FIRST REPORT

— OF THE —

HILLCREST

CONVALESCENT HOME

1886 to MAY, 1888.

TORONTO:
APTED BROS., PRINTERS, 40 COLBORNE STREET.
1888.

Board of Management.

President:

MRS. GIBSON, - - - 66 ST. ALBANS STREET.

Vice-Presidents:

MRS. GUNTHER, - - - 18 JORDAN STREET.
MRS. HOYLES, - - - 60 COLLEGE STREET.

Treasurer:

MISS GREIG, - - - - - 17 QUEEN'S PARK.

Secretary:

MISS S. MICKLE, - - - - QUEEN'S PARK W.

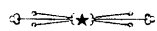
Committee:

MRS. E. BLAKE,	379 Jarvis Street.
MRS. BARNETT,	54 Gloucester Street.
MRS. COCKSHUTT,	430 Sherbourne Street.
MRS. GZOWSKI,	"The Hall," Bathurst St.
MRS. HOSKIN,	"The Dale," Rosedale.
MRS. W. H. HOWLAND,	7 Queen's Park.
MRS. JARVIS,	254 Jarvis Street.
MRS. JEFFREY,	130 Bloor Street West.
MRS. LEE,	388 Jarvis Street.
MISS MORRIS,	401 Jarvis Street.
MISS MUTTLEBURY,	75 Grenville Street.
MRS. S. NORDHEIMER,	"Glenedyth."
MISS O'BRIEN,	333 Sherbourne Street.
MISS PARSONS,	201 Jarvis Street.
MRS. SHORTISS,	St. George Street.
MRS. VANDERSMISSEN,	8 Surrey Place.
MRS. WAKEFIELD,	Davenport Road.
MRS. WALKER,	199 St. George Street.
MRS. WYLD,	347 Jarvis Street.

Visiting Physician:

DR. BERTRAM SPENCER, - 8 BLOOR STREET E.

Hillcrest Convalescent Home.



PUBLIC MEETING.

The first annual meeting of the lady managers and friends of the Home was held on Saturday, April 28th, at the Home, Davenport Road.

In the absence of the Mayor, Ald. McMillan occupied the chair, and the meeting was opened with prayer by the Rev. Dr. Thomas, after which Rev. D. J. Macdonnell read the first report, as follows :

SECRETARY'S REPORT.

In presenting the first annual report of the Convalescent Home, the Board of Managers rejoice that they are able to give so favorable and so encouraging a statement to the public. During the year just ended 130 patients have shared in the benefits of the Home. This, for the first year, with all its difficulties, is a large number, and is an assurance to its friends, and to those who predicted failure, that Hillcrest is already a success.

The public are, perhaps, already familiar with the facts connected with the building of the Home. In 1885 Miss Evans, of Liverpool, England, who had been visiting here, gave $6,775 for the erection of a Convalescent Home in Toronto. She generously placed no restrictions on her gift, leaving the Trustees appointed free to choose whether the Home should follow the cottage system so well known in England. or should take its present form.

The money being given, the next most important consideration was the selection of a site. Mr. Wm. Gooderham, with his wonted liberality, here came to the assistance of the Trustees and gave an acre of land on the crest of Wells' Hill, where the Davenport Road meets the Vaughan Plank Road. All who are with

us to-day will acknowledge that for healthfulness and for beauty of situation the site can hardly be surpassed in Toronto. It is as yet, perhaps, a little difficult of access, but in the course of the summer, when the street cars run along the Davenport Road, it will be sufficienily convenient and near at hand.

The following are the names of the Trustees, under whose direction the house was built :—Hon. S. H. Blake, Messrs. W. H. Howland, J. K. Kerr, Q.C., H. P. Dwight, Maj.-Gen. Keer, the late Mr. S. R. Briggs, Messrs. R. Kilgour, J. J. Withrow, J. Gartshore, Dr. Ellis, Dr. Spencer, and Mr. A. H. Smith. Mr. Storm was the architect of the building.

Early in the summer of 1886, the Trustees having completed their work, the Home was handed over to a Committee of ladies, who immediately proceeded to furnish it with the proceeds of a further donation of £1000 sterling from Miss Evans, and the first patient entered Hillcrest in August, 1886. The sum given by Miss Evans for furnishing proved insufficient, and Mr. Gooderham again came to the aid of the Home with a further gift of $500, which nearly covered the expense of putting the house and grounds into working order, there being only a small debt contracted for grading the grounds and for furniture, which was assumed by the second ladies' committee on its formation in 1887, and which has since been paid.

The Home was again open for the reception of patients on March 1st, 1887, on which day one patient entered on a City order, but Miss Scoble did not assume her duties as Lady Superintendent until April 7th. On May 12th Hillcrest was formally declared opened by His Excellency the Marquis of Lansdowne.

In regard to the difficulties encountered in establishing the Home, perhaps a word of explanation will suffice. When the Home was presented ready built and furnished, it would seem that there should have been no trouble in making it an immediate success ; but it must be remembered that in this great gain there was also some loss. It had not like other charities grown up among us. It was nobody's pet scheme. Very few had heard of the noble deed so quietly done by Miss Evans ; many even of those ladies who undertook the onerous work of carrying it on had not heard of the existence of Hillcrest until they were asked to form a Committee of Management. As, therefore, the institution had no crowd of enthusiastic friends, and as the whole cost of maintainence was in charge of the Committee, who had absolutely no funds to fall back upon, it is a matter for congratulation that the end of the year finds us free from debt. For this result we have to thank the kind friends who generously responded to our recent appeal for funds.

The Home, as its name implies, is for the benefit of those who are recovering from illness in their own homes or at the hospital. Such an institution must be a necessity in any city the size of Toronto. When once the convalescent stage is reached, the hospital has done its part, and the patient, still weak, ill, and unfit for work, must make way for others who are in a worse case than himself. But this is often just the critical period, when a week or two may decide whether they will regain their wonted strength and vigor, or slowly sink into confirmed ill-health. Their imperative need is not medicine, but fresh air, wholesome, nourishing food, comfort and freedom from care. These they often cannot possibly obtain in their crowded, ill-ventilated homes, and some even sadder cases have nowhere to go, and after a few weeks of hopeless struggle, drift back to the hospital in a far worse state than they were before. For all these, as well as for tired mothers and over-worked toilers, to whom a fortnight's rest might prove a prolongation of life and usefulness, Hillcrest was designed.

In compliance with the plans of the donors and Trustees, a small weekly fee is charged. This is put at $2.40 per week, which is 40 cents less than the rate charged in the public wards of the General Hospital, viz., $2.80. But with this small rate of payment Hillcrest is not, nor will it ever be, entirely self-supporting, if we are to maintain a high standard of excellence. Recognizing this fact, it has been proposed to endeavor to secure a small sum as an endowment fund, the interest of which could be used every year. Miss Evans, our kind friend, has promised if it is raised to start it with a donation of £100 sterling. But this fund is as yet a long way off in the future, and for some years the utmost that we hope for is that with the kind assistance of our friends we may be able to pay our way.

During the year 130 patients have been received at Hillcrest A few of these were chronic cases for whom no permanent re-establishment of health could be expected, but even in these, except in two cases, the general improvement has been very marked. Of the other class all without exception have gone away much benefitted by their stay, the gain in health and strength being sometimes almost marvellously rapid. Most of the patients have come on City orders from the General Hospital, the rest from their own homes, where they either pay for themselves or are maintained by private charity, or by the church to which they belong. The managers hope that this second class will be much larger in the future than it has been in the past; for many a weary toiler among our poorer brothers and sisters might be saved months of pain and weakness by a little timely rest and change. The charge for maintenance is so small that we feel sure many would

gladly spend the money that they set aside for charitable purposes in a way that would be so beneficial to the poor.

During the year the Home has been very highly favored in having Miss Scoble, who has generously given her services as Lady Superintendent. She has put her whole heart into the work of making the Home a success, and to her the opening prosperity of this, the first year, is mainly due. It was indeed with great regret that we learned that she was obliged to leave us. We would most heartily thank her for all that she has done for Hillcrest, and we wish her a pleasant journey and a safe return to her numerous Toronto friends.

After Miss Scoble left Miss Fox most kindly offered her services to the Home, and remained with us until July, when the new Matron took charge.

Our new Lady Superintendent is Miss Law. We hope and believe that she will carry forward with true success the work begun by her predecessors.

Our thanks are due to Dr. Spencer, who has chief medical charge of the Home ; to Dr. O'Reilly, of the General Hospital, and to the other doctors who may have visited their patients at Hillcrest ; to the students of Wycliffe, Knox and Trinity Colleges, and McMaster Hall, who have by turns held services on Sunday afternoon in the Home, and also to all the kind friends who have helped us in various ways, especially those who at Christmas or through the year have sent donations of provisions or goods.

In conclusion, we hope for the future to be able to preserve the home-like aspect and features of Hillcrest, so that it may be, according to the aspirations of its foundress, less an institution than a *home*—a quiet, happy resting-place, where the sick and the weary may gather new courage and strength before they go out again to the battle of life. May the time never come when rules as rules, or dollars and cents shall be considered before the comfort and well-being of those for whom the Home was founded.

S. MICKLE, SECRETARY.

The Treasurer's report, which will be found annexed, was then read by Dr. W. H. Ellis, after which short addresses were given by Rev. Dr. Thomas, Mr. Wm. Gooderham, Mr. Carpmael, and Rev. Hugh Johnston.

At the close of the meeting, Mr. Hoskin, on behalf of the Lady Managers, presented Miss Scoble with a handsome travelling clock as a slight token of their high appreciation of her services.

DONATIONS, 1886-88.

Mrs. Duncan-Clark	$ 5 00
A Friend, per Mrs. Duncan-Clark	5 00
Sheriff Jarvis	5 00
M. G.	5 00
F. Perkins	10 00
Well-wisher	1 00
J. Lewis	2 00
Mrs. W. Douglas	1 00
Miss Saunders	5 00
Blake, Kerr, Holman & Cassels	25 00
Mrs. E. Blake	95 00
Mrs. Sampson	2 00
Mrs. A. B. Lee	5 00
Mrs. Wyld	10 00
Dr. Wilson	5 00
E. Gurney	2 00
Miss Langton	10 00
Miss Lay and friends	3 00
R. Kilgour	10 00
J. Davidson	20 00
Mrs. Riordan	2 00
A. C.	1 00
Mrs. S. Macklen	5 00
Miss Mickle	6 00
W. H. Howland	22 00
Mrs. Gibb	10 00
Rev. G. M. Wrong	5 00
Friends (at opening of Home)	$24 30
His Excellency the Gov.-General	100 00
Mr. Neil Currie	25 00
Mrs. Creelman	1 00
J. Rawlinson	50
Mrs. T. Thompson	5 00
Mrs. S. Nordheimer	50 00
Mrs. Crooks	1 00
Elias Rogers	20 00
Mrs. Jarvis	5 00
A Friend (per M. G.)	5 00
Mrs. Macklem	1 00
A client of J. Stark	50 00
Mrs. W. H. Howland	5 00
J. Davidson	20 00
Mrs. H. Gooderham	10 00
Gen. Keer	1 00
Mrs. Topp	15 00
Mrs. Clark	15 00
Mrs. Gibson	5 00
Mrs. Miller	1 00
Mrs. Hoyles	4 00
Mrs. Ellis	20 00
Mrs. Montezambert	2 00
Mrs. Macdonald	5 00
Total - -	$667 80

SUBSCRIPTIONS.

Collected by Mrs. Hoyles.

Moss, Hoyles & Barwick	$10 00
Mrs. John Cawthra	5 00
Mrs. Hoyles	5 00
Mrs. R. H. Bethune	5 00
Lady Macpherson	5 00
Lady Macpherson	10 00
H. Covert (Port Hope)	5 00
Samuel Taylor	5 00
H. & C. Blachford	5 00
Gzowski & Buchan	5 00
John N. G. Hagarty	5 00
Dr. Howitt	2 00
Mrs. Maxfield Sheppard	1 00
	$68 00

Collected by Miss Greig.

Robert Jaffray	$20 00
Sheriff Mowat	10 00
G. W. Rathburn (Deseronto)	10 00
W. B. McMurrich	10 00
Fred. J. Stewart	10 00
Lady Wilson	5 00
Mrs. Greig	5 00
James Maclennan	5 00
E. R. Greig	5 00
Mrs. A. S. Ball (Woodstock)	50
	$80 50

Collected by Mrs. Gibson.

Mrs. Stephen Heward	$10 00
A. H. Campbell	10 00
Mrs. A. Gibson	10 00
Mrs. W. Howland	5 00
Mrs. Manning	5 00
Dr. Daniel Wilson	5 00
Miss Michie	5 00
George S. Michie	5 00
	$55 00

Collected by Mrs. Cockshutt and Miss Parsons.

Mr. George Goulding	$25 00
Mr. Charles Cockshutt	10 00
The Misses Carty	10 00
Mr. James Scott	10 00
Mrs. Pollard	10 00
Mr. James Webster	5 00
Mrs. Hugh Macdonald	5 00
Mrs. Topp	5 00
Mrs. W. M. Clark	5 00
Mrs. John Leys	5 00
Mr. George Craig	5 00
Mr. John Kerr	5 00
Mr. George Ritchie	5 00
Mrs. Moerschfelder	2 00
Mrs. John McBean	2 00
A Friend	2 00
Mrs. H. Nelson	1 00
	$112 00

Collected by Mrs. A. B. Lee.

Mrs. Arthur Lee	$5 00
Mrs. A. Nairn	5 00
Mrs. H. W. Nelson	5 00
Mrs. H. E. Clark	5 00
W. A. Murray & Co.	5 00
Walter S. Lee	3 00
Thomas H. Lee	2 00
Mrs. W. Taylor	1 00
Mrs. Joseph Lee	1 00
Mrs. Grantham	1 00
Mrs. John Brown	1 00
A Friend	1 00
J. Henderson	1 00
Mrs. Fitch	1 00
J. Cleghorn & Son	1 00
Thomas Clayton	1 00
Miss Richardson	50
Mrs. W. C. Crowther	50
	$40 00

Collected by Miss O'Brien.

A Friend (Barrie)	$10 00
Mrs. Gowan (Barrie)	5 00
A. G. Strathy	2 00
Two Little Friends	10
A Friend (Barrie)	12 00
J. A. Strathy (Barrie)	5 00
H. H. Strathy (Barrie)	5 00
Richary Power (Barrie)	5 00
Mrs. Henry O'Brien	5 00
Christopher Robinson	5 00
Hon. G. W. Allan	5 00
A Sympathizer	5 00
A. Gowan Strathy	3 00
Major Evans	2 00
J. R. Strathy	2 00
Mrs. Strathy	2 00
	$73 10

Collected by Mrs. B. E. Walker.

McMaster, Darling & Co.	$25 00
George A. Cox	25 00
A. M. Cosby	20 00
B. E. Walker	20 00
Wm. B. Hamilton	15 00
Kilgour Bros.	10 00
J. H. Plummer	10 00
A. A. Allan & Co.	10 00
H. A. Nelson & Sons	10 00
Mrs. S. J. Williams	10 00
John Gowans	5 00
John Catto & Co.	5 00
Dr. A. A. Macdonald	5 00
H. S. Howland & Sons	5 00
H. Bourlier	5 00
John Y. Reid	5 00
	$185 00

Collected by Mrs. Wyld.

Wyld, Grasett & Darling	$10 00
Eby, Blain & Co.	5 00
Northrop & Lyman Co.	5 00
Mr. F. Wyld	5 00
Mrs. McLean Howard	2 00
Mr. Campbell Macdonald	2 00
Mrs. Campbell Macdonald	2 00
Mr. J. Dudgeon	2 00
Ryrie Bros.	2 00
	$35 00

Collected by Mrs. Vandersmissen.

George Gooderham	$50 00
T. G. Mason	20 00
J. H. Mason	20 00
B. B. Osler	20 00
Edmund Osler	20 00
John Macdonald	20 00
William Macdonald	10 00
John Hoskin	10 00
W. H. Beatty	10 00
Charles Riordon	10 00
Edward Hooper	10 00
Moss, Falconbridge & Barwick	10 00
	$210 00

Collected by Mrs. Duncan-Clark.

Mrs. W. M. Morse	$5 00
Mrs. W. Davidson	5 00
Mrs. Wanless	5 00
Mrs. John Burns	5 00
S. C. Duncan-Clark	5 00
Mrs. Worthington	2 00
Mrs. James Worthington	2 00
Mrs. Dwight	2 00
Mrs. Blaikie	2 00
Mrs. Elwood	1 00
Mrs. Lennox	1 00
Mrs. Scott	1 00
Mrs. Johnstone	1 00
Tolchard & Irwin	50
	$37 50

Collected by Miss Burton.

Prof. Boys	$5 00
W. S. Taylor	5 00
Friends	3 03
	$13 03

Coll. by Mrs. E. Blake	$10 25
" Miss Muttleberry	10 00
" Miss Mickle	5 00
" Miss Morris	5 00
" Mrs. Gunther	5 00
" Mrs. Wakefield	4 25
" Miss McKenzie	3 00
Rowsell & Hutchison (donation)	1

TRUSTEES' ACCOUNT.

1885.		
April 10	Cash paid into People's Loan by Miss Evans for building Convalescent Home	$6,775 00
June 30	Interest on Bank Accouut	56 46
Sept. 15	Cash from Miss Evans, being proceeds of £1,000 sterling	4,838 88
Dec. 31	Interest on Account	182 86
1886.		
June 30	Interest on Account	91 16
	Interest on Account	22 33
		$11,966 69

Advertising Builders and Contractors, *Globe* and *Mail* ....$	24 00
Excavating, Masonry, Bricklaying, etc.	3,672 00
W. G. Storm, Architect	497 48
Carpenters' and Joiners' Work	3,882 63
For Coal	40 00
" Plastering	450 00
" Painting	473 76
" Slating	316 00
" Insurance	112 00
" Surveying	34 55
" Galvanized Iron Work	317 00
" Plumbing	293 78
" Grates, etc.	90 00
" Scrubbing and Cleaning	15 00
" Furnace, etc.	365 89
" Earth Closets	102 00
" Window Blinds and Fixtures	56 00
" Fencing, Sidewalks, etc.	113 01
" Furniture and Hair Mattresses	301 55
" Beds and Wire Mattresses	144 00
" House Linen, Blankets, etc.	211 01
" Carpets and Matting	98 84
" Furnishing Sundries	114 46
Cheque for Balance	241 73
	$11,966 69

LADIES' FURNISHING COMMITTEE ACCT.

Cheque for balance from Trustees for Furnishing	$241 73

Kitchen and Laundry Furnishing	$ 82 80
Carpentering	17 49
Furniture	62 04
Houselinen and Carpet	70 20
China	5 15
Balance to Treasurer as per her account	4 08
	$241 37

LADIES' FURNISHING COMMITTEE ACCT.

(CONTINUED)

Received cheque from Mr. Wm. Gooderham, being balance of $500 given by him for furnishing, etc. $150 75

Furniture	$36 95
Carpet	14 40
Houselinen, Blankets, etc.	51 90
Kitchen Utensils, China, etc.	31 74
Balance to Treasurer	15 76
	$150 75

The sum of $500 mentioned in the Secretary's Report as having been given by Mr. Wm. Gooderham, was partly spent by him during the winter of 1886 and 1887 in wages to caretaker, coal, grading, etc. On the opening of the House on March 1st, a cheque for the balance, viz., $150 75, was given by Mr. Gooderham to the Ladies' Furnishing Committee and spent by them as above, the balance, $15 76, being handed by them to the Treasurer as per her account.

TREASURER'S STATEMENT.

1886 to 1888.

To amount of subscriptions	$ 1,605 93
" Annual Fee	41 00
" received from City for Patients	375 65
" " Private Patients	165 00
" " Patients, paid for by Churches and Friends	177 62
To balance of Furnishing Acct., per Mrs. Gunther	4 08
" " per Mr. W. Gooderham	15 76
To amount grant from Ontario Government	75 35
	$2,460 39

1888.

By amount expended for Provisions	$ 170 32
" " Groceries	404 31
" " Meat	246 79
" " Labor and Wages	476 07
" " Milk	81 11
" " Light and Fuel	331 33
" " Extra Furniture	193 84
" " Washing	42 05
" " Medicine	19 41
" " Printing, Stationery and Advt'g	63 54
" " Building Account	187 75
By balance in hands of Treasurer	243 87
	$2,460 39

C. H. BARNETT, *Treasurer.*

Having examined the cash book of the Convalescent Home, of which the above is a summary, and having compared the expenditure with the vouchers and receipts, I hereby certify as to the correctness of the foregoing.

JOHN S. BARBER, *Auditor.*

CONSTITUTION.

I.—This Institution is to be known as " Hillcrest " and is intended for the benefit of Convalescents leaving hospitals or living in homes where their recovery is retarded by the want of needed rest and change.

II.—It is to be managed by a Committee of not more than thirty (30) ladies to be elected annually. The Board will nominate its successors in office and send the names of half the number so nominated to the Trustees and half to the Mission Union for approval as provided by the Deed.

III.—The said Committee shall elect by ballot out of its number a President, two Vice Presidents, a Treasurer and a Secretary.

IV.—The President shall preside at all meetings at which she is present, or in case of her absence, then one of the Vice Presidents ; in case of their absence, such other person as the meeting may select.

V.—Five members of the said Committee shall form a quorum.

VI.—The regular weekly meetings shall be held on Friday of each week. The regular monthly meeting shall be held on the first Friday of each month, unless some other day is fixed upon at a previous regular meeting.

VII.—The funds necessary for supporting this Insitution shall consist of fees, voluntary subscriptions, donations, bequests, etc

VIII.—All moneys received shall go to the Treasurer who shall keep an account of the same and pay out same on the order of the said Committee.

IX.—Changes can be made in the Constitution, subject to the approval of the Trustees, at any regular monthly meeting of the Committee, notice having been given in writing of the intended change at a previous regular monthly meeting.

BY-LAWS.

ARTICLE I.

The Board of Managers shall hold its monthly meetings on the first Friday of the month at 11 a.m., at such place as it shall appoint. Five members shall constitute a quorum. Weekly meetings shall be held each Friday morning.

ARTICLE II.

The President shall have general supervision of the work. She shall preside at all meetings of the Society, or of the Board of Managers, and shall perform such other duties as are incident to the offices. She shall sign all drafts upon the Treasury before they are paid.

ARTICLE III.

The Treasurer shall receive and keep in some chartered bank all the monies collected, and shall disburse them as the Board of Managers shall direct. She shall report the state of the treasury at each monthly meeting. Her annual report shall be examined by auditors appointed by the Board of Managers.

ARTICLE IV.

The Secretary shall give notice of stated and special meetings, keep the minutes of the same, and prepare the annual report of the Board of Managers.

ARTICLE V.

Any person desiring admission to the Home on a City Order, must procure and send to the City Health Officer: (1) A medical certificate that the applicant is a fit subject for admission, (2) A recommendation from some member of the Board, showing that the applicant cannot afford to pay the ordinary charges.

ARTICLE VI.

Any person desiring admission to the Home as a paying patient, must present to the Lady Superintendent at the Home, a medical certificate of fitness of admission, and must pay in advance for one week's board, or must present a letter from some member of the Board or other person, satisfactory to the Board, agreeing to be responsible for the charges of the Home for such applicant during a specified time.

ARTICLE VII.

Any doctor sending in a patient shall be at liberty to visit such patient while at the Home.

ARTICLE VIII.

Infectious and contagious cases are not fit subjects for the Home.

ARTICLE IX.

Unmarried women with infants cannot be admitted, nor any woman known to be leading an immoral life.

ARTICLE X.

A small quantity of alcoholic liquor for use in extreme cases or by medical order, may be kept in the Home, but must be in charge of the matron under lock and key, and only administered by the matron, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

ARTICLE XI.

The Ladies composing the Board of Managers shall visit the Home weekly in rotation, and enter a report personally or in writing at the weekly meeting.

ARTICLE XII.

The Managers may appoint from time to time Committees from among themselves to attend to any special duties. As a rule such Committees shall consist of not less than three, and not less than two shall be considered a quorum to act. These Committees, for the sake of regularity and for future reference, shall as a rule report to the Board in writing.

SECOND REPORT

— OF THE —

HILLCREST

CONVALESCENT HOME

From MAY, 1888 to OCT., 1889

TORONTO
APTED BROS., PRINTERS, 40 COLBORNE STREET
1889

SECOND REPORT

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HILLCREST

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From MAY, 1888 to OCT., 1889

TORONTO
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1889

...*Board of Management*...

President ..	MRS. GIBSON	64 St. Albans Street
Vice-Presidents	MRS. GUNTHER ..	Bellevue, Davenport Rd.
	MRS. HOYLES	.. 262 College Street
Treasurer ..	MISS M. L. GREIG	17 Queen's Park
Secretary ..	MISS S. MICKLE	Queen's Park W.

. . . *Committee* . . .

MRS. BARNETT, ...	66 Gloucester Street
" E. BLAKE, ...	467 Jarvis Street
" COCKSHUTT, ...	462 Sherbourne Street
" GIBB, ...	621 Church Street
" GZOWSKI, ...	"The Hall" Bathurst St.
" HOSKIN, ...	"The Dale" Rosedale
" JARVIS, ...	258 Jarvis Street
" LEE, ...	414 Jarvis Street
MISS LAY, ...	348 Jarvis Street
" SEWELL, ...	623 Church Street
" O'BRIEN, ...	383 Sherbourne Street
" PARSONS, ...	236 Jarvis Street
" MORRIS, ...	471 Jarvis Street
MRS. SHORTISS, ...	115 St. George Street
" VANDERSMISSEN, ..	15 Surrey Place
" WAKEFIELD, ...	Davenport Road
" WYLD, ...	127 St. George Street
" DAVIDSON, ...	146 St. George Street
" HODGINS, ...	92 Pembroke Street
" COSBY, ...	200 College Street

. . . *Medical Staff* . . .

DR. B. SPENCER, ...	8 Bloor Street E.
DR. H. T. MACHELL, ...	95 Bellevue Ave.
DR. D. J. GIBB WISHART, ...	36 Carlton Street
DR. P. STRATHY, ...	23 Esther Street
DR. A. PRIMROSE, ...	196 Simcoe Street

Hillcrest Convalescent Home

The Annual Meeting

of this Institution was held on Saturday, October 12th, in the Library of Association Hall. The Mayor of Toronto was present and occupied the chair. As the Bishop of Toronto was unable to be present, Mr. Lewis on his behalf opened the meeting by reading the parable of the good Samaritan. The opening prayer was offered by the Rev. A. H. Baldwiu, of All Saints Church.

Letters were then read from Sir Daniel Wilson, Dr. Potts, Dr. Sutherland and others, regretting their inability to be present.

The Secretary's Report was then read by the Rev. Dr. Parsons, of Knox Church, who moved its adoption.

Secretary's Report

THIS, the second Report issued by the Board of Managers, covers the space of a year and a half, or, to be quite correct, seventeen months. The date of the Annual Meeting has thus been changed from April to October. As the official returns for the government are made up to September 30th of each year it was thought desirable by the Board that our year should end at the same time. By so doing we avoid confusion and a second closing of the Treasurer's books, and our report to the public will in future coincide with that made to the Government.

During the seventeen months, 296 patients have been admitted into the Home. Of these, 282 have been discharged, and 3 have died in residence, leaving 11 now in the Home. This shows a large increase over the number of our last report; but while we are glad of the increase we are not satisfied with it and shall not be satisfied until every bed is filled all the time and we are obliged to enlarge our Home. This will happen just as soon as our work becomes fully known and appreciated; that day, we hope, is not far distant.

Of these 296 patients, 242 have been sent to us from the General Hospital, and have been paid for by the city; 45 have been sent by friends, churches, etc., or have paid for themselves; while for the remainder (9) there has been no remuneration received.

It has been mentioned that three patients died while in the Home. Of these, two were sent from the Hospital in an almost dying condition; the other, a paying patient, was very low when sent in. She was suffering from malaria and came too late for good nursing and change of air to effect a recovery, and though she rallied somewhat for a day or two, she died within a week. The Committee has taken steps which we hope will for the future prevent the admission of patients in that state to the Home.

Miss Law is the matron in charge. She has now been with us over a year, and to her unfailing goodness, her wise discrimination, we are greatly indebted. Her position is not an easy one. The patients under her care are gathered from all sources. They do not expect to remain there long and so a great incentive to good behavior is wanting. Any influence that is brought to bear on them must be quickly exercised and must be so unobtrusive as not to be resented. Above all there must be no favoritism to give rise to endless jealousies. But Miss Law is sufficient for these things. She is just and kind to the ungrateful and the selfish as well as to the pleasant and contented. Without the assistance of a resident medical officer, or even of a steward, she has so managed the Home that no difficulty or trouble has arisen among the patients. Many friendly visits and grateful letters of thanks prove that the former inmates look back with pleasure to the weeks spent under her care. One writes "It is just a week ago this morning since I left your comfortable and most beautiful Home and it seems more like a month to me. I can never thank you enough for all you did for me." Another says "I am unable to find words good enough or sufficient to show how much I appreciate the unremitting kindness and attention I have received from you during my stay at the Home." Last spring the Board had a substantial token of the gratitude felt by some of them. Two of the inmates, painters by trade, on their recovery, announced to the matron that they would like to do something to make their stay in the Home remembered. By their willing work the house was kalsomined and painted from garret to basement and assumed its present cheery appearance. The Board of

course supplied the materials and allowed them to stay at Hillcrest while the work was in progress.

There is, it is hardly necessary to say, a difficulty in getting precisely the class of patients for whom the Home was designed. In this respect we feel there is room for improvement. Our ideal patient ought to come in very weak and ill, and leave at the end of two weeks perfectly restored to health and properly grateful. We will never be over-crowded with just this class. While we wish and will endeavor to exclude the merely clamorous and the maligner, we do not desire to close the doors of Hillcrest against the suffering and the weary, with cast-iron rules and regulations.

The following three cases are selected from those who have been at the Home, not because there is anything specially distinctive about them, but because they happen to be personally known to me. The first is that of L. W., a girl of nineteen, who came to the Home from Oakville.

She was recovering from a severe illness, but had for weeks made no progress, and was just in that weak, moody, miserable state which might graduate into hypochondria or end in a return of the disease. After three weeks at Hillcrest she was so well that her mother thought it would be trespassing on the kindness of her friends to stay longer and took her home. It was with some misgivings that she was recommended to a situation as nurse, but she proved to be most satisfactory, cheerful, and obliging, and now, months afterwards, is the picture of health.

The second is that of W. W., a man 35 years of age, whose feet had been crushed in an accident on the railway. He was a respectable and well-educated man, but after having been ill for months, his money was gone, his clothing worn out, and he arrived at Hillcrest in a most destitute condition. Fortunately we were able to supply him with what he needed, and he grew rapidly better while in the Home. After being there a month he went out, but found that he was not yet able to stand tramping about looking for work, and in nine days he was re-admitted to the Home. The second time he was there for three weeks, and as he grew better he continually busied himself about the house and grounds. Since leaving, he has written to the matron that he has steady employment, although walking on rough ground still tries him, and he adds "I beg to thank you very much for your

kindness to me during my misfortune, without your interest in me I don't know what would have become of me."

The third is that of a dear old woman who has been with us for some time. She has no home to go to and as her bed was not needed, we have been willing to let her stay. A true Christian, her gentle, sunny influence has been felt for good in the ward.

In common with almost every other charity in the city, we have this year sustained a loss in the death of Mr. William Gooderham, from whose wide-spread benevolence we too had profited. It was Mr. Gooderham who gave the acre of land on which the Home was built and who again in 1886 came to the assistance of the Committee by giving the sum of $500 to finish the grading and for furnishing. He had also promised the Institution an entrance into the Home when the land owned by him in that neighborhood should be laid out into building lots. Of this promise, we are sure that death alone prevented the fulfilment, and we feel there is no doubt that his executors will carry out what were known to be his intentions in this respect. Besides this, Mr. Gooderham at various times sent patients in whom he was interested to the Home, and on some occasions held services there. The poor and the suffering have indeed lost a friend by his death.

This year as the number of patients had increased, it was decided to add to the number of physicians in attendance. Dr. Primrose, Dr. Wishart, Dr. Strathy, and Dr. Machell with Dr. Spencer now form the medical staff, and will visit by turns at the Home.

With the assistance of the kind friends who have subscribed to our funds, we have this year been enabled to pay our way, and even to present a balance in hand to date of September 30th, of $923.70. Out of this, September's bills amounting to upwards of $150 have been incurred and must be paid. The winter's heavy expenses too are coming on, besides which there are several expensive alterations which must be made in the near future, to increase the efficiency and lessen the labor of carrying on the Home, such as the bringing in of a water-supply, double windows, etc.

Our thanks are due to those kind friends who have subscribed to our funds, to the press for their courtesy in inserting items, to those who have at Christmas or through the year sent in donations of provisions, clothing, books, pictures, etc., to those tradesmen who have liberally allowed a discount on articles bought for the Home, to the

Doctors who have recommended patients to Hillcrest and who have visited them there, to the staff, especially to Dr. Spencer, who, up to August last has been in sole charge of the Home, to the clergy or others who have visited and read to the patients, to those laymen in particular, who, with unfailing regularity, have every Sunday conducted services which have been most highly valued by the inmates at the Home.

S. MICKLE, *Secretary*.

Rev. Mr. Lewis kindly seconded the adoption of this Report.

The Treasurer's Report which will be found elsewhere was then read by N. W. Hoyles, Esq., who moved that it be adopted as read, which motion was seconded by the Rev. A. H. Baldwin.

The names of the ladies on the Board of Management for the incoming year were read by Rev. Dr. Thomas and their nomination seconded by a friend in the audience.

After a vote of thanks to the Mayor for his services as Chairman, on motion of Dr. Parsons seconded by Mr. Hoyles, the benediction was pronounced and the meeting dispersed.

The Home can legally receive any amount of money which may be given or bequeathed to it. The bequest in the will may be in the following form :—

"I give and bequeath to the trustees of the Hillcrest Convalescent Home, Toronto, the sum of dollars, to be paid out of pure personalty."

DONATIONS

From May 1888 to October 1889

Mrs. Edward Blake	$150 00
Mrs. Hoyles	110 00
Mrs. Alexander Cameron	50 00
Mrs. S. Nordheimer	40 00
Blake, Lash & Cassels	25 00
Mr. John Hoskin	20 00
A friend of the poor (per Treas. C'ty of York)	15 00
Miss Langton	10 00
Mrs. Jarvis	10 00
Mr. B. B. Osler	10 00
Moss, Barwick & Franks	10 00
Elias Rogers & Co.	10 00
Jury Fees (of a gentleman attending Spring Assizes) per Treasurer County of York	6 00
Mr. J. G. Howard	6 00
Rev. G. M. Wrong	5 00
Mrs. Beardmore	5 00
Rev. Prof. Boys	5 00
Mr. Wakefield	5 00
Mrs. Oliver Macklem	5 00
Miss McCord	1 00
Mrs. Crooks	1 00
Mrs. Barnett	1 00
Miss Mickle	1 00
Mrs. Jacques (per Miss Muttlebury)	5 00
Collected by Mrs. Cockshutt	10 00
Collected by Miss Mickle	5 00
Collected by Mrs. Hoyles	2 00
	$523 00

Donations of Clothing, Books, Papers, Fruit, Vegetables, etc., have been acknowledged from time to time in the daily newspapers.

SUBSCRIPTIONS

The City not having been divided by the Hillcrest Convalescent Home Committee into districts for regular annual collections, the public are earnestly requested to send voluntary contributions to assist the ladies who have kindly collected from the following list of frienes, as funds are much needed to carry on this useful and excellent work.

Collected by Mrs. Cockshutt and Miss Parsons.

The Misses Carty	$10 00
Mr. Charles Cockshutt	10 00
Mr. George Goulding	10 00
John Kay, Son & Co	10 00
Mr. James Scott	10 00
Mrs. H. M. Clark	5 00
Mrs. John Leys	5 00
Mrs. Topp	5 00
Mr. George Ritchie	5 00
" John Kerr	5 00
" W. M. Clark	5 00
" James Webster	5 00
" George Craig	5 00
Mrs. K. McDonald	4 00
" Alexander	2 00
" J. L. Brodie	2 00
Dr. Howitt	2 00
Total	$100 00

Collected by Mrs. Gibson.

Mr. A. H. Campbell	$10 00
Mrs. S. Heward	10 00
" A. Gibson	10 00
Sir Daniel Wilson	5 00
Mrs. W. H. Howland	5 00
" Manning	5 00
Mr. G. S. Michie	5 00
Mrs. Gzowski	4 00
Miss Michie	3 00
Mrs. Maxwell Sheppard	1 00
Total	$58 00

Collected by Miss Greig.

Mr. Sheriff Mowat	$10 00
" W. B. McMurrich	10 00
Mrs. E. W. Rathbun, Desoronto	10 00
Mr. F. J. Stewart	10 00
Lady Wilson	5 00
Mrs. Greig	5 00
Mr. Justice Maclennan	5 00
" E. R. Greig	5 00
" A. M. M. Kirkpatrick	2 50
Total	$62 50

Collected by Miss Gunther.

Mr. John I. Davidson	$20 00
Mrs. E. Gunther	10 00
" T. Thompson	5 00
" J. Burns	5 00
Total	$40 00

Collected by Mrs. Jarvis.

Mrs. Becher	$10 00
" Jarvis	8 00
Mr B. Homer Dixon	5 00
Miss Macklem	2 00
Total	$25 co

Collected by Mrs. A. B. Lee.

