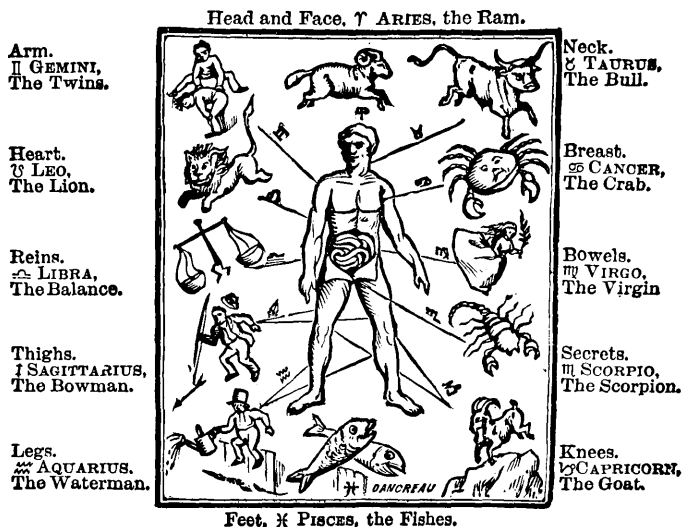


ALMANAC
AND KEY to HEALTH
The T. MILBURN COMPANY
LIMITED
TORONTO, ONT.

1908. THE SEASONS. 1908.

Sun enters Aries—Spring begins.....	March 20	7 p.m.	
Sun enters Cancer—Summer begins.....	June 21	3 p.m.	Eastern
Sun enters Libra—Autumn begins.....	Sept. 23	6 a.m.	Standard Time.
Sun enters Capricornus—Winter begins.....	Dec. 21	1 a.m.	



CHRONOLOGICAL CYCLES AND EVENTS.

Dominical Letter.....	E D	Solar Cycle	13
Epact	27	Roman Indiction	6
Lunar Cycle or Golden Number	9	Julian Period.....	6621
The year 5669 of the Jewish Era commences at sunset on September 25th, 1908.			
The year 1326 of the Mohammedan Era, or Era of the Hegira, begins on February 4th, 1908.			
The 8th year of King Edward's reign begins January 22nd, 1908.			
The 133rd year of the Independence of the United States begins July 4th, 1908.			
The first day of January, 1908, is the 2,417,942nd day since the commencement of the Julian period.			

FIXED AND MOVABLE FESTIVALS AND ANNIVERSARIES.

New Year's Day.....Jan. 1	Easter Sunday	April 19	Labor Day.....Sept. 1
Septuagesima Sunday..Feb. 16	St. George.....April 23		Michaelmas Day....Sept. 29
St. David.....Mar. 1	Victoria Day	May 24	Birth King Ed. VII...Nov. 9
Ash Wednesday.....Mar. 4	Rogation Sunday....May 24		St. Andrew.....Nov. 30
St. Patrick.....Mar. 17	Ascension Day.....May 28		Birth of Queen Alex...Dec. 1
Palm Sunday.....April 12	Whit Sunday.....June 7		1st Sunday in Advent...Dec. 1
Lady Day.....April 13	St. John's Day.....June 24		St. Thomas.....Dec. 21
Good Friday.....April 17	Dominion Day.....July 1		Christmas Day.....Dec. 25

ECLIPSES.

In 1908 there will be three Eclipses of the Sun and one of the Moon.
 I. A total eclipse of the Sun, January 3rd, invisible. II. An annular eclipse of the Sun, June 28th, visible as a partial eclipse. III. A penumbral eclipse of the Moon, December 7th, middle of eclipse 7h. 4m. 55s. p.m. IV. An annular eclipse of the Sun, December 23rd, invisible.

MORNING AND EVENING STARS.

Venus will be an Evening Star to July 5th, afterwards Morning Star.

Jupiter will be a Morning Star to January 29th, Evening Star to August 17th, afterwards a Morning Star.

Mars an Evening Star to August 22nd, afterwards Morning Star.

Saturn will be an Evening Star to March 21st, a Morning Star to September 30th, then Evening Star.

Mercury will be visible in the morning about March 27th, July 25th and November 13th, and in the evening about February 13th, June 7th, and October 4th.

Venus at its greatest brilliancy May 29th, August 11th.

Jupiter's Satellites invisible July 18th to September 16th.

1908	Greeting	1908
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42ND EDITION

FOR forty-two years now we have been meeting our many friends, through the medium of the B.B.B. Almanac, with our best wishes for a bright, happy, and prosperous New Year. We have to thank the public this year, as in the past for their continued confidence and esteem towards our remedies (notwithstanding the numerous newspapers and magazines that have been trying to make laws to put all proprietary medicines under the ban), and also for the many letters of encouragement and testimony with which we have been favored. New candidates for public favor come and go; trashy imitations deceive for a time, but are inevitably found out, and every day the confidence of the people is increased in the reliable remedies, which it has been our privilege to place before the public for the last half century. Such household remedies as BURDOCK BLOOD BITTERS, DR. FOWLER'S EXTRACT OF WILD STRAWBERRY, MILBURN'S HEART AND NERVE PILLS, MILBURN'S LAXA-LIVER PILLS, DOAN'S KIDNEY PILLS, DR. WOOD'S NORWAY PINE SYRUP, and any of the preparations mentioned in this book, are recognized standards of medical excellence all over the land, so that some dealers offer imitations or substitutes claiming them to be "just as good." They cannot be "just as good," unless they are exactly the same in composition and method of manufacture, and this is a manifest impossibility.

Buy the genuine every time and take no risks. We are offering a premium picture to our customers, full particulars of which you will find on the back inside page.

In conclusion we repeat our earnest wishes for the health and prosperity of every reader. May 1908 be a year of fruitful fields, successful commerce and social happiness.

Yours truly,

THE T. MILBURN CO., Limited,

643 KING STREET WEST

Toronto, Ont.

Burdock BLOOD BITTERS THE BLOOD

Is your Blood Pure? If not, and you have any obstruction to its free circulation, there can be no perfect health. The blood is made impure by many causes: bad air, improper food, poor water, want of cleanliness, neglected constipation, etc. Many diseases come from bad blood, Scrofula, Rheumatism, Eruptions, Sores, and many complicated complaints. Whenever your complexion is unnatural, your skin in an unhealthy condition, your face covered with blotches and pimples, when boils and festering sores abound, when there is a disturbed circulation, when you are pale and sallow, and your eyes appear unnatural, or when your head aches, and you have unnatural heat then your blood is bad. You can best cleanse it with that purely vegetable compound, Burdock Blood Bitters, which safely and promptly renovates the blood and invigorates the entire system. Curing all humors from a common pimple to the worst scrofulous sore. Remember there is none of the evils of harsh physic, mercury or iodide of potassium in the working of Burdock Blood Bitters. It is guaranteed strictly vegetable and always reliable.

BOILS CURED

Frederick D. Miller, Murray Harbor West, P.E.I. writes:—"I was troubled with boils for a long time and could get nothing to do them any good until I tried Burdock Blood Bitters. I have used two bottles and I find that they completely cured me. I cannot recommend it too highly."

PIMPLES CURED

Mrs. Elias Le Blanc, Little Cascapediae, Que., writes:—"I am writing you a few words to tell you that I was afflicted with pimples on the face for a few years and I tried everything, but could not get rid of them until after using three bottles of Burdock Blood Bitters. I am thankful to B.B.B. for I would have been in the doctor's hands yet if I had not tried it."

ERUPTION CURED

Mr. Arthur Butterfield, Gladstone, Man., writes:—"I was troubled with an eruption on my arms, and legs for a number of years and used a lot of advertised remedies, and was also under the doctor's care, but it did not do me any good. I was told to get Burdock Blood Bitters and used two bottles and it went away and I am now completely cured."

SORES ON FACE CURED.

Mr. C. Chisholm, Port Hawkesbury, N.S., writes:—"I was troubled for two years with sores on my face and used a lot of different remedies and applied to two or three doctors and found they could do me no good. I was told by a friend to try Burdock Blood Bitters. I at once began taking it and found in a short time it had cured all my sores."

HAD 32 BOILS.

Mr. James Combs, Eden, Ont., writes:—"I think Burdock Blood Bitters a great medicine for boils. I had them so bad I could not work. I had 32 on my back at one time. I used only two bottles of B.B.B., and they completely cured me. I cannot recommend it too highly."

PIMPLES ON FACE AND HANDS.

Mr. D. P. Dammon, Osceola, Ont., writes:—"I was troubled with pimples all over my face and hands. I paid out money to doctors, but they could do me no good. A friend convinced me to try Burdock Blood Bitters and after using two bottles the pimples vanished and I have not been troubled with them since."

JANUARY, 1908.

MOON'S PHASES.

	Ontario. d. h. m.			Maritime Pr. d. h. m.		
● New Moon	3	4	43 p.m.	3	5	43 p.m.
○ First Qr...	10	8	53 a.m.	10	9	53 a.m.
○ Full Moon	18	8	37 a.m.	18	9	37 a.m.
○ Last Qr...	26	10	1 a.m.	26	11	1 a.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	Sun rises	Ont. and Mar. Prov.		Prov. of Que.		Ontario	WEATHER PROBABILITIES.
			Sun h.m.	Sun h.m.	Sun h.m.	Sun h.m.	Moon	
							rises	
1 We.	1	7 54	4 50	7 32	4 08	5 04	<i>Mild</i>	
2 Th.	2	7 54	4 51	7 32	4 09	6 20		
3 Fr.	3	7 54	4 52	7 32	4 10	sets.		
4 Sa.	4	7 54	4 53	7 32	4 11	5 56		

1) 2nd Sunday after Christmas.

5 Su.	5	7 54	4 53	7 31	4 12	7 10	<i>with</i>
6 Mo.	6	7 54	4 54	7 31	4 13	8 25	<i>snow</i>
7 Tu.	7	7 54	4 55	7 31	4 14	9 44	
8 We.	8	7 53	4 56	7 31	4 15	10 57	<i>cold</i>
9 Th.	9	7 53	4 57	7 30	4 16	a. m.	<i>winds,</i>
10 Fr.	10	7 53	4 58	7 30	4 18	0 07	
11 Sa.	11	7 53	5 00	7 30	4 19	1 12	

2) 1st Sunday after Epiphany.

12 Su.	12	7 52	5 01	7 29	4 20	2 18	<i>high</i>
13 Mo.	13	7 52	5 02	7 29	4 21	3 22	<i>winds</i>
14 Tu.	14	7 52	5 03	7 28	4 22	4 24	
15 We.	15	7 51	5 04	7 27	4 24	5 24	<i>very</i>
16 Th.	16	7 51	5 05	7 27	4 25	6 21	
17 Fr.	17	7 50	5 06	7 26	4 26	7 13	<i>keen,</i>
18 Sa.	18	7 50	5 07	7 26	4 27	rises.	

3) 2nd Sunday after Epiphany.

19 Su.	19	7 49	5 08	7 25	4 28	6 15	<i>more</i>
20 Mo.	20	7 49	5 10	7 24	4 30	7 15	<i>moder-</i>
21 Tu.	21	7 48	5 11	7 23	4 31	8 15	
22 We.	22	7 47	5 13	7 22	4 33	9 16	<i>ate</i>
23 Th.	23	7 46	5 14	7 21	4 34	10 18	
24 Fr.	24	7 46	5 15	7 20	4 35	11 22	<i>with</i>
25 Sa.	25	7 45	5 17	7 19	4 37	a. m.	

4) 3rd Sunday after Epiphany.

26 Su.	26	7 44	5 18	7 18	4 38	0 26	<i>snow</i>
27 Mo.	27	7 43	5 20	7 17	4 40	1 33	<i>or</i>
28 Tu.	28	7 42	5 21	7 16	4 41	2 43	
29 We.	29	7 41	5 22	7 15	4 43	3 55	<i>rain.</i>
30 Th.	30	7 40	5 24	7 14	4 45	5 05	
31 Fr.	31	7 39	5 25	7 13	4 47	6 13	

Choice Chestnuts

Georgie, aged five, had gone into the panty against his mother's orders and picked the frosting from the cake. His mother spanked him. Georgie did not cry. He wasn't even angry. When it was over his mother dropped into a chair. Georgie stood looking out of the window. There was a deep silence for a couple of minutes. Then Georgie looked around at his mother and solemnly said, "It's a nice day, ain't it, mudder?"

A weak back, with a weary aching lameness over the hips, is a sign of diseased kidneys. Use the best kidney curative known, Doan's Kidney Pills.

Brawn (to dentist)—"I won't pay anything extra for gas. Just yank the tooth out even if it does hurt a little." Dentist—"I must say you are very plucky. Just let me see the tooth." Brawn—"Oh, I haven't got any tooth-ache; its Mrs. Brawn. She'll be here in a minute."

Burdock Blood Bitters taken after eating will relieve any feeling of weight or over-fulness of the stomach.

Stranger—"What price do you set on that red cow of yours?" Mr. Haiscede—"See here, mister, air you an assessor, or has she been run over by the railroad?"

If you are sleepless and nervous at night we would advise the use of a few boxes of Milburn's Heart and Nerve Pills. They will cure you.

Mistress (angrily)—"Bridget, I find that you wore one of my décollete ball gowns to the Hack-Drivers' ball last evening. It's the worst piece of impudence I ever heard tell of. You ought to be ashamed of yourself!" Bridget (meekly)—"Oi was, mum; Oi was! An me young mon said, as if oi iver wore such an indecent driss in public ag'in, he'd break our ingagemint."

Johnnie—"Grandpa, will you make a noise like a frog?" Grandpa—"What for my boy?" Johnnie—"Why, pa says we'll come into a fortune when you croak."

BURDOCK BLOOD BITTERS

THE SKIN

Diseases of the skin while not usually attended with the fatal results of more severe forms of disease are nevertheless peculiarly distressing to the average person. Among the many forms of this disease are Pimples, Eczema or Salt Rheum, Erysipelas, Shingles, Tetters, Ringworm, Scurf, Ulcers, Burning or Itching Rashes, Scrofulous Sores, Eruptions, Blotches, Abscesses, etc. All the above troubles are caused by the blood not being in a pure and healthy condition.

Get the blood pure by the use of Burdock Blood Bitters and you will find that all the skin disease will disappear never to return again. This is accomplished by the wonderful cleansing purifying powers on the blood, and its renovating action on the entire system.

In addition to its internal use B.B.B. may be used to advantage externally by applying it to the affected parts. If the skin is in a raw state the B.B.B. may be diluted with either milk or water.

ITCHING RASH CURED.

Mrs. J. J. Magee, Jr., Kinmount, Ont., writes:—"In the spring of 1906 I was troubled with a Rash that broke out all over me. It was the worst on my face and head, had a dry, scaly top, and when I would get warm it would become very itchy. I tried the doctor's medicine, but it did me no good so I then got one bottle of Burdock Blood Bitters and before it was all used the rash was entirely gone."

SORES ON FACE.

Mrs. Harvey Barkhouse, Gold River, N.S., writes:—"I was greatly troubled with Sores on my face and finally became

so bad I had to go to the doctor about it, but he could do nothing to help me.

"I thought about Burdock Blood Bitters and decided to try a bottle. I cannot recommend B.B.B. enough, as I had not taken all the bottle before my face was cured."

SALT RHEUM.

Mrs. John O'Connor, Burlington, N.S., writes:—"For years I suffered with Salt Rheum. I tried a dozen different medicines, but most of them only made it worse. I was advised to try Burdock Blood Bitters. I got a bottle and before I had taken half a dozen doses I could see a change so I continued its use and now I am completely cured. I cannot say too much for your wonderful medicine."

ECZEMA CURED.

