all black; to try and ease the pain I was suffering I tried several liniments I had in my store, and at last tried Dr. Thomas' Eclectric Oil, and to my surprise and delight that fixed me up completely. It soothed and eased my pains and removed the discoloration from my flesh. I cannot recommend it too highly, for it saved my life and made a well man of me."

NORTHROP & LYMAN CO., Toronto, Prop's.



THIS Remedy is one of the best known for relieving and curing that dreadful disease, Asthma. Where other remedies have been tried, and where doctors have prescribed, without success, this remedy has given immediate relief. It will relieve the difficulty experienced in breathing, and that distressing tightness of the chest so well known to Asthmatics. The patient will thus be enabled to obtain a much-needed rest by being able to sleep naturally and comfortably and without being forced to sleep in an upright position. This remedy has also been found valuable in cases of hay fever, bronchitis, catarrh, cold in the head, etc.

Whooping Cough has been cured by the use of Dr. Kellogg's Asthma Remedy. Some bad cases have been cured by burning a small quantity of it in the room for two or three nights, after the little sufferers had retired.

COLD IN THE HEAD.—MR. ANDREW MILLER, Spencerville, writes:—"Having sold many dozen of Kellogg's Asthma Remedy to customers who say they could not live without it, I was tempted to try it myself for cold in my head. I used it in a pipe and blew the smoke through my nostrils and it was a complete cure."

HAY FEVER.—MR. F. E. McNALLY, Bumfrau, N. B., writes:—"I had Hay Fever for four years; in the fall of each year it was very bad. I tried two doctors and all remedies I heard of, but got no relief from them. Having an unusually severe attack I thought I would try Kellogg's Asthma Remedy, although without expectation of relief. To my surprise and delight relief was obtained in one minute, and finally I believe a cure. I consider it has been worth hundreds of dollars to me."

RELIEF IN TWO MINUTES.—MR. A. COCKER, Bon Accord, N. B., writes:—"I suffered

with Asthma for years, consulted over thirty doctors, and constantly growing worse I was finally recommended by Mr. J. B. Adams of this place to try Kellogg's Asthma Remedy, and in two minutes I experienced relief. I now carry a box with me, and would not be without it on any consideration."

SAVED FROM CHOKING.—MISS MAY GILMAN, La Porte, Ohio, writes:—"God bless you for I believe I would have choked to death before this but for Dr. Kellogg's Asthma Remedy. I try to have others, afflicted with Asthma, send for your never-failing remedy."

CAN SLEEP NOW.—TENER HANES, Parish, Bullock Co., Ga., writes:—"After thirteen years of suffering with Asthma and unable to get relief, I heard of Kellogg's Asthma Remedy and sent for a box, and you cannot imagine how glad I am to say that since using it I can rest every night. You cannot recommend it too highly to the afflicted."

CAN WORK NOW.—MR. B. QUACKENBUSH, Lamor, Barton Co., Mo., writes:—"Before I began to use Dr. Kellogg's Asthma Remedy I could not do two days' work in a month, but now I am working all kinds of weather and it don't hurt me a particle. I thank God for such a remedy."

REMOVED THE TROUBLE.—MR. WM. PITT, JR., Shanly, says:—"I thank you for what Dr. J. D. Kellogg's Asthma Remedy has done for me. I was a terrible sufferer from Asthma, but your medicine has removed the trouble."

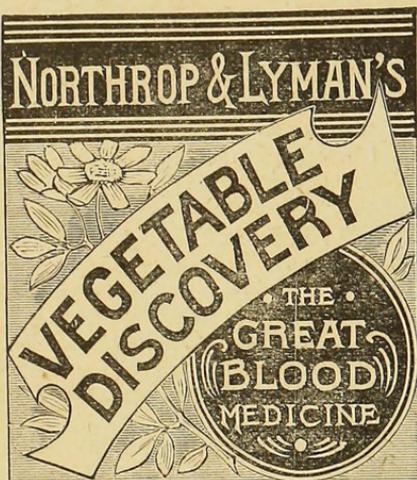
INSTANTLY CURED.—MR. ANTHONY DONAHUE, St. Sylvester, P. Q., says:—"I had the Asthma and I used Dr. Kellogg's Asthma Remedy as directed and it instantly cured me."

DELIGHTED WITH IT.—MR. DONALD H. MCKAY, West St. Peters, P. E. I., writes:—"For sixteen years I have been afflicted with Asthma, but your valuable powder, Dr. J. D. Kellogg's Asthma Remedy, has done me more good than all the doctors I have consulted, or all the asthma remedies I have tried. Any of my asthmatic neighbors or friends who have given it a trial are delighted with it."

A LIFE SAVED.—MR. JAMES CLENDENEN, Markham, writes:—"I have suffered twelve years with Asthma; often been so effected that my life was despaired of. I used nearly every asthma remedy that I could buy, with no permanent relief until I tried Kellogg's Asthma Remedy, which has now nearly cured me. I have now no bad attacks, and believe would not be alive today if I had not used Dr. Kellogg's Asthma Remedy."

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