Mrs. H. E. Clarke	$5 00
" Fitch	5 00
" H. W. Nelson	5 00
" Crowther	2 50
" G. S. Ryerson	2 50

Mrs. Joseph Lee	2 00
Lee & Chillas	2 00
Mrs. W. Crowther	1 00
" Tackaberry	1 00
" J. Roaf	1 00
Mr. J. Brown	1 00
Total	$28 00

Collected by Miss S. Mickle.

Mrs. Ellis	$10 00
Aikenhead & Crombie	5 00
Mrs. W. Douglas	1 00
Total	$16 00

Collected by Miss Morris.

Mr. George Gooderham	$50 00
Hon. John McDonald	10 00
Mr. E. Hooper	5 00
Mason & Risch	5 00
Mr. Edmund Osler	5 00
" W. H. Beatty	5 00
Mrs. James Henderson	5 00
" R. H. Bethune	5 00
Lady Macpherson	5 00
A Friend	1 00
A Friend	1 00
Total	$97 00

Collected by Miss O'Brien.

Mr. W. H. Howland	$10 00
" E. A. McDonald	10 00
Mrs. Henry Gooderham	10 00
Kilgour Bros	10 00
Mrs. Henry O'Brien	5 00
Mr. Christopher Robinson	5 00
Mr. J. H. Mason	5 00
Mrs. George A. Cox	5 00
" Walter Gillespie	5 00
" Hayne	5 00
Mr. E. F. Hebden	5 00
Hon. G. W. Allan	5 00
Mr. W. B.-Simpson	5 00
A Friend	5 00
Mrs. O'Brien, Shanty Bay	4 00
" E. Baldwin	4 00
Mr. A. G. Strathy	3 00
Rev. J. McQueen Baldwin	3 00
Mr. J. R. Strathy	2 00
Mrs. A. Gooderham	2 00
" Robert Gooderham	2 00
" Robert Baldwin	2 00
" Strathy	2 00
" Greey	2 00
" F. Grasett	2 00
" J. W. G. Whitney	2 00
" James Gooderham	2 00
" J. Enoch Thompson	1 50
Mr. G. Gibson	1 00
" J. Massey	1 00
Mrs. Thacker	1 00
" Grant McDonald	1 00
Major Evans	1 00
Mrs. DesBarres	1 00
" C. Fleming	1 00
" Snelling	1 00
" H. G. Baldwin	1 00
" J. D. Cayley	1 00
" Body	1 00
" H. Grasett	1 00
" J. G. Greey	1 00
A Friend	50
Total	$137 00

Collected by Mrs. Shortiss.

Mrs. J. Worthington	$3 00
" William Davidson	2 00
" Duncan Clark	2 00
" G. H. Watson	2 00
A Well Wisher	1 00
Mrs. McMichael	1 00
" Copland	1 00
" Scott	1 00
" J. D. Oliver	1 00
Mr. M. M. Dwight	1 00
A Friend	60
Mrs. Quinn	50
" Cowan	50
" Armstrong	50
A Friend	50
Total	$17 60

Collected by Mrs. Byron Walker.

McMaster, Darling & Co.	$25 00
Mr. G. A. Cox	25 00
" A. M. Cosby	20 00
" William B. Hamilton	20 00
Mr. B. E. Walker	20 00
Mrs. S. J. Williams	10 00
Mr. J. H. Plummer	10 00
H. A. Nelson & Sons	10 00
John Gowans	5 00
John Catto & Co	5 00
A Friend	1 00
Total	$151 00

Collected by Mrs. Wyld.

Wyld, Grasett & Darling	$10 00
Northrop & Lyman	10 00
Eby, Blain & Co	5 00
Mrs. F. Wyld	5 00
" McLean Howard	2 00
" W. C. MacDonald	2 00
Mr. W. C. MacDonald	2 00
" John Dudgeon	2 00
Ryrie Bros	2 00
Total	$40 00
	$772 10

TREASURER'S STATEMENT.

Receipts and Expenditures from 1st May, 1888, to 30th Sept., 1889.

RECEIPTS.

Balance on hand, 1st May	$ 243 87
Received from Government of Ontario	514 05
" City of Toronto, Grant	100 00
" " " for Patients	1661 60
" County of Ontario for Patient	24 00
" Private Patients, and Patients paid for by Friends	926 30
" Subscriptions	1295 10
" Other Sources	49 89
	$4814 81

EXPENDITURE.

Expended for Meat	$ 648 99
" Butter	206 59
" Spirits	22 70
" Flour, Bread, and Meal	256 96
" Milk	272 82
" Potatoes and Vegetables	118 06
" Groceries	531 20
" Advertising, Printing, Postage, etc	47 90
" Soap, Brushes, and Cleaning Appliances	42 79
" Fuel	342 60
" Furniture and Furnishings	191 34
" Grounds, Cultivating	7 50
" Oil and Lights	31 75
" Medicine	44 37
" Repairs	217 04
" Live Stock	6 25
" Salaries and Wages	740 32
" Insurance	63 00
" Other Expenses	48 93
Cash carried to Endowment Fund	50 00
Cash balance on hand	923 70
	$4814 81

Endowment Fund, 1889

DR.

Received from	Miss Evans	$480 00
"	Cash Account	50 00
"	Toronto L. & I. Corp't, Interest on Deposit	26 50
		$556 50

CR.

Special Deposit Toronto Land and Investment Corporation	$530 00
Interest Credited, 9th May, 1889	26 50

M. R. GREIG, Treasurer.

Having examined the Cash Book of the Convalescent Home, of which the above is a summary, and having compared the expenditure with the vouchers and receipts, I hereby certify as to the correctness of the foregoing.

W. GILLESPIE, Jr., Auditor.

Constitution

I.—This Institution is to be known as "Hillcrest" and is intended for the benefit of Convalescents leaving hospitals or living in homes where their recovery is retarded by the want of needed rest and change.

II.—It is to be managed by a Committee of not more than thirty (30) ladies to be elected annually. The Board will nominate its successors in office and send the names of half the number so nominated to the Trustees and half to the Mission Union for approval as provided by the Deed.

III.—The said Committee shall elect by ballot out of its number a President, two Vice-Presidents, a Treasurer and a Secretary.

IV.—The President shall preside at all meetings at which she is present, or in case of her absence, then one of the Vice-Presidents; in case of their absence, such other person as the meeting may select.

V.—Five members of the said Committee shall form a quorum.

VI.—The regular weekly meetings shall be held on Friday of each week. The regular monthly meeting shall be held on the first Friday of each month, unless some other day is fixed upon at a previous regular meeting.

VII.—The funds necessary for supporting this Institution shall consist of fees, voluntary subscriptions, donations, bequests, etc,

VIII.—All moneys received shall go to the Treasurer who shall keep an account of the same and pay out same on the order of the said Committee.

IX.—Changes can be made in the Constitution, subject to the approval of the Trustees, at any regular monthly meeting of the Committee, notice having been given in writing of the intended change at a previous regular monthly meeting.

By-Laws

ARTICLE I.

The Board of Managers shall hold its monthly meetings on the first Friday of the month at 11 a.m., at such place as it shall appoint. Five members shall constitute a quorum. Weekly meetings shall be held each Friday morning.

ARTICLE II.

The President shall have general supervision of the work. She shall preside at all meetings of the Society, or of the Board of Managers, and shall perform such other duties as are incident to the office. She shall sign all drafts upon the Treasury before they are paid.

ARTICLE III.

The Treasurer shall receive and keep in some chartered bank all the monies collected, and shall disburse them as the Board of Managers shall direct. She shall report the state of the treasury at each monthly meeting. Her annual report shall be examined by auditors appointed by the Board of Managers.

ARTICLE IV.

The Secretary shall give notice of stated and special meetings, keep the minutes of the same, and prepare the Annual Report of the Board of Managers.

ARTICLE V.

Any person desiring admission to the Home on a City Order, must procure and send to the City Health Officer: (1) A medical certificate that the applicant is a fit subject for admission, (2) A recommendation from some member of the Board, showing that the applicant cannot afford to pay the ordinary charges.

ARTICLE VI.

Any person desiring admission to the Home as a paying patient, must present to the Lady Superintendent at the Home, a medical certificate of fitness of admission, and must pay in advance for one week's board, or must present a letter from some member of the Board or other person, satisfactory to the Board, agreeing to be responsible for the charges of the Home for such applicant during a specified time.

ARTICLE VII.

Infectious and contagious cases are not fit subjects for the Home.

ARTICLE VIII.

Unmarried women with infants cannot be admitted, nor any woman known to be leading an immoral life.

ARTICLE IX.

A small quantity of alcoholic liquor for use in extreme cases or by medical order, may be kept in the Home, but must be in charge of the matron under lock and key, and only administered by the matron, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

ARTICLE X.

The ladies composing the Board of Managers shall visit the Home weekly in rotation, and enter a report personally or in writing at the weekly meeting.

ARTICLE XI.

The Managers may appoint from time to time Committees from among themselves to attend to any special duties. As a rule such Committees shall consist of not less than three, and not less than two shall be considered a quorum to act. These Committees, for the sake of regularity and for future reference, shall as a rule report to the Board in writing.

CHRISTMAS DONATIONS

Mrs. Gzowski, 1 Turkey; Mrs. Gunther, 1 Ham; Swan Bros., per Miss O'Brien, 3 Turkeys; Mrs. Vandersmissen, 1 Turkey; Mrs. E. Blake, 1 Turkey; Mrs. A. Gibson, 1 Turkey; P. V. Capel Dunn, 2 Turkeys; Mrs. Cockshutt, 1 Turkey; Mrs. Hoskin, 1 Turkey; Mr. Wm. Williams, 1 Turkey; Mrs. Greig, Oranges and Flannel Jacket; Miss E. Vandersmissen, Oranges; Miss O'Brien, Figs and Dates; Mrs. Gibb, 1 Goose; Miss Parsons, 1 Goose; Mrs. Hodgins, 1 doz. tins Tomatoes; J. G. Gibson, Figs; Mrs. Hoyles, Raisins, Nuts and Oranges; Michie & Co., Raisins and Currants; Cleghorn & Son, per Mrs. Lee, 1 Barrel Apples; Wm. Davies & Co., 25 lbs. Sausages; Mrs. Nordheimer, 2 Turkeys; Mrs. Cosby, 1 doz. Marmalade, 3 doz. tins Tomatoes, 22 lbs. Rice, 1 doz. Corn Starch, 6 tins Baking Powder, 1 box Soda Biscuits, 1 box Snowflake Biscuits, 4 lbs. Cocoa, 12½ lbs. Currants, 12½ lbs. Raisins, 1 Jar Mustard, 12 lbs. Tapioca, 12 lbs. Sago; Mrs. Wyld, 1 Turkey; Mrs. Byron Walker, 1 Turkey; Mrs. W. Davidson, 1 Goose; Mrs. Wakefield, 1 Turkey and Basket of Apples; Mrs. W. J. Campbell, Cake; Mrs. Clayton, 1 Goose, Mrs. Lee, 1 Turkey, 1 Ham, 1 Goose, Crab Apple Jelly, Raspberry Vinegar; Mrs. Shortiss, 1 Turkey; Mr. Lloyd Wood, Bottle of Carbolic Crystals; Mr. Knowles, Bottle of Iron, Bottle of Turpentine and Bottle of Bromide of Potassium; Mr. Haldenby, Bottle of Glycerine; Mr. Hugh Miller, Bottle of Ammonia; Mr. Hooper, Bottle of Oil of Camphor; Mr. Howard, $6.00; Mrs. G. L. Brodie, $1.00; Miss Mickle, $1.00; Mrs. Duncan Clark, Number of "Graphics"; Mrs. Harvey, "Sunday at Home."

THIRD REPORT

—OF THE—

HILLCREST

CONVALESCENT HOME

Wells' Hill, Cor. Davenport Road and Bathurst Street

1889-90

TORONTO

APTED BROS., PRINTERS, COLBORNE STREET

1890

THIRD REPORT

— OF THE —

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CONVALESCENT HOME

Wells' Hill Cor. Davenport Road and Bathurst Street

1889-90

TORONTO

APTED BROS., PRINTERS, COLBORNE STREET

1890

BOARD OF MANAGEMENT.

President ..	MRS. A. GIBSON	64 St. Albans Street
Vice-Presidents	MRS. E. BLAKE	467 Jarvis Street
	MRS. HODGINS	92 Pembroke Street
Treasurer ..	MISS M. R. GREIG	17 Queen's Park
Secretary ..	MISS S. MICKLE	.. Queen's Park W

COMMITTEE.

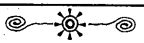
MRS. BARNETT	66 Gloucester Street
MISS AIKENS	29 Wellesley Street
MRS. BYRNE	414 Huron Street
" COCKSHUTT	462 Sherbourne Street
" J. I. DAVIDSON ..	53 St. George Street
" GIBB	621 Church Street
" GUNTHER	Bellevue, Davenport Road
LADY GZOWSKI	"The Hall," Bathurst St
MRS. HOSKIN	"The Dale," Rosedale
" JARVIS	258 Jarvis Street
" A. B. LEE	414 Jarvis Street
MISS LAY..	348 Jarvis Street
" MORRIS	471 Jarvis Street
" O'BRIEN	383 Sherbourne Street
" PARSONS	235 Jarvis Street
MRS. PATERSON	23 Walmer Road
MISS SEWELL	623 Church Street
MRS. SHORTISS	115 St. George Street
" VANDERSMISSEN ..	15 Surrey Place
" WAKEFIELD	Davenport Road

MEDICAL STAFF.

DR. B. SPENCER	8 Bloor Street E.
DR. H. T. MACHELL	95 Bellevue Ave
DR. D. J. GIBB WISHART	36 Carlton Street
DR. P. STRATHY..	98 Beverley Street
DR. ALLAN BAINES	194 Simcoe Street

MATRON	MISS LAW
ASSISTANT MATRON	MISS KEITH

Hillcrest Convalescent Home



The Third Annual Meeting

of this Institution was held at Hillcrest on Thursday, October 9th, at half-past three o'clock in the afternoon. There was a large attendance of the friends and well-wishers of the Institution.

The Mayor of Toronto was present and occupied the chair. The meeting was opened by prayer offered by the Rev. Dr. McTavish.

Letters were then read from Rev. D. J. Macdonnell, Sir Casimir Gzowski, Rev. Dr. Thomas, Mr. John Hoskin, Rev. T. C. Desbarres and others regretting their inability to be present at the meeting.

Mr. O'Brien then moved the adoption of the Secretary's Report, which is here presented :—

Secretary's Report.

THE Committee of the Hillcrest Convalescent Home have much pleasure in submitting their Third Report to the friends of the Institution and to the public. We are glad to notice a slight increase in the number of patients in residence during the year. We have had in all 242 patients as against 213 for 1888-89, a gain of 29 in numbers. It is true that our last report mentions 296 patients ; but as is there explained that report covered a period of 17 months. This increase of 29 is not as large as we could have hoped, still it is a gain and we can only hope for better things next year.

On October 1st, 1889, there were 11 patients in the Home, and the number of admissions during the year has been 231. Of these 213 have been discharged and 2 have died, leaving 27 inmates in the Home

on October 1st. Our patients have been very equally divided as to sex, there being 110 men and 132 women. Nearly all were adults, there being only 22 children of 15 years and under.

The number received from the General Hospital or paid for by the city has been 199, while 43 have been sent by friends, churches, etc., or have paid for themselves. We are glad to notice an increase in this class, and hope that in time the Home will be filled by it. They are, generally speaking, our best and most respectable patients, and this class was specially in the donor's mind when she provided the Home. This year again there are a few cases for whom no remuneration has been received. Nearly half of our patients are English, Canadians coming next on the list.

Special mention should be made of the two deaths that occurred at the Home. One, E. D., was a young Englishman in rapid consumption, who, through a slight irregularity, obtained admission to the Home. The disease developed rapidly, and when the attention of the physician in charge was called to him, he was too ill to be moved, and he died after a very few days' suffering. As we said, he was admitted by mistake; for, for the good of the other patients, we are obliged to exclude consumptives, not having sufficient room to isolate them, but we can hardly regret that the last days of the friendless, helpless stranger were solaced by the kindness of our good Matron to whom he was deeply grateful. After his death the Board received most warm letters from his friends in England, thanking them for all the kindness he had received.

The other was that of Mrs. M., whose case was mentioned in our last report. She had been with us so long that she looked upon Hillcrest as her home, "the very best 'Home' in the world," and dreaded being sent away so much, that though it was perhaps rather against the rules none of us had the heart to insist upon it. It was pathetic to see the earnestness with which, though she was gradually fading away, she

always assured us that she was "really better, and would soon be able to walk," until the time came when she was "better indeed!" and her bright face and kindly influence were missed from the ward.

This year there are no changes of importance to chronicle. We are happy in that we have had no history. The work has progressed quietly, but we feel more and more its importance and usefulness. Our aim, which is so ably seconded by our Matron, Miss Law, is that Hillcrest shall be for the time the patients are there a true home, pleasant and happy. While we feel that we can appeal to the Treasurer's statement to show that the Home is well and economically managed, we have endeavored first of all to consider the comfort and well-being of the patients. All will agree that for a Convalescent Home especially, generous but never extravagant fare should be the rule. Many of the patients come in ill, one might say, because they have been half-starved. To these abundance of good substantial food is as necessary as rest or change of air. It is quite wonderful to notice the marked improvement in many cases. We could grow tedious in multiplying instances of it.

But there is something beyond this "partial, practical good" of warmth and plenty and comfort that we must reach if we would be truly successful. In some instances at least, we may humbly say, that there are those who are better men and women because they have been at Hillcrest.

A word is necessary as to the large balance on hand that the Treasurer's report shows, which balance would not have existed if we had carried out our plans of last year. We had hoped to have made several much needed alterations which would have involved a large outlay, but owing to the unsatisfactory conditions in which we are placed, there being no entrance to the Home, we were obliged to defer doing so. It will perhaps be remembered, as has been stated before, that when the late Mr. Wm. Gooderham gave the land there was no

entrance definitely arranged for, as he had not at that time decided upon what plan the ten acres adjacent should be laid out for building lots. Since his death the land has passed into other hands, and while the matter is unsettled we do not feel that we are in a position to make the radical changes necessary to make the Home thoroughly efficient. But we are glad to learn that this vexed question of the roadway, which has caused us so much anxiety and apprehension, will shortly be settled, we are sure, satisfactorily,

As the changes contemplated will probably involve adding to the building, we can assure our friends and subscribers that there is no danger of the balance not being necessary, and for that reason we have felt that we could not add any of it to the Endowment Fund, greatly as we should like to do so.

The religious services at the Home have been kept up during the year. We cannot sufficiently thank the laymen who have so regularly held services every Sunday afternoon and on whom we have chiefly depended. Our thanks are also due to Wycliffe, Knox, Trinity and McMaster Colleges whose students have taken services alternately on Sunday mornings during the College year. We would also thank the clergymen who have held occasional services, and all who have visited the patients and ministered to their spiritual wants.

We are again pleased to recognize the services of Miss Law, our Matron. It would take too long to put into words and to anyone that knows the Home it is unnecessary to say how much we owe to her. The influence of her unfailing kindness is felt through the Home. Miss Keith, her faithful assistant, has been with us for nearly a year. We are fortunate to have secured so valuable an addition to the household.

The Board gratefully acknowledges the grants of the Ontario Government and the City Council; the valuable services of the medical men on our staff to their patients during the year; and of our Solicitor, Mr. Delamere, Q.C. We regret very much that Dr. Primrose, who has

been on our Medical Staff for some time, has this autumn felt obliged to resign. We thank him most heartily for his services to Hillcrest in the past. We are fortunate in having secured the services of Dr. Allan Baines, who has kindly consented to take his place on the staff.

Our thanks are also due to all subscribers and to the kind friends who remembered us at Christmas or sent us donations through the year of provisions, clothing, etc., all of which proved most useful; to the press generally, especially to the lady who has sent us the *Empire* since her visit to Hillcrest; to Mr. W. A. Murray, Mr. John Kay, Mr. Elias Rogers, Messrs. Swan Brothers, Mr. Scott and others who have liberally allowed a discount on articles purchased for the Home, and to all who have helped us in any way.

Dr. Spencer kindly moved the adoption of this report.

The Treasurer's Report, which will be found elsewhere, was then read by Mr. N. W. Hoyles, who moved that it be adopted as read, which motion was seconded by Mr. McMurrich.

Dr. Strathy then read the Medical Report, which was adopted.

The names of the members of the Board of Management for the ensuing year were read by Rev. Dr. McTavish and their nomination was seconded by Mr. Goulding.

After a vote of thanks to the Mayor for his services as Chairman, which was carried on motion of Mr. Hoyles seconded by Mr. McMurrich, the benediction was pronounced and the meeting dispersed.

Doctor's Report.

Mr. Chairman, Ladies and Gentlemen:

As the physician in attendance at the Hillcrest Convalescent Home at the present time, I have been asked to read a report, and on behalf of the Medical Staff I submit the following: —

The Home has had as inmates within the last year 110 males and 132 females. Unfortunately, those coming from the Hospital, which

composed a large number of these, did not bring with them any certificate of the disease from which they were convalescing, and therefore it has been impossible to formulate or make any references in that direction.

Here, if I may be allowed to do so, I would suggest that the Hospital be requested for the coming year to name the disease on the form that accompanies the patient, for it is obvious that it would be a matter of both interest and instruction to watch and see what diseases were most benefited during their period of convalescence by their stay in this Home.

We have had two deaths—one a woman of 65 years, another a man of 23 years. These patients died in April and May of this year; the former of and the latter of hæmoptysis. This is a satisfactory showing, for when our wards have not been full and in our desire to extend the benefits of this Institution to as many as possible, we have perhaps admitted some not strictly convalescents, and these not having the usual tendency to recovery that our patients here usually have, have a more prolonged stay, and when worse cannot be persuaded to leave unless made to do so which our kind-hearted Matron is loath to recommend. So far as I know we have been singularly free from that class of patients which prove a bug-bear to many charitable institutions such as ours, viz., malingerers. For such we must all be on our guard, for the funds of this charity can be fully employed in giving a home to truly deserving convalescent patients.

If this charity has done no good since its organization except the good extended to those unfortunate people who had La Grippe, it would have well merited praise and its funds been well spent.

Look through our wards any of you who have not been here for a few weeks and see our typhoid fever convalescents; men and women who, owing to the crowded state of the Hospital, had to be discharged from there as soon as they were able to stagger away; patients many

of whom might have had relapses, lung trouble or other diseases owing to their weakened condition had they not had some such place as this to come to; and then consider the good we are doing by being able to make room in the Hospital for acute diseases. The Superintendent of the Hospital would not discharge these patients if he had no other place to send them to, and the good work of the Hospital in times of much sickness would be seriously interfered with.

In conclusion allow me to testify on behalf of the Medical Staff to the efficiency, courteousness and untiring energy of our Matron, Miss Law. In her we have a valuable aid to the good work we are endeavoring to do, and in her the patients have a sympathetic and kindly nature, which tends in no small measure to cheer and comfort them and so hasten their recovery from illness.

P. J. STRATHY.

Treasurer's Statement.

Receipts and Expenditures from 1st Oct., 1889, to 30th Sept., 1890.

RECEIPTS.

Balance on hand, 1st October, 1889		$ 923 70
Received from Government of Ontario		817 50
" City of Toronto, Grant		200 00
" " " for Patients		1573 15
" the County		
" Private Patients, and Patients paid for by Friends		539 80
" Subscriptions		876 50
" Other Sources		48 21
		$4978 86

EXPENDITURES.

Butcher Meat		$ 474 04
Butter		107 84
Wine and Spirits		2 15
Flour and Meal		209 24
Milk		229 87
Potatoes and Vegetables		104 88
Groceries and Provisions not enumerated		316 27
Advertising, Printing, Postage, etc		50 40
Soap, Brushes and Cleaning Appliances		50 13
Fuel		301 38
Furniture and Furnishings		512 87
Grounds, Cultivating		1 04
Oil and lights		69 36
Medicine		28 82
Repairs		98 05
Live Stock		16 25
Salaries and Wages		672 91
Insurance		
Other Expenditure		38 85
Cash Balance in Bank	$1549 39	
" on hand	145 12	
		1694 51
		$4978 86

ENDOWMENT FUND.

To Balance, 1st October, 1889	$556 50
" Interest credited on deposit to 30th June, 1890.....	52 44
	$608 94

M. R. GREIG,
Treasurer.

Having examined the Cash Book of the Convalescent Home, of which the above is a summary, and having compared the Expenditure with the Vouchers and Receipts, I hereby certify as to the correctness of the foregoing.

W. GILLESPIE.

TORONTO, October 1st, 1890.

DONATIONS.

Mr. John Cowan, Oshawa	$100 00	Mrs. Seidler	$ 5 00
Mrs. Edward Blake	75 00	Mr. Jas. Darling, Montreal	5 00
Mrs. S. Nordheimer	20 00	Mrs. Humphrey	2 00
Mrs. Wakefield	10 00	Mrs. Crooks	1 00
Mrs. Jarvis	10 00	A Friend	1 00
A. A. Allan & Co	10 00		
Mr. Howard	6 00		$245 00

Donations of Clothing, Books, Papers, Fruit, etc., have been acknowledged from time to time in the daily newspapers.

LIST OF CHRISTMAS GIFTS.

One Turkey, 2 pair of Chickens, Mrs. S. Heward; 1 Ham, Mrs. Jarvis; Turkey, Mrs. John Hoskin; Oranges and Figs, Miss O'Brien; Turkey, Mrs. E. Blake; Oranges, Mrs. Greig; Box of Biscuits, Miss Greig; Turkey, Mrs. C. Cockshutt; Turkey, 2 Jars of Honey, Mrs. John A. Paterson; 2 Turkeys, Swan Bros.; Oranges, Mrs. Gibb; Harper's Magazines, Miss Skynner; Ham, Mr. Clayton; Turkey, Mrs. A. B. Lee; Cake, Mr. Jas. Wilson; 5 lb. Tin of Vaseline, Mr. Jeffray; $5.00, Mr. A. B. Lee; $5.00, Sloane & Crowther; $5.00, Eby, Blain; $1.00, Mrs. Brodie; $1.00, Miss S. Mickle; Barrel of Apples, value $5.00, J. Cleghorn; Magazines, Mrs. Ridout; Turkey, Mrs. Young, Davenport Road; ½ Sheep, Oranges, Mrs. S. Nordheimer; Turkey, Mrs. B. E. Walker; Goose, Mrs. Gibson; Turkey, Misses Sewell; Cake, Miss Morris; 9 tins of Tomatoes, Mrs. Vandersmissen; Oranges, Miss E. Vandersmissen; 1 Turkey, Mrs. Gunther; Ham, Mrs. Hoyles; Turkey, Lady Gzowski; Turkey, Mrs. Cosby; Goose, Anonymous; Goose, Rev. H. M. Parsons; Turkey, Mrs. John I. Davidson; Goose, Mrs. Wyld; Oranges, Biscuits, Mr. J. G. Gibson; 8 Pairs of Socks, Mrs. Shortiss; 3 Pairs of Felt Slippers, Mrs. Hodgins.

SUBSCRIPTIONS

The City not having been divided by the Hillcrest Convalescent Home Committee into districts for regular annual collections, the public are earnestly requested to send voluntary contributions to assist the ladies who have kindly collected from the following list of friends, as funds are needed to carry on this useful and excellent work.

Collected by Mrs. Cockshutt and Miss Parsons.

Mr. H. Goulding	$20 00
" Charles Cockshutt	10 00
" James Scott	10 00
The Misses Carty	10 00
Mr. James Webster	5 00
" Geo. Richie	5 00
" B. E. Bull	5 00
Mrs. J. L. Brodie	2 00
Total	$67 00

Collected by Mrs. Gibson.

A Friend	$50 00
Mrs. A. Gibson	10 00
" S. Heward	10 00
" Hugh Blain	5 00
" Manning	5 00
Miss Wilson	5 00
Mr. G. S. Michie	5 00
Mrs. W. H. Howland	2 50
Miss Michie	2 00
Total	$94 50

Collected by Miss Greig.

Mr. Sheriff Mowat	$10 00
Mrs. Greig	5 00
Mr. Justice Maclennan	5 00
Total	$20 00

Collected by Mrs. Gunther.

Mr. John I. Davidson	$10 00
Mrs. John Burns	5 00
" E. Gunther	5 00
" Potts	1 00
" T. Thompson	5 00
Total	$26 00
Mr. Robt. Elliott, in goods	$10 00

Collected by Mrs. Hoyles.

Mrs. John Cawthra	$10 00
Moss, Barwick & Franks	10 00
Mr. H. C. Blachford	5 00
" C. S. Gzowski	5 00
Mrs. R. H. Bethune	5 00
" Hoyles	5 00
Lady Macpherson	5 00
Mrs. John Hagarty	5 00

Mr. Fred Perkins, Jr.	5 00
Dr. W. H. Howitt	2 00
Miss Munro	2 00
" Amy Munro	1 00
Mrs. Sheppard	1 00
Total	$61 00

Collected by Mrs. A. B. Lee.

Hon. Frank Smith	$10 00
W. A. Murray & Co	5 00
Mrs. H. E. Clarke	5 00
" Fitch	5 00
Mr. W. C. Crowther	5 00
" H. P. Dwight	5 00
" A. B. Lee	5 00
" John Leys, Jr	5 00
" G. Harrison	5 00
" Walter S. Lee	3 00
" Thomas H. Lee	2 00
T. H. Lee & Son	2 00
Lyman Bros. & Co	2 00
Mrs. Joseph Lee	1 00
Mr. John Brown	1 00
Jas. E. Ellis & Co	1 00
Mrs. H. W. Nelson	1 00
Mr. C. W. Lee	1 00
" B. Lee	1 00
" E. C. Poffley	50
" P. G. Godan	50
Total	$66 00

Collected by Miss Morris.

Mrs. John Hoskin	$10 00
" Sweny	5 00
" Aikens	5 00
" Walter Mackenzie	2 00
" James Henderson	2 00
" Elmes Henderson	2 00
A Friend	1 00
"	1 00
Total	$28 00

Collected by Miss O'Brien.

Mrs. Henry Gooderham	$ 10 00
Mr. Robt. Kilgour	10 00
Elias Rogers & Co	10 00
Mr. Henry Strathy	5 00
" W. B. Bridgeman-Simpson	5 00
" A. Gowan Strathy	5 00
" Christopher Robinson	5 00
Mrs. George A. Cox	5 00
" H. O'Brien	5 00
" Hebden	5 00
Mr. G. F. Hebden	5 00
" W. H. Howland	5 00
Hon. G. W. Allan	5 00
Mrs. E. Baldwin	2 00
" Strathy	2 00
" Robert Baldwin	2 00
" F. LeM. Grasett	2 00
Mr. H. J. Scott	2 00

Mr. J. R. Strathy	2 00
A Friend	2 00
Mrs. Alfred Gooderham..	2 00
" J. W. G. Whitney...	2 00
" O'Brien	2 00
" Henderson	2 00
" C. Fleming.....	1 00
" F. Roper	1 00
N. J.....	1 00
Mrs. Gillespie.....	1 00
G. Gibson	1 00
Mrs. Robert Sullivan....	1 00
A Friend	50
"	50
Total.....	$109 00

Collected by Mrs. Byron Walker.

Mr. George A. Cox.....	$ 25 00
McMaster & Co.....	25 00
Mr. A. M. Cosby.....	20 00
" Wm. B. Hamilton...	20 00
" B. E. Walker.....	20 00
H. A. Nelson & Sons.....	10 00
A. A. Allan & Co.....	10 00
Mr. J. H. Plummer.....	10 00
Mrs. S. G. Williams.....	10 00
Mr. John Catto	5 00
" John Gowans	5 00
Total.....	$160 00
	$630 50

Constitution

I.—This Institution is to be known as "Hillcrest," and is intended for the benefit of Convalescents leaving hospitals or living in homes where their recovery is retarded by the want of needed rest and change.

II.—It is to be managed by a Committee of not more than thirty (30) ladies to be elected annually. The Board will nominate its successors in office and send the names of half the number so nominated to the Trustees and half to the Mission Union for approval as provided by the Deed.

III.—The said Committee shall elect by ballot out of its number a President, two Vice-Presidents, a Treasurer and a Secretary.

IV.—The President shall preside at all meetings at which she is present, or in case of her absence, then one of the Vice-Presidents; in case of their absence, such other person as the meeting may select.

V.—Five members of the said Committee shall form a quorum.

VI.—The regular weekly meetings shall be held on Friday of each week. The regular monthly meetings shall be held on the first Friday of each month, unless some other day is fixed upon at a previous regular meeting.

VII.—The funds necessary for supporting this Institution shall consist of fees, voluntary subscriptions, donations, bequests, etc.

VIII.—All monies received shall go to the Treasurer who shall keep an account of the same and pay out same on the order of the said Committee.

IX.—Changes can be made in the Constitution, subject to the approval of the Trustees, at any regular monthly meeting of the Committee, notice having been given in writing of the intended change at a previous regular monthly meeting.

Rules and Regulations.

ARTICLE I.

The Board of Managers shall hold its monthly meetings on the first Friday of the month at 11 a.m., at such place as it shall appoint. Five members shall constitute a quorum. Weekly meetings shall be held each Friday morning at the same time and place.

ARTICLE II.

The President shall have general supervision of the work. She shall preside at all meetings of the Society, or of the Board of Managers, and shall perform such other duties as are incident to the office. She shall sign all drafts upon the Treasury before they are paid.

ARTICLE III.

The Treasurer shall receive and keep in some chartered bank all the monies collected, and shall disburse them as the Board of Managers shall direct. Her annual report shall be examined by auditors appointed by the Board of Management.

ARTICLE IV.

The Secretary shall give notice of stated and special meetings, keep the minutes of the same, and prepare the Annual Report of the Board of Managers.

ARTICLE V.

Anyone desiring to obtain a city order for a patient must send to the City Health Officer: (1) A medical certificate either from or confirmed by one of the medical staff, stating that the applicant is a fit subject for admission to the Home; (2) A recommendation showing that the applicant cannot pay the ordinary charges.

ARTICLE VI.

Any person desiring admission to the Home able to defray his or her own expenses, or paid for by friends, must present to the Superintendent of the Home a medical certificate either from or confirmed by one of the medical staff stating that the applicant is a fit subject for admission and must pay in advance for one week's board, $2.40.

ARTICLE VII.

Infectious or contagious cases cannot be admitted to the Home.

ARTICLE VIII.

Unmarried women with infants cannot be admitted, nor any man or woman known to be leading an immoral life.

ARTICLE IX.

A small quantity of alcoholic liquor for use in extreme cases or by medical order may be kept in the Home, but must be in charge of the Matron under lock and key, and only administered by the Matron, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

ARTICLE X.

Members of the Board are expected to visit the Home weekly in rotation, and will be notified by the Secretary a week before to that effect.

ARTICLE XI.

The visitor for the week must visit herself or provide a substitute from the members of the Board, or notify the Secretary in time for her to appoint another visitor in her place.

ARTICLE XII.

The visitor must enquire whether the Matron has an order for every patient. In the case of any patient remaining in the Home for more than four weeks, the visitor must make full inquiries as to the reason of such stay and lay the case before the Board at the first meeting after her visit.

ARTICLE XIII.

The visitor must visit every part of the Home and report personally or fully in writing on the condition of the Home and the patients at the first weekly meeting after her visit.

ARTICLE XIV.

Each member of the Board must notify the Secretary before leaving town for a length of time.

ARTICLE XV.

The Managers may appoint from time to time Committees from among themselves to attend to any special duties. As a rule such Committees shall consist of not less than three, and not less than two shall be considered a quorum to act. These Committees, for the sake of regularity and for future reference, shall, as a rule, report to the Board in writing.

FOURTH REPORT

— OF THE —

HILLCREST

CONVALESCENT HOME

Well's Hill, Cor. Davenport Road and Bathurst Street

Incorporated under the Benevolent Societies Act, July 6, 1891

From Oct. 1st, 1890, to Sept. 30th, 1891

TORONTO

APTED BROS., PRINTERS, COLBORNE STREET

1891

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Form of Bequest.

The Home can legally receive any amount of money which may be given or bequeathed to it.

In case it is desired to give land or its proceeds, it is necessary that the will be executed at least six months before the death of the donor. The form of devise in the will may be as follows:—

I give to the HILLCREST CONVALESCENT HOME, Toronto (describe the land so that it can be identified.)

or I give to the HILLCREST CONVALESCENT HOME, Toronto, Mortgage dated and made by to me, for $ on land described as follows: (here describe lands as above)

or I give to the HILLCREST CONVALESCENT HOME, Toronto, $ to be paid out of my Estate.

Board of Management.

President ..	MRS. A. GIBSON ..	.. 64 St. Albans Street
Vice-Presidents	MRS. E. BLAKE ..	.. 467 Jarvis Street
	MRS. HODGINS ..	.. 92 Pembroke Street
Treasurer ..	MISS M. R. GREIG ..	.. 17 Queen's Park
Secretary ..	MISS S. MICKLE ..	.. Queen's Park W

COMMITTEE.