Mrs. Ira C. Buchner, Eden, Ont., writes:—"I was troubled with Eczema for a long time. It came out on my face and between my shoulders. I took two bottles of Burdock Blood Bitters, on the advice of a friend, and I cannot recommend it too highly to all sufferers from Eczema."

BAD BLOOD.

Mrs. L. Dubeau, North Bay, Ont., writes:—"I am pleased to be able to state that I have been using Burdock Blood Bitters and find it a splendid medicine for the blood. I have great faith in it and would advise any one suffering from Bad Blood to try B.B.B."

PIMPLES

Miss M. Connors, Bass River, N.B., writes:—"My face was completely covered with pimples and I tried all kinds of remedies, but they did me no good. I went to a doctor seven times and at last he said he could not cure them. I then tried your marvellous cure, Burdock Blood Bitters and I think it is the greatest remedy in the world for Pimples."

FEBRUARY, 1908.

MOON'S PHASES.

	Ontario.		Maritime Pr.	
	d.	h. m.	d.	h. m.
● New Moon	2	3 37 a.m.	2	4 37 a.m.
○ First Qr...	8	11 28 p.m.	9	0 28 a.m.
○ Full Moon	17	4 5 a.m.	17	5 5 a.m.
☾ Last Qr....	24	10 24 p.m.	24	11 24 p.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	C's pl. M.	Ont. and Mar. Prov.		Prov. of Que.		Moon	WEATHER PROBABILITIES.
			Sun	Sun	Sun	Sun		
			rises	sets	rises	sets		
			h. m.	h. m.	h. m.	h. m.	h. m.	
1 Sa.	☾	7	38	5 25	7	11	4 49	7 12
5) 4th Sunday after Epiphany.								
2 Su.	☾	7	37	5 26	7	10	4 50	sets.
3 Mo.	☿	7	35	5 28	7	09	4 52	7 16
4 Tu.	☿	7	34	5 29	7	07	4 53	8 33
5 We.	☿	7	33	5 31	7	06	4 54	9 50
6 Th.	☿	7	32	5 32	7	05	4 56	11 00
7 Fr.	☿	7	31	5 34	7	03	4 58	a. m.
8 Sa.	☿	7	30	5 35	7	02	5 00	0 07
6) 5th Sunday after Epiphany.								
9 Su.	☿	7	29	5 36	7	00	5 01	1 13
10 Mo.	☿	7	27	5 38	6	59	5 02	2 18
11 Tu.	☿	7	26	5 39	6	57	5 03	3 17
12 We.	☿	7	24	5 41	6	56	5 05	4 16
13 Th.	☿	7	23	5 42	6	55	5 07	5 08
14 Fr.	☿	7	21	5 43	6	53	5 10	5 56
15 Sa.	☿	7	20	5 45	6	51	5 11	6 37
7) Septuagesima Sunday.								
16 Su.	☿	7	18	5 46	6	49	5 12	7 13
17 Mo.	☿	7	17	5 47	6	48	5 13	rises.
18 Tu.	☿	7	15	5 48	6	46	5 15	7 08
19 We.	☿	7	14	5 50	6	45	5 17	8 11
20 Th.	☿	7	12	5 51	6	43	5 18	9 13
21 Fr.	☿	7	11	5 52	6	41	5 20	10 17
22 Sa.	☿	7	09	5 54	6	39	5 22	11 22
8) Sexagesima Sunday.								
23 Su.	☿	7	08	5 55	6	38	5 24	a. m.
24 Mo.	☿	7	06	5 57	6	36	5 25	0 30
25 Tu.	☿	7	05	5 58	6	34	5 26	1 39
26 We.	☿	7	03	5 59	6	32	5 28	2 49
27 Th.	☿	7	02	6 00	6	30	5 29	3 55
28 Fr.	☿	7	00	6 02	6	29	5 30	4 56
29 Sa.	☿	6	58	6 03	6	27	5 31	5 49
9) Quinquagesima Sunday.								

Little Laughs

- Mistress—"Bridget, some of the bed-clothing is missing. Was any of it left out-of-doors over night?" Bessie, aged five—"Bridget doesn't know anything about it, mamma: I know where it is. Papa's got it." "What do you mean, child?" "I heard some of the folk next door sayin' this morning they saw papa the other day with three sheets in the wind."

Dr. Wood's Norway Pine Syrup is the quickest, surest cure for all coughs and colds.

Father—"That cat made an awful noise in the back garden last night." Arnold—"Yes, father; I think that since he ate the canary he thinks he can sing."

Chronic Constipation can be easily cured by a course of Milburn's Laxa-Liver Pills.

Tommy—"I say, mother, is it correct to remark that you 'water a horse' when he's thirsty?" Mother—"Yes, my dear. Tommy (with a saucer in his hand)—"Well, then, I'm going to milk the cat."

Change of life is a serious time in a woman's career. Milburn's Heart and Nerve Pills will help her wonderfully during this period.

Pat—"Casey's the model husband: He thinks everything of his wife." Mike—"He do?" Pat—"He do. Iv'ry toime he blacks her eye he goes out and gets a sirloin steak to put on it."

Why suffer from indigestion and dyspepsia when B.B.B. will positively cure all stomach troubles.

When Arthur came to the word hell in the Sunday school lesson he left it out and read on. Again he came to it and stopped short. "Can't you say hell, Arthur?" asked his teacher. "You bet I can," he replied, "but I dasen't. Dad said he'd lick the stuffin' out of me if I ever said it again."

A "Backache is the very first sign of serious kidney trouble. Doan's Kidney Pills cure Backache.

BURDOCK BLOOD BITTERS

THE STOMACH

DYSPEPSIA.

This disease is the all prevailing malady of civilized life, and one which oftenest baffles all ordinary treatment. It gives rise to a great variety of distressing symptoms, such as distress after eating, rising of food after eating, wind in the stomach, etc. Nearly everything that enters a weak dyspeptic stomach acts as an irritant; hence the great difficulty of effecting a cure.

The long train of distressing symptoms, which render life a burden to the victim of Dyspepsia, may be promptly relieved by the use of Burdock Blood Bitters. Sufferers should take plenty of outdoor exercise; avoid all hearty and indigestible food, confectionery, fresh bread, pastry, greasy food, etc.; let the diet be light and nourishing; keep the bowels regular by the use of Burdock Blood Bitters; keep the body clean, the mind cheerful, and as soon as the proper tone is imparted to the system, and the gastric juice regulated by the action of Burdock Blood Bitters, Dyspepsia will be numbered as a thing of the past.

Mr. John McLellan, Forest, Ont., writes: "A few years ago I was troubled with Dyspepsia. I took treatment from two doctors, but they only gave me temporary relief. I enquired from one of the doctors about Burdock Blood Bitters and he said it might help me. I used it with the best possible results and would highly recommend it to any who may suffer from Dyspepsia."

Mrs. Ambrose Logan, Rock-
spring, Ont., writes: "I suffered from Indigestion for years and have tried doctors' medicine, but never received any benefit. After seeing Burdock Blood Bitters advertised so much I decided to give it a trial and I must say it is the only medicine that ever did me any good."

Mrs. Benj. Augustine, Burnaby, Ont. writes: "I suffered for three years with Indigestion and Jaundice. I doctored with several doctors and went to the hospital, but got little relief. I gave Burdock Blood Bitters a trial last spring and I have not been bothered since. I can truly recommend it to all sufferers."

Mrs. Everett McKenzie, Noel Shore, N.S., writes: "I have been troubled with a Bad Stomach for five years. I tried a great many kinds of medicine, but they did me no good. One day a friend told me to buy some Burdock Blood Bitters, so I got four bottles and took them and I can say I am completely cured."

Mrs. Geo. Parks, Cooper, Ont., writes: "I have used Burdock Blood Bitters and find that few medicines can give such great relief in Dyspepsia and Stomach Troubles. I was troubled for a number of years with Dyspepsia, and could get no relief until I tried B.B.B. It helped me right away and I think it a wonderful remedy. I would recommend it to all sufferers from Dyspepsia."

J. P. Vogler, Vogler's Cove, N.S., writes: "I had Dyspepsia for about two years, tried most any thing. Might say that all I tried did me no good. I at last tried Burdock Blood Bitters and after using 8 bottles I am as well as ever. I have it in the house and any time I feel distressed after eating too much I take a dose. My wife is using it now for her blood. We think it will prove a success."

MARCH, 1908.

MOON'S PHASES.

		Ontario. d. h. m.	Maritime Pr. d. h. m.
● New Moon	2 1 57 p.m.	2 2 57 p.m.	
○ First Qr...	9 4 42 p.m.	9 5 42 p.m.	
○ Full Moon	17 9 29 p.m.	17 10 29 p.m.	
○ Last Qr....	25 7 32 a.m.	25 8 32 a.m.	

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.		Ont. and Mar. Prov.		Prov. of Que.		Ontario.	WEATHER PROBABILITIES.	
			(s p. M.	Sun	Sun	Sun	Sun		Moon
				rises	sets	rises	sets		rises
			h. m.	h. m.	h. m.	h. m.	h. m.		
1 Su.	Fr.	6 55	6 05	6 25	5 32	6 33		Change- able,	
2 Mo.	Fr.	6 53	6 06	6 23	5 33	sets			
3 Tu.	Fr.	6 51	6 08	6 21	5 35	7 22			
4 We.	Fr.	6 50	6 09	6 19	5 37	8 36			
5 Th.	Fr.	6 48	6 10	6 17	5 38	9 48		snow	
6 Fr.	Fr.	6 47	6 11	6 15	5 39	10 57			
7 Sa.	Fr.	6 45	6 13	6 15	5 40	a. m.			
10) Quadragesima. 1st Sun. Lent.									
8 Su.	Fr.	6 43	6 14	6 15	5 42	0 05		and	
9 Mo.	Fr.	6 41	6 16	6 09	5 44	1 09		rain,	
10 Tu.	Fr.	6 40	6 17	6 08	5 45	2 09			
11 We.	Fr.	6 38	6 19	6 06	5 47	3 04		stormy,	
12 Th.	Fr.	6 36	6 20	6 04	5 48	3 52			
13 Fr.	Fr.	6 35	6 21	6 02	5 50	4 36			
14 Sa.	Fr.	6 33	6 23	6 01	5 51	5 23			
11) 2nd Sunday in Lent.									
15 Su.	Fr.	6 31	6 24	5 58	5 52	5 46		milder	
16 Mo.	Fr.	6 29	6 25	5 56	5 53	6 13			
17 Tu.	Fr.	6 27	6 26	5 54	5 54	rises		and	
18 We.	Fr.	6 25	6 27	5 52	5 56	7 05			
19 Th.	Fr.	6 23	6 28	5 50	5 57	8 10		more	
20 Fr.	Fr.	6 21	6 30	5 48	5 59	9 15			
21 Sa.	Fr.	6 20	6 31	5 46	6 01	10 22			
12) 3rd Sunday in Lent.									
22 Su.	Fr.	6 18	6 32	5 44	6 02	11 31		settled,	
23 Mo.	Fr.	6 17	6 33	5 42	6 04	a. m.			
24 Tu.	Fr.	6 15	6 34	5 40	6 05	0 40			
25 We.	Fr.	6 13	6 35	5 38	6 06	1 47		ende	
26 Th.	Fr.	6 11	6 37	5 36	6 07	2 49			
27 Fr.	Fr.	6 10	6 38	5 34	6 09	3 41			
28 Sa.	Fr.	6 08	6 39	5 32	6 10	4 29			
13) 4th Sunday in Lent.									
29 Su.	Fr.	6 07	6 40	5 30	6 12	5 07		cold.	
30 Mo.	Fr.	6 04	6 41	5 28	6 13	5 40			
31 Tu.	Fr.	6 02	6 42	5 26	6 14	sets.			

Jolly Jokes

Tommy—"Pa, the teacher says that if a man gets dyspepsia it may make him bald headed. Is that so?" Mr. Figg—"It is," Tommy—"Then, if a man eats too much pie, would he be piebald?"

Burdock Blood Bitters cures dyspepsia and regulates the stomach and bowels.

"I have been told," said the old man Peckem, addressing his 18-year-old son, "that you refer to me as 'the governor' at times. Is it true?" "You have said it, dad," answered young Peckem. "How is it," continued the old man, "that after knowing your mother all these years you should make a break like that?"

Backache, the forerunner of Kidney Troubles, is easily and permanently cured by Doan's Kidney Pills.

Mother—"In disobeying me you were doing wrong and I have punished you to impress it on your mind." Son and Heir (between sobs)—"Aren't you mistaken, mummy, in regard to the location of my mind?"

Milburn's Heart and Nerve Pills give new life and vigor to run down systems.

Tommy's Pop (explaining the mysteries of country life)—"Yes, a hen will set on an egg and hatch it." Tommy—"Gracious! I should think it would hurt it to sit on a hatchet."

If the liver is sluggish there is no better remedy than Milburn's Laxa-Liver Pills to liven it up.

Bobby (at the breakfast table)—"Clara, did Mr. Spooner take any of the umbrellas or hats from the hall last night?" Clara—"Why of course not, Bobby; why should he?" Bobby—"That's what I'd like to know, I thought he did, 'cause I heard him say when he was going out, 'I'm going to steal just one,' and—why, what's the matter, Clara?"

March is the month of coughs and colds. Dr. Wood's Norway Pine Syrup is the quickest cure.



SPRING MEDICINE

Try as you may it is next to impossible to escape so called "spring fever."

After the hard work of the winter and the eating of rich and heavy foods the system becomes so loaded up with impurities that every organ of the body is impaired.

You get that weary, tired, listless, worn-out, don't-care-to-work feeling. The reason for this is that the blood is thick and sluggish and your bowels inclined to be constipated. What is needed is to clean out the system and make the blood active.

The cleansing, blood-purifying action of Burdock Blood Bitters, whereby it eliminates all the pent-up poison from the system, starts the sluggish liver working, acts on the kidneys and bowels, renders it without exception the best spring medicine.

PURIFIES THE BLOOD.

Mrs. Geo. Mason, Apohaqui, N.B., writes:—"I have used Burdock Blood Bitters and it is a splendid spring medicine. It purifies the blood and is the greatest remedy in the world for pimples and boils."

THAT TIRED FEELING.

Mr. F. H. Leard, Saskatoon, Sask., writes:—"I have used Burdock Blood Bitters as a blood builder and think it an excellent remedy. Every one should take it in the spring to cure that tired feeling that comes to so many at that time of year."

USED FOR YEARS.

Miss Janie MacDonald, Nashwaak Bridge, N.B., writes:—"We have used

Burdock Blood Bitters in our family for years as a spring medicine and find it cannot be beat. I can recommend it highly and would advise any person not feeling well or run down to give it a trial."

INDIGESTION IN SPRING.

Miss B. Bradley, Hamilton, Ont., writes:—"Last spring I used three bottles of Burdock Blood Bitters as I had indigestion and very thin blood. I tried everything before taking the B.B.B., which I think is an excellent spring tonic."

BEST REMEDY MADE.

Mrs. J. Stack, Sturgeon Falls, Ont., writes:—"For the past six years I have always used Burdock Blood Bitters as a spring medicine and consider it the best remedy made."

USES IT EVERY SPRING.

Mr. H. Langley, Hamilton, Ont., writes:—"I have used Burdock Blood Bitters as a spring tonic and I find it the best thing I can take. It builds me right up and I use it every spring. It is excellent for the blood."

SICK AND RUN DOWN.

Miss Margaret C. Sweeney, Lakewood, N.B., writes:—"Last spring I was sick and run down, would have headaches and a bitter taste in my mouth and pains in my back. I tried numerous remedies, but nothing helped me except Burdock Blood Bitters, of which I took two bottles. It is a wonderful remedy."

TIRED ALL THE TIME.

