

HUSBANDS, TAKE HOME TO YOUR WIVES

THE NEW BOOK FOR YOUNG MOTHERS
(AND FATHERS TOO).

"HOW WE RAISED OUR BABY."

(*Reprinted from the American Copyright Plates.*)



BRIEF NOTICES OF WHAT EMINENT TORONTO AND NEW YORK PHYSICIANS SAY.

A *Boston Physician* says:—"Its one aim is to help young mothers (and fathers too)."
"To many households this book will be as a light shining in a dark place."

A *N. Y. Physician* says:—"I cheerfully commend a reading of this book to every physician."

DR. THORPURN, of Toronto, says:—"It is full of practical, sound information."

DR. FULTON, of Toronto, writes:—"Every mother should read this book, and every father too."

DR. C. B. HALL, of Toronto, writes:—"It is the most useful and concise book I ever read for instructing parents in the dress, feeding and management of babies."

DR. J. H. BURNS, of Toronto, writes:—"I have read 'How We Raised Our Baby' with much satisfaction." "It contains important facts with which every parent should be acquainted."

DR. J. ADAMS, of Toronto, writes:—"I would strongly recommend every young husband to present a copy of this book to his wife before the advent of their first baby."

DR. GEEKLE, of Toronto, writes:—"The author's idea is a good one—telling his readers a great many good things about feeding and caring for infants."

**EVERY MOTHER, AND EVERY WOMAN WHO EXPECTS TO BE
A MOTHER, SHOULD READ THIS BOOK.**

Wives, ask your Husbands to Buy this Book for you.

AN IMPORTANT WORK—GOOD FOR ALL TIME.

"How We Raised Our Baby."

Opinions of the Press.

"JOHN HABBERTON, author of 'HELEN'S BABIES,' acts as its godfather, and comments it to the public. The book is something more than an addition to the 'Family' literature; it is intended to give, beneath some play of humour, really valuable counsel."—*Christian Intelligencer*.

"The book is anonymous, but Mr. JOHN HABBERTON, in the introduction, intimates that it is full of hints, attention to which on the part of parents will tend at once to lessen the mortality among children, and to prevent those of them who live to man's estate from becoming criminals, writers for the press, or members of Congress."—*N. Y. Evening Post*.

"WHAT AN EMINENT PHYSICIAN SAYS ABOUT IT IN THE 'N. Y. TIMES':— * * * "Here is a book, evidently written by a doctor, that tells in a pleasant way how to 'raise' a baby. It is cleverly done. The author does not dilute his information by much of a story. Every person introduced is made to contribute to his purpose. Some of the bachelors who frequent the homes where there are new babies will find in this little book that the author holds, 'as 'twere, the mirror up to nature.' But these pleasantries are subordinated to a desire to make a book that touches the pathos and sorrow, the anxiety and perplexity, the hopes and fears of parents to whom are born children, and which will be a help and guide to them during that period when it is literally true that children are raised. It is the period in which most children die, and they die most frequently through the ignorance or neglect of parents. The doctor is called in when the little one is really sick, only to tell the parents it is past any skill of doctor or power of medicine. *To many households this little book will be as a light shining in a dark place.* On the thread of the story is strong suggestion and advice—what to do and how to do it. The period of child life referred to is above that during which the chief or sole diet is milk. Throughout the book is given line upon line and precept upon precept on this most important subject. * * * It is a book written with an honest and laudable object. *Its one aim is to help young mothers (and fathers too), to whom it is cordially commended.*"

"Any one who expects to find in this volume any similarity to the weak, sensational novels which were so extensively circulated during the last summer, will be greatly disappointed. We are not sure that the title, admirably descriptive of the work though it is, may not deter some people from reading it, who would enjoy and be profited by it; on the other hand, and as a compensation, there are those who are really in need of the good counsel here offered, but who would not be likely to seek it in a book which boldly proclaimed its purpose on the title-page.

"The name of the author is not given, but we believe it is no secret that a physician of good standing and experience, of Brooklyn, here sets forth his views as to the various questions which arise in the care of infants. We are certain that it will secure a wider reading than most books which proffer medical advice are apt to receive, and for the reason that the advice is so delightfully couched with humorous sketches and narration of droll experiences that one is amused while receiving wholesome instruction.

"The story of the early life of 'Our Baby' is certainly very well told. No part of the eventful period is neglected, from the time that a suitable nurse is to be secured, to the day when the last tooth makes its appearance. Every trial, natural and unnatural; the conflicting counsels of mother and mother-in-law; the rival qualities of sovereign panaceas for infantile aches and pains; the respective merits and demerits of different systems of diet; and the various questions as to air, lights exercise, etc., are all faithfully chronicled in giving the history of the typical baby, and the various problems presented are solved in accordance with the views of the author.

"To say that the book is an exceedingly entertaining one is scant praise; and to add that it contains a good deal of excellent counsel is only saying what every reader must admit.

"The author sketches with considerable power the public charitable institutions for poor children, as they are and as they should be, and his suggestions on this subject are worthy of the consideration of all who are interested in this most important branch of charitable effort.

"We shall hope to receive other contributions from the doctor's facile pen."—*N. Y. Christian Intelligencer*.

From Dr. Higdon's papers

EVERY PROSPECTIVE MOTHER SHOULD BUY THIS BOOK.

This work ought not to be classed with the literature of "Helen's Babies" and other factious works. It is a book embodying practical views on the rearing of children.

OPINIONS OF EMINENT PHYSICIANS OF TORONTO.