MRS. BARNETT	66 Gloucester Street
MISS AIKENS	29 Wellesley Street
MRS. BYRNE	414 Huron Street
" COCKSHUTT	462 Sherbourne Street
" J. I. DAVIDSON ..	53 St. George Street
" GUNTHER	"Bellevue," Davenport Road
LADY GZOWSKI	"The Hall," Bathurst St.
MRS. HOSKIN	"The Dale," Rosedale
" JARVIS	258 Jarvis Street
" A. B. LEE	414 Jarvis Street
MISS LAY	348 Jarvis Street
" MORRIS	471 Jarvis Street
" O'BRIEN	383 Sherbourne Street
" PARSONS	235 Jarvis Street
MRS. PATERSON	23 Walmer Road
MISS SEWELL	623 Church Street
MRS. SHORTISS	115 St. George Street
" VANDERSMISSEN ..	15 Surrey Place
" WAKEFIELD	Davenport Road
MISS W. MACDONALD ..	"Oaklands," Avenue Road

MEDICAL STAFF.

DR. B. SPENCER..	8 Bloor Street E.
DR. H. T. MACHELL	95 Bellevue Ave
DR. D. J. GIBB WISHART	47 Grosvenor Street
DR. P. STRATHY	98 Beverley Street
DR. ALLAN BAINES	194 Simcoe Street

MATRON	MISS LAW
ASSISTANT MATRON	MISS KEITH

HILLCREST CONVALESCENT HOME

The Fourth Annual Meeting

The Annual Meeting of this Institution was held in Association Hall, Yonge St., on Tuesday, October 13th, at 3.30 p.m. Many of the friends and well-wishers of the Institution attended.

Mr. W. H. Howland was present and took the chair. The Rev. John Pearson opened the meeting by prayer.

Letters were read from Rev. D. J. Macdonnell, Dr. Hoskin, the Mayor of Toronto, Dr. Potts, Mr. W. B. Mc Murrich, Dr. Thomas and others, regretting that they were not able to be present at the meeting.

Mr. J. I. Davidson then read the Secretary's Report and moved that it be adopted.

It is as follows.:—

Fourth Annual Report.

IN presenting this, the fourth Annual Report to the friends and supporters of Hillcrest Convalescent Home, the Board of Managers would desire first of all to express their thanks and gratitude to Almighty God who has in an especial manner blessed us and has given us "good success" in in what we have undertaken.

This has been a year of great progress with us. During it we have undertaken and carried through successfully three important improvements, by which we have almost doubled our accomodation for patients and greatly added to the efficiency of our Home. These alterations were rendered necessary by the

very large increase in the number of our patients at Hillcrest. We did not undertake them too soon.

The first of these was the building of a roadway. When the late Mr. Wm. Gooderham so generously gave an acre of land for the site of Hillcrest, he promised the Institution an entrance into the Home when the adjoining land should be laid out into building lots ; unhappily no right of way was secured by the deed. When after his death the property passed into other hands, we found ourselves closed in without any entrance of our own to the Home. The Company, however, to whom the land belongs very kindly allowed us to use a road through their land to the back. This arrangement was of course only temporary and in January last we became convinced that we must have our own entrance to the Home whatever it might cost ; and we knew that owing to the position of Hillcrest which stands right on the brow of Well's Hill, it could not fail to be expensive. Many were the consultations as to what was best to be done, but finally we were obliged to give up all thought of purchasing more land and it was decided to build a road curving in from the Vaughan plank road at the back. This has been done, and we have now a good durable road ; but it has cost us altogether seven hundred and seventy dollars.

Our next consideration was putting in a water supply Hitherto we had been dependent on a well and pump only, and the labor of carrying water up and down through the house to supply so many was excessive. It was decided that a wind-mill should be erected, with two tanks, one in the house to supply it, the other on the tower for the garden, with a hose attachment for use in case of fire. The digging of the new well and the cost of putting up the wind-mill was $320.00 and this large expense also has fallen on us this year.

Owing to the very large increase in the number of our inmates,

and also to the fact that the new improvements in putting in water into the Home, would take up two of the rooms hitherto available for patients, the Committee decided to build a new wing for the use of the male patients exclusively. When we remember that the Home has only been in operation for four years, for it was only regularly opened for the admission of cases on March 1st., 1887, it will be seen how great has been the growth of the work, and how the public are realizing more and more the necessity of a Convalescent Home.

As the Committee after their four years experience in managing Hillcrest, had gained a clear idea of what was actually needed ; we decided to manage without an architect. Mr. Darragh drew the plans for the new wing, and Mr. Dudley was our builder.

The New Wing which was formally opened on Thursday Oct, 22nd., is built to the north-west corner of the former building, and is 48 ft. 4 in. in length by 28 feet in width. It will accommodate 27 men. Great care was taken in building it to match the first house. It is of red brick, roofed with slate and is comfortable and commodious in every respect ; for while it was our endeavor to avoid all unnecessary expense, we had determined that everything should be solid and substantial. The walls are of an extra thickness ensuring warmth and quiet, and are finished with adamant plaster; the floors are of hardwood throughout,except the top flat, where the traffic will be less; the woodwork is plain and good. Great pains have been taken to secure the most satisfactory system of water supply, and our baths, etc. have the newest sanitary arrangements, approved by hospitals. The wide verandahs which have given so much comfort to the patients have not been omitted. In short every one who has seen the wing will

acknowledge that it is a great improvement and an ornament to the Home.

Like the home the wing has four floors in all. The lowest or basement contains ;—a furnace room, coal, storage, and vegetable cellar. The ground floor ;—an entrance hall, the dining-room and sitting-room, (divided by folding doors) 46 ft. 6 in. long, by 17 feet in width ; both rooms well lighted and furnished with grates. The first floor ;—a bath-room, and two wards to hold five and six beds respectively, both with grates in addition to the registers for hot air. The second floor ; —one large ward capable of accommodating ten beds; two small wards for special cases, and a room for the man-servant.

It will be seen that the new wing is complete in itself. With the exception of a door on the ground floor it is entirely shut off from the first house. The Committee has thus ensured what it has long aimed at, the complete separation of the male and female patients.

The alterations in the former house, include the division of the large ward downstairs formerly occupied by men, into three rooms for the use of private patients. A bright sitting-room has also been set apart for these and every provision has been made for their comfort.

The Home will now hold in all 54 patients ; 23 women, 27 men in the public wards, and 4 private patients.

The total liabilities assumed by the Committee for the new building, alterations to house etc., were $5710.75, of which $3,644 has already been paid off leaving $2066.75 still to be met by the Committee. Besides which we still owe $110 for the roadway, so that there remains $2,176.75 still to be raised. Besides this we have nothing in hand wherewith to furnish the new wing ; the private wards too will require extra furniture, and many a gap

will have to be filled before all departments are in perfect running order. We wish to furnish as gradually as may be, but with every care we must incur heavy expenses on this account during the coming year. We confidently appeal to the liberality of our friends, and ask the public to give us a sufficient sum for this purpose before the winter. We do not feel justified in borrowing money for furnishing and if we cannot get it, we shall be obliged I fear to refuse applications for want of it.

During the year 321 patients have been admitted to Hillcrest. This is an increase of 80 over the numbers of last year. An especially large increase when we consider how much the building operations of the last several months have interfered with the ordinary work of the Home. Of these 321 patients, 14 were children under twelve years of age ; while of the adults 170 were women and 137 were men. Of this number the great majority have been sent from the General Hospital, or have been paid for by the city only forty having been sent by friends, or paid for themselves.

It is very gratifying to testify to the good behaviour of the patients. As a general thing each one who remains there tries to contribute their share toward the general good, and it is quite touching to find how after being there, perhaps only three or four weeks some of them look back on it as a home. "Indeed it is a home, and Miss Law is like a mother to us," said one. "I never felt any place so much like home since mother died," said another, "I only wish I could stay here always." That last indeed is the universal cry. "That Home would be perfect if the people did not have to leave it," says one of our workers, "it is such a heartbreak for some of them to go." No doubt many shrink from going back to the old struggles and trials which must be faced. It is the aim of Hillcrest in offering to such, rest, bodily and mental, and

by turning their thoughts to higher things, to fit them for this battle.

The Committee would again acknowledge the valuable services of Miss Law, the Matron, and Miss Keith, the Assistant Matron. Their hearts are wholly in the work, and with tenderness and faithfulness they discharge their varied duties. With unfailing kindness each new patient is welcomed, and made to feel at once that Hillcrest is a home. Each new demand, and there are so many, upon their sympathy and kindness is met ungrudgingly and freely.

Very few even of the unthankful and chronically discontented, fail to be won by such goodness. In many hearts the long-dormant desire to live for someone, something, but self, has been awakened, and among the patients, gratitude has been the rule—discontent decidedly the exception.

Our thanks are also due to the Medical Staff. The public are apt to take the kindness of medical men too much as a matter of course. It is well to remember that in giving freely of their time and skill in the service of the poor they are generous benefactors.

We would also gratefully remember those Clergymen who have from time to time held services at Hillcrest ; the students of Knox, Trinity, and Wycliffe Colleges, and McMaster Hall who have given services in turn on Sunday afternoons ; and the friends who have, by reading and talking to the patients, made many a dull hour pass pleasantly.

Our thanks are due to those who have subscribed to our funds —to whose liberality we owe the New Wing,—to the friends who remembered us at Christmas ; to those who have sent books, cast-off clothing, etc.; and to all who have helped us in any way.

S. MICKLE.
Secretary

The Rev. G. M. Wrong seconded this report.

The Treasurer's report which appears elsewhere, was then read by Mr. Hoyles, who moved that it be adopted, which motion was seconded by Mr. Henry O'Brien.

The medical report was read by Dr. Spencer, who moved that it be accepted, Dr. Wishart seconded this.

The names of the members of the Board of Management for the ensuing year were read by Rev. Dr. Parsons and their nomination was seconded by Mr. Cecil Gibson.

Rev. Mr. Wrong, seconded by Dr. Spencer, moved a vote of thanks to Mr. Howland for his services as chairman, while Dr. Wishart seconded by Dr. Parsons, voted thanks to the Board of Management. After which the Benediction was pronounced and the meeting adjourned.

Medical Report.

To the President and Board of Managers of
Hillcrest Convalescent Home :

MESDAMES.—

I beg to present the medical report for the year now ended, which is as follows :—

During the year there have been admitted to the Home 137 males, and 170 females besides 14 children, giving a total of 321.

Of these, by far the larger number have come to us from the Toronto General Hospital, no less than 214 having been admitted from that Institution ; 6 from the Homœpathic Hospital ; 3 from St. John's Hospital ; and the remainder 98, from outside sources.

It has not been found possible to classify the diseases for which these have been admitted in every case ; but from the records at our disposal, it appears that by far the larger number have been convalescents from typhoid fever, showing a marked contrast in this

respect to last year, when so many of our inmates were recovering from epidemic influenza. Next in order come, Rheumatism; then Pleurisy, Anæmia, General debility, Phthisis, and Ulcers.

In the typhoid cases especially the benefits of the Home have been very markedly shewn.

Under the influence of fresh air and good food, wan faces have disappeared, hollow cheeks have filled out, and in a few weeks we have been enabled to discharge every one of these cases, in a fit condition to follow their daily employment.

In the Rheumatic cases, although most of our patients showed a temporary improvement ; the well-known tendency to relapses, and for this disease to become chronic, prevents our showing quite so good a report as that of our typhoid convalescents.

Again those patients chiefly females, who were admitted with anæmia and nervous-prostration, diseases in which rest, fresh air, and good food, seem more efficacious than drugs alone, have shown beyond a doubt, the great benefit of the Home to this class of inmates.

We are pleased to be able to report that no deaths have occurred in the Home during the past year.

We wish to congratulate the Board, upon the completion of the new wing, and the many sanitary improvements connected with it, which will, we have no doubt, add greatly to the comfort and health of the patients.

Again we have to thank our kind and efficient matrons Miss Law, and Miss Keith, for their valuable help and willing co-operation, during the year just closed.

B. SPENCER.

Treasurer's Statement

Receipts and Expenditures from 1st Oct., 1890 to 30th Sept., 1891.

RECEIPTS.

Balance on hand 1st. October 1890	$1694 51
Received from the Ontario Government	993 90
" " City of Toronto, Grant	200 00
" " " " " for Patients	2030 20
" Patients and their Friends	213 70
Subscriptions, donations and bequests	2679 65
Received from other sources not enumerated	82 53
	$7894 49

EXPENDITURES.

Butcher's Meat	$ 516 54
Butter	113 65
Wine and Spirits	6 00
Flour, Bread and Meal	217 37
Milk	273 60
Water Supply, Windmill and Well	320 00
Vegetables and Fruit	123 55
Groceries	360 44
Advertising, Printing, Postage, etc	32 90
Soap, Brushes, etc	33 02
Fuel	336 34
Furniture, Furnishings, Bedding etc	207 48
Grounds, New Road	667 60
Oil and Light	24 45
Medicine	39 38
Repairs, ordinary	139 48
Live Stock and Feed for same	28 30
Salaries and Wages	728 80
Building New Wing (already paid)	3644 00
Other Expenditures not enumerated	71 97
Balance	9 62
	$7894 49

ENDOWMENT FUND

To Balance 30th September, 1890	$608 94
Interest credited 1st July, 1891	33 94
	$642 88

M. R. GREIG,
Treasurer.

Having examined the Cash Book of the Convalescent Home, of which the above is a summary, and having compared the Expenditure with the Vouchers and Receipts, I hereby certify as to the correctness of the foregoing.

W. GILLESPIE, JR.
TORONTO, October 2nd 1891. *Auditor.*

Rooms for Private Patients.

In building the new wing special arrangements have been made by the Board for the reception of private patients. Three airy and prettily furnished bed-rooms have been set apart for their use. They will have a separate dining-room and parlor, a separate bath-room, and two verandahs on the west and on the south for their exclusive use. All bedding, linen, china, etc, will be kept separate and there will be good attendance.

The charges for these rooms will be from $8.00 to $12.00 per week according to accommodation.

Constitution

I.—This Institution is to be known as "Hillcrest," and is intended for the benefit of Convalescents leaving hospitals or living in homes where their recovery is retarded by the want of needed rest and change.

II.—It is to be managed by a Committee of not more than thirty (30) ladies to be elected annually. The Board will nominate its successors in office and send the names of half the number so nominated to the Trustees, and half to the Mission Union for approval, as provided by the Deed.

III.—The said Committee shall elect by ballot out of its number a President, two Vice-Presidents, a Treasurer and a Secretary.

IV.—The President shall preside at all meetings at which she is present, or in case of her absence, then one of the Vice-Presidents; in case of their absence, such other person as the meeting may select.

V.—Five members of the said Committee shall form a quorum.

VI.—The regular weekly meetings shall be held on Friday of each week. The regular monthly meetings shall be held on the first Friday of each month, unless some other day is fixed upon at a previous regular meeting.

VII.—The funds necessary for supporting this Institution shall consist of fees, voluntary subscriptions, donations, bequests, etc.

VIII.—All monies received shall go to the Treasurer who shall keep an account of the same and pay out same on the order of the said Committee.

IX.—Changes can be made in the Constitution, subject to the approval of the Trustees, at any regular monthly meeting of the Committee, notice having been given in writing of the intended change at a previous regular monthly meeting.

Rules and Regulations

ARTICLE I.

The Board of Managers shall hold its monthly meetings on the first Friday of the month at 11 a.m., at such place as it shall appoint. Five members shall constitute a quorum. Weekly meetings shall be held each Friday morning at the same time and place.

ARTICLE II.

The President shall have general supervision of the work. She shall preside at all meetings of the Society, or of the Board of Managers, and shall perform such other duties as are incident to the office. She shall sign all drafts upon the Treasury before they are paid.

ARTICLE III.

The Treasurer shall receive and keep in some chartered bank all the monies collected, and shall disburse them as the Board of Managers shall direct. Her annual report shall be examined by auditors appointed by the Board of Management.

ARTICLE IV.

The Secretary shall give notice of stated and special meetings keep the minutes of the same, and prepare the Annual Report of the Board of Managers.

ARTICLE V.

Anyone desiring to obtain a city order for a patient must send to the City Health Officer: (1) A medical certificate either from or confirmed by one of the medical staff, stating that the applicant is a fit subject for admission to the home: (2) A recommendation showing that the applicant cannot pay the ordinary charges.

ARTICLE VI.

Any person desiring admission to the Home able to defray his or her own expenses, or paid for by friends, must present to the Superintendent of the Home a medical certificate either from or confirmed by one of the medical staff stating that the applicant is a fit subject for admission ; and must pay in advance for one week's board, $2.40.

ARTICLE VII.

Infectious or contagious cases cannot be admitted to the Home.

ARTICLE VIII.

Unmarried women with infants cannot be admitted, nor any man or woman known to be leading an immoral life.

ARTICLE IX.

A small quantity of alcoholic liquor for use in extreme cases or by medical order may be kept in the Home, but must be in charge of the Matron under lock and key, and only administered by the Matron, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

ARTICLE X.

Members of the Board are expected to visit the Home weekly in rotation, and will be notified by the Secretary a week before to that effect.

ARTICLE XI.

The visitor for the week must visit herself or provide a substitute from the members of the Board, or notify the Secretary in time for her to appoint another visitor in her place.

ARTICLE XII.

The visitor must enquire whether the Matron has an order for every patient. In case of any patient remaining in the Home for more than four weeks, the visitor must make full inquiries as

to the reason of such stay, and lay the case before the Board at the first meeting after her visit.

ARTICLE XIII.

The visitor must visit every part of the Home and report personally or fully in writing on the condition of the Home and patients at the first weekly meeting after her visit.

ARTICLE XIV.

Each member of the Board must notify the Secretary before leaving town for a length of time.

ARTICLE XV.

The Managers may appoint from time to time Committees from among themselves to attend to any special duties. As a rule such Committees shall consist of not less than three, and not less than two shall be considered a quorum to act. These Committees, for the sake of regularity and for future reference, shall as a rule, report to the Board in writing.

RULES FOR INMATES.

1.—The Inmates shall attend Morning and Evening Prayers, Conducted by the Matron.

2.—All Inmates must in all respects conform to the orders of the Matron, must be punctual at the hours of meals and must not absent themselves from the table without permission from the Matron.

3.—Patients, able in the opinion of the Physician, shall assist in any work that the Matron may require.

4.—No Patient will at any time be allowed to leave the grounds without special leave from the Matron. No Patient shall be absent from the Home later than 5 o'clock, p.m. Each Patient shall be allowed to leave the grounds once only during a stay of two weeks.

5.—Patients shall confine themselves to the part of the house assigned to them. No male Patient shall enter the Female wards, nor any Female Patient the Male wards.

6.—The Patients shall keep their clothes in the places provided for them, and shall on no account leave them about their rooms or on their beds.

7.—No trunks or unnecessary clothes are to be sent with Patients. All clothing must be delivered into the charge of the Matron on arrival at the Home who will only allow one change of clothing in the wards. At the discretion of the Matron each Patient may have six pieces washed at the Home every week free of charge.

8.—On entering the Home patients are requested to hand to the Matron for safe-keeping any money or valuables brought with them.

9.—Patients are not allowed to carry lighted lamps through the house.

10.—Such Patients as are well enough are expected to attend Divine Service on Sundays.

11.—Patients must be quiet and exemplary in their behaviour

and conform strictly to the Rules and Regulations of the Home, and carry out all the orders and prescriptions of the various officers of the Home.

12.—Patients may be visited by their friends on Thursdays, between the hours of 2 and 5 p. m., and on any evening, Sundays excepted, from 7 to 8 p. m.

13.—Any Patient bringing liquor into the Home, or found intoxicated will be discharged.

14.—After nine o'clock lights must be out and perfect quiet must be observed in the wards.

15.—Whenever Patients misbehave or violate any of the Rules of the Home, the Matron may at once discharge them.

16.—No smoking or chewing will be allowed in the building or on the verandahs.

17.—The Board of Management will not allow any nails to be put into either walls or woodwork in any part of the house. No pictures or mottoes are to be hung or pasted on the walls in any part of the house, and patients who in any way disfigure or destroy the Home will be subject to dismissal.

DONATIONS.

From Estate of the late Mr. T. M. Thompson	$500 00
Mrs. E. Blake	50 00
Mrs. Nordheimer	20 00
Ontario Pump Co.	20 00
Mr. B. E. Walker	10 00
Friend per Mrs. Wakefield	5 00
Mrs. Crooks	1 00
Miss Mickle	1 00
	$607 00

Donations of Clothing, Books, Papers, Fruit, etc., have been acknowledged from time to time in the daily newspapers.

SUBSCRIPTIONS

Collected by Mrs. Cockshutt.

Mr. Chas. Cockshutt	$100 00
" John Leys, jr.	25 00
" S. H. Janes	25 00
" George Goulding	10 00
" John Catto	5 00
Mrs. H. Macdonald	5 00
Mr. Geo. Craig	5 00
" B. E. Bull	5 00
W. A. Murray & Co.	3 00
G. R. Renfrew & Co.	2 00
J. E. Ellis & Co.	1 00
Mrs. Wm. Stitt	1 00
Total	$187 00

Collected by Mrs. J. I. Davidson.

Mr. George A. Cox	$250 00
" W. D. Mathews	100 00
Davidson & Hay	100 00
Mrs. John I. Davidson	100 00
Mr. Wm. Christie	100 00
Total	$650 00

Collected by Mrs. Gibson.

Mrs. A. Gibson	$ 50 00
" Cameron	50 00
" Cosby	50 00
" Stephen Heward	25 00
Sir Daniel Wilson	10 00
Mr. A. H. Campbell	10 00
Mrs. Howland	10 00
St. Andrew's Institute, per Miss Walker	10 00
Mrs. Oliver Macklem	5 00
Miss Michie	5 00
Mrs. Edward Jones	2 00
" Winn	2 00
" Andros, per Mrs. Moffatt	1 00
Miss Macklem	50
Total	$230 50

Collected by Mrs. Gibb.

R. Gilmour	$25 00
John L. Gibb	10 00
Mrs. R. H. Bethune	5 00
" J. E. Rose	5 00

Mr. Perkins	5 00
" G. A. Stimson	2 00
" J. B. Clarke	2 00
Mrs. Green	1 00
" E. Morris	1 00
Miss Holland	1 00
Dr. Spilsbury	1 00
Total	$58 00

Collected by Mrs. Gunther.

Mr. Neil Currie	$25 00
Mrs. E. Gunther	10 00
Mr. John I. Davidson	10 00
" James Austin	10 00
Mrs. John Burns	5 00
" Thomas Thomson	5 00
Mr. Shedd	5 00
Mrs. Potts	1 00
Total	$71 00

Collected by Mrs. Hodgins and Miss O'Brien.

Robert Kilgour	$ 25 00
McMaster & Co	25 00
W. G. D.	25 00
H. A. Nelson & Sons	10 00
McGaw & Winnett	10 00
Caldecott, Burton & Spence	10 00
J. L. Brodie	10 00
Gutta Percha Mfg. Co.,	10 00
W. B. Simpson	10 00
Elias Rogers & Co.	10 00
Geo. L. Beardmore	10 00
W. R. Johnston & Co.	5 00
Friend	5 00
G. Goulding & Sons	5 00
A. G. B.	5 00
J. O. Buchannan	5 00
Nicol Kingsmill	5 00
Samuel, Benjamin & Co.	5 00
H. S. Howland, Sons & Co.	5 00
A Friend	5 00
A Friend	5 00
E. F. Hebden	5 00
Mrs. E. F. Hebden	5 00
J. W. G. Whitney	5 00
Edgar & Malone	5 00
Smith & Keighley	5 00
Warren Bros. & Boomer,	5 00
Perkins, Ince & Co.	5 00
John Pugsley	5 00
D. W. Alexander	5 00
Sir W. P. Howland	5 00
General Keer	5 00
Geo. Chapman	5 00
Canadian Rubber Co.	5 00
John Gowans	5 00
John Macdonald & Co.	5 00
Macpherson, Clark & Jarvis	5 00
Mrs. Rathbun	5 00
S. Rogers & Co	5 00
P. W. Ellis & Co.	5 00
J. J. Kenny	5 00
Mr. H. O'Brien	4 00
William Adams	4 00
Gordon & Sampson	3 00
Mrs. Strathy	2 00
Warwick & Sons	2 00
Mrs. G. A. Cox	2 00
C. M. Taylor & Co.	2 00
J. R. Strathy	2 00

H. P. Eckardt	2 00
J. W. Lang	2 00
John Hagarty	2 00
Williams, Green & Rome Co.	2 00
D. W. S	2 00
R. H. G. & Co	2 00
F. L	2 00
A. J. Jackson	2 00
W. G	2 00
B	2 00
J. Murray & Co	2 00
Canada Paper Co	2 00
H. L. Smith	1 00
J. E. Bryant	1 00
Elliot & Son	1 00
W. H. Davis	1 00
J. M	1 00
P. L. Mason	1 00
J. Lobb	1 00
A Friend	1 00
G. Mc. & Co	1 00
F. Bell & Co	1 00
J. D	1 00
Friend	1 00
Cash	1 00
A Friend	1 00
E. A. M	1 00
H. S. Strathy	1 00
T. G. B	1 00
J. E. Ellis & Co	1 00
Geo. F. Bostwick	1 00
J. W. Cowan	1 00
A Friend	1 00
A Friend	50
Cash	50
F. J. C	50
Total	$372 50

Collected by Mrs. Hoyles.

Lady Macpherson	$15 00
Moss, Barwick & Franks	10 00
Mrs. John Cawthra	5 00
" Hoyles	5 00
Dr. Howitt	5 00
H. & C. Blachford	5 00
Mr. C. S. Gzowski	5 00
Mrs. Maxwell Sheppard	1 00
Total	$51 00

Collected by Mrs. Jarvis.

Mrs. Jarvis	$10 00
" Massey	10 00
" Wm. Baldwin	5 00
Total	$25 00

Collected by Mrs. A. B. Lee.

Mrs. A. B. Lee	$ 5 00
Mr. A. B. Lee	5 00
Mrs. Geo. Kiely	5 00
Sloane & Crowther	5 00
Eby, Blaine	5 00
Mrs. Nairn	2 00
" H. E. Clarke	2 00
A Friend	2 00
Mrs. Moss	1 00
" Tackaberry	1 00
H. F. Attrill	1 00
Mrs. J. Morrison	1 00
Mr. John Brown	1 00
Total	$36 00

Collected by Miss Mickle.

Miss S. Mickle	$ 5 00
Mrs. Beardmore	3 00
" W. H. Ellis	2 00
" Boultbee	1 00
" Telfer	1 00
" Douglas	1 00
Dr. Mickle	1 00
Mrs. Miller	1 00
" Holmstead	1 00
W. Macdonald	1 00
Mrs. Laidlaw	50
A Friend	50
A Friend	50
Total	$18 50

Collected by Miss Morris

Dr. Hoskin	$10 00
Miss Aikens	5 00
Mrs. Sweny	5 00
" Elmes Henderson	2 00
" James Henderson	2 00
" Walter Mackenzie	2 00
A Friend	1 00
Total	$27 00

Collected y Mrs. Shortiss

W. C. Crowther	$ 2 00
Mrs Watson	2 00
E. H.	2 00
Mrs. J. R. Bailey	1 00
" Wm. Davidson	1 00
H. P. Dwight	1 00
Mrs. J. Bertram	1 00
" C. S. Greene	1 00
" Downey	1 00
Mrs. Scott	1 00
" Morrison	1 00
" Gordon Brown	1 00
" Betley	1 00
Mr. J. G. Brown	1 00
Miss Howland	1 00
Mrs. L. S. Palmer	1 00
Mr. T. Shortiss	1 00
Mrs. Godson	1 00
" McArthur	1 00
" Philp	1 00
" Dinnick	70
A. O. Rutherford	50
J. Roper	50
Mrs. C. E. Lailey	50
" Sydere	50
" Quinn	50
" Amanda Pratt	50
Mr. Cowan	50
A Friend	50
Miss Myles	50
Mrs. Birmingham	50
A Friend	52
J. I. Mc.	25
A Friend	25
A Friend	25
A Friend	25
A Friend	25
A Friend	15
Total	$30 35

Collected by Mrs. VanderSmissen

Mr. Geo. Gooderham	$ 50 00
" J. H. Mason	25 00
McCarthy, Osler, Hoskin & Creelman	20 00
Mr. E. B. Osler	20 00

Mr. J. H. Plummer	10 00
Jones Bros. & Mackenzie	10 00
Mr W. H. Beatty	10 00
Moss, Barwick, & Franks	10 00
Mr. R. Jaffray	10 00
" T. J. Mason	10 00
" Alfred J. Mason	5 00
" J. A. Morton	5 00
Mrs. Walter Cassels	5 00
Mr. H. W. Baird	5 00
Delemere, Reesor & Co.	5 00
Mr. W. Macdonald	5 00
" Wm. Mortimer Clark	5 00
T. G. Blackstock	5 00
E. Hooper	5 00
Mr. J. C. Kemp	5 00
" Alfred Baker	5 00
" R. H. Bethune	5 00
Two Friends H. B. & R. C.	2 00
Mr. Hugh Leach	2 00
Cash	2 00
Mr. G. Tower Fergusson	2 00
Mrs. Robt. Myles	2 00
Mr. Geo. T. Alexander.	2 00
" W. Williamson	2 00
" Wm. Davidson	2 00
" E. M. Chadwick	2 00
Miss Ball	2 00
Mr. C. Parsons	2 00
" James Beatty	2 00
Mrs. Creelman	1 00
" Nesbitt	1 00
" Bethune	1 00
Total	$262 00

Collected by Mrs. Wyld.

Eby, Blain & Co	$ 5 00
Mrs. F. Wyld	5 00
Ryrie Bros	3 00
Mrs. McLean Howard	2 00
Mrs. W. C. Macdonald	2 00
Mr. W. C. Macdonald	2 00
Total	$19 00

Subscriptions received since September 30th.

Miss Carty	$ 25 00
Mr. James Scott	25 00
Dr. John Hoskin	25 00
Mrs. Hoyles	25 00
Mrs. Becher	20 00
Mrs. Geo. Arthurs	20 00
Mr. J. K. Kerr	20 00
Mrs. McMurrich	10 00
A Friend per Miss Aikens	10 00
Per Mrs. Patterson	7 00
Hon. J. C. Aikens	5 00
Miss Somerset	5 00
Miss Clara Aikens	5 00
Mr. Justice Maclennan	5 00
Mrs. Manning	5 00
Mrs. O. Macklem	5 00
Mrs. Gordon Brown	5 00
Miss Lay	1 00
Collection at Dedication of New Wing	14 27
Total	$237 00

FIFTH REPORT

— OF THE —

Hillcrest

Convalescent Home,

Wells' Hill, Cor. Davenport Road and Bathurst Street,

From Oct. 1st, 1891 to Sept. 30th, 1892.

INCORPORATED.

TORONTO:
ROWSELL & HUTCHISON, PRINTERS.

1893.

FIFTH REPORT

— OF THE —

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1893.

Form of Bequest.

The Home can legally receive any amount of money which may be given or bequeathed to it.

In case it is desired to give land or its proceeds, it is necessary that the will be executed at least six months before the death of the donor. The form of devise in the will may be as follows :—

I give to the HILLCREST CONVALESCENT HOME, Toronto (describe the land so that it can be identified.)

or I give to the HILLCREST CONVALESCENT HOME, Toronto, Mortgage dated and made by to me, for $ on land described as follows : (here describe lands as above.)

or I give to the HILLCREST CONVALESCENT HOME, Toronto, $ to be paid out of my Estate.

Members of the Corporation.

Hon. S. H. Blake, Q.C.	256 Jarvis Street.
J. K. Kerr, Esq., Q.C.	"Rathnelly," Avenue Road.
J. J. Gartshore, Esq.	48 Front Street West.
W. H. Howland, Esq.	Queen's Park.
Dr. W. H. Ellis	74 St. Albans Street.
Dr. Bertram Spencer	8 Bloor Street East.
A. H. Smith, Esq.	London, Ont.
J. J. Withrow, Esq.	27 Wilton Crescent.
H. P. Dwight, Esq.	107 St. George Street.
Mrs. Gibson	94 St. Joseph Street.
" E. Blake	467 Jarvis Street.
" Hodgins	92 Pembroke Street.
Miss M. R. Greig	17 Queen's Park.
" S. Mickle	Queen's Park West.
" Aikins	29 Wellesley Street.
Mrs. Barnett	68 Gloucester Street.
" Byrne	414 Huron Street.
" Cockshutt	462 Sherbourne Street.
" J. I. Davidson	53 St. George Street.
" Gunther	"Bellevue," Poplar Road.
Lady Gzowski	"The Hall," Bathurst Street.
Mrs. Hoskin	"The Dale," Rosedale.
" Jarvis	258 Jarvis Street.
" A. B. Lee	414 Jarvis Street.
Miss Lay	348 Jarvis Street.
" Morris	471 Jarvis Street.
" O'Brien	383 Sherbourne Street.
" Parsons	235 Jarvis Street.
Mrs. Paterson	23 Walmer Road.
Miss Sewell	623 Church Street.
Mrs. Shortiss	115 St. George Street.
" Vandersmissen	
" Wakefield	Davenport Road.
Miss W. Macdonald	"Oaklands," Avenue Road.

Committee of Management.

President ..	MRS. A. GIBSON	94 St. Joseph's Street.
Vice-Presidents	MRS. SHORTISS	115 St. George Street.
	MRS. GUNTHER	Bellevue.
Treasurer .	MISS M. R. GREIG	17 Queen's Park.
Secretary ..	MRS. HODGINS	92 Pembroke Street.

COMMITTEE.

MISS AIKINS	29 Wellesley Street.
MRS. BARNETT	66 Gloucester Street.
MRS. BYRNE	414 Huron Street.
" COCKSHUTT	462 Sherbourne Street.
" J. I. DAVIDSON	53 St. George Street.
LADY GZOWSKI	"The Hall," Bathurst Street.
MRS. HOSKIN	"The Dale," Rosedale.
" HELLIWELL	55 Kensington Avenue.
" JARVIS	258 Jarvis Street.
" A. B. LEE	414 Jarvis Street.
MISS LAY	348 Jarvis Street.
" W. MACDONALD	Oaklands.
" MORRIS	471 Jarvis Street.
" O'BRIEN	383 Sherbourne Street.
" PARSONS	235 Jarvis Street.
MRS. PATERSON	23 Walmer Road.
MISS SEWELL	623 Church Street.
MRS. VANDERSMISSEN	15 Surrey Place.
" WAKEFIELD	Davenport Road.

MEDICAL STAFF.

Dr. B. Spencer	8 Bloor Street East.
Dr. H. T. Machell	95 Bellevue Avenue.
Dr. ~~D. L. Gibb-Wishart~~	~~47 Grosvenor Street.~~
Dr. P. Strathy	98 Beverley Street.
Dr. Allan Baines	194 Simcoe Street.

Legal Advisor.

T. D. Delamere. Q.C.

Messrs. Delamere, Reesor & English, 17 Toronto Street.

Matron.

Miss Law, Hillcrest, Bracondale.

Housekeeper.

Miss Keith.

Hillcrest Convalescent Home.

Fifth Annual Meeting.

The Annual Meeting of this Institution was held on Tuesday, October 25th, at four o'clock.

Mr. W. H. Howland presided. The meeting was opened with prayer by Dr. Parsons, after which letters of regret were read from His Worship the Mayor, the Hon. J. C. Aikins, Canon Dumoulin, Dr. Hoskin, Rev. D. J. Macdonell, Rev. Elmore Harris, Rev. A. Baldwin, and others.

Mr. W. B. McMurrich then presented the Secretary's report as follows :

Fifth Annual Report.

In issuing the Fifth Annual Report to our friends and subscribers, the Committee wishes to draw their attention to the slightly changed basis on which the Home now stands. We found that in order, legally, to receive any legacies left to Hillcrest, where the property might be in real estate, it was necessary that the Home should be incorporated by Act of Legislature. It was decided, accordingly, at a joint special meeting of the Trustees and the Board of Management, held on March 7th, that this should be done.

Mrs. Scott and the Executors of the late William Gooderham gave their consent, as did also the Mission Union Committee, with which we were then connected, and during the last session

of the Legislature the Act of Incorporation was passed, and the Home became an entirely self governing body. Last year we reported that by the erection of a new wing, our home was nearly doubled in size, this year our progress has not been so visible. It was found necessary to do a great deal in the way of renovating and furnishing the original house, also to put in a new furnace. In July, owing to the difficulty that there has always been about drainage, the Committee decided to lay a drain down Bathurst street, to connect with the sewer on the south side of the C. P. R. track, to do this will cost about $1,000, and one of the ladies of the Committee has kindly offered to advance this sum, thus giving ample proof of her great interest in the Home. In common with several other charities of this city, our funds were largely increased this year by the bequest of the late Mrs. Margaret Eagle; by this legacy from an unknown friend, we were enabled to complete the payments on the new wing, and keep the Home free from debt.