Mrs. Joseph Rochon, Maniwaki, Que., writes:—"I am very glad to be able to write you about the benefit I found in Burdock Blood Bitters. Last spring I was very poorly, my appetite failed me, I felt weak and nervous had sick headaches, was tired all the time and unable to work. A friend of mine advised me to try B.B.B., which I did, and I can truthfully testify that it is the best medicine I have ever used."

APRIL, 1908.

MOON'S PHASES.

	Ontario.		Maritime Pr.	
	d.	h. m.	d.	h. m.
● New Moon	1 0	2 a.m.	1 1	2 a.m.
○ First Qr...	8 11	32 a.m.	8 0	32 p.m.
○ Full Moon	16 11	55 a.m.	16 0	55 p.m.
● Last Qr...	23 2	7 p.m.	23 3	7 p.m.
● New Moon	30 10	33 a.m.	30 11	33 a.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	C's pl M.	Ont. and Mar. Prov.		Prov. of Que.		Ontario	WEATHER PROBABILITIES.
			Sun	Sun	Sun	Sun	Moon	
			rises	sets	rises	sets	sets	
			h.m.	h.m.	h.m.	h.m.	h.m.	

1 We.	7	6 00	6 45	5 24	6 16	7 23		Fine
2 Th.	8	5 58	6 46	5 22	6 17	8 36		
3 Fr.	8	5 56	6 48	5 20	6 19	9 46		
4 Sa.	8	5 54	6 49	5 18	6 20	10 52		

14) 5th Sunday in Lent.

5 Su.	II	5 22	6 50	5 16	6 21	11 58		and
6 Mo.	II	5 50	6 51	5 14	6 23	a. m.		
7 Tu.	III	5 48	6 52	5 12	6 24	0 54		warm,
8 We.	III	5 46	6 53	5 10	6 25	1 47		
9 Th.	III	5 45	6 54	5 08	6 27	2 33		
10 Fr.	III	5 43	6 56	5 06	6 29	3 12		
11 Sa.	III	5 42	6 57	5 04	6 30	3 46		

15) Palm Sunday.

12 Su.	III	5 40	6 53	5 02	6 32	4 17		rain
13 Mo.	III	5 39	6 59	5 00	6 33	4 44		
14 Tu.	IV	5 37	7 01	4 59	6 34	5 08		and
15 We.	IV	5 35	7 02	4 57	6 35	risers.		
16 Th.	IV	5 33	7 03	4 55	6 36	7 05		
17 Fr.	V	5 32	7 04	4 53	6 37	8 13		
18 Sa.	V	5 30	7 06	4 51	6 38	9 23		

16) Easter Sunday.

19 Su.	I	5 28	7 07	4 50	6 39	10 34		snow
20 Mo.	I	5 26	7 08	4 48	6 41	11 41		
21 Tu.	II	5 25	7 09	4 47	6 42	a. m.		flurries,
22 We.	II	5 23	7 10	4 46	6 43	0 43		
23 Th.	II	5 22	7 11	4 44	6 45	1 39		
24 Fr.	II	5 20	7 12	4 42	6 47	2 27		
25 Sa.	II	5 19	7 13	4 40	6 48	3 07		

17) Low Sunday.

26 Su.	III	5 17	7 13	4 38	6 50	3 40		ends
27 Mo.	III	5 16	7 14	4 37	6 51	4 10		
28 Tu.	III	5 14	7 16	4 35	6 52	4 38		fine
29 We.	III	5 13	7 17	4 33	6 54	5 05		
30 Th.	III	5 11	7 19	4 31	6 55	sets.		

Mirthful Morsels

A German, living in an Ohio village, lost his wife. A few days afterwards a travelling man dropped into his place of business to sell him a bill of goods, and, wishing to sympathize with him in his loss, remarked: "Mr. L., I hear you have buried your wife. Too bad! Too bad!" The German dropped his tools and for a moment looked at the travelling man in wonderment. "Vell, she was dead. Vat else I do mit her?"

Burdock Blood Bitters banishes bad blood and clears the blotchy skin.

"I bet I get into more trouble than any man in this city," volunteered the young fellow who had come in and ordered a Scotch highball. "Nothing in the trouble line overlooks me. Why, I'd be afraid to marry—" "What! Ain't you married?" ejaculated the red-nosed elderly party who was hovering over the gratis lunch. "Boy, you don't know what trouble is."

Get rid of that cough before summer comes. Dr. Wood's Norway Pine Syrup will cure it for you.

Mrs. Benham—"I wonder what people will wear in heaven?" Benham—"I suppose you will want the most expensive things. The same as here on earth." Mrs. Benham—"That needn't worry you; you won't be there to pay for them."

Whether your nerve trouble be slight or severe Milb's Heart and Nerve Pills will cure.

"This customer having two telephones in the office had its disadvantages, too," said the business man. "We've got a new office boy, and one of his duties is to answer the telephone. The other day he heard the bell ring and coming to me, said, 'You're wanted at the telephone by a lady 'Which one?' I enquired, thinking of the 'phones, of course. 'Please sir,' stammered the boy, I—I—I think it's your wife."

When feeling languid and the liver is sluggish take Milburn's Laxa-Liver Pills.

BURDOCK BLOOD BITTERS THE BOWELS

The Bowels are one of the natural outlets for the waste and impure matter of the system. Without regular action of the Bowels pure blood is impossible and sickness must occur. Costiveness or Constipation clogs the Bowels, chokes up the natural outlet of impure matter, and retains in the system the poisonous effete waste products of nature, causing Bad Blood, Dyspepsia, Headache, Biliousness, Pimples, Blotches, Piles, etc. Avoid this by using Burdock Blood Bitters, nature's remedy for all diseases of the stomach, bowels and blood, which acts on the bowels and promotes their free and regular action, thus curing constipation and its allied disorders. The action of B.B.B. is natural, and its effects prompt and lasting. It purifies, tones and strengthens the entire system, removing all impure matter from the system.

CONSTIPATION AND SICK HEADACHES.

Mrs. G. Gasby, Portage La Prairie, Man., writes:—"For over four years I was troubled with Constipation and Sick Headaches. The many remedies I tried seemed to do me no good until I took three bottles of Burdock Blood Bitters and was completely cured."

DYSPEPSIA CURED.

Mrs. Geo. Parkes, Casper, Ont., writes:—"I have used Burdock Blood Bitters and find that few medicines can give such relief in Dyspepsia and Stomach Trouble. I was troubled for a number of years with Dyspepsia and could get no relief until I tried B.B.B. It helped me right away and I think it a wonderful remedy. I would recommend it to all sufferers from Dyspepsia."

HEADACHE CURED.

Mrs. Fred. Armstrong, West River, N.B., writes:—"I was greatly troubled with severe Headaches and was so bad at times I would have to stop work. I used one bottle of Burdock Blood Bitters and was cured."

PIMPLES CURED.

Miss Elsie Lapiere, Morrisburg, Ont., writes:—"I have been troubled with Pimples on my face for some time and could not get any remedy to cure them. I was told by a friend to try Burdock Blood Bitters and I did so. It only took one bottle to make a complete cure."

BLOOD PURIFIER.

Mr. Philip Downing, Apstey, Ont., writes:—"I have used your Burdock Blood Bitters in our family and consider it the best blood purifier known. We cannot recommend it too highly."

CONSTIPATION.

Mr. Burns Woodcock, Nashwaak Bridge, N.S., writes:—"For over two years my wife was troubled with Constipation. She tried several physicians but could get no relief, but after taking three bottles of Burdock Blood Bitters she was completely cured and is to-day in good health. My wife and I cannot speak too highly of B.B.B."

CONSTIPATION AND HEADACHE.

Miss M. A. Beck, Upper La Have, N.S., writes:—"I suffered terribly from Constipation and Headaches, and could get no relief from physicians. Three bottles of Burdock Blood Bitters soon cured me, and I am now in good health. My sister, Mrs. W. A. Gazite, has used it for the same trouble, and found it very beneficial."

See Inside Back Page for offer of a Beautiful Premium Picture to be sent gratis.

MAY, 1908.

MOON'S PHASES.

	Ontario. d. h. m.	Maritime Pr. d. h. m.
First Qr...	8 6 23 a.m.	8 7 23 a.m.
Full Moon	15 11 32 p.m.	16 0 32 a.m.
Last Qr....	22 7 17 p.m.	22 8 17 p.m.
New Moon	29 10 15 p.m.	29 11 15 p.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	C s p l M.	Ont. and Mar. Prov.		Prov. of Que.		Ontario.		WEATHER PROBABILITIES.
			Sun	Sun	Sun	Sun	Moon		
			rises	sets	rises	sets	sets		
1 Fr.	8	5 1 7	22 4	30 6 54	8 30				
2 Sat.	11	5 08 7	22 4	28 6 55	9 43				
13) 2nd Sunday after Easter.									
3 Su.	11	5 07 7	23 4	27 6 57	10 44			Warm	
4 Mo.	12	5 05 7	24 4	25 6 58	11 40				
5 Tu.	13	5 04 7	26 4	24 6 59	a m				
6 We.	14	5 03 7	27 4	22 7 00	0 30				
7 Th.	15	5 01 7	28 4	21 7 02	1 12			and	
8 Fr.	16	5 00 7	30 4	19 7 03	1 49				
9 Sa.	17	4 59 7	31 4	18 7 04	2 20				
13) 3rd Sunday after Easter.									
10 Su.	17	4 58 7	3 4	17 7 06	2 47				
11 Mo.	18	4 56 7	3 34	15 7 07	3 13				
12 Tu.	19	4 55 7	34 4	14 7 08	3 35			sunny with frequent showers	
13 We.	20	4 51 7	35 4	13 7 09	3 59				
14 Th.	21	4 53 7	36 4	11 7 11	4 24				
15 Fr.	22	4 52 7	37 4	10 7 12	rises.				
16 Sa.	23	4 51 7	38 4	09 7 13	8 20				
20) 4th Sunday after Easter.									
17 Su.	23	4 51 7	40 4	08 7 14	9 30				
18 Mo.	24	4 49 7	41 4	07 7 16	10 37			more	
19 Tu.	25	4 48 7	42 4	06 7 17	11 37				
20 We.	26	4 47 7	44 4	04 7 18	a.m.				
21 Th.	27	4 46 7	45 4	03 7 19	0 28				
22 Fr.	28	4 45 7	46 4	02 7 20	1 09			settled,	
23 Sa.	29	4 44 7	47 4	01 7 21	1 45				
21) Rogation Sunday.									
24 Su.	30	4 44 7	48 4	01 7 22	2 15				
25 Mo.	31	4 43 7	49 4	00 7 23	2 42			fine	
26 Tu.	1	4 47 7	50 3	59 7 25	3 09				
27 We.	2	4 41 7	50 3	58 7 26	3 35			and	
28 Th.	3	4 41 7	51 3	57 7 27	4 03				
29 Fr.	4	4 40 7	52 3	56 7 28	sets.			dry.	
30 Sa.	5	4 47 7	53 3	56 7 29	8 31				
22) Sunday after Ascension.									
31 Su.	11	4 39 7	54 3	55 7 30	9 30				

Grins and Giggles

Miles—"I hear your friend Wiggins lost his job in the Government Weather Bureau. What was the trouble?" Giles—"Why, he made eight correct predictions out of ten and they thought he must be depending on a patent medicine almanac."

The B.B.B. almanac has been invariably right for some years past so watch it closely this year and see if it does not strike the weather right, within two or three days.

Mrs. De Long—"I have a new milliner, dear. Don't you think my hats are more becoming than they used to be?" De Long—"Yes, and your bills are becoming more than they used to be."

Strong Hearts, Steady Nerves and Rich Blood may be accomplished by the use of Milburn's Heart and Nerve Pills.

She—"And the reason you were so late getting home, you were struck by a trolley car?" "Yes (hic); that's it, dear." "Were you frightened?" "No (hic); didn't even (hic) take my breath away." "No; I notice that!"

Have you what might be called a "Liverish Liver" if so Milburn's Laxative Liver Pills will fix it up in no time.

Willie—"I met our new minister on my way to Sunday school, mamma, and he asked me if I ever played marbles on Sunday." Mother—"H'm! And what did you say to that?" Willie—"I said. Get thee behind me, Satan!" and walked right off and left him."

Doan's Kidney Pills are without a doubt, the best "Kidney Cure" remedy on the market to-day. If you have the slightest doubt about this give them a trial. You will find what we say is true.

"What did Ferdie say when you caught him coming out of the pantry with his hands stained red?" "He told me the truth by saying that he had jammed his fingers."

Burdock BLOOD BITTERS

HEAD ACHE

This very common distress results from various causes, the most frequent of which is a disordered condition of the Stomach and Bowels. Headache seems habitual with many people, indeed, some are seldom if ever free from it, suffering continually, and wondering why they can get no relief. Now, the fact is, unless there is some disorganization of the brain, headaches are merely symptomatic of some organic disturbance, and are as readily relieved and cured as any ordinary complaint. There are few diseases that are not attended with headache as a symptom, all fevers and most nervous complaints included. But the most frequent of all are Bilious or Sick Headaches from a derangement of the Stomach and Bowels. In those of bilious and of nervous temperament, Headache is often chronic and resists all ordinary treatment, but under treatment of Burdock Blood Bitters, the cause being removed, the most obstinate forms of headache soon cease to exist. It regulates the digestive and biliary organs, removes acidity of the stomach, improves digestion, regulates the constipated bowels, and promotes a perfect circulation of pure blood.

SICK HEADACHE.

Mrs. Milton Spencer, Cloyne, Ont., writes:—"For over two years I was troubled with sick headaches. All the remedies I tried did me no good until I took two bottles of Burdock Blood Bitters and was completely cured. I can't speak too highly of B.B.B."

SEVERE HEADACHES.

Miss Anna M. Nolan, South Maitland, N.S., writes:—"It is with the greatest of pleasure that I endeavor to tell you what

Burdock Blood Bitters has done for me. I suffered for two years with severe headaches, and was often compelled to stay from school. After being advised by a friend to try B.B.B. I decided to give it a trial. I cannot praise Burdock Blood Bitters too highly as I was completely cured by taking two bottles."

CONSTIPATION AND HEADACHES.

Mr. Wm. R. Gilchrist, New Mills, N.B., writes:—"I was troubled for years with constipation and headaches, but after using four bottles of Burdock Blood Bitters I am completely cured."

HEADACHE CURED.

Mr. John T. Kidner, Red Deer, Alta., writes:—"I have been troubled with headaches for several years past. I tried a number of remedies but they did me no good, so I tried a bottle of Burdock Blood Bitters and it cured me completely. I can recommend it highly."

CONSTIPATION.

Mrs. Julian DeWolf, West River, N.B., writes:—"I have been suffering for near a year with Sick Headache and Constipation and after using one and a half bottles of Burdock Blood Bitters I can say that I am completely cured."

Mrs. Henry Beck, Blockhouse, N.S., writes:—"I have been troubled with Headache for several years and have tried almost everything without any results, until a friend advised me to try Burdock Blood Bitters. I procured two bottles and they effected a complete cure, so I cannot recommend it too highly."

ONE BOTTLE CURED.

Mrs. Robert Gray, Penobsquis, N.B., writes:—"I take great pleasure in recommending Burdock Blood Bitters, as I was greatly troubled with headache, and after using one bottle of the medicine I was completely cured, and now I would not be without it in the house."

See inside back page for premium offer.

JUNE, 1908.

MOON'S PHASES.