The following are a few of the many letters received by the publisher regarding the merits of "How We Raised Our Baby":—

DR. JAMES THORBURN writes:

"The history of 'Our Baby's' first three years is full of practical, sound information. If mothers and those having charge of the young paid more attention to the kind and quantity of diet which they give their children, there would be fewer deaths. In this country means for obtaining nourishment are within the reach of nearly everyone; it is not poverty that kills, but want of cleanliness and over-feeding. The author points out an easy way of avoiding those indulgences, as also many hints well worthy of attention concerning public institutions."

DR. FULTON, Editor of the "Canada Lancet," writes:

"'How We Raised Our Baby' is a well written, interesting and instructive little book. In the form of a novel, it gives, in a most attractive style, important and valuable rules and suggestions for the care of infants. It bears internal evidence of having been written by a medical man, and many if not all the statements contained in it will be fully endorsed by the medical profession in Canada. It is cleverly written, and cannot fail to interest, amuse and instruct. The busybodies and old nurses, 'whose only recommendation is that they have raised a large family of children themselves,' come in for a fair share of attention. The author's idea is, to educate women for nurses, pay them living wages, and hold them responsible. Every mother should read this book, and every father too, as on the thread of the story is strung a large amount of useful and practical information—not only what to do, but how to do it."

DR. C. B. HALL writes:

"'How We Raised Our Baby' is a most readable and instructive book, which every young mother and father should read. Fortunately for us, we have none of the tenement houses of New York, and gin and opium baby feeders are scarce, while the 'Dr. Lyons' of the story are constantly recognized in the profession. The reading of this book need not be confined to young mothers. The old and experienced can gain great information from its study; in short, it is the most concise and useful book I ever read for instructing parents and nurses in the dress, feeding, and general management of babies."

DR. J. H. BURNS writes:

"I have read 'How We Raised Our Baby' with much satisfaction. Each page clearly shows that some one thoroughly conversant with correct hygienic principles and common-sense means, has taken the trouble to place within reach of the public, in a manner easily read and understood, important facts with which every parent should be acquainted. Unquestionably, in the majority of cases, death occurring before the age of two years depends upon either improper diet or impure air, or both of these factors, and is in a great degree preventable. The publication of the work in question at a season of the year when infantile diseases are chiefly to be dreaded, will no doubt commend it to a large number of readers."

DR. J. ADAMS writes:

"A dozen lectures on the hygienic treatment of children will not afford a young mother as much instruction as the careful perusal of this book. The characters are evidently drawn from life, and may be as readily met with in Canada as in the United States. The account of this management, or rather mismanagement, of the public nursery is exceedingly rich, and should not only be read, but be seriously pondered over by every one who takes an interest in public institutions of the kind. I would strongly recommend every young husband to present a copy of this book to his wife before the advent of their first baby, to guard her offspring from the pernicious influence of the well-meaning but officious woman who has brought up a large family."

DR. GEIKIE writes:

"I have carefully read through the little book 'How We Raised Our Baby,' and regard the idea of the author as a very good one—telling his readers in story form a great many good things about feeding and clothing, and generally caring for infants. There is much common sense in it, and by observing the rules there laid down, many an infant, in private families and in public institutions, would be far more certain than is too often the case of going safely, and with a degree of vigour, through the perils of early childhood."

EVERY YOUNG MOTHER,
EVERY PROSPECTIVE MOTHER,
—AND—
EVERY MOTHER OF A FAMILY
SHOULD READ
HOW WE RAISED OUR BABY.

It is full of Common Sense. All Medical Men speak in the highest terms of this Book.

The following carefully written notice of this work, by Dr. BETHUNE, of Toronto, is worthy of a reading by every mother. The Doctor, in writing to the publisher, says:

TORONTO, June 27, 1878.

"DEAR SIR,—I have enjoyed a most pleasant evening with 'The Baby.' It needed the perusal of a very few pages indeed to make it apparent to me that the merits of the little book were of no mean order.

"The way 'to raise a baby,' as all mothers are well aware, is by no means a *royal road*, abounding as it does with pitfalls awaiting every step, enjoining constant watchfulness, and suggesting measures ready to hand to correct errors which, at best, are almost certain to spring up sooner or later. What these are, and how they may be avoided, it is the object of this volume to point out and elucidate. I need scarcely say that the author has succeeded admirably. He deserves the thanks of the entire community, and those of the medical fraternity in an eminent degree; for is it not upon these very subjects that doctors are expected to impart instruction to that section of the public who are more immediately interested in such matters—the mothers?

"Here we have at hand a very readable and pleasantly-written 'bookie' in narrative form, ready to supplement, if not in a very great measure to render superfluous, this most difficult part of the already-arduous-enough duties of the medical practitioner.

"One of the characters (Mrs. Jones), speaking of her children, says, "When they were babies, I am sure, as I look back now, that we made many mistakes. I feel certain, too, that many times they might have been saved pain, discomfort, and unhappiness, if we had been watchful."

"Here then is something which, by enabling mothers to profit by their own mistakes and those of others, will materially save them from the unpleasant results with which Mrs. Jones reproaches herself; and withal she was the embodiment of a large share of common sense.

"In wishing God-speed to this desirable book, I cannot but cordially recommend every young, prospective mother to possess herself of a copy; and not only this, but to have it handsomely bound (as it well deserves to be), and passed down as an appropriate legacy to THE BABY.

"I am, dear Sir,

Yours very truly,

"N. BETHUNE, M.D., F.R.C.S. Edin."

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and by

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THE BEST FORTY CENTS EVER SPENT BY YOU WILL BE IN
"HOW WE RAISED OUR BABY."

Entered according to Act of Parliament of Canada, in the year one thousand eight hundred and seven, eight, by
John Ross Robertson, in the Office of the Minister of Agriculture.