There has been an increase of patients during the year. 415 have been admitted, which is an increase of ninety-four over our number last year. Of these, 223 were women, 192 men. Of these patients by far the greatest number have been sent to us by the General Hospital, or have been paid for by the city. When Mrs. Scott gave the money to build Hillcrest, she intended that it should be used by convalescents, and those worn out by over-work, who were not able to afford the expense of even the cheapest health resorts. To such it was designated that the Home should offer a comfortable and happy resting place at a rate so low as to be within the reach of all. She thus hoped to benefit a class who are rightly too proud to accept charity in any form. This class we have not yet succeeded in reaching in the numbers that we should like, although each year we have

had several, and we can only hope that as the years go by they will more and more avail themselves of the privileges offered them at Hillcrest. The experiment made last year of taking private patients, has succeeded fairly, although our rooms have not been constantly occupied. The Committee can confidently recommend these rooms to those who are unable to bear the fatigue of a journey, the fresh, pure air taking specially beneficial to people recovering from typhoid fever. We have to record three deaths this year, the largest number that we have yet had to chronicle, one of the three, George Smith, was at the Home for some time, his friends in England much appreciated the devoted care with which he was attended by Miss Law and Miss Keith. Both the others, Annie B. and Mrs. L. were suffering from prostration, consequent on several attacks of typhoid fever, and it was hoped that in spite of their being sent there in an almost dying condition, change of air and careful nursing might save them, but it was in vain, for after being there five and six days respectively they died. In the case of Mrs. L. grief largely contributed to this result. Miss Law is still at the head of the household, and it is almost needless to say that her duties are performed with unfailing kindness. Grateful letters constantly proving that her influence is felt long after the patients have passed from under her care. Miss Keith, also in her capacity of housekeeper, continues to give great satisfaction. It has been said that this has been a year of progrsss, but turning to the list of subscribers, there is no evidence of it in the amount of money collected, the Committee have kept their promise of not making unnecessary demands, but next year, when the drain (already referred to) is completed, we shall again be compelled to appeal to our friends.

The Committee desire to thank, most heartily, Mr. Delamere and Mr. English, who kindly undertook to arrange for and carry

through the Act of Incorporation, first under the Benevolent Societies' Act, and later by Act of the Ontario Legislature. We owe a great deal to their kind services and advice; also to the staff of physicians, to whose care and attention so much of the success of the Home is due. We would also thank those who have looked after the spiritual welfare of the patients, especially the lady (formerly a member of the Committee) who has, for nearly two years, visited the Home every week to read and pray with the patients. Our kind friends, the students of the four Theological Colleges, who hold the Sunday afternoon services, the member of St. Andrews' Brotherhood, who has held a service on Sunday mornings, and the Mr. Robert Hall, the City Missionary, who, out of his kind thoughtfulness, took the services during the summer months, while the students were away.

We would also remember the kind friends who have contributed to our funds; those who through the year have sent us donations of clothing, books, etc.; the tradesmen who have allowed a discount on articles bought, or work done for the Home, and all who have helped forward our work in any way.

S. MICKLE,
Secretary.

The Treasurer's report (which appears elsewhere) was presented by Sir C. S. Gzowski.

On behalf of the attending physicians, the Medical report (on the next page) was read by Dr. Gibb Wishart.

The adoption of the reports was moved by Rev. Dr. Parsons, and seconded by Dr. Ellis.

On motion of Mr. W. B. McMurrich, seconded by Dr. Wishart, the following resolution was carried:

That the very best thanks are due to Miss Mickle, the retiring Secretary, for her valuable services during the last five years. The Committee would also express their high sense of the important services rendered them by Miss Greig in her capacity of Treasurer.

Rev. Dr. Parsons closed the meeting with prayer.

Medical Report.

Mesdames :—

We beg to present the Medical Report on the Convalescent Home for the past year.

It will be noticed that the number of patients who have received the benefit of this truly beneficent institution during the past twelve months is nearly one hundred in excess of the previous year, the figures being:

1890-91, 321 and 1891-92, 415.

As in past years, most of them (*i.e.*, 248) came from the General Hospital, 19 from the Homœpathic Hospital, 4 from the Victoria Hospital and 4 from the Hospital of St. John. The remainder were from various sources.

There were admitted, males, 194; females, 208 and children, 13. A complete classification of these would be difficult, but we find the largest numbers, as usual, to consist of convalescents from typhoid fever, 68; rheumatism, 38, and debility, 63. This last large number was probably owing to the after effect of La Grippe.

There were also 8 after surgical operations, and a few suffering from Phthisis. With regard to the last, we, the medical officers, beg to draw attention to the depressing influence of such unfor-

tunate patients upon the other inmates, as well as the acknowledged contagiousness of the disease ; we, therefore, ask the Board to take some steps to prevent their admission to the Hillcrest Convalescent Home. We know there are great difficulties in the way, but we trust that the isolation of such patients from the rest may, at least, be effected. Those admitted to the Home have always received great benefit from their rest and good treatment ; the fresh air and good food have worked marvels upon these sufferers, and it must be a source of the greatest pride and thankfulness to the earnest workers in this Home, to see their charges leave them in the enjoyment of health and strength which could hardly have been regained, had they been forced to return at once to their humble dwellings and hard work. We regret to have to report three deaths during this past year, one from relapsing typhoid and two from consumption. The sanitary condition of the building is as perfect as can be desired.

We once more must thank our kind and efficient matrons, Miss Law and Miss Keith, for their helpful co-operation in the past year. It is the greatest comfort to us to have two such efficient and untiring ladies in whom we can place implicit reliance.

(Signed) ALLEN BAINES,
On behalf of the Attending
Physicians.

Treasurer's Statement.

Receipts and Expenditure from 1st October, 1891 to 30th September, 1892.

RECEIPTS.

Balance on hand, 1st October 1891	$ 9 62	
Received from Government of Ontario	1084 95	
Received from the city of Toronto—Grant	200 00	
Received from the city of Toronto for patients	3046 20	
Received from patients and their friends	645 70	
Subscriptions, donations and bequests	3571 89	
Received from all other sources, including loan of $800	858 53	
		$9416 89

EXPENDITURES.

Butchcers' meat	$ 636 96	
Butter	199 30	
Wine and spirits	5 25	
Flour, bread and meal	320 37	
Milk	310 09	
Water supply—Force pump	118 00	
Potatoes, vegetables and fruit	122 22	
Groceries and provisions not enumerated	370 10	
Advertising, printing, stationery, postage, including $100 towards expense of Incorporation	158 05	
Soap, brushes and cleaning appliances	51 86	
Fuel	443 78	
Furniture, furnishings, bedding, crockery, etc.	1263 27	
Grounds, (including balance on new road)	251 51	
Oil and light	35 60	
Medicine	53 88	
Repairs, (including papering and painting]	345 76	
Live stock and feed for same	10 35	
Salaries and wages	1024 15	
Taxes and insurance	86 00	
Building new wing	2277 36	
Other expenditures, (including return of loan and interest)	1073 13	
Cash balance on hand	259 90	
		$9416 89

HILLCREST ENDOWMENT FUND.

Balance, September 30th, 1891	$642 88	
Interest credited to 1st July, 1892	32 54	
		$675 42
Balance on deposit	$675 42	
		$675 42

Rooms for Private Patients.

In building the new wing, special arrangements have been made by the Board for the reception of private patients. Three airy and prettily furnished bed-rooms have been set apart for their use. They will have a separate dining-room and parlor, a separate bath-room, and two verandahs on the west and on the south for their exclusive use. All bedding, linen, china, etc., will be kept separate and there will be good attendance.

The charges for these rooms will be from $8.00 to $12.00 per week according to accommodation.

Act of Incorporation.

WHEREAS the Hillcrest Convalescent Home at the city of Toronto was established for the purpose of a convalescent home, to be carried on in a suitable manner under the direction of a committee of ladies to be appointed annually for the acceptance of convalescent patients, without distinction of creed, and the same has been in working operation for over four years under the direction of a board of management; and whereas the said home was founded by a grant of land by the late William Gooderham to trustees, and the erection thereon of a large and expensive building at the cost of a charitable English lady, who furnished money for the construction and furnishing of the same to the extent of upwards of $11,000; and whereas the same has been carried on by a committee of management in conjunction with the trustees chiefly through voluntary subscriptions of citizens of Toronto and legacies and bequests from time to time; and whereas large sums have been expended annually for the support of the said institution and also in making additions and alterations to the buildings to meet growing demands; and whereas the board of management have been incorporated under *The Act respecting Benevolent, Provident and other Societies*, and their powers to receive by grant, gift, devise or bequest are too limited for the practical working of the same, and it is desirable that the board of trustees and the board of management aforesaid should be united into one corporation and the lands and buildings now vested in trustees vested in such corporation; and whereas it is expedient to grant the prayers of the same petition;

Therefore Her Majesty, by and with the advice and consent of the Legislative Assembly of the Province of Ontario, enacts as follows:—

1. The Honourable Samuel Hume Blake, James Kirkpatrick Kerr, John James Gartshore, William Holmes Howland, William Hodgson Ellis, Bertram Spencer, Arthur Hutchison Smith, John Jacob Withrow and Harvey Prentice Dwight, all of the city of Toronto, esquires, together with the present board of management and members of the committee, and all other persons who may from time to time be elected to succeed them as members of the committee, shall be and they are hereby constituted a body politic and corporate under the name of the Hillcrest Convalescent Home, and the said incorporation under the *Act respecting*

Benevolent, Provident and other Societies shall merge in the corporation hereby created and cease to exist as a separate corporate body.

2. All the property, real or personal, now held by the said individuals above mentioned, or by any of them or other person or persons, for the use or benefit of the said Hillcrest Convalescent Home shall be and is hereby transferred to and vested in the corporation hereby constituted, subject only to the provisions of the deed of grant from the said William Gooderham to trustees dated the 21st day of August, A. D. 1885, as to the disposition to be made of the said property in case it should cease to be carried on and supported as a convalescent home, and the officers and managing committee of the said institution at present in office shall continue to be the officers and managing committee of the said corporation until others shall be elected in their stead.

3. The said corporation may hold the said lands for use as a convalescent home, and may also acquire and hold additional lands and premises when required for use in connection with the same for actual use and occupation as a convalescent home provided the annual value thereof do not exceed the sum of $15,000 in all, and may also acquire any other real estate or interest therein by gift, devise or bequest if made at least six months before the death of the party making the same, and may hold such estate or interest in the lands lastly mentioned for a period of not more than seven years and shall within that period alienate or dispose of the same and the proceeds of the estate or interest so disposed of shall be invested in public securities, county or municipal debentures or other approved securities, for the use of the said corporation, and such estate or interest therein as may not within the said period have been alienated or disposed of shall revert to the party from whom the same was acquired, his heirs or representatives.

4. For the management of the affairs of the corporation there shall be a committee composed of not more than thirty persons, who shall be annually elected by the members of the corporation amongst themselves at a general meeting to be held annually in the month of October in each year, and at their first meeting after such election the said committee of management shall choose out of their number a president, two vice-presidents, a treasurer and a secretary, who shall hold office during the period aforesaid.

5. The said managing committee may make such and so many by-laws, orders and regulations (not being contrary to the laws of this Province or this Act) as they may deem useful and necessary for the government of the said corporation, and for the admission, resignation and retirement of members of the corporation, and may repeal, revoke, alter and amend any existing by-laws, orders and regulations.

6. The funds of the said corporation shall be used for the purposes authorized by this Act, and nothing herein contained shall authorize the said corporation to engage in the business of real estate.

7. The said corporation shall at all times when required by the Lieutenant-Governor of the Province, make a full return of all property held by it, with such details and other information as the Lieutenant-Governor in Council may require.

By-Laws.

I.—This Institution is intended for the benefit of convalescents leaving hospitals, or living in houses where their recovery is retarded by the want of needed rest and change.

II.—It is to be managed by a committee of not more than thirty (30) ladies, to be elected annually. The Committee will nominate its successors in office.

III.—The said Committee shall elect by ballot out of its number a President, two Vice-Presidents, a Treasurer and a Secretary, in accordance with clause 4 of the Act.

IV.—The Committee of Management shall hold its monthly meetings on the first Friday of each month at 11 a. m., at such place as it shall appoint. Five members shall constitute a quorum. Weekly meetings shall be held each Friday morning at the same time and place, unless some other day is fixed upon at a previous regular meeting.

V.—The President shall have general supervision of the work. She shall preside at all meetings of the Corporation or of the Committee of Management, and shall perform such other duties as are incident to the office. She shall sign all drafts upon the Treasury before they are paid. In case of her absence, one of the Vice-Presidents shall preside; in case of their absence, such other person as the meeting may select.

VI.—The funds necessary for supporting this Institution shall consist of fees, voluntary subscriptions, donations, bequests, etc.

VII.—All monies received shall go to the Treasurer, who shall keep the same in some chartered bank, and shall disburse them as the Committee of Managers shall direct. The Treasurer's annual report shall be examined by auditors appointed by the Committee.

VIII.—The Secretary shall give notice of stated and special meetings, keep the minutes of the same, and prepare the Annual Report of the Committee of Managers.

IX.—Anyone desiring to obtain a city order for a patient must send to the City Health Officer: (1) A medical certificate either from or confirmed

by one of the medical staff, stating that the applicant is a fit subject for admission to the home: (2) A recommendation showing that the applicant cannot pay the ordinary charges.

X.—Any person desiring admission to the Home able to defray his or her own expenses, or paid for by friends, must present to the Superintendent of the Home a medical certificate either from or confirmed by one of the medical staff stating that the applicant is a fit subject for admission; and must pay in advance for one week's board, $2.40.

XI.—Infectious or contagious cases cannot be admitted to the Home.

XII.—Unmarried women with infants cannot be admitted, nor any man or woman known to be leading an immoral life.

XIII.—A small quantity of alcoholic liquor for use in extreme cases or by medical order may be kept in the Home, but must be in charge of the Matron under lock and key, and only administered by the Matron, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

XIV.—Members of the Committee are expected to visit the Home weekly in rotation, and will be notified by the Secretary a week before to that effect.

XV.—The visitor for the week must visit herself or provide a substitute from the members of the Board, or notify the Secretary in time for her to appoint another visitor in her place.

XVI.—The visitor must enquire whether the Matron has an order for every patient. In case of any patient remaining in the Home for more than four weeks, the visitor must make full inquiries as to the reason of such stay, and lay the case before the Board at the first meeting after her visit.

XVII.—The visitor must visit every part of the Home and report personally or fully in writing on the condition of the Home and patients at the first weekly meeting after her visit.

XVIII.—Each member of the Board must notify the Secretary before leaving town for a length of time.

XIX.—The managers may appoint from time to time sub-committees from among themselves to attend to any special duties. As a rule such

sub-committees shall consist of not less than three, and not less than two shall be considered a quorum to act. These committees, for the sake of regularity and for future reference, shall as a rule, report to the Board in writing.

XX.—Changes can be made in the by-laws at any regular monthly meeting of the Committee, notice having been given in writing of the intended change at a previous regular monthly meeting.

XXI.—The President and Secretary or other officers for the time being acting in their stead, shall have power to affix the corporate seal of the Home to any document requiring the same and may adopt any form of seal which to them may seem proper as such corporate seal.

Rules for Inmates.

1.—The inmates shall attend Morning and Evening Prayers, conducted by the Matron.

2.—All inmates must in all respects conform to the orders of the Matron, must be punctual at the hours of meals and must not absent themselves from the table without permission from the Matron.

3.—Patients, able in the opinion of the Physician, shall assist in any work that the Matron may require.

4.—No patient will at any time be allowed to leave the grounds without special leave from the Matron. No patient shall be absent from the Home later than 5 o'clock p.m. Each patient shall be allowed to leave the grounds once only during a stay of two weeks.

5.—Patients shall confine themselves to the part of the house assigned to them. No male patient shall enter the female wards, nor any female patient the male wards.

6.—The patients shall keep their clothes in the places provided for them, and shall on no account leave them about their rooms or on their beds.

7.—No trunks or unnecessary clothes are to be sent with patients. All clothing must be delivered into the charge of the Matron on arrival at the Home who will only allow one change of clothing in the wards. At the discretion of the Matron each patient may have six pieces washed at the Home every week free of charge.

8.—On entering the Home patients are requested to hand to the Matron for safe-keeping any money or valuables brought with them.

9.—Patients are not allowed to carry lighted lamps through the house.

10.—Such patients as are well enough are expected to attend Divine Service on Sundays.

11.—Patients must be quiet and exemplary in their behaviour and conform strictly to the Rules and Regulations of the Home, and carry out all the orders and prescriptions of the various officers of the Home.

12.—Patients may be visitdd by their friends on Thursdays, between he hours of 2 and 5 p.m., and on any evening, Sundays excepted, from 7 to 8 p. m.

13.—Any patient bringing liquor into the Home, or found intoxicated will be discharged.

14.—At nine o'clock lights must be out and perfect quiet must be observed in the wards.

15.—Whenever patients misbehave or violate any of the Rules of the Home, the Matron may at once discharge them.

16.—No chewing of tobacco allowed in the building or on the verandah ; nor smoking except in the place allotted to that purpose in the basement.

17.—The Committee of Management will not allow any nails to be put into either walls or woodwork in any part of the house. No pictures or mottos are to be hung or pasted on the walls in any part of the house, and patients who in any way disfigure any part of the Home will be subject to dismissal.

DONATIONS.

From Estate of the late Mrs. Margaret Eagle	$2,779 17
Mrs. Edward Blake	100 00
Mr. George Gooderham (per Mrs. Barnett)	100 00
Mr. S. H. Blake (per Miss O'Brien)	50 00
Mrs. Hoyles	25 00
Dr. Hoskin (per Miss Morris	25 00
Col. Sweny	25 00
Mr. J. H. Mason (per Mrs. VanderSmissen)	25 00
Lady Gzowski	10 00
Mrs. W. B. McMurrich (per Miss Mickle)	10 00
Mrs. Roswell (per Mrs. Shortiss)	10 00
Mrs. Jarvis	10 00
Dr. James B. W. Ross	10 00
Friends	8 00
Mr. C. E. Maddison	7 55
Mrs. Nordheimer	5 00
Mr. Justice Maclennan	5 00
A Friend (per Miss Parsons)	5 00
Messrs. W. A. Murray & Co. (per Mrs. A. B. Lee)	5 00
Messrs Wood & Kirkpatrick	2 50
Lady Galt (per Mrs. Hodgins)	2 00
Mrs. Polson (ditto)	2 00
" Joseph Lee (per Mrs. A. B. Lee)	2 00
" Strathy (per Miss O'Brien	2 00
" Crooks	1 00
" Lailey (per Mrs. Barnett	1 00
Collection at Dedication of New Wing	14 27
	$3,241 49

Donations of Clothing, Books, Papers, Fruit, etc., have been acknowledged from time to time in the daily newspapers.

SUBSCRIPTIONS.

Collected by Miss Aikens.

Miss Somerset	$10 00
Miss C. Aikens	10 00
A Friend	10 00
A Friend	10 00
Hon. J. C. Aikens	5 00
Mrs. Aikens	5 00
	$50 00

Collected by Mrs. Byrne and Mrs. John A. Paterson.

Mr. J. K. Macdonald	$5 00
Mr. J. Downey	2 00
Dr. Larratt Smith	2 00
Mr. J. H. Macdonald	2 00
Mr. R. Wickens	2 00
Cash	1 25
Mr. L. O. P. Genereux	1 00
" H. S. Mara	1 00
" J. L. Scarth	1 00
" Smoke	1 00
" R. S. Smellie	1 00
" Charles Hunter	1 00
" W. McLean	1 00
" W. R. Strickland	1 00
" C. Hamilton	1 00
" G. M. Gardner	50
" C. Corlett	50
" G. Waldron	50
" H. R. Welton	40
" H. Winnifrith	25
	$25 40

Collected by Mrs. Cockshutt.

Miss Carty	$25 00
Mr. James Scott	25 00
Miss Lay	1 00
	$51 00

Collected by Mrs. Gibson.

Mrs. Gibson	$25 00
" Becher	20 00
" Manning	5 00
" O. Macklen	5 00
Mrs. Gordon Brown	5 00
" W. H. Howland	5 00
" Stephen Heward	5 00
" Montizambert	5 00
Miss Wilson	5 00
	$80 00

Collected by Mrs. Gunther.

Mrs. George Arthurs	$20 00
Messrs Davidson & Hay	10 00
Mrs. Thomas Thompson	5 00
" J. Burns	5 00
" E. Günther	3 00
" Shedd	2 00
	$45 00

Collected by Miss Macdonald.

Mr. Samuel Alcorn	$10 00
Mr. W. J. Macdonald	10 00
Mrs. J. Macdonald	5 00
	$25 00

Collected by Miss Morris.

Dr. Hoskin	$10 00
Mrs. Sweeny	5 00
" James Henderson	2 00
" Walter Mackenzie	2 00
Mr. James Henderson	1 00
Mrs. Elmes Henderson	1 00
A Friend	1 00
	$22 00

Collected by Mrs. John A. Paterson.

Mr. J. K. Kerr	$20 00
Mr. John A. Paterson	5 00
Mrs. Langlois	2 00
" Hogaboom	2 00
" Sinclair	1 00
" Page	1 00
" Cook	1 00
	$32 00

Grand total $330 40

SIXTH REPORT

OF THE

Hillcrest

Convalescent Home,

Wells' Hill, Cor. Davenport Road and Bathurst Street,

From Oct. 1st, 1892, to Sept. 30th, 1893.

INCORPORATED, 1892.

TORONTO:
ROWSELL & HUTCHISON, PRINTERS.

1893.

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Form of Bequest.

The Home can legally receive any amount of money which may be given or bequeathed to it.

In case it is desired to give land or its proceeds, it is necessary that the will be executed at least six months before the death of the donor. The form of devise in the will may be as follows :—

I give to the HILLCREST CONVALESCENT HOME, Toronto, (describe the land so that it can be identified.)

or I give to the HILLCREST CONVALESCENT HOME, Toronto, Mortgage dated and made by to me, for $ on land described as follows: (here describe lands as above.)

or I give to the HILLCREST CONVALESCENT HOME, Toronto, $ to be paid out of my Estate.

Members of the Corporation.

Hon. S. H. Blake, Q.C.	256 Jarvis Street.
J. K. Kerr, Esq., Q.C.	"Rathnelly," Avenue Road.
J. J. Gartshore, Esq.	48 Front Street West.
W. H. Howland, Esq.	Queen's Park.
Dr. W. H. Ellis	74 St. Alban's Street.
Dr. Bertram Spencer	8 Bloor Street East.
A. H. Smith, Esq.	London, Ont.
J. J. Withrow, Esq.	27 Wilton Crescent.
H. P. Dwight, Esq.	107 St. George Street.
Mrs. Gibson	94 St. Joseph Street.
" E. Blake	467 Jarvis Street.
" Hodgins	92 Pembroke Street.
Miss M. R. Greig	17 Queen's Park.
" S. Mickle	Queen's Park West.
" Aikins	29 Wellesley Street.
Mrs. Barnett	68 Gloucester Street.
" Byrne	414 Huron Street.
" Cockshutt	462 Sherbourne Street.
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Mrs. Paterson	23 Walmer Road.
Miss Sewell	87 Bellevue Avenue.
Mrs. Shortiss	115 St. George Street.
" Vandersmissen	15 Surrey Place.
" Wakefield	Davenport Road.
Miss W. Macdonald	"Oaklands," Avenue Road.

Committee of Management.

President	Mrs. A. Gibson	94 St. Joseph's Street.
Vice-Presidents	Mrs. Gunther	Bellevue.
	Mrs. Shortiss	115 St. George Street.
Treasurer	Miss M. R. Greig	17 Queen's Park.
Secretary	Mrs. Hodgins	92 Pembroke Street.

COMMITTEE.

Miss Aikins	29 Wellesley Street.
Mrs. Barnett	66 Gloucester Street.
" Byrne	414 Huron Street.
" Cockshutt	462 Sherbourne Street.
" J. I. Davidson	53 St. George Street.
Miss Elliott	Howard Street.
Lady Gzowski	"The Hall," Bathurst Street.
Mrs. Gooderham	"Daveney," St. George Street.
" Hoskin	"The Dale," Rosedale.
" Helliwell	67 Henry Street.
" Jarvis	258 Jarvis Street.
" A. B. Lee	414 Jarvis Street.
Miss Lay	348 Jarvis Street.
" W. Macdonald	Oaklands.
" Morris	471 Jarvis Street.
" O'Brien	383 Sherbourne Street.
" Parsons	235 Jarvis Street.
Mrs. Paterson	23 Walmer Road.
Miss Sewell	87 Bellevue Avenue.
Mrs. Vandersmissen	15 Surrey Place.
" Wakefield	Davenport Road.

Medical Staff.

Dr. B. Spencer	8 Bloor Street East.
Dr. H. T. Machell	95 Bellevue Avenue.
Dr. Crawford Scadding	311 Sherbourne Street.
Dr. P. Strathy	98 Beverley Street.
Dr. Allan Baines	194 Simcoe Street.

Legal Advisor.

T. D. Delamere, Q.C.

Messrs. Delamere, Reesor & English, 17 Toronto Street.

Matron.

Miss Law, Hillcrest, Bracondale.

Housekeeper.

Miss Keith.

Hillcrest Convalescent Home.

Sixth Annual Meeting.

The Annual Meeting of the Corporation of this Institution was held on Friday, October the 13th, in the Library of the Y. M. C. A., the Rev. Dr. Parsons presiding.

After the Meeting had been opened with reading the Scriptures and prayer, letters of regret were read from Mr. G. A. Cox, Mr. Byron Walker, and Mr. W. H. Howland; the Secretary was then called upon to read the report as follows:

At the close of their Sixth Year, the Committee of Hillcrest Convalescent Home desire to lay before their friends and subscribers a short report of what has been done during the last twelve months. They have not been marked by any great undertaking, except the carrying out of the system of drainage projected last year, which consisted of a 9 inch tile drain connecting with the city sewer on the south side of the C. P. R. track on Bathurst street, a distance of more than a quarter of a mile from the Home, and consequently involving a large outlay, but it has necessarily improved the sanitary condition of the Home. The number of patients received has not been equal to last year, which fact may be accounted for by the improved health of the city generally, largely due, no doubt, to the vigorous sanitary measures adopted by the late Medical Health Officer, Dr. Norman Allen, and so ably furthered by the present officer, Dr. Sheard. Last year we had 414 patients, this year our number

falls to 309 : of these 183 were women, 126 men. We have only 3 deaths to record, a rather remarkable fact, as several of our patients came to us in a very precarious state of health ; one man especially, who had undergone a severe and dangerous operation, and was in consequence in a very weak state, was able after a fortnight's stay to walk to his home, and had gained 11 lbs. in weight during the two weeks. A young man who had had three relapses from typhoid, was in the Home for a month, and made a splendid recovery, at one time gaining as much as a pound a day, and a little lad from the Victoria Hospital, also a typhoid case, improved so rapidly that it was almost beyond belief. We might also quote several surgical cases which were equally successful, proving that the fresh pure air, comfortable, bright wards, and good food, are really carrying out the work that they are intended for in building up constitutions prostrated by sickness and worn by disease.

The Committee are not a little disappointed that the rooms which they furnished with so much care for private patients, have not been more used. The Home is, without doubt, the best place in the immediate neighbourhood of Toronto for typhoid convalescents, the high situation, and good air, acting like a charm, and restoring strength and tone in a wonderfully short time.

Miss Law, and Miss Keith, as matron and housekeeper, continue to perform their duties in a satisfactory manner ; the motherly kindness and sympathy of Miss Law to the patients, and the spotless cleanliness of the house under Miss Keith's care, attest their capabilities for their work. The most hearty thanks of the Committee are due to Mr. Delamere, and Mr. English, who are always ready to advise them, and to whose courtesy, kindness and wise counsels they feel they owe so much.

We record with great regret the resignation of Dr. Gibb Wishart; his unfailing interest in the Home and its inmates was a great help to us. Dr. Crawford Scadding has been appointed in his place, otherwise there are no changes on the Medical staff. We beg to tender them our most cordial thanks for their year's work, fully appreciating the trouble they have taken in fulfilling their self-imposed duties.

To the many friends who have held services and Bible classes (and here we would specially mention Mr. Hall, the City Missionary), or who have talked individually with the patients, we are truly grateful, for words of encouragement and kindly sympathy are very cheering and helpful to the sick, and above all, the tender love of the "Great Physician" soothes many a weary heart, and lightens the burden of pain and weakness.

While offering our thanks to those not immediately connected with the Home, we cannot help a few words of acknowledgment to two members of our Committee, Mrs. Gunther, and Mrs. Wakefield, who have been unwearied in their efforts for the welfare of the Home, and whose practical knowledge in all things pertaining both to the internal and external arrangements of the house, deserve, as they have, our warmest gratitude.

HELEN F. HODGINS, *Secretary.*

STATISTICS FOR THE GOVERNMENT REPORT.

Number of Patients for Year 1892-3 :—

Men		125
Women		184
Total		309
English	121	
Canadians	116	
Scotch	19	
Irish	42	
Germans	6	
Other Nationalities	5	
Total	309	
Aggregate No. of days		8428

The Treasurer's report (which appears elsewhere) was presented by Sir C. S. Gzowski.

The adoption of the two reports was moved by Mr. H. O'Brien, and seconded by Mr. Hall, City Missionary.

The Medical report, prepared by Dr. Machell, was not read at the meeting, as he was unable to be present, but is as follows :

Medical Report.

To the President and Committee of Management of the Hillcrest Convalescent Home :

MESDAMES,—

On behalf of the staff I beg to present the Medical report for the year just ended.

During the year 286 new patients were admitted ; these, with the 20 patients in the Home at the beginning of the year, make 306 in all, or 15 less than the year 1890-91. Of this number 172 were females, and 114 males ; and of these 15 were children younger than fifteen years of age.

The great majority of these patients (117) were, as in former years, sent to us from the Toronto General Hospital, 41 came from St. Michael's Hospital, 3 from Grace Hospital, 1 from the Hospital for Sick Children, 1 from the House of Providence, 1 from the Old Folks' Home, a few from outside towns, and the others from private houses.

Without attempting to classify the diseases from which these patients were suffering, we find that 44 were recorded as debility, 41 typhoid fever, 16 neurasthenia, 13 rheumatism, 10 tuberculosis or consumption, 9 anæmia, and 6 heart disease.

While we expect to do very little for those ailing from heart disease, rheumatism, or the latter stages of consumption, those

suffering from debility, typhoid fever, over work, over worry, anæmia, etc., may with certainty expect decided improvement by even a comparatively short stay here. These are the patients who are benefited by fresh air, fresh milk, good wholesome food, mental and bodily rest, etc. If the advantages of the Home were better known to the medical profession generally, we feel certain that a much larger number of them would avail themselves of its advantages for their patients.

We are glad to say that a number of private patients have taken advantage during the year of the very pretty and home-like wards recently set apart for their use.

We have to report the death of three patients, one from pneumonia, one from cancer of the stomach after a stay in the Home of only six days, and one from consumption after being in the Home only four days. These two patients should never have been sent to the Home; in fact, they were so ill on entering that it seemed cruel to send them out again, and they were accordingly allowed to remain till they died. So that the Home should really be credited with only one death during the whole year. This, we think, is a remarkably good showing, when it is considered that 306 patients remained in the Home for 8691 days, or each one an average of over 28 days, and that a number of the patients were well advanced in years.

We have again to thank Miss Law and her assistant, Miss Keith, for their zealous assistance and efficient services for the past year.

H. T. MACHELL.

Treasurer's Statement.

Receipts and Expenditures from 1st October, 1892, to 30th September, 1893 :—

RECEIPTS.

Balance on hand 1st October, 1892	$ 259 90	
Received from Government of Ontario	1445 40	
Received from the City of Toronto—Grant	200 00	
Received from the City of Toronto for Patients	2553 80	
Received from Patients and their friends	572 14	
Subscriptions, Donations and Bequests	172 00	
Received from all other sources not above enumerated, including Loan of $1,000 for Drains	1069 04	
		$6272 28

EXPENDITURES.

Butchers' Meat	$ 509 61	
Butter	222 45	
Wine and Spirits	6 75	
Flour, Bread and Meal	232 69	
Milk	333 30	
Potatoes, Vegetables and Fruit	81 85	
Groceries and Provisions not enumerated	394 76	
Advertising, Printing, Stationery, Postage, etc	36 95	
Soap, Brushes, and Cleaning Appliances	51 55	
Fuel	460 27	
Furniture, Furnishings, Bedding, Crockery, etc	142 56	
Grounds	10 37	
Oil and Lights	23 90	
Medicine	28 23	
Repairs	214 00	
Live Stock and Feed for same	11 85	
Salaries and Wages	1003 25	
Drain connecting the Home with City Drain	1222 86	
Other Expenditures, including partial payment of Loan and Interest	746 07	
Cash balance on hand	539 01	
		$6272 28

HILLCREST ENDOWMENT FUND.

Balance, Sept. 30th, 1893	$ 675 42	
Interest credited to 1st July, 1893	34 18	
		$709 60
Balance on deposit	$709 60	
		$709 60

Having examined the Cash book of the Convalescent Home of which the above is a summary, and having compared the expenditure with the vouchers and receipts, I hereby certify as to the correctness of the foregoing accounts.

W. GILLESPIE, JR.,
Auditor.

Rooms for Private Patients.

In building the new wing, special arrangements have been made by the Board for the reception of private patients. Three airy and prettily furnished bed-rooms have been set apart for their use. They will have a separate dining-room and parlor, a separate bath-room, and two verandahs on the west and on the south for their exclusive use. All bedding, linen, china, etc., will be kept separate and there will be good attendance.

The charges for these rooms will be from $8.00 to $12.00 per week, according to accommodation.

Act of Incorporation, 55 Victoria, 1892.

WHEREAS the Hillcrest Convalescent Home of the city of Toronto was established for the purpose of a convalescent home, to be carried on in a suitable manner under the direction of a committee of ladies to be appointed annually for the acceptance of convalescent patients, without distinction of creed, and the same has been in working operation for over four years under the direction of a board of management; and whereas the said home was founded by a grant of land by the late William Gooderham to trustees, and the erection thereon of a large and expensive building at the cost of a charitable English lady, who furnished money for the construction and furnishing of the same to the extent of upwards of $11,000; and whereas the same has been carried on by a committee of management in conjunction with the trustees chiefly through voluntary subscriptions of citizens of Toronto and legacies and bequests from time to time; and whereas large sums have been expended annually for the support of the said institution and also in making additions and alterations to the buildings to meet growing demands; and whereas the board of management have been incorporated under *The Act respecting Benevolent, Provident and other Societies*, and their powers to receive by grant, gift, devise or bequest are too limited for the practical working of the same, and it is desirable that the board of trustees and the board of management aforesaid should be united into one corporation and the lands and buildings now vested in trustees vested in such corporation; and whereas it is expedient to grant the prayers of the same petition;

Therefore Her Majesty, by and with the advice and consent of the Legislative Assembly of the province of Ontario, enacts as follows:—

1. The Honourable Samuel Hume Blake, James Kirkpatrick Kerr, John James Gartshore, William Holmes Howland, William Hodgson Ellis, Bertram Spencer, Arthur Hutchison Smith, John Jacob Withrow, and Harvey Prentice Dwight, all of the city of Toronto, esquires, together with the present board of management and members of the committee, and all other persons who may from time to time be elected to succeed them as members of the committee, shall be and they are hereby constituted a body politic and corporate under the name of the Hillcrest Convalescent Home, and the said incorporation under the *Act respecting*

Benevolent, Provident and other Societies shall merge in the corporation hereby created and cease to exist as a separate corporate body.

2. All the property, real or personal, now held by the said individuals above mentioned, or by any of them or other person or persons, for the use or benefit of the said Hillcrest Convalescent Home shall be and is hereby transferred to and vested in the corporation hereby constituted, subject only to the provisions of the deed of grant from the said William Gooderham to trustees dated the 21st day of August, A. D. 1885, as to the disposition to be made of the said property in case it should cease to be carried on and supported as a convalescent home, and the officers and managing committee of the said institution at present in office shall continue to be the officers and managing committee of the said corporation until others shall be elected in their stead.

3. The said corporation may hold the said lands for use as a convalescent home, and may also acquire and hold additional lands and premises when required for use in connection with the same for actual use and occupation as a convalescent home provided the annual value thereof do not exceed the sum of $15,000 in all, and may also acquire any other real estate or interest therein by gift, devise or bequest if made at least six months before the death of the party making the same, and may hold such estate or interest in the lands lastly mentioned for a period of not more than seven years and shall within that period alienate or dispose of the same and the proceeds of the estate or interest so disposed of shall be invested in public securities, county or municipal debentures or other approved securities, for the use of the said corporation, and such estate or interest therein as may not within the said period have been alienated or disposed of shall revert to the party from whom the same was acquired, his heirs or representatives.

4. For the management of the affairs of the corporation there shall be a committee composed of not more than thirty persons, who shall be annually elected by the members of the corporation amongst themselves at a general meeting to be held annually in the month of October in each year, and at their first meeting after such election the said committee of management shall choose out of their number a president, two vice-presidents, a treasurer and a secretary, who shall hold office during the period aforesaid.

5. The said managing committee may make such and so many by-laws, orders and regulations (not being contrary to the laws of this Province or this Act) as they may deem useful and necessary for the government of the said corporation, and for the admission, resignation and retirement of members of the corporation, and may repeal, revoke, alter and amend any existing by-laws, orders and regulations.

6. The funds of the said corporation shall be used for the purposes authorized by this Act, and nothing herein contained shall authorize the said corporation to engage in the business of real estate.

7. The said corporation shall at all times when required by the Lieutenant-Governor of the Province, make a full return of all property held by it, with such details and other information as the Lieutenant-Governor in Council may require.

By-Laws.

I.—This Institution is intended for the benefit of convalescents leaving hospitals, or living in houses where their recovery is retarded by the want of needed rest and change.

II.—It is to be managed by a committee of not more than thirty (30) ladies, to be elected annually. The Committee will nominate its successors in office.

III.—The said Committee shall elect by ballot out of its number a President, two Vice-Presidents, a Treasurer and a Secretary, in accordance with clause 4 of the Act.