	Ontario. d. h. m.	Maritime Pr. d. h. m.
☾ First Qr...	6 11 56 p.m.	7 0 56 a.m.
○ Full Moon	14 8 55 a.m.	14 9 55 a.m.
☾ Last Qr...	21 0 26 a.m.	21 1 26 a.m.
● New Moon	28 11 32 a.m.	29 0 32 p.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	Cap M.	Ont. and Mar. Prov.		Prov. of Que.		Ontario.	WEATHER PROBABILITIES.
			Sun		Sun		Moon	
			rises	sets	rises	sets	sets	
			h. m.	h. m.	h. m.	h. m.	h. m.	
1 Mo.	☾	4	37	7 54	3 54	7 30	10 22	<i>Hot and</i>
2 Tu.	☾	4	37	7 55	3 54	7 31	11 08	
3 We.	☾	4	37	7 56	3 53	7 32	11 47	
4 Th.	☾	4	36	7 57	3 53	7 33	a. m.	
5 Fr.	☾	4	36	7 57	3 52	7 34	0 19	
6 Sa.	☾	4	35	7 58	3 51	7 35	0 48	

23) Pentecost, Whit Sunday.

7 Su.	☾	4	35	7 59	3 51	7 35	1 14	<i>dry,</i>
8 Mo.	☾	4	35	8 00	3 51	7 36	1 38	
9 Tu.	☾	4	35	8 00	3 51	7 37	2 01	<i>showery</i>
10 We.	☾	4	34	8 01	3 51	7 37	2 25	
11 Th.	☾	4	34	8 01	3 50	7 38	2 51	<i>with</i>
12 Fr.	☾	4	34	8 02	3 50	7 39	3 20	
13 Sa.	☾	4	34	8 02	3 50	7 39	3 55	

24) Trinity Sunday.

14 Su.	☾	4	34	8 03	3 50	7 40	rises.	<i>with</i>
15 Mo.	☾	4	34	8 03	3 50	7 40	9 26	
16 Tu.	☾	4	34	8 04	3 50	7 41	10 22	<i>thunder,</i>
17 We.	☾	4	34	8 04	3 50	7 41	11 09	
18 Th.	☾	4	34	8 05	3 50	7 42	11 47	<i>cooler,</i>
19 Fr.	☾	4	34	8 05	3 50	7 42	a. m.	
20 Sa.	☾	4	34	8 05	3 50	7 42	0 19	

25) 1st Sunday after Trinity.

21 Su.	☾	4	35	8 06	3 50	7 42	0 47	<i>contin-</i>
22 Mo.	☾	4	35	8 06	3 51	7 43	1 12	
23 Tu.	☾	4	35	8 06	3 51	7 43	1 39	<i>ues</i>
24 We.	☾	4	35	8 06	3 52	7 43	2 05	
25 Th.	☾	4	36	8 06	3 52	7 43	2 33	<i>cool.</i>
26 Fr.	☾	4	36	8 06	3 52	7 43	3 08	
27 Sa.	☾	4	37	8 06	3 53	7 43	3 46	

26) 2nd Sunday after Trinity.

28 Su.	☾	4	37	8 06	3 53	7 43	sets.	<i>cool.</i>
29 Mo.	☾	4	37	8 06	3 53	7 43	9 03	
30 Tu.	☾	4	38	8 06	3 54	7 43	9 46	

Button Bursters

"And now, my good man," the lawyer said, "will you be good enough to tell the court how the stairs run in your house?" The German looked dazed for a moment. "How do they run?" he repeated. "Yes, how do they run?" "Vell," continued the witness, "ven I am oop-stairs dey run down, and ven I am down-stairs dey run oop."

During the month of June the blood is liable to become more or less over-heated. It can be easily cooled down by a few bottles of Burdock Blood Bitters.

"Mamma," said little Alice, "Charlie and I have been playing husband and wife." "How did you go about it, dear?" "Well, first I laid the table, and then we sat down. Charlie tasted a dish and threw his serviet down, saying: 'This dinner is only fit for a dog to eat. Then I told him he was a fool, and he said—damn.'"

Milburn's Heart and Nerve Pills will make pale cheeks rosy and build up the run down constitution.

Dumley—"Morris said I had no more sense than a yellow dog. I consider that an insult." Wickle—"So it is. There's no reason to suppose a yellow dog has less sense than any other colored dog."

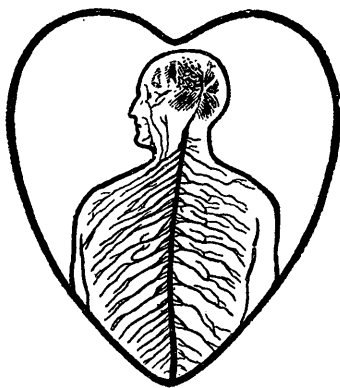
Dr. Fowler's Extract of Wild Strawberry cures Diarrhoea, Dysentery, Colic, Cramps, and all Looseness of the Bowels.

"Oh, my!" complained Mrs. Diggs, "I never had such an unsatisfactory day's shopping." "Huh!" snorted her husband, "I suppose you were trying to get something for nothing." "Yes, dear; I was hunting for a birthday gift for you."

Milburn's Laxa-Liver Pills cannot be excelled for any trouble arising from wrong action of the liver.

Bourke Cockran, of New York, tells a story of an Irishman who had five sons. The youngest one was taken ill, and the father tried to be cordial and encouraging. "Me bye," said he, tenderly, "I always did like ye the best of all me sons. Ye never hit yer old man when he was down."

Milburn's



Heart and Nerve Pills

In these days of modern life, the rush and hurry, the work and worry have developed an alarming number of cases of serious nervous diseases and heart troubles. Women especially are more subject to these disorders than man, owing to the more delicate constitution of their system. Day after day one reads or hears of sudden deaths through heart failure, or of men and women unable to attend to their ordinary business or profession on account of the breaking down of the nervous system.

Wherever there is any weakness of the heart or nerves, lack of self-confidence, irritability of temper, melancholia, palpitation of the heart, skip beats, weak and irregular pulse, smothering and sinking spells, dizziness and fainting, persistent headaches, rush of blood to the head, shortness of breath, cold, clammy hands and feet, starting in the sleep, nightmare, bad dreams, sensation of pins and needles, twitching of the muscles, sleeplessness, restlessness, flagging energy or physical breakdown, Milburn's Heart and Nerve Pills are the remedy you require. They are a specific for weak people, and have a soothing and calming effect on the nervous system, combined with a tonic, invigorating and restoring action on the heart itself, thereby, rebuilding the entire sy-

stem and fortifying it against the many chronic diseases to which the human body is subject. This done you can look forward to the enjoyment of life and feel the full power of robust health. The price of Milburn's Heart and Nerve Pills is 50 cents per box, or three boxes for \$1.25.

If your druggist or dealer does not keep them, we will mail them to you direct on receipt of price. Address all communications to THE T. MILBURN CO., LIMITED, 643 King St. West, Toronto, Ont.

See back inside page for offer of a beautiful premium picture.

Could Not Lie Mrs. John Dartam, Palon Side. myra, Ont., writes:—"It is with the greatest of pleasure that I recommend Milburn's Heart and Nerve Pills. I was troubled for a long time with my heart, I had weak and dizzy spells, and could not rest at night. It was absolutely impossible for me to lie on my left side. I got a box of your pills and they did me so much good I got another and they effected a complete cure."

Nervousness. Mrs. George Shaffer, Elgin, N.B., writes:—"I can gladly recommend your Milburn's Heart and Nerve Pills. My husband was greatly troubled with Nervousness a few years ago, and it became so bad he could hardly keep at work. On lots of nights he would have to sit up in bed for hours, but after taking eight boxes of the pills he became all right."

A Stab-like Pain. Mrs. John C. Yensen, Little Rocher, N.B., writes:—"I was troubled with a stab-like pain through my heart. I tried many remedies, but they seemed to do me more harm than good. I was advised by a friend to try Milburn's Heart and Nerve Pills and after using two boxes I was completely cured. I cannot praise them enough for the world of good they did me for I believe they saved my life."

**Weak
Heart.**

Mrs. E. A. Seaboyer,
New Ross, N.S., writes:—

"I was completely run down from weak heart and loss of appetite. A friend advised me to try Milburn's Heart and Nerve Pills. I used three boxes and was cured. I can strongly recommend them to all sufferers."

**Shortness of
Breath.**

Mrs. Coleman Bonnister,
Hillside, N.B., writes:—

"I take great pleasure in stating the wonderful cure that your Milburn's Heart and Nerve Pills did for me. I was troubled with shortness of breath and fluttering of the heart. After the use of other remedies, to no purpose, I tried your pills with great beneficial results and I recommend them to all who suffer like I did."

**Palpitation of
the Heart.**

Mrs. Joseph Sharpe,
Brighton, Ont., writes:—

"I was troubled with palpitation of the heart, then weak spells and nervous trouble and found no relief until a friend advised me to try Milburn's Heart and Nerve Pills. I got one box and that helped me so much I sent and got five more and I am now cured altogether."

**Weak and
Nervous.**

Miss Maggie M. Webber,
Burketon, Ont., writes:—

"I was very weak and nervous and could not get any medicine to cure me until I heard about Milburn's Heart and Nerve Pills. I used two and a half boxes and am now well and strong."

**Heart
Trouble.**

Mr. A. J. Couture, Law-
renceville, Que., writes:—

"Two years ago I was troubled greatly with my heart. I was told to use Milburn's Heart and Nerve Pills and after using three boxes I felt a good deal better so used three more boxes and was completely cured. They are the greatest pills I know of."

**Weak
Nerves.**

L. E. Nolan, Perth, Ont.,
writes:—"Having used
some of your Milburn's

Heart and Nerve Pills, I find them a great

remedy and I highly recommend them to all those troubled with weak nerves."

**Palpitation of
the Heart.**

Mr. Sylvester Smith,
Hampton, N.B., writes:—

"I was troubled with palpitation of the heart and tried doctor's medicines, but they only gave me temporary relief. I heard of your Heart and Nerve Pills and bought two boxes and before I had used them I was completely cured and would recommend them to all similarly affected."

**Shortness of
Breath.**

Mrs. R. Bennett, Ever-
ett, Ont., writes:—"At one

time I suffered greatly from my heart and nerves and the shortness of breath was so bad I could scarcely do my housework. A friend advised me to try Milburn's Heart and Nerve Pills, which I did, and I only took them for a short time before I was better."

**Heart
Trouble.**

Mr. Michael Ralph, Port-
land, Ont., writes:—"I can-

not too highly recommend Milburn's Heart and Nerve Pills. I was greatly troubled with my heart for years and a friend told me to try your pills. I just used six boxes and I found myself a different man."

**Suffered
Ten Years.**

Mrs. John Riley, Douro,
Ont., writes:—"I have been

a great sufferer from heart and nerve troubles for the last ten years. After trying many remedies and doctoring for two years, without the least benefit, I decided to give Milburn's Heart and Nerve Pills a trial. I am thankful to say that after using nine boxes I am entirely cured and would recommend them to all sufferers."

**Heart
Palpitation.**

Miss Kate Lougheed,
Staples, Ont., writes:—"I

can very highly recommend your Milburn's Heart and Nerve Pills to all sufferers. Two boxes of them cured me of palpitation of the heart."

JULY, 1908.

MOON'S PHASES.

	Ontario.			Maritime Pr.		
	d.	h.	m.	d.	h.	m.
) First Qr...	6	3	25 p.m.	6	4	25 p.m.
) Full Moon	13	4	48 p.m.	13	5	48 p.m.
) Last Qr...	20	7	2 a.m.	20	8	2 a.m.
● New Moon	28	2	17 a.m.	28	3	17 a.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	C's pl M.	Ont. and Mar. Prov.		Prov. of Que.		Ontario.	Moon	WEATHER PROBABILITIES.
			rises	sets	rises	sets			
1 We.	Ω	4	38 8	06 3	54 7	42 10	21		
2 Th.	Ω	4	39 8	06 3	55 7	42 10	54		
3 Fr.	Ω	4	40 8	06 3	56 7	42 11	17		
4 Sa.	Ω	4	40 8	05 3	56 7	42 11	40		
27) 3rd Sunday after Trinity.									
5 Su.	Ω	4	41 8	05 3	57 7	41 a.	m.		
6 Mo.	Δ	4	42 8	05 3	58 7	41 0	04		Very hot for some
7 Tu.	Δ	4	42 8	04 3	58 7	41 0	29		
8 We.	Δ	4	43 8	04 3	59 7	40 0	50		
9 Th.	Δ	4	44 8	03 4	00 7	40 1	18		
10 Fr.	Δ	4	44 8	03 4	01 7	39 1	50		
11 Sa.	Δ	4	45 8	03 4	02 7	38 2	27		
28) 4th Sunday after Trinity.									
12 Su.	Δ	4	46 8	02 4	03 7	38 3	14		time,
13 Mo.	Δ	4	47 8	0	4 7	37 rises.			
14 Tu.	Δ	4	48 8	01 4	05 7	36 9	00		heavy
15 We.	Δ	4	49 8	00 4	06 7	36 9	43		
16 Th.	Δ	4	49 8	00 4	07 7	35 10	19		rains
17 Fr.	Δ	4	50 7	59 4	08 7	34 10	49		
18 Sa.	Δ	4	51 7	58 4	09 7	33 11	16		
29) 5th Sunday after Trinity.									
19 Su.	Δ	4	52 7	57 4	10 7	32 11	43		with
20 Mo.	Δ	4	53 7	56 4	11 7	31 a.	m.		
21 Tu.	Δ	4	54 7	56 4	12 7	30 0	09		thunder
22 We.	Δ	4	55 7	55 4	13 7	29 0	39		
23 Th.	Δ	4	56 7	54 4	14 7	28 1	10		storms,
24 Fr.	Δ	4	57 7	53 4	15 7	27 1	45		
25 Sa.	Δ	4	58 7	52 4	16 7	26 2	27		month
30) 6th Sunday after Trinity.									
26 Su.	Δ	4	59 7	51 4	17 7	25 3	14		ends
27 Mo.	Δ	4	59 7	50 4	18 7	24 4	08		
28 Tu.	Ω	5	01 7	49 4	19 7	23 sets.			
29 We.	Ω	5	02 7	48 4	21 7	21 8	51		fine.
30 Th.	Ω	5	03 7	46 4	22 7	20 9	21		
31 Fr.	Ω	5	04 7	45 4	23 7	19 9	45		

Sunny Smiles

It was the son of a very well known and successful criminal barrister and his teacher had been lecturing him on the advantages of being good. "Tommy," she said. "The men who are good go to heaven. Now, what becomes of the bad men who do wrong?" "Papa gets them off," was the prompt reply.

As the weather gets warmer the bowels are liable to become disordered. Dr. Fowler's Extract of Wild Strawberry cures Diarrhoea and all bowel complaints.

A western farmer came to the pastor of his congregation and asked that his name be taken off the church books. "What is the trouble, Brother Jones!" asked the surprised pastor. "I supposed you were a faithful follower of the Lamb." "Well, I sorter believed that myself, but there is just no use talkin', a man can't serve the Lord when he has to milk four cows in flytime. After the first heavy frost I'll try this church business again, but just now I either have to sell the cows, give up the church or be a durned hypocrite."

If the blood does not feel just right at this time of year, a couple of bottles of Burdock Blood Bitters will put it into good shape.

Pop—"When I was a boy I used to go to bed with the chickens." Tommie—"Did the chickens used to sleep in the house, or did you go out to the coup, papa?"

Heart or nerves in a weakened condition are quickly strengthened by Milburn's Heart and Nerve Pills.

"Is my husband's case serious, doctor?" "It is very grave, madam. I have left an opiate." "How often shall I give it him?" "He needs absolute rest and quiet. Don't give it to him; take it yourself!"

Milburn's Laxa-Liver Pills are purely vegetable. They cure all liver troubles.

Nell—"Somebody told me to-day that I was handsome." Belle—"When was that?" Nell—"To-day." Belle—"No; I mean when were you handsome?"

Hagyard's Yellow Oil

The Great Pain Panacea—The Most Popular and Efficient Remedy Known for External and Internal Use.

There is no one remedy offered to suffering humanity, whose use is so universally and frequently required, as Hagyard's Yellow Oil. It should be found in every home for instant use in accidents and emergencies. For all forms of inflammatory action and pain, such as Rheumatism, Neuralgia, Burns, Scalds, Bruises, Wounds, Frost-bites, Chilblains, Croup, Sore Throat, Quinsy, Contraction of the Cords and Muscles, and all manner of lameness and soreness in any portion of the body, Asthma, Congestion and Inflammation of the Lungs, in short, wherever and whenever lameness, soreness, pain or inflammation exist, Hagyard's Yellow Oil may be safely and beneficially used.

Used externally it stops the pain and prevents blistering from a burn, it relieves the intolerable itching and burning of a frost bite, rheumatic pains and stiff joints yield promptly to its influence, even after years of annoyance and resistance against all other treatment.

Taken internally one or two doses cures Hoarseness and Sore Throat, Asthma, Bronchitis and Swelled Tonsils. In Croup, that dread destroyer of children, the first dose gives magical relief.

No danger of taking cold or any other ill effects occur during its use. It does not soil or stain the clothes or skin, as so many preparations of this kind do. The price is small—25 cents, at all druggists and dealers. Be sure when you ask for Hagyard's Yellow Oil, you get Hagyard's.

SPRAINED ANKLE CURED.

Mrs. John M. Stewart, Little Current, Ont., writes:—"My oldest boy had a very

badly sprained ankle. I got a bottle of Hagyard's Yellow Oil and after a few applications it was completely cured. I cannot recommend it too highly."

SORE THROAT.

Mrs. O. Webber, Torbay, N.S., writes:—"I have used Hagyard's Yellow Oil for sore throat, swelled tonsils, and severe pains in the chest, and have found it the best medicine I ever used."

A WONDERFUL MEDICINE.

Mr. H. C. W. Mason, Apohaqui, N.B., writes:—"Hagyard's Yellow Oil has done me a world of good, relieving me of pains and inflammation; it has also reduced swellings and soothed burns and scalds. It is good for chapped hands and bites of insects. It is a wonderful medicine and cured me of a lame leg when all other remedies failed. I am never without a bottle of it in my house."

PAINS IN CHEST.

Miss R. Chatterton, Campbellton, N.B., writes:—"I have used Hagyard's Yellow Oil for hoarseness, sore throat and pains in the chest, and think it a wonderful remedy. It has no equal and I feel that I cannot recommend it too highly."

RHEUMATISM.

Mrs. Thomas Hailstone, Coe Hill, Ont., writes:—"I was lame for two years, suffering with rheumatism, and last winter I tried Hagyard's Yellow Oil and it effected a cure. I cannot praise it enough."

SPRAINS AND BRUISES.

Mrs. C. K. Lawson, Trout Creek, Ont., writes:—"My husband got one of his arms badly crushed and the doctors could not do him any good. He used about five bottles of Hagyard's Yellow Oil and they completely cured him. I keep a bottle of it in the house all the time, as I consider it the best remedy for sprains and bruises."



The kidneys are of the greatest importance to the human body. It is their duty to sift and strain from the blood the poisonous and waste matter absorbed by it, which is produced by the destruction of tissue which is constantly going on in the system. Then how important it must be to see to it that this system of sewerage be not clogged up, in consequence of inactivity or disease. Those who have never been troubled with kidney trouble know not the misery and suffering which those afflicted undergo; or perhaps you have kidney trouble and are not aware of the fact. You may easily tell if you have.

Set aside some of your urine in a bottle, or common glass, for twenty-four hours. If there is a sediment or gravel in the bottom it indicates kidney trouble. If the urine stains linen, or if you have to get up many times during the night to pass water, you have kidney trouble. These are signs that should never be mistaken by anyone. But as the disease progresses it affects the whole system in some one of the following ways:—There will be albumen in the water; the kidneys themselves will waste away, and pass out with the urine in very small pieces. That is the fatal Bright's Disease. The urine will become stringy and thick and cloudy or bloody, or in some cases very light-colored and perfectly clear like pure water. The head will ache; spots float before the eyes, and there may be great nervousness. In some cases the feet and ankles will swell, and there may be swellings and dark circles under the eyes—these are symptoms of dropsy. A few of the other symptoms are backache, which is really the first and most important one; frequent thirst, dragging pains in the loins, frequent desire to urinate, burning sensation when urinating, etc. No one case will have all these symptoms, as the disease affects different people differently.

Doan's Kidney Pills begin by healing the delicate membranes of the kidneys and thus make their action regular and natural. They help the kidneys to flush

off the acid and poisonous impurities which have collected, thus clearing out the kidneys, bladder and all the urinary passages. They correct the inability to hold the urine, and smarting and scalding in passing it. They obviate the necessity, too, of getting up many times at night to pass the urine. They are the most effective medicine to be had for all forms of kidney and urinary troubles. They may be safely taken by young and old.

Price, 50 cents per box, or 3 boxes for \$1.25 at all dealers, or mailed direct on receipt of price.

COULD NOT SLEEP AT NIGHT.

Mr. Elgin Brisebois, Vernon, Ont., writes:—"I was troubled a great deal with Kidney Trouble. I had to get up four or five times every night; my urine contained a thick brick-dust sediment. I had a pain in the small of my back and could not sleep at night. I commenced using Doan's Kidney Pills and in a very short time I was all right again. I am very thankful to have found a cure so speedy in its action."

TROUBLED WITH WEAK BACK.

Mrs. Arch. Schnare, Black Point, N.B., writes:—"For years I was troubled with weak back. Oftentimes I have lain in bed for days, being scarcely able to turn myself, and I have also been a great sufferer while trying to perform my household duties. I had doctors attending me without avail and tried liniments and plasters, but nothing seemed to do me any good. I was about to give up in despair when my husband induced me to try Doan's Kidney Pills, and after using two boxes I am now well and able to do my work. I am positive Doan's Kidney Pills are all that you claim for them and I would advise all kidney sufferers to give them a fair trial."

Let Doan's Kidney Pills do for you what they have done for thousands of others. They cure all forms of kidney trouble and they cure to stay cured.

MILBURN'S Heart and Nerve Pills

Are a specific for all troubles arising from a weak condition of the heart or from the nerve system.

Below we give some of the prominent symptoms of heart and nerve troubles in order that people may be enabled to judge for themselves if they require this remedy:

- Palpitation and fluttering of the heart.
- Skip beats.
- Weak and irregular pulse.
- Smothering and sinking spells.
- Dizziness and faintness.
- Spasms or pain through the heart.
- Feeling of weight or oppression on the chest.
- Inability to lie on the left side.
- Persistent headaches.
- Rush of blood to the head.
- Shortness of breath.
- Cold clammy hands and feet.
- Pallor of the countenance.
- Bluish color of the lips.
- Swelling of the feet and legs.
- Starting in sleep, nightmare or bad dreams.
- Sensation of "pins and needles."
- Feeling of weakness and tiredness.
- Loss of flesh.
- Twitching of the muscles.
- Sleeplessness and restlessness.
- Brain fag and forgetfulness.
- Easily frightened or startled.
- Trembling of the hands.
- General debility and lack of vitality.

Should anyone of them be present we would strongly urge the early use of Milburn's Heart and Nerve Pills, as this remedy, taken in time, has been the means of saving many a life and restoring strength to those who were weak, nervous, health-shattered invalids.

Price, 50 cents per box, or 3 boxes for \$1.25, at all dealers, or mailed direct on receipt of price.

MILBURN'S *Laxa-Liver* PILLS

Are a combination of the active principles of the most valuable vegetable remedies for all diseases or disorders of the Liver and Bowels.

The great care which is exercised to ensure the absolute purity of all the ingredients entering into the composition of them, renders them the most perfect "Liver Pill" ever presented to the public.

They stimulate the sluggish liver, clean the coated tongue, sweeten the breath, clear away all waste and poisonous matter from the system and prevent as well as cure Constipation, Sick Headache, Biliousness, Jaundice, Heartburn, Catarrh of the Stomach, Sour Stomach, Water Brash, Liver Complaint, Blotches and Pimples, Sallow or Muddy Complexion, and all sickness arising from a disordered or diseased condition of the Stomach, Liver or Bowels. As an "after dinner" pill they are most valuable, relieving that "full" or bloated feeling, and preventing indigestion.

Those who suffer from Chronic Constipation will find that persistent use of Laxa-Liver Pills will effect a cure.

They are small and easy to take, and do not gripe, weaken or sicken, and leave no bad after effects.

There are numerous imitations of Laxa-Liver Pills, so be sure and see this trade mark on the wrapper.



Price, 25 cents a bottle, or 5 bottles for \$1.00; all dealers, or by mail on receipt of price.

AUGUST, 1908.

MOON'S PHASES.

		Ontario.		Maritime Pr.	
		d.	m.	d.	m.
) First Qr...	5	4	40 a.m.	5	5 40 a.m.
○ Full Moon	11	11	59 p.m.	12	0 59 a.m.
☾ Last Qr....	18	4	26 p.m.	18	5 26 p.m.
● New Moon	26	5	59 p.m.	26	6 59 p.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	C's pl M.	Ont. and Mar. Prov.		Prov. of Que.		Ontario.	WEATHER PROBABILITIES.
			Sun	Sun	Sun	Sun	Moon	
			rises	sets	rises	sets	sets	
			h. m.	h. m.	h. m.	h. m.	h. m.	
1	Sa.	m	5 06	7 43	4 25	7 17	10 07	
31) 7th Sunday after Trinity.								
2	Su.	Δ	5 07	7 42	4 26	7 16	10 29	Hot weather continues.
3	Mo.	Δ	5 09	7 41	4 27	7 15	10 53	
4	Tu.	m	5 10	7 39	4 28	7 13	11 17	
5	We.	m	5 11	7 38	4 29	7 12	11 46	
6	Th.	m	5 12	7 37	4 31	7 10	a. m.	
7	Fr.	†	5 13	7 34	4 32	7 09	0 21	
8	Sa.	†	5 14	7 34	4 33	7 07	1 02	
32) 8th Sunday after Trinity.								
9	Su.	☾	5 15	7 33	4 35	7 06	1 54	heavy thunder storms, wet and windy
10	Mo.	☾	5 16	7 32	4 36	7 04	2 57	
11	Tu.	☾	5 17	7 30	4 37	7 03	rises.	
12	We.	☾	5 19	7 28	4 38	7 01	8 13	
13	Th.	☾	5 20	7 27	4 40	6 59	8 46	
14	Fr.	☾	5 21	7 25	4 41	6 58	9 17	
15	Sa.	†	5 22	7 24	4 42	6 56	9 44	
33) 9th Sunday after Trinity.								
16	Su.	†	5 23	7 22	4 44	6 54	10 10	for some time,
17	Mo.	☾	5 24	7 21	4 45	6 53	10 39	
18	Tu.	☾	5 25	7 19	4 46	6 51	11 10	
19	We.	☾	5 26	7 18	4 47	6 49	11 48	
20	Th.	☾	5 28	7 16	4 49	6 48	a. m.	
21	Fr.	☾	5 29	7 15	4 50	6 46	0 30	
22	Sa.	☾	5 30	7 13	4 51	6 44	1 61	
34) 10th Sunday after Trinity.								
23	Su.	☾	5 31	7 11	4 53	6 42	2 06	dry and cool.
24	Mo.	☾	5 32	7 10	4 54	6 40	3 00	
25	Tu.	☾	5 33	7 08	4 55	6 39	3 58	
26	We.	☾	5 34	7 06	4 57	6 37	sets.	
27	Th.	m	5 35	7 05	4 58	6 35	7 49	
28	Fr.	m	5 37	7 03	4 59	6 33	8 12	
29	Sa.	Δ	5 38	7 01	5 00	6 31	8 35	
35) 11th Sunday after Trinity.								
30	Su.	Δ	5 39	6 59	5 02	6 29	8 57	cool.
31	Mo.	Δ	5 40	6 58	5 03	6 27	9 22	

Happy Hits

"Now the season of the green apple has arrived," said the teacher, "and—" "Yessum," shouted Tommy, quickly. "You should not interrupt me, Tommy, but how did you know about it?" "I've had inside information, ma'am."

Dr. Fowler's Extract of Wild Strawberry cures all bowel complaints caused from eating unripe fruit.

Balty Moore—"Is Miss Utaplace as sour as she looks?" Calvert, Jr.—"Sour! Why, if that girl were to look at the sky on a clear night she'd curdle the milky way."

Milburn's Heart and Nerve Pills are an ideal remedy for weak, run-down women.

Nellie—"Didn't I see that young man kiss you last evening in the hall?" Bella—"He only kissed me for my mother." Nellie—"But you haven't any mother." Bella—"But he didn't know it, poor fellow!"

Every one suffers occasionally from torpidity of the liver. Milburn's Laxa-Liver Pills will regulate this.

"I suppose you went to bed with the chickens while you were in the country," said the caller. "No, indeed," replied the lady of the house, somewhat shocked. "We had the best apartments in the house, second floor front. The chickens had rooms way back in the rear somewhere; we never saw them after sunset."

Burdock Blood Bitters cures boils, pimples, and all facial eruptions coming from bad blood.

"Mrs. Fenson," said the doctor, "your husband needs a rest; he must go to France for three months." "Oh, splendid!" she exclaimed. "I shall be delighted to go there." "Very good. You can wait at home, and go for three months after he comes back. That will give him six months' rest!"

Doan's Kidney Pills cure all kidney troubles from backache to Bright's disease.

Important Information Regarding Summer Complaints and their Curability by Nature's Old Reliable Remedy.



The most prevalent and dangerous diseases incident to summer and early fall are Diarrhoea, Dysentery, Colic, Cholera Morbus, Cholera Infantum, and bilious attacks that occur suddenly, and are often suddenly fatal. Nearly all summer complaints are due to bad blood and unhealthy bile, and are excited by improper diet, bad air and water, colds, unripe fruit, fermenting food, and anything that will induce an excess of biliary symptoms. Some forms of bowel complaints are very painful; where there is painless diarrhoea it is often dangerous, being due to a weak and watery state of the blood. These complaints are often attended by nausea and vomiting. Never neglect what seems to be but a simple diarrhoea; but beware of preparations containing opiates and powerful astringents. Never check the discharges too suddenly, lest inflammation be induced. The most rapid, reliable and effective cure for all "looseness of the bowels" is Dr. Fowler's Extract of Wild Strawberry.

It has been used in thousands of homes in Canada during the last sixty-two years and we have yet to hear of it not giving entire satisfaction. Do not be talked into buying an imitation of Dr. Fowler's, which some unscrupulous druggist might try to palm off on you. Ask for Dr. Fowler's and insist on having it given to you. It does not pay to experiment with new and untried remedies. Use only those that have stood the test of time like Dr. Fowler's has. Price, 35 cents at all dealers.

SUMMER COMPLAINT.

Mrs. Norman "Last summer my baby H. Eisau, Ship was very bad with Summer Harbor, N.S., Complaint. I tried most writes: everything for him, but nothing seemed to help. One day a neighbor called in and told me to try Dr. Fowler's Extract of Wild Strawberry, so I got a bottle and after a few doses my baby was cured. I shall always keep it in the house."

BABY HAD DIARRHOEA.

Mrs. A. B. De Marchand, "My baby was troubled with Diarrhoea for nearly Bath, N.B., seven weeks. I tried three writes: different doctors, but none of them could do her any good. I was advised to try Dr. Fowler's Extract of Wild Strawberry, and less than half a bottle cured her."