IV.—The Committee of Management shall hold its monthly meetings on the first Friday of each month at 11 a. m., at such place as it shall appoint. Five members shall constitute a quorum. Weekly meetings shall be held each Friday morning at the same time and place, unless some other day is fixed upon at a previous regular meeting.

V.—The President shall have general supervision of the work. She shall preside at all meetings of the Corporation or of the Committee of Management, and shall perform such other duties as are incident to the office. She shall sign all drafts upon the Treasury before they are paid. In case of her absence, one of the Vice-Presidents shall preside; in case of their absence, such other person as the meeting may select.

VI.—The funds necessary for supporting this Institution shall consist of fees, voluntary subscriptions, donations, bequests, etc.

VII.—All moneys received shall go to the Treasurer, who shall keep the same in some chartered bank, and shall disburse them as the Committee of Managers shall direct. The Treasurer's annual report shall be examined by auditors appointed by the Committee.

VIII.—The Secretary shall give notice of stated and special meetings, keep the minutes of the same, and prepare the Annual Report of the Committee of Managers.

IX.—Anyone desiring to obtain a city order for a patient must send to the City Health Officer: (1) A medical certificate either from or confirmed

by one of the medical staff, stating that the applicant is a fit subject for admission to the Home : (2) A recommendation showing that the applicant cannot pay the ordinary charges.

X.—Any person desiring admission to the Home able to defray his or her own expenses, or paid for by friends, must present to the Superintendent of the Home a medical certificate either from or confirmed by one of the medical staff stating that the applicant is a fit subject for admission ; and must pay in advance for one week's board, $2.40.

XI.—Infectious or contagious cases cannot be admitted to the Home.

XII.—Unmarried women with infants cannot be admitted, nor any man or woman known to be leading an immoral life.

XIII.—A small quantity of alcoholic liquor for use in extreme cases or by medical order may be kept in the Home, but must be in charge of the Matron under lock and key, and only administered by the Matron, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

XIV.—Members of the Committee are expected to visit the Home weekly in rotation, and will be notified by the Secretary a week before to that effect.

XV.—The visitor for the week must visit herself or provide a substitute from the members of the Board, or notify the Secretary in time for her to appoint another visitor in her place.

XVI.—The visitor must enquire whether the Matron has an order for every patient. In case of any patient remaining in the Home for more than four weeks, the visitor must make full inquiries as to the reason of such stay, and lay the case before the Board at the first meeting after her visit.

XVII.—The visitor must visit every part of the Home and report personally or fully in writing on the condition of the Home and patients at the first weekly meeting after her visit.

XVIII.—Each member of the Board must notify the Secretary before leaving town for a length of time.

XIX.—The managers may appoint from time to time sub-committees from among themselves to attend to any special duties. As a rule such

sub-committees shall consist of not less than three, and not less than two shall be considered a quorum to act. These committees, for the sake of regularity and for future reference, shall as a rule, report to the Board in writing.

XX.—Changes can be made in the by-laws at any regular monthly meeting of the Committee, notice having been given in writing of the intended change at a previous regular monthly meeting.

XXI.—The President and Secretary or other officers for the time being acting in their stead, shall have power to affix the corporate seal of the Home to any document requiring the same and may adopt any form of seal which to them may seem proper as such corporate seal.

Rules for Inmates.

1.—The inmates shall attend Morning and Evening Prayers, conducted by the Matron.

2.—All inmates must in all respects conform to the orders of the Matron, must be punctual at the hours of meals, and must not absent themselves from the table without permission from the Matron.

3.—Patients, able in the opinion of the Physician, shall assist in any work that the Matron may require.

4.—No patient will at any time be allowed to leave the grounds without special leave from the Matron. No patient shall be absent from the Home later than 5 o'clock p.m. Each patient shall be allowed to leave the grounds once only during a stay of two weeks.

5.—Patients shall confine themselves to the part of the house assigned to them. No male patient shall enter the female wards, nor any female patient the male wards.

6.—The patients shall keep their clothes in the places provided for them, and shall on no account leave them about their rooms or on their beds.

7.—No trunks or unnecessary clothes are to be sent with patients. All clothing must be delivered into the charge of the Matron on arrival at the Home, who will only allow one change of clothing in the wards. At the discretion of the Matron each patient may have six pieces washed at the Home every week free of charge.

8.—On entering the Home patients are requested to hand to the Matron for safe-keeping any money or valuables brought with them.

9.—Patients are not allowed to carry lighted lamps through the house.

10.—Such patients as are well enough are expected to attend Divine Service on Sundays.

11.—Patients must be quiet and exemplary in their behaviour, and conform strictly to the Rules and Regulations of the Home, and carry out all the orders and prescriptions of the various officers of the Home.

12.—Patients may be visited by their friends on Thursdays, between the hours of 2 and 5 p.m., and on any evening, Sundays excepted, from 7 to 8 p.m.

13.—Any patient bringing liquor into the Home, or found intoxicated, will be discharged.

14.—At nine o'clock lights must be out and perfect quiet must be observed in the wards.

15.—Whenever patients misbehave or violate any of the Rules of the Home, the Matron may at once discharge them.

16.—No chewing of tobacco allowed in the building or on the verandah ; nor smoking, except in the place allotted to that purpose in the basement.

17.—The Committee of Management will not allow any nails to be put into either walls or woodwork in any part of the house. No pictures or mottoes are to be hung or pasted on the walls in any part of the house, and patients who in any way disfigure any part of the Home will be subject to dismissal.

DONATIONS.

Mrs. Edward Blake	$100 00
Mrs. John I. Davidson	25 00
A friend, per Miss Aikens	10 00
Mrs. Seidler	5 00
Mr. J. G. King, Port Arthur	5 00
Lady Galt	2 00
	$147 00

Donations of drugs, clothing, books, papers, fruit, etc., have been acknowledged from time to time in the daily newspapers.

Collected by Miss W. Macdonald.

Mr. Samuel Alcorn	$10 00
Miss W. J. Macdonald	10 00
Mrs. J. Macdonald	5 00
	$25 00

CHRISTMAS GIFTS.

6 pair blankets, a table cloth, 1 dozen towels, a barrel of apples, bag of potatoes, turkey, goose, soda biscuits and books, Mrs. A. B. Lee.

Turkey, 2 quarts cranberries, 2 pounds sausages, Mrs. G. A. Sweeny.

Turkey and oranges, Mrs. Nordheimer.

Turkey, and 3 dressing gowns, Mrs. J. I. Davidson.

Turkeys : Lady Gzowski, Mrs. Hoskin, Mrs. Barnett, Mrs. F. Garvin, Mrs. Cockshutt, Mrs. B. E. Walker, Miss Sommersett, Miss Elliott, Messrs. Swan Bros.

Geese and Ducks : Mrs. Greig, Miss Aikens, Miss Macdonald and Miss Parsons.

1 barrel apples, Mrs. Gibson.

Apples, preserved fruit, and 4 tins peas, Miss Sewell.

1 dozen tins of tomatoes, Mrs. Hodgins.

Large jar of honey, Mrs. Shortiss.

Oranges and cake, Mrs. Wakefield.

Christmas cake, Miss Morris.

Case of oranges, Mrs. Laidlaw.

Pillowcases and underclothing, Miss Mickle.

Quantity of men and women's underclothing from The Needlework Guild of Canada.

Harmonium, Mrs. B. Kirkman, Seaforth, Ontario.

"Weekly Empire;" 2 copies of the "Evangelical Churchman," and "The York Recorder," for 1893.

SEVENTH REPORT

OF THE

~ Hillcrest ~

Convalescent Home,

Wells' Hill, Cor. Davenport Road and Bathurst Street,

From Oct. 1st, 1893, to Sept. 30th, 1894.

INCORPORATED, 1892.

TORONTO:
ROWSELL & HUTCHISON, PRINTERS.

1894.

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Form of Bequest.

The Home can legally receive any amount of money which may be given or bequeathed to it.

In case it is desired to give land or its proceeds, it is necessary that the will be executed at least six months before the death of the donor. The form of devise in the will may be as follows :—

I give to the HILLCREST CONVALESCENT HOME, Toronto, (describe the land so that it can be identified.)

or I give to the HILLCREST CONVALESCENT HOME, Toronto, Mortgage dated
and made by *to me, for*
$ *on land described as follows :* (here describe lands as above)

or I give to the HILLCREST CONVALESCENT HOME, Toronto, $ *to be paid out of my Estate.*

Members of the Corporation.

Hon. S. H. Blake, Q.C.	256 Jarvis Street.
J. K. Kerr, Esq., Q.C.	"Rathnelly," Avenue Road.
J. J. Gartshore, Esq.	48 Front Street West.
Dr. W. H. Ellis	74 St. Alban's Street.
Dr. Bertram Spencer	8 Bloor Street East.
A. H. Smith, Esq.	London, Ont.
J. J. Withrow, Esq.	27 Wilton Crescent.
H. P. Dwight, Esq.	107 St. George Street.
Mrs. Gibson	94 St. Joseph Street.
" E. Blake	467 Jarvis Street.
" Hodgins	92 Pembroke Street.
Miss M. R. Greig	17 Queen's Park.
" S. Mickle	Queen's Park West.
" Aikins	29 Wellesley Street.
Mrs. Barnett	68 Gloucester Street.
" Byrne	414 Huron Street.
" Cockshutt	462 Sherbourne Street.
" J. I. Davidson	53 St. George Street.
" Gunther	"Bellevue," Poplar Road.
Lady Gzowski	"The Hall," Bathurst Street.
Mrs. Hoskin	"The Dale," Rosedale.
" Jarvis	258 Jarvis Street.
Miss Morris	471 Jarvis Street.
" O'Brien	383 Sherbourne Street.
" Parsons	235 Jarvis Street.
Mrs. Paterson	23 Walmer Road.
" Shortiss	115 St. George Street.
" Vandersmissen	15 Surrey Place.
" Wakefield	Davenport Road.
Miss W. Macdonald	"Oaklands," Avenue Road.

Committee of Management.

President ..	MRS. A. GIBSON ..	.. .. 94 St. Joseph's Street.
Vice-Presidents	MRS. GUNTHER	Bellevue.
	MRS. WAKEFIELD	Davenport.
Treasurer ..	MISS M. R. GREIG ..	17 Queen's Park.
Secretary ..	MISS O'BRIEN	383 Sherbourne Street.

COMMITTEE.

MISS AIKINS	29 Wellesley Street.
MRS. BARNETT	66 Gloucester Street.
" BYRNE	414 Huron Street.
MISS BOULTON	355 King Street East.
MRS. COCKSHUTT	462 Sherbourne Street.
" J. I. DAVIDSON	53 St. George Street.
MISS DARTNELL	Davenport.
" ELLIOTT	90 Howard Street.
LADY GZOWSKI	"The Hall," Bathurst Street.
MRS. GOODERHAM	"Waveney," St. George Street.
" HOSKIN	"The Dale," Rosedale.
" HELLIWELL	67 Henry Street.
" HODGINS	92 Pembroke Street.
" JARVIS	258 Jarvis Street.
" MORRISON	75 Winchester Street.
MISS W. MACDONALD	Oaklands.
" MORRIS	471 Jarvis Street.
" PARSONS	235 Jarvis Street.
MRS. PATERSON	23 Walmer Road.
" SHORTISS	115 St. George Street.
" VANDERSMISSEN	15 Surrey Place.

Medical Staff.

Dr. B. Spencer	8 Bloor Street East.
Dr. H. T. Machell	95 Bellevue Avenue.
Dr. Crawford Scadding	311 Sherbourne Street.
Dr. P. Strathy	98 Beverley Street.
Dr. Allan Baines	194 Simcoe Street.

Legal Advisor.

T. D. Delamere, Q.C.

Messrs. Delamere, Reesor & English, 17 Toronto Street.

Matron.

Miss Law, Hillcrest, Bracondale.

Housekeeper.

Miss Keith.

Hillcrest Convalescent Home.

Seventh Annual Meeting.

The Annual Meeting of the Corporation of this Institution was held on Monday, November the 19th, in the Library of the Y. M. C. A., Mr. W. B. McMurrich presiding.

After the Meeting had been opened with prayer by the Rev. Dr. Pearson, letters of regret were read from His Honour the Lieutenant-Governor, His Worship the Mayor, Mr. O. A. Howland, M.P.P., and others: the Secretary was then called upon to read the report as follows:

The year ending September, the 30th, 1894, has been marked by no special effort in the work of the Convalescent Home, since the building of the new wing for men, the papering and painting of the old house, and the construction of a main sewer to connect with the city sewer on Bathurst street, south of the C. P. R. track. We have, in a manner, rested on our oars, feeling that there was no occasion for further outlay at present, as every department of the Home was in excellent working order.

We have accommodation for forty-eight patients, viz.: twenty-five women, and twenty-three men; the wards are light, airy, and well ventilated; and the south and west verandahs afford a delightful place for exercise at all seasons of the year. In addition to this, we have accommodation for private patients, consisting of three bed-rooms, bath-room and a sitting-room, together with verandahs for their special use

Our patients during the year numbered 212, 141 being women, 67 men and 4 children, there have been no deaths, and the general health has been fair. The aggregate stay of the patients was 5,912 days, the average being 28 days.

As we have said in former reports, the Home is almost self-supporting, and we only appeal to the general public when we have to incur extra expense.

The charge for the patients in the public wards is $2.40 per week, paid in advance. The Superintendent, Miss Law, is a trained and certificated nurse, and before coming to the Convalescent Home, was for thirteen years in charge of the Hospital at Guelph, and the Committee feel that they cannot speak too highly of her kind and motherly care of the patients, nor of her skill in cases of emergency, when active treatment is required. It is a well-known fact that many convalescents are querulous and hard to please, but we believe that there are very few who have found returning health and strength at Hillcrest, who would not gladly acknowledge how untiring she is in her care for them. If exquisite cleanliness! (for which we have to thank our housekeeper, Miss Keith), plain wholesome food, and pure air are needed, they can certainly be found at the Convalescent Home, and we know no better factors for the building up of health than these.

We have many kind friends to thank for their gifts to us during the year, but especially those who have ministered to the spiritual needs of the patients, whether by Sunday services, or weekly Bible readings; and we hope that many have gone forth from there to begin again the battle of life, determined to live Christ's faithful soldiers and servants unto their lives' end.

To the medical staff, too, we owe our warmest thanks for the willing service they give. We do not know how often they have

been called upon to go out there after a hard day's work, but we *do* know that we never call upon them in vain when they are really needed.

STATISTICS FROM GOVERNMENT REPORT, 1893-94.

Number of patients in the Home	212
Women	141
Men	67
Children	4
English	90
Canadian	50
Irish	41
Scotch	14
Other Nationalities	17
Episcopalians	112
Presbyterians	28
Roman Catholics	11
Methodists	38
Baptists	14
Other Denominations	9

The Treasurer's report, which appears elsewhere, was then presented.

The adoption of the two reports was moved by the Rev. Louis H. Jordan, and seconded by the Rev. Dr. Pearson.

The Medical report was prepared and presented by Dr. Philip Strathy. It is as follows :—

Medical Report.

Mr. Chairman, Ladies and Gentlemen:

I have the pleasure to submit to you to-day a short report on behalf of the Medical staff of the Hillcrest Convalescent Home.

During the year the home has admitted 212 patients convalescing from various diseases. We have had twenty typhoid fever convalescents. Seventeen recovering from rheumatism. Eleven from la grippe. Thirty-one who have been classified under the head of debility, who have really suffered from no particular disease, but who are run down from worry, overwork, poor food and other causes. The balance are made up of patients recovering from various disorders, such as pneumonia, pleurisy, bronchitis, anæmia, heart disease, and patients who have not regained their health after operations. We have fortunately escaped without a death in the Home this year. Of the usefulness of this institution, I need not say, there can be no doubt. There have been times in Toronto when epidemics of typhoid fever and other diseases have filled the hospitals to such an extent that patients have been obliged to leave before recovery has been completed to make room for others in a more acute state, and the value of such an institution as ours has been, at such time a great boon to the sick. The hospitals have sent us a large share of our patients—86 coming from the General Hospital, 30 from Grace Hospital, 2 from St. John's Hospital, 118 in all—leaving in these institutions that number of beds for more urgent cases.

Hundreds of cases of relapses of different diseases have been saved to the poor of our city by taking advantage of this resort.

And not to the poor only, but to our better classes who can avail themselves of the comfortable private wards and get the advantage which the situation of the Home offers, an advantage not to be obtained in our crowded centres.

I must testify also to the efficiency, care and attention displayed by the Matrons, Miss Law and Miss Keith, who are ever mindful of their duties, and kindly in their attention to the wants of the sick.

Rooms for Private Patients.

In building the new wing, special arrangements have been made by the Board for the reception of private patients. Three airy and prettily furnished bed-rooms have been set apart for their use. They will have a separate dining-room and parlor, a separate bath-room, and two verandahs on the west and on the south for their exclusive use. All bedding, linen, china, etc., will be kept separate and there will be good attendance.

The charges for these rooms will be from $5.00 to $9.00 per week, according to accommodation.

Treasurer's Statement.

Receipts and Expenditures from 1st October, 1893 to 30th September, 1894 :

RECEIPTS.

Balance on hand 1st October, 1893	$ 539 01	
Received from Government of Ontario	1001 55	
Received from city of Toronto—Grant	200 00	
Received from city of Toronto for Patients	1987 30	
Received from patients and their friends	545 45	
Subscriptions, Donations and Bequests	163 00	
Received interest on Endowment Fund	35 48	
Received from all other sources not above enumerated.	57 55	
		$4529 34

EXPENDITURES.

Butchers' Meat	$463 34	
Butter	155 26	
Wine and Spirits	4 50	
Flour, Bread and Meal	155 40	
Milk	223 75	
Potatoes, Vegetables and Fruit	122 37	
Groceries and provisions not enumerated	261 72	
Advertising, Printing, Postage, etc	43 44	
Soap, Brushes and Cleaning Appliances	28 96	
Fuel	407 25	
Furniture, Furnishings, Bedding, Crockery, etc.	125 08	
Oil and Lights	20 49	
Medicine	21 50	
Repairs	170 79	
Live Stock and Feed for same	12 15	
Salaries and Wages	925 22	
Ice Supply	21 26	
Other Expenditures, including final payment of Loan and Interest	604 89	
Cash balance	761 97	
		$4529 34

HILLCREST ENDOWMENT FUND.

Balance 30th September, 1893	$709 60	
Subscriptions to Fund.....	58 00	
		$767 60
Balance on deposit	$767 60	
		$767 60

Having examined the Cash book of the Convalescent Home of which the above is a summary, and having compared the expenditure with the vouchers and receipts, I hereby certify as to the correctness of the foregoing accounts.

W. GILLESPIE, JR.,
Auditor.

Toronto, October 17th, 1894.

Act of Incorporation, 55 Victoria, 1892.

WHEREAS the Hillcrest Convalescent Home of the city of Toronto was established for the purpose of a convalescent home, to be carried on in a suitable manner under the direction of a committee of ladies to be appointed annually for the acceptance of convalescent patients, without distinction of creed, and the same has been in working operation for over four years under the direction of a board of management; and whereas the said home was founded by a grant of land by the late William Gooderham to trustees, and the erection thereon of a large and expensive building at the cost of a charitable English lady, who furnished money for the construction and furnishing of the same to the extent of upwards of $11,000; and whereas the same has been carried on by a committee of management in conjunction with the trustees chiefly through voluntary subscriptions of citizens of Toronto and legacies and bequests from time to time; and whereas large sums have been expended annually for the support of the said institution and also in making additions and alterations to the buildings to meet growing demands; and whereas the board of management have been incorporated under *The Act respecting Benevolent, Provident and other Societies*, and their powers to receive by grant, gift, devise or bequest are too limited for the practical working of the same, and it is desirable that the board of trustees and the board of management aforesaid should be united into one corporation and the lands and buildings now vested in trustees vested in such corporation; and whereas it is expedient to grant the prayers of the same petition;

Therefore Her Majesty, by and with the advice and consent of the Legislative Assembly of the Province of Ontario, enacts as follows:—

1. The Honourable Samuel Hume Blake, James Kirkpatrick Kerr, John James Gartshore, William Holmes Howland, William Hodgson Ellis, Bertram Spencer, Arthur Hutchison Smith, John Jacob Withrow, and Harvey Prentice Dwight, all of the city of Toronto, esquires, together with the present board of management and members of the committee, and all other persons who may from time to time be elected to succeed them as members of the committee, shall be and they are hereby constituted a body politic and corporate under the name of the Hillcrest Convalescent Home, and the said incorporation under the *Act respecting*

Benevolent, Provident and other Societies shall merge in the corporation hereby created and cease to exist as a separate corporate body.

2. All the property, real or personal, now held by the said individuals above mentioned, or by any of them or other person or persons, for the use or benefit of the said Hillcrest Convalescent Home shall be and is hereby transferred to and vested in the corporation hereby constituted, subject only to the provisions of the deed of grant from the said William Gooderham to trustees dated the 21st day of August, A. D. 1885, as to the disposition to be made of the said property in case it should cease to be carried on and supported as a convalescent home, and the officers and managing committee of the said institution at present in office shall continue to be the officers and managing committee of the said corporation until others shall be elected in their stead.

3. The said corporation may hold the said lands for use as a convalescent home, and may also acquire and hold additional lands and premises when required for use in connection with the same for actual use and occupation as a convalescent home provided the annual value thereof do not exceed the sum of $15,000 in all, and may also acquire any other real estate or interest therein, by gift, devise or bequest if made at least six months before the death of the party making the same, and may hold such estate or interest in the lands lastly mentioned for a period of not more than seven years and shall within that period alienate or dispose of the same and the proceeds of the estate or interest so disposed of shall be invested in public securities, county or municipal debentures or other approved securities, for the use of the said corporation, and such estate or interest therein as may not within the said period have been alienated or disposed of shall revert to the party from whom the same was acquired, his heirs or representatives.

4. For the management of the affairs of the corporation there shall be a committee composed of not more than thirty persons, who shall be annually elected by the members of the corporation amongst themselves at a general meeting to be held annually in the month of October in each year, and at their first meeting after such election the said committee of management shall choose out of their number a president, two vice-presidents, a treasurer and a secretary, who shall hold office during the period aforesaid.

5. The said managing committee may make such and so many by-laws, orders and regulations (not being contrary to the laws of this Province or this Act) as they may deem useful and necessary for the government of the said corporation, and for the admission, resignation and retirement of members of the corporation, and may repeal, revoke, alter and amend any existing by-laws, orders and regulations.

6. The funds of the said corporation shall be used for the purposes authorized by this Act, and nothing herein contained shall authorize the said corporation to engage in the business of real estate.

7. The said corporation shall at all times when required by the Lieutenant-Governor of the Province, make a full return of all property held by it, with such details and other information as the Lieutenant-Governor in Council may require.

By-Laws.

I.—This Institution is intended for the benefit of convalescents leaving hospitals, or living in houses where their recovery is retarded by the want of needed rest and change.

II.—It is to be managed by a committee of not more than thirty (30) ladies, to be elected annually. The Committee will nominate its successors in office.

III.—The said Committee shall elect by ballot out of its number a President, two Vice-Presidents, a Treasurer and a Secretary, in accordance with clause 4 of the Act.

IV.—The Committee of Management shall hold its monthly meetings on the first Friday of each month at 11 a. m., at such place as it shall appoint. Five members shall constitute a quorum. Weekly meetings shall be held each Friday morning at the same time and place, unless some other day is fixed upon at a previous regular meeting.

V.—The President shall have general supervision of the work. She shall preside at all meetings of the Corporation or of the Committee of Management, and shall perform such other duties as are incident to the office. She shall sign all drafts upon the Treasury before they are paid. In case of her absence, one of the Vice-Presidents shall preside ; in case of their absence, such other person as the meeting may select.

VI.—The funds necessary for supporting this Institution shall consist of fees, voluntary subscriptions, donations, bequests, etc.

VII.—All moneys received shall go to the Treasurer, who shall keep the same in some chartered bank, and shall disburse them as the Committee of Managers shall direct. The Treasurer's annual report shall be examined by auditors appointed by the Committee.

VIII.—The Secretary shall give notice of stated and special meetings, keep the minutes of the same, and prepare the Annual Report of the Committee of Managers.

IX.—Anyone desiring to obtain a city order for a patient must send to the City Health Officer : (1) A medical certificate either from or confirmed

by one of the medical staff, stating that the applicant is a fit subject for admission to the Home : (2) A recommendation showing that the applicant cannot pay the ordinary charges.

X.—Any person desiring admission to the Home able to defray his or her own expenses, or paid for by friends, must present to the Superintendent of the Home a medical certificate either from or confirmed by one of the medical staff stating that the applicant is a fit subject for admission ; and must pay in advance for one week's board, $2.40.

XI.—Infectious or contagious cases cannot be admitted to the Home.

XII.—Unmarried women with infants cannot be admitted, nor any man or woman known to be leading an immoral life.

XIII.—A small quantity of alcoholic liquor for use in extreme cases or by medical order may be kept in the Home, but must be in charge of the Matron under lock and key, and only administered by the Matron, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

XIV.—Members of the Committee are expected to visit the Home weekly in rotation, and will be notified by the Secretary a week before to that effect.

XV.—The visitor for the week must visit herself or provide a substitute from the members of the Board, or notify the Secretary in time for her to appoint another visitor in her place.

XVI.—The visitor must enquire whether the Matron has an order for every patient. In case of any patient remaining in the Home for more than four weeks, the visitor must make full inquiries as to the reason of such stay, and lay the case before the Board at the first meeting after her visit.

XVII.—The visitor must visit every part of the Home and report personally or fully in writing on the condition of the Home and patients at the first weekly meeting after her visit.

XVIII.—Each member of the Board must notify the Secretary before leaving town for a length of time. Also, That any member of the Board being absent for three consecutive months without having given formal notice of absence to the Secretary, will cease to be a member of the Board.

XIX.—The managers may appoint from time to time sub-committees from among themselves to attend to any special duties. As a rule such sub-committees shall consist of not less than three, and not less than two shall be considered a quorum to act. These committees, for the sake of regularity and for future reference, shall as a rule, report to the Board in writing.

XX.—Changes can be made in the by-laws at any regular monthly meeting of the Committee, notice having been given in writing of the intended change at a previous regular monthly meeting.

XXI.—The President and Secretary or other officers for the time being acting in their stead, shall have power to affix the corporate seal of the Home to any document requiring the same and may adopt any form of seal which to them may seem proper as such corporate seal.

Rules for Inmates.

1.—The inmates shall attend Morning and Evening Prayers, conducted by the Matron.

2.—All inmates must in all respects conform to the orders of the Matron, must be punctual at the hours of meals, and must not absent themselves from the table without permission from the Matron.

3.—Patients, able in the opinion of the Physician, shall assist in any work that the Matron may require.

4.—No patient will at any time be allowed to leave the grounds without special leave from the Matron. No patient shall be absent from the Home later than 5 o'clock p.m. Each patient shall be allowed to leave the grounds once only during a stay of two weeks.

5.—Patients shall confine themselves to the part of the house assigned to them. No male patient shall enter the female wards, nor any female patient the male wards.

6.—The patients shall keep their clothes in the places provided for them, and shall on no account leave them about their rooms or on their beds.

7.—No trunks or unnecessary clothes are to be sent with patients. All clothing must be delivered into the charge of the Matron on arrival at the Home, who will only allow one change of clothing in the wards. At the discretion of the Matron each patient may have six pieces washed at the Home every week free of charge.

8.—On entering the Home patients are requested to hand to the Matron for safe-keeping any money or valuables brought with them.

9.—Patients are not allowed to carry lighted lamps through the house.

10.—Such patients as are well enough are expected to attend Divine Service on Sundays.

11.—Patients must be quiet and exemplary in their behaviour, and conform strictly to the Rules and Regulations of the Home, and carry out all the orders and prescriptions of the various officers of the Home.

12.—Patients may be visited by their friends on Thursdays, between the hours of 2 and 5 p.m., and on any evening, Sundays excepted, from 7 to 8 p.m.

13.—Any patient bringing liquor into the Home, or found intoxicated, will be discharged.

14.—At nine o'clock lights must be out and perfect quiet must be observed in the wards.

15.—Whenever patients misbehave or violate any of the Rules of the Home, the Matron may at once discharge them.

16.—No chewing of tobacco allowed in the building or on the verandah ; nor smoking, except in the place allotted to that purpose in the basement.

17.—The Committee of Management will not allow any nails to be put into either walls or woodwork in any part of the house. No pictures or mottoes are to be hung or pasted on the walls in any part of the house, and patients who in any way disfigure any part of the Home will be subject to dismissal.

DONATIONS.

Mrs. Edward Blake	$100 00
Mrs. John I. Davidson	15 00
Miss Somersett	10 00
Mrs. Jarvis	10 00
Mrs. G. A. Sweny	10 00
Lady Macpherson	5 00
Miss Wilson	5 00
Miss Aikens	5 00
Lady Galt	2 00
Mrs. Crooks	1 00
	$163 00

CHRISTMAS DONATIONS.

Turkey and apples	Mrs. Sweny.
12 cans tomatoes, 12 cans corn, holly	Mrs. Gooderham.
2 turkeys	Swan Bros.
1 turkey	No name.
1 turkey	Miss Aikens.
Oranges	Miss Mickle.
4 pairs socks	Mrs. Osler.
Jar of honey	Mrs. Shortiss.
Cake	Miss Morris.
6 cans tomatoes, 6 cans peas	Miss Somerset.
6 cans tomatoes and 6 cans peas	Miss Elliot.
1 turkey	Mrs. Smart.
Side of Lamb	Mrs. Parsons.
1 turkey	Mrs. B. E. Walker.
Goose	Miss McDonald.
Books and grapes	Mrs. Brodie.
Prunes	Mrs. Wakefield.
Magazines, barrel apples	Mrs. Davidson.
Roast of beef	Mallaby & Co.

EIGHTH REPORT

OF THE

Hillcrest Convalescent Home

Wells' Hill, Corner of Davenport Road and Bathurst Street

From Oct. 1st, 1894, to Sept. 30th, 1895.

Telephone Number 4452.

INCORPORATED 1892.

TORONTO:
ARBUTHNOT BROS. & CO., PRINTERS.

1896.

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OF THE

Hillcrest Convalescent Home

Wells' Hill, Corner of Davenport Road and Bathurst Street

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INCORPORATED 1892.

TORONTO:
ARBUTHNOT BROS. & CO., PRINTERS.

1896.

FORM OF BEQUEST.

The HILLCREST CONVALESCENT HOME can legally receive any amount of money which may be given or bequeathed to it.

In case it is desired to give land, or its proceeds by Will, it is necessary that the Will should be executed at least six months before the death of the donor. The form of devise in the Will may be as follows:—

I give to the HILLCREST CONVALESCENT HOME, Toronto, (Describe the land, so that it can be identified.)

Or,

I give to the HILLCREST CONVALESCENT HOME, Toronto, a Mortgage, dated and made by to me, for $ on land described as follows:
(Here describe lands as above.)

Or,

I give to the HILLCREST CONVALESCENT HOME, Toronto, $ to be paid out of my Estate.

HILLCREST CONVALESCENT HOME, WELLS' HILL, TORONTO.

Members of the Corporation.

Hon. S. H. Blake, Q.C.	256 Jarvis Street.
J. K. Kerr, Esq., Q.C.	"Rathnelly," Avenue Road.
J. J. Gartshore, Esq.	48 Front Street West.
Dr. W. H. Ellis	74 St. Alban's Street.
Dr. Bertram Spencer	8 Bloor Street East.
A. H. Smith, Esq.	London, Ont.
J. J. Withrow, Esq.	27 Wilton Crescent.
H. P. Dwight, Esq.	107 St. George Street.
Mrs. Gibson	94 St. Joseph Street.
" E. Blake	467 Jarvis Street.
" Hodgins	92 Pembroke Street.
Miss M. R. Greig	17 Queen's Park.
" Aikins	29 Wellesley Street.
Mrs. Barnett	68 Gloucester Street.
" Byrne	414 Huron Street.
" Cockshutt	462 Sherbourne Street.
" J. I. Davidson	53 St. George Street.
" Gunther	"Bellevue," Poplar Road.
Lady Gzowski	"The Hall," Bathurst Street.
Mrs. Hoskin	"The Dale," Rosedale.
" Jarvis	258 Jarvis Street.
Miss Morris	471 Jarvis Street.
" O'Brien	383 Sherbourne Street.
" Parsons	235 Jarvis Street.
Mrs. Shortiss	115 St. George Street.
" Vandersmissen	15 Surrey Place.
" Wakefield	Davenport Road.
Miss W. Macdonald	"Oaklands," Avenue Road.

Committee of Management.

President ..	MRS. A. GUNTHER ..	"Bellevue," Poplar Road.
Vice-Presidents	LADY GZOSKWI ..	"The Hall," Bathurst Street.
	MRS. JARVIS	258 Jarvis Street.
Treasurer ..	MISS M. R. GREIG	17 Queen's Park.
Sec. (*pro tem.*)	MRS. HODGINS	92 Pembroke Street.

COMMITTEE.

MISS AIKINS	29 Wellesley Street.
MRS. BARNETT	66 Gloucester Street.
" BLAKE	467 Jarvis Street.
" BYRNE	414 Huron Street.
MISS BOULTON	355 King Street East.
MRS. COCKSHUTT	462 Sherbourne Street.
" J. I. DAVIDSON	53 St. George Street.
" GIBSON	94 St. Joseph Street.
MISS GREENSHIELDS	94 St. Joseph Street.
MRS. GOODERHAM	"Waveney," St. George Street.
" HOSKIN	"The Dale," Rosedale.
" MORRISON	75 Winchester Street.
MISS W. MACDONALD	"Oaklands."
" MORRIS	471 Jarvis Street.
" O'BRIEN	383 Sherbourne Street.
" PARSONS	235 Jarvis Street.
MRS. SHORTISS	115 St. George Street.
" VANDERSMISSEN	15 Surrey Place.

Medical Staff.

Dr. B. Spencer	8 Bloor Street East.
Dr. H. T. Machell	95 Bellevue Avenue.
Dr. Crawford Scadding	311 Sherbourne Street.
Dr. P. Strathy	98 Beverley Street.
Dr. Allen Baines	194 Simcoe Street.

LEGAL ADVISER

T. D. Delamere, Q.C.
Messrs. Delamere, Reesor & English, 17 Toronto Street.

MATRON

Miss Law, Hillcrest, Bracondale.

HOUSEKEEPER

Miss Keith.

Hillcrest Convalescent Home.

Eighth Annual Meeting, 1895.

THE Annual Meeting of the Corporation of this Institution was held at Hillcrest Convalescent Home, on Monday, October the 21st; His Honour the Lieutenant-Governor presiding.

After the meeting had been opened with prayer by the Rev. A. H. Baldwin, letters of regret were read from the Lord Bishop of Toronto, Sir Casimir Gzowski, and others. The Secretary then read the Annual Report, as follows:

In presenting the Eighth Annual Report of the Convalescent Home, the Board of Management would like to draw the attention of the public to the fact that though it is so young an institution it is practically self-supporting, no annual collection being made on its behalf. And, notwithstanding the fact that the city grant of $200 per annum has been withdrawn, it is still able to begin a new year free from debt, and with a small balance in the bank.

But it is only by the utmost care and attention to the minutest details of expenditure that this desirable state of its finances has been attained—the purchasing being all done by sub-committees of the Board of Management, the

lists of the things required being sent to the weekly meetings of the Board by the Matron and Housekeeper.

We have only a very small endowment fund, which we would gladly see increased—not for the sake of providing an income for the future, for we think that every generation should take care of its own poor—but to enable us to take, from time to time, patients who have no money to pay for themselves, and no relatives who are able to pay for them; people in feeble health, who are practically alone in the world, and to whom our Home is a haven of rest; and, we might add, that such a one we have had with us for the last three years—a dear old woman, whose happy face tells you of her peaceful life.

Our year has been one of great blessing, as far as the health of our patients is concerned. We have no deaths to record, though there have been several cases of serious illness among the 262 patients who have passed through our hands during 1895.

Our rooms for private patients are becoming better known, and, as a natural consequence, are much more frequently used; in fact, they have hardly been empty during the whole summer; and the universal testimony has been most favourable, both as regards their comfort and the care and attention of Miss Law and Miss Keith.

In view of the unusual number of typhoid cases at the present time, may we again draw attention to the fact that no better place exists in the neighborhood of Toronto for typhoid convalescents than this Home. The rapidity with which health and strength are regained is wonderful, and our Matron feels specially pleased when she sees the hollow cheeks rounding out, the eyes renewing their brightness, and the step regaining its elasticity. This is, no

doubt, owing to its elevated position, as well as the kind care and good food.

We are very glad to have this public opportunity of thanking all those who have so kindly helped us in our work during the past year. We have indeed many staunch and true friends; some who come here week by week, in summer heat and winter cold, to minister to the spiritual needs of the inmates; and many cheering words of counsel and advice have strengthened and helped them on life's pilgrimage—to some so weary and sad a journey—were it not for the hope of the life beyond.

To the Medical staff we are, as usual, much indebted, and tender them our warmest thanks for their willing and gratuituous services.

Miss Law and Miss Keith are still with us, each carrying on her own department in the most satisfactory way.

Before concluding, there is one want that we should very much like to make known. We have no telephone, and do not feel justified in incurring the expense of one just at present; but it is a great want, and we leave it to the kind consideration of the public to devise some means of supplying it.