COUPLE OF DOSES CURED.

Mrs. W. J. Wilson, Tessier, Sask., tells of her experience in the following words:—"I wish to tell you of the good I have found in Dr. Fowler's Extract of Wild Strawberry. Last summer my little girl, aged two years, was taken ill with Summer Complaint, and as my mother always kept Dr. Fowler's in the house, when I was a child, I seemed to follow her example as I always have it also. I at once gave it to my baby as directed and she was at once relieved, and after a couple of doses were taken was completely cured."



THE ONLY CURE FOR DIARRHŒA.

Mrs. Robt. "I
Rahm, Burke- have
ton, Ont., used
writes: Dr.

Fowler's Extract of Wild
Strawberry for diar-
rhœa, and I think
there is not a better

remedy to be found, as I have a large
family and all subject to it. I would not
be without it in the house as it is a quick
cure and the only thing that will cure
them."

CHOLERA INFANTUM.

Mrs. Robert "My little girl, when she
Bustard, Max- was three months and a
well, N.B., half old took a dangerous
writes: attack of cholera infantum.

She was so low and weak
we could not move her in the crib as it
seemed to nearly kill her. We tried al-
most everything we could think of for her
and was sure she had not long to be with
us, when I told my husband to harness up
and go to the store and see if he could get
any Dr. Fowler's Extract of Wild Straw-
berry as I had heard about it. He got a
bottle and when three doses had been
taken, she seemed to open her eyes and
felt easier. She is a strong rugged girl to-
day, over two years old. I can recom-
mend it to all mothers having small chil-
dren. This testimony can be proven by
all my neighbors as it was reported all
over the country my baby was dead; and
she would have been had it not been for
Dr. Fowler's Extract of Wild Straw-
berry."

BOWEL COMPLAINTS.

Mr. Geo. "I have used Dr. Fow-
Churchill, ler's Extract of Wild Straw-
Lognbardy, berry and have found it is
Ont., writes: a great remedy for anyone
troubled with bowel com-
plaints. I always keep a bottle of it on
hand."

CHOLERA CURED.

Mrs. A. Mc- "It is with pleasure I
Donald, Ken- write you to let you know
sington, P.E.I., about your wonderful me-
writes: dicine, Dr. Fowler's Ex-
tract of Wild Strawberry.

In the summer my son, ten years old, had
a severe attack of cholera. We tried se-
veral medicines, but he did not seem to
get any better; at last we were advised
to get a bottle of Dr. Fowler's and in less
than a week he was well again. We all
think it a wonderful medicine and would
not be without it."

DIARRHŒA CURED.

Mr. Wm. H. "In the month of Jan-
Day, Head of uary, 1907, I had a very
Jeddore, N.S., bad attack of Diarrhœa
writes: caused by cold and drink-
ing too much fresh butter-

milk. I was troubled for nearly a fort-
night and tried different remedies, but
was not cured until I procured Dr. Fow-
ler's Extract of Wild Strawberry, when I
was completely cured in a few days."

SUMMER COMPLAINT.

Mrs. John Y. "I have used Dr. Fow-
Gillis, Port ler's Extract of Wild Straw-
Hood, C.B., berry with excellent results.
writes: Last summer my baby was
very bad with summer complaint. I got
a bottle of the medicine and after giving
him a few doses he was all right."

CRAMPS IN STOMACH.

Miss Lettie "Last year I suffered un-
Reid, Vivian, told agony from cramps in
Ont., writes: the stomach and did not
know what to do until a
friend suggested I should try Dr. Fowler's
Extract of Wild Strawberry and as I was
glad to try anything I purchased a bottle.
When I had taken four doses I found
relief and since then I never fail to keep
a bottle in the house."

SEPTEMBER, 1908.

MOON'S PHASES.

		Ontario.	Maritime Pr.
		d. h. m.	d. h. m.
First Qr...	3	3 51 p.m.	3 4 51 p.m.
Full Moon	10	7 23 a.m.	10 8 23 a.m.
Last Qr....	17	5 33 a.m.	17 6 33 a.m.
New Moon	25	9 59 a.m.	25 10 59 a.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	Ont. and Mar. Prov.	Prov. of Que.	Ontario.	MOON.	WEATHER PROBABILITIES.
		Sun	Sun	Sun	Sun	
		rise	sets	rise	sets	
		h. m.	h. m.	h. m.	h. m.	
1 Tu.	η	5 41	6 56	5 06	6 25	9 47
2 We.	η	5 42	6 54	5 08	6 23	10 18
3 Th.	τ	5 43	6 53	5 09	6 20	10 55
4 Fr.	τ	5 44	6 51	5 10	6 18	11 42
5 Sa.	τ	5 45	6 49	5 11	6 17	a. m.

36) 12th Sunday after Trinity.

6 Su.	ψ	5 47	6 47	5 12	6 15	0 37
7 Mo.	ω	5 48	6 45	5 13	6 13	1 43
8 Tu.	ω	5 49	6 43	5 14	6 11	2 58
9 We.	κ	5 50	6 41	5 16	6 09	rises.
10 Th.	κ	5 51	6 39	5 18	6 07	7 14
11 Fr.	τ	5 52	6 38	5 19	6 05	7 43
12 Sa.	τ	5 53	6 36	5 20	6 03	8 10

37) 13th Sunday after Trinity.

13 Su.	δ	5 54	6 34	5 22	6 01	8 39
14 Mo.	δ	5 56	6 32	5 24	5 59	9 09
15 Tu.	δ	5 57	6 30	5 25	5 57	9 43
16 We.	ι	5 58	6 28	5 26	5 55	0 22
17 Th.	ι	5 59	6 26	5 28	5 53	11 05
18 Fr.	ε	6 00	6 24	5 29	5 51	11 55
19 Sa.	ε	6 01	6 22	5 30	5 49	a. m.

38) 14th Sunday after Trinity.

20 Su.	ε	6 03	6 21	5 31	5 47	0 50
21 Mo.	ζ	6 05	6 19	5 32	5 45	1 48
22 Tu.	ζ	6 06	6 17	5 33	5 43	2 50
23 We.	η	6 07	6 15	5 35	5 41	3 51
24 Th.	η	6 08	6 13	5 36	5 39	4 50
25 Fr.	η	6 09	6 11	5 37	5 37	5 52
26 Sa.	η	6 10	6 10	5 38	5 35	sets.

39) 15th Sunday after Trinity.

27 Su.	ζ	6 11	6 08	5 39	5 33	7 24
28 Mo.	η	6 12	6 06	5 40	5 31	7 49
29 Tu.	η	6 13	6 04	5 42	5 29	8 19
30 We.	ψ	6 15	6 02	5 44	5 27	8 52

Comical Grumbs

Master (to newly arrived servant)—
 "And why did you leave your last place, Mary?" Mary—"Well, sir, the master tried to kiss me." Master—"Very right and very proper on your part to leave, Mary—very right." Mary—"It wasn't exactly that, sir; but the missus saw him do it." Master—"Oh, is that the case?" (Pause). "Has my wife gone out, Mary?"

Got a pain in your back? If so use Doan's Kidney Pills. They make strong, healthy kidneys.

Mrs. Stockson Bonds—"Women have more sense than men. You never catch them putting all their money in stocks." Stockson Bonds—"No, they prefer putting it in stockings."

Dr. Fowler's Extract of Wild Strawberry will positively cure Diarrhoea, Dysentery and all Summer Complaints.

Little Elsie—"Mamma, how much do people pay a pound for babies?" Mamma—"Babies are not sold by the pound, my dear." Little Elsie—"Then why do they always weigh them as soon as they are born?"

For nervousness, sleeplessness, palpitation of the heart, etc., take Milburn's Heart and Nerve Pills.

Mrs. Gibbs—"I've got some shocking news for you, David. Did you know that Willie is drinking? I found this bottle in his room this morning." Mr. Gibbs (tasting the bottle and mumbling to himself)—"Umph! Fine stuff; smooth as oil. It must be at least fifteen years old." "Mrs. Gibbs—"It's whiskey, isn't it?" Mr. Gibbs—"Yes, it's whiskey. I shall have a serious talk with William as soon as he gets home. . . . I wonder where that boy got that liquor. I don't get as good as that myself."

Burdock Blood Bitters cures Eczema, Erysipelas and all skin diseases.

The Caller—"One's teeth require so much looking after." The Small Boy—"That's so. Mamma lost her lower set yesterday, and it took us an hour to find 'em."

Dr. Low's Worm Syrup

Is a never failing remedy for worms. It is pleasant to take, safe to administer and reliable in its effect. It contains powerful purgative ingredients and consequently does the entire work of destroying and removing the worms at the same time.

Many children have died annually from diseases which have been very often wrongly named, and in most of these cases death has more than likely been due to worms, which could have been quickly removed by a proper treatment such as Dr. Low's Worm Syrup affords.

Some of the most important symptoms of worms are gnawing pain in the stomach and bowels, nausea and bad breath, pasty looks, itching nose, pale lips, voracious or greedy appetite, grinding the teeth, moaning in the sleep, hectic flush on the cheeks, picking the nose, irritability, bloating of the bowels, and often convulsive fits fatal in termination. Don't fail to observe the symptoms and resort to the one and only effective remedy, Dr. Low's Worm Syrup.

Price, 25 cents.

TWO LARGE WORMS.

Mrs. Wm. L. O'Dell, Upham Station, N.B., writes:—"I take pleasure in writing you a few lines about your Dr. Low's Worm Syrup. My little girl was very sick with worms, she was cross and peevish, would rave in her sleep and could not eat anything. After the first dose I gave her she passed two large worms. I hope every mother having cross, peevish children will try Dr. Low's Worm Syrup and I am sure it will help them."

ONE BOTTLE CURED

Mr. O. Dow, Fox River, N.S., writes:—"Our little girl, two years old, was bothered with worms. I got Worm Stick and Worm Lozenges, but they had no

effect. I then tried your Dr. Low's Worm Syrup and one bottle cured her."

THE BEST FOR WORMS.

Mrs. H. Hall, Lynnville, Ont., writes:—"I have used Dr. Low's Worm Syrup for my children. I was told to try Dr. Low's medicines, but I find Dr. Low's is the best there is."

LITTLE BOY HAD WORMS.

Mrs. McKim, Kingston, Ont., writes:—"My little boy was troubled very much with worms. I was told to try Dr. Low's Worm Syrup and I can now recommend it as the best medicine made."

YOUNG DAUGHTER CURED.

Mrs. Ed. Stringer, Hemmingford, Que., writes:—"I have used Dr. Low's Worm Syrup for my young daughter and can say that I never used so good a worm medicine; it cured her completely and I can recommend it to all mothers."

FINDS IT THE BEST.

Mrs. Arthur Wright, St. Anthony, P.E.I., writes:—"I have used Dr. Low's Worm Syrup for my little boy and I find it the very best remedy I know of for worms. I shall always recommend it to my friends."

THREE CURED.

Mrs. Joseph Woodworth, New Germany, N.S., writes:—"I have used Dr. Low's Worm Syrup for my three children and it cured them. I think it the very best medicine on the market for worms."

PALE AND PEEVISH.

Mrs. James Fields, Murray Corner, N.B. writes:—"My little girl was troubled with worms. She would wake up at nights and cry, and she was very pale and peevish. I was advised to give Dr. Low's Worm Syrup a trial and I must say it proved a great success."

OCTOBER, 1908.

MOON'S PHASES.

	Ontario. d. h. m.			Maritime Pr. d. h. m.		
) First Qr...	3	1	14 a.m.	2	2	14 a.m.
○ Full Moon	9	4	3 p.m.	9	5	3 p.m.
◐ Last Qr....	16	10	35 p.m.	16	11	35 p.m.
● New Moon	25	1	47 a.m.	25	2	47 a.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	Sun rises	Sun sets	Ont. and Mar. Prov.		Prov. of Que.		Ontario.	WEATHER PROBABILITIES.
				Sun h. m.	Sun h. m.	Sun h. m.	Sun h. m.	Moon sets h. m.	
1 Th.	†	6 16	6 00	5 46	5 25	9 35	Cool		
2 Fr.	†	6 17	5 58	5 47	5 23	10 27			
3 Sa.	‡	6 18	5 56	5 48	5 21	11 26			
40) 16th Sunday after Trinity.									
4 Su.	‡	6 20	5 54	5 50	5 19	a. m.	and		
5 Mo.	‡	6 21	5 52	5 51	5 18	0 37			
6 Tu.	‡	6 22	5 50	5 52	5 16	1 52			
7 We.	‡	6 23	5 49	5 54	5 14	3 10	bright,		
8 Th.	‡	6 25	5 47	5 55	5 12	4 29			
9 Fr.	†	6 26	5 46	5 57	5 10	rises.			
10 Sa.	†	6 27	5 44	5 58	5 08	6 39	snow		
41) 17th Sunday after Trinity.									
11 Su.	†	6 28	5 43	6 00	5 06	7 04			
12 Mo.	†	6 29	5 41	6 02	5 04	7 36	with		
13 Tu.	†	6 30	5 39	6 03	5 02	8 16			
14 We.	†	6 31	5 37	6 04	5 00	8 58			
15 Th.	‡	6 32	5 36	6 05	4 58	9 47	high		
16 Fr.	‡	6 34	5 34	6 06	4 56	10 41			
17 Sa.	‡	6 35	5 32	6 07	4 55	11 40			
42) 18th Sunday after Trinity.									
18 Su.	‡	6 36	5 30	6 09	4 54	a. m.	winds		
19 Mo.	‡	6 37	5 29	6 10	4 52	0 39			
20 Tu.	‡	6 39	5 27	6 12	5 50	1 40			
21 We.	‡	6 40	5 26	6 13	4 48	2 40	clearing		
22 Th.	‡	6 42	5 24	6 14	4 46	3 44			
23 Fr.	‡	6 44	5 23	6 16	4 44	4 43			
24 Sa.	‡	6 45	5 21	6 18	4 42	sets.	and		
43) 19th Sunday after Trinity.									
25 Su.	‡	6 47	5 19	6 19	4 41	5 53			
26 Mo.	‡	6 48	5 18	6 20	4 39	6 22	fine.		
27 Tu.	‡	6 49	5 16	6 21	4 37	6 54			
28 We.	†	6 50	5 15	6 23	4 35	7 34			
29 Th.	†	5 51	5 13	6 24	4 33	8 21	and		
30 Fr.	‡	6 53	5 12	6 26	4 32	9 18			
31 Sa.	‡	6 54	5 10	6 28	4 31	10 25			

Laughable Lines

A certain Aunt Betsy was trying to persuade her little nephew to go to bed, and by way of argument, said that all the little chickens went to roost at sunset. "Yes," replied the boy; "but the old hen always goes with them."

Dyspepsia is the prevailing malady of civilized life. Burdock Blood Bitters has proven just the required remedy in hundreds of cases.

A school-master asked a class of boys the meaning of the word "appetite"; and after a brief pause, one little boy said: "I know, sir; when I'm eatin', I'm 'appy; and when I'm done, I'm tight."

Milburn's Heart and Nerve Pills give strength to weak hearts and run down systems.

Fond mother (surprised on entering her drawing-room to find there her daughter) — "Did I not tell you to go to the nursery and ask God to forgive you for being so naughty?" Ethel (aged four) — "Why, yes, mamma; I have just come from there, and I spoke to God about it, and He said, 'Oh, don't mention it, Miss Ethel; you are not so worse!'"

In Milburn's Laxa-Liver Pills you will find either a mild laxative or a brisk cathartic, which ever you wish.

Mrs. Dickenharry — "For goodness sake, Mary, how long did you boil these eggs?" The New Cook — "Half an hour, mum." Mrs. Dickenharry — "But didn't I tell you that three minutes was enough for an egg?" The New Cook — "Yessum. But I biled ten of 'em."

Dr. Wood's Norway Pine Syrup will cure that summer cough and strengthen the lungs so that they will withstand the cold wintery blasts.

Teacher (severely) — "Some little boys are good, and some little boys are naughty." "Do you understand me Tommy?" Tommy — "Yes, ma'am." Teacher — "What kind of little boys go to Heaven?" Tommy — "Dead ones."

If you have caught a cold in your back let Doan's Kidney Pills cure you.

Milburn's



THE PEOPLE'S POPULAR AND PERFECT LAXATIVE OR PURGATIVE. Medicines combined and prepared in the shape of a pill have just and meritorious claims upon the favor of the people. Since the discovery and introduction of the active principles in medicine in a highly concentrated form, using the solid extracts of roots, barks, plants and gums rendered in the form of pills, the dose can be made less bulky and obnoxious, while protected with a proper coating of gelatine their active virtues remain unimpaired by age or climate.

Milburn's Laxa-Liver Pills possess the greatest uniformity of action, the most prompt, mild and safe cathartics of any other pills. Mild, yet thorough in their operation, they arouse the sluggish liver to a healthy condition, carry off the excessive accumulation of bile, purify the blood, excite all the secretions to a natural action, cleanse the stomach and bowels, and impart a pure tone to the digestive organs. As a regulator of the bowels in obstinate constipation they not only secure a natural evacuation, but their effect is in no wise exhaustive or debilitating as is the case with most active cathartics.

Milburn's Laxa-Liver Pills are so judiciously and scientifically compounded that the bowels are not left by them in a condition of constipation worse than before their use.

Many people make a mistake in thinking that the only office of a pill is to move the bowels, but a properly prepared pill should act beneficially upon the liver and the entire glandular and secretory system. This is just what Milburn's Laxa-Liver Pills do, and by their specific alterative action cure Liver Complaint, Biliousness, Jaundice, Constipation, Flatulency, Heartburn, Headache, Dyspepsia, Nausea,

Water Brash, Catarrh of the Stomach, Coated Tongue, Foul Breath, and all diseases arising from impurities clogging the system.

Milburn's Laxa-Liver Pills are small and easy to take, and do not gripe, weaken or sicken. They may be used as a mild laxative or a strong purgative according to the dose.

Price, 25 cents a vial, or 5 vials for \$1.00; at all dealers or mailed direct on receipt of price.

Be sure and get Milburn's Laxa-Liver Pills and accept no substitute.

Liver Complaint. Miss O. H. Morton, New Germany, N.S., writes:—"I suffered for years with Liver Complaint, and although I tried many medicines, I could not get rid of it. Seeing Milburn's Laxa-Liver Pills advertised in your almanac, I decided to try them, and after using them for six months I was completely cured."

Catarrh of the Stomach. Mrs. E. Harris, Cornwall, Ont., writes:—"I was troubled with Sick Headaches and Catarrh of the Stomach. I used five or six vials of Milburn's Laxa-Liver Pills and I must say they are a wonderful pill. They did me more good than anything else I ever tried."

Liver Troubles. Mrs. C. Hutt, Morrisburg, Ont., writes:—"I suffered for years, more than tongue can tell, from liver troubles. I tried a great many medicines, but could get no relief. At last, I got a sample package of Milburn's Laxa-Liver Pills, and they proved of so much benefit to me that I procured more. They completely cured me and I can highly recommend them to any one for disordered liver."

Heartburn. Mr. Wm. A. Brown, Fairley, N.B., writes:—"I have used Milburn's Laxa-Liver Pills for Heartburn and find they will give relief quicker than anything I ever tried before."

**Liver Com-
plaint Cured.** Miss A. Demerchant,
Bath, N.B., writes:—"I
suffered for years from liver
complaint. I could not get anything to
do me any good. I was advised to try
Milburn's Laxa-Liver Pills and after I
had used three boxes I was completely
cured. I can recommend them highly."

**Catarrh of
the Stomach.** Miss P. J. Glazier, North
Augusta, Ont., writes:—"I
was troubled for years with
catarrh of the stomach. I used five or six
different advertised remedies, but none of
them did me any good. I used Milburn's
Laxa-Liver Pills and they did me more
good than anything else I ever tried and
I shall always use them if I am affected
that way again. I cannot speak too well
of them."

**Headache
Cured.** Miss Isabella De Coste,
Linwood, N.S., writes:—"I
have used Milburn's Laxa-
Liver Pills for headache and found them
the only pill that gave me relief."

Constipation. Miss Mary Campbell,
Wingham, Ont., writes:—"I
have used Milburn's Laxa-Liver Pills
for Constipation and have found them to
be very good. Our family doctor pre-
scribes them for his patients."

**Heartburn
and
Headaches.** Mrs. John Connor, Bur-
lington, N.S., writes:—"I
suffered severely for years
with heartburn and head-
aches and could get nothing to relieve
me. I was also troubled with dizziness
and specks floating before my eyes, and
was in fear of losing my mind. I was
persuaded to try Milburn's Laxa-Liver
Pills, and I found them the best medicine
I ever used. I highly recommend them
for I think they made a perfect cure of
me."

**Liver
Complaint.** Mr. S. Gingerich, Zurich,
Ont., writes:—"I had suf-
fered for years with liver
complaint and although I tried many me-

dicines I could not get rid of it. Seeing
Milburn's Laxa-Liver Pills advertised I
decided to try them and after using them
for four months I was completely cured."

**Stomach
Troubles.** Mrs. P. LeBlanc, Shed-
ica, N.B., writes:—"I have
used Milburn's Laxa-Liver
Pills and I think they are the best remedy
there is for stomach troubles. For years
I was troubled and could not get any re-
lief, although I tried several doctors."

Heartburn. Mr. John H. Smith, Tre-
hern, Man., writes:—"I
cannot speak too highly of Milburn's
Laxa-Liver Pills. I have never been
troubled with heartburn, from which I
used to suffer, since I used your pills."

**Floating
Specks Before
Eyes.** Miss H. Williams, Syd-
ney, C.B., writes:—"About
a year ago I was greatly
troubled with a dizzy head.
I had floating specks before my eyes
when I would stoop down and then stand
up, and then I would get so dizzy I would
nearly fall over. Having read of a lot of
cures by Milburn's Laxa-Liver Pills I
decided to try them, with the result that
I am now cured and I believe them to be
unequalled for head troubles and would
recommend them to all."

**Was Run
Down.** Mr. H. C. Ferguson,
Sheffield, N.B., writes:—"I
cannot recommend Mil-
burn's Laxa-Liver Pills too highly for I
feel as if I owe my good health I now enjoy
to them. For months I was in a run-
down condition and had no ambition to do
my work. I was advised to try your pills
and after using three vials of them I felt
like a new person."

**Heartburn
for Years.** J. Lagrow, Shanick, Ont.,
writes:—"I was troubled
for years with Heartburn,
and could get no relief until I tried Mil-
burn's Laxa-Liver Pills. I had only taken
them a short time before I was completely
cured, and now I recommend them to all
sufferers."

NOVEMBER, 1908.

MOON'S PHASES.

	Ontario.		Maritime Pr.	
	d.	h. m.	d.	h. m.
) First Qr...	1	9 16 a.m.	1	10 16 a.m.
○ Full Moon	8	2 53 a.m.	8	3 58 a.m.
◐ Last Qr....	15	6 41 p.m.	15	7 41 p.m.
● New Moon	23	4 53 p.m.	23	5 53 p.m.
) First Qr...	30	4 44 p.m.	30	5 44 p.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	C's pl M.	Ont. and Mar. Prov.		Prov. of Que.		Ontario.	WEATHER PROBABILITIES.
			Sun	Sun	Sun	Sun	Moon	
			rises	sets	rises	sets	sets	
			h. m.	h. m.	h. m.	h. m.	h. m.	

44) 20th Sunday after Trinity.

1 Su.	☿	6 56	5 09	6 30	4 29	11 37	Fine
2 Mo.	♈	6 58	5 08	6 31	4 28	a. m.	
3 Tu.	♉	6 59	5 06	6 32	4 27	0 53	
4 We.	♊	7 00	5 05	6 33	4 26	2 07	and
5 Th.	♋	7 02	5 04	6 35	4 24	3 24	
6 Fr.	♌	7 03	5 03	6 36	4 22	4 40	
7 Sa.	♍	7 05	5 02	6 38	4 20	5 53	

45) 21st Sunday after Trinity.

8 Su.	♎	7 06	5 00	6 39	4 19	rises.	mild,
9 Mo.	♏	7 08	4 59	6 41	4 18	6 08	
10 Tu.	♐	7 09	4 57	6 43	4 17	6 48	
11 We.	♑	7 10	4 56	6 44	4 16	7 35	con- tinues
12 Th.	♒	7 11	4 55	6 45	4 14	8 27	
13 Fr.	♓	7 13	4 54	6 46	4 13	9 25	
14 Sa.	♈	7 14	4 53	6 48	4 12	10 27	mild

46) 22nd Sunday after Trinity.

15 Su.	♉	7 15	4 52	6 50	4 11	11 27	with
16 Mo.	♊	7 16	4 51	6 51	4 10	a. m.	
17 Tu.	♋	7 18	4 50	6 52	4 09	0 29	
18 We.	♌	7 19	4 49	6 54	4 08	1 29	but
19 Th.	♍	7 20	4 48	6 55	4 07	2 30	
20 Fr.	♎	7 21	4 48	6 57	4 06	3 34	
21 Sa.	♏	7 22	4 47	6 58	4 05	4 37	

47) 23rd Sunday after Trinity.

22 Su.	♐	7 24	4 46	6 59	4 05	5 43	little
23 Mo.	♑	7 25	4 46	7 00	4 04	sets.	
24 Tu.	♒	7 26	4 45	7 02	4 03	5 31	
25 We.	♓	7 27	4 45	7 04	4 02	6 16	snow.
26 Th.	♈	7 29	4 44	7 06	4 02	7 11	
27 Fr.	♉	7 30	4 43	7 07	4 01	8 17	
28 Sa.	♊	7 31	4 42	7 08	4 01	9 28	

48) 1st Sunday in Advent.

29 Su.	♋	7 32	4 41	7 09	4 00	10 43	
30 Mo.	♌	7 33	4 41	7 10	4 00	11 57	

Wise and Otherwise

"When is yer gwine ter Fredericksburg?" asked one Austin darkey of another. "I'm gwine to-morrer mornin' in de early stage." "Don't yer go in der early stage." "Why not, Pompey?" "Bekase dem early stages am sickly. I read a piece yisterday warmin' folks about consumption in de early stage."

Dr. Wood's Norway Pine Syrup taken in time, when you have a bad cold, will cure it and prevent consumption in its early stage.

"What's your name?" asked a teacher of a boy. "My name is Jule," was the reply. Whereupon, the teacher impressively said, "You should have said, 'Julius, sir.'" "And now, my lad," turning to another boy, "what is your name?" "Bilious, sir."

If you have an attack of biliousness Burdock Blood Bitters will cure it.

Little Sammy had been so naughty that he was put in the cellar as a punishment. There was silence for a short while, and then came a loud kicking at the door, and a little voice shouted:—"Papa, you needn't open the door, but I've turned the beer-barrel tap on."

Milburn's Laxa-Liver Pills are a pleasant, prompt and perfect purgative.

"Which is the first and most important sacrament?" asked a Sunday school teacher of a little girl in his class. "Marriage," was the prompt response. "Oh, no; baptism is the first and most important sacrament," replied the teacher. "It maybe in some families, but marriage always comes first in our family. We are respectable people, we are."

Weak suffering women will find a cure in Milburn's Heart and Nerve Pills.

"Mamma, may I speak?" "You know you must not talk at the table." "No, my boy, when papa has read his paper you may speak." Papa reads through his paper and says kindly: "Now, child, what is it?" "I only wanted to say that the water pipe in the bath room has burst!"

BRITISH TROOP OIL

LINIMENT

**For Internal and External Use.
A Necessity in Every
Household.**

**More in Quantity!
Better in Quality!
More Certain in Effect!**

and consequently British Troop Oil Liniment is cheaper to buy and use than any other remedy of its kind. It cures Cuts, Sprains, Wounds, Bruises, Swellings, Rheumatism, Lumbago, Neuralgia, Lamé Back, Contracted Cords, Quinsy, Sore Throat, Swelled Tonsils, Callous Lumps, etc.

In horses and cattle it cures Galls, Cuts, Scratches, Corks, Kicks, Sprains, Strains, Stiff Joints, Swellings, Lumps, Callouses, Glandular Enlargements, Cracked Teats, and Caked Udder, Distemper, Scours, Colic, etc.

Price, 25 cents for a large bottle.

CUTS, BRUISES, SPRAINS.

F. Perdy, Waskada, Man., says:—"For many years I have been constantly using your British Troop Oil. I cannot too highly recommend it as a sure relief for all cuts, bruises, sprains and all external affections."

RHEUMATISM.

Mrs. Jos. Rowe, Owen Sound, Ont., says:—"I am writing to let you know what a lot of help my husband got from British Troop Oil. He had Rheumatism in his shoulder for many years and could get nothing to ease it. - I got a bottle of B.T.O. and rubbed it on his shoulder for a few times and it completely cured him."

VALUABLE HORSE CURED.

Mr. Richard Gill, Iona, P.E.I., says:—

"A neighbor of mine had a very valuable horse that got kicked and was so bad he was hardly able to walk. Having used British Troop Oil myself, I advised him to use your valuable medicine which he did and to his surprise found that it had made a perfect cure. Neither one of us will ever be without a bottle of it on hand."

COUGHS AND COLDS.

Mrs. Albert Coombs, Barachois Malbay, Que., says:—"We have used your British Troop Oil for two years with the greatest success. My husband had Rheumatism in his shoulder and back and it cured him. I also use it for Coughs, Colds, Burns or Scalds. I would not be without it in the house. My husband also uses it in the stable and finds it gives excellent results with the horses and cattle."

RHEUMATISM CURED.

Mrs. Margaret Waugh, Bristol, N.B., writes:—"I suffered a long time with Rheumatism, and it pained so much it was with difficulty I could dress myself. I commenced using British Troop Oil and it did not take one bottle to cure me."

SPRAINS, CUTS AND BURNS.

Mr. J. Russell, Trenton, Ont., writes:—"I have used your British Troop Oil for Sprains, Cuts and Bruises, on different occasions, and can truthfully say I never used anything that would relieve the pain so quickly."

HORSE SPRAINED LEG.

Mr. E. V. Allen, Tidnish Bridge, N.B., writes:—"My horse sprained one of his legs and I used British Troop Oil freely twice a day and it was not a week before he was able to go to work again. I don't think I ever used anything like it."

THE BEST LINIMENT.

Mrs. Robt. Bennett, West River, N.B., writes:—"I can recommend your British Troop Oil to be the best liniment for neuralgia and frost bits and also it will relieve rheumatism in a short time as I have tried it for all. I would not be without it."

DECEMBER, 1908.

MOON'S PHASES.

		Ontario.		Maritime Pr.	
		d.	h. m.	d.	h. m.
○ Full Moon		7	4 44 p.m.	7	5 44 p.m.
◐ Last Qr...	15	4 13 p.m.		15	5 13 p.m.
● New Moon	23	6 50 a.m.		23	7 50 a.m.
◑ First Qr...	29	0 40 a.m.		30	1 40 a.m.

CALENDAR.