STATISTICS FROM THE GOVERNMENT REPORT.

Number of patients during the year	262
Women	130
Men	132
English	89
Canadian	103
Irish	36
Scotch	13
Other Nationalities	21

Episcopalians	100
Presbyterians	55
Methodists	48
Baptists	19
Roman Catholics	22
Other Denominations	18

Collective stay of patients .....7,441 days

The Treasurer's report, which appears elsewhere, was then presented.

The adoption of these reports was moved O. A. Howland, Esq., M.P.P., and seconded by the Rev. Charles Shortt.

The Board of Management for the ensuing year was moved by the Rev. Dr. Parsons, and seconded by the Rev. Mr. de Pensier.

The Medical report was prepared by Dr. Allen Baines. It is as follows:

Medical Report.

Mr. Chairman, Ladies and Gentlemen:

It affords me much pleasure to submit the Medical Report on behalf of the Medical staff of the Hillcrest Convalescent Home.

Our number of convalescent patients, you will notice, is considerably increased, last year there being 212, this year 262. The number is largely represented by cases of debility, this class of patients being from the ranks of domestic servants and working women.

We look on this particular class with the greatest interest, for, although not downrightly ill, they are, when sent here, on the highway to a serious illness ; and by the rest, good care and nourishment supplied, preventive medicine in its truest sense is practiced.

We are particularly pleased to notice that the private wards are becoming more patronized, and feel that the time is close at hand when increased room will be needed for the more fortunate class of convalescents, who are able to pay for private wards.

We cannot close this report without again heartily testifying to the consistent attention, efficiency and kindness ever displayed by our Matrons, Miss Law and Miss Keith.

The following is a brief resume of the different causes of admission of patients and from whence they came: Typhoid fever, lung diseases, heart diseases, rheumatism, and debility. The General Hospital sent 102, St. Michael's 4, Grace Hospital 37, St. John's 4, and City orders 99, outside orders 14, Home for Incurables 1, Girls' Home 1.

All of which is respectfully submitted.

(Sgd.) ALLEN BAINES, M.D., Etc.,

On behalf of Medical Staff.

Rooms for Private Patients.

In building the new wing, special arrangements have been made by the Board for the reception of private patients. Three airy and prettily furnished bed-rooms have been set apart for their use. They will have a separate dining-room and parlor, a separate bath-room, and two verandahs on the west and on the south for their exclusive use. All bedding, linen, china, etc., will be kept separate, and there will be good attendance.

The charges for these rooms will be from $5.00 to $9.00 per week, according to accommodation.

Treasurer's Statement

of the Hillcrest Convalescent Home, for the year ending 30th September, 1895.

RECEIPTS.

Balance on hand, 1st Oct., 1894	$761 97
Received from Government of Ontario	884 85
" City of Toronto, Grant	200 00
" City of Toronto, for Patients	1,231 30
" County of York, for Patients	9 80
" Inmates or their friends	741 73
Income from Property belonging to Home	33 76
Subscriptions, Donations and Bequests	81 50
Received from all other sources	66 00
	$4,010 91

EXPENDITURES.

Butchers' Meat	$489 56
Butter	152 14
Beer, Wine and Spirits	6 50
Flour, Bread and Meal	167 99
Milk	195 33
Potatoes, Vegetables and Fruit	70 17
Groceries and Provisions	333 26
Advertising, Printing, Stationery and Postage	33 75
Soap, Brushes and Cleaning Appliances	31 32
Fuel	332 74
Furniture, Furnishing, etc	191 53
Farm and Grounds, Ornamenting and Cultivating	38 50
Gas, Oil, Candles and Light	19 64
Medicine and Medical Comfort	27 91
Repairs, ordinary	61 21
Repairs, extraordinary—new outside steps	198 69
Live Stock, and Feed for same	17 75
Salaries and Wages	979 08
Taxes and Insurance	87 50
Other Expenditures not above detailed	15 60
Transferred to Endowment Fund	76 50
Cash Balance on hand	484 24
	$4,010 91

HILLCREST ENDOWMENT FUND.

Balance, 30th Sept., 1894	$767 60
Subscriptions, etc., transferred to this account	76 50
Interest on Deposit	7 05
	$851 15
Balance on Deposit	$851 15

Having examined the Cash Book of the Convalescent Home, of which the above is a summary, and having compared the expenditure with the vouchers and receipts, I hereby certify as to the correctness of the foregoing accounts.

W. GILLESPIE.

TORONTO, *18th October, 1895.*

ACT OF INCORPORATION, 55 VICT., 1892.

WHEREAS the Hillcrest Convalescent Home of the city of Toronto was established for the purpose of a convalescent home, to be carried on in a suitable manner under the direction of a committee of ladies to be appointed annually for the acceptance of convalescent patients, without distinction of creed, and the same has been in working operation for over four years under the direction of a board of management; and whereas the said home was founded by a grant of land by the late William Gooderham to trustees, and the erection thereon of a large and expensive building at the cost of a charitable English lady, who furnished money for the construction and furnishing of the same to the extent of upwards of $11,000; and whereas the same has been carried on by a committee of management in conjunction with the trustees chiefly through voluntary subscriptions of citizens of Toronto and legacies and bequests from time to time; and whereas large sums have been expended annually for the support of the said institution and also in making additions and alterations to the buildings to meet growing demands; and whereas the board of management have been incorporated under *The Act respecting Benevolent, Provident and other Societies*, and their powers to receive by grant, gift, devise or bequest are too limited for the practical working of the same, and it is desirable that the board of trustees and the board of management aforesaid should be united in one corporation and the lands and buildings now vested in trustees vested in such corporation; and whereas it is expedient to grant the prayers of the same petition;

Therefore Her Majesty, by and with the advice and consent of the Legislative Assembly of the Province of Ontario, enacts as follows:—

1. The Honourable Samuel Hume Blake, James Kirkpatrick Kerr, John James Gartshore, William Holmes Howland, William Hodgson

Ellis, Bertram Spencer, Arthur Hutchison Smith, John Jacob Withrow, and Harvey Prentice Dwight, all of the city of Toronto, esquires, together with the present board of management and members of the committee, and all other persons who may from time to time be elected to succeed them as members of the committee, shall be and they are hereby constituted a body politic and corporate under the name of the Hillcrest Convalescent Home, and the said incorporation under *The Act respecting Benevolent, Provident and other Societies* shall merge in the corporation hereby created and cease to exist as a separate corporate body.

2. All the property, real or personal, now held by the said individuals above mentioned, or by any of them or other person or persons, for the use or benefit of the said Hillcrest Convalescent Home shall be and is hereby transferred to and vested in the corporation hereby constituted, subject only to the provisions of the deed of grant from the said William Gooderham to trustees dated the 21st day of August, A.D. 1885, as to the disposition to be made of the said property in case it should cease to be carried on and supported as a convalescent home, and the officers and managing committee of the said institution at present in office shall continue to be the officers and managing committee of the said corporation until others shall be elected in their stead.

3. The said corporation may hold the said lands for use as a convalescent home, and may also acquire and hold additional lands and premises when required for use in connection with the same for actual use and occupation as a convalescent home provided the annual value thereof do not exceed the sum of $15,000 in all, and may also acquire any other real estate or interest therein, by gift, devise or bequest if made at least six months before the death of the party making the same, and may hold such estate or interest in the lands lastly mentioned for a period of not more than seven years and shall within that period alienate or dispose of the same and the proceeds of the estate or interest so disposed of shall be invested in public securities, for the use of the said corporation, and such estate or interest therein as may not within the said period have been alienated or disposed of shall revert to the party from whom the same was acquired, his heirs or representatives.

4. For the management of the affairs of the corporation there shall be a committee composed of not more than thirty persons, who shall be annually elected by the members of the corporation amongst themselves at a general meeting to be held annually in the month of October in each year, and at their first meeting after such election the said committee of management shall choose out of their number a president, two vice-presidents, a treasurer and a secretary, who shall hold office during the period aforesaid.

5. The said managing committee may make such and so many by-laws, orders and regulations (not being contrary to the laws of this Province or this Act) as they may deem useful and necessary for the government of the said corporation, and for the admission, resignation and retirement of members of the corporation, and may repeal, revoke, alter and amend any existing by-laws, orders and regulations.

6. The funds of the said corporation shall be used for the purposes authorized by this Act, and nothing herein contained shall authorize the said corporation to engage in the business of real estate.

7. The said corporation shall at all times when required by the Lieutenant-Governor of the Province, make a full return of all property held by it, with such details and other information as the Lieutenant-Governor in Council may require.

BY-LAWS.

I.—This Institution is intended for the benefit of convalescents leaving hospitals, or living in houses where their recovery is retarded by the want of needed rest and change.

II.—It is to be managed by a Committee of not more than thirty (30) ladies, to be elected annually. The Committee will nominate its successors in office.

III.—The said Committee shall elect by ballot out of its number a President, two Vice-Presidents, a Treasurer and a Secretary, in accordance with clause 4 of the Act.

IV.—The Committee of Management shall hold its monthly meetings on the first Friday of ench month at 11 a.m., at such place as it shall appoint. Five members shall constitute a quorum. Weekly meetings shall be held each Friday morning at the same time and place, unless some other day is fixed upon at a previous regular meeting.

V.—The President shall have general supervision of the work. She shall preside at all meetings of the Corporation or of the Committee of Management, and shall perform such other duties as are incident to the office. She shall sign all drafts upon the Treasury before they are paid. In case of her absence, one of the Vice-Presidents shall preside; in case of their absence, such other person as the meeting may select.

VI.—The funds necessary for supporting this Institution shall consist of fees, voluntary subscriptions, donations, bequests, etc.

VII.—All moneys received shall go to the Treasurer, who shall keep the same in some chartered bank, and shall disburse them as the Committee of Managers shall direct. The Treasurer's annual report shall be examined by auditors appointed by the Committee.

VIII.—The Secretary shall give notice of stated and special meetings, keep the minutes of the same, and prepare the Annual Report of the Committee of Managers.

IX.—Anyone desiring to obtain a city order for a patient must send to the City Health Officer: (1) A medical certificate either from or confirmed by one of the medical staff, stating that the applicant is a fit subject for admission to the Home; (2) A recommendation showing that the applicant cannot pay the ordinary eharges.

X.—Any person desiring admission to the Home able to defray his or her own expenses, or paid for by friends, must present to the Superintendent of the Home a medical certificate either from or confirmed by one of the medical staff stating that the applicant is a fit subject for admission; and must pay in advance for one week's board, $2.40.

XI.—Infectious or contagious cases cannot be admitted to the Home.

XII.—Unmarried women with infants cannot be admitted, nor any man or woman known to be leading an immoral life.

XIII.—A small quantity of alcoholic liquor for use in extreme cases or by medical order, may be kept in the Home, but must be in charge of the Matron, under lock and key, and only administered by the Matron, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

XIV.—Members of the Committee are expected to visit the Home weekly in rotation, and will be notified by the Secretary a week before to that effect.

XV.—The visitor for the week must visit herself or provide a substitute from the members of the Board, or notify the Secretary in time for her to appoint another visitor in her place.

XVI.—The visitor must enquire whether the Matron has an order for every patient. In case of any patient remaining in the Home for more than four weeks, the visitor must make full enquiries as to the reason of such stay, and lay the case before the Board at the first meeting after her visit.

XVII.—The visitor must visit every part of the Home and report personally or fully in writing on the condition of the Home and patients at the first weekly meeting after her visit.

XVIII.—Each member of the Board must notify the Secretary before leaving town for a length of time. Also, that any member of the Board being absent for three consecutive months without having given formal notice of absence to the Secretary, will cease to be a member of the Board.

XIX.—The managers may appoint from time to time sub-committees from among themselves to attend to any special duties. As a rule such sub-committees shall consist of not less than three, and not less than two shall be considered a quorum to act. These committees, for the sake of regularity and for future reference, shall, as a rule, report to the Board in writing.

XX.—Changes can be made in the by-laws at any regular monthly meeting of the Committee, notice having been given in writing of the intended change at a previous regular monthly meeting.

XXI.—The President and Secretary or other officers for the time being acting in their stead, shall have power to affix the corporate seal of the Home to any document requiring the same and may adopt any form of seal which to them may seem proper as such corporate seal.

RULES FOR INMATES.

1.—The inmates shall attend Morning and Evening Prayers, conducted by the Matron.

2.—All inmates must in all respects conform to the orders of the Matron, must be punctual at the hours of meals, and must not absent themselves from the table without permission of the Matron.

3.—Patients able, in the opinion of the Physician, shall assist in any work that the Matron may require.

4.—No patient will at any time be allowed to leave the grounds without special leave from the Matron. No patient shall be absent from the Home later than 5 o'clock p.m. Each patient shall be allowed to leave the grounds once only during a stay of two weeks.

5.—Patients shall confine themselves to the part of the house assigned to them. No male patient shall enter the female wards, nor any female patient the male wards.

6.—The patients shall keep their clothes in the places provided for them, and shall on no account leave them about their rooms or on their beds.

7.—No trunks or unnecessary clothes are to be sent with patients. All clothing must be delivered into the charge of the Matron on arrival at the Home, who will only allow one change of clothing in the wards. At the discretion of the Matron each patient may have six pieces washed at the Home every week free of charge.

8.—On entering the Home patients are requested to hand to the Matron for safe-keeping any money or valuables brought with them.

9.—Patients are not allowed to carry lighted lamps through the house.

10.—Such patients as are well enough are expected to attend Divine Service on Sundays.

11.—Patients must be quiet and exemplary in their behaviour, and conform strictly to the Rules and Regulations of the Home, and carry out all the orders and prescriptions of the various officers of the Home.

12.—Patients may be visited by their friends on Thursdays, between the hours of 2 and 5 p.m., and on any evening, Sundays excepted, from 7 to 8 p.m.

13.—Any patient bringing liquor into the Home, or found intoxicated, will be discharged.

14.—At nine o'clock lights must be out, and perfect quiet must be observed in the wards.

15.—Whenever patients misbehave or violate any of the Rules of the Home, the Matron may at once discharge them.

16.—No chewing of tobacco allowed in the building or on the verandah; nor smoking, except in the place allotted to that purpose in the basement.

17.—The Committee of Management will not allow any nails to be put into either walls or woodwork in any part of the house. No pictures or mottoes are to be hung or pasted on the walls in any part of the house, and patients who in any way disfigure any part of the Home will be subject to dismissal.

Donations Received December, 1895.

Mrs. Vandersmissen	Currants, Raisins and Peel
Mrs. McGee	Papers
Miss Greenshields	Barrel of Apples
Mrs. G. Gooderham	2 Turkeys
Swan Bros.	2 "
Mrs. J. I. Davidson	1 "
Lady Gzowski	1 "
Mrs. B. E. Walker	1 "
Mrs. Jarvis	1 "
Mrs. Hoskin	1 "
Mrs. Smart	1 "
Miss Sumerset	1 "
Miss Aikens	1 "
Mrs. E. Blake	1 "
Mrs. Cockshutt	1 "
Mrs. Sweney	1 "
Miss Morris	Cake
Miss Grieg	1 doz. Tomatoes
Mrs. Gunther	Ham
No Name	1 Goose
St. Paul's Presbyterian Band of Hope	4 Pictures
Robert Barron	2 doz. cans of Corn
Mrs. Morrison	Cake
Miss Boulton	Crumpets
Miss Greenshields	Flowers and Cakes
Mrs. Jardine	Lady's Journals
Mrs. Hodgins	Tomatoes, Corn and Peaches
Mrs. H. D. Warren	Candies
Mrs. G. Gooderham	Cake
Frank E. Hodgins, Esq.	$10.00

Subscriptions.

Sir Casimir Gzowski	$25 00
Mr. Goulding	10 00
Mrs. G. A. Sweeny	10 00
Mr. J. J. Kenny	7 00
A Friend (per Miss Aikens)	5 00
Mr. W. B. McMurrich	5 00
Miss Somersett	5 00
Miss Wilson	5 00
Mrs. Seidler	3 00
Messrs. Kirkpatrick & Wood	2 50
Mrs. J. L. Brodie	2 00
Mrs. Crooks	1 00
Mrs. Vandersmissen	1 00
	$81 50

NINTH REPORT

OF THE

Hillcrest Convalescent Home

Wells' Hill, Corner of Davenport Road and Bathurst Street

From Oct. 1st, 1895, to Sept. 30th, 1896.

Telephone Number 4452.

INCORPORATED 1892.

TORONTO:
ARBUTHNOT BROS. & CO., PRINTERS.

1897.

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INCORPORATED 1892.

TORONTO:
ARBUTHNOT BROS. & CO., PRINTERS.

1897.

FORM OF BEQUEST.

THE HILLCREST CONVALESCENT HOME can legally receive any amount of money which may be given or bequeathed to it.

In case it is desired to give land, or its proceeds, by Will, it is necessary that the Will should be executed at least six months before the death of the donor. The form of devise in the Will may be as follows :—

I give to the HILLCREST CONVALESCENT HOME, Toronto, (Describe the land, so that it can be identified.)

Or,

I give to the HILLCREST CONVALESCENT HOME, Toronto, a Mortgage, dated and made by to me, for $ on land described as follows :

(Here describe lands as above.)

Or,

I give to the HILLCREST CONVALESCENT HOME, Toronto, $ to be paid out of my Estate.

HILLCREST CONVALESCENT HOME, WELLS' HILL, TORONTO.

Members of the Corporation.

Hon. S. H. Blake, Q.C.	256 Jarvis Street.
J. K. Kerr, Esq., Q.C.	"Rathnelly," Avenue Road.
J. J. Gartshore, Esq.	48 Front Street West.
Dr. W. H. Ellis	74 St. Alban's Street.
Dr. Bertram Spencer	8 Bloor Street East.
A. H. Smith, Esq.	London, Ont.
J. J. Withrow, Esq	27 Wilton Crescent.
H. P. Dwight, Esq.	107 St. George Street.
Mrs. Gibson	
" E. Blake, ...	467 Jarvis Street.
" Hodgins, ...	92 Pembroke Street.
Miss M. R. Greig	17 Queen's Park.
" Aikins	29 Wellesley Street.
Mrs. Barnett	68 Gloucester Street.
" J. I. Davidson	53 St. George Street.
" Gunther	"Bellevue," Poplar Road.
Lady Gzowski	"The Hall," Bathurst Street.
Mrs. Hoskin	"The Dale," Rosedale.
" Jarvis	258 Jarvis Street.
Miss Morris	471 Jarvis Street.
" O'Brien	383 Sherbourne St.
" Parsons	235 Jarvis Street.
Mrs. Shortiss	115 St. George Street.
" Vandersmissen	15 Surrey Place.
" Wakefield	Davenport Road.

Committee of Management.

President ..	MRS. HODGINS	.. 92 Pembroke Street.
Vice-Presidents	LADY GZOWSKI ..	"The Hall," Bathurst Street.
	MRS. JARVIS	358 Jarvis Street.
Treasurer ..	MISS M. R. GREIG ..	..17 Queen's Park.
Sec. (*pro tem.*)	MISS PARSONS	235 Jarvis Street.

COMMITTEE.

MISS CLARA AIKENS	29 Wellesley Street.
MRS. BARNETT	66 Gloucester Street.
" BLAKE	467 Jarvis Street.
" BULL	Bloor Street West.
MISS BOULTON	355 King Street East.
MRS. JOHN I. DAVIDSON ..	53 St. George Street.
" GIBSON	
" GUNTHER	"Bellevue," Poplar Road.
" GOODERHAM	"Waveney," St. George Street.
" G. H. GOODERHAM	Jarvis Street.
" GRAHAM	Bloor Street East.
" HOSKIN	"The Dale," Rosedale.
" J. L. MORRISON	75 Winchester Street.
MISS MORRIS	471 Jarvis Street.
" MCCOLLUM	Bathurst Street.
" O'BRIEN	383 Sherbourne Street.
MRS. SHORTISS	115 St. George Street.
" VANDERSMISSEN	15 Surrey Place.
" WAKEFIELD	Davenport Road.

Medical Staff.

Dr. B. Spencer	8 Bloor Street East.
Dr. H. T. Machell	95 Bellevue Avenue.
Dr. Crawford Scadding	311 Sherbourne Street.
Dr. P. Strathy	98 Beverley Street.
Dr. Allen Baines	194 Simcoe Street.

LEGAL ADVISER

T. D. Delamere, Q.C.
(Messrs. Delamere, Reesor & English, 17 Toronto Street.)

MATRON

Miss Law, "Hillcrest," Bracondale.

HOUSEKEEPER

Miss Keith.

Hillcrest Convalescent Home.

Ninth Annual Meeting, 1896.

THE Annual Meeting of the Corporation of this Institution was held at Hillcrest Convalescent Home on Friday, the 2nd of October; Mr. Withrow presiding, in the place of His Honour the Lieutenant-Governor, who was unable to be present.

After the meeting had been opened with prayer by the Rev. Mr. dePensier, letters of regret were read from the Lieutenant-Governor, the Mayor, and others. The Secretary then read the following report:

"The Ninth Annual Report of the Board of Management of Hillcrest Convalescent Home shows no backward step in the history of that institution. During the year that has passed, 241 patients have been received and cared for there, and, in nearly every case, they have returned to their homes strengthened and invigorated, as much by the kind care and attention bestowed upon them as by the pure air and good food—the charming situation and cheerful outlook proving an excellent tonic to those whose

horizon has been limited for some time to the four walls of a sick room or the ward of a hospital. Again, this year we are thankful to say we have no deaths to record, although some of our patients have been in too precarious a state of health for a convalescent home; and some, owing to mental disorder, totally unfit for admission, as their condition reacts most unfavourably on the other patients.

"Hillcrest was not intended exclusively for a convalescent home, but also as a place of rest for working women and girls (the original intention of the donor being a home for women only); this fact seems rather to have been lost sight of, and the Board of Management greatly regret that it should be so. Many people, requiring change of air and yet not able to afford the expenses of a journey, not ill but tired and overworked, would find there a most delightful haven of rest, with very little outlay of time, trouble or money, and we may safely say that in ninety-nine cases out of a hundred the benefits received would be considerable. This year we have had a few of this class of patients, three of them ladies from the United States; one, by grateful letters to Miss Law, proves how much she valued and appreciated her care and attention.

"At our last Annual Meeting we asked a generous public to give us the money to put in a telephone, a convenience greatly needed; our request was not in vain, for within a fortnight the money was subscribed, chiefly through the instrumentality of a lady who was present at the meeting. To-day we have only the pleasant duty of tendering to all those who subscribed, our most hearty thanks, and assure them that it has been even more useful than we anticipated.

"We have been able during the year to add $645.50 to our Endowment Fund, owing to a bequest from Mrs.

Mary Ann Watts. This is a great satisfaction to us, as the interest will help us to take a patient occasionally who is literally without home or friends, and who, for some reason, is not eligible for a city order, possibly because they have been in hospital for three months, or have not lived in Toronto for a year; or again, we may feel that a few weeks after the city order time has expired will be beneficial—so that for these reasons we are very glad to see our Endowment Fund increasing.

"Our Medical Staff have been most kind and attentive in the discharge of their gratuitous and self-imposed duties, especially Dr. Machell, who, owing to the absence of one of the Staff, has done double duty.

"Too much cannot be said of the excellence of Miss Law and Miss Keith, whose services become more and more valuable as the years go by. The Board deem themselves most fortunate in having secured their services, for the untiring zeal and devotion of each one in her special sphere is not to be bought with money, but springs from Christian principle and a high sense of duty.

"To all who have so kindly worked *with*, and *for*, us in the year that has passed, we offer our warmest thanks. The Sunday Services, the weekly Bible Readings, and the Services of Praise, held from time to time, have all been most helpful, and we hope have, to some, been the dawn of a better life.

"Many comforts, in the shape of warm clothing from the Needlework Guild and others, books, papers, fruit, etc., have been sent during the year. We would acknowledge them now, with many thanks to the donors, and the hope that they will still keep the Convalescent Home in kindly remembrance."

STATISTICS FROM GOVERNMENT REPORT.

Number of Patients during year	241
Women	140
Men	101

English	98
Canadian	77
Irish	35
Scotch	14
Other nationalities	17

Episcopalians	103
Presbyterians	46
Methodists	42
Baptists	12
Roman Catholics	25
Other denominations	13

Collective stay of patients..... 5,109 days

The Treasurer's Report, which appears elsewhere, was then presented by Sir Casimir Gzowski. The adoption of these reports was moved by O. A. Howland, Esq., M.P.P., seconded by the Rev. Dr. Parsons.

The Board of Management for the ensuing year was moved by the Rev. Dr. Parsons, seconded by Mr. Felton. The meeting was then closed with prayer.

Medical Report.

MR. CHAIRMAN, LADIES AND GENTLEMEN,—

It affords me much pleasure once more to submit the Medical Report, on behalf of the Medical Staff of the Hillcrest Convalescent Home.

The number of patients treated in the past year falls but little short of any preceding year, and this small decrease is, we can assure you, consequent upon the fact that the general health of the city and of the whole country during the past twelve months has been exceptionally good, as is shown by the reports of all the hospitals.

The great mass of those who have been benefited, as heretofore, has been drawn from the working class. Many cases of debility, which, sooner or later, would have passed into some more serious illness, have, by the tender care, good food, splendid fresh air, and well ventilated and arranged sleeping accommodation, been restored to perfect health. The wisdom of providing private wards in the Home has again been demonstrated by the number of those who, wishing to convalesce near their homes, have patronized and enjoyed them. We wish again to heartily testify to the untiring and consistent care and attention, efficiency and kindness, ever displayed by our Matrons, Miss Law and Miss Keith.

The following short *resume* will give the causes of admission into the Home, and the places from which they were sent: Convalescent from Typhoid Fever, Rheumatism, Lung Diseases, Debility, Heart Disease, etc. Sent from the General Hospital 104, Grace Hospital 23, St. Michael's

Hospital 21, Sick Children's Hospital 1, city 81, outside 10; total 241.

All of which is respectfully submitted.

(Sgd.) ALLEN BAINES, M.D.,
On behalf of the Medical Staff.

Rooms for Private Patients.

In building the new wing, special arrangements have been made by the Board for the reception of private patients. Three airy and prettily furnished bedrooms have been set apart for their use. They will have a separate dining-room and parlor, a separate bath-room, and two verandahs on the west and on the south for their exclusive use. All bedding, linen, china, etc., will be kept separate, and there will be good attendance.

The charges for these rooms will be from $5.00 to $9.00 per week, according to accommodation.

Treasurer's Statement

FOR THE YEAR ENDING 30TH SEPTEMBER, 1896.

Receipts.

Balance on hand, 1st October, 1895	$484 24
Received from Government of Ontario	967 65
" City of Toronto, for patients	1,165 50
" County of York, for patients	24 15
" Patients and their friends	837 88
Income from property belonging to Home	79 46
Subscriptions, Donations and Bequests	697 80
Received from all other sources	25 30
	$4,281 98

Disbursements.

Butchers' Meat	$405 45
Butter	113 62
Wine and Spirits	7 00
Flour, Bread and Meal	139 73
Milk	197 75
Potatoes and Vegetables	61 80
Groceries	239 13
Advertising, Printing, Stationery and Postage	43 00
Soap, Brushes, etc	14 94
Fuel	215 90
Furniture, Furnishings, Bedding, etc	122 21
Grounds	27 55
Oil and Lights	25 68
Medicine	15 20
Repairs (including painting of house)	285 45
Live Stock, and feed for same	8 60
Salaries and Wages	988 90
Other expenditures, not above detailed	107 45
Transferred to Endowment Fund	645 80
Balance in Bank	616 82
	$4,281 98

HILLCREST ENDOWMENT FUND.

Balance, 30th September, 1895	$851 15
Subscriptions and Bequests transferred to this account	645 80
Interest on Deposit, credited	8 08
	$1,505 03
Balance on Deposit	$1,505 03

Having examined the Cash Book of the Convalescent Home, of which the above is a summary, and having compared the expenditure with the vouchers and receipts, I hereby certify as to the correctness of the foregoing accounts.

W. GILLESPIE,
Auditor.

TORONTO, 1st October, 1896.

ACT OF INCORPORATION, 55 VICT., 1892.

WHEREAS the Hillcrest Convalescent Home of the city of Toronto was established for the purpose of a convalescent home, to be carried on in a suitable manner under the direction of a committee of ladies to be appointed annually for the acceptance of convalescent patients, without distinction of creed, and the same has been in working operation for over four years under the direction of a board of management; and whereas the said home was founded by a grant of land by the late William Gooderham to trustees, and the erection thereon of a large and expensive building at the cost of a charitable English lady, who furnished money for the construction and furnishing of the same to the extent of upwards of $11,000; and whereas the same has been carried on by a committee of management in conjunction with the trustees chiefly through voluntary subscriptions of citizens of Toronto and legacies and bequests from time to time; and whereas large sums have been expended annually for the support of the said institution and also in making additions and alterations to the buildings to meet growing demands; and whereas the board of management have been incorporated under *The Act respecting Benevolent, Provident and other Societies*, and their powers to receive by grant, gift, devise or bequest are too limited for the practical working of the same, and it is desirable that the board of trustees and the board of management aforesaid should be united in one corporation and the lands and buildings now vested in trustees vested in such corporation; and whereas it is expedient to grant the prayers of the same petition;

Therefore Her Majesty, by and with the advice and consent of the Legislative Assembly of the Province of Ontario, enacts as follows:—

1. The Honourable Samuel Hume Blake, James Kirkpatrick Kerr, John James Gartshore, William Holmes Howland, William Hodgson

Ellis, Bertram Spencer, Arthur Hutchison Smith, John Jacob Withrow, and Harvey Prentice Dwight, all of the city of Toronto, esquires, together with the present board of management and members of the committee, and all other persons who may from time to time be elected to succeed them as members of the committee, shall be and they are hereby constituted a body politic and corporate under the name of the Hillcrest Convalescent Home, and the said incorporation under *The Act respecting Benevolent, Provident and other Societies*, shall merge in the corporation hereby created and cease to exist as a separate corporate body.

2. All the property, real or personal, now held by the said individuals above mentioned, or by any of them or other person or persons, for the use or benefit of the said Hillcrest Convalescent Home, shall be and is hereby transferred to and vested in the corporation hereby constituted, subject only to the provisions of the deed of grant from the said William Gooderham to trustees dated the 21st day of August, A.D. 1885, as to the disposition to be made of the said property in case it should cease to be carried on and supported as a convalescent home, and the officers and managing committee of the said institution at present in office shall continue to be the officers and managing committee of the said corporation until others shall be elected in their stead.

3. The said corporation may hold the said lands for use as a convalescent home, and may also acquire and hold additional lands and premises when required for use in connection with the same for actual use and occupation as a convalescent home, provided the annual value thereof do not exceed the sum of $15,000 in all; and may also acquire any other real estate or interest therein, by gift, devise or bequest, if made at least six months before the death of the party making the same, and may hold such estate or interest in the lands lastly mentioned for a period of not more than seven years, and shall within that period alienate or dispose of the same and the proceeds of the estate or interest so disposed of shall be invested in public securities for the use of the said corporation, and such estate or interest therein as may not within the said period have been alienated or disposed of shall revert to the party from whom the same was acquired, his heirs or representatives.

4. For the management of the affairs of the corporation there shall be a committee composed of not more than thirty persons, who shall be annually elected by the members of the corporation amongst themselves at a general meeting to be held annually in the month of October in each year, and at their first meeting after such election the said committee of management shall choose out of their number a president, two vice-presidents, a treasurer and a secretary, who shall hold office during the period aforesaid.

5. The said managing committee may make such and so many by-laws, orders and regulations (not being contrary to the laws of this Province or this Act) as they may deem useful and necessary for the government of the said corporation, and for the admission, resignation and retirement of members of the corporation, and may repeal, revoke, alter and amend any existing by-laws, orders and regulations.

6. The funds of the said corporation shall be used for the purposes authorized by this Act, and nothing herein contained shall authorize the said corporation to engage in the business of real estate.

7. The said corporation shall at all times, when required by the Lieutenant-Governor of the Province, make a full return of all property held by it, with such details and other information as the Lieutenant-Governor in Council may require.

BY-LAWS.

I.—This Institution is intended for the benefit of convalescents leaving hospitals, or living in houses where their recovery is retarded by the want of needed rest and change.

II.—It is to be managed by a Committee of not more than thirty (30) ladies, to be elected annually. The Committee will nominate its successors in office.

III.—The said Committee shall elect by ballot out of its number a President, two Vice-Presidents, a Treasurer and a Secretary in accordance with clause 4 of the Act.

IV.—The Committee of Management shall hold its monthly meetings on the first Friday of each month at 11 a.m., at such place as it shall appoint. Five members shall constitute a quorum. Weekly meetings shall be held each Friday morning at the same time and place, unless some other day is fixed upon at a previous regular meeting.

V.—The President shall have general supervision of the work. She shall preside at all meetings of the Corporation or of the Committee of Management, and shall perform such other duties as are incident to the office. She shall sign all drafts upon the Treasury before they are paid. In case of her absence, one of the Vice-Presidents shall preside; in case of their absence, such other person as the meeting may select.

VI.—The funds necessary for supporting this Institution shall consist of fees, voluntary subscriptions, donations, bequests, etc.

VII.—All moneys received shall go to the Treasurer, who shall keep the same in some chartered bank, and shall disburse them as the Committee of Managers shall direct. The Treasurer's annual report shall be examined by auditors appointed by the Committee.

VIII.—The Secretary shall give notice of stated and special meetings, keep the minutes of the same, and prepare the Annual Report of the Committee of Managers.

IX.—Anyone desiring to obtain a city order for a patient must send to the City Health Officer: (1) A medical certificate either from or confirmed by one of the medical staff, stating that the applicant is a fit subject for admission to the Home; (2) A recommendation showing that the applicant cannot pay the ordinary charges.

X.—Any person desiring admission to the Home able to defray his or her own expenses, or paid for by friends, must present to the Superintendent of the Home a medical certificate either from or confirmed by one of the medical staff stating that the applicant is a fit subject for admission; and must pay in advance for one week's board, $2.40.

XI.—Infectious or contagious cases cannot be admitted to the Home.

XII.—Unmarried women with infants cannot be admitted, nor any man or woman known to be leading an immoral life.

XIII.—A small quantity of alcoholic liquor for use in extreme cases, or by medical order, may be kept in the Home; but must be in charge of the Matron, under lock and key, and only administered by the Matron, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

XIV.—Members of the Committee are expected to visit the Home weekly in rotation, and will be notified by the Secretary a week before to that effect.

XV.—The visitor for the week must visit herself or provide a substitute from the members of the Board, or notify the Secretary in time for her to appoint another visitor in her place.

XVI.—The visitor must enquire whether the Matron has an order for every patient. In case of any patient remaining in the Home for more than four weeks, the visitor must make full enquiries as to the reason of such stay, and lay the case before the Board at the first meeting after her visit.

XVII.—The visitor must visit every part of the Home and report personally or fully in writing on the condition of the Home and patients at the first weekly meeting after her visit.

XVIII.—Each member of the Board must notify the Secretary before leaving town for a length of time. Also that any member of the Board being absent for three consecutive months without having given formal notice of absence to the Secretary, will cease to be a member of the Board.

XIX.—The managers may appoint, from time to time, sub-committees from among themselves to attend to any special duties. As a rule such sub-committees shall consist of not less than three, and not less than two shall be considered a quorum to act. These committees, for the sake of regularity and for future reference shall, as a rule, report to the Board in writing.

XX.—Changes can be made in the by-laws at any regular monthly meeting of the Committee, notice having been given in writing of the intended change at a previous regular monthly meeting.

XXI.—The President and Secretary, or other officers for the time being acting in their stead, shall have power to affix the corporate seal of the Home to any document requiring the same, and may adopt any form of seal which to them may seem proper as such corporate seal.

RULES FOR INMATES.

1.—The inmates shall attend Morning and Evening Prayers, conducted by the Matron.

2.—All inmates must in all respects conform to the orders of the Matron, must be punctual at the hours of meals, and must not absent themselves from the table without permission of the Matron.

3.—Patients able, in the opinion of the Physician, shall assist in any work that the Matron may require.

4.—No patient will at any time be allowed to leave the grounds without special leave from the Matron. No patient shall be absent from the Home later than 5 o'clock p.m. Each patient shall be allowed to leave the grounds once only during a stay of two weeks.

5.—Patients shall confine themselves to the part of the house assigned to them. No male patient shall enter the female wards, nor any female patient the male wards.

6.—The patients shall keep their clothes in the places provided for them, and shall on no account leave them about their rooms or on their beds.

7.—No trunks or unnecessary clothes are to be sent with patients. All clothing must be delivered into the charge of the Matron on arrival at the Home, who will only allow one change of clothing in the wards. At the discretion of the Matron, each patient may have six pieces washed at the Home every week free of charge.

8.—On entering the Home patients are requested to hand to the Matron for safe-keeping any money or valuables brought with them.

9.—Patients are not allowed to carry lighted lamps through the house.

10.—Such patients as are well enough are expected to attend divine service on Sundays.

11.—Patients must be quiet and exemplary in their behaviour, and conform strictly to the Rules and Regulations of the Home, and carry out all the orders and prescriptions of the various officers of the Home.

12.—Patients may be visited by their friends on Thursdays, between the hours of two and 5 p.m., and on any evening, Sundays excepted, from 7 to 8 p.m.

13.—Any patient bringing liquor into the Home, or found intoxicated will be discharged.