DAY OF MONTH.	DAY OF WEEK.	C's p.M.	Ont. and Mar. Prov.		Prov. of Que.		Ontario.	WEATHER PROBABILITIES.	
			Sun	Sun	Sun	Sun			Moon
			rises	sets	rises	sets	sets		
			h.m.	h.m.	h.m.	h.m.	h.m.		
1 Tu.	κ	7	34 4	42 7	12 3	59 a.	m.	Fine weather	
2 We.	τ	7	35 4	41 7	1 3	59	1 11		
3 Th.	τ	7	36 4	41 7	1 43	59	2 23		
4 Fr.	τ	7	37 4	41 7	1 53	58	3 37		
5 Sa.	8	7	38 4	41 7	1 63	58	4 49		
49) 2nd Sunday in Advent.									
6 Su.	8	7	39 4	41 7	1 73	58	6 01	for season,	
7 Mo.	Π	7	40 4	40 7	1 83	58	rises.		
8 Tu.	Π	7	41 4	40 7	1 93	58	5 24		
9 We.	Σ	7	42 4	40 7	2 03	58	6 14		
10 Th.	Σ	7	43 4	40 7	2 13	58	7 11		
11 Fr.	Σ	7	44 4	40 7	2 23	58	8 10	a change comes snow	
12 Sa.	Ω	7	45 4	40 7	2 23	58	9 12		
50) 3rd Sunday in Advent.									
13 Su.	Ω	7	46 4	40 7	2 33	58	10 13		
14 Mo.	μ	7	46 4	39 7	2 43	58	11 14		
15 Tu.	μ	7	47 4	39 7	2 53	58 a.	m.		
16 We.	μ	7	48 4	40 7	2 63	59	0 17	and severe	
17 Th.	Δ	7	49 4	40 7	2 63	59	1 16		
18 Fr.	Δ	7	49 4	41 7	2 73	59	2 19		
19 Sa.	μ	7	49 4	41 7	2 83	59	3 23		
51) 4th Sunday in Advent.									
20 Su.	μ	7	50 4	42 7	2 84	00	4 30	cold, ends cold.	
21 Mo.	τ	7	51 4	42 7	2 94	00	5 40		
22 Tu.	τ	7	51 4	43 7	2 94	00	6 50		
23 We.	ρ	7	52 4	43 7	3 04	00	sets.		
24 Th.	ρ	7	52 4	44 7	3 04	01	6 01		
25 Fr.	ρ	7	52 4	45 7	3 14	02	7 13		
26 Sa.	Σ	7	53 4	45 7	3 14	03	8 29		
52) 1st Sunday after Christmas.									
27 Su.	Σ	7	53 4	46 7	3 14	04	9 44		
28 Mo.	κ	7	53 4	47 7	3 14	05	11 01		
29 Tu.	κ	7	54 4	47 7	3 14	06 a.	m.		
30 We.	τ	7	54 4	48 7	3 24	07	0 13		
31 Th.	τ	7	55 4	49 7	3 24	08	1 28		

Sharp Sayings

"Hubby, dear, I can't wait to tell you what I'm going to buy you for Christmas!" "Darling, what is it?" "Well, I'm going to get you a silver card-tray, a bronze Hercules for the mantelpiece, and a new Persian rug to put in front of my dressing-table. What are you going to do for me, Tootsey?" "I've been thinking, Jane, and have made up my mind to get you a new shaving brush."

If you want the quickest and best cure for that cold of yours get a bottle of Dr. Wood's Norway Pine Syrup.

"You wish to be relieved from jury duty, but you haven't a good reason," said the judge. "It's public spirit," said the unwilling talesman, "on the score of economy. I have dyspepsia, m'lord, and I never agree with anybody. If I go on this jury there will be a disagreement, and the country will have to go to the expense of a new trial." "Excused," said the judge.

Burdock Blood Bitters cures dyspepsia in its worst forms.

A bright little 3-year-old wanted his auntie to play with him. She said she was too old. He hunted around until he found the machine oil can, then brought it to her and said: "Now I'll oil up the old machine so that it will go."

Milburn's Heart and Nerve Pills will make the shaky nerves firm and the weak heart strong.

Young housekeeper (looking over the market report)—"Bridget, I shall want you to go to market this morning. I see that beef is much cheaper on the hoof, and I presume it's just as good. Get a nice roast off the hoofs."

Milburn's Laxa-Liver Pills will cure those bad bilious spells. They do not gripe, weaken or sicken.

Mistress—"Mary, what are you doing with that clock?" Mary with the alarm clock under her arm—"Plaze, mum, Oi'm takin it up to a watchmaker's. It's all out av order, mum. Ivery mornin' at foive o'clock it goes all to paces, an' makes such a racket Oi can't slape."

Dr. Wood's Norway Pine Syrup.

Did you ever hear of a case of Consumption among the workers in the great pine forests? Vast armies of lumbermen work continually amid snow and ice, and are subject to cold, exposure and hardship enough to inevitably cause disease of the throat and lungs in other persons, and yet they enjoy vigorous health, simply because every breath they draw brings with it the subtle strength and healing virtues of the pine. The balsamic odor of the newly cut pine heals and invigorates the lungs, and even consumptives improve and revive amid the perfume of the pines. This fact has long been known to physicians, but the essential healing principle of the pine has never before been separated and refined as it is in Dr. Wood's Norway Pine Syrup. And since but few can command the luxury of a visit to the pineries, it will be to many a revelation of good cheer to know that the medicinal virtues of the pine have been reduced to this convenient form. Dr. Wood's Norway Pine Syrup combines the potent lung-healing virtue of the pine with other absorbent, expectorant and soothing medicines of recognized worth; and this has been accomplished without the introduction of harmful drugs.

It is incontestably the purest, safest and best throat and lung remedy ever produced; repeated tests having proved it to be a rapid and reliable cure for Coughs, Colds, Croup, Bronchitis, Asthma, Soreness of the Chest, Whooping Cough and all affections of the Bronchial Tubes and Air Passages.

Dr. Wood's Norway Pine Syrup is put up in a yellow wrapper, three pine trees the trade mark and the price is 25 cents at all druggists and dealers.

There are many imitations of Dr. Wood's so be sure you receive the genuine when you ask for it.

See inside back page for offer of a premium picture.

SAVED AN OPERATION.

Mrs. W. Gosling, Canmore, Alta., writes:—"My little baby had a very bad sore throat. The doctor said she would have to have her tonsils cut out. A friend told me to try Dr. Wood's Norway Pine Syrup, so I got two bottles and it has cured her. My husband suffered very much with the quinsy and he took two bottles. We will never be without it in the house."

QUINSY CURED.

Miss Ethel Wilson, Easton's Corners, Ont., writes:—"I have always been subject to quinsy whenever I would take a cold, and as I saw your advertisement about Dr. Wood's Norway Pine Syrup for quinsy I made up my mind to give it a trial. I used two bottles of it, and it has completed a cure as I have not been troubled since."

BAD COUGH CURED.

Mrs. Thomas Doran, Sussex, N.B., writes:—"I feel it my duty to let you know of my experience with Dr. Wood's Norway Pine Syrup. My little boy had a very bad cough and cold, and a friend advised me to get a bottle of Norway Pine Syrup and by the time it was finished I could see a change and when the second bottle was gone his cough was cured. I always keep a bottle of it in the house now."

GAINED FROM 80 TO 125 POUNDS.

Miss Minnie F. Pye, Ecum Secum, N.S., writes:—"I was troubled with a bad cough for a long time and could get nothing to help me and went down to 80 pounds in weight. At last I heard from a friend about Norway Pine Syrup so got a bottle to try and found that it was helping me so got two more bottles and by the time they were used I was cured and now weigh 125 pounds. I will never be without a bottle of Dr. Wood's Norway Pine Syrup in the house."

ANNOYED HER WITH COUGHING.

Mrs. M. L. Demas, Red Deer, Alta., writes:—"My little boy had a very bad cough, so bad that the teacher sent him home as he annoyed her with his coughing. I got him a bottle of Dr. Wood's Norway Pine Syrup and by the time the bottle was finished the cough was completely cured. My eldest son came home with a heavy cold and cough, so I sent and got a bottle for him and it had the same effect. I can recommend it to be a grand medicine for a cold."

HAD A HARD DRY COUGH.

Mrs. C. E. Bissnete, Lombardy, Ont., writes:—"I have been troubled with a hard dry cough for a long time, especially in the mornings, but after having used Dr. Wood's Norway Pine Syrup, for a few weeks, I find my cough has left me. I can positively say that this remedy is well worth a trial."

CHRONIC BRONCHITIS.

Mr. Wm. O'Hara, Souris, Man., writes:—"Having suffered for a long time with a severe attack of Chronic Bronchitis, which I could not get cured, I eventually tried your Dr. Wood's Norway Pine Syrup and I am glad to state it has given me a complete cure."

COLD, BAD COUGH AND ASTHMA.

Mrs. C. Townsend, Lockport, N.S., writes:—"I feel it my duty to let you know of my experience with Dr. Wood's Norway Pine Syrup. I was troubled with a cold and severe cough all the time, and very severe spells of asthma. The doctors did all they could for me, but could only give me relief for a short time. I happened to see your medicine advertised and purchased three bottles, and it gave me great relief, and I do not cough at all. I do not know how to express my gratitude for what Dr. Wood's Norway Pine Syrup has done for me."

TWO BAD CASES CURED.

Mrs. James Orde, Milford, N.S., writes:

—"I take the pleasure of telling you that I have used Dr. Wood's Norway Pine Syrup for my son, eight years old. He had the whooping cough and it left him with a cough so bad he could not sleep, in fact would cough nearly all night. We heard of Norway Pine Syrup so I got a bottle and the first few doses relieved him so he could rest all night, and two bottles completely cured him. My father had a very bad cough for about thirty years; could not lie down or sleep without coughing. I recommended Dr. Wood's Norway Pine Syrup to him, so he got a bottle and before it was half gone, he could go to bed and sleep all night without coughing once. He said, as long as he lives, he will not be without it in the house. We think there is nothing equal to it and recommend it to everyone with a cough."

CROUP CURED.

Mrs. J. H. Garnett, St. John, N.B., writes:—"My little girl had croup so bad one night I was afraid she would choke before I could get anything for her. After the second dose of Dr. Wood's Norway Pine Syrup, I found the croupy sound not so bad and she could breathe ever so much easier. I would not be without it in the house, and have recommended it to a number of my friends."

BRONCHITIS AND ASTHMA.

Mrs. M. Young, Chesterville, Ont., writes:—"My three little boys used to be troubled with bronchitis and asthma so I started giving them Dr. Wood's Norway Pine Syrup and now they are entirely rid of them."

BAD COLD CURED.

Mr. Angus McKay, Grand River, C.B., writes:—"For some time I was troubled with a bad cold and tried a bottle of Dr. Wood's Norway Pine Syrup, and before I used it all I noticed I was getting better and before the second one was used I was cured. It is the best thing anyone can get for a cold."

POSTAL GUIDE.

LETTERS to places in Canada or U.S.	
for each 1 oz.....	2
Great Britain and British Posses-	
sions, for each ½ oz.....	2
All other Postal Union Countries,	
for each ½ oz.....	5
City or drop, for each 1 oz.....	2
POST CARDS , Canada and U.S.....	1
Great Britain and all Postal Union	
Countries.....	2
BOOKS , Canada (limit 5 lbs.), for	
each 2 oz.....	1
U.S., for each 2 oz.....	1
Great Britain and Postal Union	
Countries, for each 2 oz.....	1
NEWSPAPERS , Canada, U.S., and	
United Kingdom, for each 4 oz...	1
A single newspaper weighing less	
than 1 oz.....	½
Postal Union Countries, for each 2 oz.	1
PARCELS , Canada (limit 5 lbs.), open	
to inspection, Canada, for each 1	
oz. or fraction thereof.....	1
U.S., per oz.....	1
Closed, to G. Britain, per lb., 16c. 1st	
lb., and for each additional lb.	
(limit 11 lbs.).....	12
SAMPLES , (limit 48 oz.), Canada, for	
each 2 oz.....	1
To U.S. (limit 12 oz.), 2c. for 1st 4	
oz., and for each additional 2 oz..	1
To Great Britain (limit 5 lbs.), 2c.	
for 1st 4 oz., and for each addition-	
al 2 oz.....	1
Samples must be left open for in-	
spection.	
REGISTRATION , Letters, Parcels,	
Samples—Canada, U.S., Great	
Britain and all Postal Union	
Countries.....	5
POSTAL NOTES afford a cheap and con-	
venient means for remitting small	
sums. Can be bought at any money	
order office.	

Commission Rates:

On 20, 25, 30, or 40c.....	Rate 1c.
On 50, 60, 70, 75, 80, 90c., \$1,	
\$1.50, \$2, \$2.50.....	" 2c.
On \$3, \$4, or \$5.....	" 3c.
On \$10.....	" 5c.

Odd cents may be made up by affixing Canadian postage stamps, not exceeding 9c. in value, to the face of a Postal Note.

Egyptian Salve

An excellent strengthening and healing salve, used for dressing and healing all flesh cuts and wounds.

A roll salve that is handy and useful in every household. For sale at all dealers or mailed direct on receipt of price.

10 cents.

Boyer's Galvanic Fluid

For External Use Only

The most powerful penetrating liniment known for all Rheumatic, Sciatic and Nerve Pain.

Its effects are truly wonderful in all painful conditions.

Price 25 cents at all dealers

How to Procure a Present

A present of a beautiful picture, ready for framing, will be sent free to all who have used any of the preparations advertised in this almanac.

To receive this picture it is absolutely necessary to name the remedy and give a full description of your experience with it, otherwise it will not be sent.

Write your name and address plainly, and send the testimonial to

THE T. MILBURN CO.,

LIMITED.

643 King St. West, Toronto, Ont.

EVERY day in the week and every week in the year men, women and children feel all used up and tired out.

The strain of business, the cares of home and social life and the task of study cause terrible suffering from nerve and heart troubles. The efforts put forth to keep up to the modern "high pressure" mode of life in this age soon wears out the strongest system, shatters the nerves and weakens the heart.

Thousands find life a burden and others an early grave. The strain on the system causes nervousness, palpitation of the heart, nervous prostration, sleeplessness, faint and dizzy spells, skip beats, weak and irregular pulse, smothering and sinking spells, etc. The blood becomes weak and watery and eventually causes decline.

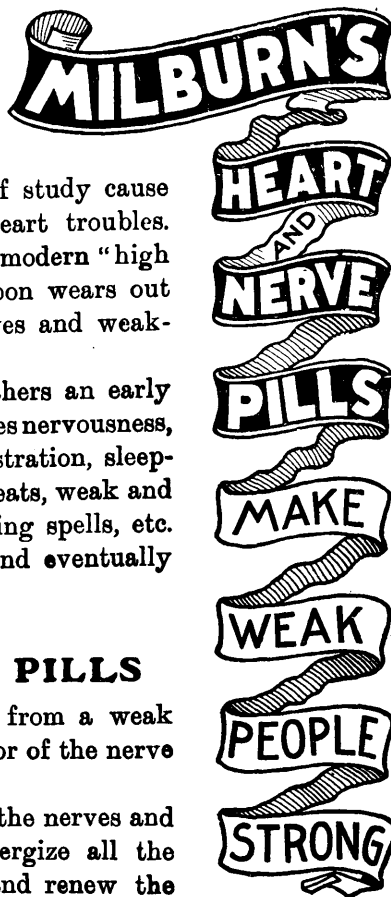
MILBURN'S HEART AND NERVE PILLS

are indicated for all diseases arising from a weak and debilitated condition of the heart or of the nerve centres.

They strengthen the heart, tone up the nerves and enrich the blood — vitalize and energize all the organs of the body, and build up and renew the worn-out tissues.

Price, 50 cents per box or 3 boxes for \$1.25.

For sale by all druggists and dealers.



PRESENTED WITH THE COMPLIMENTS OF THE SEASON BY

W. G. LAUCHLAND,

OSHAWA, ONT.