14.—At nine o'clock lights must be out, and perfect quiet must be observed in the wards.

15.—Whenever patients misbehave or violate any of the Rules of the Home, the Matron may at once discharge them.

16.—No chewing of tobacco allowed in the building or on the verandah; nor smoking, except in the place allotted to that purpose in the basement.

17.—The Committee of Management will not allow any nails to be put into either walls or woodwork in any part of the house. No pictures or mottoes are to be hung or pasted on the walls in any part of the house, and patients who in any way disfigure any part of the Home will be subject to dismissal.

Subscriptions, Donations and Bequests.

From the Estate of the late Mrs. Mary Ann Watts	$547 30	
Miss Greenshields	26 00	
Mrs. Edward Blake	20 00	
Mr. Elias Rogers	10 00	
Mr. Frank Hodgins	10 00	
Mr. E. Brother (Thank Offering)	10 00	
Mr. John M. Gander	3 50	
Mrs. J. L. Brodie	2 00	
Lady Galt	2 00	
Miss Clarkson	2 00	
		$632 80

FOR TELEPHONE.

A Friend	$10 00	
Mrs. Davidson	10 00	
Mrs. Neil Currie	10 00	
Mr. George Gooderham	10 00	
Mrs. John Macdonald	5 00	
Miss Greenshields	5 00	
Mr. S. Nordheimer	5 00	
Mr. O. A. Howland	5 00	
Mrs. Stephen Heward	2 50	
Mr. A. Nordheimer	2 50	
		$65 00
		$697 80

DONATIONS.

	Mrs. H. D. Warren	Magazines
Aug. —	Miss Greig	"
"	Miss Gillespie	Crab Apples
"	Mrs. Robinson	Apples
Sept.—	Mrs. Jardine	Pears
"	Miss Ogg	Fruit
"	Miss Aikins	Pears
Oct. —	Mr. Wm. Law	1 Barrel Apples
Nov.—	Mrs. Gooderham	2 " Apples

CHRISTMAS DONATIONS.

Mrs. Hodgins	2 doz. cans of Vegetables and Christmas Cards
Miss Gillespie	Magazines and Christmas Letters
Mrs. John I. Davidson	Turkey
Miss Greig	"
Mr. R. Barron	2 boxes of Corn
Mrs. B. E. Bull	Grapes
Mr. C. Cockshutt	Box of Raisins
Mrs. Wakefield	Turkey
Mrs. Hoskin	"
Mrs. Beatty	"
Swan Bros.	"
Miss McDonald	Goose
St. Paul's Mission Band	1½ doz. Test. Cards
Miss McCollum	2 jars Fruit and Magazines
Mrs. B. E. Walker	Turkey
Public Library	Books
Dr. Parsons	2 doz. Oranges
Mrs. Gunther	Finnan Haddie
Mrs. Morrison	2 Ducks
Mrs. Graham	Goose
Mrs. Jarvis	Turkey
Mrs. Barnett	10 lbs. Sausages
Children Old St. Andrew's Church	10 Books
Mrs. Brodie	Donation ($2.00)

TENTH REPORT

OF THE

Hillcrest Convalescent Home

Wells' Hill, Corner of Davenport Road and Bathurst Street.

From Oct. 1st, 1896, to Sept. 30th, 1897.

Telephone Number 4452.

INCORPORATED 1892.

TORONTO:
HENDERSON & COMPANY, PRINTERS.

1898.

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FORM OF BEQUEST.

THE HILLCREST CONVALESCENT HOME can legally receive any amount of money which may be given or bequeathed to it.

In case it is desired to give land or its proceeds, by Will it is necessary that the Will should be executed at least six months before the death of the donor. The form of devise in the Will may be as follows:—

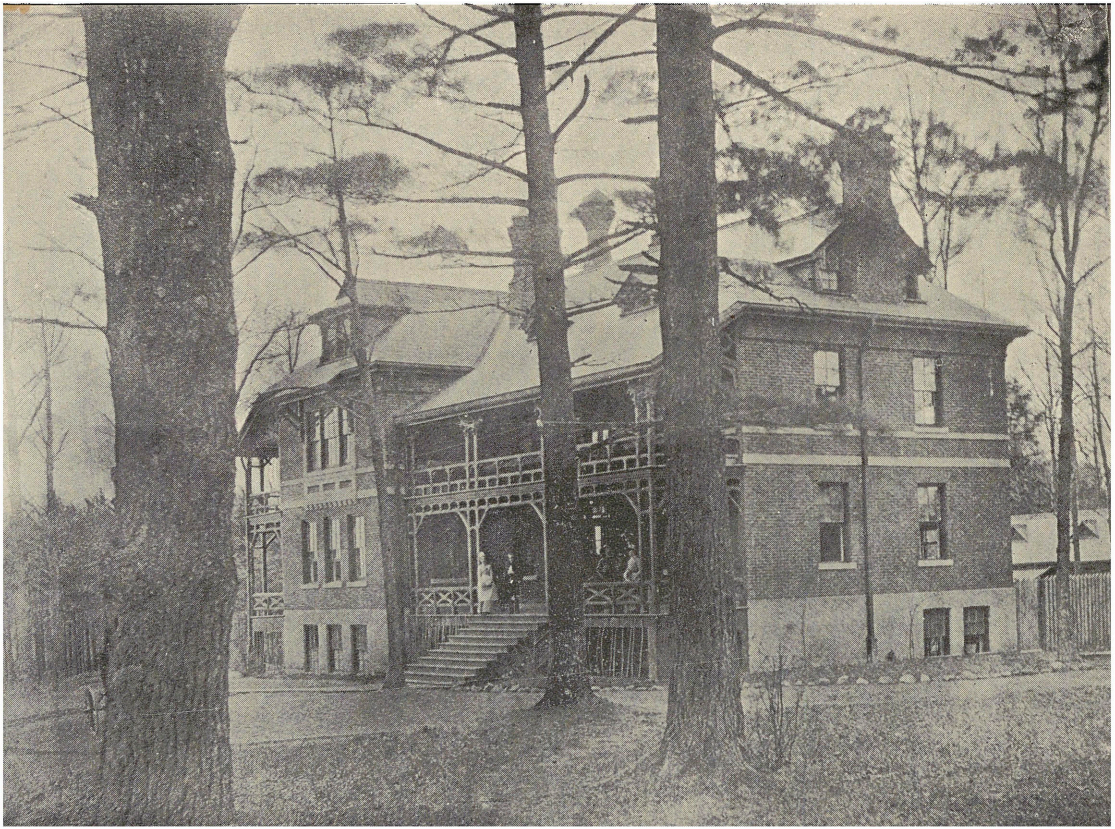
I give to the HILLCREST CONVALESCENT HOME, Toronto, (Describe the land so it can be identified.)

Or,

I give to the HILLCREST CONVALESCENT HOME, Toronto, a Mortgage, dated and made by to me, for $ on land described as follows:
(Here describe lands as above.)

Or,

I give to the HILLCREST CONVALESCENT HOME, Toronto, $ to be paid out of my Estate.



HILLCREST CONVALESCENT HOME, WELLS' HILL, TORONTO.

Members of the Corporation.

Hon. S. H. Blake, Q.C.	256 Jarvis Street.
J. K. Kerr, Esq., Q.C.	"Rathnelly," Avenue Road.
J. J. Gartshore, Esq.	48 Front Street West.
Dr. W. H. Ellis	74 St. Alban's Street.
Dr. Bertram Spencer	8 Bloor Street East.
A. H. Smith, Esq.	London, Ont.
J. J. Withrow, Esq.	27 Wilton Crescent.
H. P. Dwight, Esq.	107 St. George Street.
Mrs. Gibson	
" E. Blake	467 Jarvis Street.
" Hodgins	92 Pembroke Street.
Miss M. R. Greig	17 Queen's Park.
" Aikins	29 Wellesley Street.
Mrs. Barnett	68 Gloucester Street.
" J. I. Davidson	53 St. George Street.
" Gunther	"Bellevue," Poplar Road.
Lady Gzowski	"The Hall," Bathurst Street.
Mrs. Hoskin	"The Dale," Rosedale.
" Jarvis	258 Jarvis Street.
Miss Morris	471 Jarvis Street.
" O'Brien	383 Sherbourne Street.
" Parsons	235 Jarvis Street.
Mrs. Shortiss	115 St. George Street.
" Vandersmissen	15 Surrey Place.
" Wakefield	115 St. George Street.

Committee of Management.

President ..	MRS. SHORTISS	115 St. George Street.
Vice-Presidents	MRS. GUNTHER ..	"Bellevue," Poplar Road.
	MRS. J. L. MORRISON ..	75 Winchester Street.
Treasurer ..	MISS M. R. GREIG	..17 Queen's Park.
Secretary ..	..MISS MCCALLOM	1001 Bathurst Street.

HONOURARY COMMITTEE.

MRS. EDWARD BLAKE	467 Jarvis Street.
LADY GZOWSKI	"The Hall," Bathurst Street.

COMMITTEE.

MRS. ALBERT AUSTIN	"Spadina," Davenport Road.
MISS CLARA AIKINS	29 Wellesley Street.
MRS. BARNETT	66 Gloucester Street.
" BULL	131 Bloor Street West.
MISS BOULTON	355 King Street East.
MRS. JOHN I. DAVIDSON ..	53 St. George Street.
" GIBSON	
" GOODERHAM	"Waveney," St. George Street.
" G. H. GOODERHAM	504 Jarvis Street.
" GRAHAM	134 Bloor Street East.
" HODGINS	92 Pembroke Street.
" HOSKIN	"The Dale," Rosedale.
" JARVIS	358 Jarvis Street.
MISS JENNINGS	38 St. Vincent Street.
" MORRIS	471 Jarvis Street.
" PARSONS	235 Jarvis Street.
" O'BRIEN	383 Sherbourne Street.
MRS. H. S. STRATHY	71 Queen's Park.
" VANDERSMISSEN	15 Surrey Place.
" WAKEFIELD	115 St. George Street.

Medical Staff.

Dr. B. Spencer	8 Bloor Street E.
Dr. H. T. Machell	95 Bellevue Avenue.
Dr. Crawford Scadding	311 Sherbourne Street.
Dr. P. Strathy	98 Beverley Street.
Dr. Allen Baines	194 Simcoe Street.

LEGAL ADVISER

T. D. Delamere, Q.C.

(Messrs. Delamere, Reesor and English, 17 Toronto Street.)

MATRON

Miss Law, "Hillcrest," Bracondale.

HOUSEKEEPER

Miss Keith.

Telephone ..... 4452.

Hillcrest Convalescent Home.

Tenth Annual Meeting, 1897.

THE Annual Meeting of the Corporation of this Institution was held at Hillcrest Convalescent Home on Friday, the 8th October, Mr. O. A. Howland presiding.

The meeting was opened with prayer by the Rev. Mr. Hunt. The Secretary's Report was then read by Mr. W. B. McMurrich :

In presenting the Tenth Annual Report of the Board of Management of the Hillcrest Convalescent Home, we find little to record as differing from the past few years. We would gladly see the capacity of the Home more fully taxed, as we know from those who take advantage of its comfort and care how much it is appreciated.

We record with thankfulness that there have been no deaths in the Home. Though the number of patients is less this year than last, being 174, there have been more than in any previous year who have borne their own expenses.

Hillcrest was not intended exclusively as a convalescent home, but also as a place of rest for working men, women and girls. This is not so well known as it should be. Many people requiring change of air, and yet not able to afford the time and money needed for a long journey, little know that for a car fare or a cab hire they can find this delightful haven of rest, with pure air and quiet surroundings awaiting them. In regard to the private wards, we are glad to state, this fact seems better known.

One lady from the United States, who had planned quite a different outing for the summer, was peremptorily ordered by her physician to return to the place where she had received such benefit the previous year, and she gladly came. Two ladies from our own city, after a second and third visit, have expressed surprise that more weary people do not take advantage of the place.

The Board deem themselves fortunate in retaining the services of Miss Law and Miss Keith, and with the highest appreciation of their devotion and ability, would express the hope that they may be long spared to fill their respective spheres.

During the year we have received two bequests, one of $5,000 from the late Mr. Hart Massey, and the other $500 from the late Mr. Henry Goulding, of which $125 is in hand and has been applied to the Endowment Fund. Of the former we have placed $1,500 to the Endowment Fund, reserving the balance for a Rest Fund, a very necessary arrangement considering the reduction of the Government grant to less than one-half of the former grant, while the City grant has been withdrawn altogether. A large endowment fund seems not desirable, since we think it sufficient to leave an institution well equipped and

in full working order, without the income necessary to carry it on, believing that each generation should care for its own poor. We may here explain that our Endowment Fund, or the interest therefrom, has enabled us to care for two patients who are practically without home and friends, and we feel that they have found both on coming to Hillcrest.

Our medical staff deserve most grateful mention for their services so freely rendered. We take this opportunity of thanking all the friends who have helped to make the Home what it is by their ministrations.

Many in the Home gain much refreshment and help in their spiritual life from the weekly service of one who for many years has kindly devoted Monday afternoon to a Bible reading, and many others give time and service in this way, both during the week and on Sunday. We would acknowledge most gratefully the gifts of warm clothing from the Needlework Guild and other friends, also the papers, fruit, etc., which have come to the Home through the year.

The Treasurer's Report, which appears elsewhere, was then read, followed by the Medical Report.

The adoption of these reports was moved by the Rev. Dr. Parsons, seconded by Mr. J. J. Withrow.

STATISTICS FOR GOVERNMENT REPORT.

Number of Patients during year	174
Women	127
Men	47

Canadian	70
English	69
Irish	23
Scotch	5
Other nationalities	7
	174

Episcopalians, Presbyterians, Methodists, Baptists	156
Roman Catholics	18
	174

Collective stay of patients..... 4,382 days

Medical Report.

MR. CHAIRMAN, LADIES AND GENTLEMEN,—

The Medical Staff of the Convalescent Home beg to present their report for the year just ended.

During this period there has been admitted to the Home 174 patients. Of these 22 were private patients, and 152 occupied the public wards.

No classification can be made of the various diseases from which the patients were convalescent, as almost every form of illness is registered on our books.

We are pleased to report that no death has occurred at the Home, and the benefit to the patients by their stay with us has been again amply demonstrated during the past twelve months.

We think it a matter of regret that the Home is not more largely used as a place of rest and recuperation by those who, though not actually ill, are none the less in need of fresh air, change, and the kindly care of our good allies, Miss Law and Miss Keith.

(Sgd.) BERTRAM SPENCER,
On behalf of the Medical Staff.

Rooms for Private Patients.

In building the new wing, special arrangements were made by the Board for the reception of private patients. Three airy and prettily furnished bedrooms have been set apart for their use. They have a separate dining-room and parlor, a separate bath-room, and two verandahs on the west and on the south for their exclusive use. All bedding, linen, china, etc., are kept separate, and there is good attendance.

The charges for these rooms are from $5.00 to $9.00 per week, according to accommodation.

Treasurer's Statement

FOR THE YEAR ENDING 30TH SEPTEMBER, 1897.

Receipts.

Balance on hand, 1st October, 1896	$616 82
Received from Government of Ontario	632 20
" City of Toronto, for patients	732 20
" County of York, for patients	9 80
" Inmates themselves	538 65
Income from Endowment Fund, etc.	106 46
Subscriptions, donations and bequests	5,147 00
Received from all other sources	26 00
	$7,809 13

Expenditure.

Butchers' Meat and Fish	$340 81
Butter	91 28
Wine and Spirits	10 85
Flour, Bread and Meal	124 23
Milk	188 46
Water Supply (windmill)	29 82
Potatoes and Vegetables	20 98
Groceries and Provisions not above enumerated	175 48
Advertising, Printing, Stationery and Postage	31 37
Soap, Brushes, etc	27 42
Fuel	271 10
Furniture, Furnishing, etc	136 22
Grounds	21 77
Oil and Lights	23 94
Medicine	22 20
Repairs	61 48
Live Stock and Feed	7 26
Salaries and Wages	978 40
Other expenditure, not above detailed	67 00
Transferred to Endowment Fund	1,625 00
Cash balance on hand	3,554 05
	$7,809 13

HILLCREST ENDOWMENT FUND.

Balance, 30th September, 1896	$1,505 03
Subscriptions and Bequests transferred to this account	1,625 00
Interest on Deposits, credited	27 80
	$3,157 83
Balance on Deposit	$3,157 83

Having examined the Cash Book of the Hillcrest Convalescent Home, of which the above is a summary, and having compared the expenditure with the vouchers and receipts, I hereby certify as to the correctness of the foregoing accounts.

W. GILLESPIE,
Auditor.

TORONTO, 6th October, 1897.

ACT OF INCORPORATION, 55 VICT., 1892.

WHEREAS the Hillcrest Convalescent Home of the city of Toronto was established for the purpose of a convalescent home, to be carried on in a suitable manner under the direction of a committee of ladies to be appointed annually for the acceptance of convalescent patients, without distinction of creed, and the same has been in working operation for over four years under the direction of a board of management; and whereas the said Home was founded by a grant of land by the late William Goodererham to trustees, and the erection thereon of a large and expensive building at the cost of a charitable English lady, who furnished money for the construction and furnishing of the same to the extent of upwards of $11,000; and whereas the same has been carried on by a committee of management in conjunction with the trustees chiefly through voluntary subscriptions of citizens of Toronto and legacies and bequests from time to time; and whereas large sums have been expended annually for the support of the said institution and also in making additions and alterations to the buildings to meet growing demands; and whereas the board of management have been incorporated under *The Act respecting Benevolent, Provident and other Societies*, and their powers to receive by grant, gift, devise or bequest are too limited for the practical working of the same, and it is desirable that the board of trustees and the board of management aforesaid should be united in one corporation and the lands and buildings now vested in trustees vested in such corporation; and whereas it is expedient to grant the prayers of the same petition;

Therefore Her Majesty, by and with the advice and consent of the Legislative Assembly of the Province of Ontario, enacts as follows:

1. The Honourable Samuel Hume Blake, James Kirkpatrick Kerr, John James Gartshore, William Holmes Howland, William Hodgson Ellis, Bertram Spencer, Arthur Hutchison Smith, John Jacob Withrow, and Harvey Prentice Dwight, all of the city of Toronto, esquires, together with the present board of management and members of the committee, and all other persons who may from time to time be elected to succeed them as members of the committee, shall be and they are hereby constituted a body politic and corporate under the name of the Hillcrest Convalescent Home, and the said incorporation under *The Act respecting Benevolent, Provident and other Societies*, shall merge in the corporation hereby created and cease to exist as a separate corporate body.

2. All the property, real or personal, now held by the said individuals above mentioned, or by any of them, or other person or persons, for the use or benefit of the said Hillcrest Convalescent Home, shall be and is hereby transferred to and vested in the corporation hereby constituted, subject only to the provisions of the deed of grant from the said William Gooderham to trustees dated the 21st day of August, A.D. 1885, as to the disposition to be made of the said property in case it should cease to be carried on and supported as a convalescent home, and the officers and managing committee of the said institution at present in office shall continue to be the officers and managing committee of the said corporation until others shall be elected in their stead.

3. The said corporation may hold the said lands for use as a convalescent home, and may also acquire and hold additional lands and premises when required for use in connection with the same for actual use and occupation as a convalescent home, provided the annual value thereof do not exceed the sum of $15,000 in all; and may also acquire any other real estate or interest therein, by gift, devise or bequest, if made at least six months before the death of the party making the same, and may hold such estate or interest in the lands lastly mentioned for a period of not more than seven years, and shall within that period alienate or dispose of the same and the proceeds of the estate or interest

so disposed of shall be invested in public securities for the use of the said corporation, and such estate or interest therein as may not within the said period have been alienated or disposed of shall revert to the party from whom the same was acquired, his heirs or representatives.

4. For the management of the affairs of the corporation there shall be a committee composed of not more than thirty persons, who shall be annually elected by the members of the corporation amongst themselves at a general meeting to be held annually in the month of October in each year, and at their first meeting after such election the said committee of management shall choose out of their number a president, two vice-presidents, a treasurer and a secretary, who shall hold office during the period aforesaid.

5. The said managing committee may make such and so many by-laws, orders and regulations (not being contrary to the laws of this Province or this Act) as they may deem useful and necessary for the government of the said corporation, and for the admission, resignation and retirement of members of the corporation, and may repeal, revoke, alter and amend any existing by-laws, orders and regulations.

6. The funds of the said corporation shall be used for the purposes authorized by this Act, and nothing herein contained shall authorize the said corporation to engage in the business of real estate.

7. The said corporation shall at all times, when required by the Lieutenant-Governor of the Province, make a full return of all property held by it, with such details and other information as the Lieutenant-Governor in Council may require.

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III. The said Committee shall elect by ballot out of its number a president, two vice-presidents, a treasurer and a secretary, in accordance with clause 4 of the Act.

IV. The Committee of Management shall hold its monthly meetings on the first Friday of each month at 11 a.m., at such place as it shall appoint. Three members shall constitute a quorum. Weekly meetings shall be held each Friday morning at the same time and place, unless some other day is fixed upon at a previous regular meeting.

V. The President shall have general supervision of the work. She shall preside at all meetings of the Corporation or of the Committee of Management, and shall perform such other duties as are incident to the office. She shall sign all drafts upon the Treasury before they are paid. In case of her absence, one of the Vice-Presidents shall preside; in case of their absence, such other person as the meeting may select.

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XI. Infectious or contagious cases cannot be admitted to the Home.

XII. Unmarried women with infants cannot be admitted, nor any man or woman known to be leading an immoral life.

XIII. A small quantity of alcoholic liquor for use in extreme cases, or by medical order, may be kept in the Home; but must be in charge of the Matron, under lock and key, and only administered by the Matron, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

XIV. Members of the Committee are expected to visit the Home weekly in rotation, and will be notified by the Secretary a week before to that effect.

XV. The visitor for the week must visit herself or provide a substitute from the members of the Board, or notify the Secretary in time for her to appoint another visitor in her place.

XVI. The visitor must enquire whether the Matron has an order for every patient. In case of any patient remaining in the Home for more than four weeks, the visitor must make full enquiries as to the reason of such stay, and lay the case before the Board at the first meeting after her visit.

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XVIII. Each member of the Board must notify the Secretary before leaving town for a length of time. Also that any member of the Board being absent for three consecutive months without having given formal notice of absence to the Secretary, will cease to be a member of the Board.

XIX. The managers may appoint, from time to time, sub-committees from among themselves to attend to any special duties. As a rule such sub-committees shall consist of not less than three, and not less than two shall be considered a quorum to act. These committees, for the sake of regularity and for future reference, shall, as a rule, report to the Board in writing.

XX. Changes can be made in the by-laws at any regular monthly meeting of the Committee, notice having been given in writing of the intended change at a previous regular monthly meeting.

XXI. The President and Secretary, or other officers for the time being acting in their stead, shall have power to affix the corporate seal of the Home to any document requiring the same, and may adopt any form of seal which to them may seem proper as such corporate seal.

RULES FOR INMATES.

1. The inmates shall attend Morning and Evening Prayers, conducted by the Matron.

2. All inmates must in all respects conform to the orders of the Matron, must be punctual at the hours of meals, and must not absent themselves from the table without permission of the Matron.

3. Patients able, in the opinion of the physician, shall assist in any work that the Matron may require.

4. No patient will at any time be allowed to leave the grounds without special leave from the Matron. No patient shall be absent from the Home later than 5 o'clock p.m. Each patient shall be allowed to leave the grounds once only during a stay of two weeks.

5. Patients shall confine themselves to the part of the house assigned to them. No male patient shall enter the female wards, nor any female patient the male wards.

6. The patients shall keep their clothes in the places provided for them, and shall on no account leave them about their rooms or on their beds.

7. No trunks or unnecessary clothes are to be sent with patients. All clothing must be delivered into the charge of the Matron on arrival at the Home, who will only allow one change of clothing in the wards. At the discretion of the Matron, each patient may have six pieces washed at the Home every week free of charge.

8. On entering the Home, patients are requested to hand to the Matron for safe keeping any money or valuables brought with them.

9. Patients are not allowed to carry lighted lamps through the house.

10. Such patients as are well enough are expected to attend Divine service on Sundays.

11. Patients must be quiet and exemplary in their behaviour, and conform strictly to the Rules and Regulations of the Home, and carry out all the orders and prescriptions of the various officers of the Home.

12. Patients may be visited by their friends on Thursdays, between the hours of 2 and 5 p.m., and on any evening, Sundays excepted, from 7 to 8 p.m.

13. Any patient bringing liquor into the Home, or found intoxicated, will be discharged.

14. At 9 o'clock lights must be out, and perfect quiet must be observed in the wards.

15. Whenever patients misbehave or violate any of the rules of the Home, the Matron may at once discharge them.

16. No chewing of tobacco allowed in the building or on the verandah; nor smoking, except in the place allotted to that purpose in the basement.

17. The Committee of Management will not allow any nails to be put into either walls or woodwork in any part of the house. No pictures or mottoes are to be hung or pasted on the walls in any part of the house, and patients who in any way disfigure any part of the Home will be subject to dismissal.

Subscriptions, Donations and Bequests.

From the Estate of the late Mr. H. A. Massey	$5,000 00	
" " " Mr. Goulding	125 00	
Mrs. Edward Blake	20 00	
Mrs. J. L. Brodie	2 00	
		$5,147 00

DONATIONS.

Mrs. H. D. Warren	Magazines and Books
Mrs. Duncan-Clark	" "
Mrs. Jardine	Fruit and Vegetables
Mrs. Mowat	2 baskets Plums, 2 baskets Tomatoes
Mr. R. Law	2 baskets Plums
Miss Gillespie	Peaches
Mrs. Cassels	Pears and Magazines
Mrs. B. Robinson	Peaches
Mrs. Mitchell	Grapes

CHRISTMAS DONATIONS.

Mrs. J. L. Brodie	$2.00
Mrs. Vandersmissen	$1.00
Mrs. Gooderham	Turkey, Raisins, Currants and Peel
Miss McCollum	Celery and Magazines
Mr. R. Barron	2 doz. cans Corn, Codfish
Mrs. A. Austin	Fruit and Fish
Mrs. H. S. Strathy	5 lbs. Tea
Mrs. Bull	Ham
Mr. C. W. Taylor	Christmas Globes
Miss C. Aikins	Oysters
Miss Somerset	Turkey
Mrs. J. I. Davidson	"
Mrs. W. H. Beatty	"
Mrs. J. Hoskin	"
Swan Bros.	"

Miss Greig	1 doz. cans Tomatoes
Mrs. Gunther	Spiced Beef
Mrs. Morrison	Haddies
Miss Morris	Oranges
Miss Jennings	"
Miss Parsons	"
Mrs. Coles	Currant Bread
Mr. C. Cockshutt	Box of Raisins
Mrs. Shortiss	Pictures, Honey, Underclothing
Needlework Guild	"
Mr. Mathews	Framing 6 Pictures
Mrs. Graham	Goose
Mrs. Wakefield	Oranges, Figs and Dates
Mr. Marks	Roast of Beef
Mrs. McGee	Magazines
Mrs. Gunther	Picture Moulding

ELEVENTH REPORT

OF THE

Hillcrest Convalescent Home

Wells' Hill, Corner of Davenport Road and Bathurst Street

From Oct. 1st, 1897 to Sept. 30th, 1898.

Telephone Number 4452.

INCORPORATED 1892.

TORONTO:
HENDERSON & CO., PRINTERS.

1899.

ELEVENTH REPORT

OF THE

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FORM OF BEQUEST.

THE HILLCREST CONVALESCENT HOME can legally receive any amount of money which may be given or bequeathed to it.

In case it is desired to give land, or its proceeds, by Will, it is necessary that the Will should be executed at least six months before the death of the donor. The form of devise in the Will may be as follows :—

I give to the HILLCREST CONVALESCENT HOME, Toronto, (Describe the land so that it can be identified.)

Or,

I give to the HILLCREST CONVALESCENT HOME, Toronto, a Mortgage, dated and made by to me, for $ on land described as follows :

(Hereby describe lands as above.)

Or,

I give to the HILLCREST CONVALESCENT HOME, Toronto, $ to be paid out of my Estate.

HILLCREST CONVALESCENT HOME, WELLS' HILL, TORONTO.

Members of the Corporation.

Hon. S. H. Blake, Q.C.	256 Jarvis Street.
J. K. Kerr, Esq., Q.C.	"Rathnelly," Avenue Road.
J. J. Gartshore, Esq.	48 Front Street West.
Dr. W. H. Ellis, ...	74 St. Alban's Street.
Dr. Bertram Spencer	8 Bloor Street East.
A. H. Smith, Esq.	London, Ont.
J. J. Withrow, Esq.	27 Wilton Crescent.
H. P. Dwight, Esq.	107 St. George St.
Mrs. Gibson	
" E. Blake	467 Jarvis Street.
" Hodgins	92 Pembroke Street.
Miss M. R. Creig	17 Queen's Park.
" Aikins	29 Wellesley Street.
Mrs. Barnett	
" J. I. Davidson	53 St. George Street.
" Gunther	"Bellevue," Poplar Road.
Lady Gzowski	"The Hall," Bathurst Street.
Mrs. Hoskin	"The Dale," Rosedale.
" Jarvis	258 Jarvis Street.
Miss Morris	471 Jarvis Street.
" O'Brien	383 Sherbourne Street.
" Parsons	235 Jarvis Street.
Mrs. Shortiss	115 St. George Street.
" Vandersmissen	15 Surrey Place.
" Wakefield	

Committee of Management.

President ..	MRS. GIBSON	
Vice-Presidents	MRS. G. GOODERHAM	"Waveney," St. George St
	MRS. GRAHAM	Bloor Street East.
Treasurer ..	MISS M. R. GREIG	17 Queen's Park.
Secretary ..	MRS. HODGINS	92 Pembroke Street.

HONORARY MEMBERS.

LADY GZOWSKI MRS. BLAKE

MRS. WAKEFIELD

COMMITTEE

MISS C. AIKINS	29 Wellesley Street.
MRS. BARNETT	
" BULL	Bloor Street West.
MISS BOULTON	355 King St. East.
" BROUGH	23 Madison Avenue.
MRS. JOHN I. DAVIDSON	53 St. George Street.
" GUNTHER	"Bellevue," Poplar Road.
" G. H. GOODERHAM	Jarvis Street.
" HOSKIN	"The Dale," Rosedale.
" JARVIS	358 Jarvis Street.
MISS JENNINGS	St. Vincent Street.
MRS. J. L. MORRISON	75 Winchester Street.
MISS MORRIS	471 Jarvis Street.
" MCCALLUM	Bathurst Street.
MRS. NORMAN	66 Bloor Street East.
MISS O'BRIEN	383 Sherbourne Street.
MRS. SHORTISS	115 St. George Street.
" H. STRATHY	Queen's Park.
" VANDERSMISSEN	15 Surrey Place.

Medical Staff.

Dr. B. Spencer	8 Bloor Street East.
Dr. H. T. Machell	95 Bellevue Avenue.
Dr. Crawford Scadding	311 Sherbourne Street.
Dr. P. Strathy	98 Beverley Street.
Dr. Allen Baines	194 Simcoe Street.

LEGAL ADVISER

T. D. Delamere, Q.C.
(Messrs. Delamere, Reesor & English, 17 Toronto Street.)

MATRON

Mrs. Bigham, "Hillcrest," Bracondale.

NURSE

Miss Drummond.

Hillcrest Convalescent Home.

Eleventh Annual Meeting, 1898.

THE Annual Meeting of the Corporation of this Institution was held at Hillcrest Convalescent Home on Friday, the 28th of October; Mr. O. Howland presiding, in the place of His Honour the Lieutenant-Governor, who was unable to be present.

After the meeting had been opened with prayer, letters of regret were read from the Lieutenant-Governor, the Mayor, and others. The Secretary then read the following report:

"In presenting this, the Eleventh Annual Report of the Hillcrest Convalescent Home, there is not much to bring before the notice of the meeting different from the ordinary statement of past years.

From the possibilities of the Home to accommodate a large number of convalescent patients, and those seeking rest and change, where pure air, considerate attention, wholesome surroundings and all the adjuncts necessary to recovery are to be had, it is strange that more of the

invalid class do not avail themselves of its manifest advantages.

The number of those who have secured for themselves the comforts and helps which the Home confers on those striving after the recovery of lost health, has been less this year than last by eight patients, the number for 1898 being 166, for 1897 being 174.

We are glad to report that during the past year we have had no deaths in the Home; and we are pleased to notice that a number of those who have resorted to the Home for recovery to health, have paid either in whole, or in part, for their maintenance during residence.

The public aught to have impressed upon it, the fact, that the Home is not merely for convalescents, but a place of rest and repose for those whose powers have been overtaxed, or given way in the severe struggle of life, and need a place where to rest and recuperate. Men, women, and children over eight years of age, are made welcome to all the advantages arising from the quiet and benefits of the Home.

We rejoice that the grounds attached to the Home have lately been enlarged by the purchase of the property to the south, intervening between the south boundary of the present site and Davenport Road. This, when laid out and beautified, as we hope soon to see it, will form a delightful resort for the residents of our Establishment. The size of the lot is somewhat less than an acre, and the price paid for it was $1.250.

We regret to have to announce that no bequests have been made to the Home during the past year.

The Medical Staff, who so gladly give their gratuitous services, deserve the grateful thanks of all friends of the Home, and we sincerely thank them, and all who sympathize with the Management, in making our Home what we desire and aim it should always be, namely, a place of restful repose for the tired and weary in the journey of life.

We acknowledge with gratitude that the spiritual welfare of the occupants is being attended to by thoughtful and loving friends; we also thank all those who have aided us with clothing, papers, fruit, etc., through the year now past.

We will close this, our annual report, by drawing attention to the private apartments which we have for patients, with all the necesssary and needful attendance that may be required. These rooms seem to have given perfect satisfaction to those who have heretofore occupied them, since many who have once enjoyed the benefits of a season's residence in them have returned to procure again the health and comfort which may there be found.

NUMBER OF PATIENTS UP TO OCTOBER 1st, 1898.

Women	121
Men	45
Total	166

NATIONALITY.

English	58
Irish	32
Scotch	11
Canadian	60
United States	1
Other Countries	4
	166

RELIGION.

Episcopalians	84
Presbyterians	25
Methodists	33
Baptists	6
R. Catholics	12
Other Denominations	6
	166

Collective stay of Patients=3,391 days.
Average stay of Patients=21 days, 19 hours.

The Treasurer's Report, which appears elsewhere, was then presented by Mr. W. Gillespie. The adoption of these reports was moved by Colonel Davidson, seconded by the Rev. Mr. de Pencier.

The Board of Management for the ensuing year was moved by Mr. Gillespie, seconded by Mr. G. McMurrich. The meeting was then closed with prayer.

Medical Report.

MR. CHAIRMAN, LADIES AND GENTLEMEN,—

The Medical Staff of the Hillcrest Convalescent Home beg to present this report for the past year.

During the year, 166 patients were admitted to the Home; 23 of these being private patients, and 143 occupying the public wards.

During the year ending 1st October, 1897, there were 174 patients admitted; of these, 22 were private and 152 were ward patients. While the private patients practically number the same, there is a falling off in those occupying the public wards. Of course this decrease is very little, but it is a decrease instead of an increase. When we look back only four years ago and find there were 306 patients admitted, while this year there were only 166, the decrease becomes very apparant. Where is the explanation? The prevalence of influenza swelled the numbers in 1893, the unconcern of the medical profession, the hospitals and the general public account, in a measure at least, for the decrease in 1898.

The following are some of the conditions for which a large number were admitted: Debility, Rheumatism, Post-operative conditions, Nervous Debility, Influenza, Typhoid Fever, Pulmonary Tuberculosis, Ulcers, Puenmonia, Bronchitis, Anaemia, Heart Disease, Hemorrhages, Accidents, etc. No deaths occurred during the year.

We are surprised that Hillcrest is not more freely made use of by the medical profession, and the laity, for the benefit of their patients and friends, who, though not ill enough to require regular attendance, would, in the vast majority of cases, be very much benefited by an open-air life of a few weeks on the verandahs and grounds, or in the adjacent fields and woods. Fresh air, fresh milk, fresh eggs and fresh butter, work wonders in a surprisingly short time. If a larger number took advantage of the Home, fewer would have to leave the city and seek fresh air and rest at some of the summer resorts.

Subscriptions.

Mrs. Edward Blake	$20 00
Mr. J. J. Kenney	8 00
Mr. H. J. Mathews	3 00
Mrs. J. L. Brodie	2 00
Mrs. G. H. Gooderham	1 20
Mrs. Vandersmissen	1 00
	$35 20

Rooms for Private Patients.

In building the new wing, special arrangements have been made by the Board for the reception of private patients. Three airy and prettily furnished bedrooms have been set apart for their use. They will have a separate dining-room and parlor, a separate bath-room, and two verandahs for their exclusive use. All bedding, linen, china, etc., will be kept separate, and there will be good attendance.

The charges for these rooms will be from $5.00 to $9.00 per week, according to accommodation.

Treasurer's Statement.

FOR THE YEAR ENDING 30TH SEPTEMBER, 1898.

Receipts.

Balance on hand 1st October, 1897	$3,554 06
Received from Government of Ontario	441 82
" " the City of Toronto	718 90
" " the County of York	8 75
" " the Inmates themselves	921 15
Income from property belonging to Home	157 35
Subscriptions, Donations and Bequests	35 20
Received from all other sources	22 00
	$5,859 23

Expenditure.

Butcher's Meat	$284 60
Butter	108 00
Beer, Wine and Spirits	5 75
Flour, Bread and Meal	149 80
Milk	159 96
Water supply (Windmill)	21 45
Potatoes, Vegetables and Fruit	51 95
Groceries and Provisions, not above enumerated	226 14
Advertising, Printing, Stationery, Postage, etc	45 35
Soap, Brushes, Mops and Cleaning Appliances	18 38
Fuel	252 40
Furnishings	57 45
Grounds	14 88
Oil and Light	28 47
Medicines	15 19
Repairs, ordinary	90 84
Live Stock, and feed for same	2 20
Salaries and Wages	973 30
Insurance for three years	88 25
All other expenditures not above enumerated	109 28
Purchase of Land adjoining Home	1,250 00
Cash on hand	1,905 59
	$5,859 23

HILLCREST ENDOWMENT FUND.

Balance, 30th September, 1897	$3,157 83
Interest on Deposits, credited	56 98
	$3,214 81
Balance on Deposit	$3,214 81

Having examined the Cash Book of the Hillcrest Convalescent Home, of which the above is a summary, and having compared the expenditure with the vouchers and receipts, I hereby certify as to the correctness of the foregoing accounts.

W. GILLESPIE,
Auditor.

TORONTO, 5th October, 1898.

ACT OF INCORPORATION, 55 VICT., 1892.

WHEREAS the Hillcrest Convalescent Home of the city of Toronto was established for the purpose of a convalescent home, to be carried on in a suitable manner under the direction of a committee of ladies to be appointed annually for the acceptance of convalescent patients, without distinction of creed, and the same has been in working operation for over four years under the direction of a board of management; and whereas the said Home was founded by a grant of land by the late William Gooderham to trustees, and the erection thereon of a large and expensive building at the cost of a charitable English lady, who furnished money for the construction and furnishing of the same to the extent of upwards of $11,000; and whereas the same has been carried on by a committee of management in conjunction with the trustees chiefly through voluntary subscriptions of citizens of Toronto and legacies and bequests from time to time; and whereas large sums have been expended annually for the support of the said institution and also in making additions and alterations to the buildings to meet growing demands; and whereas the board of management have been incorporated under *The Act respecting Benevolent, Provident and other Societies*, and their powers to receive by grant, gift, devise or bequest are too limited for the practical working of the same, and it is desirable that the board of trustees and the board of management aforesaid should be united in one corporation and the lands and buildings now vested in trustees vested in such corporation; and whereas it is expedient to grant the prayers of the same petition;

Therefore Her Majesty, by and with the advice and consent of the Legislative Assembly of the Province of Ontario, enacts as follows:

1. The Honourable Samuel Hume Blake, James Kirkpatrick Kerr, John James Gartshore, William Holmes Howland, William Hodgson Ellis, Bertram Spencer, Arthur Hutchison Smith, John Jacob Withrow, and Harvey Prentice Dwight, all of the city of Toronto, esquires, together with the present board of management and members of the committee, and all other persons who

may from time to time be elected to succeed them as members of the committee, shall be and they are hereby constituted a body politic and corporate under the name of the Hillcrest Convalescent Home, and the said incorporation under *The Act respecting Benevolent, Provident and other Societies,* shall merge in the corporation hereby created and cease to exist as a separate corporate body.

2. All the property, real or personal, now held by the said individuals above mentioned, or by any of them, or other person or persons, for the use or benefit of the said Hillcrest Convalescent Home, shall be and is hereby transferred to and vested in the corporation hereby constituted, subject only to the provisions of the deed of grant from the said William Gooderham to trustees dated the 21st day of August, A.D. 1885, as to the disposition to be made of the said property in case it should cease to be carried on and supported as a convalescent home, and the officers and managing committee of the said institution at present in office shall continue to be the officers and managing committee of the said corporation until others shall be elected in their stead.

3. The said corporation may hold the said lands for use as a convalescent home, and may also acquire and hold additional lands and premises when required for use in connection with the same for actual use and occupation as a convalescent home, provided the annual value thereof do not exceed the sum of $15,000 in all; and may also acquire any other real estate or interest therein, by gift, devise or bequest, if made at least six months before the death of the party making the same, and may hold such estate or interest in the lands lastly mentioned for a period of not more than seven years, and shall within that period alienate or dispose of the same and the proceeds of the estate or interest so disposed of shall be invested in public securities for the use of the said corporation, and such estate or interest therein as may not within the said period have been alienated or disposed of shall revert to the party from whom the same was acquired, his heirs or representatives.

4. For the management of the affairs of the corporation there shall be a committee composed of not more than thirty persons, who shall be annually elected by the members of the corporation amongst themselves at a general meeting to be held annually in the month of October in each year, and at their first meeting after such election the said committee of management shall choose out of their number a president, two vice-presidents, a treasurer and a secretary, who shall hold office during the period aforesaid.

5. The said managing committee may make such and so many by-laws, orders and regulations (not being contrary to the laws of this Province or this Act) as they may deem useful and necessary for the government of the said corporation, and for the admission, resignation and retirement of members of the corporation, and may repeal, revoke, alter and amend any existing by-laws, orders and regulations.

6. The funds of the said corporation shall be used for the purposes authorized by this Act, and nothing herein contained shall authorize the said corporation to engage in the business of real estate.

7. The said corporation shall at all times, when required by the Lieutenant-Governor of the Province, make a full return of all property held by it, with such details and other information as the Lieutenant-Governor in Council may require.

BY-LAWS.

I. This Institution is intended for the benefit of convalescents leaving hospitals, or living in houses where their recovery is retarded by the want of needed rest and change.

II. It is to be managed by a committee of not more than thirty (30) ladies, to be elected annually. The Committee will nominate its successors in office.

III. The said Committee shall elect by ballot out of its number a president, two vice-presidents, a treasurer and a secretary, in accordance with clause 4 of the Act.

IV. The Committee of Management shall hold its monthly meetings on the first Friday of each month at 11 a.m., at such place as it shall appoint. Three members shall constitute a quorum. Weekly meetings shall be held each Friday morning at the same time and place, unless some other day is fixed upon at a previous regular meeting.

V. The President shall have general supervision of the work. She shall preside at all meetings of the Corporation or of the Committee of Management, and shall perform such other duties as are incident to the office. She shall sign all drafts upon the Treasury before they are paid. In case of her absence, one of the Vice-Presidents shall preside; in case of their absence, such other person as the meeting may select.

VI. The funds necessary for supporting this Institution shall consist of fees, voluntary subscriptions, donations, bequests, etc.

VII. All moneys received shall go to the Treasurer, who shall keep the same in some chartered bank, and shall disburse them as the Committee of Managers shall direct. The Treasurer's annual report shall be examined by auditors appointed by the Committee.

VIII. The Secretary shall give notice of stated and special meetings, keep the minutes of the same, and prepare the annual report of the Committee of Managers.

IX. Anyone desiring to obtain a city order for a patient must send to the City Health Officer: (1) A medical certificate either from or confirmed by one of the medical staff, stating that the applicant is a fit subject for admission to the Home; (2) A recommendation showing that the applicant cannot pay the ordinary charges.

X. Any person desiring admission to the Home able to defray his or her own expenses, or paid for by friends, must present to the Superintendent of the Home a medical certificate either from or confirmed by one of the medical staff, stating that the applicant is a fit subject for admission; and must pay in advance for one week's board, $2.40.

XI. Infectious or contagious cases cannot be admitted to the Home.

XII. Unmarried women with infants cannot be admitted, nor any man or woman known to be leading an immoral life.

XIII. A small quantity of alcoholic liquor for use in extreme cases, or by medical order, may be kept in the Home; but must be in charge of the Matron, under lock and key, and only administered by the Matron, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

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XV. The visitor for the week must visit herself or provide a substitute from the members of the Board, or notify the Secretary in time for her to appoint another visitor in her place.

XVI. The visitor must enquire whether the Matron has an order for every patient. In case of any patient remaining in the Home for more than four weeks, the visitor must make full enquiries as to the reason of such stay, and lay the case before the Board at the first meeting after her visit.

XVII. The visitor must visit every part of the Home and report personally or fully in writing on the condition of the Home and patients at the first weekly meeting after her visit.

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having given formal notice of absence to the Secretary, will cease to be a member of the Board.

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1. The inmates shall attend Morning and Evening Prayers, conducted by the Matron.

2. All inmates must in all respects conform to the orders of the Matron, must be punctual at the hours of meals, and must not absent themselves from the table without permission of the Matron.

3. Patients able, in the opinion of the physician, shall assist in any work that the Matron may require.

4. No patient will at any time be allowed to leave the grounds without special leave from the Matron. No patient shall be absent from the Home later than 5 o'clock p.m. Each patient shall be allowed to leave the grounds once only during a stay of two weeks.

5. Patients shall confine themselves to the part of the house assigned to them. No male patient shall enter the female wards, nor any female patient the male wards.

6. The patients shall keep their clothes in the places provided for them, and shall on no account leave them about their rooms or on their beds.

7. No trunks or unnecessary clothes are to be sent with patients. All clothing must be delivered into the charge of the Matron on arrival at the Home, who will only allow one change of clothing in the wards. At the discretion of the Matron, each patient may have six pieces washed at the Home every week free of charge.

8. On entering the Home, patients are requested to hand to the Matron for safe keeping any money or valuables brought with them.

9. Patients are not allowed to carry lighted lamps through the house.

10. Such patients as are well enough are expected to attend Divine service on Sundays.

11. Patients must be quiet and exemplary in their behaviour, and conform strictly to the Rules and Regulations of the Home, and carry out all the orders and prescriptions of the various officers of the Home.

12. Patients may be visited by their friends on Thursdays, between the hours of 2 and 5 p.m., and on any evening, Sundays excepted, from 7 to 8 p.m.

13. Any patient bringing liquor into the Home, or found intoxicated, will be discharged.

14. At 9 o'clock lights must be out, and perfect quiet must be observed in the wards.

15. Whenever patients misbehave or violate any of the rules of the Home, the Matron may at once discharge them.

16. No chewing of tobacco allowed in the building or on the verandah; nor smoking, except in the place allotted to that purpose in the basement.

17. The Committee of Management will not allow any nails to be put into either walls or woodwork in any part of the house. No pictures or mottoes are to be hung or pasted on the walls in any part of the house, and patients who in any way disfigure any part of the Home will be subject to dismissal.

THIRTEENTH ANNUAL REPORT

OF THE

Hillcrest Convalescent Home

Wells' Hill, Corner of Davenport Road and Bathurst Street.

From Oct. 1st, 1899, to Sept. 30th, 1900.

INCORPORATED 1892.

TORONTO

1900

THIRTEENTH ANNUAL REPORT

OF THE

Hillcrest Convalescent Home

Wells' Hill, Corner of Davenport Road and Bathurst Street.

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FORM OF BEQUEST.

THE HILLCREST CONVALESCENT HOME can legally receive any money or property which may be given or bequeathed to it.

In case it is desired to give land, or its proceeds, by will, it is necessary that the will be executed at least six months before the death of the donor. The form of devise in the will may be as follows :—

Bequest of land.

I give to the HILLCREST CONVALESCENT HOME, Toronto,.....(Describe the land so that it can be identified.)

Or,

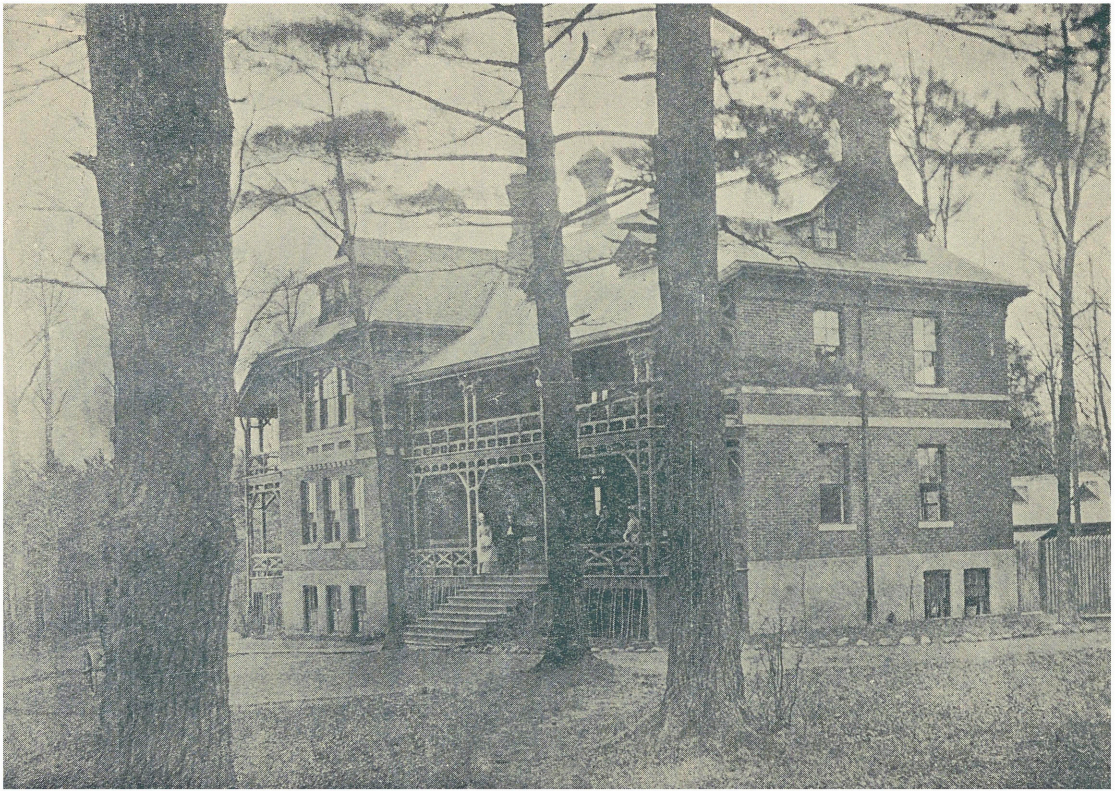
Bequest of a mortgage.

I give to the HILLCREST CONVALESCENT HOME, Toronto, a mortgage, dated..... *and made by*.....*to me, for* $.....*on land described as follows*:
(Here describe the land so that it can be identified.)

Or,

Bequest of money.

I give to the HILLCREST CONVALESCENT HOME, Toronto, $..... *to be paid out of my estate.*



HILLCREST CONVALESCENT HOME, WELLS' HILL, TORONTO.

Members of the Corporation.

Hon. S. H. Blake, Q.C.	256 Jarvis St.
J. K. Kerr, Esq., Q.C.	"Rathnally," Avenue Road.
J. J. Gartshore, Esq.	48 Front Street West.
Dr. W. H. Ellis	74 St. Albans Street.
Dr. Bertram Spencer	8 Bloor Street East.
A. H Smith, Esq.	London, Ont.
H, P. Dwight, Esq.	107 St. George Street.
Miss Aikins	29 Wellesley Street.
Mrs. Barnett	Balmy Beach,
" E. Blake	467 Jarvis Street.
" Byrne	414 Huron Street.
" J. I. Davidson	53 St. George Street.
" Gibson	159 Bloor Street East.
Miss M. R. Greig	17 Queen's Park.
Mrs. Gunther	"Bellevue," Poplar Road.
Lady Gzowski	"The Hall," Bathurst St.
Mrs. Hodgins	92 Pembroke Street.
" Hoskin	"The Dale," Rosedale.
" Jarvis	258 Jarvis Street.
Miss Lay	United States.
" W. Macdonald	"Oaklands," Avenue Road.
" S. Mickle	Queen's Park.
" Morris	471 Jarvis Street.
" O'Brien	383 Sherbourne Street.
" Parsons	48 Isabella Street.
Mrs. Paterson	23 Walmer Road.
Miss Sewell	
Mrs. Shortiss	115 St. George Street.
" Vandersmissen	15 Surrey Place.
" Wakefield	Well's Hill, Davenport Rd.

Together with all members of present Board not mentioned above.

Board of Management.

President ..	MRS. A. GIBSON ..	159 Bloor Street East.
Vice-Presidents	MRS. GOODERHAM.. ..	St. George Street.
	MRS. HODGINS	92 Pembroke Street.
Treasurer ..	MISS M. R. GREIG ..	17 Queen's Park.
Secretary ..	MISS O'BRIEN ..	383 Sherbourne Street.

MISS C. AIKINS	29 Wellesley Street.
MRS. AUSTIN	Davenport Road.
" RUSSELL BALDWIN	36 Lowther Ave.
" BARNETT	Balmy Beach.
MISS BROUGH	68 D'Arcy Street.
MRS. BULL	131 Bloor Street West.
MISS BROCK	Queen's Park.
MRS. J. I. DAVIDSON	53 St. George Street.
" W. H. CROSS	28 Walmer Road.
" GEORGE	36 Maple Avenue.
" G. H. GOODERHAM	504 Jarvis Street.
" GRAHAM	134 Bloor Street East.
" GUNTHER	Poplar Plains Road.
" HOSKIN	"The Dale," Rosedale.
" SALTER JARVIS	581 Jarvis Street.
MISS MCCOLLUM	1001 Bathurst Street.
" MORRIS	471 Jarvis Street.
MRS. J. L. MORRISON	75 Winchester Street.
MISS PARSONS	48 Isabella Street.
MRS. STRATHY	71 Queen's Park.
MISS TORRANCE	16 Admiral Road.
MRS. GRANT TYRRELL	591 Sherbourne Street.
" VANDERSMISSEN	15 Surrey Place.

HONORARY MEMBERS.

LADY GZOWSKI, MRS. EDWARD BLAKE,
MRS. WAKEFIELD, MRS. SHORTISS, MRS. JARVIS.

Medical Staff.

Dr H. T. Machell	95 Bellevue Avenue.
Dr. Crawford Scadding	182 Bloor Street West.
Dr. Arthur Small	244 Bloor Street West.
Dr. Philip Strathy	467 Spadina Avenue.
Dr. Harold Parsons	72 Bloor Street West.

Consulting Physician

Dr. Bertram Spencer	8 Bloor Street West.

House Furnishing Committee.

Mrs. Davidson.

Mrs. Hodgins. Mrs. Strathy.

Supply Committee.

Mrs. Morrison (Convener).
Miss Aikens.
Mrs. R. Baldwin.
Mrs. Bull.
Mrs. George.
Mrs. Graham.
Mrs. G. H. Gooderham.
Miss Parsons.

Library Committee.

Miss Torrance (Convener).
Miss Brock.
Miss Morris.
Miss McCollum.

Superintendent.

Miss Watson.

TELEPHONE 4452.

Hillcrest Convalescent Home.

THIRTEENTH ANNUAL MEETING, 1900.

THE ANNUAL MEETING of this Institution was held at the Home, on Monday, Oct 22nd. As the Lieutenant-Governor was unable to be present, the chair was taken by W. B. McMurrich, Esq., Q.C. The meeting was opened with prayer by the Rev. Chancellor Burwash Letters of regret were read from His Honour the Lieutenant-Governor, the Bishop of Toronto, Principal Caven, and others.

The Secretary then read the following report of the Board of Management :—

" Happy is the country without a history," might be taken as the motto for the past year, for in presenting the 13th Annual Report of the Board of Management of Hillcrest Convalescent Home, they find that the events to record are few, though the Home has continued to prove its usefulness by providing a bright and cheerful resting-place, with good food and invigorating air, for those who have needed its care.

The Board are thankful to record that only one death has occurred during the year. In October last, Mrs. New, an old inmate of Hillcrest, passed away.

This year the City has increased the rate paid for public patients to $2.80 per week,—the sum paid to all

hospitals—and the small increase in their income has been of great assistance to the Board, in carrying out their work.

The Board has also been encouraged by the increased demand for the Private Rooms, which far exceeds the accommodation at their disposal, and they feel that under the charge of their new Superintendent, Miss Watson,—who is a trained nurse, and most ably qualified for her position—that they can look forward with confidence to an ever-increasing demand for the bright and sunny rooms of Hillcrest.

It was with regret that the Board accepted the resignations of Dr. Bertram Spencer and Dr. Allen Baines, from the Medical Staff. Dr. Spencer has been chief of the Staff ever since Hillcrest was built, and the Home owes much to his constant interest in, and care for the patients. The Board are much gratified to feel that in his new appointment as Consulting Physician, they may still count upon his ever ready sympathy and assistance. The vacancies created by these changes have been filled by Dr. Harold Parsons and Dr. Arthur Small.

The Board are glad to take this opportunity to thank the Medical Staff for their unremitting care and attention to the patients under their charge.

The Home is much indebted to the thoughtful generosity of many friends for donations of all kinds especially to one whose generous gifts have enabled them to extend the benefit of Hillcrest for a longer period to some who needed it, and also to Mr. Thomas Dunnett, to whose generosity the patients owe a strawberry feast and Thanksgiving dinner.

The Board desire thankfully to acknowledge their Heavenly Father's providential care over, and blessing upon the work of this Institution during the past year; which was begun and is sought to be continued in His Name.

They also wish to express their hearty thanks to the many kind friends who have helped them in their work—to those who have visited and read to the patients—and above all to the clergymen and others who have held services on Sunday and week-days at Hillcrest.

The following is a summary of the statement prepared for the Provincial Government:

Inmates in Home, Oct. 1st, 1899	23
Admitted during the year	197
	220
Number discharged	201
Deaths	1
In Home, Sept. 30th, 1900	18
	220
Male	54
Female	166
	220
Canadian	102
English	70
Irish	28
Scotch	12
United States	5
Other nationalities	3
	220
Toronto	204
County of York	3
Other Counties	13
	220
Protestant	202
Roman Catholic	17
Jew	1
	220

On motion of Dr. Arthur Small, seconded by A. D. Crooks Esq., the above report was adopted.

The Treasurer's Report, which appears elsewhere was moved by O. A. Howland Esq., and seconded by Dr. Philip Strathy and carried.

The Medical Report was read and its adoption moved by Dr. Harold Parsons, seconded by Mr. Hall as follows:

"On behalf of the Medical staff I beg to report as follows: During the past year 220 patients have been admitted to the home. Of these 52 were males and 168 females; 198 were public and 22 were private patients. The classification as to disease is briefly as follows:—46 were convalescent from acute diseases as Typhoid fever, Pneumonia etc. 31 were recovering from operations, and 143 suffering from Debility, Neurasthenia, Chronic Rheumatism, Chronic Bronchitis, Arterio-Sclerosis, Disease of the Heart, and Gastro-Intestinal tract.

On four occasions it was found necessary to advise patients to return to hospital or under the active treatment of their physicians, by reason of the acuteness or urgency of their condition. While we would gladly care for such cases, it is hardly justifiable to retain them, when other institutions, better fitted to deal with them, offer them admission.

We have again to record the admission of Pulmonary Tuberculosis to our wards. It may seem hard to turn such cases from a place so eminently adapted to them, but a consideration of the menace their presence is to those about them, will, we think, justify our action in discharging them. Three such cases have been admitted during the past year, when recognized, however, they

were requested to leave. Were such patients truly convalescent, and the dangerous elements absent, there could be no objection to their remaining.

It is evident that the institution and the purpose it serves are not sufficiently known. We would suggest that it is to the Practitioners of Medicine, the Hospitals, Dispensaries and Nursing Missions, that we must look for assistance that the object of this Home may be fulfilled; if these persons or bodies were constantly kept aware of what is offered to their convalescent patients by such an institution as this, there is reason to believe that we should be able to do a greater work.

In conclusion, we would congratulate the Board of Management on having obtained the services of our present Superintendent. It is necessary that this Home should be under the care of a well trained nurse, and we take pleasure in testifying to the able manner in which Miss Watson has performed her arduous duties."

Henry O'Brien, Esq., Q.C., then proposed the names of the Committee for the ensuing year, coupling with it a vote of thanks to the retiring members. This was seconded by C. Ward, Esq., and carried.

After a vote of thanks to the Treasurer and to the Secretary for their services, the meeting adjourned.

TREASURER'S REPORT.

RECEIPTS AND EXPENDITURES FROM OCTOBER 1ST, 1899, TO SEPTEMBER 30TH, 1900.

Receipts.

Balance on hand October 1, 1899	$1,323 09
Received from Government of Ontario	463 96
" " City of Toronto for patients	1,286 75
" " Inmates themselves	2,601 07
Income from Property belonging to Home	144 69
Subscriptions, Donations and Bequests	65 00
Received from all other sources	33 00
	$5,917 56

Disbursements.

Butchers' Meat, $511.06; Fish, $54.96	$566 02
Butter	153 73
Wine and Spirits	7 65
Flour, Bread and Meal	175 95
Milk	233 63
Water Supply	12 50
Potatoes, Vegetables and Fruits	194 39
Groceries and Provisions not above enumerated	274 27
Advertising, Printing, Stationery and Postage	56 81
Soap, Brushes, Mops and Cleaning Appliances	36 25
Fuel	334 36
Furniture, Furnishings, Bedding, etc	143 93
Grounds	22 70
Oil and Lights	47 19
Medicine and Medical Comforts	9 98
Repairs, Ordinary	298 06
Salaries and Wages	1,009 10
Other Expenditures not above enumerated	183 08
Cash Balance, Bank, $2,042.76; On hand, $75.20	2,117 96
Endowment Fund—Subscriptions transferred	40 00
	$5,917 56

Hillcrest Endowment Fund.

Balance 30th September, 1899		$3,293 23
Subscriptions		40 00
Interest on Deposits, credited		80 88
		$3,414 11
Balance on deposit		$3,414 11
Central Canada Loan and Savings Co.	$676 06	
Dominion Bank	2,028 45	
Toronto Real Estate and Inv. Corp.	709 60	
	$3,414 11	$3,414 11

Having examined the Cash Book of the Hillcrest Convalescent Home, of which the above is a summary, and having compared the expenditure with the Vouchers and Receipts, I hereby certify as to the correctness of the foregoing Accounts

W. GILLESPIE,
Auditor.

TORONTO, 19th October, 1900.

Subscriptions.

Thomas Dunnett	$25 00
Mrs. Edward Blake	20 00
A Friend, per Miss Aikens	20 00

Donations during the year.

Industrial Rooms—underclothes; Mrs. Zimmermann—lamps, curtains and magazines; Mrs. Hoskin—lamps, rug, bag of apples; Mrs. Austin—lamps, turkey; Miss A. Parkinson—Xmas cards; Public Library—books and magazines; Mrs. Gunther—

sofa, curtains; Mrs. J. L. Morrison—scrap basket; Mrs. Norman—scrap basket; Mrs. Gibb—rug and magazines; Miss Somerset—rug; Miss Morris—oranges; Miss Parsons—canned fruit; Mrs. Plummer—one pair chickens, oranges, vegetables and beets; Mrs. Vandersmissen—raisins; Mrs. Bull—oranges; Mrs. Graham—goose; Miss Brough—goose; Lady Gzowski—turkey; Miss Aikens—pair ducks; Mrs. H. Strathy—turkey; Mrs. Gibson—sofa pillow; Robert Barron—canned fruit; Miss Greig—turkey; Miss McCollum—Xmas magazines and oranges; Mrs. Gooderham—turkey; Miss George—turkey; Marks Bros.—roast of beef; Cole's—seed cakes, two dozen C. russe and buns; Mrs. E. B. Walker—turkey; Miss Gillespie—magazines; Swan Bros.—turkey; Miss O'Doherty—two pair curtains, pictures, scarf drapery; Mrs. Sweny—turkey; Dr. Clarke—magazines; Mrs. Scott—two pairs curtains; Mrs. Jarvis—turkey and magazines; T. Eaton & Co.—magazines; Mrs. W. H. Beatty—turkey.

ACT OF INCORPORATION, 55 Vict. (Ont.) 1892.

WHEREAS the Hillcrest Convalescent Home of the city of Toronto was established for the purpose of a convalescent home, to be carried on in a suitable manner under the direction of a committee of ladies to be appointed annually for the acceptance of convalescent patients, without distinction of creed, and the same has been in working operation for over four years under the direction of a board of management; and whereas the said Home was founded by a grant of land by the late William Gooderham to trustees, and the erection thereon of a large and expensive building at the cost of a charitable English lady, who furnished money for the construction and furnishing of the same to the extent of upwards of $11,000; and whereas the same has been carried on by a committee of management in conjunction with the trustees chiefly through voluntary subscriptions of citizens of Toronto and legacies and bequests from time to time; and whereas large sums have been expended annually for the support of the said institution and also in making additions and alterations to the buildings to meet growing demands; and whereas the board of management have been incorporated under *The Act respecting Benevolent, Provident and other Societies,* and their powers to receive by grant, gift, devise or bequest are too limited for the practical working of the same, and it is desirable that the board of trustees and the board of management aforesaid should be united in one corporation and the lands and buildings now vested in trustees vested in such corporation; and whereas it is expedient to grant the prayers of the same petition;

Therefore Her Majesty, by and with the advice and consent of the Legislative Assembly of the Province of Ontario, enacts as follows:

1. The Honourable Samuel Hume Blake, James Kirkpatrick Kerr, John James Gartshore, William Holmes Howland, William Hodgson Ellis, Bertram Spencer, Arthur Hutchison Smith, John Jacob Withrow, and Harvey Prentice Dwight, all of the city of Toronto, esquires, together with the present board of management and members of the committee, and all other persons who

may from time to time be elected to succeed them as members of the committee, shall be and they are hereby constituted a body politic and corporate under the name of the Hillcrest Convalescent Home, and the said incorporation under *The Act respecting Benevolent, Provident and other Societies,* shall merge in the corporation hereby created and cease to exist as a separate corporate body.

2. All the property, real or personal, now held by the said individuals above mentioned, or by any of them, or other person or persons, for the use or benefit of the said Hillcrest Convalescent Home, shall be and is hereby transferred to and vested in the corporation hereby constituted, subject only to the provisions of the deed of grant from the said William Gooderham to trustees dated the 21st day of August, A.D. 1885, as to the disposition to be made of the said property in case it should cease to be carried on and supported as a convalescent home, and the officers and managing committee of the said institution at present in office shall continue to be the officers and managing committee of the said corporation until others shall be elected in their stead.

3. The said corporation may hold the said lands for use as a convalescent home, and may also acquire and hold additional lands and premises when required for use in connection with the same for actual use and occupation as a convalescent home, provided the annual value thereof do not exceed the sum of $15,000 in all; and may also acquire any other real estate or interest therein, by gift, devise or bequest, if made at least six months before the death of the party making the same, and may hold such estate or interest in the lands lastly mentioned for a period of not more than seven years, and shall within that period alienate or dispose of the same and the proceeds of the estate or interest so disposed of shall be invested in public securities for the use of the said corporation, and such estate or interest therein as may not within the said period have been alienated or disposed of shall revert to the party from whom the same was acquired, his heirs or representatives.

4. For the management of the affairs of the corporation there shall be a committee composed of not more than thirty persons, who shall be annually elected by the members of the corporation amongst themselves at a general meeting to be held annually in the month of October in each year, and at their first meeting after such election the said committee of management shall choose out of their number a president, two vice-presidents, a treasurer and a secretary, who shall hold office during the period aforesaid.

5. The said managing committee may make such and so many by-laws, orders and regulations (not being contrary to the laws of this Province or this Act) as they may deem useful and necessary for the government of the said corporation, and for the admission, resignation and retirement of members of the corporation, and may repeal, revoke, alter and amend any existing by-laws, orders and regulations.

6. The funds of the said corporation shall be used for the purposes authorized by this Act, and nothing herein contained shall authorize the said corporation to engage in the business of real estate.

7. The said corporation shall at all times, when required by the Lieutenant-Governor of the Province, make a full return of all property held by it, with such details and other information as the Lieutenant-Governor in Council may require.

BY-LAWS.

I. The Home is intended for the benefit of convalescents leaving hospitals, or living in houses where their recovery is retarded by the want of needed rest and change.

II. The Committee of Management, composed of thirty persons, as provided by the Act of Incorporation, shall consist of ladies, to be elected annually, and shall be called The Board of Management. The retiring Board shall nominate its successors in office.

III. The Board shall elect by ballot out of its number a president, two vice-presidents, a treasurer and a secretary, in accordance with clause 4 of the Act of Incorporation.

2. The Board may, by a unanimous vote at any regular monthly meeting, elect honorary members of the Board. Such members may attend all meetings, but have not the power of voting.

IV. The Board shall hold its monthly meetings on the first Friday of each month at 11 a.m., at such place as it shall appoint. Three members shall constitute a quorum. Weekly meetings shall be held each Friday morning at the same time and place, unless some other day is fixed upon at a previous regular meeting.

V. The President shall preside at all meetings of the Corporation and of the Board, and shall perform such other duties as are incident to the office. She shall sign all drafts upon the Treasury before they are paid. In case of her absence, one of the Vice-Presidents shall preside; in case of their absence, such other person as the meeting may select.

VI. The funds necessary for the support of the Home shall consist of fees, voluntary subscriptions, donations, bequests, etc.

VII. All moneys received shall go to the Treasurer, who shall keep the same in some chartered bank, and shall disburse them as the Board shall direct. The Treasurer's annual statement shall be examined by auditors appointed by the Board.

VIII. The Secretary shall give notice of special meetings, keep the minutes of all meetings, and prepare the annual report of the Board of Management.

IX. Anyone desiring to obtain a city order for a patient must send to the City Health Officer :

1. A medical certificate from a doctor in attendance, stating that the applicant is a fit subject for admission to the Home.

2. A recommendation showing that the applicant cannot pay the ordinary charges.

X. Any person desiring admission to the Home able to defray his or her own expenses, or paid for by friends, must present to the Superintendent of the Home a medical certificate from a doctor in attendance, stating that the applicant is a fit subject for admission; and must pay in advance for one week's board, $2.80.

XI. Persons suffering from cancer, consumption or any infectious or contagious disease cannot be admitted to the Home.

XII. Unmarried women with infants cannot be admitted, nor any man or woman known to be leading an immoral life.

XIII. A small quantity of alcoholic liquor for use in extreme cases, or by medical order, may be kept in the Home; but must be in charge of the Superintendent, under lock and key, and only administered by the Superintendent, and if under medical order, in quantities to be prescribed by the medical attendant ordering same.

XIV. Members of the Board are expected to visit the Home weekly in rotation, and will be notified by the Secretary a week before to that effect.

XV. The visitor for the week must visit herself or provide a substitute from the members of the Board, or notify the Secretary in time for her to appoint another visitor in her place.

XVI. The visitor must enquire whether the Superintendent has an order for every patient. In case of any patient remaining in the Home for more than four weeks, the visitor must make full enquiries as to the reason of such stay, and lay the case before the Board at the first meeting after her visit.

XVII. The visitor must visit every part of the Home and re-

port personally or fully in writing on the condition of the Home and patients at the first weekly meeting after her visit.

XVIII. Each member of the Board must notify the Secretary before leaving town for a length of time. Any member of the Board absent for three consecutive months without having given formal notice of absence to the Secretary, thereby ceases to be a member of the Board.

XIX. The Board may appoint, from time to time, sub-committees from its number to attend to any special duties. Such sub-committees shall consist of not less than three members, of whom two shall be a quorum.

XX. Changes may only be made in the by-laws at any regular monthly meeting of the Board, notice having been given in writing of the intended change at a previous regular monthly meeting.

XXI. The President and Secretary, or other officers for the time being acting in their stead, shall have power to affix the corporate seal of the Home to any document requiring the same, and may adopt any form of seal which to them may seem proper as such corporate seal.

RULES FOR INMATES.

1. The inmates shall attend Morning and Evening Prayers, conducted by the Superintendent.

2. All inmates must in all respects conform to the orders of the Superintendent, must be punctual at the hours of meals, and must not absent themselves from the table without the permission of the Superintendent.

3. Patients able, in the opinion of the physician, shall assist in any work that the Supperintendent may require.

4. No patient will at any time be allowed to leave the grounds without special leave from the Superintendent. No patient shall be absent from the Home later than 5 o'clock p.m. Each patient shall be allowed to leave the grounds once only dur- a stay of two weeks.

5. Patients shall confine themselves to the part of the house assigned to them. No male patient shall enter the female wards, nor any female patient the male wards.

6. The patients shall keep their clothes in the places provided for them, and shall on no account leave them about their rooms or on their beds.

7. No trunks or unnecessary clothes are to be sent with patients. All clothing must be delivered into the charge of the Superintendent on arrival at the Home, who will allow one change of clothing in the wards. At the discretion of the Superintendent, each patient may have six pieces washed at the Home every week free of charge.

8. On entering the Home, patients are requested to hand to the Superintendent for safe keeping any money or valuables brought with them.

9. Patients are not allowed to carry lighted lamps through the house.

10. Such patients as are well enough are expected to attend Divine service on Sundays.

11. Patients must be quiet and exemplary in their behaviour,

and conform strictly to the Rules and Regulations of the Home, and carry out all the orders and prescriptions of the various officers of the Home.

12. Patients may be visited by their friends on Thursdays, between the hours of 2 and 5 p.m., and on any evening, Sundays excepted, from 7 to 8 p.m.

13. Any patient bringing liquor into the Home, or found intoxicated, will be discharged.

14. At 9 o'clock lights must be out, and perfect quiet must be observed in the wards.

15. Whenever patients misbehave or violate any of the rules of the Home, the Superintendent may at once discharge them.

16. No chewing of tobacco is allowed in the building or on the verandah; nor any smoking, except in the place allotted for that purpose in the basement.

17. Nails shall not be put into any wall or woodwork. No pictures or mottoes are to be hung or pasted on the walls; and patients who in any way disfigure any part of the Home may be discharged.